

# CITY OF MENTOR



## **Summer Program Guide**

April - September 2026



**Registration begins APRIL 6**  
for residents/  
MCRC members &  
**APRIL 7**  
for non-residents/  
MCRC non-members

## **Mentor Parks and Recreation**

[cityofmentor.com/parks-recreation](http://cityofmentor.com/parks-recreation) | 440.974.5720

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## Registration

resident registration begins  
APRIL 6, 2026

non-resident registration begins  
APRIL 7, 2026

register online at: [cityofmentor.com](http://cityofmentor.com)

Classes that take place at the Mentor Community Recreation Center follow registration dates based on MCRC Member/Non-Member. MCRC Members can register for MCRC programs on April 6. MCRC Non-Members registration for MCRC programs is April 7. All other programs and courses follow Resident/Non-Resident registration dates.



## Mentor City Council

Janet A. Dowling President of Council, Councilperson-at-Large  
 Ray Kirchner Vice President of Council, Councilperson-at-Large  
 Brian G. Cook Councilperson-at-Large  
 Sean P. Blake Councilperson, Ward 1  
 Matthew E. Donovan Councilperson, Ward 2  
 Charles E. Pinkerman Councilperson, Ward 3  
 John A. Krueger Councilperson, Ward 4

## City Of Mentor Staff

Kenneth J. Filipiak	City Manager
Robert Fowler	Assistant City Manager
Kenn Kaminski	Parks, Recreation & Public Facilities Director
Nita Justice	Recreation Superintendent
Tim Ausperk	Black Brook Golf Course Golf Professional & Manager
Bill Furman	Arena Manager
Renee Ochaya	Senior Center Manager
Nick Standerling	Mentor Community Recreation Center Manager
Tom Vermilye	Mentor Lagoons Manager
Linda Wintersteller	Wildwood Cultural Center Manager

## Program Locations:

Edward R. Walsh Park	7221 Bellflower Rd.
Black Brook Golf Course	8900 Lakeshore Blvd.
Civic Center Park	8600 Munson Rd.
Civic Center Waterpark	8600 Munson Rd.
Civic Center Amphitheatre	8550 Munson Rd.
Community Center	8600 Munson Rd.
Eleanor B. Garfield Park	7967 Mentor Ave.
Krueger Park	7556 Chillicothe Rd.
Mentor Beach Park	7779 Lakeshore Blvd.
Mentor Civic Arena	8600 Munson Rd.
Mentor Community Recreation Center	6000 Heisley Rd.
Mentor Dog Park	6647 Hopkins Rd.
Mentor High School Stadium	6477 Center St.
Mentor Lagoons Nature Preserve & Marina	8365 Harbor Dr.
Mentor Municipal Center	8500 Civic Center Blvd.
Mentor Senior Center	8484 Munson Rd.
Morton Pool & Park	9325 Rosemary Ln.
Old Council Hall	7250 Jackson St.
Wildwood Cultural Center	7645 Little Mountain Rd.
Springbrook Gardens	6776 Heisley Rd.

## Facility Numbers and Office Hours

Recreation	440-974-5720 (M-F 8am-5pm)
Blackbrook	440-951-0010 (M-Su 6:30am-dark)
Marina	440-205-3625 (M-F 8am-4:30pm)
Senior Center	440-974-5725 (M-F 8am-5pm)
Ice Arena	440-974-5730 (M-F 8:30am-4:30pm)
Wildwood	440-974-5735 (M-F 9am-5pm)
MCRC	440-205-3608 (M-F 8am-5pm)

## Email

Parks: [parks@cityofmentor.com](mailto:parks@cityofmentor.com)  
 Recreation: [recreation@cityofmentor.com](mailto:recreation@cityofmentor.com)  
 Marina: [marina@cityofmentor.com](mailto:marina@cityofmentor.com)  
 Natural Resources: [naturalresources@cityofmentor.com](mailto:naturalresources@cityofmentor.com)  
 MCRC- [RecCenter@cityofmentor.com](mailto:RecCenter@cityofmentor.com)

## Connect | Share | Get Involved

Check out all the exciting ways to stay connected with the City of Mentor & Parks & Recreation. Whether you're at home or on the go, you can keep up with the city's latest news, events and information.

Like us on Facebook @Mentor Parks & Recreation

## Registration

### 2 easy ways to register

#### Online

Mentor Parks & Recreation is excited to provide you with a new, easy to use Customer Portal which will allow for fast, safe and secure online registration and a view of your registration history. Be sure to call our office at 440-974-5720, the Ice Arena at 440-974-5730, Wildwood Cultural Center at 440-974-5735 or The Senior Center at 440-974-5725 to set up your new account.

#### Phone-In or In-Person

Cash, Check, Visa/Mastercard/Discover accepted

Recreation Main Office:

Monday - Friday 8:00a.m. - 5:00p.m. 440.974.5720

Senior Center:

Monday - Friday 8:00a.m. - 5:00p.m. 440.974.5725

Ice Arena:

Monday - Friday 8:00a.m. - 5:00p.m. 440.974.5730

Wildwood Cultural Center:

Monday - Friday 9:00a.m. - 5:00p.m. 440.974.5735

## Policies/Procedures

### Confirmations and Cancellations

A receipt and/or course confirmation will be emailed to you following registration. If a course is cancelled by the City of Mentor, you will be notified by phone or email. If the City cancels a course, we welcome you to transfer to another class within the same season, or receive a full refund. It takes two to three weeks to process a refund check. Credit card payees will receive credit on their account within a few days.

### General Course Refunds

Please choose your classes carefully. Full refunds will only be granted if a class is cancelled by the City of Mentor. **There is a \$10 administrative fee for classes cancelled or changed by the customer.** Refunds will only be granted for medical reasons and will require a doctor's note. No refunds will be granted less than 1 week prior to the start of the program. Participants assume risk of change in personal affairs or health.

### Camp Refunds

Please choose your camps carefully. Full refunds will only be granted if a camp is cancelled by the City of Mentor. **An administrative fee of \$25 will be assessed per person per camp for any changes made to camp registrations.** Changes will include participant cancellations, refund requests and/or transfers. Changes must be made one month prior to the start of camp. Camp changes and partial cancellations cannot be applied to the Full 9 Week Camp option.

[CITYOFMENTOR.COM/PARKS-RECREATION](http://CITYOFMENTOR.COM/PARKS-RECREATION)

### Senior Center Registration

Senior Center membership is required to participate in Senior Center activities including classes, activities and programs. Please contact the center for details.

### Overnight Bus Trip Refunds

Please choose your trips carefully. Full refunds will only be granted if a class is cancelled by the City of Mentor. **An administrative fee of \$25 will be assessed per person for any changes made to trip registrations.** Changes will include participant cancellations, refund requests, transfers and/or room changes. No changes will be made/granted after the advertised Deadline. Participants assume risk of change in personal affairs or health. For overnight trips, travel insurance is available and recommended.

### People with Disabilities

We encourage persons with disabilities to participate in all programs offered by the Parks & Recreation Department. Please notify us in advance if special arrangements should be arranged in order to make participation possible. TDD available.

### Wildwood Members

Current Wildwood Members may take a 10% discount off the regularly charged fee (resident) on all programs offered at Wildwood Cultural Center. Discount excludes camps.

### Mentor Residency

Mentor Residents live within the corporate limits of the City of Mentor. Proof of residency is a current utility bill with both name and address on it along with photo identification. Not all 44060 zip codes are Mentor resident addresses. Mentor School District and the City of Mentor corporate limits are not the same. Mentor residents receive priority in registration and discounted fees.

### Inclement Weather Cancellations

We make every attempt to hold classes when scheduled. Contact the Recreation Department at (440) 974-5720 before 5 p.m. to inquire concerning inclement weather. Email blasts and twitter posts are also used to inform the public of changes in course schedules. In case of "Act of God" cancellations, the Recreation Dept. reserves the right to terminate any class/activity that results in less than the scheduled number of sessions, without issuing a refund.

### Photo Policy

We often take photos of our programs, special events, camps and general activities. These photos are used exclusively by the City of Mentor and may appear in any of our publications, both electronic and print, and our website. If you wish not to be photographed, please tell the photographer.

Mentor Parks and Recreation - 2026 Summer

## Special Events

There are many opportunities to become involved in the events produced by Mentor Parks & Recreation through sponsorship and advertising. Call Ante Logarusic at (440) 974-5794 or logarusic@cityofmentor.com.

### Memorial Day Walking Parade & Ceremony

**Monday, May 25, 10:00 a.m.**  
Mentor Cemetery

Join the City of Mentor as we pay tribute to those who have served our country. Parade units gather in the Memorial Middle School lot at 9 a.m. Step-off for the solemn processional begins at 9:30 a.m. and follows Hopkins Road to Mentor Cemetery. Groups wishing to participate in the parade and/or memorial services should call the Recreation Department at (440) 974-5720 before May 15.



### Just Kids Stuff Garage Sale

**Saturday, May 2, 9:00 a.m. - 12:00 p.m.**  
**NEW LOCATION:**  
Indoors at the Mentor Community Recreation Center

The popular **Just Kids Stuff Garage Sale** is still on—and now it's better than ever! We're moving indoors to the **Mentor Community Recreation Center** for a comfortable, weather-proof shopping and selling experience. Say goodbye to unpredictable forecasts and hello to **guaranteed 70-degree temps and zero rain**. Shop a wide variety of gently used children's clothing, toys, books, baby gear, and more—all in one convenient indoor location. Interested in selling? Reserve your table and turn outgrown kid items into cash while helping other families score great deals. Call 440-974-5720 to register for a table to guarantee a spot.

**Resident \$25 | Non-Resident \$30 per table**

### Mother & Son Dance

**Ages 4+**

**Friday, May 15, 7:00 - 9:00 p.m.**  
Wildwood Cultural Center

Mothers and sons, It's your time for fun! This night out will have you and your son dancing to DJ Jesse Webb Entertainment, and much more! Space is limited; register early! Light snacks are included.

**Resident: \$20 | Non-Resident: \$25**

### July 4th Fireworks Display and Concert

**Saturday, July 4, Civic Center Park, 8:00 p.m.**

Enjoy a free concert on the main stage of the amphitheater to be immediately followed by the spectacular FREE fireworks display set to begin at approximately 9:50 p.m. Fireworks can be viewed from Civic Center Park and Mentor High School. Please observe the designated No Parking areas in the surrounding area. Continue the summer tradition with your family and spend an enjoyable evening at Civic Center Park.



## MENTOR CITYfest

LIVE MUSIC • FOOD • FUN & GAMES

### Mentor CityFest - TWO Days One BIG Event

**Friday, August 14, 5:00 - 11:00 p.m. & Saturday, August 15, 12:00 - 11:00 p.m.**  
Civic Center Park

Mark your calendar for the biggest two-day event in northeast Ohio! More than 25,000 people attended this family-oriented, active event last year. We're working to bring exciting features to this year's festival. This is what we've got planned so far:

- Inflatables and more interactive games for kids and adults
- Huge assortment of delicious foods from 20 vendors
- Adult beverages for sale
- Local business tent featuring over 50 local businesses
- Kids entertainment stage
- And much, much more!

Interested in sponsorship opportunities? Contact Ante Logarusic at logarusic@cityofmentor.com. Visit cityofmentor.com for the latest updates and volunteer opportunities.

## Early Bird Mentor Farmers Market

Friday, May 15, 2:00 - 6:00 p.m.  
Eleanor B. Garfield Park, 7967 Mentor Avenue

Get ready for an exciting experience at the 2026 Market Season with the Early Bird Market, a vibrant community event that celebrates flavors and creativity. This early market is open to the public and promises a lively atmosphere filled with delicious food and unique local crafts. Attendees can look forward to a diverse selection of culinary delights offered by local vendors, showcasing fresh produce and gourmet treats that are sure to tantalize your taste buds. In addition to the food, the market will feature an array of handmade goods and artworks from talented local artisans, making it the perfect destination for finding special gifts or keepsakes.



## Mentor Rocks

Tuesday, June 2 - August 25, 7:00 p.m. - 9:00 p.m.  
Civic Center Park

The City of Mentor is pleased to announce the 2026 Mentor Rocks summer concert series. Mentor Rocks is held Tuesday evenings from 7:00 PM to 9:00 PM at the state-of-the-art Mentor Civic Amphitheater. The concert series will feature fourteen shows this year from June 2 through August 25. Mentor Rocks is an all-ages event which promotes a festival-like atmosphere each week. In addition to great music, attendees can enjoy a great selection of food from area vendors as well as an assortment of beers and wines. The venue features lawn seating, so bring your own blankets or chairs. Outside food and beverages are permitted. Outside alcohol is prohibited. **Admission and parking to all Mentor Rocks concerts are free thanks to the generous support of our corporate sponsors.** Sponsorship opportunities are still available. For this year's lineup and event information, please visit [mentorrocks.info](http://mentorrocks.info)

*First time online registering with us?*

*Call one of our facilities so we can set up a new account for you.*



## Tunes at the Lagoons

Friday, June 12 - August 21, 7:00 - 9:00 p.m.  
Mentor Lagoons Marina

The City of Mentor will again offer entertainment on Friday nights with "Tunes at the Lagoons" at the Mentor Lagoons Marina. Admission and parking are free. Attendees can enjoy food and refreshments from a variety of food trucks, as well as a selection of adult beverages for those 21 and over. The 2026 season will consist of two performances per month and feature popular local bands. For more information please visit [cityofmentor.com](http://cityofmentor.com)

## The Wildwood Art Post Project: [unveiled] Meet the Artist Exhibition

August 3 - October 1  
Artist Reception August 21 from 7:00 - 8:30 p.m.  
Located at the Mentor Municipal Building,  
8500 Civic Center Blvd. Mentor, Ohio 44060

The City of Mentor and the Wildwood Cultural Center are proud to present an artist exhibit of the chosen artists of the Wildwood Art Post Project. These artists were handpicked based on their project concepts, design and community engagement and creativity. This exhibit highlights other works of art from each artist and an InSite to their inspiration, creativity, and artistic concepts. An open to the public artist reception will be held on August 21st at the Mentor Municipal Center between the hours of 7-8:30pm. The display will be available for public viewing Monday- Friday between the hours of 8am and 5pm.

## [unveiled] Art Exhibition

**SAVE THE DATE!!!** May 1 through June 30  
Artist Reception May 1 from 7:00 - 8:30 p.m.  
Located at the Mentor Municipal Building,  
8500 Civic Center Blvd. Mentor, Ohio 44060

Formerly the Lake County Art Contest, this new and exciting contest is open to all artists ages 16 years of age and older. Artists can submit all medias including, photography, drawing, painting, 2D, 3D, digital, needlework, jewelry and mixed media. Over \$2,000 in prizes may be awarded to winning participants. Grand Prize winner will receive a monetary award and a solo exhibition at the City of Mentor Municipal Building for the 2026 year. Artists can submit up to two pieces of artwork for \$20 total.

## Wildwood Immersive Art Night

Saturday, May 16, 7:00 - 9:00 p.m.

Wildwood Cultural Center, 7645 Little Mountain Road  
Price Per Ticket: \$25 per individual

Investigate, enjoy, and participate in the arts! Experience art firsthand by learning about Cleveland artists, taking in live music, creating a hands-on art project, and attending artist demos. All of these activities will enhance your cultural and artistic knowledge. The Wildwood Art Post Project exhibit will also be on display this evening along with a live art auction showcasing artists throughout the community.

## Wildwood Garden Club Spring Plant and Flower Sale

Sunday, May 17, 1:00 - 3:00 p.m.

Wildwood Cultural Center, 7645 Little Mountain Road

The Garden Club offers a wide variety of outdoor plants and flowers, including both annuals and perennials. The sale is located inside the South Wing of the Manor House. All proceeds benefit the Wildwood Garden Club.

**Admission: FREE**

## Kids Extravaganza

Wednesday, May 27, 6:30 - 8:00 p.m.

Wildwood Cultural Center, 7645 Little Mountain Road

Join us for a FREE night of fun at the Kid's Extravaganza Night at Wildwood Cultural Center Park. Enjoy live entertainment, face painting, and free crafts. Kids can play games and explore an interactive story trail, as well as activities for all ages. Discover musical instruments along the trails with activities for all ages. A Food truck will be on site to purchase food. Don't miss this evening of creativity, music, and fun for the whole family!

**Admission: FREE**

## Summer Nights on the Patio

Wildwood Cultural Center Grounds

**Admission: FREE**

Join us at the newly constructed patio of the Wildwood Cultural Center as we celebrate and highlight the lively music, art, and culture of our community this summer. Attendees can expect a delightful assortment of music, food, art, experiences, and so much more!

June 25	Summer Movie Night: The Iron Giant <i>movie begins at 6:30p.m.</i>
July 2	Polka & Pints Night: Chardon Polka Band <i>band begins at 7:30p.m.</i>
July 23	Blues, Brews & BBQ: The Swamp Rattlers <i>band begins at 6:30p.m.</i>
August 6	Summer Movie Night: Minecraft movie <i>movie begins at 7:30p.m.</i>

## Mentor Farmers Market 2026 Season

Fridays, June 12 - September 11, 2:00 - 6:00 p.m.

Eleanor B Garfield Park, 7967 Mentor Avenue

The popular Mentor Farmers Market returns Fridays from 2:00 PM to 6:00 PM at Eleanor B. Garfield Park from June 12 through September 11, 2026. Join us at the market and enjoy an afternoon under century-old shade trees while you shop for delicious fresh-picked fruits and vegetables, pies, plant starts, honey, specialty baked goods, and other farm-related products. Fantastic Fridays are June 26, July 31, and August 28. This year, in addition to a wonderful selection of produce and freshly made items, art and craft vendors will be on hand with a wide variety of handmade items. Patrons can also enjoy live vendor demonstrations, food, live music, and so much more! For additional [www.mentorfarmersmarket.com](http://www.mentorfarmersmarket.com) or call (440) 974-5735.



## Wildwood Arts & Wine FEST

Saturday, June 20, Noon - 5:00 p.m.

Wildwood Cultural Center, 7645 Little Mountain Road

**Admission \$2 Children 10 and under are free**

Enjoy a day filled with art, music, wine, and more! This outdoor event features gallery-style booths filled with visual artists along with unique artesian and specialty foods. Savor a glass of wine from selected local wineries on the grounds! Musical entertainers, including the Air Chiefs and food trucks will round out the day's festivities. NEW THIS YEAR: art demonstrations, theatrical performances, and instrumental performances allowing one to LISTEN, LEARN AND ENJOY! For more information, call Wildwood Cultural Center at (440) 974-5735 or [wildwood@cityofmentor.com](mailto:wildwood@cityofmentor.com).

## Pop Culture Show

**Ages 3+**

Saturday, June 13, 10:00 a.m. - 4:00 p.m.

**Coordinator: MCRC Staff**

**Location: MCRC - Soccer Center**

Come participate and celebrate various aspects of popular culture including comic books, trading cards, video games, toys, vintage clothing, vinyl records, and more! The show will feature special guests (TBA). Attendees can connect with fellow fans and vendors, buy/sell/trade, and play retro games. Food will be available for purchase. Price is per person. Children under age 3 are free.

**Fee: \$5**



## Mentor Cruise-In

### Mentor Cruise-In

**Saturday, August 8, 10:00 a.m. - 2:00 p.m.**  
**Location: Mentor Civic Center, 8500 Civic Center**  
**Admission: FREE**

Vintage car buffs can spend a day viewing classic cars and trucks at the City of Mentor's annual Classic Cruise-In. With free admission, spectators can enjoy reminiscing about the good old days while looking at more than 800 VEHICLES. The first 250 registered cruisers will receive a goodie bag and a dash plaque. Cruiser registration is from 8 a.m. - 12 p.m. No vehicles permitted on site before 8 a.m. For more information, call (440) 974-5735. No Rain Date.

### TEEN GLOW PARTY

**Friday, July 10, 8:00 - 10:00 p.m.**  
**Location: MCRC - Outdoor pool**

Calling all teens! Come help us Glow Up the Outdoor pool while swimming, dancing, playing volleyball, and hanging out with friends. Nachos, Soft Pretzels, Music, Glow fun and Games provided.

**Pre-registration price:**  
**MCRC Member: \$5 | MCRC Non-Member: \$8**  
**Price at the Door:**  
**MCRC Member: \$8 | MCRC Non-Member: \$10**

### O'Hana Luau

**Sunday, July 19, 6:00 - 8:00 p.m.**  
**Location: MCRC - Outdoor pool**

Families, join us for a fun-filled summer evening at the MCRC Outdoor Pool! Enjoy swimming, games, and dancing—don't forget to wear your grass skirt and tropical shirt. We'll take care of the leis, music, and dinner featuring hot dogs, chips, and cuties!

**\*\*Pre-registration includes a Raffle Ticket to win a 3-foot Sculpted Tiki Statue\*\***  
**2 & under: FREE**  
**Pre-registration price:**  
**MCRC Member: \$5 | MCRC Non-Member: \$8**  
**Price at the Door:**  
**MCRC Member: \$8 | MCRC Non-Member: \$10**

### Senior Center Open House

**Monday, June 29, 3:00 - 4:30 p.m.**  
**Location: Senior Center**

Pack your curiosity and join us for a trip around the Senior Center! We invite new members and the Mentor community to stop in and see why the Center is such a lively place to learn, move, and connect. Current members—bring a neighbor, friend, or family member along for the journey! Travel through class and program displays, sample demo classes, and enjoy guided tours of our beautiful facility. A brief presentation will showcase the many activities that keep our seniors active and engaged. Along the way, enjoy delicious, made-from-scratch refreshments prepared by our talented kitchen staff.

**This FREE event requires registration**



### Christmas in July Party at Morton Pool!

**Saturday, July 25, 1:00 - 8:00 p.m.**  
**Location: Morton Pool**

Who says Santa can't swim? Join us poolside for a holly-jolly good time with summer sunshine, cool water, and Christmas cheer. Think festive vibes, splashy fun, and a little holiday magic—minus the snow. Wear your best holiday gear, Festive tunes, Poolside games every hour for all, Hot dogs and chips provided, Popsicles with Santa at 4pm. Don't miss the coolest Christmas celebration of the year!

