

CITY OF MENTOR



Fall Program Guide

September–December 2026

Registration Begins

AUGUST 3

Residents &
MCRC Members

AUGUST 4

Non-Residents &
MCRC Non-Members



Mentor Parks and Recreation

cityofmentor.com/parks-recreation | 440.974.5720

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Registration

Resident registration begins: **August 3, 2026**

Non-Resident registration begins: **August 4, 2026**

Register online at: cityofmentor.com

Classes that take place at the Mentor Community Recreation center follow registration dates based on MCRC Member/Non-Member. MCRC Members can register for MCRC programs on August 3. MCRC Non-Members registration for MCRC programs is August 4. All other programs and courses follow Resident/Non-Resident registration dates.



Mentor City Council

Janet A. Dowling	President of Council Councilperson-at-Large
Ray Kirchner	Vice President of Council Councilperson-at-Large
Brian G. Cook	Councilperson-at-Large
Sean P. Blake	Councilperson, Ward 1
Matthew E. Donovan	Councilperson, Ward 2
Charles E. Pinkerman	Councilperson, Ward 3
John A. Krueger	Councilperson, Ward 4

City Of Mentor Staff

Kenneth J. Filipiak	City Manager
Robert Fowler	Assistant City Manager
Kenn Kaminski	Parks, Recreation & Public Facilities Director
Nita Justice	Recreation Superintendent
Tim Ausperk	Black Brook Golf Course Golf Professional & Manager
Bill Furman	Arena Manager
Renee Ochaya	Senior Center Manager
Nick Standerling	Mentor Community Recreation Center Manager
Tom Vermilye	Mentor Lagoons Manager
Linda Wintersteller	Wildwood Cultural Center Manager

Program Locations

Edward R. Walsh Park	7221 Bellflower Rd.
Black Brook Golf Course	8900 Lakeshore Blvd.
Civic Center Park	8600 Munson Rd.
Civic Center Waterpark	8600 Munson Rd.
Civic Center Amphitheatre	8550 Munson Rd.
Community Center	8600 Munson Rd.
Eleanor B. Garfield Park	7967 Mentor Ave.
Krueger Park	7556 Chillicothe Rd.
Mentor Beach Park	7779 Lakeshore Blvd.
Mentor Civic Arena	8600 Munson Rd.
Mentor Community Recreation Center	6000 Heisley Rd.
Mentor Dog Park	6647 Hopkins Rd.
Mentor High School Stadium	6477 Center St.
Mentor Lagoons Nature Preserve	8365 Harbor Dr.
Mentor Municipal Center	8500 Civic Center Blvd.
Mentor Senior Center	8484 Munson Rd.
Morton Pool & Park	9325 Rosemary Ln.
Old Council Hall	7250 Jackson St.
Wildwood Cultural Center	7645 Little Mountain Rd

Facility Numbers & Office Hours

Recreation	440-974-5720	M-F 8am-5pm
Blackbrook	440-951-0010	M-Su 6:30am-Dark
Marina	440-205-3625	M-F 8am-4:30pm
Senior Center	440-974-5725	M-F 8am-5pm
Ice Arena	440-974-5730	M-F 8:30am-4:30pm
Wildwood	440-974-5735	M-F 9am-5pm
MCRC	440-205-3608	M-F 8am-5pm

Email

Parks: parks@cityofmentor.com

Recreation: recreation@cityofmentor.com

Marina: marina@cityofmentor.com

Natural Resources: naturaresources@cityofmentor.com

MCRC: RecCenter@cityofmentor.com

Connect | Share | Get Involved

Check out all the exciting ways to stay connected with the City of Mentor & Parks & Recreation. Whether you're at home or on the go, you can keep up with the city's latest news, events and information.

Like us on Facebook @Mentor Parks & Recreation

Registration

Online

Mentor Parks & Recreation is excited to provide you with a new, easy to use Customer Portal which will allow for fast, safe and secure online registration and a view of your registration history. Be sure to call our office at 440-974-5720, the Ice Arena at 440 974-5730, Wildwood Cultural Center at 440- 974-5735 or The Senior center at 440-974-5725 to set up your new account.

Phone-In or In-Person

Cash, Check, Visa/Mastercard, Discover accepted

Recreation Main Office

440-974-5720 | M–F 8am–5pm

Senior Center

440-974-5725 | M–F 8am–5pm

Ice Arena

440-974-5730 | M–F 8am–5pm

Wildwood Cultural Center

440-974-5735 | M–F 9am–5pm

Policies/Procedures

Confirmations and Cancellations

A receipt and/or course confirmation will be emailed to you following registration. If a course is canceled by the City of Mentor, you will be notified by phone or email. If the City cancels a course, we welcome you to transfer to another class within the same season, or receive a full refund. It takes two to three weeks to process a refund check. Credit card payees will receive credit on their account within a few days.

General Course Refunds

Please choose your classes carefully. Refunds will only be considered for medical reasons and will require a doctor's note. No refunds will be granted less than 1 week prior to the start of the programs. **An administrative fee of \$10 will be assessed per person per class for any changes made to the registration.** Changes will include participant cancellations, refund requests and/or transfers. Participants assume the risk of change in personal affairs or health.

Camp Refunds

Please choose your classes carefully. Refunds will only be considered for medical reasons and will require a doctor's note. No refunds will be granted less than 1 month prior to the start of the camp. An Administrative Fee of \$25 will be assessed per person per camp for any changes made to camp registrations. Changes will include participant cancellations, refund requests and/or transfers. Camp changes and partial cancellations cannot be applied to the Full 9 Week Camp option. Participants assume the risk of change in personal affairs or health.

Senior Center Registration

Senior Center membership is required to participate in Senior Center activities including classes, activities and programs. Non-senior adults may register for programs at the Mentor Senior Center. Please contact the center for details.

Overnight Bus Trip Refunds

Please choose your trips carefully. Trip deposits are Non-Refundable for Overnight Bus Trips. An administration fee of \$25 will be assessed per person for any changes made to Day Trip registrations. Changes will include participant cancellations, refund requests, transfers and/or room changes. No refunds will be granted and no changes will be made after the advertised Deadline. Refunds will only be considered for medical reasons and will require a doctor's note. Participants assume the risk of change in personal affairs or health. For overnight trips, travel insurance is available and recommended.

People with Disabilities

We encourage persons with disabilities to participate in all programs offered by the Parks & Recreation Department. Please notify us in advance if special arrangements should be arranged in order to make participation possible. TDD available.

Wildwood Members

Current Wildwood Members may take a 10% discount off the regularly charged fee (resident or nonresident) on all programs offered at Wildwood Cultural Center.

Senior Center Membership

The Mentor Senior Center is a membership-based facility, and a current membership is required to participate in Senior Center activities and programs. Membership is \$10 per calendar year for Mentor residents and \$15 per calendar year for non-residents. Individuals who are eligible for SilverSneakers® receive a free Senior Center membership as part of their SilverSneakers benefit.

Mentor Residency

Mentor Residents live within the corporate limits of the City of Mentor. Proof of residency is a current utility bill with both name and address on it along with photo identification. Not all 44060 zip codes are Mentor resident addresses. Mentor School District and the City of Mentor corporate limits are not the same. Mentor residents receive priority in registration and discounted fees.

Inclement Weather Cancellations

We make every attempt to hold classes when scheduled. Contact the Recreation Department at (440) 974-5720 before 5pm to inquire concerning inclement weather. Email blasts and twitter posts are also used to inform the public of changes in course schedules. In case of "Act of God" cancellations, the Recreation Dept. reserves the right to terminate any class/activity that results in less than the scheduled number of sessions, without issuing a refund.

Photo Policy

We often take photos of our programs, special events, camps and general activities. These photos are used exclusively by the City of Mentor and may appear in any of our publications, both electronic and print, and our website. If you wish not to be photographed, please tell the photographer.

— Special Events —

MENTOR CITYfest

LIVE MUSIC • FOOD • FUN & GAMES

Mentor CityFest TWO Days – One BIG Event

Friday, August 14, 5–11pm

Saturday, August 15, 12–11pm

Mark your calendar for the biggest two-day event in northeast Ohio! More than 25,000 people attended this family-oriented, active event last year. We're working to bring exciting features to this year's festival.

This is what we've got planned so far:

- Inflatables and more interactive games for kids and adults
- Huge assortment of delicious foods from more than 20 vendors
- Adult beverages for sale
- Local business tent featuring over 40 local businesses
- Friday Night Music with Just Like Pink- Tribute To Pink
- Saturday Night Music with 7 Summers-Tribute TO Morgan Wallen

Want to showcase your business at CityFest?

Be a vendor in our Main Street Tent. Contact Kevin Cindric at cindric@cityofmentor.com for more information.

Just Kids Stuff Garage Sale

Saturday, September 19, 9am–12pm

NEW LOCATION: INDOORS AT MENTOR
COMMUNITY RECREATION CENTER



The popular Just Kids Stuff Garage Sale is back—and after the tremendous success of our first indoor event, we're heading indoors once again at the Mentor Community Recreation Center! Enjoy a comfortable,

weather-proof shopping and selling experience with guaranteed 70-degree temperatures and no worries about rain or unpredictable forecasts.

Shop a wide variety of gently used children's clothing, toys, books, baby gear, and more—all in one convenient indoor location. Interested in selling? Reserve your table and turn outgrown kid items into cash while helping other families score great deals. Following the positive response from our last indoor sale, we're excited to bring this experience back for another fun and successful event.

Resident \$25 per table | Non-Resident \$30 per table

September 11 Stair Climb

Ages 18+

Friday, September 11, 8:46am–9pm

This commemorative event is held in honor of the first responders and in remembrance of those who lost their lives during the tragic events on September 11, 2001. Participants will ascend 2,200 steps, the height of the Twin Towers of the World Trade Center, on one of our StairMasters. Medals awarded upon completion. Pre-registration is required, and participants can select a wave (3 people per wave). Come decked out in your patriotic gear.

Donations to the National Fallen Firefighters Foundation are welcome at www.firehero.org.

Coordinator: MCRC Staff

Location: Mentor Community Recreation Center

Member: \$8 | Non-Member : \$10 Price is per person.



2026 Headlands Birding Festival

All Ages

Friday, September 18–Sunday, September 20

The third annual Headlands Birding Festival takes place September 18th–20th and will be bigger than ever with more walks, expert talks, and longer vendor hours. A keynote speech as Springbrook Gardenhouse will kickoff the festival and feature Peter Kaestner, the first person to record sightings of 10,000 different bird species! General registration to support the festival is \$20/person, but several free events will take place on Saturday and Sunday. In addition, guided birding walks led by expert birders will take place across the Mentor Headlands area. There will be a social activity and gathering on Saturday night.

Registration is now open at the newly updated website at headlandsbirdingfestival.com

Presented by Verdantas in partnership with ODNR and Tour Lake County

Float-N-Flick

Fridays 7–9pm
min 10 | max 45

Location: MCRC Indoor Pool

Looking for some Family Movie Night Fun? Come spend your Friday nights with us at the MCRC pool enjoying a popular movie while floating in your favorite intertube.

Please bring a float! Popcorn, cookies & glow sticks will be provided. Space is limited. Be sure to sign up early.

Member: \$5 | Non-Member : \$10

**Nonswimmers must have an adult swimming with them.*

- **Hoppers** September 11
- **Willy Wonka** October 9
- **The Lorax** November 13
- **Wish** December 11

Home School Swim & Gym

Location: Meet in the MCRC Soccer Center

Need gym or physical education credits? Make them the highlight of your week! Join us for an hour of active fun on land, followed by an hour in our heated pool. Participants ages 5–18 will explore a variety of sports, games, and activities while staying active, building skills, and having a great time. Price: \$12 Drop-in fee or register for a discount.

- **Sept 2–23:** Wednesdays 1–3pm
 - Member: \$28 | Non-Member s: \$34
- **Sept 30–Oct 21:** Wednesdays 1–3pm
 - Member: \$28 | Non-Member s: \$34
- **Oct 28–Nov 18:** Wednesdays 1–3pm
 - Member: \$28 | Non-Member s: \$34
- **Dec 2–Dec 16:** Wednesdays 1–3pm
 - Member: \$21 | Non-Member s: \$26

Family Movie Night–Drive-In Edition

All ages

Saturday, September 26, 7pm

Location: MCRC Soccer Field

Bring the whole family out for a cozy night of movies, snacks, and fun on our indoor soccer field, transformed into a classic drive-in movie! Families are encouraged to bring blankets, lawn chairs, pillows, or even create their own “car” setups for the kids to enjoy while watching a family-friendly movie on the big screen. Kids are welcome to bring their Little Tikes® cars or get creative and make their own cardboard box cars at home for an extra-special drive-in experience!

Concessions, popcorn, and treats will be available to make it a true drive-in movie night.

It’s the perfect way to relax, spend time together, and make lasting memories with family and friends this fall!

Member: \$5 | Non-Member : \$8

Still Waters

Fridays 7–8pm

Location: MCRC Indoor Pool

Immerse yourself in tranquility at Still Waters, a serene poolside event where relaxation and mindfulness take center stage. Bring your favorite float and let the gentle ripples of the water guide you into a peaceful state of mind. Whether you’re seeking a moment of calm, a deep meditation, or simply a way to unwind, this event offers the perfect space to float away the stress and reconnect with your inner peace. Let the stillness of the water calm your thoughts as you meditate —no experience required, just an open heart and the desire to relax. Come, float, and find your center at Still Waters.

Member: \$5 | Non-Member : \$10

- **October 2nd**
- **November 6th**
- **December 4th**

Mentor Farmers Market-Harvest Market

Friday, October 2, 2–6pm

Location: Eleanor B. Garfield Park, 7967 Mentor Avenue

The Mentor Farmer’s Market is hosting its annual “Harvest Market” on October 2nd, from 2 to 6pm at Eleanor B. Garfield Park. Celebrate Northeast Ohio’s fall harvest with crisp apples, pumpkins, and other seasonal produce, artisan goods, live music, and delicious treats. Experience the vibrant, autumnal atmosphere created by local farmers, artisans, and musicians. This community event is a perfect opportunity to support local businesses and enjoy the essence of autumn. Don’t miss this delightful celebration of tradition and community spirit, as golden leaves and rich aromas dance in the breeze.



Howl-O-Ween Party for Dogs

Friday, October 9, 5:30–6:30pm

Location: Mentor Dog Park, 6645 Hopkins Rd.

FREE! Bring your dog and join us for a Halloween party just for dogs at the Mentor Dog Park. We’ll have some contests, prizes and doggone good fun. Dogs must have up-to-date vaccinations, be licensed, and not be in heat, to visit the dog park. Children must be accompanied by an adult. Call us at (440) 974-5720 for more information.

Family Feud Night

Adults 21+

Saturday, October 10, 6:30pm

Location: MCRC Soccer Field

We surveyed 100 people and asked: "Name the one adult event residents want us to bring back." The number one answer is... Family Feud Night! You asked, and we listened! Gather six of your closest family members and friends and register for this fun-filled evening of laughter, friendly competition, and entertainment. Each team will play three games consisting of two rounds each. Points will be tracked throughout the night, and the top two teams will face off in the championship round for a chance to win a great prize!

Appetizers and mixers will be provided for participating teams, and you are welcome to bring your adult beverage of choice. Each team must include at least one Mentor resident. Don't get shut out—register your team early!

New This Year!

Teams have often asked if they could bring guests to watch the action. This year, spectators are welcome to sit in the bleachers and cheer on their favorite teams! There is no charge for spectators to attend, and the concession stand will be open for food and beverage purchases. Please note that outside food and beverages are not permitted for spectators.

\$140 per team | Team captains only should register.

Mysteries of the Manor Trail Golf Cart Hayride!

All Ages

Friday, October 23, 7–10pm

Saturday, October 24, 4–10pm

Location: Wildwood Cultural Center

Celebrate fall at Wildwood's one-of-a-kind GOLF CART HAYRIDE and Fall Festival! Cozy up with your family in a golf cart as you drive through the sights and sounds of the Mysteries of the Manor Trail! Food trucks will be on site for your dining purchases. Children under 1 are FREE. Individuals can purchase multiple tickets at once.

Resident | Non-Resident: \$15 per person

Flashlights Frights & Egg Hunt

Ages 3–10

Sunday, October 25, 2pm

Location: MCRC Soccer Field

Get ready for a frightfully fun afternoon at our Halloween Spooktacular! Children are invited to come dressed in their favorite costumes for an afternoon filled with Halloween fun on and off the field. Enjoy pumpkin painting, a festive costume parade, spooky games, flashlight egg hunt, and plenty of family-friendly activities for all ages.

Kids can also enjoy activities like a mummy wrap race, monster freeze dance, and a spooky photo booth to capture all the fun memories.

Members \$10 | Non-Member s \$15

Family Fun Night with Wiggles the Caterpillar

Friday, September 25, 7-9pm

Friday, October 23, 7-9pm

Location: MCRC Indoor Pool

Bring the whole family for an unforgettable evening of fun at our Indoor Pool Family Event! Meet Wiggles, our giant floating caterpillar, and see if you can crawl and balance your way from one end to the other without taking a splash! It's a challenge that's guaranteed to bring laughter, excitement, and plenty of memories. Floating Basketball hoop & volleyball net will be available as well.

Jump in on the fun and Make a Splash!!

**No registration required.*

Wildwood Christmas Tree Decorating Contest!

All Ages

Location: Wildwood Cultural Center

- **Pick Up Date:** Monday, November 9, 9-5pm
- **Drop off Date:** Thursday, November 19, 9-5pm

Experience Christmas magic at Wildwood Cultural Center! Craft a unique miniature 1' Christmas tree with provided decorations and lights. Add personal touches to make it truly yours. Display your masterpiece at the historic estate and share your creativity. Trees will be displayed for public voting inside the building and online. Winners will be announced on December 15. Celebrate the holiday spirit with us!

Resident | Non-Resident: \$20 per person

Friendsgiving Celebration

Ages 4–10 with a parent

Sunday, November 15, 1pm

Location: MCRC Community Room

Join us for a fun-filled Friendsgiving celebration designed just for kids! This special event is all about friendship, gratitude, and spending time together before the holiday season. Kids will enjoy festive games, fall-themed crafts, interactive activities, and a kid-friendly "Friendsgiving feast". It's the perfect opportunity for children to build friendships, celebrate kindness, and enjoy a cozy fall gathering!

Members: \$10 | Non-Member s: \$15 Cost is for children only

Basketball Free Throw Contest

Ages 7–14

Saturday, November 21, 10–11am

Location: Mentor Community Recreation Center

Head to the charity stripe in this fun, competitive, co-ed event. Each team (one child and one parent / guardian) will shoot 12 free throws in addition to 3 shots from anywhere on the court. The team with the most combined points wins. The number of teams determines the schedule. Prize awarded to the winning team. Price is per team.

Coordinator: MCRC Staff

Member: \$10 | Non-Member : \$12



Turkey Roll on Ice

Saturday, November 21, 2026

Doors Open: 6:30pm | Event: 7–10pm

Join us for an exhilarating and hilarious 21+ event, Turkey Roll on Ice! Gather your friends and form teams of four to roll frozen turkeys down the ice in a thrilling bowling competition. Get creative with your team's name and costumes for a chance to win fabulous prizes. Whether you're aiming for the title of best-dressed team or the ultimate bowling champions, there's fun and excitement for everyone.

Don't forget to wear your closed-toed shoes for safety on the ice. Team captains register your team and get ready for an evening of laughter, friendly competition, and holiday spirit! No spectators will be permitted.

\$120 per team of 4 | Pre-registration required.

Stuff the Pool, Fill a Plate

Wednesday, November 25, 6–7:30pm

Location: MCRC Indoor Pool

Have fun burning calories before your big meal on Thursday while helping others!

Bring at least \$10 worth of Non-perishable food items to donate to The Salvation Army Painesville.

