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Programs

Week of May 26, 2025

Mentor City Council – Rebroadcast of the Council meeting taped on May 20, 2025.

Mentor Municipal Planning Commission - Rebroadcast of the Planning Commission meeting taped on May 22, 2025.

The Garage with Steve Butler – Fish On

Steve Butler is an artist and furniture maker with more than 20 years' experience in the field. In his garage workshop, he'll share with you the way to make fun woodworking projects. Anything from fine furniture to cigar box guitars are what he's making. The Garage is a how-to show unlike any other.

My Mentor – Join us for stories about the community, featuring our neighbors, friends, children, local businesses, and folks that make our hometown special. My Mentor is timely and ever changing, so as we finish these community stories, we'll share them. Tune into The Mentor Channel to see what's happening in My Mentor.

Get Healthy with Holly – A Body in Motion Stays in Motion

Get Healthy with Holly" is a TV show starring Holly Kouvo of Fitting Fitness In[®]. As a Personal Trainer and Nutrition Specialist, Holly talks about health and fitness topics that teach people how to live a healthy lifestyle. She regularly will demo simple and healthy recipes to try at home.

Jazz Cardio Strength Stretch – A fun and effective workout that will lift your spirits and strengthen your heart, muscles, and core.

Hometown Heroes – A slideshow of our 2025 Hometown Heroes. Banners will be up in the city from Memorial Day to Veterans Day.