**Pass holders: FREE | Non-Pass holders: \$10**  
**\*\*Note: We are looking for Sponsors and donors for the event. Your business will be advertised.\*\***

*First time online registering with us?*

*Call one of our facilities so we can set up a new account for you.*

## WILDWOOD CULTURAL CENTER



7645 Little Mountain Road, Mentor, Ohio 44060  
440.974.5735 - www.cityofmentor.com

### Music

#### Private Guitar Lessons Ages 8+

Learning the guitar can be a great lifelong pastime! Pick up your guitar and come learn the basics of this popular instrument. Learn how to play uncomplicated chords, melodies, and strumming techniques faster than you thought possible. Bring your own acoustic or electric guitar to this lesson. **Private lessons are 45 minutes on Wednesdays, between 9am - 8 pm.** All private instrumental lessons are based on a multi week program series and must be paid in full prior to series start date. Prices listed are based per lesson. Call Wildwood Cultural Center for availability (440) 974-5735. Prices listed are based per lesson.

**Instructor: Bob Pattison, Guitar Instructor for 30 years**  
**Location: Wildwood North Porch**  
**Resident: \$20 | Non-Resident: \$24**

#### Private Piano Lessons Ages 8+

Beginners, intermediate, and advanced are welcome to learn piano with Doreen. Beginners will learn fundamentals regarding hand position, fingering, note time values, clefs, playing simple songs, reading notes on the staff, etc. Students who have studied previously receive coaching to enhance their musical/technical skills. **Lessons are Mondays from 1-7pm. Lessons are 45 minutes.** All students are required to supply a spiral notebook for first day of lessons!

**Instructor: Doreen Hoge**  
**Location: Wildwood Living Room**  
**Resident: \$20 | Non-Resident: \$24**

### Adult

#### Adirondack Chair Ages 16+

Anyone who's ever sat in an Adirondack chair and sunk into the curve of the fanned back knows there's not a more comfortable cushion-less seat out there. Now you can make your very own top-quality full size Adirondack chair. All skill levels welcome. You will have a completed chair on the last day of this five-week course!

**Instructor: Don Jedlicka**  
**Location: Wildwood Craft Room**  
**Resident: \$100 | Non-Resident: \$120**

<i>dates</i>	<i>day</i>	<i>time</i>
Aug 25 - Sept 15	Tuesday	6:00 - 8:30 p.m.



#### Cutting Board Workshop Ages 16+

Join our three-week workshop to craft a unique butcher block board for your holiday table. Gain hands-on woodworking skills, express creativity, and create a one-of-a-kind piece perfect as a holiday gift or kitchen addition. **There is a \$30 supply fee due in cash to the instructor the first week of the workshop.**

**Instructor: Don Jedlicka**  
**Location: Wildwood Craft Room**  
**Resident: \$35 | Non-Resident: \$42**  
**Tuesday(s), 6:00 - 8:00 p.m.**  
**dates: May 26 - June 9**

### Art

#### Intermediate Watercolor Workshop "Headlands Lighthouse" Ages 16+

An opportunity to capture this Lake County historic treasure in watercolor awaits you. We'll be creating depth through color and texture, while capturing this beautiful landmark with its bright red roof and stark white siding against the blue sky and intriguing rock foundation at water's edge. All supplies provided and no drawing experience is needed for this two-class course. **There is a \$10 supply fee due to instructor night of program.**

**Instructor: Jacki Wroblewski**  
**Location: Wildwood Cultural Center**  
**Resident: \$58 | Non-Resident: \$68**  
**Monday(s), 6:00 - 9:30 p.m. - dates: May 11 and 18**

#### Intermediate/Advanced Watercolor: Standing Birch and Cardinals Perched Ages 16+

So many wonderful watercolor techniques all in one class! This composition of birch trees with perched red cardinals allows the artist in you to explore watercolor "made easy" techniques while visiting fundamentals important to this artform. Creating this vivid painting requires no supplies and no prior drawing experience, just a willingness to enjoy the process. **There is a \$7 supply fee due to instructor night of program.**

**Instructor: Jacki Wroblewski**  
**Location: Wildwood Cultural Center**  
**Resident: \$42 | Non-Resident: \$52**

<i>date</i>	<i>day</i>	<i>time</i>
July 13	Monday	6:00 - 9:30 p.m.



## Watercolor for Beginners: Beautiful Beach Painting

Ages 16+

This beginner watercolor painting course will guide you through the fundamentals of watercolor painting techniques, while creating a beautiful beach scene. No previous painting experience required; no drawing ability needed. Supplies are provided, all you need is an eagerness to learn about the easy magic of watercolor and to have fun. You'll go home with a finished 8" x 10" matted painting ready for framing that you completed. **There is a \$5 supply fee due to instructor night of program.**

**Instructor:** Jacki Wroblewski

**Location:** Wildwood Cultural Center

**Resident:** \$36 | **Non-Resident:** \$42

date	day	time
June 15	Monday	6:00 - 9:30 p.m.

## Stained Glass: Easy Humming Bird

Ages 21+

Learn how to make a stained glass humming bird. The instructor brings tools, glass and her knowledge and you bring yourself and your creativity. Learn how to cut glass, and assemble a glass humming bird sun catcher with colors you select. No experience necessary; instructor will provide all tools and safety equipment for you to use in class. Be sure to dress comfortably, no sandals or open toed shoes. Not recommended for pregnant women due to the chemicals used. **There is a \$35 supply fee due in cash to the instructor the first night of the program.**

**Instructor:** Vicki Vesel

**Location:** Wildwood Cultural Center

**Resident:** \$100 | **Non-Resident:** \$120

**Wednesday(s), 6:30 - 9:00 p.m.**

**dates:** June 10 - July 1

## Intro to Sewing

Ages 12+

Is your new sewing machine still sitting in the box? Pull it out, dust it off, and turn it on. By the end of this class, you will be comfortable threading your machine, performing basic stitches, and having a finished project pillow to take home with you. You must bring your own machine. No machines will be provided on site. Class is open to participants ages 12 +. Supply list to bring from home: sewing machine and any necessary plugs or foot pedals. Notions: sewing scissors, measuring tape or ruler, pin cushion, fabric pen or pencil, straight pins or clips. Plus, any sewing notions you have questions about! **There is an additional \$15 fee due to the instructor the night of class.**

**Instructor:** April Koch

**Location:** Wildwood South Wing

**Resident:** \$30 | **Non-Resident:** \$36

date	day	time
June 11	Thursday	6:00 - 8:00 p.m.

## Painting with M.E.

Ages 21+

Collaborate with teaching artist M.E. Kuzma in hand coloring butterfly prints. Learn multiple techniques using a variety of media. Four butterfly prints provided with extra paper for freestyle exploration fun.

**Instructor:** M.E. Kuzma

**Location:** Wildwood Cultural Center

**Resident:** \$40 | **Non-Resident:** \$48

date	day	time
June 10	Wednesday	6:30 - 8:30 p.m.

## Food

### In the Kitchen with Judi Strauss

Adults 16+

These are interactive cooking classes for you to enjoy and highlights an array of cooking topic "how to's." Judi's classes are a great way to learn new cooking techniques, taste new recipes and experience cooking in a fun environment. In each class, there will be plenty to taste and recipes to take home. Come 'cook up' some new recipes with Judi! Make sure to bring containers to take food home! **There is an additional \$10 food fee payable in cash to the instructor the night of program.**

**Instructor:** Judi Strauss

**Location:** Wildwood Kitchen

**Resident:** \$20 | **Non-Resident:** \$24

**Tuesday(s) 7:00 - 9:00 p.m.**

days	class
May 5	New! Salad Dressings and Marinades
May 12	Pierogies
May 19	It's Soy Wonderful
May 26	Edible Flowers
June 2	Jams and Jellies
June 9	Plant Based Cooking
June 16	Strawberries and Blueberries
June 23	New! Dinner Salads
June 30	Cooking with Herbs
Aug 4	Ice Cream and Frozen Desserts
Aug 11	Cheesecakes
Aug 18	Canning 101
Aug 25	New! Make your Own Mixes!

## Buttercream Party Cookie Art

Ages 16+

Join Buttercream Party for a fun time learning some tips and tricks for decorating sugar cookies! You will learn icing consistency matters, flooding, how to decorate with multiple textures, writing, and more! Each person will receive 12 baked, blank cookies, royal icing in bags in multiple colors, photos for ideas, a recipe sheet, and tips and tricks sheets to take home! **There is a \$10 food fee to be paid to the instructor the night of class.**

**Instructor:** Erin Urusko

**Location:** Wildwood South Wing

**Resident:** \$25 | **Non-Resident:** \$30

dates	day	time	class
May 2	Sat	6-8 p.m.	Mother's Day Cookies
June 30	Tue	7-9 p.m.	Red, White and Fireworks!
July 16	Thur	7-9 p.m.	Summer Fun

## Youth

### Family Art Night: Glow in the Dark Paint Party

Step into a glowing world at a family paint party! Immerse yourself in vibrant colors as the room lights up with creativity. Each family receives glow-in-the-dark paints, brushes, and canvases to craft unique masterpieces together. As families paint, they create lasting memories and have fun while each artwork becomes a cherished keepsake. By the end of the night, everyone leaves with a personalized masterpiece, a reminder of the fun and connection shared. Join us for a magical night of art, light, and family bonding!

**Instructor:** Linda Winterseller  
**Location:** Wildwood Cultural Center  
**Resident: \$15 | Non-Resident: \$18**

date	day	time
July 8	Wednesday	6:30 - 8:30 p.m.

### Family Art Night: Ceramic Cardinals - Paint like Picasso, or Monet

Create your masterpiece on a ceramic cardinal! Paint in the style you choose: Cubism, like Picasso or Impressionism like Monet or your own unique style! The night will also include fun jokes, and family art trivia with some amazing prizes!

**Instructor:** Linda Winterseller  
**Location:** Wildwood Cultural Center  
**Resident: \$15 | Non-Resident: \$18**

date	day	time
July 29	Wednesday	6:30 - 8:30 p.m.

### Wildwood Quest Camp **Ages 7-10**

Calling all adventurous, brave, and excited children who are interested in learning, creating and adventuring into new and creative things. Each week offers campers a wide array of opportunities, which will activate their imagination.

**Location:** Wildwood Cultural Center  
**Resident: \$125 | Non-Resident: \$150**  
**Monday - Friday, 9:00 a.m. - 1:00 p.m.**

week	dates	camp theme
1	June 8 - 12	Gaming & Imagination
2	June 15 - 19	Creative Minds
3	June 22 - 26	Outdoor Explorers
4	July 6 - 10	Art your Way
5	July 20 - 24	Astronauts & Space
6	July 27 - 31	Gaming & Imagination 2

### Children's Watercolor: Worms Eye View **Ages 7-10**

A favorite with young folk of all ages, this intriguing exploration of a "vertical up" perspective in watercolor can't help but fascinate and excite your young artist. Painting a canopy of trees angled up to the clouds...as a worm might see them, is so much fun for budding artists. They don't need to bring anything but their eagerness for fun.

**Instructor:** Jacki Wroblewski  
**Location:** Wildwood Cultural Center  
**Resident: \$30 | Non-Resident: \$36**

date	day	time
Aug 10	Monday	5:30 - 7:00 p.m.

### Child and Adult **Ages 5+, plus one Adult** Buttercream Party Cookie Art

Join Buttercream Party for a fun time learning some tips and tricks for decorating sugar cookies. You will learn icing consistency matters, flooding, how to decorate with multiple textures, writing, and more! You will receive 12 baked, blank cookies, royal icing in bags in multiple colors, recipe sheets, and tips and tricks sheets to take home. Enjoy decorating (and eating) these stylish cookies! **There is a \$10 food fee to be paid to the instructor on the night of class.**

**Instructor:** Erin Urusko  
**Location:** Wildwood South Wing  
**Resident: \$25 | Non-Resident: \$30**

dates	day	time
May 2	Saturday	3:00 - 5:00 p.m.
class: Mommy and Me - Mother's Day Cookie Decorating		
May 4	Monday	6:00 - 8:00 p.m.
class: Bring Cookies to your Teacher - Let's Celebrate Teacher Appreciation Day		
June 18	Thursday	6:00 - 8:00 p.m.
class: Daddy and Me - Father's Day Cookie Decorating		
June 29	Monday	6:00 - 8:00 p.m.
class: Red, White and Fireworks!		

### Me & Grands Camp **Ages 6-9 + 1 Adult**

Be a part of our NEW "Me and Grands Camp," a three-day active adventure designed to bring individuals and their grandparents closer together. Immerse yourselves in creativity, nature, and history while creating unforgettable memories. Strengthen family bonds through quality time and shared experiences. Engage in activities that spark curiosity and unite generations through fun and learning. Price per child includes grandparent. Each participant will receive a camp shirt!

**Location:** Wildwood Cultural Center  
**Resident: \$75 per child | Non-Resident: \$90 per child**

dates	day	time
June 3 - June 5	W - F	1:00 - 4:00 p.m.

## Tiny Tot's Story Camp **Ages 1-4 + Adult**

Learn, laugh, and make memories at this three-day active camp! Each day is specially tailored for 1 to 4-year-olds and the program theme includes stories, an art project, sensory activities, games, exploring the Manor House, and more! You and your tiny tot will learn, laugh, and make memories.

**Location: Wildwood Cultural Center**

**Resident: \$60 | Non-Resident: \$72**

<i>dates</i>	<i>day</i>	<i>time</i>
June 1 - 3	M - W	10:00 - 11:00 a.m.

## MENTOR COMMUNITY RECREATION CENTER - MCRC



6000 Heisley Road, Mentor, Ohio 44060  
440.205.3608 - www.mentorrec.com

### HOURS OF OPERATION:

Monday - Friday	5:30 a.m. - 10:00 p.m.
Saturday	7:00 a.m. - 9:00 p.m.
Sunday	8:00 a.m. - 6:00 p.m.

Contact Information:

440-205-3608

Email: [reccenter@cityofmentor.com](mailto:reccenter@cityofmentor.com)

### 2026 MEMBERSHIP RATES

	<b>Residents</b>	<b>Non-Residents</b>
Youth (under 18)	\$250	\$315
Senior (60+)	\$250	\$315
Adult	\$350	\$440
2-Person	\$450	\$565
Family of 4	\$550	\$690
Extra Family Member	\$50	\$50

*(Classes sold Separately)*

### AMENITIES

Indoor Soccer Field (1)	TRX Room
Pickleball Courts (4)	Indoor Track
Tennis Courts (3)	Indoor Swimming Pool
Racquetball Courts (4)	Outdoor Swimming Pool
Basketball Courts (2)	Whirlpool
Golf Simulators (2)**	Women's Sauna

Fitness Room  
Cycle Room  
Yoga Studio

Circuit Training Room  
Free Weights  
Aerobics Rooms (2)

*\*\*Additional fees apply. Some restrictions may apply*

Men's Sauna  
Steam Room  
Women's & Men's Locker Rooms  
Family Changing Room  
Community Room\*\*  
Kids Corner\*\*

## Group Fitness

Get in shape at the MCRC and have fun doing it! We offer a variety of classes to keep you motivated and keep you moving.

### Guidelines for all Group Fitness Classes

1. Ages 14+
2. All classes are 50 minutes in length.
3. Schedule is subject to change.

### Class Registration

For the full class schedule visit <https://mentorrec.com/programs-activities/group-fitness-classes/>. Each class is available for registration on a monthly basis. Rates only apply to MCRC Group Fitness classes.  
**Four Class Sessions - Member \$20 | Non-Member \$28**  
**Five Class Sessions - Member \$25 | Non-Member \$35**

### Drop-In Fees per class (If class space is available)

Member \$8  
Non-Member \$10  
Unlimited Monthly Fitness Pass \$50  
*(limited quantities available - MEMBERS ONLY)*

## Group Fitness Class Descriptions

For the full class schedule visit <https://mentorrec.com/programs-activities/group-fitness-classes/>

### TRX

Suspension Training uses body weight exercises to develop strength, balance, flexibility and core stability simultaneously. The best thing is that all fitness levels can participate because you're in control of how much you want to challenge yourself on each exercise. Simply change your body position to add or decrease resistance.

**Location: TRX Room (Upstairs)**

### Weights

Weights uses strength building exercises that will help increase muscular endurance and muscle tone while using a variety of equipment. Hand weights, ankle weights, resistance bands, resistance tubing, exercise balls, along with some floor exercises are used in this class. There will be a variety of core movements and abdominal work involved.

**Location: Aerobics Room #1 (Downstairs)**

### Boot Camp

This advanced class is designed to challenge participants. Classes will incorporate body weight exercises, calisthenics, free weights, High Intensity Interval Training (HIIT), running, and other training aids. This course will help improve your cardio fitness, increase your stamina, and add strength and muscle.

## Cycling

A high intensity exercise class utilizing a cycling bike. This class combines basic cycling movements to create different energy zones including endurance, strength, interval, and race day zones. The classes combine inspiring music, visualization, and breathing for a true mind body experience.

## Yoga

Vinyasa yoga is a creative form of yoga where poses are linked together with a flowing sequence. Classes include breath and movement, a range of standing, seated, twists, balance postures, flexibility work, and targeted core training.

## Anything Goes

Each class is different but always includes strength and cardiovascular conditioning. Classes will range from HIIT, functional training, circuit training, mobility work, kickboxing and anything in between. Classes can be challenging but options and modifications are always offered.

## Zumba

Zumba is a fusion of Latin and international music/dance themes that create an exciting, dynamic class based on the principal that a workout should be "Fun and Easy to Do." The routines feature an aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. Dance your way to a fitter and healthier you!

## Barre

Barre incorporates low-impact, high-intensity and dynamic movements inspired by elements of aerobics, yoga and Pilates. Focus will be on improving balance, flexibility and muscle strength and endurance.

## Cardio Kickboxing

Cardio Kickboxing is designed to increase your stamina and flexibility, tone your muscles, lose weight, and strengthen your core. It's done utilizing martial arts techniques and a variety of other exercises. It's all done to music and non-intimidating. The goals are real but not without having fun achieving them. You will be amazed with what you are capable of! Bring a water bottle and exercise mat to all classes and 3-5 pound weights on Wednesdays.

## Balance & Burn

Using light weights and bodyweight, this weight training class will focus on strengthening the body through balance and mobility work. These workouts can be adjusted for extremely fit to novice participants.

## Drum & Pump

Drum & Pump consists of an amazing full body cardio drumming mixed with strength training using light weight dumbbells in between songs. Drum & Pump will consist of 8 cardio songs and 8 light dumbbell exercises, this could vary depending on the exercises.

## Cardio Drumming

Cardio Drumming is a low-impact workout that people of all fitness levels and all ages can do. This class combines an aerobic workout with drumming movements that help increase strength and endurance and improves coordination.

## Pilates Strength

Pilates Strength is a whole-body workout with controlled movements targeting specific muscle groups. Very effective to trim the waistline, sculpt the abdominal muscles, while developing a similar, stronger physique.

## MCRC Athletics Preschool Sports

### Discover Sports

Ages 3-4

Designed to introduce preschoolers to a variety of sports including soccer, basketball, football, baseball and more. Players are encouraged to bring a water bottle to each class. All equipment is provided.

**Instructor: MCRC Staff** **\*\*No class May 25 & Aug 17\*\***

**Location: Mentor Community Recreation Center**

**MCRC Member: \$40 | MCRC Non-Member: \$48**

dates	day	time
May 4 - June 8**	Monday	4:00 - 4:45 p.m. (age 3)
May 4 - June 8**	Monday	5:00 - 5:45 p.m. (age 4)
June 22 - July 20	Monday	4:00 - 4:45 p.m. (age 3)
June 22 - July 20	Monday	5:00 - 5:45 p.m. (age 4)
Aug 3 - Sept 14**	Monday	4:00 - 4:45 p.m. (age 3)
Aug 3 - Sept 14**	Monday	5:00 - 5:45 p.m. (age 4)

### Discover Football

Ages 3-4

This class is designed to introduce preschoolers to skills used in flag football such as passing, catching, defensive techniques and ball handling as well as participate in speed/agility drills. Players are encouraged to bring a football (peewee size) and water bottle to each class.

**Instructor: MCRC Staff** **\*\*No class Aug 18\*\***

**Location: Mentor Community Recreation Center**

**MCRC Member: \$40 | MCRC Non-Member: \$48**

dates	day	time
May 5 - June 2	Tuesday	4:00 - 4:45 p.m. (age 3)
May 5 - June 2	Tuesday	5:00 - 5:45 p.m. (age 4)
June 16 - July 14	Tuesday	4:00 - 4:45 p.m. (age 3)
June 16 - July 14	Tuesday	5:00 - 5:45 p.m. (age 4)
July 28 - Sept 1**	Tuesday	4:00 - 4:45 p.m. (age 3)
July 28 - Sept 1**	Tuesday	5:00 - 5:45 p.m. (age 4)

## Discover Soccer

Ages 3-4

Players learn the fundamentals of soccer including dribbling, passing, goal keeping, trapping and shooting in this fun and interactive class. Players are encouraged to bring a soccer ball (size 3) and water bottle to each class.