Price: Free with Non-perishable food items OR

MCRC Member: \$8 | Non-Member : \$10

**Pay at door, no pre-registration required.*

Holiday Boutique at Wildwood

Sunday, November 29, 10–4pm

Location: Wildwood Cultural Center

Complete your holiday shopping here! Many wonderful holiday items are for sale from 40+ vendors including greenery, teas, stained glass, jewelry, holiday figurines, wood and metal items, ornaments, stockings, gnomes, specialty baked goods and sweets, live and faux greens from the Wildwood Garden Club and much, much more! No strollers allowed!

Children 8 and under are free!

Resident | Non-Resident: \$2 per person at the door



Community Tree Lighting Ceremony

Tuesday, December 1, 6–7:30pm

Location: Mentor Municipal Center

The City of Mentor invites you and your family to join us for commemorative tree lighting as we light our stunning 27-foot Norwegian spruce and City Hall campus. Santa will arrive in his horse drawn carriage and will be available for photos while choirs from Mentor School's sing. Refreshments will be served. Look for more information in the Winter/Spring Parks & Recreation Guide.

Santa's Wild Workshop in the Woods

Ages 2–12, plus one adult

Location: Wildwood Cultural Center

Santa's Magical Workshop is at Wildwood! Santa himself will read "The Night Before Christmas," after which your little one will be able to have one-on-one time with him. The delicious scent of freshly baked cookies in the air means Mrs. Claus is here too! She will give tips on cookie decorating and what makes a Christmas cookie special. Santa will also bring his team of Elves to help you and your little one build a magical wooden toy and become OFFICIAL TOY MAKERS! View the Wildwood O-gauge train layout and the miniature Santa's Workshop. Write a letter to Santa, and more! Bring your cameras to capture a magical moment. JUST ONE ADULT PER CHILD

- **Friday, December 4**
 - 3–5pm | 6–8pm
- **Saturday, December 5**
 - 10–12pm | 1–3pm | 4–6pm
- **Sunday, December 6**
 - 10–12pm | 1–3pm | 4–6pm

Resident: \$20 | Nonresident: \$24

Tiny Tot's Story Time: Holidays with Mrs. Claus

Ages 1–5, plus one adult

Wednesday, December 9, 10–11:30am

Location: Wildwood Cultural Center

Mrs. Claus is looking for GOOD little boys and girls to come help her get ready for the Christmas season! Decorate the tree, ring jingle bells, play reindeer games, sing, nibble on a cookie and make a holiday craft, all with Mrs. Claus by your side! Price includes one child and one adult.

Resident: \$15 | Nonresident: \$18

Holiday Figure Skating Performance

Saturday, December 12, 2026, 3:45–5:45pm

Enjoy a free holiday gift from the Mentor Figure Skating Club and the City of Mentor. Watch figure skating at its finest as the Mentor Figure Skating Club, Inspire synchronized Teams and Learn to Skate students perform a special holiday show at the Mentor Ice Arena.

Free to the public

Polar Express Kids Night Out

Ages 5 - 13

Friday, December 18, 5–9pm

Location: Mentor Community Recreation Center

Parents, enjoy a stress-free evening to finish your holiday shopping, wrap gifts, or enjoy a festive night out while the kids join us for a magical Polar Express-themed night! This 4-hour drop-off event will be filled with holiday fun, cozy activities, and winter memories the kids will love. We will start out swimming and end the evening with a relaxing movie experience featuring a holiday classic. The night will also include gift making, wrapping and fun games and food in-between. From relaxing movie moments to exciting activities, this event is the perfect holiday escape for kids while parents check a few things off their Christmas to-do list!

Members: \$20 | Non-Members: \$25

Wildwood Holiday Historical Tour

All Ages

Monday, December 28, 1–7pm

Location: Wildwood Cultural Center

Enjoy the holidays at the beautifully decorated Wildwood Cultural Center this holiday season! You are invited to a self-guided historic tour of the Manor House. Enjoy hot coco and cookies while exploring the historical estate.

Resident | Non-Resident: FREE–Must register in advance

Lake County Chili Open

Saturday, January 23

Tee times begin at 9am

Location: Black Brook Golf Course

Join us for the biggest golf event this winter!

Golfers—mark your calendars! Here's your chance to play in the biggest golf event this winter. Every golfer has played in a summer tournament, but how many have played in January? You'll play nine snowy, fun holes of golf followed by a warm bowl of chili, hot dogs, and hot chocolate. Golfers will be challenged to drive shots across frozen tundra and putt balls laden with ice. You'll hit orange golf balls to snow-covered greens on the 9-hole course of 65–100-yard holes.

Last year more than 175 golfers participated in this event, so you'll want to register early! Gift certificates for 18 holes will be awarded to the three winning teams. The cost to enter the Chili Open is \$20 which includes golf fees, food, and hot chocolate. The Chili Open is sponsored by the City of Mentor with proceeds benefiting the United Way of Lake County. For more information on this event or to register, call the Mentor Recreation Department at (440) 974-5720. Sponsorship opportunities are available by calling United



Mentor Skate Day

Saturday, January 2, 2027, 1–4pm

Join us for a fun-filled Mentor Skate Day where everyone is welcome to lace up their skates and hit the ice! This free public skate event offers complimentary skate rentals and features a lively atmosphere with a DJ spinning tunes to keep the energy high. While skating enthusiasts of all ages are invited to join in the excitement, we prioritize safety, requiring skaters under 11 to wear helmets. Bike helmets are permitted. Throughout the event, enjoy intermittent performances from talented local skaters. There will also be an ice cut halfway through the event, providing a refreshing break before you glide back into the fun. Skate sizes range from youth 8 to adult 14 and are available on a first-come, first-served basis. Don't miss out on this opportunity to glide, spin, and twirl on the ice with friends and family!

Free Public Skate

—MCRC—

Mentor Community Recreation Center



Hours Of Operation

Monday–Friday: 5:30am–10pm

Saturday: 7am–9pm

Sunday: 8am–6pm

Contact Information

Phone: 440-205-3608 | **Email:** reccenter@cityofmentor.com

2026 Membership Rates

	Residents	Non-Residents
Youth (Under18)	\$250	\$315
Senior (60+)	\$250	\$315
Adult	\$350	\$440
2-Person	\$450	\$565
Family of 4	\$550	\$690
Extra Family Member	\$50	\$50

(Classes sold separately)

Amenities

- Indoor Soccer Field (1)
- Pickleball Courts (4)
- Tennis Courts (3)
- Racquetball Courts (4)
- Basketball Courts (3)
- Golf Simulators (2) **
- Cycle Room
- Yoga Studio
- Circuit Training Room
- Free Weights
- Aerobics Rooms (2)
- TRX Room
- Indoor Track
- Indoor Swimming Pool
- Outdoor Swimming Pool
- Whirlpool
- Women's Sauna
- Men's Sauna
- Steam Room
- Women's & Men's Locker Rooms
- Family Changing Room
- Community Room**
- Kids' Corner**

***Additional fees apply. Some restrictions may apply.*

Group Fitness

Get in shape at the MCRC and have fun doing it! We offer a variety of classes to keep you motivated and keep you moving.

Guidelines for all Group Fitness Classes

1. Ages 14+
2. All classes are 50 minutes in length.
3. Schedule is subject to change

Class Registration

For the full class schedule visit mentorrec.com/programs-activities/group-fitness-classes/

Each class is available for registration on a monthly basis. Rates only apply to MCRC Group Fitness classes.

Four Class Sessions: Member: \$20 | Non-Member: \$28

Five Class Sessions: Member: \$25 | Non-Member: \$35

Drop-In Fees per class (If class space is available)

Member: \$8 | Non-Member: \$10

Unlimited Monthly Fitness Pass: \$50

MCRC members only.

Group Fitness Class Descriptions

For the full class schedule visit mentorrec.com/programs-activities/group-fitness-classes/

TRX

Location: TRX Room (Upstairs)

Suspension Training uses body weight exercises to develop strength, balance, flexibility and core stability simultaneously. The best thing is that all fitness levels can participate because you're in control of how much you want to challenge yourself on each exercise. Simply change your body position to add or decrease resistance.

Weights

Location: Aerobics Room #1 (Downstairs)

Weights uses strength building exercises that will help increase muscular endurance and muscle tone while using a variety of equipment. Hand weights, ankle weights, resistance bands, resistance tubing, exercise balls, along with some floor exercises are used in this class. There will be a variety of core movements and abdominal work involved.

Boot Camp

This advanced class is designed to challenge participants. Classes will incorporate body weight exercises, calisthenics, free weights, High Intensity Interval Training (HIIT), running, and other training aids. This course will help improve your cardio fitness, increase your stamina, and add strength and muscle.

Cycling

A high intensity exercise class utilizing a cycling bike. This class combines basic cycling movements to create different energy zones including endurance, strength, interval, and race day zones. The classes combine inspiring music, visualization, and breathing for a true mind body experience.



**Group Fitness
Schedule**

Yoga

Vinyasa yoga is a creative form of yoga where poses are linked together with a flowing sequence. Classes include breath and movement, a range of standing, seated, twists, balance postures, flexibility work, and targeted core training

Anything Goes

Each class is different but always includes strength and cardiovascular conditioning. Classes will range from HIIT, functional training, circuit training, mobility work, kickboxing and anything in between. Classes can be challenging but options and modifications are always offered.

Zumba

Zumba is a fusion of Latin and international music/dance themes that create an exciting, dynamic class based on the principal that a workout should be "Fun and Easy to Do." The routines feature an aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. Dance your way to a fitter and healthier you!

Barre

Barre incorporates low-impact, high-intensity and dynamic movements inspired by elements of aerobics, yoga and Pilates. Focus will be on improving balance, flexibility and muscle strength and endurance.

Strength Training

This class incorporates barbells, dumbbells, and kettlebells to increase the level of resistance to help develop muscular strength and increase endurance. Classes will include body weight training, different agility and balance drills, as well as interval and resistance training. Some Cross Fit and High Intensity Interval Training (HIIT) components are incorporated to help push beyond your individual comfort zone.

Balance & Burn

Using light weights and bodyweight, this weight training class will focus on strengthening the body though balance and mobility work. These workouts can be adjusted for extremely fit to novice participants.

Drum & Pump

Drum & Pump consists of full body cardio drumming mixed with strength training using light weight dumbbells in between songs. Drum & Pump will consist of 8 cardio songs and 8 light dumbbell exercises, this could vary depending on the exercises.

Cardio Drumming

Cardio Drumming is a low-impact workout that people of all fitness levels and all ages can do. This class combines an aerobic workout with drumming movements that help increase strength and endurance and improves coordination.

Pilates Strength

Pilates Strength is a whole-body workout with controlled movements targeting specific muscle groups. Very effective to trim the waistline, sculpt the abdominal muscles, while developing a similar, stronger physique.

—MCRC Athletics— Preschool Sports

Discover Sports

Ages 3–4

Location: MCRC

Designed to introduce preschoolers to a variety of sports including soccer, basketball, football, baseball and more. Players are encouraged to bring a water bottle to each class. All equipment is provided. **No class Nov. 23.**

Instructor: MCRC Staff

Sept 28–Oct 26 | Nov 9–Dec 14, Mondays

Age 3: 4–4:45pm | Age 4: 5–5:45pm

MCRC Member: \$40 | MCRC Non-Member: \$48

Preschool Playtime

Ages 6 months–5 years old

Location: MCRC–Gymnasium

Burn off some energy and have fun playing games with your little one in this self-regulated program. Our gym will be filled with a variety of sports equipment and tumbling mats. Adult supervision is required. Price is per child, per occurrence. Pre-registration is preferred.

Oct 6–Dec 29, Tuesdays, 9–11am

MCRC Member: \$2 | MCRC Non-Member: \$3

Discover Football

Ages 3–4

Location: MCRC

This class is designed to introduce preschoolers to skills used in flag football such as passing, catching, defensive techniques and ball handling as well as participate in speed/agility drills. Players are encouraged to bring a football (pee-wee size) and water bottle to each class. **No class Nov. 24.**

Instructor: MCRC Staff

Sept 29–Oct 27 | Nov 10–Dec 15, Tuesdays

Age 3: 4–4:45pm | Age 4: 5–5:45pm

MCRC Member: \$40 | MCRC Non-Member: \$48

Discover Soccer

Ages 3–4

Location: MCRC

Players learn the fundamentals of soccer including dribbling, passing, goal keeping, trapping and shooting in this fun and interactive class. Players are encouraged to bring a soccer ball (size 3) and water bottle to each class. **No class Nov. 25.**

Instructor: MCRC Staff

Sept 30–Oct 28 | Nov 11–Dec 16, Wednesdays

Age 3 & 4: 10–10:45am | 11–11:45am

Age 3: 4–4:45pm | Age 4: 5–5:45pm

MCRC Member: \$40 | MCRC Non-Member: \$48

Discover Baton

Ages 3–6

Location: MCRC–Racquetball Court

Class focuses on listening skills, direction following, and building hand eye coordination through basic baton movements. Please bring a baton and water bottle. **No class Sept 16.**

Instructor: Leighann Hay & Kelly Hoellein

Sept 2–Oct 28 | Nov 4–Dec 23

Wednesdays, 5–5:30pm

MCRC Member: \$140 | MCRC Non-Member: \$168

Discover Basketball

Ages 3–4

Location: MCRC

A fun way to introduce preschoolers to the basics of basketball. Through interactive games, players learn dribbling, passing, shooting and defensive techniques. Players are encouraged to bring a miniature basketball (size 25.5") and water bottle to each class. **No class Nov. 26.**

Instructor: MCRC Staff

Sept 24–Oct 22 | Nov 5–Dec 10, Thursdays

Age 3: 4–4:45pm | Age 4: 5–5:45pm

MCRC Member: \$40 | MCRC Non-Member: \$48

Discover Baseball

Ages 3–4

Location: MCRC

Designed to introduce preschoolers to the basics of baseball. Through interactive activities, players learn hitting, catching, throwing, base running and more. Wiffle ball equipment will be used. Players are encouraged to bring a water bottle to each class. **No class Nov. 26.**

Instructor: MCRC Staff

Sept 24–Oct 22 | Nov 5–Dec 10

Thursdays, 6–6:45pm

MCRC Member: \$40 | MCRC Non-Member: \$48

Discover Tumbling

Ages 3–4

Location: MCRC

Preschoolers will learn the building blocks of acrobatics and tumbling. Classes include a high-energy warm up and drills and activities that teach the basics of tumbling. Focus is on safely performing skills, while practicing balance, flexibility and strengthening. Students will have fun using a variety of props, obstacle courses, songs and games. Participants are encouraged to bring a water bottle to each class. **No class Nov 27.**

Instructor: MCRC Staff

Sept 25–Oct 23 | Nov 6–Dec 11, Fridays

10–10:45am | 11–11:45am

MCRC Member: \$40 | MCRC Non-Member: \$48

—Golf—

Indoor Golf League

Adults 18 +

Location: MCRC

Swing away in this indoor recreational league that consists of one game per week for 8 weeks followed by a 1-week, single-elimination, playoff tournament. Games are played 2 vs. 2, 9-hole best ball scoring. Each week will feature a different golf course on our Foresight golf simulators. The top 4 teams compete in the playoff tournament. The playoff championship team receives a prize. The number of teams determines the schedule. Players must bring their own clubs and balls. Rubber tees are provided. Price and registration are per team. **No games Nov. 23.**

Oct 12–Dec 14, Mondays, 5:30–9:30pm

Coordinator: MCRC Staff

Fee: \$270

Adult Golf at MCRC

Ages 15+

Location: MCRC–Golf Simulator Room

This indoor class will cover the basics of golf and for golfers to refine their skills. Instruction will be held on Foresight golf simulators. Golf balls and clubs will be provided.

Dec 1–Dec 22, Tuesdays, 5:30–6:30pm

Instructor: Blackbrook Golf Course Staff

MCRC Member: \$100 | MCRC Non-Member: \$120

Junior Golf at MCRC

Ages 8–14

Location: MCRC–Golf Simulator Room

This indoor class will cover the basics of golf and for golfers to refine their skills. Instruction will be held on Foresight golf simulators. Golf balls and clubs will be provided.

Dec 5–Dec 26, Saturdays, 10–11am

Instructor: Blackbrook Golf Course Staff

MCRC Member: \$100 | MCRC Non-Member: \$120

—Tennis—

Tiny Tennis

Ages 4–5

Location: MCRC

The purpose of the Ages 4-5 Tennis Program is to expose children to the skills of tennis in a fun and enjoyable way through the use of skill builders, games and basic technique. This is a perfect introduction for your young one. Players are encouraged to bring a racquet and water bottle to each class. Recommended racquet size: 19"–21". **No class Nov 24.**

Sept 15–Oct 20 | Nov 3–Dec 15

Tuesdays, 4–4:45pm

Instructor: MCRC Staff

MCRC Member: \$72 | MCRC Non-Member: \$86

Little Stars Tennis

Ages 6–8

Location: MCRC

The purpose of the Ages 6-8 Tennis Program is to expose children to the skills of tennis in a fun and enjoyable way. Beginner: This class teaches techniques, pre-rallying, and movement needed to move to the next level. Intermediate: focuses on improving footwork, developing consistent hitting, and practicing serving; for players that have taken lessons. Players are encouraged to bring a racquet and water bottle to each class. Athletic attire is required. Recommended racquet size: 19" - 23". **No class Nov 24.**

Instructor: MCRC Staff

Dates	Day	Time	Level
Sept 12–Oct 3	Saturday	10–10:30am	
Sept 15–Oct 20	Tuesday	5–5:45pm	Beginner
Sept 15–Oct 20	Tuesday	6–6:45pm	Intermediate
Oct 10–Oct 31	Saturday	10–10:30am	
Nov 3–Dec 15	Tuesday	5–5:45pm	Beginner
Nov 3–Dec 15	Tuesday	6–6:45pm	Intermediate
Nov 7–Nov 28	Saturday	10–10:30am	
Dec 5–Dec 26	Saturday	10–10:30am	

MCRC Member: \$72 | MCRC Non-Member: \$86

MCRC Member: \$50 | MCRC Non-Member: \$60 (Saturday)

Junior Aces Tennis

Ages 9–12

Location: MCRC

The purpose of the Ages 9 - 12 Tennis Program is to expose children to the skills of tennis in a fun and enjoyable way. Beginner: teaches court positioning, serving techniques and movement needed for the development of match play. Intermediate: skills focused on are shot variations, placement of serves, and maintaining rallies with control; for players that have taken lessons. Players are encouraged to bring a racquet and water bottle to each class. Athletic attire is required. Recommended racquet size: 23" - 25". **No class Nov 26.**

Instructor: MCRC Staff

Dates	Day	Time	Level
Sept 12–Oct 3	Saturday	10:30–11:15am	
Sept 17–Oct 22	Thursday	4–4:45pm	Beginner
Sept 17–Oct 22	Thursday	5–5:45pm	Beginner
Sept 17–Oct 22	Thursday	6–6:45pm	Intermediate
Oct 10–Oct 31	Saturday	10:30–11:15am	
Nov 5–Dec 17	Thursday	4–4:45pm	Beginner
Nov 5–Dec 17	Thursday	5–5:45pm	Beginner
Nov 5–Dec 17	Thursday	6–6:45pm	Intermediate
Nov 7–Nov 28	Saturday	10:30–11:15am	
Dec 5–Dec 26	Saturday	10:30–11:15am	

MCRC Member: \$72 | MCRC Non-Member: \$86

MCRC Member: \$75 | MCRC Non-Member: \$90 (Saturday)

High School Tennis

Ages 13–17

Location: MCRC

Focus is on developing fundamentals, improving skills, and preparing for competitive play, including high school and tournament play. This program may cater to different skill levels, from beginners learning basic strokes to advanced players honing their game for competition. Emphasis is placed on game-based drills and cooperative play. Athletic attire is required.

