



PROGRAM GUIDE

Week of February 23, 2026

	Monday 2/23	Tuesday 2/24	Wednesday 2/25	Thursday 2/26	Friday 2/27	Saturday 2/28	Sunday 3/01
5:00am	Jazz Cardio						
5:30	Bulletin Board						
6:00	Get Healthy with Holly						
6:30	Bulletin Board						
7:00	Jazz Cardio						
7:30	My Mentor						
8:00	Winter Sowing 2019	Winter Sowing 2019	Winter Sowing 2019	Winter Sowing 2019	Bulletin Board	Bulletin Board	Bulletin Board
8:30	Winter Sowing 2019	Winter Sowing 2019	Winter Sowing 2019	Winter Sowing 2019	Planning (T)	Planning (T)	Planning (T)
9:00	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board			
9:30							
10:00	The Garage						
10:30	Council (T)						
11:00							
11:30	Bulletin Board						
12:00	My Mentor						
12:30	Bulletin Board						
1:00	Get Healthy with Holly						
1:30	Bulletin Board						
2:00	The Garage						
2:30	My Mentor						
3:00	Council (T)						
3:30							
4:00	Winter Sowing 2019						
4:30	Winter Sowing 2019						
5:00	Jazz Cardio						
5:30	My Mentor						
6:00	The Garage						
6:30	Bulletin Board						
7:00	Council (T)	Council (T)	Council (T)	Planning Live	Council (T)	Council (T)	Council (T)
7:30							
8:00	Bulletin Board	Bulletin Board	Bulletin Board		Bulletin Board	Bulletin Board	Bulletin Board
8:30	Get Healthy with Holly						
9:00	My Mentor						
9:30	The Garage						
10:00	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Planning (T)	Planning (T)	Planning (T)
10:30							
11:00							
11:30	Bulletin Board						
12:00							
12:30	Council (T)						

Watch live or view archived City Council and Planning Commission meetings at www.thementorchannel.com

Questions or Comments? Call 440-974-5794 or e-mail pubinfo@cityofmentor.com



Programs

Week of February 23, 2026

Mentor City Council – Rebroadcast of the Council Meeting taped on February 17, 2026.

Mentor Municipal Planning Commission - Planning Meeting airs LIVE on February 26, 2026 and rebroadcast throughout the week.

Speaking of... Winter Sowing 2019 – The Wildwood Garden Club welcomed Lake County Master Gardener Meg Shay, who presented a program on Winter Sowing. Meg demonstrates a method of using recycled containers to start seeds outside in the winter with Mother Nature providing the perfect growing conditions. Learn how to start your own Winter Sowing project.

The Garage with Steve Butler – Yard Games

Steve Butler is an artist and furniture maker with more than 20 years' experience in the field. In his garage workshop, he'll share with you the way to make fun, woodworking projects. Anything from fine furniture to cigar box guitars are what he's making. The Garage is a how-to show unlike any other.

My Mentor – Join us for stories about the community, featuring our neighbors, friends, children, local businesses, and folks that make our hometown special. My Mentor is timely and ever changing, so as we finish these community stories, we'll share them. Tune into The Mentor Channel to see what's happening in My Mentor.

Get Healthy with Holly – Get Fit for Your Trip in March

Get Healthy with Holly" is a TV show starring Holly Kouvo of Fitting Fitness In®. As a Personal Trainer and Nutrition Specialist, Holly talks about health and fitness topics that teach people how to live a healthy lifestyle. She regularly will demo simple and healthy recipes to try at home.

Jazz Cardio Strength Stretch – A fun and effective workout that will lift your spirits and strengthen your heart, muscles, and core.