**Instructor: MCRC Staff** **\*\*No class Aug 19\*\***

**Location: Mentor Community Recreation Center**

**MCRC Member: \$40 | MCRC Non-Member: \$48**

dates	day	time
May 6 - June 3	Wed	10:00 - 10:45 a.m. (age 3 & 4)
May 6 - June 3	Wed	11:00 - 11:45 a.m. (age 3 & 4)
May 6 - June 3	Wed	4:00 - 4:45 p.m. (age 3)
May 6 - June 3	Wed	5:00 - 5:45 p.m. (age 4)
June 17 - July 15	Wed	10:00 - 10:45 a.m. (age 3 & 4)
June 17 - July 15	Wed	11:00 - 11:45 a.m. (age 3 & 4)
June 17 - July 15	Wed	4:00 - 4:45 p.m. (age 3)
June 17 - July 15	Wed	5:00 - 5:45 p.m. (age 4)
July 29 - Sept 2**	Wed	10:00 - 10:45 a.m. (age 3 & 4)
July 29 - Sept 2**	Wed	11:00 - 11:45 a.m. (age 3 & 4)
July 29 - Sept 2**	Wed	4:00 - 4:45 p.m. (age 3)
July 29 - Sept 2**	Wed	5:00 - 5:45 p.m. (age 4)

## Discover Baton

Ages 3-6

Class focus on listening skills, direction following, and building hand eye coordination through basic baton movements.

**Instructor: Leighann Hay** **\*\*No Class July 8\*\***

**Location: MCRC - Raquetball Court**

**MCRC Member: \$70 | MCRC Non-Member: \$84**

**Wednesday(s), 5:00 - 5:30 p.m.**

dates: May 6 - May 27, June 3 - June 24, July 1 - July 29\*\*

## Discover Basketball

Ages 3-4

A fun way to introduce preschoolers to the basics of basketball. Through interactive games, players learn dribbling, passing, shooting and defensive techniques. Players are encouraged to bring a miniature basketball (size 25.5") and water bottle to each class.

**Instructor: MCRC Staff** **\*\*No Class Aug 20\*\***

**Location: Mentor Community Recreation Center**

**MCRC Member: \$40 | MCRC Non-Member: \$48**

dates	day	time
May 7 - June 4	Thur	4:00 - 4:45 p.m. (age 3)
May 7 - June 4	Thur	5:00 - 5:45 p.m. (age 4)
June 18 - July 16	Thur	4:00 - 4:45 p.m. (age 3)
June 18 - July 16	Thur	5:00 - 5:45 p.m. (age 4)
July 30 - Sept 3**	Thur	4:00 - 4:45 p.m. (age 3)
July 30 - Sept 3**	Thur	5:00 - 5:45 p.m. (age 4)

## Discover Baseball

Ages 3-4

Designed to introduce preschoolers to the basics of baseball. Through interactive activities including kickball, players learn hitting, catching, throwing, base running and more. Wiffle ball and kickball equipment will be used. Players are encouraged to bring a water bottle to each class.

**Instructor: MCRC Staff** **\*\*No Class Aug 20\*\***

**Location: Mentor Community Recreation Center**

**MCRC Member: \$40 | MCRC Non-Member: \$48**

**Thursday(s), 6:00 - 6:45 p.m.**

dates: May 7 - June 4, June 18 - July 16  
July 30 - Sept 3\*\*

## Discover Tumbling

Ages 3-4

Preschoolers will learn the building blocks of acrobatics and tumbling. Classes include a high-energy warm up and drills and activities that teach the basics of tumbling. Focus is on safely performing skills, while practicing balance, flexibility and strengthening. Students will have fun using a variety of props, obstacle courses, songs and games. Participants are encouraged to bring a water bottle to each class.

**Instructor: MCRC Staff** **\*\*No Class June 26\*\***

**Location: Mentor Community Recreation Center**

**MCRC Member: \$40 | MCRC Non-Member: \$48**

dates	day	time
June 5 - July 10	Friday	10:00 - 10:45 a.m.
June 5 - July 10	Friday	11:00 - 11:45 a.m.
July 17 - Aug 14	Friday	10:00 - 10:45 a.m.
July 17 - Aug 14	Friday	11:00 - 11:45 a.m.

## Tennis

### Tiny Tennis

Ages 4-5

The purpose of the Ages 4-5 Tennis Program is to expose children to the skills of tennis in a fun and enjoyable way through the use of skill builders, games and basic technique. This is a perfect introduction for your young one. Players are encouraged to bring a racquet and water bottle to each class. Recommended racquet size: 19" - 21".

**Instructor: MCRC Staff**

**Location: Mentor Community Recreation Center**

**MCRC Member: \$72 | MCRC Non-Member: \$86**

**Tuesday(s), 4:00 - 4:45 p.m.**

dates: May 12 - June 16, July 7 - Aug 11

### Little Stars Tennis

Ages 6-8

The purpose of the Ages 6-8 Tennis Program is to expose children to the skills of tennis in a fun and enjoyable way. Beginner: This class teaches techniques, pre-rallying, and movement needed to move to the next level. Intermediate: focuses on improving footwork, developing consistent hitting, and practicing serving; for players that have taken lessons. Players are encouraged to bring a racquet and water bottle to each class. Athletic attire is required. Recommended racquet size: 19" - 23".

**Instructor: MCRC Staff**

**Location: Mentor Community Recreation Center**

**MCRC Member: \$72 | MCRC Non-Member: \$86**

dates	day	time
May 12 - June 16	Tue	5:00 - 5:45 p.m. (Beginner)
May 12 - June 16	Tue	6:00 - 6:45 p.m. (Intermediate)
July 7 - Aug 11	Tue	5:00 - 5:45 p.m. (Beginner)
July 7 - Aug 11	Tue	6:00 - 6:45 p.m. (Intermediate)

**First time online registering with us?**

**Call one of our facilities so we can set up a new account for you.**

## Junior Aces Tennis

Ages 9-12

The purpose of the Ages 9 - 12 Tennis Program is to expose children to the skills of tennis in a fun and enjoyable way. Beginner: teaches court positioning, serving techniques and movement needed for the development of match play. Intermediate: skills focused on are shot variations, placement of serves, and maintaining rallies with control; for players that have taken lessons. Players are encouraged to bring a racquet and water bottle to each class. Athletic attire is required. Recommended racquet size: 23" - 25".

**Instructor:** MCRC Staff

**Location:** Mentor Community Recreation Center

**MCRC Member: \$72 | MCRC Non-Member: \$86**

dates	day	time
May 14 - Jun 18	Thur	4:00 - 4:45 p.m. (Beginner)
May 14 - Jun 18	Thur	5:00 - 5:45 p.m. (Beginner)
May 14 - Jun 18	Thur	6:00 - 6:45 p.m. (Intermediate)
July 9 - Aug 13	Thur	4:00 - 4:45 p.m. (Beginner)
July 9 - Aug 13	Thur	5:00 - 5:45 p.m. (Beginner)
July 9 - Aug 13	Thur	6:00 - 6:45 p.m. (Intermediate)

## SCAN FOR FULL LIST OF UP-TO-DATE CLASSES



## Pickleball

### Introduction to Pickleball

Adults 18+

Come learn the fastest growing sport in America! This class is for the novice player (USA Pickleball rating of 1.0 - 2.5) and covers the basics of pickleball including rules, terminology, fundamentals and introduces match play. Players are encouraged to bring a paddle and water bottle to each class.

**Instructor:** MCRC Staff **\*\*No Class Aug 19\*\***

**Location:** Mentor Community Recreation Center

**MCRC Member: \$48 | MCRC Non-Member: \$58**

**Wednesday(s), 5:30 - 6:30 p.m.**

*dates:* May 6 - 27, June 3 - 24  
July 8 - 29, Aug 5 - Sept 2\*\*

### Intermediate Pickleball Adults 18+

This intermediate class (USA Pickleball rating of 3.0 - 3.5) covers the fundamentals of pickleball including serving, rallying, keeping score, dinking, and match play. Players are encouraged to bring a paddle and water bottle to each class.

**Instructor:** MCRC Staff **\*\*No Class Aug 19\*\***

**Location:** Mentor Community Recreation Center

**MCRC Member: \$48 | MCRC Non-Member: \$58**

**Wednesday(s), 6:30 - 7:30 p.m.**

*dates:* May 6 - 27, June 3 - 24  
July 8 - 29, Aug 5 - Sept 2\*\*

## Beginner Pickleball For Seniors

Adults 55+

Come learn the fastest growing sport in America! This class is for the novice player (USA Pickleball rating of 1.0 - 2.5) and covers the basics of pickleball including rules, terminology, fundamentals and introduces match play. Players are encouraged to bring a paddle and water bottle to each class.

**Instructor:** MCRC Staff **\*\*No Class Aug 18 & 20\*\***

**Location:** Mentor Community Recreation Center

**MCRC Member: \$48 | MCRC Non-Member: \$58**

dates	day	time
May 5 - 26	Tuesday	11:30 a.m. - 12:30 p.m.
May 7 - 28	Thursday	9:00 - 10:00 a.m.
June 2 - 23	Tuesday	11:30 a.m. - 12:30 p.m.
June 4 - 25	Thursday	9:00 - 10:00 a.m.
July 7 - 28	Tuesday	11:30 a.m. - 12:30 p.m.
July 9 - 30	Thursday	9:00 - 10:00 a.m.
Aug 4 - Sept 1**	Tuesday	11:30 a.m. - 12:30 p.m.
Aug 6 - Sept 3**	Thursday	9:00 - 10:00 a.m.

## Intermediate Pickleball For Seniors Adults 55+

This intermediate class (USA Pickleball rating of 3.0 - 3.5) covers the fundamentals of pickleball including serving, rallying, keeping score, dinking, and match play. Players are encouraged to bring a paddle and water bottle to each class.

**Instructor:** MCRC Staff **\*\*No Class Aug 18 & 20\*\***

**Location:** Mentor Community Recreation Center

**MCRC Member: \$48 | MCRC Non-Member: \$58**

dates	day	time
May 5 - 26	Tuesday	12:30 - 1:30 p.m.
May 7 - 28	Thursday	10:00 - 11:00 a.m.
June 2 - 23	Tuesday	12:30 - 1:30 p.m.
June 4 - 25	Thursday	10:00 - 11:00 a.m.
July 7 - 28	Tuesday	12:30 - 1:30 p.m.
July 9 - 30	Thursday	10:00 - 11:00 a.m.
Aug 4 - Sept 1**	Tuesday	12:30 - 1:30 p.m.
Aug 6 - Sept 3**	Thursday	10:00 - 11:00 a.m.

## Any Doubles Senior Pickleball League Adults 55+

Designed for those with a USA Pickleball rating of 2.0 - 3.0, this indoor league consists of 5 games per week for 8 weeks followed by a 1-week, single-elimination, playoff tournament. Games are played to 11 points, win by 2 and are played 2 vs. 2 (any doubles combination), self-officiated. The top teams compete in the playoff tournament. The playoff championship team receives a prize. Players are encouraged to bring their own paddles, balls are provided. Price and registration are per team.

**Instructor:** MCRC Staff

**Location:** Mentor Community Recreation Center

**Fee: \$108**

dates	day	time
June 10 - Aug 5	Wednesday	1:00 - 3:00 p.m.

## Any Doubles Low Intermediate Pickleball League

Adults 18+

Designed for those with a USA Pickleball rating of 3.0 - 3.4, this indoor league consists of 5 games per week for 8 weeks followed by a 1-week, single-elimination, playoff tournament. Games are played to 11 points, win by 2 and are played 2 vs. 2 (any doubles combination), self-officiated. The top teams compete in the playoff tournament. The playoff championship team receives a prize. Players are encouraged to bring their own paddles, balls are provided. Price and registration are per team.

**Coordinator: MCRC Staff**

**Location: Mentor Community Recreation Center**

**Session Fee: \$108**

dates	day	time
June 8 - Aug 3	Monday	6:00 - 8:30 p.m.

## Any Doubles Beginner Pickleball League

Adults 18+

Designed for those with a USA Pickleball rating of 2.0 - 2.5, this indoor league consists of 5 games per week for 8 weeks followed by a 1-week, single-elimination, playoff tournament. Games are played to 11 points, win by 2 and are played 2 vs. 2 (any doubles combination), self-officiated. The top teams compete in the playoff tournament. The playoff championship team receives a prize. Players are encouraged to bring their own paddles, balls are provided. Price and registration are per team.

**Coordinator: MCRC Staff**

**Location: Mentor Community Recreation Center**

**Session Fee: \$108**

dates	day	time
June 9 - Aug 4	Tuesday	6:00 - 8:30 p.m.

## Any Doubles High Intermediate - Advanced Pickleball League

Adults 18+

Designed for those with a USA Pickleball rating of 3.5+, this indoor league consists of 5 games per week for 8 weeks followed by a 1-week, single-elimination, playoff tournament. Games are played to 11 points, win by 2 and are played 2 vs. 2 (any doubles combination), self-officiated. The top teams compete in the playoff tournament. The playoff championship team receives a prize. Players are encouraged to bring their own paddles, balls are provided. Price and registration are per team.

**Coordinator: MCRC Staff**

**Location: Mentor Community Recreation Center**

**Session Fee: \$108**

dates	day	time
June 11 - Aug 6	Thursday	6:00 - 8:30 p.m.

## Pickleball Open Play

Ages 18+

Gather up some friends and work on your game. This member exclusive format, with no instructor, allows athletes to play at their own pace. Registration is required. All skill levels are welcome.

**Location: Mentor Community Recreation Center**

**MCRC Member Only: FREE, May 1 - Aug 31st**

**Mon, Fri, Wed & Sat, 9:00 - 11:00 a.m.**

**Wednesday(s), 7:30 - 9:30 p.m.**

**Friday(s), 6:30 - 8:30 p.m.**

## Youth Athletics



### Hip-Hop and Tumble

Ages 3-5

A high-energy class combining sassy hip-hop moves with the fundamentals of tumbling! Kids will build strength, learn proper technique, and have a blast dancing and flipping their way through class.

**Instructor: Communities in Motion**

**Location: MCRC - Fitness Room D**

**MCRC Member: \$65 | MCRC Non-Member: \$78**

**Monday(s), 5:00 - 5:30 p.m.**

*dates: Apr 27 - May 18, June 1 - 22, July 6 - 27*

### Move and Groove

Ages 2-4

Designed to get your little one moving and comfortable in a group setting! This class incorporates interactive movements and fun props to keep kids engaged and active.

**Instructor: Communities in Motion**

**Location: MCRC - Fitness Room D**

**MCRC Member: \$65 | MCRC Non-Member: \$78**

**Monday(s), 5:30 - 6:00 p.m.**

*dates: Apr 27 - May 18, June 1 - 22, July 6 - 27*



### Cheer & Hip-Hop

Ages 6-9

Get ready to move! This energetic class teaches a hip-hop routine set to upbeat, kid-friendly music while also introducing cheers, chants, jumps, and motions to build coordination and spirit.

**Instructor: Communities in Motion**

**Location: MCRC - Fitness Room D**

**MCRC Member: \$65 | MCRC Non-Member: \$78**

**Monday(s), 6:30 - 7:00 p.m.**

*dates: Apr 27 - May 18, June 1 - 22, July 6 - 27*

## Princess Ballet

Ages 3-5

A magical introduction to ballet! Dancers will learn basic ballet movements and fun routines set to kid-friendly songs from beloved Disney movies. This class focuses on balance, coordination, and creative expression.

**Instructor:** Communities in Motion

**Location:** MCRC - Fitness Room D

**MCRC Member: \$65 | MCRC Non-Member: \$78**

**Monday(s), 6:00 - 6:30 p.m.**

**dates:** Apr 27 - May 18, June 1 - 22, July 6 - 27

## Rookie Flag Football

Ages 5-7

In this active class, athletes receive training on skills used in flag football such as passing, route running, defensive techniques and ball handling as well as participate in speed/agility drills. Athletes are encouraged to bring a football (peewee size) and a water bottle to each class.

**Instructor:** MCRC Staff **\*\*No Class Aug 18\*\***

**Location:** MCRC - Soccer Center

**MCRC Member: \$40 | MCRC Non-Member: \$48**

**Tuesday(s), 6:00 - 6:45 p.m.**

**dates:** May 5 - June 2, June 16 - July 14

July 28 - Sept 1\*\*

## Junior Flag Football

Ages 8-12

In this active class, athletes receive training on skills used in flag football such as passing, route running, defensive techniques and ball handling as well as participate in speed/agility drills. Athletes are encouraged to bring a football (youth size) and a water bottle to each class.

**Instructor:** MCRC Staff **\*\*No Class Aug 18\*\***

**Location:** Mentor Community Recreation Center

**MCRC Member: \$40 | MCRC Non-Member: \$48**

**Tuesday(s), 7:00 - 7:45 p.m.**

**dates:** May 5 - June 2, June 16 - July 14

July 28 - Sept 1\*\*

## Rookie Basketball

Ages 5-7

This class is intended to increase a player's skill level through a fun and exciting atmosphere. Players are taught basketball fundamentals including ball handling, shooting, passing, defensive techniques, and more. Players are encouraged to wear athletic clothing and bring a basketball and water bottle.

**Instructor:** The National Basketball Academy (TNBA)

**\*\*No Class Aug 18 & 20\*\***

**Location:** Mentor Community Recreation Center

**MCRC Member: \$120 | MCRC Non-Member: \$144**

**Tuesday(s) & Thursday(s), 4:45 - 5:30 p.m.**

**dates:** May 5 - 28, June 2 - 25,

July 7 - 30, Aug 4 - Sept 3\*\*



## Junior Basketball

Ages 8-12

This class is intended to increase a player's skill level through a fun and exciting atmosphere. Players are taught basketball fundamentals including ball handling, shooting, passing, defensive techniques, and more. Players are encouraged to wear athletic clothing and bring a basketball and water bottle.

**Instructor:** The National Basketball Academy (TNBA)

**\*\*No Class Aug 18 & 20\*\***

**Location:** Mentor Community Recreation Center

**MCRC Member: \$120 | MCRC Non-Member: \$144**

**Tuesday(s) & Thursday(s), 5:30 - 6:30 p.m.**

**dates:** May 5 - 28, June 2 - 25,

July 7 - 30, Aug 4 - Sept 3\*\*

## Soccer

Ages 5-8

This beginner program focuses on dribbling, passing, shooting, agility, and ball control. Athletes are encouraged to bring a soccer ball (size 3) and a water bottle to each class.

**Instructor:** MCRC Staff **\*\*No Class Aug 19\*\***

**Location:** Mentor Community Recreation Center

**MCRC Member: \$60 | MCRC Non-Member: \$72**

**Wednesday(s), 5:45 - 6:30 p.m.**

**dates:** May 6 - June 3, June 17 - July 15

July 29 - Sept 2\*\*

## Mini Majorettes

Ages 7-9

Students will learn baton terminology and basic twirling skills while continuing to develop hand-eye coordination. Focus on twirls, rolls and tosses using proper form and technique.

**Instructor:** Leighann Hay **\*\*No Class July 8\*\***

**Location:** MCRC - Racquetball Court

**MCRC Member: \$100 | MCRC Non-Member: \$120**

**Wednesday(s), 5:45 - 6:30 p.m.**

**dates:** May 6 - 27, June 3 - 24, July 1 - 29\*\*

*First time online registering with us?*

*Call one of our facilities so we can set up a new account for you.*

## Twirl Lab

Ages 10-13

Designed for athletes looking to compete at the high school level. Students will learn baton terminology and basic twirling skills while continuing to develop hand-eye coordination. Focus on twirls, rolls and tosses using proper form and technique.

**Instructor: Leighann Hay** \*\*No Class July 8\*\*

**Location: MCRC - Racquetball Court**

**MCRC Member: \$100 | MCRC Non-Member: \$120**

**Wednesday(s), 6:45 - 7:30 p.m.**

*dates: May 6 - 27, June 3 - 24, July 1 - 29\*\**

## High School Twirlers

Ages 14-17

This class is for students in 7th through 12th grade who are focused on building their twirling skills. Previous experience twirling, dancing, spinning, etc. is recommended. The goal of this class is to teach twirlers the basic tricks and skills that are necessary to perform with marching bands or during halftime performances at football/basketball games. The focus of skills for this class will be on field tricks, multiple batons and more.

**Instructor: Leighann Hay** \*\*No Class July 8\*\*

**Location: MCRC - Racquetball Court**

**MCRC Member: \$100 | MCRC Non-Member: \$120**

**Wednesday(s), 7:45 - 8:30 p.m.**

*dates: May 6 - 27, June 3 - 24, July 1 - 29\*\**

## Fitness

### Tai-Chi for Health

Ages 14+

Tai-Chi has been described as moving meditation. This gentle, continuously moving exercise and mind-body practice is based upon ancient Chinese martial arts. More recently it was adapted for improvements in health such as balance, flexibility and pain and stress reduction. Martial artist Denise Molesch will guide you through warmups, Qi Gong and practice in the Sun style forms and exercises for adults of all ages and capabilities. Please wear loose, comfortable clothing and tennis shoes.

**Instructor: Denise Molesch** \*\*No Class Aug 19\*\*

**Location: Mentor Community Recreation Center**

**MCRC Member: \$20 | MCRC Non-Member: \$28**

**MCRC Member: \$15 | MCRC Non-Member: \$21 (Aug)**

**Wednesday(s), 11:00 - 11:50 a.m.**

*dates: June 3 - 24, July 8 - 29, Aug 5 - 26\*\**

### Personal Training by Butler Fitness

Butler Fitness is proud to be the certified personal training team at the Mentor Community Recreation Center. We offer science-based training and personalized coaching to help you build strength, boost endurance, and improve overall wellness. No matter your fitness level, we're here to support your goals—every step of the way. Let us help you strengthen your life!



## Group Fitness Schedule:



## MCRC Aquatics

### Registration Dates:

May 11 Currently enrolled members

May 13 for All MCRC Members

May 18 for MCRC Non-Members

### Parent and Child Swim Instruction

6 months - 3 years old

Min: 3 Max: 12

Parent and Child Swim Classes help young children get ready to swim by emphasizing fun in the water. Parents and children participate in several guided practice sessions that help kids learn elementary swimming skills, including water entry, bubble blowing, kicking, floating and underwater exploration with an emphasis on safety and fun.