Instructor: Mike Miheli

Dates	Day	Time
Sept 14–Oct 5	Monday	7–8pm
Sept 16–Oct 7	Wednesday	7–8pm
Oct 12–Nov 2	Monday	7–8pm
Oct 14–Nov 4	Wednesday	7–8pm
Nov 9–Nov 30	Monday	7–8pm
Nov 11–Dec 2	Wednesday	7–8pm
Dec 7–Dec 28	Monday	7–8pm
Dec 9–Dec 30	Wednesday	7–8pm

MCRC Member: \$100 | MCRC Non-Member: \$120

Ladies Tennis

Ages 18 +

Location: MCRC

Players will be introduced to the basic skills for play including ground strokes, serving and volleys with the incorporation of rallying and basic point play. Ask a friend to register with you! Designed for players with a National Tennis Rating Program (NTRP) of 1.0–3.5. Players are encouraged to bring a racquet and water bottle to each class. Athletic attire is required.

Instructor: Mike Miheli

Dates	Day	Time
Sept 14–Oct 5	Monday	6–7pm
Sept 16–Oct 7	Wednesday	6–7pm
Sept 14–Oct 7	Mon & Wed	6–7pm
Oct 12–Nov 2	Monday	6–7pm
Oct 14–Nov 4	Wednesday	6–7pm
Oct 12–Nov 4	Mon & Wed	6–7pm
Nov 9–Nov 30	Monday	6–7pm
Nov 11–Dec 2	Wednesday	6–7pm
Nov 9–Dec 2	Mon & Wed	6–7pm
Dec 7–Dec 28	Monday	6–7pm
Dec 9–Dec 30	Wednesday	6–7pm
Dec 7–Dec 30	Mon & Wed	6–7pm

MCRC Member: \$100 | MCRC Non-Member: \$120

MCRC Member: \$140 | MCRC Non-Member: \$175 (Mon & Wed)

Private Tennis Lessons

Private tennis lessons are available starting at \$60 per hour. Call the rec center at 440-205-3608 for more information.

Family Tennis

Ages 5–99

Location: MCRC

Geared toward beginners, come learn the sport of tennis with a loved one. Learn the fundamentals as well as tips on how to practice. Registration is for one child and one adult. Players are encouraged to bring a racquet and water bottle to each class.

Instructor: Mike Miheli

Sept 12–Oct 3 | Oct 10–Oct 31

Nov 7–Nov 28 | Dec 5–Dec 26

Saturdays, 11:15am–12pm

MCRC Member: \$100 | MCRC Non-Member: \$120

Add \$25 for additional children

—Pickleball—

Pickleball Open Play

Ages 18 +

Gather up some friends and work on your game. This member exclusive format, with no instructor, allows athletes to play at their own pace. Registration is required. All skill levels are welcome.

September–December

Mondays: 9–11am

Wednesdays: 9–11am | 7:30–9:30pm

Fridays: 9am–11am | 6:30–8:30pm

Saturdays: 9–11am | 1–3pm

Fee: \$0 (MCRC Members Only)

Any Doubles Low Intermediate Pickleball League

Adults 18 +

Location: MCRC

Designed for those with a USA Pickleball rating of 3.0 - 3.4, this indoor league consists of 5 games per week for 8 weeks followed by a 1-week, single-elimination, playoff tournament. Games are played to 11 points, win by 2 and are played 2 vs. 2 (any doubles combination), self-officiated. The top 12 teams compete in the playoff tournament. The playoff championship team receives a prize. Players are encouraged to bring their own paddles, balls are provided. Price and registration are per team. **No games Nov. 23.**

Oct 5–Dec 7, Mondays, 6–8:30pm

Coordinator: MCRC Staff

Fee: \$108

Beginner Pickleball for Seniors

Adults 55+

Location: MCRC

Come learn the fastest growing sport in America! This class is for the novice player (USA Pickleball rating of 1.0–2.5) and covers the basics of pickleball including rules, terminology, fundamentals and introduces match play. Players are encouraged to bring a paddle and water bottle to each class.

No class Nov. 26.

Instructor: MCRC Staff

Sept 15–Oct 6 | Oct 20–Nov 10 | Nov 24–Dec 15

Tuesdays, 11:30am–12:30pm

Sept 17–Oct 8 | Oct 22–Nov 12 | Nov 19–Dec 17

Thursdays, 9–10am

MCRC Member: \$48 | MCRC Non-Member: \$58

Intermediate Pickleball for Seniors

Adults 55+

Location: MCRC

This intermediate class (USA Pickleball rating of 3.0–3.5) covers the fundamentals of pickleball including serving, rallying, keeping score, dinking, and match play. Players are encouraged to bring a paddle and water bottle to each class.

No class Nov. 26.

Instructor: MCRC Staff

Sept 15–Oct 6 | Oct 20–Nov 10 | Nov 24–Dec 15

Tuesdays, 12:30–1:30pm

Sept 17–Oct 8 | Oct 22–Nov 12 | Nov 19–Dec 17

Thursdays, 10–11am

MCRC Member: \$48 | MCRC Non-Member: \$58

Any Doubles Beginner Pickleball League

Adults 18 +

Location: MCRC

Designed for those with a USA Pickleball rating of 2.0–2.5, this indoor league consists of 5 games per week for 8 weeks followed by a 1-week, single-elimination, playoff tournament. Games are played to 11 points, win by 2 and are played 2 vs. 2 (any doubles combination), self-officiated. The top 12 teams compete in the playoff tournament. The playoff championship team receives a prize. Players are encouraged to bring their own paddles, balls are provided. Price and registration are per team. **No games Nov. 24.**

Coordinator: MCRC Staff

Oct 6–Dec 8, Tuesdays, 6–8:30pm

Fee: \$108

Introduction to Pickleball

Adults 18 +

Location: MCRC

Come learn the fastest growing sport in America! This class is for the novice player (USA Pickleball rating of 1.0–2.5) and covers the basics of pickleball including rules, terminology, fundamentals and introduces match play. Players are encouraged to bring a paddle and water bottle to each class.

Instructor: MCRC Staff

Sept 16–Oct 7 | Oct 21–Nov 11 | Nov 25–Dec 16

Wednesdays, 5:30–6:30pm

MCRC Member: \$48 | MCRC Non-Member: \$58

Intermediate Pickleball

Adults 18 +

Location: MCRC

This intermediate class (USA Pickleball rating of 3.0–3.5) covers the fundamentals of pickleball including serving, rallying, keeping score, dinking, and match play. Players are encouraged to bring a paddle and water bottle to each class.

Instructor: MCRC Staff

Sept 16–Oct 7 | Oct 21–Nov 11 | Nov 25–Dec 16

Wednesday, 6:30–7:30pm

MCRC Member: \$48 | MCRC Non-Member: \$58

Advanced Pickleball

Adults 18 +

Location: MCRC

Designed for high intermediate - advanced skill levels (USA Pickleball rating of 3.5+), this class covers stroke mechanics, dinking, strategy and match play. Players are encouraged to bring a paddle and water bottle to each class.

Instructor: MCRC Staff

Sept 16–Oct 7 | Oct 21–Nov 11 | Nov 25–Dec 16

Wednesday, 7:30–8:30pm

MCRC Member: \$48 | MCRC Non-Member: \$58

Any Doubles High Intermediate –Advanced Pickleball League

Adults 18 +

Location: MCRC

Designed for those with a USA Pickleball rating of 3.5+, this indoor league consists of 5 games per week for 8 weeks followed by a 1-week, single-elimination, playoff tournament. Games are played to 11 points, win by 2 and are played 2 vs. 2 (any doubles combination), self-officiated. The top teams compete in the playoff tournament. The playoff championship team receives a prize. Players are encouraged to bring their own paddles, balls are provided. Price and registration are per team. **No games Nov. 26.**

Coordinator: MCRC Staff

Oct 8–Dec 10, Thursdays, 6–8:30pm

Fee: \$108

Mentor Parks and Recreation | Fall 2026

Pickleball Guided Play

Ages 18 +

Location: MCRC

Intended for newer players who are interested in learning about how open play is structured (skill level 2.5 and below only). Recommended that participants have completed at least 1 session of the Intro to Pickleball course or have an understanding of the rules & scoring systems. An instructor will be present to oversee points, help with problem-solving, and offer players advice on gameplay. This program provides an opportunity for players to get experience with regular game settings and will include a player rating assessment based on game results & observed skill level.

Instructor: MCRC Staff

Nov 6 | Nov 20 | Dec 4

Friday, 5:30–6:30pm

MCRC Member: \$12 | Non-Member: \$15

Mixed Doubles Pickleball Tournament

Ages 18 +

Location: MCRC

The format of the indoor tournament is round robin and is designed for those with a rating of 2.0 and higher. There will be two groups of 8 teams. We will have a refueling station with hydration and snacks, and our concession stand will be open. Players are encouraged to bring their own paddles, balls are provided. Price is per player. The number of players determines the schedule and format.

Coordinator: MCRC Staff

Sept 19 | Dec 19

Saturday, 9am–1pm

MCRC Member: \$35 | MCRC Non-Member: \$40

Private Pickleball Lessons

Private pickleball lessons are available. Call the rec center at 440-205-3608 for more information.

Member: \$60 | Non-Member: \$72 per hour

—Youth Athletics—

Hip-Hop and Tumble

Ages 3–5

Location: MCRC Fitness Room C

This class introduces young dancers to upbeat hip hop movement while teaching the fundamentals of beginner tumbling. Dancers will build strength, coordination, flexibility, and confidence through fun routines, basic tumbling skills, and creative movement activities.

Instructor: Communities in Motion

Sept 14–Oct 5 | Oct 19–Nov 9 | Nov 23–Dec 14

Mondays, 5–5:30pm

MCRC Member: \$70 | MCRC Non-Member: \$84

Move and Groove

Ages 2–3

Location: MCRC Fitness Room C

This class introduces toddlers to movement, music, and group participation in a fun and encouraging environment. Dancers will build coordination and confidence through interactive games, creative movement, upbeat music, and playful props.

Instructor: Communities in Motion

Sept 14–Oct 5 | Oct 19–Nov 9 | Nov 23–Dec 14

Mondays, 5:30–6pm

MCRC Member: \$70 | MCRC Non-Member: \$84

Princess Ballet

Ages 3–5

Location: MCRC Fitness Room C

This class introduces young dancers to basic ballet skills while dancing to fun, kid-friendly songs inspired by favorite princess and Disney movies. Dancers will work on balance, coordination, flexibility, and beginner ballet movements in a magical and creative setting.

Instructor: Communities in Motion

Sept 14–Oct 5 | Oct 19–Nov 9 | Nov 23–Dec 14

Mondays, 6–6:30pm

MCRC Member: \$70 | MCRC Non-Member: \$84

Cheer & Hip-Hop

Ages 5–8

Location: MCRC Fitness Room C

This class combines energetic hip hop dance with beginner cheer techniques in a high-energy and supportive environment. Dancers will learn fun routines, cheers, jumps, motions, and performance skills while building confidence, coordination, and teamwork.

Instructor: Communities in Motion

Sept 14–Oct 5 | Oct 19–Nov 9 | Nov 23–Dec 14

Mondays, 6:30–7pm

MCRC Member: \$70 | MCRC Non-Member: \$84

Rookie Flag Football

Ages 5–7

Location: MCRC Soccer Center

In this active class, athletes receive training on skills used in flag football such as passing, route running, defensive techniques and ball handling as well as participate in speed/agility drills. Athletes are encouraged to bring a football (pee-wee size) and a water bottle to each class. **No class Nov. 24.**

Instructor: MCRC Staff

Sept 29–Oct 27 | Nov 10–Dec 15

Tuesday, 6–6:45pm

MCRC Member: \$40 | MCRC Non-Member: \$48

Junior Flag Football

Ages 8–12

Location: MCRC Soccer Center

In this active class, athletes receive training on skills used in flag football such as passing, route running, defensive techniques and ball handling as well as participate in speed/agility drills. Athletes are encouraged to bring a football (youth size) and a water bottle to each class. **No class Nov. 24.**

Instructor: MCRC Staff

Sept 29–Oct 27 | Nov 10–Dec 15

Tuesdays, 7–7:45pm

MCRC Member: \$40 | MCRC Non-Member: \$48

Basketball Drills, Skills, & Play

Ages 5–7

Location: MCRC

This class is intended to increase a player's skill level through a fun and exciting atmosphere. Players are taught basketball fundamentals including ball handling, shooting, passing, defensive techniques, and more. Players are encouraged to wear athletic clothing and bring a basketball and water bottle. Drop-ins are welcome. **No class Nov. 26.**

Instructor: The National Basketball Academy (TNBA)

Sept 15–Oct 8 | Oct 20–Nov 12 | Nov 24–Dec 22

Tues & Thurs, 5:45–6:30pm

MCRC Member: \$120 | MCRC Non-Member: \$144

Basketball Drills, Skills, & Play

Ages 8–12

Location: MCRC

This class is intended to increase a player's skill level through a fun and exciting atmosphere. Players are taught basketball fundamentals including ball handling, shooting, passing, defensive techniques, and more. Players are encouraged to wear athletic clothing and bring a basketball and water bottle. Drop-ins are welcome. **No class Nov. 26.**

Instructor: The National Basketball Academy (TNBA)

Sept 15–Oct 8 | Oct 20–Nov 12 | Nov 24–Dec 22

Tues & Thurs, 6:30–7:15pm

MCRC Member: \$120 | MCRC Non-Member: \$144

Private Basketball Lessons

Private basketball lessons are available. Call the rec center at 440-205-3608 for more information.

Member: \$70 | Non-Member: \$80 per hour

Beginner Fencing

Ages 8+

Location: MCRC Community Room

Learn the fundamentals of modern foil fencing in this class with instruction that includes stretching, footwork, lunges, attack, parry-riposte, strategy, tactics and bouting in this 6-week course. Fun and safety are emphasized while developing hand-eye coordination, agility, dexterity and stamina as well as social skills and manners. And you'll have a skill not many others share! All equipment is provided, so come out and try something new. This class is designed for youth and adult! **No class Nov 3.**

Instructor: Tom Nagy

Sept 8–Oct 13 | Oct 20–Dec 1

Tuesdays, 6–7:15pm

MCRC Member: \$64 | MCRC Non-Member: \$80

Intermediate Fencing

Ages 8+

Location: MCRC Community Room

Learn the fundamentals of modern foil fencing in this class with instruction that includes stretching, footwork, lunges, attack, parry-riposte, strategy, tactics and bouting in this 6-week course. Fun and safety are emphasized while developing hand-eye coordination, agility, dexterity and stamina as well as social skills and manners. And you'll have a skill not many others share! All equipment is provided, so come out and try something new. This class is designed for youth and adult! **No class Nov 3.**

Instructor: Tom Nagy

Sept 8–Oct 13 | Oct 20–Dec 1

Tuesdays, 7:16–8:30pm

MCRC Member: \$64 | MCRC Non-Member: \$80

Karate

Ages 7–12

Location: MCRC Fitness Room B

Self-confidence, balance, focus, discipline, strike combinations, self-defense and coordination are taught during this active program. Athletes are encouraged to wear athletic clothing and bring a water bottle to each class. Karate uniforms are not required but are available from the instructor for an additional fee. Each session concludes with belt testing; testing fee is included with registration.

Instructor: Joseph Duczman

Aug 26–Oct 21 | Oct 28–Dec 23, Wednesdays

Beginner: 5:30–6:15pm | Intermediate: 6:30–7:15pm

MCRC Member: \$169 | MCRC Non-Member: \$203

Soccer

Ages 5–8

Location: MCRC

This beginner program focuses on dribbling, passing, shooting, agility, and ball control. Athletes are encouraged to bring a soccer ball (size 3) and a water bottle to each class. **No class Nov. 25.**

Instructor: MCRC Staff

Sept 30–Oct 28 | Nov 11–Dec 16

Wednesdays, 6–6:45pm

MCRC Member: \$60 | MCRC Non-Member: \$72

Mini Majorettes

Ages 7–9

Location: MCRC Racquetball Court

Students will learn baton terminology and basic twirling skills while continuing to develop hand-eye coordination. Focus on twirls, rolls and tosses using proper form and technique. Please bring a baton and water bottle. **No class Sept 16.**

Instructor: Leighann Hay & Kelly Hoellein

Sept 2–Oct 28 | Nov 4–Dec 23

Wednesdays, 5:45–6:30pm

MCRC Member: \$200 | MCRC Non-Member: \$240

Twirl Lab

Ages 10–13

Location: MCRC Racquetball Court

Designed for athletes looking to compete at the high school level. Students will learn baton terminology and basic twirling skills while continuing to develop hand-eye coordination. Focus on twirls, rolls and tosses using proper form and technique. Please bring a baton and water bottle. **No class Sept 16.**

Instructor: Leighann Hay & Kelly Hoellein

Sept 2–Oct 28 | Nov 4–Dec 23

Wednesdays, 6:45–7:30pm

MCRC Member: \$200 | MCRC Non-Member: \$240

High School Twirling

Ages 14–17

Location: MCRC Racquetball Court

This class is for students in 7th through 12th grade who are focused on building their twirling skills. Previous experience twirling, dancing, spinning, etc. is recommended. The goal of this class is to teach twirlers the basic tricks and skills that are necessary to perform with marching bands or during halftime performances at football/basketball games. The focus of skills for this class will be on field tricks, multiple batons and more. Please bring a baton and water bottle. **No class Sept 16.**

Instructor: Leighann Hay & Kelly Hoellein

Sept 2–Oct 28 | Nov 4–Dec 23

Wednesdays, 7:45–8:30pm

MCRC Member: \$200 | MCRC Non-Member: \$240

Private Baton Lessons

Private baton lessons are available. Call the rec center at 440-205-3608 for more information.

Member: \$25 | Non-Member: \$30 per ½ hour

Member: \$50 | Non-Member: \$60 per hour

Dodgeball Open Gym

Ages 8+

Location: MCRC Racquetball Courts

Gather up some friends and participate in some good 'ol fashion dodgeball. Open to both youth and adults, all games are self-officiated, and foam balls are used. Registration is preferred. All skill levels are welcome. Price is per occurrence.

Oct 16–Dec 18, Fridays, 6–8pm

MCRC Member: \$5 | MCRC Non-Member: \$10

3-on-3 Basketball

Ages 8–13

Location: MCRC

This class is designed to improve players' basketball skills through structured drills, contents, and games. Each class includes a half hour of drills and an hour of games; players will be separated by age and skills when possible. Players learn how to read defenses, create scoring opportunities, space the floor, and communicate with teammates. The fast-paced nature of 3-on-3 encourages quick thinking and helps players develop basketball IQ by learning through real-game experiences rather than just drills.

Instructor: The National Basketball Academy (TNBA)

Sept 5–Sept 26 | Oct 3–Oct 24

Saturdays, 9–10:30am

MCRC Member: \$90 | MCRC Non-Member: \$108

—Adaptive Sports—

Basketball

Ages 6+

Location: MCRC

Empower Sports and the Mentor Community Recreation Center are teaming up to offer a 6-week inclusive basketball program for individuals with disabilities. The program is open to players of all ability levels, and will emphasize fun, teamwork, and making new friends. Each week players will play in adapted skills activities, and friendly scrimmages with volunteer players. All players will receive a team uniform with registration. Call Empower Sports at 216-400-8598 to find out if this program is right for your family. Registration available at www.empowersports.org/programs

Instructor: Empower Sports

Sept 16–Oct 21, Wednesdays, 6-7:30pm

Cost: \$30

—Fitness—

Personal Training by Butler Fitness



Butler Fitness is proud to be the certified personal training team at the Mentor Community Recreation Center. We offer science-based training and personalized coaching to help you build strength, boost endurance, and improve overall wellness. No matter your fitness level, we're here to support your goals—every step of the way. Let us help you strengthen your life!

