



Programs

Week of May 11, 2026

Mentor City Council – Rebroadcast of the Council meeting taped on May 5, 2026.

The Garage with Steve Butler – No Jointer, No Planer, No Problem

Steve Butler is an artist and furniture maker with more than 20 years' experience in the field. In his garage workshop, he'll share with you the way to make fun woodworking projects. Anything from fine furniture to cigar box guitars are what he's making. The Garage is a how-to show unlike any other.

My Mentor – Join us for stories about the community, featuring our neighbors, friends, children, local businesses, and folks that make our hometown special. My Mentor is timely and ever changing, so as we finish these community stories, we'll share them. Tune into The Mentor Channel to see what's happening in My Mentor.

Speaking of...Tree Planting – The Mentor Tree Commission celebrated Earth Day by hosting a Tree Planting Clinic at Springbrook Gardens Park. Learn how to properly plant a tree and about tree care and maintenance.

Get Healthy with Holly – The Healing Benefits of Ginger

Get Healthy with Holly" is a TV show starring Holly Kouvo of Fitting Fitness In[®]. As a Personal Trainer and Nutrition Specialist, Holly talks about health and fitness topics that teach people how to live a healthy lifestyle. She regularly will demo simple and healthy recipes to try at home.

Jazz Cardio Strength Stretch – A fun and effective workout that will lift your spirits and strengthen your heart, muscles, and core.