**Location: MCRC Indoor Pool**

**MCRC Member: \$32 | MCRC Non-Member: \$40**

**(per session of 8)\*\*(No Class Week of June 29-July 5)\*\***

dates	day	time
June 1 - July 27**	Mon	5:10 - 5:40 p.m.
June 1 - July 27**	Mon	6:30 - 7:00 p.m.
June 2 - July 28**	Tues	11:30 a.m. - 12:00 p.m.
June 3 - July 29**	Wed	4:50 - 5:20 p.m.
June 3 - July 29**	Wed	6:10 - 6:40 p.m.
June 4 - July 30**	Thurs	11:35 a.m. - 12:05 p.m.
June 6 - Aug 1**	Sat	9:00 - 9:30 a.m.
June 6 - Aug 1**	Sat	10:45 - 11:15 a.m.
June 7 - Aug 2**	Sun	10:50 - 11:20 a.m.

### I'm 3 Look at Me! Swim Lessons

3 years old

Min: 3 Max: 4

This class is designed for 3-year-olds who are ready to learn to swim without a parent by their side. Ratio will be 4:1 instructor. Skills/Activities: Comfort in the water, enter and exit water, blow bubbles through nose and mouth, submerging face, bobbing, front and back floats and glides while kicking feet. Emphasis on learning while playing. NOTE: This class is geared toward 3-year-olds who have taken part in the parent/child class and are ready for a new challenge.

**Location: MCRC Indoor Pool**

**MCRC Member: \$32 | MCRC Non-Member: \$40**

**(per session of 8)\*\*(No Class Week of June 29-July 5)\*\***

dates	day	time
June 1 - July 27**	Mon	4:35 - 5:05 p.m.
June 2 - July 28**	Tues	11:00 - 11:30 a.m.
June 3 - July 29**	Wed	5:40 - 6:10 p.m.
June 4 - July 30**	Thurs	11:00 - 11:30 a.m.
June 4 - July 30**	Thurs	11:40 a.m. - 12:10 p.m.
June 4 - July 30**	Thurs	12:15 - 12:45 p.m.
June 6 - Aug 1**	Sat	9:35 - 10:05 a.m.
June 6 - Aug 1**	Sat	11:30 a.m. - 12:00 p.m.
June 7 - Aug 2**	Sun	10:50 - 11:20 a.m.

## Preschool Swim Lessons

Min: 3 Max: 5

Location: MCRC Indoor Pool

MCRC Member: \$32 | MCRC Non-Member: \$40

(per session of 8)\*\*(No Class Week of June 29-July 5)\*\*

Children ages 4 and/or 5 learn water safety, survival skills and foundational swimming concepts in a safe and fun environment. Skills are age-appropriate, allowing children to achieve success by disguising learning through play.

### Preschool Level 1

4 & 5 year olds

Skills/Activities: Enter and exit water, blow bubbles through nose and mouth, submerging face, front and back floats and glides, alternating arm stroke with kicking and assistance on front and back, arm and leg action for treading water.

dates	day	time
June 1 - July 27**	Mon	4:00 - 4:30 p.m.
June 2 - July 28**	Tues	12:00 - 12:30 p.m.
June 3 - July 29**	Wed	6:15 - 6:45 p.m.
June 4 - July 30**	Thur	12:10 - 12:40 p.m.
June 6 - Aug 1**	Sat	9:50 - 10:20 a.m.
June 7 - Aug 2**	Sun	10:00 - 10:30 a.m.
June 7 - Aug 2**	Sun	11:25 - 11:55 a.m.

### Preschool Level 2

4 & 5 year olds

Skills/Activities: Enter and exit water, bobbing, retrieve submerged object, front and back floats and glides, roll from front to back and back to front, tread water, combined arm and leg action on front and back, finning arm action on back.

dates	day	time
June 1 - July 27**	Mon	5:45 - 6:15 p.m.
June 2 - July 28**	Tues	12:30 - 1:00 p.m.
June 6 - Aug 1**	Sat	10:10 - 10:40 a.m.

### Preschool Level 3

4 & 5 year olds

Skills/Activities: Jumping into deep water; fully submerge and hold breath; bobbing; front, jellyfish and tuck floats; recovering from front and back floats and glides, tread water using arm and leg actions, combined arm and leg actions on front and back independently. Next class is LTS Level 2 if 6 years old.

dates	day	time
June 1 - July 27**	Mon	5:10 - 5:40 p.m.
June 6 - Aug 1**	Sat	10:25 - 10:55 a.m.

## American Red Cross Learn - To - Swim Program

Location: MCRC Indoor Pool

MCRC Member: \$40 | MCRC Non-Member: \$50

(per session of 8)\*\*(No Class Week of June 29-July 5)\*\*

The Learn-to-Swim (LTS) program is designed for children ages 6 to 12 years old. Each child progresses through each level at his/her own pace, mastering the skills in one level before advancing to the next. It is very common to take a class more than once prior to mastering and moving on to the next. Each level of our LTS program includes training in basic water safety.

### LTS Level 1:

6-12 year olds

#### Introduction to Water Skills

Min: 3 Max: 5

Skills: Enter and exit water, blow bubbles through nose and mouth, bobbing, retrieve submerged objects, front and back floats and glides, alternating and simultaneous arm and leg actions on front and back, combined arm and leg action on front and back.

dates	day	time
June 1 - July 27**	Mon	4:00 - 4:45 p.m.
June 1 - July 27**	Mon	6:15 - 7:00 p.m.
June 2 - July 28**	Tues	11:00 - 11:45 a.m.
June 3 - July 29**	Wed	4:50 - 5:35 p.m.
June 4 - July 30**	Thur	10:50 - 11:35 a.m.
June 6 - Aug 1**	Sat	9:00 - 9:45 a.m.
June 6 - Aug 1**	Sat	11:00 - 11:45 a.m.
June 7 - Aug 2**	Sun	10:00 - 10:45 a.m.
June 7 - Aug 2**	Sun	11:25 a.m. - 12:10 p.m.

### LTS Level 2:

6-12 year olds

#### Fundamental Aquatic Skills

Min: 3 Max: 5

Skills: Fully submerge and hold breath; bobbing; retrieve submerged objects; front, jellyfish and tuck floats; front and back floats and glides; roll from back to front and front to back; tread water; combined arm and leg action on front and back; and finning arm action on back. Skills should be performed comfortably with minimal assistance.

dates	day	time
June 1 - July 27**	Mon	4:50 - 5:35 p.m.
June 2 - July 28**	Tues	11:45 a.m. - 12:30 p.m.
June 6 - Aug 1**	Sat	9:50 - 10:35 a.m.
June 7 - Aug 2**	Sun	11:25 a.m. - 12:10 p.m.

### LTS Level 3:

6-12 year olds

#### Stroke Development

Min: 3 Max: 5

Skills/Activities: Jumping into deep water; sitting and kneeling dives; rotary breathing; survival float; change from vertical to horizontal position on front and back; tread water; flutter, dolphin, scissor, and breaststroke kicks; front crawl; and elementary backstroke.

dates	day	time
June 1 - July 27**	Mon	5:45 - 6:30 p.m.
June 2 - July 28**	Tues	10:15 - 11:00 a.m.
June 3 - July 29**	Wed	5:25 - 6:10 p.m.
June 6 - Aug 1**	Sat	9:00 - 9:45 a.m.
June 7 - Aug 2**	Sun	10:35 - 11:20 a.m.

### LTS Level 4:

6-12 year olds

#### Stroke Improvement

Min: 3 Max: 6

Improves proficiency of strokes and the ability to swim longer distances. Skills: Standing dives; underwater swimming; feet first surface dive; survival swimming; front crawl and backstroke; side stroke; breaststroke and butterfly.

dates	day	time
June 1 - July 27**	Mon	6:15 - 7:00 p.m.
June 3 - July 29**	Wed	4:00 - 4:45 p.m.
June 6 - Aug 1**	Sat	10:40 - 11:25 a.m.

## LTS Level 5/6: 6-12 year olds

### Stroke Refinement

Min: 3 Max: 6

Refine swimming skills in all competitive strokes: butterfly, breaststroke, backstroke and front crawl. Diving, turns and strategies for improving techniques and increasing speeds for each stroke as well as rescue skills training will be included.

dates	day	time
June 3 - July 29**	Wed	4:00 - 4:45 p.m.

## Adult Swim Lessons Ages 13+

This class is designed to assist adults of all swim levels to set personal goals and achieve those goals. If you are getting over fears, swimming for the first time, or learning a new stroke, this class will provide you with a personalized plan to help you learn the skills necessary to reach your goals.

Location: MCRC Indoor Pool

MCRC Member: \$40 | MCRC Non-Member: \$50

(per session of 8)

dates	day	time
June 7 - Aug 2**	Sun	10:00 - 10:45 a.m.

## Adapted Aquatics Swim Lessons

Min: 1 Max: 1

This is a class for individuals with special needs. This is not a therapeutic program; it is designed to provide participants with a positive water acclimation experience. Participants are paired with a Certified Swim Instructor whose goal is to create a fun play environment while teaching important safety and swimming skills. Skills and games will be played in a 1:1 setting. A parent, sibling or a responsible friend is required to be in the water to assist the instructor until a relationship is developed. A meeting with the guardian, participant and the instructor will take place at the beginning of the first class to discuss goals and any considerations that will aid the participant and instructor to have a positive experience. Class is only 30 minutes long, please be dressed and use the restroom prior, so we can start class on time.

Location: MCRC Indoor Pool

MCRC Member: \$95 | MCRC Non-Member: \$130

(per session of 4)

## Private and Semi-Private Swim Lessons

Our private swim lesson program teaches the confidence that children or adults need to be successful in the water. Private swim lessons are offered to members & non-members of any age to assist in meeting your swimming goals. Participants will have fun while learning how to swim or improving strokes and technique with their favorite instructor. Please register at the front desk or online.

## Private Swim Lessons

One-on-One instruction with an ARC Water Safety Instructor to meet your goals including learn how to swim, improve current skills through stroke refinement techniques and get over fears. Your class meets when it's convenient for you and your personal instructor.

Location: MCRC - Indoor Pool

One 30-minute lesson:

Member: \$30 | Non-Member: \$45

Four 30-minute lessons:

Member: \$110 | Non-Member: \$165

Eight 30-minute lessons:

Member: \$200 | Non-Member: \$300

## Semi-Private Swim Lessons

Two-on-One instruction with an ARC Water Safety Instructor to meet your goals including learn how to swim, improve current skills through stroke refinement techniques and get over fears. Your class meets when it's convenient for you and your personal instructor.

Location: MCRC - Indoor Pool

One 30-minute lesson:

(available for 2 family members of similar swimming skills only)

Member: \$50 | Non-Member: \$63

Four 30-minute lessons:

(available for 2 family members of similar swimming skills only)

Member: \$190 | Non-Member: \$240

Eight 30-minute lessons:

(available for 2 family members of similar swimming skills only)

Member: \$360 | Non-Member: \$445

## Water Workout Classes

### Stretch and Tone

Min: 6 Max: 24

Light toning and gentle stretching exercises in shallow warm water. This class is perfect for all ages to help with relaxation, stress relief, pain relief, and improved range of motion.

Intensity: Low

Location: MCRC Indoor Pool

Tuesday(s) and Thursday(s), 10:00 - 10:50 a.m.

(M = Member | NM = Non-Member)

\*\*No Class Aug 11, 13, 18 or 20)\*\*

dates	day	cost
May 5 - 26	Tuesday	\$20 M   \$30 NM
May 7 - 28	Thursday	\$20 M   \$30 NM
June 2 - 30	Tuesday	\$25 M   \$37.50 NM
June 4 - 25	Thursday	\$20 M   \$30 NM
July 7 - 28	Tuesday	\$20 M   \$30 NM
July 2 - 30	Thursday	\$25 M   \$37.50 NM
Aug 4 - 25**	Tuesday	\$10 M   \$15 NM
Aug 6 - 27**	Thursday	\$10 M   \$15 NM

## Move and Groove

**Min: 6 Max: 24**

A Pool Fitness Party with energetic cardio exercises set to fun upbeat music. This water class is a fun Low-impact, high energy challenge for participants of all ages and fitness levels.

**Intensity: Low, Moderate or High - completely up to you!**

**Location: MCRC Indoor Pool**

**(M = Member | NM = Non-Member)**

**\*\*No Class Aug 13, 15, 20 or 22)\*\***

dates	day	time	cost
May 2 - 30	Sa	8 - 8:50 a	\$25 M   \$37.50 NM
May 7 - 28	Th	6:45 - 7:35 p	\$20 M   \$30 NM
June 2 - 30	Sa	8 - 8:50 a	\$25 M   \$30 NM
June 4 - 25	Th	6:45 - 7:35 p	\$20 M   \$30 NM
July 11 - 25	Sa	8 - 8:50 a	\$15 M   \$22.50 NM
July 2 - 30	Th	10 - 10:50 a	\$25 M   \$37.50 NM
Aug 1 - 29**	Sa	8 - 8:50 a	\$15 M   \$22.50 NM
Aug 6 - 27**	Th	10 - 10:50 a	\$10 M   \$15 NM

## Shallow/Deep

**Min: 6 Max: 15**

A combination of shallow and deep-water exercises to tone your body while getting your heart pumping. Jump in and make a splash, you won't want to miss this dynamic cardiovascular workout that tones the full body.

**Intensity: Low, Moderate or High - completely up to you!**

**Location: MCRC Indoor Pool**

**Monday(s) and Wednesday(s), 10:00 - 10:50 a.m.**

**(M = Member | NM = Non-Member)**

**\*\*No Class May 25, Aug 10, 12, 17 or 19)\*\***

dates	day	cost
May 4 - 18**	Monday	\$15 M   \$22.50 NM
May 6 - 27	Wednesday	\$20 M   \$30 NM
June 1 - 29	Monday	\$25 M   \$37.50 NM
June 3 - 24	Wednesday	\$20 M   \$30 NM
July 6 - 27	Monday	\$20 M   \$30 NM
July 1 - 29	Wednesday	\$25 M   \$37.50 NM
Aug 3 - 31**	Monday	\$15 M   \$22.50 NM
Aug 5 - 26**	Wednesday	\$10 M   \$15 NM

## Aqua HIIT

**Min: 6 Max: 24**

A full body interval class focused on strength with bursts of cardio. Brief bursts of intensity work followed by short recovery periods that boost metabolism and burn more calories. Don't be surprised if you can do more in this class than anticipated - the buoyancy of the water allows you to work at a higher intensity with less stress on the body.

**Intensity: Low, Moderate or High - completely up to you!**

**Location: MCRC Indoor Pool**

**Tuesday(s) and Thursday(s), 9:00 - 9:50 a.m.**

**(M = Member | NM = Non-Member)**

**\*\*No Class Aug 11, 13, 18 or 20)\*\***

dates	day	cost
May 5 - 26	Tuesday	\$20 M   \$30 NM
May 7 - 28	Thursday	\$20 M   \$30 NM
June 2 - 30	Tuesday	\$25 M   \$37.50 NM
June 4 - 25	Thursday	\$20 M   \$30 NM
July 7 - 28	Tuesday	\$20 M   \$30 NM
July 2 - 30	Thursday	\$25 M   \$37.50 NM
Aug 4 - 25**	Tuesday	\$10 M   \$15 NM
Aug 6 - 27**	Thursday	\$10 M   \$15 NM

## Senior WWO

**Min: 6 Max: 12**

A combination of toning, stretching and light cardiovascular exercises geared towards seniors. Experience improved range of motion, pain relief and stress relief with socializing with friends in this fun water exercise class.

**Intensity: Low**

**Location: MCRC Indoor Pool**

**Tuesday(s) and Thursday(s), 2:00 - 2:50 p.m.**

**(M = Member | NM = Non-Member)**

**\*\*No Class Aug 11, 13, 18 or 20)\*\***

dates	day	cost
May 5 - 26	Tuesday	\$20 M   \$30 NM
May 7 - 28	Thursday	\$20 M   \$30 NM
June 2 - 30	Tuesday	\$25 M   \$37.50 NM
June 4 - 25	Thursday	\$20 M   \$30 NM
July 7 - 28	Tuesday	\$20 M   \$30 NM
July 2 - 30	Thursday	\$25 M   \$37.50 NM
Aug 4 - 25**	Tuesday	\$10 M   \$15 NM
Aug 6 - 27**	Thursday	\$10 M   \$15 NM

## Cardio Splash

**Min: 6 Max: 24**

A splash of Fun! This class is a combination of Cardio exercises, toning with weights and water resistance, some Pilates moves and stretching. A low-impact workout that people of all fitness levels can do. This class combines an aerobic workout with strength and endurance that improves coordination and stamina.

**Intensity: Medium**

**Location: MCRC Indoor Pool**

**Friday(s), 10:00 - 10:50 a.m.**

**(M = Member | NM = Non-Member)**

**\*\*No Class Aug 14 or 21)\*\***

dates	day	cost
May 1 - 29	Friday	\$25 M   \$37.50 NM
June 5 - 26	Friday	\$20 M   \$30 NM
July 10 - 31	Friday	\$25 M   \$37.50 NM
Aug 7 - 28**	Friday	\$10 M   \$15 NM

## Water Bootcamp

**Min: 6 Max: 12**

Full Body water workout combining endurance, strength training, cardio, intervals and some Pilates moves. Classes may incorporate both shallow and deep-water exercises. This class will help improve your cardio fitness, increase your stamina, and increase your strength.

**Intensity: Low, Moderate or High - completely up to you!**

**Location: MCRC Indoor Pool**

**Monday(s), 7:00 - 7:50 p.m.**

**(M = Member | NM = Non-Member)**

**\*\*No Class May 25, Aug 10 or 17)\*\***

dates	day	cost
May 4 - 18**	Monday	\$15 M   \$22.50 NM
June 1 - 29	Monday	\$25 M   \$37.50 NM
July 6 - 27	Monday	\$20 M   \$30 NM
Aug 3 - 31**	Monday	\$15 M   \$22.50 NM

**\*Pre-skills Swim Test must be passed prior to registering for a lifeguard class session. Pre-Skills are held at Mentor Community Recreation Center and cost \$5.  
Dates: April 11 at 11:30 a.m., May 2 at 11:30 a.m., May 16 at 11:30 a.m.**

## ARC Lifeguard Classes

Have you always wanted to be a lifeguard and work at one of our many Mentor pools? Then this class is for you! This is a blended learning style American Red Cross Lifeguard class that will teach the skills needed to be a confident and prepared lifeguard. Participants must be at least 15 years old by the last day of class. Register with us at MCRC then complete the course work online. The skills practice & testing will take place at Morton Pool or UH Wellness Center, 8655 Market St., Mentor, Oh 44060 **\*\*Check Locations for each class.**  
**MCRC Members: \$175 | MCRC Non-Members: \$200**  
**Must Register at MCRC in order to qualify for reimbursement as an Employee.**

### Session 3: Held at the UH Wellness Center Pool

Online course work: April 9 - 23

In person classes:

dates	day	time
April 23	Thursday	4:00 - 8:00 p.m.
April 24	Friday	4:00 - 8:00 p.m.
April 25	Saturday	8:00 a.m. - 3:00 p.m.
April 26	Sunday	8:00 a.m. - 3:00 p.m.

### Session 4: Held at the UH Wellness Center Pool

Online course work: April 16 - 30

In person classes:

dates	day	time
April 30	Thursday	4:00 - 8:00 p.m.
May 1	Friday	4:00 - 8:00 p.m.
May 2	Saturday	8:00 a.m. - 3:00 p.m.
May 3	Sunday	8:00 a.m. - 3:00 p.m.

### Session 5: Held at the UH Wellness Center Pool

Online course work: April 30 - May 14

In person classes:

dates	day	time
May 14	Thursday	4:00 - 8:00 p.m.
May 15	Friday	4:00 - 8:00 p.m.
May 16	Saturday	8:00 a.m. - 3:00 p.m.
May 17	Sunday	8:00 a.m. - 3:00 p.m.

### Session 6: Held at the Morton Pool (9325 Rosemary Lane)

Online course work: May 18 - June 1

In person classes:

dates	day	time
June 1 - 5	M - F	8:00 a.m. - 1:00 p.m.

## ARC Lifeguarding Recertification Classes:

Are you a currently certified lifeguard in need of a recertification class? Participants must have a current (or extended) ARC lifeguard certification in order to participate. Please come prepared to demonstrate ability to pass required swim test, water rescues, CPR skills and written tests.

**Location: UH Wellness Pool (8655 Market St)**  
**MCRC Members: \$85 | MCRC Non-Members: \$100**  
**Saturday(s), 8:00 a.m. - 5:00 p.m.**

session	dates
session 1	February 28
session 2	March 28
session 3	May 9

## ARC Water Safety Instructor (WSI) Certification Course

If you love the water and love working with children of all ages, then this is the perfect class & job for you! The American Red Cross WSI course is for those interested in teaching others how to learn to swim. Participants must be at least 15 years old by the last day of class.

Online course work needs to be completed prior to the first in person class. Must be able to swim the following skills at a level 4 or higher ability: 25 yards of front crawl, breaststroke, back crawl, side stroke, 15 yards of butterfly, tread water for one minute and float on back with minimal movement for 1 minute.

**Location: MCRC Indoor Pool**  
**MCRC Members: \$275 | MCRC Non-Members: \$300**

### Session 1: Online course work: April 7 - May 7

In person class/water practice and testing:

dates	day	time
May 7	Thursday	4:00 - 8:00 p.m.
May 8	Friday	4:00 - 8:00 p.m.
May 9	Saturday	9:00 a.m. - 5:00 p.m.
May 10	Sunday	9:00 a.m. - 5:00 p.m.

### Session 2: Online course work: April 28 - May 28

In person class/water practice and testing:

dates	day	time
May 28	Thursday	4:00 - 8:00 p.m.
May 29	Friday	4:00 - 8:00 p.m.
May 30	Saturday	9:00 a.m. - 5:00 p.m.
May 31	Sunday	9:00 a.m. - 5:00 p.m.