Tai-Chi for Health

Ages 14+

Location: MCRC

Tai-Chi has been described as moving meditation. This gentle, continuously moving exercise and mind-body practice is based upon ancient Chinese martial arts. More recently it was adapted for improvements in health such as balance, flexibility and pain and stress reduction. Martial artist Denise Molesch will guide you through warmups, Qi Gong and practice in the Sun style forms and exercises for adults of all ages and capabilities. Please wear loose, comfortable clothing and tennis shoes.

Instructor: Denise Molesch

Sept 2–Sept 23 | Oct 7–Oct 28

Nov 4–Nov 25 | Dec 2–Dec 23

Wednesdays, 11–11:50am

Member: \$20 | Non-Member: \$28

—Leagues—

Youth Indoor Soccer Leagues

Ages 6–17

Location: MCRC

Note: Time slots for games may vary. Specific time slots are not guaranteed. Schedule is finalized shortly after a session's registration deadline. The number of teams determines the schedule.

Take the pitch in this indoor recreational & competitive league that consists of one game per week for 6 weeks. Games are played 7 vs. 7 or 6 vs. 6 (includes a goalie) and consist of two, 25-minute halves. **Each team is responsible for paying a \$16 referee fee before each game.** Teams need to provide their own uniforms. Price and registration are per team, practices not included. **No games Nov 28 & 29.**

Coordinator: MCRC Staff

Nov 7–Dec 23, Monday–Friday, 5:30–9:30pm

Nov 7–Dec 23, Sunday & Saturday, 8am–9pm

Fee: \$575

League	Age	Players	League	Age	Players
Co-ed U8	6–7	7 vs. 7	Boys U12	11	7 vs. 7
Boys U9	8	7 vs. 7	Boys U13	12	6 vs. 6
Girls U10	8–9	7 vs. 7	Girls U14	12–13	6 vs. 6
Boys U10	9	7 vs. 7	Boys U14	13	6 vs. 6
Boys U11	10	7 vs. 7	Girls U18	14–17	6 vs. 6
Girls U12	10–11	7 vs. 7	Boys U18	14–17	6 vs. 6

—MCRC Aquatics—

Swim Lessons Registration Dates**Aug-Oct Session:****Members:** July 20 | **Non-Members:** July 27**Oct-Dec Session:****Current Enrolled Members:** Oct 5**Members:** Oct 7 | **Non-Members:** Oct 12**Parent and Child Swim Instruction****Ages 6 months–3 years old****Min: 3 | Max: 12***Location: MCRC Indoor Pool*

Parent and Child Swim Classes help young children get ready to swim by emphasizing fun in the water. Parents and children participate in several guided practice sessions that help kids learn elementary swimming skills, including water entry, bubble blowing, kicking, floating and underwater exploration with an emphasis on safety and fun. **No class Sept 7, or Nov 23–29.**

Mondays: Aug 24–Oct 12** | Oct 19–Dec 14
6:15–6:45pm**Tuesdays:** Aug 25–Oct 13 | Oct 20–Dec 15
11–11:30am | 4–4:30pm | 5:40–6:10pm | 6:15–6:45pm**Wednesdays:** Aug 26–Oct 14 | Oct 21–Dec 16
6–6:30pm**Thursdays:** Aug 27–Oct 15 | Oct 22–Dec 17
11–11:30am | 4:35–5:05pm | 5:45–6:15pm**Fridays:** Aug 28–Oct 16 | Oct 23–Dec 18
11:35am–12:05pm**Saturdays:** Aug 29–Oct 17 | Oct 24–Dec 19
9–9:30am**Saturdays:** Aug 29–Oct 17 | Oct 24–Dec 19
10:40–11:10am**Sundays:** Aug 23–Oct 11 | Oct 18–Dec 13
10:35–11:05am**MCRC Members \$32 | MCRC Non-Member \$40**
per session of 8****MCRC Members \$28 | MCRC Non-Member \$35****I'm 3 Look at Me! Swim Lessons****Age 3****Min: 3 | Max: 4***Location: MCRC Indoor Pool*

This class is designed for 3-year-olds who are ready to learn to swim without a parent by their side. Ratio will be 4:1 instructor. Skills/Activities: Comfort in the water, enter and exit water, blow bubbles through nose and mouth, submerging face, bobbing, front and back floats and glides while kicking feet. Emphasis on learning while playing. NOTE: This class is geared toward 3-year-olds who have taken part in the parent/child class and are ready for a new challenge. **No class Sept 7, or Nov 23–29.**

Mondays: Aug 24–Oct 12** | Oct 19–Dec 14
4–4:30pm | 6:15–6:45pm**Tuesdays:** Aug 25–Oct 13 | Oct 20–Dec 15
11:35am–12:05pm**Wednesdays:** Aug 26–Oct 14 | Oct 21–Dec 16
4–4:30pm | 5:40–6:10pm**Thursdays:** Aug 27–Oct 15 | Oct 22–Dec 17
11:35am–12:05pm | 12:10–12:40pm
5:40–6:10pm | 6:15–6:45pm**Fridays:** Aug 28–Oct 16 | Oct 23–Dec 18
11am–11:30am**Saturdays:** Aug 29–Oct 17 | Oct 24–Dec 19
9:35–10:05am | 11:15–11:45am**Sundays:** Aug 23–Oct 11 | Oct 18–Dec 13
10–10:30am**MCRC Members: \$32 | MCRC Non-Member: \$40**
per session of 8****MCRC Members \$28 | MCRC Non-Member \$35****Preschool Swim Lessons****Ages 4–5****Min: 3 | Max: 5***Location: MCRC Indoor Pool*

Children ages 4 and/or 5 learn water safety, survival skills and foundational swimming concepts in a safe and fun environment. Skills are age-appropriate, allowing children to achieve success by disguising learning through play.

MCRC Members: \$32 | MCRC Non-Member: \$40
per session of 8****MCRC Members \$28 | MCRC Non-Member \$35****Preschool Level 1**

Skills/Activities: Enter and exit water, blow bubbles through nose and mouth, submerging face, front and back floats and glides, alternating arm stroke with kicking and assistance on front and back, arm and leg action for treading water

Mondays: Aug 24–Oct 12** | Oct 19–Dec 14
5:10–5:40pm | 5:40–6:10pm**Tuesdays:** Aug 25–Oct 13 | Oct 20–Dec 15
12:10–12:40pm | 6:15–6:45pm**Wednesdays:** Aug 26–Oct 14 | Oct 21–Dec 16
5:25–5:55pm**Thursdays:** Aug 27–Oct 15 | Oct 22–Dec 17
4–4:30pm**Saturdays:** Aug 29–Oct 17 | Oct 24–Dec 19
9:35–10:05am | 10:10–10:40am**Sundays:** Aug 23–Oct 11 | Oct 18–Dec 13
10:35–11:05am**Preschool Level 2**

Skills/Activities: Enter and exit water, bobbing, retrieve submerged object, front and back floats and glides, roll from front to back and back to front, tread water, combined arm and leg action on front and back, finning arm action on back.

Mondays: Aug 24–Oct 12** | Oct 19–Dec 14
5:40–6:10pm | 6:50–7:20pm**Tuesdays:** Aug 25–Oct 13 | Oct 20–Dec 15
4–4:30pm | 5:25–5:55pm

Wednesdays: Aug 26–Oct 14 | Oct 21–Dec 16
4:35–5:05pm

Thursdays: Aug 27–Oct 15 | Oct 22–Dec 17
5:10–5:40pm

Fridays: Aug 28–Oct 16 | Oct 23–Dec 18
12:10–12:40pm

Saturdays: Aug 29–Oct 17 | Oct 24–Dec 19
9–9:30am

Sundays: Aug 23–Oct 11 | Oct 18–Dec 13
10–10:30am

Preschool Level 3

Skills/Activities: Jumping into deep water; fully submerge and hold breath; bobbing; front, jellyfish and tuck floats; recovering from front and back floats and glides, tread water using arm and leg actions, combined arm and leg actions on front and back independently. Next class is LTS Level 2 if 6 years old.

Mondays: Aug 24–Oct 12** | Oct 19–Dec 14
4:35–5:05pm | 6:50–7:20pm

Wednesdays: Aug 26–Oct 14 | Oct 21–Dec 16
4:50–5:20pm

Saturdays: Aug 29–Oct 17 | Oct 24–Dec 19
10:45–11:15am

American Red Cross Learn-To-Swim Program

Ages 6–12

Min: 3 | Max: 5

Location: MCRC Indoor Pool

The Learn-to-Swim (LTS) program is designed for children ages 6 to 12 years old. Each child progresses through each level at his/her own pace, mastering the skills in one level before advancing to the next. It is very common to take a class more than once prior to mastering and moving on to the next. Each level of our LTS program includes training in basic water safety. **No class Sept 7, or Nov 23–29.**

MCRC Members: \$40 | MCRC Non-Member: \$50
per session of 8

****MCRC Members \$35 | MCRC Non-Member \$44**

LTS Level 1: Introduction to Water Skills

Skills: Enter and exit water, blow bubbles through nose and mouth, bobbing, retrieve submerged objects, front and back floats and glides, alternating and simultaneous arm and leg actions on front and back, combined arm and leg action on front and back.

Mondays: Aug 24–Oct 12** | Oct 19–Dec 14
4–4:45pm

Tuesdays: Aug 25–Oct 13 | Oct 20–Dec 15
4–4:45pm | 4:35–5:20pm

Wednesdays: Aug 26–Oct 14 | Oct 21–Dec 16
5:40–6:30pm

Thursdays: Aug 27–Oct 15 | Oct 22–Dec 17
4–4:45pm

Saturdays: Aug 29–Oct 17 | Oct 24–Dec 19
11am–11:45am

LTS Level 2: Fundamental Aquatic Skills

Skills: Fully submerge and hold breath; bobbing; retrieve submerged objects; front, jellyfish and tuck floats; front and back floats and glides; roll from back to front and front to back; tread water; combined arm and leg action on front and back; and finning arm action on back. Skills should be performed comfortably with minimal assistance.

Mondays: Aug 24–Oct 12** | Oct 19–Dec 14
4:50–5:35pm | 6:35–7:20pm

Tuesdays: Aug 25–Oct 13 | Oct 20–Dec 15
4:50–5:35pm

Wednesdays: Aug 26–Oct 14 | Oct 21–Dec 16
4–4:45pm

Thursdays: Aug 27–Oct 15 | Oct 22–Dec 17
4:50–5:35pm

Saturdays: Aug 29–Oct 17 | Oct 24–Dec 19
9–9:45am

LTS Level 3: Stroke Development

Skills/Activities: Jumping into deep water; sitting and kneeling dives; rotary breathing; survival float; change from vertical to horizontal position on front and back; tread water; flutter, dolphin, scissor, and breaststroke kicks; front crawl; and elementary backstroke.

Mondays: Aug 24–Oct 12** | Oct 19–Dec 14
4–4:45pm | 4:50–5:35pm

Tuesdays: Aug 25–Oct 13 | Oct 20–Dec 15
5:25–6:10pm

Thursdays: Aug 27–Oct 15 | Oct 22–Dec 17
5:10–5:55pm

Saturdays: Aug 29–Oct 17 | Oct 24–Dec 19
9:50–10:35am

Sundays: Aug 23–Oct 11 | Oct 18–Dec 13
11:05–11:50am

LTS Level 4: Stroke Improvement

Improves proficiency of strokes and the ability to swim longer distances. Skills: Standing dives; underwater swimming; feet first surface dive; survival swimming; front crawl and backstroke; side stroke; breaststroke and butterfly.

Mondays: Aug 24–Oct 12** | Oct 19–Dec 14
5:45–6:30pm

Tuesdays: Aug 25–Oct 13 | Oct 20–Dec 15
4:35–5:20pm

Saturdays: Aug 29–Oct 17 | Oct 24–Dec 19
10:10–10:55am

Sundays: Aug 23–Oct 11 | Oct 18–Dec 13
11:05–11:50am

LTS Level 5/6: Stroke Refinement

Refine swimming skills in all competitive strokes: butterfly, breaststroke, backstroke and front crawl. Diving, turns and strategies for improving techniques and increasing speeds for each stroke as well as rescue skills training will be included.

Tuesdays: Aug 25–Oct 13 | Oct 20–Dec 15
6–6:45pm

Thursdays: Aug 27–Oct 15 | Oct 22–Dec 17
5:45–6:30pm

Saturdays: Aug 29–Oct 17 | Oct 24–Dec 19
11:20am–12:05pm

Adult Swim Lessons

Ages 13+

Location: MCRC Indoor Pool

This class is designed to assist adults of all swim levels to set personal goals and achieve those goals. If you are getting over fears, swimming for the first time, or learning a new stroke, this class will provide you with a personalized plan to help you learn the skills necessary to reach your goals. **No class Nov 28.**

Aug 29–Oct 17 | Oct 24–Dec 19

Saturdays, 11:50am–12:35pm

MCRC Members: \$40 | MCRC Non-Member: \$50
per session of 8

Adapted Aquatics Swim Lessons

Location: MCRC Indoor Pool

This is a class for individuals with special needs. This is not a therapeutic program, it is designed to provide participants with a positive water acclimation experience. Participants are paired with a swim instructor whose goal is to create a fun play environment while teaching important safety and swimming skills. Skills and games will be played in a 1:1 setting.

A parent, sibling or a responsible friend is requested to be in the water to assist the instructor on the first lesson, or until a relationship is established.

A meeting with the guardian, participant and the instructor will take place at the beginning of the first class to discuss goals and any considerations that will aid the participant and instructor to have a positive experience.

Participants may not register for 2 consecutive classes that would result in a full hour class. Class is only 30 minutes long, please be dressed and use the restroom prior, so we can start class on time.

Dates: A time that is convenient for you

Members: \$95 | Non-Member: \$130
per session of 4

Private and Semi-Private Swim Lessons

Location: MCRC Indoor Pool

Our private swim lesson program teaches the confidence that children or adults need to be successful in the water. Private swim lessons are offered to members & non-members of any age to assist in meeting your swimming goals. Participants will have fun while learning how to swim or improving strokes and technique with their favorite instructor. Please register at the front desk or online.

Private Swim Lessons

One-on-One instruction with an ARC Water Safety Instructor to meet your goals including learn how to swim, improve current skills through stroke refinement techniques and get over fears. Your class meets when it's convenient for you and your personal instructor.

One 30-minute lesson: \$30 Members | \$45 Non-Members
Four 30-minute lessons: \$110 Members | \$165 Non-Members
Eight 30-minute lessons: \$200 Members | \$300 Non-Members

Semi-Private Swim Lessons

Two-on-One instruction with an ARC Water Safety Instructor to meet your goals including learn how to swim, improve current skills through stroke refinement techniques and get over fears. Your class meets when it's convenient for you and your personal instructor.

One 30-minute lesson: \$50 Members | \$63 Non-Members
Four 30-minute lessons: \$190 Members | \$240 Non-Members
Eight 30-minute lessons: \$360 members | \$445 Non-Members

Available for 2 family members of similar swimming skills only.

Water Workout Classes

Stretch and Tone

Location: MCRC Indoor Pool

Light toning and gentle stretching exercises in shallow warm water. This class is perfect for all ages to help with relaxation, stress relief, pain relief, and improved range of motion. **No class 11/26, 12/24, & 12/31.**

Intensity: Low

Price per Month of Classes:

10–10:50am, Tuesdays | Thursdays

Dates	Day	Price
Sept 1–Sept 29	Tuesdays	\$25 M \$38 NM
Sept 3–Sept 24	Thursday	\$20 M \$30 NM
Oct 6–Oct 27	Tuesday	\$20 M \$30 NM
Oct 1–Oct 29	Thursday	\$25 M \$38 NM
Nov 3–Nov 24	Tuesday	\$20 M \$30 NM
Nov 5–Nov 19	Thursday	\$15 M \$23 NM
Dec 1–Dec 29	Tuesday	\$25 M \$38 NM
Dec 3–Dec 17	Thursday	\$15 M \$23 NM

Move and Groove

Location: MCRC Indoor Pool

A Pool Fitness Party with energetic cardio exercises set to fun upbeat music. This water class is a fun Low-impact, high energy challenge for participants of all ages and fitness levels. **No class 11/26, 12/24, & 12/31.**

Intensity: Low, Moderate or High—completely up to you!

Thursdays, 6:45–7:35pm | Saturdays, 8–8:50am

Dates	Day	Price
Sept 3–Sept 24	Thursday	\$20 M \$30 NM
Sept 5–Sept 26	Saturday	\$20 M \$30 NM
Oct 1–Oct 29	Thursday	\$25 M \$37.50 NM
Oct 3–Oct 31	Saturday	\$25 M \$37.50 NM
Nov 5–Nov 19	Thursday	\$15 M \$23 NM
Nov 7–Nov 28	Saturday	\$20 M \$30 NM
Dec 3–Dec 17	Thursday	\$15 M \$23 NM
Dec 5–Dec 26	Saturday	\$20 M \$30 NM

Shallow/Deep

Location: MCRC Indoor Pool

A combination of shallow and deep-water exercises to tone your body while getting your heart pumping. Jump in and make a splash, you won't want to miss this dynamic cardiovascular workout that tones the full body. **No class 9/7, 11/25.**

Intensity: Low, Moderate or High—completely up to you!

Dates	Day	Time	Price
Sept 14–Sept 28	Mon	9–9:50am	\$15 M \$23 NM
Sept 14–Sept 28	Mon	10–10:50am	\$15 M \$23 NM
Sept 2–Sept 30	Wed	10–10:50am	\$25 M \$38 NM
Oct 5–Oct 26	Mon	9–9:50am	\$20 M \$30 NM
Oct 5–Oct 26	Mon	10–10:50am	\$20 M \$30 NM
Oct 7–Oct 28	Wed	10–10:50am	\$20 M \$30 NM
Nov 2–Nov 30	Mon	9–9:50am	\$25 M \$38 NM
Nov 2–Nov 30	Mon	10–10:50am	\$25 M \$38 NM
Nov 4–Nov 18	Wed	10–10:50am	\$15 M \$23 NM
Dec 7–Dec 28	Mon	9–9:50am	\$20 M \$30 NM
Dec 7–Dec 28	Mon	10–10:50am	\$20 M \$30 NM
Dec 2–Dec 30	Wed	10–10:50am	\$25 M \$38 NM

Aqua HIIT

Location: MCRC Indoor Pool

A full body interval class focused on strength with bursts of cardio. Brief bursts of intensity work followed by short recovery periods that boost metabolism and burn more calories. Don't be surprised if you can do more in this class than anticipated—the buoyancy of the water allows you to work at a higher intensity with less stress on the body. **No class 11/26, 12/24, & 12/31.**

Intensity: Low, Moderate or High—completely up to you!

9–9:50am, Tuesdays | Thursdays

Dates	Day	Price
Sept 1–Sept 29	Tuesday	\$25 M \$38 NM
Sept 3–Sept 24	Thursday	\$20 M \$30 NM
Oct 6–Oct 27	Tuesday	\$20 M \$30 NM
Oct 1–Oct 29	Thursday	\$25 M \$38 NM
Nov 3–Nov 24	Tuesday	\$20 M \$30 NM
Nov 5–Nov 19	Thursday	\$15 M \$23 NM
Dec 1–Dec 29	Tuesday	\$25 M \$38 NM
Dec 3–Dec 17	Thursday	\$15 M \$23 NM

Senior WWO

Location: MCRC Indoor Pool

A combination of toning, stretching and light cardiovascular exercises geared towards seniors. Experience improved range of motion, pain relief and stress relief with socializing with friends in this fun water exercise class.