## Shallow Water Lifeguard Course

Have you ever wanted to lifeguard at the Mentor Community Recreation Center? This is the course for you! Online Course Work- March 27- April 24 (Must be employed by April 24)

**In person class dates**  
**MCRC Members: \$175 | MCRC Non-Members: \$200**

dates	time
April 24	4:00 - 9:00 p.m.
April 25	9:00 a.m. - 5:00 p.m.
April 26	2:00 - 6:00 p.m.

## Swim Team Stroke and Turn Clinic

This Clinic is for any swimmer that wants to improve their times with swim team or simply improve their strokes to help get them to the next swim lesson level faster. A different swim stroke and turn will be concentrated on each day. Come to all or just pick one day.

**Clinic time: 5:00 - 6:30 p.m.**

day	date	class	mem	non-mem
Tues	May 26	freestyle & turns	\$20	\$25
Wed	May 27	backstroke & turns	\$20	\$25
Thur	May 28	breaststroke & turns	\$20	\$25
Fri	May 29	butterfly & turns	\$20	\$25

**Price break if you sign up for all 4 days in the week:  
\$70 MCRC Members | \$90 MCRC Non-Members**



8600 Munson Road, Mentor, Ohio 44060  
440.974.5730 - www.mentoricearena.com

## Public Skate Schedule

### Public Skates Summer 2026

**June 6th - August 1st**

*\*Check website for Public Skate cancellations*

### Weekly Public Skate Schedule

Saturday 1:30 - 3:00 p.m.

### Public Skate Admission Rates

Adults	\$9
Youth (age 17 & under)	\$7
Skate Rental	\$4

### Studio Rink Public Skates - Skate Aids

Join us on the Studio Rink for a delightful ice-skating experience designed for children 8 and under, alongside their parents. Our studio rink welcomes families to glide together during our weekend public skates. Skate aids are provided on a first-come, first-served basis to assist young skaters, ensuring a safe and enjoyable time on the ice. Please note that skate aids are not permitted on the large rink. Come make memories and enjoy the magic of skating with your little ones on our Studio Rink!

### General Public Skate Information

Please note that the ice arena reserves the right to cancel any public skate and studio rink time. For the most up-to-date schedule, please visit [www.mentoricearena.com/calendar](http://www.mentoricearena.com/calendar). Additionally, for safety reasons, all children under 11 years old are required to wear a helmet while on the ice. Rental skates ranging from size 8 youth to adult 14 are available for your convenience. Kindly be informed that no refunds will be issued for public skates. Thank you for your understanding, and we look forward to welcoming you to our rink!

## Mentor Ice Arena Party Options

### Birthday Party General Information:

- Renters may bring their own decorations. No decorations permitted on the ice
- Any deliveries must be made during rented hours. (pizza, cake, etc.)
- We do not put any holds on parties until payment is made
- Skate rental is available at \$2 per skater. Paid the day of party
- Children under 11 are required to wear a helmet while on the ice

### How to Book:

- All parties must be booked in person by appointment.
- Parties must be booked at least two weeks in advance.
- Contact the Arena Monday-Friday between 8:00 a.m. - 5:00 p.m. to set up an appointment.
- All parties must be paid in full at the time of the appointment.

## Public Skate Birthday Party

**Resident: \$160 | Non-Resident: \$190**

**\$2 Skate rental, per skater, paid day of party**

### Times Available to Rent

*Saturday June 6th - August 1st*

**\*\*No Party July 4th\*\***

*Room available 1:00-3:30PM -*

*Public Skate 1:30-3:00PM*

Get ready for an exciting celebration with our Public Skating Parties! You'll have your very own private room amidst the enchanting atmosphere of our public skating sessions, accommodating up to 25 guests. Please note that skate aids won't be available, ensuring a true ice-skating adventure. Parties are allowed to bring their own delicious snacks to keep the energy high and decorations.

## Studio Rink Parties

**Resident: \$160 | Non-Resident: \$190**

**\$2 Skate rental, per skater, paid day of party**

### Times Available to Rent

*Saturday June 6th - August 1st, 3:30 - 5:30PM*

**\*\*No Party July 4th\*\***

Great for children ten and under! Experience the ultimate in ice-skating party in our Studio Rink! Your celebration comes complete with skate aids, a private room, and two hours of exclusive skating. With a guest limit of 25, you can invite all your friends and family to join in the fun. You're free to bring your own scrumptious treats to satisfy your cravings.

## Learn-to-Skate

The Learn to Skate program advances skaters on a natural progression: children ages 3 to 5 will begin in the Tot Program; children ages 6 to 12 begin with the Basic Program. Teens 13+ and Adults of all ages are welcome to participate in a basic class for Teens and Adults. Tot lessons are 30 minutes long and held once a week for seven weeks. All other Learn-to-Skate classes are 45 minutes long and are also held once a week for seven weeks. **New skaters** under 13 begin in either Tot 1 or Basic 1, depending on their age.

### Tot Classes: Ages 3 - 5

30 minutes once a week for 7 weeks

### Basic Classes: Ages 6 - 12

45 minutes once a week for 7 weeks

### Teen/Adult Classes: Ages 13+

45 minutes once a week for 7 weeks

## Skating Progression

**Hockey:** Skaters who have successfully completed Tot 1 or Basic 1 levels are eligible to enroll in our Hockey skating skills classes, Mighty Mite hockey program or ADM, followed by our youth travel hockey program. Explore further details below.

**Figure Skating:** As skaters progress through the Learn to Skate program, they'll have access to various opportunities including specialty classes, private lessons, special events, and deeper insights into the world of skating beyond the program itself.

## Learn to Skate USA Membership

\*\*Please register for your membership June 1st or later for the 2026-2027 Season; Summer Learn to Skate Session \*\* This is a yearly membership fee separate from the class fee. The membership is valid from July 1st-June 30th. Registration can be completed at [www.learn-toskateusa.com](http://www.learn-toskateusa.com). To be part of our Learn to Skate program your skater is required to be a member of Learn to Skate USA. If you have questions, please give us a call (440) 974-5730 Monday-Friday 8AM-5PM.

### Summer: June 8 - July 30

**\*\*No classes week of June 29 - July 3\*\***

Registration opens:

April 6th Mentor Residents

April 7th Non-Residents

## Learn To Skate Schedule

### Ages 3 - 5:

#### Tot 1

Resident: \$70 | Non-Resident: \$85

days	time
Monday	6:20 - 6:50 p.m.
Tuesday	1:00 - 1:30 p.m.
Thursday	5:45 - 6:15 p.m.

### Tot 2 - Must pass Tot 1

Resident: \$70 | Non-Resident: \$85

days	time
Monday	6:20 - 6:50 p.m.
Tuesday	1:30 - 2:00 p.m.
Thursday	5:45 - 6:15 p.m.

### Tot 3 - Must pass Tot 2

Resident: \$70 | Non-Resident: \$85

days	time
Monday	6:20 - 6:50 p.m.
Tuesday	1:30 - 2:00 p.m.
Thursday	5:45 - 6:15 p.m.

### Ages 6 - 12:

#### Basic 1

Resident: \$80 | Non-Resident: \$95

days	time
Monday	5:30 - 6:15 p.m.
Thursday	6:15 - 7:00 p.m.

#### Basic 2 - Must pass Basic 1

Resident: \$80 | Non-Resident: \$95

days	time
Monday	5:30 - 6:15 p.m.
Thursday	6:15 - 7:00 p.m.

#### Basic 3 - Must pass Basic 2

Resident: \$80 | Non-Resident: \$95

days	time
Monday	5:30 - 6:15 p.m.

#### Basic 4 - Must pass Basic 3

Resident: \$80 | Non-Resident: \$95

days	time
Monday	5:30 - 6:15 p.m.

#### Basic 5 - Must pass Basic 4

Resident: \$80 | Non-Resident: \$95

days	time
Monday	5:30 - 6:15 p.m.

#### Basic 6 - Must pass Basic 5

Resident: \$80 | Non-Resident: \$95

days	time
Monday	5:30 - 6:15 p.m.

#### Pre-Aspire - Must pass Basic 6

Resident: \$80 | Non-Resident: \$95

days	time
Monday	5:30 - 6:15 p.m.

#### Aspire - Must pass Pre-Aspire

Resident: \$80 | Non-Resident: \$95

days	time
Monday	5:30 - 6:15 p.m.

### Ages 13+:

#### Teen and Adult 1

Resident: \$80 | Non-Resident: \$95

days	time
Wednesday	7:00 - 7:45 p.m.

### Ages 13+:

#### Teen and Adult 2

Resident: \$80 | Non-Resident: \$95

days	time
Wednesday	7:00 - 7:45 p.m.

**\*\*There are no Classes the week of June 29 to July 3\*\***

## Specialty Learn to Skate Classes

**Competition Class:** is part of the Learn to Skate Program and is open to any skater who has passed Tot 1 or Basic 1. Your skater will learn a program to music and have an opportunity to compete at a local LTS competition at the end of the session. The program will incorporate skills that your skater has mastered in their previous Learn to Skate Class.

**June 10 - July 22, Wednesday(s) 5:15 - 6:00 p.m.**

**Location: Mentor Ice Arena**

**Resident | Non-Resident: \$80 \*\*There is class July 1\*\***

## Hockey

### Mighty Mites 1 and 2 (ages 3-5) :

Skaters must have passed Tot 1 in the Learn to Skate Program to be eligible. This program is perfect for young beginners ready to hit the ice. This class starts the hockey progression for young skaters, offering essential skills and knowledge as they advance in their hockey journey. After completing Mini Mites 1 there is a Mini Mites 2 class. Full equipment is required for this level and beyond.

### Mighty Mites (ages 6-8) :

Skaters must have passed Basic 1 in our Learn to Skate Program to be eligible. This program prioritizes skill development, fundamental training, and enjoyable experiences. They are grouped by skill level and play in-house games. Full equipment is required for this level and beyond.

### ADM Blue (ages 6-8):

The ADM Blue is a full hockey season commitment September through March. Players must have passed Mini Mites 2 or Mighty Mites. Teams will have in-house games along with some travel games starting the second half of the season. Full equipment required. This program is part of the American Development Model and the Cleveland Suburban Hockey League.

**For more information about registration for these more advanced hockey programs or synchronized skating please call 440-974-5730 with questions.**

## Stick and Pucks

**Saturdays, June 6th - August 1st**  
**\*\*No Stick and Puck on July 4th\*\***

Stick and Puck is an opportunity for your Youth Hockey player to get some ice time in with friends during the summer. It is not a structured team practice. Participants are required to wear full hockey equipment. Adults may join their players for \$15 on the Mite/Squirt session, helmets are required for adults. This is not for the general public. **PLEASE BRING YOUR OWN PUCKS.**

**Location: Main Ice Arena**

**Resident | Non-Resident: \$15**

Peewee/Bantams 11:00 a.m. - 12:00 p.m.

Mite/Squirt 12:15 - 1:15 p.m.

## Cool Blades Camps

Stay cool and have fun this summer while improving your skating skills! Cool Blades Summer Ice Skating Camp is open to all levels, from beginners to more experienced skaters. Along with learning new skills, skaters will have tons of fun while playing on-ice games such as sled racing, kickball, and soccer. There will also be a mid-afternoon break each day so skaters will need to pack a water bottle and snacks. Skate rental is included with the camp, all skaters under 11 **MUST** wear a helmet. Skaters can bring their own bike helmet from home or borrow one from the arena.

**Ages 6 -12. Minimum 10 skaters**

**Location: Mentor Ice Arena**

**Resident: \$125 | Non-Resident: \$150**

dates	day	time
June 8 - June 12	M-F	1:00 - 4:00 p.m.
June 15 - June 19	M-F	1:00 - 4:00 p.m.
July 6 - July 10	M-F	1:00 - 4:00 p.m.
July 13 - July 17	M-F	1:00 - 4:00 p.m.
July 20 - July 24	M-F	1:00 - 4:00 p.m.
Aug 3 - Aug 7	M-F	1:00 - 4:00 p.m.

## Aspire Freestyle Camp

Kick off your summer figure skating training with a 2-day Aspire camp. After an off-ice training session, skaters will have clinics on jumps, spins, choreography and more! All participants should bring a water bottle and snacks for their break time. Skating appropriate attire is necessary. All skaters in this camp must have passed Basic 6.

**Ages 5 -15 are welcome. Minimum 10 skaters**

**Location: Mentor Ice Arena**

**June 22nd and 23rd, Mon and Tues, 1:00 - 4:00 p.m.**

**Resident: \$80 | Non-Resident: \$95**



## Inspire Synchro Camp

This camp is for current Inspire members or NEW synchro skaters. This camp offers an opportunity for skaters to try out the sport of synchronized skating, and the possibility to join a team! After an off ice training session, skaters will have clinics on various synchro elements in beginner/advanced groups. All participants should bring a water bottle and snacks for their break time. Skating appropriate attire is necessary. All skaters in this camp must have passed Basic 2/Tot 3.

**Ages 5 -15 are welcome. Minimum 10 skaters**

**Location: Mentor Ice Arena**

**June 24th and 25th, Wed and Thurs, 1:00 - 4:00 p.m.**

**Resident: \$80 | Non-Resident: \$95**



## BLACK BROOK GOLF COURSE & PRACTICE CENTER

8900 Lake Shore Boulevard, Mentor, Ohio 44060  
440.951.0010 - [www.blackbrookgolfcourse.com](http://www.blackbrookgolfcourse.com)

### Special Events

#### Free Golf Clinic & Open House

Sunday, April 26, 11:00 a.m. - 12:30 p.m.  
Black Brook Golf Course

Get some professional help from P.G.A Professional Tim Ausperk and Director of Instruction Jay Schiffbauer. They will put on a one-hour demonstration featuring full swing technique and short game along with some helpful information about our facility. Open to golfers of all ages and skill levels. Note taking is recommended and pre-registration is required. Call the course at (440) 951-0010 to register.

#### Mother's Day "Moms" Play FREE

Sunday, May 10  
Black Brook Golf Course

This Mother's Day treat your favorite mother to a free round of golf at Black Brook Golf Course. All moms play free when accompanied by another player. Call Black Brook Golf Course for tee times today (440) 951-0010. Cart not included. Offer valid on Sunday, May 10th only.

The golf course has undergone extensive improvements over the last few years and is in the best condition it has ever been in. Golfers need to come out and see it for themselves, we're sure you will be impressed.

#### Rates

April 15 - September 30

Monday - Friday	Walking	Riding
9 holes Sr./Jr.	\$14.00	\$22.00
9 holes	\$16.00	\$25.00
18 holes Sr./Jr.	\$23.00	\$31.00
18 holes	\$27.00	\$36.00
Saturday & Sunday	Walking	Riding
9 holes	\$18.00	\$27.00
18 holes	\$31.00	\$48.00

Practice Center	Discount Card	Save
Small Bag (40 Balls) \$8.00	Six Small Bags \$40.00	\$8.00
Medium Bag (55 Balls) \$10.00	Six Medium Bags \$50.00	\$10.00
Large Bag (90 Balls) \$12.00	Six Large Bags \$60.00	\$12.00

#### Family Friendly Course

Black Brook Golf Course and Practice Center is designated as a Family Friendly Golf Course by the P.G.A. of America. Along with our regular tees we also have tees to make the course shorter in length providing a beginner friendly short course for beginners and juniors. Black Brook received a "Sticks for Kids Grant" that provided 10 sets of junior clubs which will be used for golf schools, camps, Jr. League, and general play on the course. Black Brook is trying to make golf more affordable for families by offering free golf to a junior when accompanied by a paying adult on Monday's, Tuesday's, Thursday's, anytime and weekends and Holiday's after 3:00 p.m. Limited to one junior per paying adult.

#### Tee Times

Black Brook Golf Course is now working with GolfNow to offer online tee time booking. Just visit [www.BlackBrookGolfCourse.com](http://www.BlackBrookGolfCourse.com) for details. It's quick, easy, and very convenient. You and your friends will be able to see what times are available across several days to make scheduling a foursome easier. Of course, we're also happy to book your times if you'd like to call us at (440) 951-0010.

#### Golf Outings

Planning a golf outing? Black Brook Golf Course is a great place to schedule your group event. Our staff will tailor your outing to meet your needs! We can include a complete lunch or dinner. Golfers are served on our covered pavilion overlooking our famous 18th hole. To learn more about how we can make your outing a very special event, call (440) 951-0010.

#### Leagues - Would You Like to Join a Golf League?

Black Brook Golf Course has established Men's, Women's, Co-Ed, Senior, and Junior Leagues accepting new members for the 2026 season. Call the course for more information.

#### Black Brook Golf Academy Learn How to Play

The Black Brook Golf Academy offers every form of instruction to get students ready for play on the course. Besides our structured golf schools and camps, we can also structure a program to fit the needs of your family, business, or social group. Call one of our instructors at 440-951-0010 for more information.

#### Black Brook Golf Course Instructional Staff

Tim Ausperk, PGA Golf Professional and General Manager  
Jay Schiffbauer, Director of Instruction/Manager

## Golf Schools

### Black Brook Golf Course Instructional Staff

Now is the time to get golf ready with the Black Brook Golf Course instruction staff. Instruction includes fundamentals of golf including grip, stance, full swing, short game, putting, and etiquette. There is a maximum of 6 students per class for juniors and 6 students per class for adults. Balls and clubs are included in the price of the class, although students are encouraged to bring their own clubs. Proper golf attire is expected. Classes will fill quickly.

### Junior Golf School

This class builds on the fundamentals but adds new and more advanced swing thoughts along with individual problem solving. Four 60-minute classes, with a maximum of six students per class. **\*\*No Class July 4\*\***

**Instructor: Black Brook Professional Instruction Staff**

**Location: Black Brook Golf Course**

**Sessions: 4 - Juniors - Coed - age 8 - 14**

**Resident: \$90 | Non-Resident: \$100**

dates	day	time
May 9 - 30	Saturday	9:00 - 10:00 a.m.
May 9 - 30	Saturday	10:30 - 11:30 a.m.
June 13 - July 11**	Saturday	9:00 - 10:00 a.m.
June 13 - July 11**	Saturday	10:30 - 11:30 a.m.
July 25 - Aug 15	Saturday	9:00 - 10:00 a.m.
July 25 - Aug 15	Saturday	10:30 - 11:30 a.m.
Aug 29 - Sept 19	Saturday	9:00 - 10:00 a.m.
Aug 29 - Sept 19	Saturday	10:30 - 11:30 a.m.

### Level One Golf

A great way to introduce golf to kids ages 5-7. An introduction to the fundamentals with an emphasis on hand-eye coordination and having fun! Four 45-minute classes, with a maximum of 5 students per class.

**Instructor: Black Brook Professional Instruction Staff**

**Location: Black Brook Golf Course**

**Sessions: 4 - kids ages 5-7**

**Resident: \$60 | Non-Resident: \$70**

**\*\*No Class July 4\*\***

dates	day	time
May 9 - 30	Saturday	12:00 - 12:45 p.m.
May 9 - 30	Saturday	1:00 - 1:45 p.m.
June 13 - July 11**	Saturday	12:00 - 12:45 p.m.
June 13 - July 11**	Saturday	1:00 - 1:45 p.m.
July 25 - Aug 15	Saturday	12:00 - 12:45 p.m.
July 25 - Aug 15	Saturday	1:00 - 1:45 p.m.
Aug 29 - Sept 19	Saturday	12:00 - 12:45 p.m.
Aug 29 - Sept 19	Saturday	1:00 - 1:45 p.m.

### NEW FOR 2026!

### Ohio Girls Golf Foundation Spring Clinics

Spring Clinics build confidence and skills for girls 7 - 18 years old. Led by P.G.A. Professional Tim Ausperk and Associates, sessions focus on full swing, short game, and on-course play in fun, girls-only environment. All levels are welcome, equipment available. Register online through oggf.org.

**Location: Black Brook Golf Course**

**Saturday(s), 10:00 - 11:00 a.m.**

**\$20 per session. You can sign up for 1, 2 or all 4 sessions.**

**dates:** May 2, May 9, May 16, May 23

### Adult Golf School

Introduction to the fundamentals; grip, stance, posture, full swing, chipping, putting, plus rules and etiquette with individual problem solving. Four 60-minute classes, with a maximum of 6 students per class.

**Instructor: Black Brook Professional Instruction Staff**

**Location: Black Brook Golf Course**

**Sessions: 4 - Adults - Coed - age 15 and older**

**Resident: \$90 | Non-Resident: \$100**

dates	day	time
May 5 - 26	Tuesday	5:30 - 6:30 p.m.
June 9 - 30	Tuesday	5:30 - 6:30 p.m.
July 14 - Aug 4	Tuesday	5:30 - 6:30 p.m.
Aug 18 - Sept 10	Tuesday	5:30 - 6:30 p.m.
June 9 - 30	Tuesday	6:45 - 7:45 p.m.
July 14 - Aug 4	Tuesday	6:45 - 7:45 p.m.
May 7 - 28	Thursday	5:30 - 6:30 p.m.
June 11 - July 2	Thursday	5:30 - 6:30 p.m.
July 16 - Aug 6	Thursday	5:30 - 6:30 p.m.
Aug 20 - Sept 10	Thursday	5:30 - 6:30 p.m.
June 11 - July 2	Thursday	6:45 - 7:45 p.m.
July 16 - Aug 6	Thursday	6:45 - 7:45 p.m.

## Junior Golf League Specialized Golf Program

**Ages 12-17**

Do you want to try out for your High School Golf Team or play at a higher level? This specialized program is just for you. You'll have a 15-minute clinic with our pro each week covering everything from playing, etiquette, character development, and rules, then golfers will play 9 or 18 holes and record their scores. Entry fees are used for prizes throughout the season and a cookout on the final day. The program is open to boys and girls ages 12 to 17 and is run by P.G.A. Professional Tim Ausperk.

**Location: Black Brook Golf Course**

**League registration fee: \$49 | Greens Fees paid weekly**

dates	day	time
June 4 - July 30	Thursday	8:45 a.m.

## Junior Golf League

**Ages 10-17**

Each Thursday morning in the summer, more than 100 juniors tee it up for 9 holes of golf in this program designed for the experienced junior golfer. The league includes instruction from the Professional Golf Staff, skills contests, character development, and regular course play. Entry fees are used for prizes throughout the season and a cookout on the final day. Play begins June 4th with the final day and annual cookout on July 30th.

**Location: Black Brook Golf Course**

**League registration fee: \$49 | Greens Fees paid weekly**

dates	day	time
June 4 - July 30	Thursday	9:30 a.m.
June 4 - July 30	Thursday	10:15 a.m.
June 4 - July 30	Thursday	10:45 a.m.

**First time online registering with us?**

**Call one of our facilities so we can set up a new account for you.**

## MENTOR SENIOR CENTER



8484 Munson Road, Mentor, Ohio 44060  
440.974.5725 - www.mentorseniorcenter.com

### Arts & Crafts

#### All Media Painting

All the fundamentals of art will be covered: composition, design, and color. Please bring the media of your choice, paper, and reference materials.

**Instructor: Ginny Mancini**

**Location: Senior Center Cultural Arts Room**

**Resident: \$40 | Non-Resident: \$50**

dates	day	time
May 7 - June 18	Thursday	10:00 a.m. - 12:00 p.m.
<b>** (off July - August)**</b>		

#### Creative Ceramics

This class focuses on decorating pre-made ceramic pieces—no wheel throwing or wet clay. Instruction and kiln firing are included. **A \$10 supply fee (included in registration) covers brushes and glazes.** Greenware or bisqueware pieces are available for purchase from the instructor. All skill levels welcome! Returning students may bring their own pieces to glaze.

**Instructor: Sharon Williams**

**Location: Senior Center Cultural Arts Room**

**Resident: \$50 | Non-Resident: \$60**

**Wednesday(s), 10:00 a.m. - 12:00 p.m.**

**dates: May 6 - June 17, July 1 - Aug 19**

#### Needlecrafters

Bring your crochet hooks, knitting needles, or cross-stitch kits and enjoy a cozy, creative session with fellow crafters! Whether you're a beginner or a seasoned stitcher, it's the perfect time to relax, share ideas, and make progress on your favorite project in a warm, friendly setting. One-time annual registration required at the front desk.

**Location: Senior Center Cultural Arts Room**

**Resident | Non-Resident: FREE**

**Monday(s), 10:30 a.m. - 12:00 p.m.**

### Quilting Club

Join us for Quilting Club, meeting either Mondays or Tuesdays. Bring your current quilting project and enjoy a relaxed, welcoming atmosphere while you sew and socialize with fellow quilters. This club is free to attend, but we ask that you register at the front desk once per year. Please note: This is not a class. Participants should have prior quilting experience and must bring their own supplies, including a sewing machine.

**Location: Senior Center Cultural Arts Room**

**Monday(s), 5:30 - 7:30 p.m.**

**Tuesday(s), 9:00 - 11:00 a.m.**

### Woodcarving

Beginner or experienced carvers. Patterns and tools available. The first project kit is available for \$5, payable to the instructor. Remaining projects and wood are at your own expense. One-time annual registration required at the front desk.

**Volunteer Instructor: Ken Kothera**

**Location: Senior Center Cultural Arts Room**

**Resident | Non-Resident: FREE**

**Tuesday(s), 2:00 - 4:00 p.m.**

### Fitness / Wellness



#### Cycling Club

The cycling club began its 14th season on April 1. All rides are weather permitting and ride cancellations and any changes will be done via email. All rides start at 10 a.m. unless designated otherwise. Optional lunch afterwards. Bicycle helmets are required. New riders are welcome. Rides start on Wednesdays in April and continue through October. Contact Arnie Zvejnieks at 440-525- 0293, for information or to be added to the mailing list.

#### Monday Hiking Club

Monday evening hikes usually begin at 6 p.m. and are scheduled from April through October. Hikes are at the various parks in Lake County. You can join the club and hike at any time. Please call the Senior Center to register or if you have any questions. Hiking locations will be emailed to everyone registered for the club.

## Line Dancing Basic Beginner

Learn the steps and terminology of the basics of line dancing along with different dance rhythms. We will use different genres of music to make this a fun-filled class. All you need is a comfy pair of shoes that have a slick bottom and cannot be kicked off while dancing. Please no "slip-on sandals/flip flops" or "high heels" for your safety.

**Instructor: Tina**

**Location: Senior Center Fitness Studio**

**Resident: \$20 | Non-Resident: \$25**

**Wednesday(s), 5:45 - 6:45 p.m.**

*dates: May 6 - June 17, July 1 - Aug 19*

## Line Dancing Advanced Beginner/Improver

This is for those ready to take line dancing to the next level. You should have completed at least 6 months of a Basic Beginner class, be an experienced dancer that wants to have a refresher course, or just like to keep it nice and easy. This class will move along a little faster as most steps were learned in the Basic Beginner class.

**Instructor: Tina**

**Location: Senior Center Fitness Studio**

**Resident: \$20 | Non-Resident: \$25**

**Wednesday(s), 5:45 - 6:45 p.m.**

*dates: May 6 - June 17, July 1 - Aug 19*

## Low Impact Aerobics

This energetic class is designed for able-bodied seniors, with a small amount of resistance bands and weights.

**Instructor: Sharon**

**Location: Senior Center Fitness Studio**

**Resident: \$20 | Non-Resident: \$25**

<i>dates</i>	<i>day</i>	<i>time</i>
May 4 - June 22**	Monday	9:00 - 9:45 a.m.
May 5 - June 23	Tuesday	9:00 - 9:45 a.m.
May 7 - June 18**	Thursday	9:00 - 9:45 a.m.
May 1 - June 19**	Friday	9:00 - 9:45 a.m.
July 6 - Aug 24	Monday	9:00 - 9:45 a.m.
July 7 - Aug 18	Tuesday	9:00 - 9:45 a.m.
July 2 - Aug 20	Thursday	9:00 - 9:45 a.m.
July 10 - Aug 21	Friday	9:00 - 9:45 a.m.

**\*\* (no class May 7, 8, 11, 25 & July 3 -**

**Make up June 25, 26 & 27)\*\***

## Parkinson's Exercise

This fitness program is designed to empower people with Parkinson's disease by optimizing their physical function and helping delay the progression of symptoms. These classes focus on Parkinson's specific exercises that help fight the symptoms of the disease. No equipment or expertise is necessary; just participate at your own level of ability.

**Instructor: Dana, Sharon, Pat**

**Location: Senior Center Fitness Studio**

**Resident | Non-Resident: FREE**

**Wednesday(s), 3:00 - 3:45 p.m.**

*dates: May 6 - June 17, July 1 - Aug 19*

# SilverSneakers®

**\*\*SSMembers = SilverSneakers Members**

## SilverSneakersBOOM® MIND

The best of yoga and Pilates combined in an intermediate to advanced mind-body mat workout. Whether you're looking to challenge yourself or move mindfully at your own pace, this class supports all levels of experience. We'll begin standing and transition down to the mat, finishing with calming stretches and deep relaxation to leave you feeling balanced and refreshed.

**Instructor: Sue**

**Location: Senior Center Fitness Studio**

**Resident | Non-Resident: \$20 | SSMembers: FREE**

**Wednesday(s), 4:00 - 4:45 p.m.**

*dates: May 6 - June 17, July 1 - Aug 19*

## SilverSneakersBOOM® MUSCLE

This class incorporates athletic exercises that boost your overall fitness. Move through muscle-conditioning blocks and activity-specific drills to improve strength and functional skill. For intermediate to advanced students.

**Instructor: Joy \*\* (no class May 25)\*\***

**Location: Senior Center Fitness Studio**

**Resident | Non-Resident: \$20 | SSMembers: FREE**

<i>dates</i>	<i>day</i>	<i>time</i>
May 4 - June 22**	Monday	8:10 - 8:50 a.m.
May 4 - June 22**	Monday	4:00 - 4:50 p.m.
May 6 - June 17	Wednesday	8:10 - 8:50 a.m.
July 6 - Aug 24	Monday	8:10 - 8:50 a.m.
July 6 - Aug 24	Monday	4:00 - 4:50 p.m.
July 1 - Aug 19	Wednesday	8:10 - 8:50 a.m.

## SilverSneakers® Circuit

Standing upper-body strength work alternated with low impact cardio using a chair for standing support.

**Instructor: Sue - Tues/Thurs, Pat - Wed**

**Location: Senior Center Fitness Studio**

**Resident | Non-Resident: \$20 | SSMembers: FREE**

<i>dates</i>	<i>day</i>	<i>time</i>
May 5 - June 23	Tuesday	2:00 - 2:45 p.m.
May 6 - June 17	Wednesday	11:00 - 11:45 a.m.
May 7 - June 18	Thursday	2:00 - 2:45 p.m.
July 7 - Aug 18	Tuesday	2:00 - 2:45 p.m.
July 1 - Aug 19	Wednesday	11:00 - 11:45 a.m.
July 2 - Aug 20	Thursday	2:00 - 2:45 p.m.

## SilverSneakers® EnerChi

Seated or standing tai chi movements in flowing sequence to progress strength, balance and focus.

**Instructor: Denise \*\* (No Class May 14)\*\***

**Location: Senior Center Fitness Studio**

**Resident | Non-Resident: \$20 | SSMembers: FREE**

**Thursday(s), 4:00 - 4:45 p.m.**

*dates: May 7 - June 25\*\*, July 2 - Aug 20*

## SilverSneakers® Classic

Increase muscle strength and range of motion and improve activities for daily living. You'll have a chair for seated exercises and standing support. Your instructor will modify the exercises for your fitness level.

**Instructor:** Sharon - Mon/Fri, Joy - Tues/Thurs am, Sue - Tues/Thurs pm, Pat - Wed

**Location:** Senior Center Fitness Studio

**Resident | Non-Resident: \$20 | SSMembers: FREE**

dates	day	time
May 4 - June 22**	Monday	10:00 - 10:45 a.m.
May 5 - June 23	Tuesday	8:10 - 8:50 a.m.
May 5 - June 23	Tuesday	1:00 - 1:45 p.m.
May 6 - June 17	Wednesday	10:00 - 10:45 a.m.
May 7 - June 18	Thursday	8:10 - 8:50 a.m.
May 7 - June 18	Thursday	1:00 - 1:45 p.m.
May 1 - June 19**	Friday	10:00 - 10:45 a.m.
July 6 - Aug 24	Monday	10:00 - 10:45 a.m.
July 7 - Aug 18	Tuesday	8:10 - 8:50 a.m.
July 7 - Aug 18	Tuesday	1:00 - 1:45 p.m.
July 1 - Aug 19	Wednesday	10:00 - 10:45 a.m.
July 2 - Aug 20	Thursday	8:10 - 8:50 a.m.
July 2 - Aug 20	Thursday	1:00 - 1:45 p.m.
July 10 - Aug 21	Friday	10:00 - 10:45 a.m.

**\*\* (No Class May 8, 11, 25 & July 3 -**

**Make up June 26 & 29)\*\***

## SilverSneakers® Stability

Standing class designed to decrease the risk of falls with focus on improving balance and lower body strength.

**Instructor:** Sharon - Mon/Fri, Pam/Joy - Tues

**Location:** Senior Center Fitness Studio

**Resident | Non-Resident: \$20 | SSMembers: FREE**

dates	day	time
May 4 - June 22**	Monday	11:00 - 11:45 a.m.
May 5 - June 23	Tuesday	12:00 - 12:45 p.m.
May 1 - June 19**	Friday	12:00 - 12:45 p.m.
July 6 - Aug 24	Monday	11:00 - 11:45 a.m.
July 7 - Aug 18	Tuesday	12:00 - 12:45 p.m.
July 10 - Aug 21	Friday	12:00 - 12:45 p.m.

**\*\* (No Class May 8, 11, 25 & July 3 -**

**Make up June 26 & 29)\*\***

## SilverSneakers® YOGA

Seated and standing yoga poses to increase flexibility, balance and range of motion.

**Instructor:** Denise - Mon/Thurs, Pat - Wed, Sharon - Fri

**Location:** Senior Center Fitness Studio

**Resident | Non-Resident: \$20 | SSMembers: FREE**

dates	day	time
May 4 - June 22**	Monday	12:00 - 12:45 p.m.
May 6 - June 17	Wednesday	9:00 - 9:45 a.m.
May 7 - June 18	Thursday	3:00 - 3:45 p.m.
May 1 - June 19**	Friday	11:00 - 11:45 a.m.
July 6 - Aug 24	Monday	12:00 - 12:45 p.m.
July 1 - Aug 19	Wednesday	9:00 - 9:45 a.m.
July 2 - Aug 20	Thursday	3:00 - 3:45 p.m.
July 10 - Aug 21	Friday	11:00 - 11:45 a.m.

**\*\* (No Class May 8, 25 & July 3 - Make up June 26 )\*\***

## Stretch and Balance

Seated and standing exercises focus on isolating to improve balance, flexibility, and to increase mobility. This class is also available virtually through Zoom.

**Instructor:** Sharon **\*\* (No Class May 7)\*\***

**Location:** Senior Center Fitness Studio

**Resident: \$20 | Non-Resident: \$25**

**Tuesday(s) and Thursday(s), 11:00 - 11:45 a.m.**

**dates:** May 5 - June 23\*\*, May 15 - June 25

July 7 - Aug 18, July 2 - Aug 20

## Weight Training

This strength class is designed to build muscle, strength, and bone density. Resistance bands and weights will be used while standing and seated.

**Instructor:** Sharon

**Location:** Senior Center Fitness Studio

**Resident: \$20 | Non-Resident: \$25**

**Tuesday(s) and Thursday(s), 10:00 - 10:45 a.m.**

**dates:** May 5 - June 23, May 7 - June 18\*\*

July 7 - Aug 18, July 2 - Aug 20

**\*\* (No Class May 7 - Make up June 25)\*\***

## Fitness Center

A variety of cardio equipment is available including treadmills, seated ellipticals and standing ellipticals, NuStep and a recumbent bike. Light free weights, 4 weight stationary stations (abdominal, leg press, leg extension/curl, chest press) and a cable pulley station are available for strength training. Members are asked to disinfect each piece of equipment after use. Please bring clean, dry shoes to prevent equipment damage. **Fitness Orientation is required prior to using fitness center.**

## Fitness Orientation - Cardio Training

Get comfortable with the treadmill, elliptical, and stationary bike. This class covers machine operation, adjusting settings, using heart rate functions, and maintaining proper form. Class size is limited to 4 participants. **Please call to schedule your appointment.**

**Location:** Senior Center Fitness Center

**Resident | Non-Resident: \$15 | SSMembers: FREE**

day	time
Monday	6:30 - 7:20 p.m.
Tuesday	9:00 - 9:50 a.m.
Tuesday	12:00 - 12:50 p.m.

## Fitness Orientation - Strength Training

Learn how to operate fundamental strength training machines while using correct form and proper breathing techniques. Participants will receive assistance in determining their specific equipment adjustments and weight settings and learn how to modify strength training exercises based on individual needs. Maximum of 4 people per class. **Call to schedule appointment.**

**Location:** Senior Center Fitness Center

**Resident | Non-Resident: \$15**

day	time
Monday	6:30 - 7:20 p.m.
Tuesday	12:00 - 12:50 p.m.

## Personal Training

**Don't wait to start feeling great!** Schedule an appointment now to get back on the road to health and fitness! You will find that regular exercise will help you feel less stiff, stronger, and more energetic throughout the day. Every step of the way you'll be guided by a passionate personal trainer committed to your safety and wellness.

**Tuesday, Thursday and Friday afternoons**

**Location: Senior Center Fitness Center**

**Resident | Non-Resident: \$40 for 60 minute session**

**Resident | Non-Resident: \$20 for 30 minute session**

*Pick up a flier at the Senior Center for scheduling information*

## Exercise Classes

at Mentor Community Recreation Center

6000 Heisley Rd., Mentor

*Mentor Senior Center Member rates listed below*

## Pickleball

### Beginner Pickleball - Seniors Adults 55+

Come learn the fastest growing sport in America! This class is for the novice player (USA Pickleball rating of 1.0 - 2.5) and covers the basics of pickleball including rules, terminology, fundamentals and introduces match play. Players are encouraged to bring a paddle (but paddles are provided) and a water bottle to each class.

**Instructor: MCRC Staff *\*\* (No Class Aug 18 & 20) \*\****

**Location: Mentor Community Recreation Center**

**Member: \$48 | Non-Member: \$58**

dates	day	time
May 5 - 26	Tuesday	11:30 a.m. - 12:30 p.m.
May 7 - 28	Thursday	9:00 - 10:00 a.m.
June 2 - 23	Tuesday	11:30 a.m. - 12:30 p.m.
June 4 - 25	Thursday	9:00 - 10:00 a.m.
July 7 - 28	Tuesday	11:30 a.m. - 12:30 p.m.
July 9 - 30	Thursday	9:00 - 10:00 a.m.
Aug 4 - Sept 1**	Tuesday	11:30 a.m. - 12:30 p.m.
Aug 6 - Sept 3**	Thursday	9:00 - 10:00 a.m.

### Intermediate Pickleball - Seniors Adults 55+

This intermediate class (USA Pickleball rating of 3.0 - 3.5) covers the fundamentals of pickleball including serving, rallying, keeping score, dinking, and match play. Players are encouraged to bring a paddle and water bottle to each class.

**Instructor: MCRC Staff *\*\* (No Class Aug 18 & 20) \*\****

**Location: Mentor Community Recreation Center**

**Member: \$48 | Non-Member: \$58**

dates	day	time
May 5 - 26	Tuesday	12:30 - 1:30 p.m.
May 7 - 28	Thursday	10:00 - 11:00 a.m.
June 2 - 23	Tuesday	12:30 - 1:30 p.m.
June 4 - 25	Thursday	10:00 - 11:00 a.m.
July 7 - 28	Tuesday	12:30 - 1:30 p.m.
July 9 - 30	Thursday	10:00 - 11:00 a.m.
Aug 4 - Sept 1**	Tuesday	12:30 - 1:30 p.m.
Aug 6 - Sept 3**	Thursday	10:00 - 11:00 a.m.

## Any Doubles Pickleball League - Seniors

Adults 55+

Designed for those with a USA Pickleball rating of 2.0 - 3.0, this indoor league consists of 5 games per week for 8 weeks followed by a 1-week, single-elimination, playoff tournament. Games are played to 11 points, win by 2 and are played 2 vs. 2 (any doubles combination), self-officiated. The top teams compete in the playoff tournament. The playoff championship team receives a prize. Players are encouraged to bring their own paddles, balls are provided. Price and registration are per team.

**Instructor: MCRC Staff**

**Location: Mentor Community Recreation Center**

**Fee: \$108**

dates	day	time
June 10 - Aug 5	Wednesday	1:00 - 3:00 p.m.

## Water Exercise Classes

A variety of water fitness classes are offered at MCRC. Classes will be offered in one month sessions. **Senior Center members will have special access and pricing for designated classes.**

Check out available water classes at <https://cityofmentor.com/departments/parks-recreation/registration/> **Participants can arrive at the facility 20 minutes before class begins and must leave the facility 20 minutes after class ends.**

**\*\*MCRC indoor pool will be closed Aug 10 - 21\*\***

### Aqua HIIT Water Exercise at MCRC

A full body interval class - focused on strength with a burst of cardio.

**Tuesday(s) and Thursday(s), 9:00 - 9:50 a.m.**

**Senior Center Member rates listed below.**

**\*\* (No Class August 11, 13, 18 or 20) \*\***

dates	day	rate
May 5 - 26	Tuesday	\$20
May 7 - 28	Thursday	\$20
June 2 - 30	Tuesday	\$25
June 4 - 25	Thursday	\$20
July 7 - 28	Tuesday	\$20
July 2 - 30	Thursday	\$25
Aug 4 - 25**	Tuesday	\$10
Aug 6 - 27**	Thursday	\$10

### Cardio Splash Water Exercise at MCRC

A combination of cardio, toning and stretching with a splash of fun.

**Intensity: Medium**

**Friday(s), 10:00 - 10:50 a.m.**

**Senior Center Member rates listed below.**

**\*\* (No Class July 3 or August 14 & 21) \*\***

dates	rate
May 1 - 29	\$25
June 5 - 26	\$20
July 3 - 31**	\$25
Aug 7 - 28**	\$10

## Senior Water Exercise at MCRC

A combination of toning, stretching and light cardio geared toward seniors.

**Tuesday(s) and Thursday(s), 2:00 - 2:50 p.m.**

**Senior Center Member rates listed below.**

**\*\* (No Class August 11, 13, 18 or 20)\*\***

dates	day	rate
May 5 - 26	Tuesday	\$20
May 7 - 28	Thursday	\$20
June 2 - 30	Tuesday	\$25
June 4 - 25	Thursday	\$20
July 7 - 28	Tuesday	\$20
July 2 - 30	Thursday	\$25
Aug 4 - 25**	Tuesday	\$10
Aug 6 - 27**	Thursday	\$10

## Shallow/Deep Water Exercise at MCRC

A combination of shallow and deep water exercises to tone your body while getting your heart pumping.

**Monday(s) and Wednesday(s), 10:00 - 10:50 a.m.**

**Senior Center Member rates listed below.**

**\*\* (No Class May 25, and August 10, 12, 17 or 18)\*\***

dates	day	rate
May 4 - 18**	Monday	\$15
May 6 - 27	Wednesday	\$20
June 1 - 29	Monday	\$25
June 3 - 24	Wednesday	\$20
July 6 - 27	Monday	\$20
July 1 - 29	Wednesday	\$25
Aug 3 - 31**	Monday	\$15
Aug 5 - 26**	Wednesday	\$10

## Stretch and Tone Water Exercise at MCRC

Light toning and gentle stretching exercises in shallow warm water. This class is perfect for all ages to help with relaxation, stress relief, pain relief, and improved range of motion.