Intensity: Low

2–2:50pm, Tuesdays | Thursdays

Dates	Day	Price
Sept 1–Sept 29	Tuesday	\$25 M \$38 NM
Sept 3–Sept 24	Thursday	\$20 M \$30 NM
Oct 6–Oct 27	Tuesday	\$20 M \$30 NM
Oct 1–Oct 29	Thursday	\$25 M \$38 NM
Nov 3–Nov 24	Tuesday	\$20 M \$30 NM
Nov 5–Nov 19	Thursday	\$15 M \$23 NM
Dec 1–Dec 29	Tuesday	\$25 M \$38 NM
Dec 3–Dec 17	Thursday	\$15 M \$23 NM

Water Bootcamp

Location: MCRC Indoor Pool

Full Body water workout combining endurance, strength training, cardio, intervals and some Pilates moves. Classes may incorporate both shallow and deep-water exercises. This class will help improve your cardio fitness, increase your stamina, and increase your strength. **No class 9/7.**

Intensity: Low, Moderate or High—completely up to you!

Mondays, 7–7:50pm

Dates	Price
Sept 14–Sept 28	\$15 M \$23 NM
Oct 5–Oct 26	\$20 M \$30 NM
Nov 2–Nov 30	\$25 M \$38 NM
Dec 7–Dec 28	\$20 M \$30 NM

Cardio Splash

Location: MCRC Indoor Pool

A splash of Fun! This class is a combination of Cardio exercises, toning with weights and water resistance, some Pilates moves and stretching. A low-impact workout that people of all fitness levels can do. This class combines an aerobic workout with strength and endurance that improves coordination and stamina. **No class 12/25.**

Intensity: Medium

Fridays, 10–10:50am

Dates	Price
Sept 4–Sept 25	\$20 M \$30 NM
Oct 2–Oct 30	\$25 M \$38 NM
Nov 6–Nov 27	\$20 M \$30 NM
Dec 4–Dec 18	\$15 M \$23 NM

—Mentor Ice Arena—



440.974.5730 | www.mentoricearena.com
8600 Munson Road, Mentor, Ohio

Public Skate Schedule

Public Skates first half of season
October 2– December 20, 2026

**Closed November 7th for Synchronized Skating Competition*

Weekly Public Skate Schedule

Friday 10:30am–12pm (*Homeschool Skate*)
Friday 12:15–1:45pm (*Luncheon Skate*)
Saturday 1:30–3pm
Sunday 1:30–3pm

Family Cosmic Public Skates

Oct 17 1:30–3:30pm (*Halloween Skate*)
Nov 21 1:30–3pm
Dec 12 1:30–3pm (*Christmas Skate*)

Holiday Public Skate Schedule

Daily December 21, 2026– January 1, 2027

11am–12:30pm (*Except on Jan 1*) | 1:30–3pm | 4–5:30pm

**Closed December 24–December 25*

Noon Years Eve Skate

December 31, 11am–2pm

Celebrate the New Year at noon!

Public Skate Admission Rates

Adults	\$9
Youth (<i>age 17 & under</i>)	\$7
Homeschool (<i>Friday</i>)	\$6
Skate Rental	\$4

Studio Rink Public Skates–Skate Aids

Join us on the Studio Rink for a delightful ice skating experience designed for children 8 and under, alongside their parents. Our studio rink welcomes families to glide together during our weekend public skates. Skate aids are provided on a first-come, first-served basis to assist young skaters, ensuring a safe and enjoyable time on the ice. Please note that skate aids are not permitted on the large rink. Come make memories and enjoy the magic of skating with your little ones on our Studio Rink!

Homeschool Public Skate

Join us Fridays from 10:30 AM to 12 PM for our exclusive homeschool public skates. Homeschool public skate is a designated skating session tailored for children who are homeschooled and do not follow a traditional school schedule. This program caters to those seeking physical exercise and provides an opportunity for participants to potentially earn gym credits. It's important to note that homeschool credentials are not checked, ensuring accessibility to all homeschooled individuals. Adults are welcome to join in the skating activities alongside their children. Skate aids will not be permitted on the large ice surface, but our studio rink will be open with skate aids available for children 8 and under with a parent.

General Public Skate Information

Please note that the ice arena reserves the right to cancel any public skate and studio rink time. For the most up-to-date schedule, please visit www.mentoricearena.com/calendar. Additionally, for safety reasons, all children under 11 years old are required to wear a helmet while on the ice. Rental skates ranging from size 8 youth to adult 14 are available for your convenience. Kindly be informed that no refunds will be issued for public skates. Thank you for your understanding, and we look forward to welcoming you to our rink!

Mentor Ice Arena Party Options

Birthday Party General Information

- On ice parties are available from October through April.
- Renters may bring their own decorations. No decorations permitted on the ice.
- Any deliveries must be made during rented hours. (pizza, cake, etc.)
- We do not put any holds on parties until payment is made
- Skate rental is available at \$2 per skater paid the day of your party
- Children under 11 are required to wear a helmet while on the ice

How to Book

- All parties must be booked in person by appointment.
- Parties must be booked at least two weeks in advance.
- Contact the Arena Monday-Friday between 8:30–4:30PM to set up an appointment.
- All parties must be paid in full at the time of the appointment.

Studio Rink Parties

Resident: \$160 | Non-Resident: \$190

\$2 skate rental, per skater, paid day of party

Times Available to Rent

Saturday: 4–6pm or 6:30–8:30pm | **Sunday:** 4–6pm

Great for children ten and under! Experience the ultimate in ice-skating party in our Studio Rink! Your celebration comes complete with skate aids, a private room, and two hours of exclusive skating. With a guest limit of 25, you can invite all your friends and family to join in the fun. You're free to bring your own scrumptious treats to satisfy your cravings.

Public Skate Birthday Party

Resident: \$160 | Non-Resident: \$190

\$2 skate rental, per skater, paid day of party

Times Available to Rent

Saturday or Sunday

Room Available: 1–3:30pm | **Public Skate:** 1:30–3pm

Get ready for an exciting celebration with our Public Skating Parties! You'll have your very own private room amidst the enchanting atmosphere of our public skating sessions, accommodating up to 25 guests. Please note that skate aids won't be available on the West rink, only on the studio rink. Parties are allowed to bring their own delicious snacks to keep the energy high and decorations.

Large Rink Parties

\$250 per hour

\$2 skate rental, per skater, paid day of party

Time availability based on Arena schedule.

Elevate your celebration with our large rink rental option, offering a private skating experience. This is perfect for accommodating large groups. Price includes ice time only.

Learn-To-Skate

The Learn to Skate program advances skaters on a natural progression: children ages 3 to 5 will begin in the Tot Program; children ages 6 to 12 begin with the Basic Program. Teens 13+ and Adults of all ages are welcome to participate in a basic class for Teens and Adults. Tot lessons are 30 minutes long and held once a week for seven weeks. All other Learn-to-Skate classes are 45 minutes long and are also held once a week for seven weeks. **New skaters** begin in either Tot 1 or Basic 1, depending on their age.

Tot Classes: Ages 3-5

30 minutes once a week for 7 weeks

Basic Classes: Ages 6-12

45 minutes once a week for 7 weeks

Teen/Adult: 13+

45 minutes once a week for 7 weeks

Skating Progression

Hockey

Skaters who have successfully completed Tot 1 or Basic 1 levels are eligible to enroll in our Mini Mites or Blue Hockey, followed by our travel youth hockey program. Explore further details below.

Figure Skating

As skaters progress through the Learn to Skate program, they'll have access to various opportunities including specialty classes, private lessons, special events, synchronized skating teams and deeper insights into the world of skating beyond the program itself.

Learn to Skate USA Membership

To be part of our Learn to Skate program your skater is required to be a member of Learn to Skate USA. There is a yearly membership fee separate from the class fee. The membership is valid from July 1st- June 30th. Registration can be completed at www.learntoskateusa.com. When registering for classes you will be asked your membership number. Please, have this number handy. If you have questions, please give us a call at (440) 974-5730 Monday-Friday between 8:30-4:30PM.

Fall 1 September 8–October 26

Registration opens:

Residents: August 3 | **Non-Residents:** August 4

Fall 2 November 2–December 19

Registration opens:

Residents: October 5 | **Non-Residents:** October 6

***please note that Fall 2 Thursday and Saturday classes are 6-week sessions and have price adjustments*

Learn To Skate Schedule

Ages 2-3

Parent / Child Class

Parent must have basic skating experience.

Saturday, 9-9:30a.m.

Resident: \$70 | Non-Resident: \$85

Ages 3-5

Tot 1

Monday	5-5:30pm
Tuesday	5:30-6pm
Wednesday	5:30-6pm
Thursday	6-6:30pm
Saturday	9:40-10:10am

Resident: \$70 | Non-Resident: \$85

Tot 2–Must pass Tot 1

Monday	5:30-6pm
Tuesday	5:30-6pm
Wednesday	5:30-6pm
Thursday	6-6:30pm
Saturday	9:40-10:10am

Resident: \$70 | Non-Resident: \$85

Tot 3–Must pass Tot 2

Monday	5:30-6pm
Tuesday	5:30-6pm
Wednesday	5:30-6pm
Thursday	6-6:30pm
Saturday	9:40-10:10am

Resident: \$70 | Non-Resident: \$85

Tot Hockey–Must have passed Tot 1

Resident: \$70 / Non-Resident: \$85

Wednesday, 5-5:30pm

Resident: \$70 | Non-Resident: \$85

Ages 6-12

Basic 1

Tuesday	6:05-6:50pm
Wednesday	6:05-6:50pm
Thursday	6:35-7:20pm
Saturday	10:15-11:30am

Resident: \$80 | Non-Resident: \$95

Basic 2–Must pass Basic 1

Tuesday	5-6:50pm
Thursday	6:35-7:20pm
Saturday	10:15-11am

Resident: \$80 | Non-Resident: \$95

Basic 3–Must pass Basic 2

Thursday	6:35-7:20pm
Saturday	10:15-11am

Resident: \$80 : Non-Resident: \$95

Basic 4–Must pass Basic 3

Thursday	6:35-7:20pm
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Resident: \$80 | Non-Resident: \$95

Basic 5–Must pass Basic 4

Thursday	6:35-7:20pm
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Resident: \$80 | Non-Resident: \$95

Basic 6—Must pass Basic 5

Thursday 6:35-7:20pm

Resident: \$80 | Non-Resident: \$95

Pre-Aspire—Must pass Basic 6

Thursday 6:35-7:20pm

Resident: \$80 | Non-Resident: \$95

Aspire 1—Must pass Pre-Aspire

Thursday 6:35-7:20pm

Resident: \$80 | Non-Resident: \$95

Aspire Academy—Must pass Aspire 1

Fall 1 & 2 Saturday 9:15-10:30am

Resident: \$100 | Non-Resident: \$115

Power and Edge Clinic—Must pass Pre-Aspire

Fall 1 Saturday 10:30-11:15am

Fall 2 Saturday 8:30-9:15am

Resident: \$80 | Non-Resident: \$95

Ages 13+

Teen and Adult

Tuesday Level 1 6:50-7:35pm

Saturday Level 2+ 9:30-10:15a.m.

Resident: \$80 | Non-Resident: \$95



Specialty Learn to Skate Classes

Call for more information: 440-974-5730

Competition Class

Competition Class is part of the Learn to Skate Program and is open to any skater who has passed Tot 1 or Basic 1. Your skater will learn a program to music and have an opportunity to compete at an LTS competition at the end of the session. The program will incorporate skills that your skater has mastered in their previous Learn to Skate Class.

Inspire Synchronized Skating

Inspire Synchronized Skating is part of our Learn to Skate Program, is open to skaters who have passed Tot 1 or Basic 1. This team teaches the fundamentals of synchronized skating, focusing on teamwork, precision, and performance. Throughout the season, skaters learn a dynamic routine choreographed by our experienced coaches, with opportunities to perform and compete at local events. Tryouts are held each spring, offering skaters the chance to join a community of passionate athletes dedicated to personal growth and teamwork on the ice.

Hockey

Mini Mites 1&2

Ages 3-5

Skaters must have passed Tot 1 or Basic 1 in the Learn to Skate Program to be eligible. The Mini Mite, tailored for ages 3-5, serves as the seamless continuation from our Learn to Skate initiative. This specialized program is crafted to provide a natural progression for young skaters, offering essential skills and knowledge as they advance in their hockey journey. Upon completing Mini Mites, participants are well prepared to transition to the Mentor Ice Arena's Blue League, where they can further develop their skills in a supportive and engaging environment. Full equipment is required for this level and beyond.

Blue 1&2

Ages 6-8

Skaters must have passed Basic 1 in our Learn to Skate Program to be eligible. Blue offers an in-house hockey program tailored for skaters aged 8 and under, prioritizing skill development, fundamental training, and enjoyable experiences. Skaters are grouped into teams according to their skill levels. The Blue season is divided into two distinct halves. The initial half is dedicated to thorough skill enhancement, focusing on both individual and team development. As the season progresses into the latter part, games are added but the emphasis remains on ongoing skill development. This allows skaters to continue refining their abilities and applying them in real-game situations. This dual-phase structure is designed to promote continuous progress and provide a rich, dynamic experience for young athletes. Full equipment required.

After School Bus Program

Registration

Registration for this program begins 8AM September 7th and closes September 25th at 5PM

Price

Bellflower/Fairfax: \$117 (9 weeks)

Orchard/Sterling/Ridge/Hopkins: \$130 (10 weeks)

Lake \$100 (10 weeks 1-hour skate time)

Program starts the week of October 5 and ends the week of December 14th. The bus program does not take place on days when school is not in session.

Our exclusive After School Bus Program, available only to Mentor Public Schools, offers 1.5 hours of skating fun, skate rental is included. Students are transported from school to the Arena by city bus, where they are greeted by dedicated Arena Staff. Attendance is recorded by school and Arena staff. Arena Staff assist with skate tying, helmet fitting, and any other needs. Continuous supervision ensures safety from bus boarding to program end. Parents/Guardians must show ID to sign out their skater. Cash-only concession stand are available. Please note: formal lessons are not included.

Mondays: Bellflower/Fairfax

Pick up 4:45pm (No Skating 11/23 or 11/30)

Tuesdays: Sterling/Hopkins

Pick up 5:30pm (No Skating 11/24)

Wednesdays: Orchard/Lake

Pick up 4:45pm (No Skating 11/25)

Thursdays: Ridge

Pick up 5:30pm (No Skating 11/26)

—Wildwood— Cultural Center

M
Fall
2026



440.974.5735 | www.cityofmentor.com
7645 Little Mountain Road, Mentor, Ohio

Mentor Community Arts Commission

Montly, First Thursdays, 4:30pm

Location: Wildwood Cultural Center

The Mentor Community Arts Commission is an advisory committee through the City of Mentor, serving the community since 1981. Their mission is to assist the Wildwood Cultural Center and other public venues, to bring cultural enrichment to City of Mentor residents by designing and providing programs, events, and experiences from time to time, and to help make living in Mentor a source of pleasure and inspiration for residents of all ages. The Mentor Community Arts Commission meets on the first Thursday of every month at 4:30pm at the Wildwood Cultural Center.

All meetings are open to the public.

—Adult—

Private Piano Lessons

Ages 7+

Mondays, 2–6pm

Location: Wildwood Living Room

Beginners, intermediate, and advanced are welcome to learn piano with Doreen. Beginners will learn fundamentals regarding hand position, fingering, note time values, clefs, playing simple songs, reading notes on the staff, etc. Students who have studied previously receive coaching to enhance their musical/technical skills. Lessons are Mondays between 2-6 pm. Lessons are 45 minutes. All students are required to supply a spiral notebook for first day of lessons!

Instructor: Doreen Hoge

Resident: \$18 | Non-Resident: \$21

First time registering online with us?

Call one of our facilities so we
can set up a new account for you.

—Woodworking—

Wishing Well Pump Lamp

Ages 16+

Tuesdays, Sept 29–Oct 13, 6–8:30pm

Location: Wildwood Craft Room

Join a 3-week workshop to craft your own rustic wishing well pump lamp, bringing the charm of a wishing well into your home. This unique lamp design includes all necessary supplies, such as lamp shades, for a complete and enlightening experience. Embrace creativity and illuminate your space.

Instructor: Don Jedlicka

Resident: \$75 | Non-Resident: \$90

Wooden Holiday Reindeer Basket

Ages 16+

Tuesday, November 17, 7–8pm

Location: Wildwood Craft Room

Discover the fundamentals of carpentry by crafting a charming 2' tall holiday reindeer basket. This hands-on class offers a perfect introduction to woodworking tools and techniques. By the end of the session, you'll have created a unique basket that serves as an ideal holiday gift or a standout decorative piece for your home, whether indoors or outdoors. With all supplies provided, you can focus entirely on honing your carpentry skills and enjoying the creative process. Join us to combine function with festive cheer, creating something truly special this holiday season. Perfect for beginners eager to explore the world of woodworking.

Instructor: Don Jedlicka

Resident: \$36 | Non-Resident: \$42

—Women Of Wildwood—

Boho: Crescent Moon Wreath

Ages 21+

Monday, October 12, 6:30–8:30pm

Location: Wildwood South Wing

Join the Women of Wildwood for a magical hands-on workshop where creativity and nature come together. In this enchanting class, you'll learn how to design a beautiful boho crescent moon wreath using dried flowers, soft preserved moss, natural textures, and shimmering crystals. Guided step-by-step, you'll create a whimsical piece inspired by woodland charm and earthy elegance. Discover tips for arranging florals, balancing textures, and adding crystal accents that bring peaceful energy and sparkle to your creation. Whether you're a beginner or seasoned crafter, this inspiring experience offers a relaxing escape filled with creativity, connection, and a touch of Wildwood magic.

Instructor: Women of Wildwood

Resident: \$45 | Non-Resident: \$55

Holiday Ugly Sweater Party: Trivia Night!

Ages 21+

Tuesday, December 1, 6:30–8:30pm

Location: Wildwood South Wing

Join the Women of Wildwood for their annual Holiday Ugly Sweater Trivia Night! Gather your friends for an evening filled with laughter, fun, and a wealth of quirky trivia. Exciting prizes will be awarded to the winners, the ugliest sweater most creative, best group themed sweaters. Light snacks will be available, and each participant will leave with a personalized Christmas charm bracelet!

Instructor: Women of Wildwood

Resident: \$36 | Non-Resident: \$44

Ballroom Dancing

Ages 16+

Location: Wildwood South Wing

Whether you dance with slow and elegant movements or upbeat and high-energy movements, you're sure to find something you will love at this 6-week beginner's course! These classes are great for anyone who wants to learn how to dance! We will learn the steps for dances such as rumba, foxtrot, waltz, east coast swing, and much more. Come prepared to have fun and make new friends!!

Instructor: Maggie Runyon

Rumba & Cha Cha, Tuesdays, Sept 8th–Oct 6

Beginners Level: 6–7pm

***Advanced Level: 7–8pm**

**Individuals in advance level must have taken a ballroom dancing class at wildwood prior to registering.*

Resident: \$130 | Non-Resident: \$144 per couple

Ladies Night Out: Poker Education 101

Ages 21+

Sunday, October 18, 2–3pm

Location: Wildwood Cultural Center

Join the Women of Wildwood on how to learn to play Texas Holdem Poker in this nonjudgement environment.

A professional card expert will gently walk you through the rules, guidelines, and methods of winning a hand. This class will teach you the ropes of Texas Holdem, the proper procedures, and you will be able to play confidently.

*****During this program no actual monetary betting will take place. This program is based on card playing education*****

Instructor: April Koch

Resident: \$10 | Non-Resident: \$12

—Art—

Stained Glass

Ages 16+

Location: Wildwood Cultural Center

This is an artistic, creative and active stained-glass program where no experience is necessary and all supplies are needed. The instructor will provide all the tools and safety equipment for you to use in class. Be sure to dress comfortably—no sandals or open-toed shoes. It is not recommended for pregnant women due to the chemicals used.

Instructor: Vicki Vesel

Resident: \$100 | Non-Resident: \$120

Stained Glass- Stained Glass Owl

Wednesdays, Sept 30–Oct 28, 6:30–9pm

What a hoot! Learn how to make a stained-glass owl. Learn how to cut glass and assemble a glass owl sun catcher with colors you select. No experience necessary! There is a \$25 supply fee due to instructor first night of program.