**Intensity: Low**

**Tuesday(s) and Thursday(s), 10:00 - 10:50 a.m.**

**Senior Center Member rates listed below.**

**\*\* (No Class August 11, 13, 19 or 20)\*\***

dates	day	rate
May 5 - 26	Tuesday	\$20
May 7 - 28	Thursday	\$20
June 2 - 30	Tuesday	\$25
June 4 - 25	Thursday	\$20
July 7 - 28	Tuesday	\$20
July 2 - 30	Thursday	\$25
Aug 4 - 25**	Tuesday	\$10
Aug 6 - 27**	Thursday	\$10

## Health Services

### Attorney

Meet privately with an attorney to get help with estate planning, wills, trusts and real estate. Register for a free 10 minute appointment.

**Location: Senior Center Conference Room #2**

**Resident | Non-Resident: FREE**

**Wednesday(s), 1:00 - 2:00 p.m.**

dates: May 13, June 17, July 15, Aug 12

## Alzheimer's Association Caregiver Support Group

Discuss signs, symptoms, resources available, caregiving help and other topics for those touched by Alzheimer's and Dementia. Group meets the 2nd Thursday of the month.

**Location: Senior Center Cultural Arts Room**

**Resident | Non-Resident: FREE**

**Thursday(s), 1:00 - 2:30 p.m.**

dates: May 14, June 11, July 9, Aug 13



## Special Elders

The Special Elders Program offers light support to help seniors fully enjoy their time at the center. Our compassionate staff provide assistance with socializing, carrying lunch trays for those with physical limitations, registering for programs, and finding activity locations—especially helpful for those with memory challenges. An enrollment appointment with Special Elders staff is required prior to participation in the program. Please note that this service is not intended for individuals who require moderate to significant assistance, unless accompanied by a caregiver. To make participation even easier, Laketrans is available to provide transportation to and from the Mentor Senior Center.

**Location: Senior Center**

**Resident | Non-Resident: \$20 annual fee (Jan-Dec)**

days	time
Monday, Wednesday	10:30 a.m. - 2:00 p.m.

### Schedule of Activities

#### Monday

10:30 - 10:50 a.m.	Submit lunch orders
11:00 - 11:45 a.m.	Lunch/Socialization
1:00 - 2:00 p.m.	BINGO \$.25 per card

#### Wednesday

10:30 - 10:50 a.m.	Submit lunch orders
11:00 - 11:45 a.m.	Lunch/Socialization
12:00 - 12:45 p.m.	Special Elders Silver Sneakers Classic (optional, registration fee)
1:00 - 2:00 p.m.	Craft, games or parties

## Hearing Screenings

Hearing screenings include an earwax check in both ears, a 10-15 minute baseline hearing test, and recommendations for future hearing healthcare based upon your results. **Please call for an appointment.**

**Location: Senior Center Conference Room #2**

**Resident | Non-Resident: Free**

dates	day	time
June 3, Aug 5	Wednesday	10:00 a.m. - 12:00 p.m.

*(Amanda's Family Hearing)*

## Parkinson's Support Group

Patients, caregivers, family and friends - all are welcome. Come share and learn from each other the first Wednesday of each month. Find support and encouragement.

**Volunteer Leader: John Mazor**

**Location: Senior Center Cardinal Room**

**Resident | Non-Resident: Free**

**Wednesday(s), 4:00 - 5:30 p.m.**

*dates: May 6, June 3, July 1, Aug 5*

## Produce Distribution

In conjunction with the Cleveland Food Bank, we offer produce distribution for limited income seniors the third Monday of the month from 10 - 11 am (if ready, will start at 9:30am). All participants will be registered on site. Participants must certify annual gross household income is at or below \$31,300 for a household of 1 and \$42,300 for a household of 2. Income is self-declared; verification is not required. First come, first served. Please bring a heavy-duty bag or two for produce.

**No advance registration; bring photo ID for onsite registration.**

**Location: Senior Center Great Room**

**Resident | Non-Resident: FREE**

**Monday(s), 10:00 - 11:00 a.m.**

*(if ready, will begin at 9:30 a.m.)*

*dates: May 18, June 15, July 20, Aug 17*

## Special Elders SilverSneakers® Classic

Seated and standing exercises to increase muscular strength, range of motion and activities of daily living. This is designed for Special Elders participants and select individuals who may benefit. Wheelchairs welcomed.

**Instructor: Pat Talladino**

**Location: Senior Center Fitness Studio**

**Resident | Non-Resident: \$20 | SS Members: FREE**

**Wednesday(s), 12:00 - 12:45 p.m.**

*dates: May 6 - June 17, July 1 - Aug 19*

## Visionaries Support Group

If you are living with vision impairment, we invite you to join our free support group meetings. Connect with others, share experiences, and find encouragement in a supportive community.

**Facilitator: Licensed Optician Debbie Kogler**

**Location: Senior Center Cultural Arts Room**

**Resident | Non-Resident: FREE**

**Wednesday(s), 2:00 - 4:00 p.m.**

*dates: May 27, June 24, July 22, Aug 26*

## Meals

### Daily Made From Scratch Lunch

**(CASH ONLY) Monday - Friday, 11:30 a.m. - 12:15 p.m.** Stop by for the best deal in town! Mentor Senior Center's talented kitchen staff and volunteers prepare delicious, freshly made entrees, sandwiches, soup, and desserts at reasonable prices, for dine in or carry out. A daily Cook's Special features a meat or other high protein dish, and a vegetable at a cost of \$6.00. Daily homemade soup and sandwiches are also available. Homemade cookies finish off the meal. Drinks include coffee, tea, milk, lemonade, and soda. The monthly menu is available at the Senior Center front desk, in the monthly newsletter and online at [www.mentorseniorcenter.com](http://www.mentorseniorcenter.com).

**No reservation or pre-ordering. Members simply place your order in person and pay the cashier (cash only), pick up your meal at the kitchen window and enjoy. Please bus your table promptly when finished eating.**

## Membership & Hours

### Membership and Hours

Mentor Senior Center, administered by the City of Mentor, is a thriving meeting place with over 4000 members. The center is open Monday and Wednesday from 8 a.m.- 8 p.m. and Tuesday, Thursday, and Friday from 8 a.m. - 5 p.m. Membership is available to anyone 55 years old or older. Membership is required to participate in Senior Center activities. **Registration for 2026 membership began January 2.** Membership fees are \$10 for Mentor residents and \$15 for nonresidents. Silver Sneaker memberships are also available for those who are eligible. To become a member, please register in person at the Senior Center. You do not need to be a Mentor resident; membership is open to all individuals ages 55 and older. Please note: the front desk closes 30 minutes before the building.

## Music & Theater

### Hillcrest Concert Band

The Hillcrest Concert Band is recognized as one of the finest adult community bands in the area. Enjoy an evening of great music performed by this 60-piece band on our stage.

**Location: Senior Center Great Room**

**Resident | Non-Resident: \$4**

date	day	time
Sept 16	Wednesday	7:00 - 8:00 p.m.

### Mentor Follies Dancers

Join us for exercise, dance and fun. Always accepting new members.

**Director: Rena Ellwanger**

**Location: Senior Center Stage**

**Resident | Non-Resident: FREE**

dates	day	time
May - Aug	Wednesday	6:45 - 7:45 p.m.

## Mentor Music Makers Chorus

Love to sing? Join a joyful class that brings music to life! This class explores a wide variety of musical styles and shares their voices with audiences at Senior Centers, Retirement Communities, and Nursing & Rehab facilities. No prior experience or music-reading skills are needed—just a love of singing. Participants enjoy great music, meaningful performances, and wonderful camaraderie. Come for the music, stay for the friendships!

**Director:** Maria Voljin

**Location:** Senior Center Stage

**Resident:** \$30 | **Non-Resident:** \$38

**Wednesday(s), 10:00 - 11:30 a.m.**

*dates:* Jan - Feb off, May 6 - June 17, July 1 - Aug 19

## Piano Lessons

We offer private 30-minute beginner and continuing piano lessons. The lesson plans include a balance of theory, sight reading and repertoire appropriate to the student's level and musical ability.

**Instructor:** Marge Syrone

**Location:** Senior Center Stage

**Resident:** \$80 | **Non-Resident:** \$97

**Tuesday(s), 9:00 a.m. - 12:00 p.m.**

*dates:* May 5 - June 23, July 1 - Aug 19

## Scimitars

The SCIMITARS SWING BAND specializes in the music of the 1940s, 50s, and 60s: the era of the "Big Bands." They bring back the sounds from many artists of the "swing" era. They also present music of an earlier vintage, as well as current popular tunes. Their instrumentation includes full saxophone, trumpet, trombone, and rhythm sections.

**Location:** Senior Center Great Room

**Resident | Non-Resident:** \$2

<i>date</i>	<i>day</i>	<i>time</i>
July 15	Wednesday	7:00 - 8:00 p.m.

## Special Events

### Senior Center Open House

Pack your curiosity and join us for a trip around the Senior Center! We invite new members and the Mentor community to stop in and see why the Center is such a lively place to learn, move, and connect. Current members—bring a neighbor, friend, or family member along for the journey! Travel through class and program displays, sample demo classes, and enjoy guided tours of our beautiful facility. A brief presentation will showcase the many activities that keep our seniors active and engaged. Along the way, enjoy delicious, made-from-scratch refreshments prepared by our talented kitchen staff.

**This free event requires registration.**

**Location:** Senior Center

<i>date</i>	<i>day</i>	<i>time</i>
June 29	Monday	3:00 - 4:30 p.m.

## Technology

### iPad/iPhone Help (and Android)

Do you have an iPhone or iPad and have questions on how to use it? Sign up for free one-on-one help to get those questions answered. Please write down all your questions and bring them with you. If you have a question about an error message, please take a screenshot or write down the error exactly as well as what app you are in. If you have an Android device, we can help with that too, it just might take a little longer. Appointment are 30 minutes.

**Location:** Senior Center Great Room

**Resident | Non-Resident:** FREE

**Monday(s), 12:00 - 2:00 p.m.**

*dates:* May 11 and 18, June 1 and 15, July 13 and 27, Aug 10 and 24

### Laptop Help

Volunteer Nick Ajdinovich is available to help you with your laptop questions. Whether you have a Mac or Microsoft computer, you will get valuable one-on-one help. Schedule your free 30-minute session today. Check in at the front desk.

**Location:** Senior Center Great Room

**Resident | Non-Resident:** FREE

**Monday(s), 9:00 - 11:00 a.m.**

*dates:* May 4 and 11, June 1 and 8, July 6 and 13, Aug 3 and 10

### Tech Tuesdays with Mentor Public Library

Explore a different technology topic with Mentor Public librarians on the 2nd Tuesday of each month. No prior experience with the topic is needed. Bring your own device to follow along during the class.

**Location:** Senior Center Cardinal Room

**Resident | Non-Resident:** FREE

<i>date</i>	<i>day</i>	<i>time</i>
May 5	Tuesday	10:00 - 11:00 a.m.

### Newspapers, E-Books and More

Explore free library services for reading and listening. Learn how you can read your daily paper from home through your local library! We'll demonstrate Libby, Hoopla, PressReader, NewsBank, Freegal and some library databases. See what is available to you with your Mentor Public Library Card. Feel free to bring a device to follow along.

**Location:** Senior Center Cardinal Room

**Resident | Non-Resident:** FREE

<i>date</i>	<i>day</i>	<i>time</i>
June 9	Tuesday	10:00 - 11:00 a.m.

## Tips

Our Senior Center offers members exciting opportunities to explore, connect, and have fun through a variety of trips. From day excursions and overnight getaways to special luncheons and more, there's something for everyone to enjoy. Please note: all trips are exclusively available to Mentor Senior Center members, and registration is required.

## SUMMER CAMPS

### Summer Camp Registration

**Camp registration began February 5 for Mentor residents and February 9 for nonresidents.** All camps require advance registration. Registration for camps generally closes the Wednesday before it is scheduled to begin so that our staff can prepare necessary paperwork, verify supplies and maintain the correct staff to camper ratios. **Registration will not be accepted the day a camp begins.** Please check our website for the most up to date information.

Please check our website at <https://cityofmentor.com/departments/parks-recreation/registration/summer-camps/> for a most current listing of camps offered. Some camps may be sold out by the time this brochure has been delivered.

### How to Register

**Online:** [www.cityofmentor.com/parks-recreation](http://www.cityofmentor.com/parks-recreation)  
**By Phone:** (440) 974-5720 Mon - Fri, 8 a.m. - 5 p.m.  
**In Person:** Recreation Department:  
6000 Heisley Rd., Mentor  
Mentor Ice Arena:  
8600 Munson Rd., Mentor (skating camps)

### Camp Refunds:

Please choose your camps carefully. Full refunds will only be granted if a camp is cancelled by the City of Mentor. **An administrative fee of \$25 will be assessed per person per camp for any changes made to camp registrations.** Changes will include participant cancellations, refund requests and/or transfers. Changes must be made one month prior to the start of camp. Camp changes and partial cancellations cannot be applied to the Full 9 Week Camp option.

## GREAT OUTDOORS

### Explore Our Parks

The City of Mentor offers many opportunities to discover the natural beauty and delicate ecosystems of our area with more than 1,200 acres of park land. Explore the walking trail at Walsh Park and Civic Center Park, take in the beauty and secluded setting of Wildwood Park or discover the unique features of the Mentor Marsh at Mentor Lagoons Nature Preserve & Marina or Morton Community Park.

Our smaller parks such as President's Park, Krueger Park, Mentor Dog Park and Bellflower and Civic Center Skate-parks offer unique features for family fun. You can't beat the view of sunset over Lake Erie while sitting on a park bench at Mentor Beach Park or the laughter of children playing on the all-inclusive playground at Eleanor B. Garfield Park.

### Bike

Mentor's extensive bikeway system includes bike paths, bike lanes, interconnecting sidewalks and trails through our parks. More than 9 miles of bikeable areas exist. Visit [www.cityofmentor.com](http://www.cityofmentor.com) for more details.

### Hike

Hiking trails are available at Walsh Park, Wildwood Park, Morton Community Park, Civic Center Park and Mentor Lagoons Nature Preserve. Trail maps for each park can be found at [www.cityofmentor.com](http://www.cityofmentor.com) under the park of your choice.

### Paddle

Come experience the Mentor Lagoons by paddle. The City of Mentor has established a water trail through the Lagoons waterways, including a brief exploration of Marsh Creek and access to shoreline paddling on Lake Erie. The trail launches adjacent to the parking lot and flows for approximately 3 miles of protected flat-water paddling. Access to Lake Erie provides unlimited shoreline paddling and the opportunity to connect with Headlands Beach State Park and Fairport Harbor Beach.

## Mentor Lagoons Nature Preserve & Marina

8365 Harbor Drive, Mentor, Ohio (440) 205-DOCK  
Hours: Monday - Friday, 8 a.m. - 4:30 p.m.  
[www.cityofmentor.com](http://www.cityofmentor.com)



The Mentor Lagoons Marina features a safe harbor with quick, direct access to Lake Erie. The tranquil waters of the lagoons provide protected dockage for your boat. Each dock has its own green space for picnicking and relaxation. The Marina offers discounted rates for dockage to Mentor residents. Call the Marina for details.

The Mentor Lagoons Marina features a safe harbor with quick, direct access to Lake Erie. The tranquil waters of the lagoons provide protected dockage for your boat. Each dock has its own green space for picnicking and relaxation. The Marina offers discounted rates for dockage to Mentor residents. Call the Marina for details.

## 2026 Kayak Rates

Kayak & Paddleboard Rentals

Open Memorial Day - Labor Day

- Single kayak \$10/hour
- Double kayak \$15/hour
- Canoe \$15/hour
- Stand up paddleboard \$10/hour
- Pedal boats \$20/hour

## 2026 Dockage Rates

**Summer Dockage** May 1 - October 30

Sr Res \$59.00/ft | Res \$60.00/ft | Non-Res \$68.00/ft

\*per linear feet per wall

**Floating Docks** May 1 - October 30

All Docks 30 Feet Long

Sr Res \$1,350.00 | Res \$1,400.00 | Non-Res \$1,700.00

**Rack Operation** May 15 - September 30

Sr Rate \$1,450.00 | Res Rate \$1,500.00 |

Non-Res \$1,800.00

**Summer Storage** May 1 - October 31

Outside Boat Storage -per foot

Resident \$15.00/ft | Non-Resident \$19.00/ft

Trailer Storage outside

Resident \$140.00 | Non-Resident \$175.00

## Services

Hoisting (each way): Res \$5.00/ft | Non-Res \$6.00/ft

Pressure Cleaning: Res \$2.00/ft | Non-Res \$3.00/ft

Blocking/Cradling: Res \$3.00/ft | Non-Res \$4.00/ft



## Full Moon Hikes

Ages 7+

It's not every day you get to explore the parks at night! Join us as we investigate the hoots and howls we hear while traveling the nocturnal trails of Mentor. Participate in our moth observation station, listen for owls, and search for flying squirrels while hiking a moonlit trail.

**Instructor: Natural Resource Specialists**

**Resident | Non-Resident: Free**

**9:30 - 11:00 p.m.**

dates	day	location
May 21	Thursday	Wildwood
June 30	Tuesday	Lagoons
July 29	Wednesday	Springbrook

## Spring Bird Walks

Ages 10+

Celebrate the return of migratory bird species to our region as we look for egrets, kingfisher, migratory thrushes, warblers, and much more! On good days in the spring, we can see 100 species in the Mentor headlands area. Learn new birds as we discuss the important role Mentor plays for migratory and breeding birds. Bring water, hiking boots, and binoculars if you have them.

**Instructor: Joel Throckmorton,**

**Natural Resource Specialist**

**Location: Springbrook Gardens &**

**Mentor Lagoons Nature Preserve**

**Resident | Non-Resident: Free**

date	day	time
May 6	Wed	7:30 - 9:30 a.m. (Springbrook)
May 13	Wed	4:00 - 6:00 p.m. (Mentor Lagoons)

## Wild Wanderers Hiking Club

All Ages

2026 is the inaugural year for the Wild Wanderers Hiking Club! Join us on the first Sunday of each month for specialist guided hikes where we learn and explore on the various trails throughout Mentor and Lake county. The one-time, annual fee of \$5 allows you to join in on as many of the hikes as you want. Registration is open year-round. Generally, these hikes are medium to slow pace, easy terrain, and focus on nature observations throughout the seasons. We hope to bring together people of various backgrounds and interests to build a community who love to learn about and experience the wonders of our natural areas! Hikes meet and begin at 6 p.m. and last for 1-1.5 hours.

**Instructor: Natural Resource Specialists**

**Location: Multiple**

**Resident | Non-Resident: \$5**

dates	day	location
May 3	Sunday	Wildwood
June 7	Sunday	Springbrook
July 5	Sunday	Lagoons
Aug 2	Sunday	Headlands

## Migratory Bird Banding

Ages 5+

This hands-on program will allow you to see migratory spring birds such as warblers, chickadees, and woodpeckers up close. Come learn from trained ornithologists on how we capture birds, band them, and safely send them on their way. You'll also learn why scientists tag migratory birds and what it tells us about bird populations.

**Instructor: Joel Throckmorton,**

**Natural Resource Specialist**

**Location: Mentor Lagoons Nature Preserve**

**Resident | Non-Resident: FREE**

date	day	time
May 9	Saturday	7:30 - 10:00 a.m.

## Lagoons Community Cleanup

All Ages

Help the Natural Resources Division tackle the trash at the Mentor Lagoons and Marina. This park is loved and used by many. Unfortunately, trash does accumulate in high use areas. Take the matter into your own hands and become a hero for the environment! We will be scouring the main parking area and make our way to a nearby beach to collect and dispose of as much as we can. Trash bags, nitrile gloves, some gardening gloves, and some trash grabbers provided.

**Instructor: Natural Resource Specialists**  
**Location: Mentor Lagoons Nature Preserve**  
**Resident | Non-Resident: FREE**

date	day	time
May 30	Saturday	10:00 a.m. - 12:00 p.m.

## Summer Science Explorers

Ages 7-13

Study environmental science while being outside! This 3-day experience offers an opportunity to use the city of Mentor's parks and natural areas as classrooms. Natural resource specialists will lead groups through various field studies and activities to observe wildlife, catch and catalog insects, and more. Research equipment and tools provided.

**Instructor: Natural Resource Specialists**  
**Location: Mentor Lagoons Nature Preserve, Springbrook Gardens**  
**Resident | Non-Resident: \$50 (price includes all 3 days)**  
**9:00 a.m. - 12:00 p.m.**

dates	day	location
June 15	Monday	Springbrook
June 16	Tuesday	Lagoons
June 17	Wednesday	Lagoons

## Sunset Paddles

Ages 12+

Come enjoy an unforgettable sunset on the water at the Lagoons! Join our Natural Resource Specialist as we paddle to the mouth of the marina to view a beautiful sunset and then head back through the marina towards the Mentor Marsh State Nature Preserve under the moonlight. Trips are roughly 2 miles at a medium/leisurely pace and last 2 hours. Kayaks, and PFD's are included with registration. Participants are welcome to bring their own kayak/canoe/SUP if they prefer.

**Instructor: Jamie Jubeck, Natural Resource Specialist**  
**Location: Mentor Lagoons Nature Preserve**  
**Resident | Non-Resident: \$25**  
**Friday(s), 7:30 - 9:30 p.m.**  
**dates: July 26, July 31, Aug 28**

## Morning Marsh Paddles

All Ages

Come with us on one of our guided kayak trips through the lagoons! Bring along your coffee and binoculars as we witness the marsh come to life in the early morning hours. This relaxing 2-hour journey through the marsh and marina will bring you up close to wildlife and wonderful water views. Kayaks and PFDs are provided.

**Instructor: Jamie Jubeck, Natural Resource Specialist**  
**Location: Mentor Lagoons Nature Preserve**  
**Resident | Non-Resident: \$25**  
**Saturday(s), 7:00 - 9:00 a.m.**  
**dates: July 18, Aug 15**

## Purple Martin Banding

All Ages

The Lagoon's colony of Purple Martins will have young ready to be banded in early July! Come learn about the conservation efforts associated with this species. This will be a rare opportunity to see baby birds up close and personal. You will also learn what you can do to help native bird populations and how to attract Purple Martins to your yard.

**Instructor: Joel Throckmorton, Natural Resource Specialist**  
**Location: Mentor Lagoons Nature Preserve**  
**Resident | Non-Resident: FREE**

dates	day	time
July 10	Friday	8:30 - 10:30 a.m.

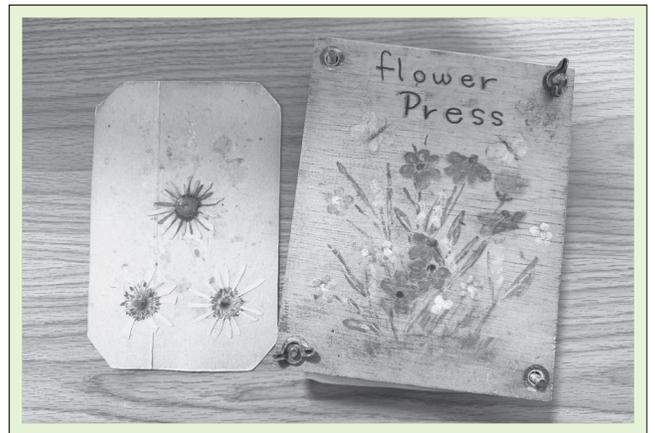
## Moth Madness at the Marsh

Ages 7+

This annual program is a fun and exciting way to learn about moths! Each year we set up several moth observation stations along the trails of the Mentor Lagoons and visit them to ID some of the hundreds of moth species present in our area. These sometimes underappreciated insects are crucial to food webs and outnumber butterfly species 9 to 1! By setting up sheets lit by bright lights we attract a wide range of species to be observed up close. Bring your camera and bug containers!

**Instructor: Jamie Jubeck, Natural Resource Specialist**  
**Location: Mentor Lagoons Nature Preserve**  
**Resident | Non-Resident: FREE**

dates	day	time
July 25	Saturday	9:30 - 11:00 a.m.



## Flower Press Workshop

All Ages

In this workshop we will construct our very own flower presses! A flower press is a device used to flatten and dry flowers, leaves, and botanicals to preserve their color and intricate details for crafts like scrapbooking, card making, and other craft projects. We will build our presses and explore Springbrook Gardens to learn about different wildflowers while collecting specimens to be pressed and preserved. All materials and construction tools are provided.

**Instructor: Natural Resource Specialists**  
**Location: Springbrook Gardens**  
**Resident | Non-Resident: \$20**

dates	day	time
Aug 9	Sunday	1:00 - 3:00 p.m.

## Paddling Experiences

Adult; Ages 10 and over with parent

Great for all ages and levels. You can select between a single kayak, tandem kayak, or use a canoe. We provide life jackets and paddles. We'll go over basic paddling safety, then, we will explore the Lagoons Water Trail, enjoy calm waters and get a birds-eye view of the lagoon's ecosystem. Bring a hat, sunscreen, dry clothes, a towel and a water bottle for all family members. Kids under age 10 must be in a kayak or canoe with an adult. We strongly recommend closed toed shoes as your feet will be in the water when getting in and out of the boats.

**Instructor: Michelle Haag/Recreation Staff**

**Location: Mentor Lagoons Marina & Nature Preserve**

**Resident: \$20 | Non-Resident: \$25**

dates	day	time	class
May 29	Fri	8-9:30 p	Full Moon Paddle
Jun 4	Thu	6-7:30 p	Paddle Experience
Jun 9	Tue	6-7:30 p	Paddle Experience
Jun 16	Tue	6-7:30 p	Learn to Stand Paddleboard
Jun 21	Sun	9-10:30 a	Father's Day Paddle
Jun 26	Fri	8 - 9:30 p	Full Moon Paddle
Jun 30	Tue	6-7:30 p	Paddle Experience
Jul 7	Tue	6-8 p	Taste of Sailing, Sunfish
Jul 16	Thu	6-7:30 p	Learn to Stand Paddleboard
Jul 21	Tue	6-7:30 p	Paddle Experience
Jul 26	Sun	7-8:30 a	Sunrise Paddle Experience
Jul 28	Tue	8-9:30 p	Full Moon Paddle
Aug 4	Tue	6-7:30 p	Paddle Experience
Aug 11	Tue	6-7:30 p	Learn to Stand Paddleboard
Aug 13	Thu	6-8 p	Taste of Sailing, Sunfish
Aug 18	Tue	6-7:30 p	Paddle Experience
Aug 20	Thu	6-7:30 p	Paddle Experience
Aug 23	Sun	9-10:30 a	Morning Paddle
Aug 27	Thu	7:30-9 p	Full Moon Paddle

## BioBlitz

All Ages

The Mentor Lagoons Nature Preserve offers an impressive amount of biodiversity across a mosaic of habitat types. From rare native plant life and dazzling warblers to countless insect species, this park is truly a gem. It can be easy to miss something and that's why we need you to help us catalog any and every plant and wildlife species present here! Join specialists as we use our observation skills to locate, identify, and catalog plants, insects and animals in an iNaturalist project to help better understand the complex and beautiful relationships happening here. Bring along your binoculars, bug catching supplies, and field guides!

**Instructor: Natural Resource Specialists**

**Location: Mentor Lagoons Nature Preserve**

**Resident | Non-Resident: FREE**

dates	day	time
Aug 21	Friday	4:00 - 6:00 p.m.

## Kayak Parties

Celebrate any special occasion with a guided, 2-hour kayak trip through the Mentor Lagoons. Group minimum is 6 people. **The cost is \$25 per person.** Trips must be booked at least two weeks in advance. Kayaks, life jackets, paddle and instruction are included. Kayaking is a physical sport. All participants must be capable of paddling for a minimum of 30 - 45 minutes and must be

able to swim 25 yards. Minimum age is 10. Single and double kayaks are available. Space available for a bring-your-own picnic. **Call the Recreation Department at (440) 974-5720 to book your date.**

**Instructor: Michelle Haag**

**Location: Mentor Lagoons Marina & Nature Preserve**

## OUTDOOR POOLS

We are absolutely thrilled about the massive projects currently taking shape at several of our outdoor aquatic facilities. Once complete, these incredible additions are sure to become premier attractions and vibrant gathering spots for our entire community. Construction kicked off at the end of the 2025 pool season at Civic Waterpark bringing exciting upgrades including a brand-new slide, updated bathhouses, a new concession area, and an all-new splashpad. Due to winter weather impacts, Civic's opening will be delayed, but we are hopeful the community will still have the opportunity to enjoy the new facility for a portion of the summer season. Construction at Garfield park began in late 2025 with plans underway for an amazing new splash pad along with beautifully renovated bathhouses and enhanced gathering spaces for the community to enjoy.

Morton Pool, Morton Spray Park and Walsh Spray Park will be opened this season beginning June 1. Pool passes for Morton pool will go on sale starting May 1st at the Parks & Recreation Office, 2nd floor of the Mentor Community Recreation Center (6000 Heisley Road). Passes will be sold M-F, 8:00am - 5:00pm. To purchase your 2026 Aquatic Pass at the resident rate, you MUST bring a current utility bill, with your name and address on it AND photo identification, as proof of Mentor residency. Outdoor passes do NOT grant access to the Mentor Community Recreation Center's pools. Check our website for up-to-date pool locations, dates, operating hours, and details.

**Note: We are hiring for Lifeguards, Swim Instructors and Cashiers at all locations. Please complete an application on the city website.**

### 2026 Pool Admission & Aquatic Pass Rates

Daily Admission: \$10.00/person

Individual Passes	Resident	Non-Resident
Adult (age 18 - 59)	\$75.00	\$150.00
Youth (age 17 & Under)	\$60.00	\$120.00
Senior (age 60+)	\$60.00	\$120.00

**Family Pass** \$150.00 \$300.00

**(3 family members)**

**\*additional resident family members beyond 3 will be charged \$25/person/resident, \$50/person/non-resident**

*\*Please note: All family members must reside at the same residence and must include an adult or married couple and their unmarried children under the age of 18. Nieces, nephews, grandparents, aunts, uncles, babysitters, etc., will NOT be considered to be included in the family membership even if they reside at the same address. Accounts are address based. Only parents and children residing at the same address may be placed in the same account. A utility bill and/or school report card may be required to verify residence.*

## American Red Cross Learn to Swim Classes

**NOTE: Swim lessons are Progression classes. Do not sign up for next level until passing previous level.**

### Parent & Child

6 mo - 3 yrs

Parent and Child Swim Classes help young children get ready to swim by emphasizing fun in the water. Parents and children participate in several guided practice sessions that help kids learn elementary swimming skills, including water entry, bubble blowing, kicking, floating and underwater exploration with an emphasis on safety and fun.

**Instructor: Mentor WSI Staff, Res: \$36 | Non-Res: \$46**

dates	days	time	pool
Jun 8 - 18	M-Th	11:05 - 11:35 a	Morton
Jun 8 - 18	M-Th	11:40 a - 12:10 p	Morton
Jun 8 - Jul 27	Mon	5:00 - 5:30 p	Morton
Jun 8 - Jul 27	Mon	6:10 - 6:40 p	Morton
Jun 11 - Jul 30	Thur	6:10 - 6:40 p	Morton
Jun 22 - Jul 2	M-Th	11:05 - 11:35 a	Morton
Jun 22 - Jul 2	M-Th	11:40 a - 12:10 p	Morton
Jul 6 - 16	M-Th	11:05 - 11:35 a	TBA
Jul 6 - 16	M-Th	11:40 a - 12:10 p	TBA
Jul 20 - 30	M-Th	11:05 - 11:35 a	TBA
Jul 20 - 30	M-Th	11:40 a - 12:10 p	TBA

### I'm 3 Look at Me! Swim Lessons

3 years old

This class is designed for 3-year-olds who are ready to learn to swim without a parent by their side. Ratio will be 4:1 instructor. Skills/Activities: Comfort in the water, enter and exit water, blow bubbles through nose and mouth, submerging face, bobbing, front and back floats and glides while kicking feet. Emphasis on learning while playing. **NOTE: This class is geared toward 3-year-olds who have taken part in the parent/child class and are ready for a new challenge.**

**Instructor: Mentor Staff, Res: \$36 | Non-Res: \$46**

dates	days	time	pool
Jun 8 - 18	M-Th	11:05 - 11:35 a	Morton
Jun 8 - 18	M-Th	12:15 - 12:45 p	Morton
Jun 11 - Jul 30	Thur	5:00 - 5:30 p	Morton
Jun 11 - Jul 30	Thur	6:45 - 7:15 p	Morton
Jun 22 - Jul 2	M-Th	11:05 - 11:35 a	Morton
Jun 22 - Jul 2	M-Th	12:15 - 12:45 p	Morton
Jul 6 - 16	M-Th	11:05 - 11:35 a	TBA
Jul 6 - 16	M-Th	12:15 - 12:45 p	TBA
Jul 20 - 30	M-Th	11:05 - 11:35 a	TBA
Jul 20 - 30	M-Th	12:15 - 12:45 p	TBA

**First time online registering with us?**

**Call one of our facilities so we can set up a new account for you.**

**\*\*NOTE: Swim lessons are Progression classes. Do not sign up for next level until passing previous level.**

### Preschool 1

4-5 years

Skills/Activities: Enter and exit water, blow bubbles through nose and mouth, submerging face, front and back floats and glides, alternating arm stroke with kicking and assistance on front and back, arm and leg action for treading water.

**Instructor: Mentor Staff, Res: \$36 | Non-Res: \$46**

dates	days	time	pool
Jun 8 - 18	M-Th	11:05 - 11:35 a	Morton
Jun 8 - 18	M-Th	12:15 - 12:45 p	Morton
Jun 8 - Jul 27	Mon	5:00 - 5:30 p	Morton
Jun 8 - Jul 27	Mon	6:10 - 6:40 p	Morton
Jun 11 - Jul 30	Thur	5:00 - 5:30 p	Morton
Jun 11 - Jul 30	Thur	6:10 - 6:40 p	Morton
Jun 22 - Jul 2	M-Th	11:05 - 11:35 a	Morton
Jun 22 - Jul 2	M-Th	12:15 - 12:45 p	Morton
Jul 6 - 16	M-Th	11:05 - 11:35 a	TBA
Jul 6 - 16	M-Th	12:15 - 12:45 p	TBA
Jul 20 - 30	M-Th	11:05 - 11:35 a	TBA
Jul 20 - 30	M-Th	12:15 - 12:45 p	TBA

### Preschool 2

4-5 years

Skills/Activities: Enter and exit water, bobbing, retrieve submerged object, front and back floats and glides, roll from front to back and back to front, tread water, combined arm and leg action on front and back, finning arm action on back.

**Instructor: Mentor Staff, Res: \$36 | Non-Res: \$46**

dates	days	time	pool
Jun 8 - 18	M-Th	11:40 a - 12:10 p	Morton
Jun 8 - 18	M-Th	12:15 - 12:45 p	Morton
Jun 8 - Jul 27	Mon	5:35 - 6:05 p	Morton
Jun 11 - Jul 30	Thur	5:35 - 6:05 p	Morton
Jun 22 - Jul 2	M-Th	11:40 a - 12:10 p	Morton
Jun 22 - Jul 2	M-Th	12:15 - 12:45 p	Morton
Jul 6 - 16	M-Th	11:40 a - 12:10 p	TBA
Jul 6 - 16	M-Th	12:15 - 12:45 p	TBA
Jul 20 - 30	M-Th	11:40 a - 12:10 p	TBA
Jul 20 - 30	M-Th	12:15 - 12:45 p	TBA

### Preschool 3

4-5 years

Skills/Activities: Jumping into deep water; fully submerge and hold breath; bobbing; front, jellyfish and tuck floats; recovering from front and back floats and glides, tread water using arm and leg actions, combined arm and leg actions on front and back independently.

**Next class is LTS Level 2 if 6 years old.**

**Instructor: Mentor Staff, Res: \$36 | Non-Res: \$46**

dates	days	time	pool
Jun 8 - 18	M-Th	11:40 a - 12:10 p	Morton
Jun 8 - Jul 27	Mon	5:35 - 6:05 p	Morton
Jun 11 - Jul 30	Thur	5:35 - 6:05 p	Morton
Jun 22 - Jul 2	M-Th	11:40 a - 12:10 p	Morton
Jul 6 - 16	M-Th	11:40 a - 12:10 p	TBA
Jul 20 - 30	M-Th	11:40 a - 12:10 p	TBA

**\*\*NOTE: Swim lessons are Progression classes. Do not sign up for next level until passing previous level.**

## Learn to Swim Level 1 6-12 years Introduction to Water Skills

Skills: Enter and exit water, blow bubbles through nose and mouth, bobbing, retrieve submerged objects, front and back floats and glides, alternating and simultaneous arm and leg actions on front and back, combined arm and leg action on front and back.

**Instructor: Mentor Staff, Res: \$45 | Non-Res: \$55**

dates	days	time	pool
Jun 8 - 18	M-Th	10:15 - 11:00 a	Morton
Jun 8 - 18	M-Th	12:00 - 12:45 p	Morton
Jun 8 - Jul 27	Mon	5:00 - 5:45 p.	Morton
Jun 8 - Jul 27	Mon	6:40 - 7:25 p	Morton
Jun 11 - Jul 30	Thur	5:00 - 5:45 p.	Morton
Jun 11 - Jul 30	Thur	6:40 - 7:25 p	Morton
Jun 22 - Jul 2	M-Th	10:15 - 11:00 a	Morton
Jun 22 - Jul 2	M-Th	12:00 - 12:45 p	Morton
Jul 6 - 16	M-Th	10:15 - 11:00 a	TBA
Jul 6 - 16	M-Th	12:00 - 12:45 p	TBA
Jul 20 - 30	M-Th	10:15 - 11:00 a	TBA
Jul 20 - 30	M-Th	12:00 - 12:45 p	TBA

## Learn to Swim Level 2 6-12 years Fundamental Aquatic Skills

Skills: Fully submerge and hold breath; bobbing; retrieve submerged objects; front, jellyfish and tuck floats; front and back floats and glides; roll from back to front and front to back; tread water; combined arm and leg action on front and back; and finning arm action on back. Skills should be performed comfortably with minimal assistance.

**Instructor: Mentor Staff, Res: \$45 | Non-Res: \$55**

dates	days	time	pool
Jun 8 -18	M-Th	10:15 - 11:00 a	Morton
Jun 8 -18	M-Th	11:05 - 11:50 a	Morton
Jun 8 - Jul 27	Mon	5:00 - 5:45 p	Morton
Jun 8 - Jul 27	Mon	6:40 - 7:25 p	Morton
Jun 11 - Jul 30	Thur	5:00 - 5:45 p	Morton
Jun 22 - Jul 2	M-Th	10:15 - 11:00 a	Morton
Jun 22 - Jul 2	M-Th	11:05 - 11:50 a	Morton
Jul 6 - 16	M-Th	10:15 - 11:00 a	TBA
Jul 6 - 16	M-Th	11:05 - 11:50 a	TBA
Jul 20 - 30	M-Th	10:15 - 11:00 a	TBA
Jul 20 - 30	M-Th	11:05 - 11:50 a	TBA

## Learn to Swim Level 3 6-12 years Stroke Development

Skills/Activities: Jumping into deep water; sitting and kneeling dives; rotary breathing; survival float; change from vertical to horizontal position on front and back; tread water; flutter, dolphin, scissor, and breaststroke kicks; front crawl; and elementary backstroke.

**Instructor: Mentor Staff, Res: \$45 | Non-Res: \$55**

dates	days	time	pool
Jun 8 -18	M-Th	10:15 - 11:00 a	Morton
Jun 8 -18	M-Th	11:05 - 11:50 a	Morton
Jun 8 - Jul 27	Mon	5:50 - 6:35 p	Morton
Jun 11 - Jul 30	Thur	5:50 - 6:35 p	Morton
Jun 22 - Jul 2	M-Th	10:15 - 11:00 a	Morton
Jun 22 - Jul 2	M-Th	11:05 - 11:50 a	Morton

Jul 6 - 16	M-Th	10:15 - 11:00 a	TBA
Jul 6 - 16	M-Th	11:05 - 11:50 a	TBA
Jul 20 - 30	M-Th	10:15 - 11:00 a	TBA
Jul 20 - 30	M-Th	11:05 - 11:50 a	TBA

## Learn to Swim Level 4 6-12 years Stroke Improvement

Improves proficiency of strokes and the ability to swim longer distances. Skills: Standing dives; underwater swimming; feet first surface dive; survival swimming; front crawl and backstroke; side stroke; breaststroke and butterfly.

**Instructor: Mentor Staff, Res: \$45 | Non-Res: \$55**

dates	days	time	pool
Jun 8 -18	M-Th	10:15 - 11:00 a	Morton
Jun 8 - Jul 27	Mon	5:50 - 6:35 p	Morton
Jun 11 - Jul 30	Thur	5:50 - 6:35 p	Morton
Jun 22 - Jul 2	M-Th	10:15 - 11:00 a	Morton
Jul 6 - 16	M-Th	10:15 - 11:00 a	TBA
Jul 20 - 30	M-Th	10:15 - 11:00 a	TBA

## Learn to Swim Level 5 & 6 6-12 yrs Stroke Refinement

Children learn further coordination and refinement of strokes in level 5. We will cover shallow-angle dive from the side then glide and begin front stroke, tuck and pike surface dives while submerging completely, front flip turn and backstroke flip turn while swimming, front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly, plus sculling.

**Instructor: Mentor Staff, Res: \$45 | Non-Res: \$55**

dates	days	time	pool
Jun 8 -18	M-Th	10:15 - 11:00 a	Morton
Jun 11 - Jul 30	Thur	6:40 - 7:25 p	Morton
Jun 22 - Jul 2	M-Th	10:15 - 11:00 a	Morton
Jul 6 - 16	M-Th	10:15 - 11:00 a	TBA
Jul 20 - 30	M-Th	10:15 - 11:00 a	TBA

## Adult Fitness

### Body Sculpting™ Adults 14+

Awaken your entire body with this one-hour results-oriented Body Sculpting workout designed to make you lean and defined. Build and sculpt muscles, strengthen your core, improve your strength and flexibility while burning fat and calories by using just one set of 3-5 lb. dumbbells. You will gain strength, balance, flexibility and endurance while focusing on total body health. This class will fire up your metabolism helping you to lose weight and inches, while also improving bone strength and density. Bring a set of 3-5-pound dumbbells, exercise mat, water bottle, and stretch band to class. Accommodates all fitness levels. Work out at your own pace. All classes are taught by Certified Fitness Trainers. Join anytime! Class size is limited, and advance registration is required! Ages 14+. Register online at [www.flexcity.com](http://www.flexcity.com) or email for assistance at [BODYSCULPTING@FLEXCITY.COM](mailto:BODYSCULPTING@FLEXCITY.COM).

**Location: Old Council Hall, \$55 for each 8-class session**

**Mon & Wed - 6:00 - 7:00 PM *\*\* (no class May 25) \*\****  
May 4 - June 1\*\*, June 8 - July 1, July 8 - Aug 3

**Tue & Thur - 9:30-10:30 AM**  
Apr 14 - May 7, May 26 - June 18,  
June 23 - July 16, July 23 - Aug 18

**City of Mentor  
Department of Parks,  
Recreation & Public Facilities**

8500 Civic Center Boulevard  
Mentor, Ohio 44060

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Mentor, Ohio

## POSTAL CUSTOMER

**FREE online registration available 24/7**

[cityofmentor.com/parks-recreation](http://cityofmentor.com/parks-recreation) | 440.974.5720 | *Click Online Registration to register today!*