Stained Glass Holiday Sun Catcher

Wednesday, Nov 4–Dec 9, 2:30 - 5pm

Make a beautiful holiday-stained glass sun catcher to brighten your winter window. The instructor brings tools, glass and her knowledge and you bring yourself and your creativity. Learn how to cut glass and assemble a sun catcher with glass colors you select. No experience necessary; instructor will provide all tools and safety equipment for you to use in class. There is a \$25 supply fee due to instructor first night of program. ***No class on November 25th.**

Special Occasion Quilling Cards

Ages 15+

Monday, September 14, 6:30–8pm

Location: Wildwood Cultural Center

Join the skilled women of Mul Wal Creations for a step-by-step journey into the essentials of quilling. Uncover the artistry and techniques that make this craft unique. The class includes all necessary supplies, and each participant will leave with beautifully crafted cards and envelopes.

Instructor: Mulwal Creations

Resident Rate \$16 | Non-Resident Rate: \$20

Quilled Framed Flower Tags

Ages 16+

Thursday, November 12, 6:30–8pm

Location: Wildwood Cultural Center

Join MulWal Creations for a delightful quilling class, perfect for beginners and experienced quillers, where you'll craft framed artwork (12x12) with autumn-themed foliage. Quilling is the art of transforming narrow paper strips into coiled, curled designs, creating intricate patterns that beautifully blend patience, geometry, and creativity into stunning dimensional paper art.

Instructor: Mulwal Creations

Resident Rate \$52 | Non-Resident Rate: \$60



Autumn Birch Tree Paint & Lunch

Ages 16 +

Wednesday, October 14, 12–2pm

Location: Wildwood Cultural Center

Join us for a delightful afternoon of painting as we recreate a stunning autumn birch tree scene on canvas! Due to popular demand, we're bringing it back with a twist—lunch! Enjoy step-by-step instruction with all acrylic supplies and a 9x12 canvas provided. Spend a relaxed, creative afternoon with friends, including a light luncheon. No experience needed; just bring your creativity and laughter!

Instructor: Dawn Cawood

Resident Rate \$35 | Non-Resident Rate: 42

"Poppy and Pastels" Watercolor Class

Advance Beginner/Intermediate

Ages 16 +

Monday, September 14, 6–9:30pm

Location: Wildwood South Wing



Exploring something new in watercolor painting. This is an opportunity to create a brilliant and dazzling poppy in bright watercolor and then learn techniques for when and how to add soft chalk pastels to enhance

your work. No drawing ability needed. However, some previous watercolor painting experience is helpful. All supplies are provided and at the end of class you will go home with a matted painting you created ready for framing. **There is a \$8 supply fee due to instructor night of program!**

Instructor: Jacki Wroblewski

Resident: \$48 | Non-Resident: \$56

"Cardinal and Holly" Watercolor Class

Beginner/Intermediate

Ages 16+

Monday, October 5, 6–9:30pm

Location: Wildwood South Wing

This sweet painting allows you to create a beautiful male cardinal simply perched on a holly branch. You'll learn the blending and mixing of pigments and how to bring your cardinal to life. All supplies are provided and no drawing ability is needed. Perfect for the upcoming holidays. There is a \$7 supply fee due to instructor night of program.

Instructor: Jacki Wroblewski

Resident: \$42 | Non-Resident: \$50

Miranda's Mandala's: Sunflower Mandala

Thursday, August 20, 6–9pm

Location: Wildwood South Wing

Join us for a creative evening painting a sunflower mandala! This beginner-friendly class requires no artistic experience. You'll learn simple dot painting techniques to create a cheerful design on a natural stone or round magnet. Enjoy a fun night out, unwind, and make a beautiful keepsake or handmade gift. Just bring yourself and have fun! There is a \$5 supply fee due to instructor night of program.

Instructor: Miranda Pitrone

Resident: \$27 | Non-Resident: \$32

Miranda's Mandala's: Leaf Mandala

Thursday, September 10, 6–9pm

Location: Wildwood South Wing



Join a relaxing painting class to transform a wooden leaf cutout into a mandala-inspired artwork using simple dot painting techniques. Suitable for all skill levels, including beginners, the class offers step-by-step guidance. The

leaf's natural shape and mandala art's timeless appeal make it perfect for décor or gifts. All supplies are included, and participants will leave with a completed Leaf Mandala. There is a \$5 supply fee due to instructor night of program.

Instructor: Miranda Pitrone

Resident: \$27 | Non-Resident: \$32

The Art of Paper Flower Making

Ages 16 +

Monday, September 14, 6–9:30pm

Location: Wildwood Cultural Center

Create a unique spray of paper made flowers guided by the creators and artist of Good Company, Amy Strawbridge. Individuals will use delicate papers to create the most beautiful works of art. Each individual will walk home with three uniquely design paper flowers.

Instructor: Amy Strawbridge

Resident: \$25 | Non-Resident: \$30

—Theatre—

Acting Fundamentals Workshop

Ages 15+

Thursdays, Sept 10–Oct 15, 7–9pm

Location: Wildwood Cultural Center

Master the fundamentals of acting and enhance your skills by immersing yourself in the exhilarating world of performance. This six-week course covers everything from warm-up techniques to stage production. You will delve into audition preparation, scene and character studies, improvisation, and both backstage and front stage direction. The class will conclude with a small production for family and friends, providing a delightful acting experience in a relaxed and supportive environment. Join us and discover the thrill of acting!

Instructor: Chris Alaimo

Resident: \$100 | Non-Resident: \$120

Screenwriting: Beyond the Basics

Ages 16+

Sept 23–Oct 7 | Oct 21–Nov 4

Wednesdays, 7-9pm

Location: Wildwood Cultural Center

This lecture series is designed to help aspiring screenwriters move beyond the basics and take their work to the next level. Over three sessions, we'll dive deeper into structure, character, pacing, and tone, along with the practical realities of rewriting and revision. Intended for students with a foundational understanding of screenwriting, it's ideal for those looking to strengthen their voice and create more polished, compelling scripts. Instructor Jack Gorman is a filmmaker and screenwriter whose feature film, *Mama Duck*, is slated for distribution and has a background in award-winning short films.

Instructor: Jack Gorman

Resident: \$100 | Non-Resident: \$120

Mentor Parks and Recreation | Fall 2026

—Health—

Wellness with Kristina

Ages 16+

Location: Wildwood Cultural Center

Through movement, writing, ritual, and creative play, Kristina invites participants into experiences that reconnect them with their inner voice, imagination, and sense of place. These workshops explore storytelling as healing, creativity as self-trust, and art as a pathway toward deeper connection — to us, to others, and to the worlds we inhabit.

Instructor: Kristina Ambrosia

Explore Your Story: A Word and Movement Workshop

Wednesday, September 9, 7–8:30pm

This session blends creative writing and gentle movement to help participants reflect on their past, engage with their present, and explore future possibilities through embodied storytelling and guided prompts.

Resident: \$25 | Non-Resident: \$30

Love Letters to Place

Wednesday, September 23, 7–8:30pm

A night inspired by cities we love. Join us for a creative, cozy evening of writing love letters to your favorite locales. City-themed sip and treat, beautiful stationery, and the chance to have your letter featured in a published book.

Resident: \$25 | Non-Resident: \$30



You Are Your Guru: Free Flow Art

Wednesday, October 7, 7–8:30pm

You are the inspiration and the message. Join us as we explore five main elements of a guidance card before you get busy crafting your own. Your card is a reminder that you get to be your own guru, initiate your own healing, and pick your own path.

Resident: \$25 | Non-Resident: \$30

—Food—

In the Kitchen with Judi Strauss

Adults 16+

Location: Wildwood Kitchen

These are interactive cooking classes for you to enjoy and classes highlight an array of cooking topics “how to’s.” Judi’s classes are a great way to learn new cooking techniques, taste new recipes and experience cooking in a fun environment. In each class, there will be plenty to taste and recipes to take home. Come ‘cook up’ some new recipes with Judi! Make sure to bring containers to take food home!

There is an additional \$10 food fee payable in cash to the instructor the night of program.

Instructor: Judi Strauss

Tuesdays, 7–9pm

Sept 15	Biscotti
Sept 22	Asian Take Out
Sept 29	Dumplings
Oct 6	Puff Pastry
Oct 13	Phyllo
Oct 20	Doughnuts/ Fritters
Oct 27	Bread Baking
Nov 3	Pies
Nov 10	Classic Apps
Nov 17	Sauces For All Occasions
Dec 1	Food Gifts
Dec 8	Cookies Cookies Cookies
Dec 15	Holiday Baking

Resident: \$20 | Non-Resident: \$24

Buttercream Party Cookie Art

Ages 16+

Location: Wildwood South Wing

Join Buttercream Party for a fun time of learning some tips and tricks to decorating sugar cookies! You will learn icing consistency matters, flooding, how to decorate with multiple textures, writing, and more! Each person will receive 12 baked, blank cookies, royal icing in bags in multiple colors, photos for ideas, recipe sheet and tips and tricks sheets to take home! **There is a \$10 food fee to be paid in cash to instructor the night of class.**

Instructor: Erin Urusko

Thursday, Sept 24, 7–9pm	Fall Colors
Wednesday, Oct 21, 7–9pm	Boho Halloween
Thursday, Nov 19, 7–9pm	Thanksgiving Treats
Saturday, Dec 12, 2–4pm	Holiday Treats

Resident: \$25 | Non-Resident: \$30

—Youth Art—

Tiny Tot’s Storytime at Wildwood!

Ages 1–4 + Adult

Location: Wildwood Manor House

Learn, laugh, and make memories at these active Storytimes! Each class is specially tailored for 1 to 4 year olds and the program theme includes stories, an art project, sensory activities, games, exploring the Manor House, and more! You and your lil’ one will learn, laugh, and make memories at these unique Storytimes!

Instructor: Jennifer Loparo

Mondays, 10–11am

Sept 14	Apples, Farm Harvest
Oct 12	Princess and Pirates Pumpkin Party
Nov 16	Little Pilgrims
Dec 7	Snowflakes

Resident \$10 | Non-Resident \$12

The Miniature World of Fairy Gardens

Ages 6+

Monday, October 19, 7–9pm

Location: Wildwood South Wing

Whimsical Halloween



Come to create a seasonal miniature, magical world! Let your creativity flow while building a fairy garden of your very own! Class fee includes - 12 inch lantern, fairy lights, moss, pebbles, live and faux fairy plants, small garden accessories, leaves, ribbons, fall and Halloween accessories and more! Instructor Audrey Lariccia will lead you on

basic fairy design. This class is open to any participant 6 years of age and older. **A supply fee of \$25 is due in cash to the instructor the night of class.**

Instructor: Audrey Lariccia, This and That Treasures

Resident: \$32 | Non-Resident: \$38

Snowflake Valley and Magical & Miniature Christmas World

Monday, November 30, 7–9pm

Location: Wildwood South Wing

Come to create a whimsical holiday miniature, magical world! Let your creativity flow while building a fairy garden of your very own! Class fee includes - 12 inch lantern, fairy lights, moss, pebbles, live and faux fairy plants, small garden accessories, leaves, ribbons, Christmas accessories and more! Instructor Audrey Lariccia will lead you on basic fairy design. This class is open to any participant 6 years of age and older. **A supply fee of \$25 is due in cash to the instructor the night of class.**

Instructor: Audrey Lariccia, This and That Treasures

Resident: \$32 | Non-Resident: \$38

Dibbs On It Family Fest – Curious in Nature

Thursday, August 13, 4:30–6:30pm

Location: Wildwood South Wing

Step into a world of curiosity and creativity at the Curious in Nature Family Fest! Experience hands-on learning with interactive nature stations offering art, sensory play, storytelling, scavenger hunts, and wildlife observation. Create leaf print art, sketch clouds, and discover nature's wonders through playful experiences. Join us to explore, learn, and make joyful memories together! **Each additional patron is \$15 each.**

Instructor: Kelly Dibble Kerner

Resident: \$20 | Non-Resident: \$24

Price reflects price of one child and one adult.

Dibbs On It Family Fest – Pumpkin Party

All Ages

Thursday, October 20, 4:30–6:30pm

Location: Wildwood South Wing

Get ready for a festive fall adventure at the Pumpkin Party Family Fest! Experience Dibbs On It's unique blend of fun and hands-on learning for all ages. Families will enjoy interactive pumpkin-themed stations with art, sensory play, STEAM activities, storytelling, and scavenger hunts. Paint pumpkins, experiment with science, create autumn art, and explore fall sensory activities. Come ready to explore, create, learn, and make unforgettable memories together! **Each additional patron is \$15 each.**

Instructor: Kelly Dibble Kerner

Resident: \$20 | Non-Resident: \$24

Price reflects price of one child and one adult.

—Youth Food—

Child and Adult Buttercream Party Cookie Art

Ages 5+, plus one adult

Location: Wildwood South Wing

Join Buttercream Party for a fun time of learning some tips and tricks to decorating sugar cookies. You will learn icing consistency matters, flooding, how to decorate with multiple textures, writing, and more! You will receive 12 baked, blank cookies, royal icing in bags in multiple colors, photos for ideas, recipe sheets, and tips and tricks sheets to take home. Enjoy decorating (and eating) these stylish cookies! **There is a \$10 food fee to be paid in cash to the instructor on the night of class.**

Instructor: Erin Urusko

Sunday, Oct 18, 11am–1pm Spooktacular Treats

Saturday, Dec 12, 11am–1pm Dear Santa Cookies

Resident: \$20 | Non-Resident: \$25

—Homeschool—

Wildwood Homeschool Adventures

Ages 7-10

Location: Wildwood Manor House

Calling all homeschoolers-Join Mrs. Loparo as she walks you through the wonders and sites of history, art, education and so much more! During this homeschool program students will walk away with knowledge, craft and exploration.

Instructors: Jennifer Loparo

Monday | Friday, 1–2:30pm

Monday, Sept 21 Apples & Johnny Apple Seed

Friday, Oct 9 Spiders & Their Webs

Friday, Nov 13 Native Americans

Friday, Dec 18 Snowflake Bentley

Resident \$12 | Non-Resident \$18

—Mentor Senior Center—



440.974.5725 | www.mentorseniorcenter.com
8484 Munson Road, Mentor, Ohio

Senior Center Membership

The Mentor Senior Center is a membership-based facility, and a current membership is required to participate in Senior Center activities and programs. **Membership is \$10 per calendar year for Mentor residents and \$15 per calendar year for non-residents.** Individuals who are eligible for SilverSneakers® receive a free Senior Center membership as part of their SilverSneakers benefit.

—Arts & Crafts—

All Media Painting

Location: Senior Center Cultural Arts Room

All the fundamentals of art will be covered: composition, design, and color. Please bring the media of your choice, paper, and reference materials.

Instructor: Ginny Mancini

Sept 3–Oct 22 | Nov 5–Dec 17

Thursdays, 10am–12pm

Resident: \$40 | Non-Resident: \$50

Creative Ceramics

Location: Senior Center Cultural Arts Room

This class focuses on decorating pre-made ceramic pieces—no wheel throwing or wet clay. Instruction and kiln firing are included. A \$10 supply fee (included in registration) covers brushes and glazes. Greenware or bisqueware pieces are available for purchase from the instructor. All skill levels welcome! Returning students may bring their own pieces to glaze.

Instructor: Sharon Williams

Sept 2–Oct 21 | Nov 4–Dec 23

Wednesdays, 10am–12pm

Resident: \$50 | Non-Resident: \$60

Needlecrafters Club

Location: Senior Center Cultural Arts Room

Bring your crochet hooks, knitting needles, or cross-stitch kits and enjoy a cozy, creative session with fellow crafters! Whether you're a beginner or a seasoned stitcher, it's the perfect time to relax, share ideas, and make progress on your favorite project in a warm, friendly setting. One-time annual registration required at the front desk.

Mondays, 10:30am–12pm

(No meet up Sept 7th)

Resident | Non-Resident: Free

NEW! iPhone Photography Workshop Series

Location: Senior Center Cardinal Room

Learn how to take better photos and get more out of your iPhone in this fun, hands-on 4-week workshop series. Designed for all skill levels, participants will explore camera tips and hidden features, simple photo editing techniques, organizing photo collections, and ways to safely share and preserve memories. Each relaxed session includes live demonstrations, guided practice, and plenty of time for questions. Whether you want to capture better family photos, travel memories, pets, or sunsets, this class will help you feel more confident using your iPhone camera. No prior experience needed — just bring your iPhone and your curiosity!

Instructor: Coleen Moskowitz

Tuesdays, Sept 8–Sept 29, 10am–11:30am

Resident: \$17 | Non-Resident: \$22

Quilting Club

Location: Senior Center Cultural Arts Room

Join us for Quilting Club, meeting either Monday or Tuesdays. Bring your current quilting project and enjoy a relaxed, welcoming atmosphere while you sew and socialize with fellow quilters. This club is free to attend, but we ask that you register at the front desk once per year.

Please note: This is not a class. Participants should have prior quilting experience and must bring their own supplies, including a sewing machine.

Mondays, 5:30–7:30pm | Tuesday, 9–11am

Resident | Non-Resident: Free

Woodcarving

Location: Senior Center Cultural Arts Room

Beginner or experienced carvers. Patterns and tools available. The first project kit is available for \$5, payable to the instructor. Remaining projects and wood are at your own expense. One-time annual registration required at the front desk.

Volunteer Instructor: Ken Kothera

Tuesdays, 2–4pm

Resident | Non-Resident: Free

—Continuing Education—

AARP Driver Safety Course

Location: Senior Center Cultural Arts Room

Licensed drivers 55 or older can take this class designed to refine existing skills as well as develop new, safe defensive driving techniques. You may earn a certificate and possibly qualify for a lower auto insurance rate (check with your agent). Bring your driver's license and AARP card to the class. Cost: \$20 for AARP members, \$25 for non-AARP members, check or money orders made payable to AARP is due upon registration. Lunch is on your own.

Instructor: AARP Instructor

Monday Sept 28, 10am–2:30pm

AARP Member \$20 | Non AARP Member: \$25

Book Club

Location: Senior Center Cultural Arts Room | Cardinal Room

Join Mentor librarian Cailey Hutchins to discuss popular reads each month. Call (440) 255-8811, ext. 247 to arrange pick up at the drive thru. Personal copies may also be used. For more information, email cailey.hutchins@mentorpl.org. Note time and location change for Nov and Dec.

Wednesdays, 1:30–3pm (Cultural Arts Room)

Sept 16 Lady Tan's Circle of Women, Lisa See

Oct 21 The First Conspiracy: The Secret Plot to Kill George Washington, Brad Meltzer

Wednesdays, 2:30–4pm (Cardinal Room)

Nov 18 Next Year in Havana, Chanel Cleeton

Dec 16 The Demon of Unrest, Erik Larson

Resident | Non-Resident: Free

American Sign Language Club

Location: Senior Center Cultural Arts Room

Join the American Sign Language Club. Expand on what you already know. Learn sentence structure and more about Deaf culture. Challenge yourself and continue learning!

Volunteer Instructor: Sharon House

Tuesdays, Sept 1–Dec 29, 12–1pm

Resident | Non-Resident: Free

Coffee with the Firemen including hands only CPR

Location: Senior Center Cardinal Room

Join Mentor firemen to learn how the department operates, the many services the department offers, learn and practice hands only CPR, and participate in a question and answer session.

Wednesday, Oct 7, 10–11:30am

Resident | Non-Resident: Free

Diabetes Empowerment Education Program

Location: Senior Center Cultural Arts Room

The Diabetes Empowerment Education Program (DEEP) workshop offered by Fairhill Partners helps participants take control of their disease and reduce the risk of complications. It empowers people with diabetes and pre-diabetes to take charge of their health. DEEP is fun and interactive, with hands-on learning. Workshops meet for 6 weekly 2-hour sessions.

Registration deadline is Sept. 1. Space is limited!

Friday, Sept 18–Oct 23, 9:30–11:30am

Resident | Non-Resident: Free

Cooking Classes

Location: Senior Center Cardinal Room

Join us in the kitchen as LaDonna from Let's Cook brings her mobile kitchens in to teach us how to prepare mouthwatering, easy dishes. Each participant will make their own meal from start to finish. LaDonna brings the ingredients, cleans up the mess and you do the cooking. Don't forget to bring large containers with you to the program so you can take home any leftovers.

Registration deadline is one week prior to class date to allow for food purchasing.

Instructor: LaDonna

Resident \$30 | Non-Resident: \$37.50 each class

Mondays, 3:30–5pm

Sep 14: Ratatouille

We will be using eggplant, zucchini, tomatoes, onions and peppers to create the classic low carb, low calorie French vegetable dish Ratatouille. The best part about this ratatouille is that it can be served hot or cold and your leftovers can be frozen for later.

Oct 5: Cacciatore

In Italian cacciatore is the dish of the hunter and gatherer, in this class you won't have to hunt for anything as LaDonna will bring you all the delish ingredients you need to make this delicious vegan version. You will be using lentils, mushrooms, carrots, olives and capers to create this warm rich meal.

Nov 2: Chickpea Pot Pie Soup

The cold winter is coming and what better way to bring it in than with a delicious pot of soup. In this class we will turn those chickpeas into a warm decadent pot of soup to enjoy on those cold nights.

Dec 7: Mushroom Bourguignon

A healthy and comforting meal that is rich in umami flavor. For this dish we will be sauteing mushrooms in a warm rich sauce with other vegetables and red wine to create this french masterpiece.

Cookbook Club

Are you interested in exploring new cookbooks and sharing your culinary creations with others? The Cookbook Club offers the perfect opportunity. Each month, participants will select a dish from a selected cookbook, prepare recipes, and bring their dishes to share in a potluck gathering. Members are responsible for obtaining the monthly title from their local library. To ensure availability, we recommend placing a hold at least one month in advance.

Join us for engaging discussions, recipe exchanges, and of course, delicious food. **Registration deadline: Sept 11**

Mondays, 3:30–5pm

Sept 21 The Blue Zones American Kitchen: 100 recipes to live to 100

Oct 19 Soup, Stews and More; Taste of Home

Oct 19 The Baking Bible: Rose Levy Beranbaum

Nov 23 In the Kitchen with Cleveland's favorite chefs; Maria Isabella

Dec 21 Bring a favorite holiday appetizer to share

Cooking Education

Location: Senior Center Cardinal Room

Resident \$5 | Non-Resident: \$6

Is your spice still nice?

Do you have a spice that's just sitting in your cupboard unused? How about that oregano from your garden three years ago? Maybe some vanilla from a recent vacation you're unsure about? Well, this is your chance to learn a little bit more about how long we should keep those, where we should keep them and how to get the best flavor. LaDonna from Let's Cook will be teaching us all about spices. We'd love for you to bring any favorite spices you'd like to share or trade with others. If you plan to join in, please bring small containers or envelopes for your selections.

Monday, Oct 12, 3:30–4:30pm

So Mush to Learn about Mushrooms

There are so many types and so many benefits to mushrooms. Join us as LaDonna from Let's Cook walks us through some of the different types and uses for some of these really fungi to be around.

Monday, Nov 9, 3:30–4:30pm

Navigating the Journey of Care: A Talk in Preparedness

Location: Senior Center Cardinal Room

Topics to be discussed: Important documents such as Advanced Directives, Power of Attorney and Living Will. The creation of a "when things go wrong" binder. Hospice Care and Palliative Care and what they mean. The different care choices, including home care and how to prepare your home if you wish to stay there.

Thursday, Nov 5, 10am

Resident | Non-Resident: Free

Lake County Council on Aging

Location: Senior Center Cardinal Room | Great Room

The Council on Aging will be at the Senior Center to present information about the programs and services available to Lake County seniors.

Mondays, 12–12:30pm (Cardinal Room)

12:30–1pm (Great Room)

Sep 14 Volunteer Opportunities

Oct 5 Medicare 101

Nov 2 Non-Medical In Home Care

Dec 7 Vial of Life

Resident | Non-Resident: Free

Lake County Council on Aging Community Outreach Social Worker

Location: Senior Center Lobby

The Lake County Council on Aging has a Community Outreach Social Worker who will be onsite to answer questions, provide information, and to make sure that your needs are being met. Assistance is available to help you with: in-home care, home safety, health insurance, prescription assistance, legal and financial issues, HEAP, food resources, housing, medicaid, food stamps, mental health, hygiene, health and wellness, etc. No appointment necessary. **Note there is no Oct session.**

Presented by: Licensed Social Worker Connie Brocone

Thursdays, 11am–12pm

Sep 17 | Nov 5 | Dec 10

Resident | Nonresident: Free

Lake County Property Fraud Alert Program

Location: Senior Center Cardinal Room

Presentation provided by the Lake County Records office and includes: What property fraud is and how it happens; How homeowners can protect themselves; How the Property Fraud Alert system works; Step-by-step instructions on how to sign up

Tuesday, Oct 6, 10am

Resident | Non-Resident: Free

Lunch and Learn–Health Care and Your Retirement

Location: Senior Center Cardinal Room

Steve Mrozek, Financial Advisor from Edward Jones will be presenting the Health Care and Your Retirement seminar: Health Care and Your Retirement is an educational program that addresses what steps investors should take to prepare for health care costs to help ensure your retirement savings stay healthy.

Presentation and lunch provided by: Edward Jones.

Thursday, Oct 1, 10–11:30am

Resident | Non-Resident: Free

Lunch and Learn–Hospice Care

Location: Senior Center Cardinal Room

Curious about hospice but not sure what it really means? Halli Martin from Cadre Hospice will present "Nourish & Know: The Heart of Hospice". Join us for an engaging Lunch & Learn where we'll demystify hospice care in a warm, welcoming setting. Discover the wide range of services hospice provides, who it's for, and how it supports both patients and families with comfort and dignity. We'll also share meaningful ways you can get involved as a volunteer and make a difference in your community. Come enjoy a relaxed meal, ask questions, and leave with a new perspective on compassionate care.

Thursday, Dec 3, 10–11:30am

Resident | Non-Resident: Free

Medicare Annual Review: What's Important to Know for 2027

Location: Senior Center Cardinal Room

Join us for a simple educational overview of Medicare's Annual Enrollment Period (Oct 15-Dec 7), plan changes, important deadlines, and what beneficiaries should know before making decisions. Presentation provided by Lauren Fenton of Fenton Financial Services.

Tuesday, Sept 29, 10–11am

Resident | Non-Resident: Free

Medicare Check Up Presentation

Location: Senior Center Cardinal Room

Join the Council on Aging's Benefits Specialist for a Medicare Check Up presentation. Medicare Open Enrollment is from October 15-December 7. If you are already on Medicare, this is the time to review your plan, as Medicare Part D and Medicare Advantage plans change yearly. Understanding your Medicare options can be overwhelming, but you don't have to do it alone - we are here to help! This presentation will touch on the Medicare basics and include the changes expected for 2027.

Thursday, Oct 22, 10-11am

Resident | Non-Resident: Free

Mocktail Mixology Class

Location: Senior Center Cardinal Room

"Sober October" Savor the Flavor: Non-Alcoholic Sangria. Indulge in a delightful journey of flavors while discovering the vibrant and refreshing world of sangria, sans the alcohol. Learn the art of creating a zero proof sangria using a combination of non-alcoholic wines, fresh fruits, juices, herbs, and spices. Class includes a tasting flight of Red, White, Rosé and a bubbly Sangria, a small charcuterie cup and recipes and tips for creating your own non-alcoholic drinks at home. Come see what it's all about!

Instructor: Katie Perdue, SoBern Journey

Thursday, Oct 1, 2-4pm

Resident: \$20 | Non-Resident: \$25

Mocktail Mixology Class

Location: Senior Center Cardinal Room

"Festive Winter Cheers" A Mocktail Mixology Class. Step into the holiday spirit where we'll shake, stir and sip our way to merry mocktail magic! In this hands-on workshop, participants will learn the art of Mixology from traditional holiday flavors, like cinnamon, cranberry, peppermint and chocolate. Class includes (2) DIY mocktails, small snack and recipes to take home. Cheers to a holiday celebration that's merry, bright and alcohol-free. Fun class you'll want to share with a friend.

Instructor: Katie Perdue, SoBern Journey

Thursday, Dec 3, 2 - 4pm

Resident: \$20 | Non-Resident: \$25

MSC Online Account/Program Registration

Location: Senior Center Conference Room #1

Don't get closed out of classes! Did you know the quickest way to register for classes is online? Avoid the lines and having to get up and out of the house before 8am. Register for this class and we can set you up with an online account and give you instructions on how to do it yourself. You will be surprised how quick and easy it is. Please bring a device with you, preferably a tablet, iPad, or laptop. **Registration starts November 3.**

Tuesday, July 28, 10-11am

Wednesday, July 29, 10-11am

Monday, Nov 30, 10-11am

Tuesday, Dec 1, 10-11am

Resident | Non-Resident: Free

Social Security Updates 2027

Location: Senior Center Great Room

A representative from the Social Security Administration will discuss the 2027 Cost-of-Living-Adjustment and other updates heading into the new year.

Wednesday, Nov 18, 12-1pm

Resident | Non-Resident: Free

Foot Care (Diabetic)

Location: Senior Center Cardinal Room

An informative seminar focused on diabetic foot care, teaching the importance of daily foot checks, proper hygiene, prevention of complications, and ways to keep feet healthy while managing diabetes.

Presentation Provided by: Ohio Foot and Ankle Specialists.

Tuesday, Oct 13, 10-11am

Resident | Non-Resident: Free

Foot Care (General)

Location: Senior Center Cardinal Room

A brief educational seminar focused on the importance of proper foot care, common foot conditions, preventative care, and tips for maintaining healthy feet for overall wellness.

Presentation Provided by: Ohio Foot and Ankle Specialists.

Tuesday, Oct 27, 10-11am

Resident | Non-Resident: Free

Veteran's Benefits

Location: Senior Center Cardinal Room

The presentation will provide a comprehensive overview of the VA (Veterans Affairs) Community Care Network. We will cover the types of care available to veterans through the network, how to know if the veteran meets the eligibility requirements, and the specific steps for accessing these services. Additionally, we will review a step-by-step process designed to make the experience as smooth as possible for veterans in need of support.

Presentation Provided by: Cherished Companions Home Care LLC

Tuesday, Nov 10, 10-11am

Resident | Non-Resident: Free

—Fitness/Wellness—

Cycling Club

New riders are welcome. Rides start on Wednesdays in April and continue through October. All rides are weather permitting and ride cancellations and any changes will be done via email. All rides start at 10am unless designated otherwise. Optional lunch afterwards. Bicycle helmets are required. Contact Arnie Zvejnieks at 440-525- 0293, for information or to be added to the mailing list.

Monday Hiking Club

Monday evening hikes usually begin at 6pm and are scheduled from April through October. Hikes in October start at 5pm due to darkness. Hikes are at the various parks in Lake County. You can join the club and hike at any time. Please call the Senior Center to register or if you have any questions. Hiking locations will be emailed to everyone registered for the club.

Line Dancing Basic Beginner

Learn the steps and terminology of the basics of line dancing along with different dance rhythms. We will use different genres of music to make this a fun-filled class. All you need is a comfy pair of shoes that have a slick bottom and cannot be kicked off while dancing. Please no "slip-on sandals/flip flops" or "high heels" for your safety.

Instructor: Tina

Wednesdays, 5:45–6:45pm

Sept 2– Oct 21 | Nov 4–Dec 23

(no class Nov 11)

Resident: \$20 | Non-Resident: \$25

Line Dancing

Advanced Beginner/Improver

This is for those ready to take line dancing to the next level. You should have completed at least 6 months of a Basic Beginner class, be an experienced dancer who wants to have a refresher course, or just like to keep it nice and easy. This class will move along a little faster as most steps were learned in the Basic Beginner class.

Instructor: Tina

Wednesdays, 6:45–7:45pm

Sept 2– Oct 21 | Nov 4–Dec 23

(no class Nov 11)

Resident: \$20 | Non-Resident: \$25

Low Impact Aerobics

This energetic class is designed for able-bodied seniors. We will use a small amount of resistance with bands and weights.

Instructor: Sharon

Dates	Day	Time
Sept 14–Oct 26 (no class Sept 7)	Monday	9–9:45am
Sept 1–Oct 20	Tuesday	9–9:45am
Sept 3–Oct 22	Thursday	9–9:45am
Sept 4–Oct 23	Friday	9–9:45am
Nov 2– Dec 21	Monday	9–9:45am
Nov 3–Dec 22	Tuesday	9–9:45am
Nov 5–Dec 17 (no class Nov 26)	Thursday	9–9:45am
Nov 6–Dec 18 (no class Nov 27)	Friday	9–9:45am

Resident: \$20 | Non-Resident: \$25

Mentor Parks and Recreation | Fall 2026

Mat Yoga

Enhance your flexibility, strength, and balance with a variety of yoga poses. Class will include seated and standing poses, and finish with relaxation techniques. Please bring a mat and wear loose fitting clothes. For both beginner and continuing students.

Instructor: Sue, Yoga Renew certified

Mondays, 3–3:45pm

Sept 14–Oct 26 | Nov 2–Dec 21

(no class Sept 7)

Resident: \$20 | Non-Resident: \$25

Parkinson's Exercise

This fitness program is designed to empower people with Parkinson's disease by optimizing their physical function and helping delay the progression of symptoms. These classes focus on Parkinson's specific exercises to help fight the symptoms of the disease. No equipment or expertise is necessary; just participate at your own level of ability. Sponsored by theamelia Foundation.

Instructors: Dana, Sharon, Pat

Wednesdays, 3–3:45pm

Sept 2–Oct 21 | Nov 4–Dec 23

(no class Nov 11)

Resident | Non-Resident: Free



****SSMembers = Silver Sneakers Members**

SilverSneakers BOOM™ MIND

The best of yoga and Pilates combined in an intermediate to advanced mind-body mat workout. Whether you're looking to challenge yourself or move mindfully at your own pace, this class supports all levels of experience. We'll begin standing and transition down to the mat, finishing with calming stretches and deep relaxation to leave you feeling balanced and refreshed.

Instructor: Sue

Wednesdays, 4–4:45pm

Sept 2–Oct 21 | Nov 4–Dec 23

(no class Nov 11)

Resident | Non-Resident: \$20 | SSMembers: Free

SilverSneakers BOOM™ MUSCLE

This class incorporates athletic exercises that boost your overall fitness. Move through muscle-conditioning blocks and activity-specific drills to improve strength and functional skill. For intermediate to advanced students.

Instructor: Joy

Dates	Day	Time
Sept 14–Oct 26 (no class Sept 7)	Monday	8:05–8:50am
Sept 14–Oct 26 (no class Sept 7)	Monday	4–4:45pm
Sept 2–Oct 21	Wednesday	8:05–8:50am
Nov 2–Dec 21	Monday	8:05–8:50am
Nov 2–Dec 21	Monday	4–4:45pm
Nov 4–Dec 23 (no class Nov 11)	Wednesday	8:05–8:50am

Resident | Non-Resident: \$20 | SSMembers: Free

cityofmentor.com/parks-recreation

SilverSneakers® Circuit

Standing upper-body strength work alternated with low impact cardio using a chair for standing support.

Dates	Day	Time	Instructor
Sept 1–Oct 20	Tuesday	2–2:45pm	Sue
Sept 2–Oct 21	Wednesday	11–11:45am	Pat
Sept 3–Oct 22	Thursday	2–2:45pm	Sue
Nov 3–Dec 22	Tuesday	2–2:45pm	Sue
Nov 4–Dec 23 (no class Nov 11)	Wednesday	11–11:45am	Pat
Nov 5–Dec 17 (no class Nov 26)	Thursday	2–2:45pm	Sue

Resident | Non-Resident: \$20 | SSMembers: Free

SilverSneakers® Classic

Increase muscle strength and range of motion and improve activities for daily living. You'll have a chair for seated exercises and standing support. Your instructor will modify the exercises for your fitness level.

Dates	Day	Time	Instructor
Sept 14–Oct 26 (no class Sept 7)	Monday	10–10:45am	Sharon
Sept 1–Oct 20	Tuesday	8:05–8:50am	Joy
Sept 1–Oct 20	Tuesday	1–1:45pm	Sue
Sept 2–Oct 21	Wednesday	10–10:45am	Pat
Sept 3–Oct 22	Thursday	8:05–8:50am	Joy
Sept 3–Oct 22	Thursday	1–1:45pm	Sue
Sept 4–Oct 23	Friday	10–10:45am	Sharon
Nov 2–Dec 21	Monday	10–10:45am	Sharon
Nov 3–Dec 22	Tuesday	8:05–8:50am	Joy
Nov 3–Dec 22	Tuesday	1–1:45pm	Sue
Nov 4–Dec 23 (no class Nov 11)	Wednesday	10–10:45am	Pat
Nov 5–Dec 17 (no class Nov 26)	Thursday	8:05–8:50am	Joy
Nov 5–Dec 17 (no class Nov 26)	Thursday	1–1:45pm	Sue
Nov 6–Dec 18 (no class Nov 27)	Friday	10–10:45am	Sharon

Resident | Non-Resident: \$20 | SSMembers: Free

SilverSneakers® EnerChi

Seated or standing tai chi movements in flowing sequence to progress strength, balance and focus.

Instructor: Denise

Thursdays, 4–4:45pm

Sept 3–Oct 22 | Nov 5–Dec 31

(no class Nov 26, Dec 24)

Resident | Non-Resident: \$20 | SSMembers: Free

SilverSneakers® Stability

Standing class designed to decrease the risk of falls with focus on improving balance and lower body strength.

Dates	Day	Time	Instructor
Sept 14–Oct 26 (no class Sept 7)	Monday	11–11:45am	Sharon
Sept 1–Oct 20	Tuesday	12–12:45pm	Joy
Sept 4–Oct 23	Friday	12–12:45pm	Sharon
Nov 2–Dec 21	Monday	11–11:45am	Sharon
Nov 3–Dec 22	Tuesday	12–12:45pm	Joy
Nov 6–Dec 18 (no class Nov 27)	Friday	12–12:45pm	Sharon

Resident | Non-Resident: \$20 | SSMembers: Free

SilverSneakers® YOGA

Seated and standing yoga poses to increase flexibility, balance, and range of motion.

Dates	Day	Time	Instructor
Sept 14–Oct 26 (no class Sept 7)	Monday	12–12:45pm	Denise
Sept 2–Oct 21	Wednesday	9–9:45am	Pat
Sept 3–Oct 22	Thursday	3–3:45pm	Denise
Sept 4–Oct 23	Friday	11–11:45am	Sharon
Nov 2–Dec 21	Monday	12–12:45pm	Denise
Nov 4–Dec 23 (no class Nov 11)	Wednesday	9–9:45am	Pat
Nov 5–Dec 17 (no class Nov 26)	Thursday	3–3:45pm	Denise
Nov 6–Dec 18 (no class Nov 27)	Friday	11–11:45am	Sharon

Resident | Non-Resident: \$20 | SSMembers: Free

Stretch and Balance

Seated and standing exercises focus on isolating muscles to improve balance, flexibility, and mobility. This class is also available virtually through Zoom.

Instructor: Sharon

Dates	Day	Time
Sept 1–Oct 20	Tuesday	11–11:45am
Sept 3–Oct 22	Thursday	11–11:45am
Nov 3–Dec 22	Tuesday	11–11:45am
Nov 5–Dec 17 (no class Nov 26)	Thursday	11–11:45am

Resident: \$20 | Non-Resident: \$25

Weight Training

This strength class is designed to build muscle, strength, and bone density. Resistance bands and weights will be used while standing and seated.

Instructor: Sharon

Dates	Day	Time
Sept 1–Oct 20	Tuesday	10–10:45am
Sept 3–Oct 22	Thursday	10–10:45am
Nov 3–Dec 22	Tuesday	10–10:45am
Nov 5–Dec 17 (no class Nov 26)	Thursday	10–10:45am

Resident: \$20 | Non-Resident: \$25

—Fitness Center—

A variety of cardio equipment is available including treadmills, seated ellipticals and standing ellipticals, NuStep and a bike. Light free weights, 4 weight stationary stations (abdominal, leg press, leg extension/curl, chest press) and a cable pulley station are available for strength training.

Members are asked to disinfect each piece of equipment after use. Please bring clean, dry shoes to prevent equipment damage. **Fitness Orientation is required prior to using fitness center.**

Fitness Orientation: Cardio Training

Location: Senior Center Fitness Center

Get comfortable with the treadmill, elliptical, and stationary bike. This class covers machine operation, adjusting settings, using heart rate functions, and maintaining proper form.

Class size is limited to 4 participants. Please call to schedule your appointment.

Mondays, 6:30–7:20pm

Tuesdays, 9–9:50am | 12–12:50pm

Resident | Non-Resident: \$15 | SSMembers: Free

Fitness Orientation: Strength Training

Location: Senior Center Fitness Center

Learn how to operate fundamental strength training machines while using correct form and proper breathing techniques. Participants will receive assistance in determining their specific equipment adjustments and weight settings and learn how to modify strength training exercises based on individual needs.

Maximum of 4 people per class. Call to schedule appointment.

Mondays, 6:30–7:20pm | Tuesdays, 12–12:50pm

Resident | Non-Resident: \$15

Personal Training

Location: Senior Center Fitness Center

Don't wait to start feeling great! Schedule an appointment now to get back on the road to health and fitness! You will find that regular exercise will help you feel less stiff, stronger, and more energetic throughout the day. Every step of the way you'll be guided by a passionate personal trainer committed to your safety and wellness.

Pick up a flier at the Senior Center for scheduling information.

Tuesday, Thursday, and Friday afternoons

**Resident | Non-Resident: \$40 for 60 minute session
\$20 for 30 minute session**

—Exercise Classes—

At Mentor Community Recreation Center

Location: MCRC 6000 Heisley Rd., Mentor
Mentor Senior Center Member rates listed below.

Water Exercise Classes

A variety of water fitness classes are offered at MCRC. Classes will be offered in one-month sessions.

Senior Center members will have special access and pricing for designated classes. Check out available water classes at cityofmentor.com/departments/parks-recreation/registration/

Participants can arrive at the facility 20 minutes before class begins and must leave the facility 20 minutes after class ends.

MCRC indoor pool will be closed Aug 10–21

Aqua HIIT Water Exercise at MCRC

A full body interval class—focused on strength with a burst of cardio.

Dates	Day	Time	Rate
Sep 1–Sep 29	Tuesday	9–9:50am	\$25
Sep 3–Sep 24	Thursday	9–9:50am	\$20
Oct 6–Oct 27	Tuesday	9–9:50am	\$20
Oct 1–Oct 29	Thursday	9–9:50am	\$25
Nov 3–Nov 24	Tuesday	9–9:50am	\$20
Nov 5–Nov 19	Thursday	9–9:50am	\$15
Dec 1–Dec 29	Tuesday	9–9:50am	\$25
Dec 3–Dec 17	Thursday	9–9:50am	\$25

Cardio Splash Water Exercise at MCRC

A splash of Fun! This class is a combination of Cardio exercises, toning with weights and water resistance, some Pilates moves and stretching. A low-impact workout that people of all fitness levels can do. This class combines an aerobic workout with strength and endurance that improves coordination and stamina.

Intensity: Medium

Dates	Day	Time	Rate
Sep 4–Sep 25	Friday	10–10:50am	\$20
Oct 2–Oct 30	Friday	10–10:50am	\$25
Nov 6–Nov 27	Friday	10–10:50am	\$20
Dec 4–Dec 18	Friday	10–10:50am	\$15

Senior Water Exercise at MCRC

A combination of toning, stretching and light cardio geared toward seniors. Experience improved range of motion, pain relief and stress relief with socializing with friends in this fun water exercise class.

Dates	Day	Time	Rate
Sep 1–Sep 29	Tuesday	9–9:50am	\$25
Sep 3–Sep 24	Thursday	9–9:50am	\$20
Oct 6–Oct 27	Tuesday	9–9:50am	\$20
Oct 1–Oct 29	Thursday	9–9:50am	\$25
Nov 3–Nov 24	Tuesday	9–9:50am	\$20
Nov 5–Nov 19	Thursday	9–9:50am	\$15
Dec 1–Dec 29	Tuesday	9–9:50am	\$25
Dec 3–Dec 17	Thursday	9–9:50am	\$25

Shallow/Deep Water Exercise Class at MCRC

A combination of shallow and deep water exercises to tone your body while getting your heart pumping. Jump in and make a splash, you won't want to miss this dynamic cardiovascular workout that tones the full body.

Dates	Day	Time	Rate
Sep 14–Sep 28	Monday	9–9:50am	\$15
Sep 14–Sep 28	Monday	10–10:50am	\$15
Sep 2–Sep 30	Wednesday	10–10:50am	\$25
Oct 5–Oct 26	Monday	9–9:50am	\$20
Oct 5–Oct 26	Monday	10–10:50am	\$20
Oct 7–Oct 28	Wednesday	10–10:50am	\$20
Nov 2–Nov 30	Monday	9–9:50am	\$25
Nov 2–Nov 30	Monday	10–10:50am	\$25
Nov 4–Nov 18	Wednesday	10–10:50am	\$15
Dec 7–Dec 28	Monday	9–9:50am	\$20
Dec 7–Dec 28	Monday	10–10:50am	\$20
Dec 2–Dec 30	Wednesday	10–10:50am	\$25

Stretch and Tone Water Exercise at MCRC

Light toning and gentle stretching exercises in shallow warm water. This class is perfect for all ages to help with relaxation, stress relief, pain relief, and improved range of motion.

Intensity: Low

Dates	Day	Time	Rate
Sep 1–Sep 29	Tuesday	10–10:50am	\$25
Sep 3–Sep 24	Thursday	10–10:50am	\$20
Oct 6–Oct 27	Tuesday	10–10:50am	\$20
Oct 1–Oct 29	Thursday	10–10:50am	\$25
Nov 3–Nov 24	Tuesday	10–10:50am	\$20
Nov 5–Nov 19	Thursday	10–10:50am	\$15
Dec 1–Dec 29	Tuesday	10–10:50am	\$25
Dec 3–Dec 17	Thursday	10–10:50am	\$15

Beginner Pickleball for Seniors

Adults 55+

Location: Mentor Community Recreation Center

Come learn the fastest growing sport in America! This class is for the novice player (USA Pickleball rating of 1.0–2.5) and covers the basics of pickleball including rules, terminology, fundamentals and introduces match play. Players are encouraged to bring a paddle and water bottle to each class.

No class Nov. 26.

Instructor: MCRC Staff

Tuesdays, 11:30am–12:30pm

Sept 15–Oct 6 | Oct 20–Nov 10 | Nov 24–Dec 15

Thursdays, 9–10am

Sept 17–Oct 8 | Oct 22–Nov 12 | Nov 19–Dec 17

Member: \$48 | Non-Member: \$58

Intermediate Pickleball for Seniors

Adults 55+

Location: Mentor Community Recreation Center

This intermediate class (USA Pickleball rating of 3.0–3.5) covers the fundamentals of pickleball including serving, rallying, keeping score, dinking, and match play. Players are encouraged to bring a paddle and water bottle to each class.

No class Nov. 26.

Instructor: MCRC Staff

Tuesdays, 12:30–1:30pm

Sept 15–Oct 6 | Oct 20–Nov 10 | Nov 24–Dec 15

Thursday, 10–11am

Sept 17–Oct 8 | Oct 22–Nov 12 | Nov 19–Dec 17

Member: \$48 | Non-Member: \$58

—Health Services—

Attorney

Location: Senior Center Conference Room #2

Meet privately with an attorney to get help with estate planning, wills, trusts and real estate. **Register for a free 10-minute appointment.**

Wednesdays, 1–2pm

Sept 23 | Oct 28 | Nov 18 | Dec 16

Resident | Non-Resident: Free

Alzheimer's Association Caregiver Support Group

Location: Senior Center Cultural Arts Room

Join us to discuss signs and symptoms, explore available resources, share caregiving tips, and connect with others affected by Alzheimer's and dementia. **The group meets on the 2nd Thursday of each month.**

Thursdays, 1–2:30pm

Sept 10 | Oct. 8 | Nov 12 | Dec 10

Resident | Non-Resident: Free

NEW! Caregiver Support

Location: Cultural Arts Room

Our Caregiver Support Program is a 12-week series for adults age 60+ designed to provide guidance, connection, and practical tools for those caring for loved ones. The program explores a wide range of topics, including accessing community resources, managing emotional demands, and navigating the challenges of caregiving. In partnership with Family Pride of Northeast Ohio and offered alongside our Special Elders program, this supportive space encourages shared experiences and mutual learning. Funded through the Lake County Levi Grant.

Registration Deadline: August 31

Instructor: Lisa Demeter, LISW-S, ACSW

Mondays, Sept 14–Dec 7th, 12:45–2PM

(No session September 28th)

Resident | Non-Resident: Free

Hearing Screenings

Location: Senior Center Conference Room #2

Hearing screenings include an earwax check in both ears, a 10-15 minute baseline hearing test, and recommendations for future hearing healthcare based upon your results.

(Amanda's Family Hearing)

Please call for an appointment.

Wednesdays, 10am–12pm

Oct 7 | Dec 2

Resident | Non-Resident: Free

Parkinson's Support Group

Location: Senior Center Cardinal Room

Patients, caregivers, family and friends—all are welcome. Come share and learn from each other on the first Wednesday of each month. Find support and encouragement.

Volunteer Leader: John Mazor

Wednesdays, 4–5:30pm

Sept 2 | Oct 7 | Nov 4 | Dec 2

Resident | Non-Resident: Free

Produce Distribution

Location: Senior Center Great Room

In conjunction with the Cleveland Food Bank, we offer produce distribution for limited income seniors the third Monday of the month from 10–11am (if ready, will start at 9:30am). All participants will be registered on site. Participants must certify annual gross household income is at or below \$31,920 for a household of 1 and \$43,280 for a household of 2. Income is self-declared; verification is not required. First come, first served. ***Please bring a heavy-duty bag or two for produce.***

No advance registration; bring photo ID for onsite registration.

Mondays, 10–11am (if ready, will begin at 9:30am)

Sept 21 | Oct 19 | Nov 16 | Dec 21

Resident | Non-Resident: Free

Special Elders

Location: Senior Center

The Special Elders Program offers light support to help seniors fully enjoy their time at the center. Our compassionate staff provide assistance with socializing, carrying lunch trays for those with physical limitations, registering for programs, and finding activity locations—especially helpful for those with memory challenges. An enrollment appointment with Special Elders staff is required prior to participation in the program. Please note that this service is not intended for individuals who require moderate to significant assistance, unless accompanied by a caregiver. To make participation even easier, Laketrans is available to provide transportation to and from the Mentor Senior Center. Caregivers check out our New Caregiver Support session.

Mondays | Wednesdays, 10:30am–2pm

Schedule of Activities

Monday:

- **10:30–10:50am** Submit lunch orders
- **11–12:45am** Lunch/Socialization
- **1–2pm** BINGO \$.25 per card

Wednesday:

- **10:30–10:50am** Submit lunch orders
- **11–11:45am** Lunch/Socialization
- **12–12:45pm** Special Elders Silver Sneakers Classic (optional, registration fee)
- **1–2pm** Crafts, games or parties

Resident | Non-Resident: \$20 annual fee (Jan-Dec)

Special Elders SilverSneakers® Classic

Location: Senior Center Fitness Studio

Seated and standing exercises to increase muscular strength, range of motion and activities of daily living. This is designed for Special Elders participants and select individuals who may benefit. Wheelchairs are welcome.

Instructor: Pat Talladino

Wednesdays, 12–12:45pm

Sept 9 - Oct 21 | Nov 4–Dec 23

(No class Nov 11)

Resident: | Non-Resident: \$20 | SSMembers: Free

Visionaries Support Group

Location: Senior Center Cultural Arts Room

If you are living with vision impairment, we invite you to join our free support group meetings. Connect with others, share experiences, and find encouragement in a supportive community.

Facilitator: Licensed Optician Debbie Kogler

Wednesdays, 2–4pm

Sep 23 | Oct 28 | Nov 18 | Dec 16

Resident | Non-Resident: Free

—Music & Theater—

Hillcrest Concert Band Holiday Concert

Location: Senior Center Great Room

The Hillcrest Concert Band is recognized as one of the finest adult community bands in the area. Enjoy an evening of great holiday music performed by this 60-piece band on our stage.

Wednesday, Dec 2, 7–8pm

Resident | Non-Resident: \$4

Mentor Follies Dancers

Location: Senior Center Stage

Join us for exercise, dance and fun. Always accepting new members.

Director: Rena Ellwanger

Wednesdays, Sept 2–Dec 16, 6:45–7:45pm

(No class Nov 11)

Resident | Non-Resident: Free

Mentor High School Top 25 Show Choir Performance

Location: Senior Center Great Room

Mentor High School's nationally recognized Top 25 show choir is back for a special holiday performance! Join us for an evening featuring selections from their award-winning show along with festive holiday favorites sure to get everyone in the spirit of the season. **This event is free to attend, but pre-registration is required.**

Monday, Dec 7, 6-6:30PM

Resident | Non-Resident: Free

Nick Costa Concert

Location: Senior Center Stage

Singing sensation Nick Costa brings his Las Vegas style show to the Senior Center Stage for a legendary performance singing the classics of yesterday, today and forever! The show features the classics such as Sinatra, Martin, Sammy Davis Jr, Manilow, Elvis and more. The show also features a Tom Jones Tribute that will have you dancing in your seats! The 7-piece band features horns, guitar, and keys to make it an unforgettable night! And bring your dancing shoes, there will be plenty of music to dance to!

Wednesday, Oct 14, 7–9pm

Resident | Non-Resident: \$15

Piano Lessons

Location: Senior Center Stage

We offer private 30-minute beginner and continuing piano lessons. The lesson plans include a balance of theory, sight reading and repertoire appropriate to the student's level and musical ability.

Instructor: Marge Syrone

Tuesdays, 9am–12pm

Sept 1–Oct 20 | Nov 3–Dec 22

Resident \$80 | Non-Resident: \$97

—Technology—

iPad/iPhone Help (and Android)

Location: Senior Center Great Room

Do you have an iPhone or iPad and have questions on how to use it? Sign up for free one-on-one help to get those questions answered. Please write down all your questions and bring them with you. If you have a question about an error message, please take a screenshot or write down the

error exactly as well as what app you are in. If you have an Android device, we can help with that too, it just might take a little longer. **Appointment are 30 minutes.**

Monday, Nov 9, 12–2pm

Wednesdays, 12–2pm

Sept 2 | Sept 16 | Oct 14 | Oct 18

Nov 18 | Dec 2 | Dec 16

Resident | Non-Resident: Free

Tech Help with High School Students

Location: Senior Center Great Room

Got questions about your tablet, iPad, or smartphone? Tech-savvy students from Mentor High School are ready to help you learn new skills, solve problems, and get more from your devices. Bring your questions and your curiosity for this fun, hands-on tech session!

Registration closes 7 days before the program date.

Date	Day	Time
Sept 9	Wednesday	12–1pm
Oct 8	Thursday	8:30–9:30am
Nov 4	Wednesday	12–1pm
Dec 3	Thursday	8:30–9:30am

Resident | Non-Resident: Free

Laptop Help

Location: Senior Center Great Room

Volunteer Nick Ajdinovich is available to help you with your laptop questions. Whether you have a Mac or Microsoft computer, you will get valuable one-on-one help. Schedule your free 30-minute session today. Check in at the front desk.

Mondays, 9–11am

Sept 14 | Sept 21 | Oct 5 | Oct 12 | Nov 2 | Nov 9

Resident | Non-Resident: Free

**BLACK BROOK
GOLF COURSE**



440.975.0010 | www.blackbrookgolfcourse.com
8900 Lake Shore Boulevard, Mentor, Ohio

—Black Brook Golf Course—

M
Fall
2026

Black Brook

Tee Times

Black Brook Golf Course is now working with GolfNow to offer online tee time booking. Just visit www.BlackBrookGolfCourse.com for details. It's quick, easy, and very convenient. You and your friends will be able to see what times are available across several days to make scheduling a foursome easier.

Rates

April 20th–September 30th

Monday–Friday	Walking	Riding
9 holes–Sr./Jr.	\$14	\$22
9 holes	\$16	\$24
18 holes–Sr./Jr.	\$23	\$31
18 holes	\$27	\$36
Saturday–Sunday		
9 holes	\$18	\$27
18 holes	\$31	\$48

Practice Center	Discount Card	Save
Small Bag (40 Balls) \$8	Six Small Bags \$40	\$8
Medium Bag (55 Balls) \$10	Six Medium Bags \$50	\$10
Large Bag (90 Balls) \$12	Six Large Bags \$60	\$12

Family Friendly Course

Black Brook Golf Course and Practice Center is designated as a Family Friendly Golf Course by the P.G.A. of America. Along with our regular tees we also have tees to make the course shorter in length providing a beginner friendly short course for beginners and juniors. Black Brook received a "Sticks for Kids Grant" that provided 10 sets of junior clubs which will be used for golf schools, camps, Jr. League, and general play on the course. Black Brook is trying to make golf more affordable for families by offering free golf to a junior when accompanied by a paying adult on Monday's, Tuesday's, Thursday's, anytime and weekends and Holiday's after 3pm Limited to one junior per paying adult.

Black Brook Golf Academy Learn How to Play

The Black Brook Golf Academy offers every form of instruction to get students ready for play on the course. Besides our structured golf schools and camps, we can also structure a program to fit the needs, of your family, business, or social group. Call one of our instructors at 440-951-0010 for more information.

Black Brook Golf Course Instructional Staff

Tim Ausperk	P.G.A. Golf Professional & General Manager
Jay Schiffbauer	Director of Instruction and Manager
Steve Ranney	Associate Golf Professional

—Golf Schools—

Now is the time to get golf ready with the Black Brook Golf Course instruction staff. Instruction includes fundamentals of golf including grip, stance, full swing, short game, putting, and etiquette. There is a maximum of 6 students per class for juniors and 6 students per class for adults. Balls and clubs are included in the price of the class, although students are encouraged to bring their own clubs. Proper golf attire is expected. **Classes will fill quickly.**

Junior Golf School

Juniors–Coed: Age 8–14

Location: Black Brook Golf Course

This class builds on the fundamentals but adds new and more advanced swing thoughts along with individual problem solving. Four 60-minute classes, with a maximum of 6 students per class. Parents and guardians are welcome to bottomless coffee or water in the clubhouse during class.

Instructor: Black Brook Golf Course Instructional Staff

Sessions: 4

Saturdays, Aug 29–Sept 19
9–10am | 10:30–11:30am

Resident: \$90 | Non-Resident: \$100

Level One Golf

Ages 5–7

Location: Black Brook Golf Course

A great way to introduce golf to kids ages 5–7. An introduction to the fundamentals with an emphasis on hand-eye coordination and having fun! Four 45-minute classes, with a maximum of 5 students per class. Parents and guardians are welcome to bottomless coffee or water in the clubhouse during class.

Instructor: Black Brook Golf Course Instructional Staff

Sessions: 4

Saturdays, Aug 29–Sept 19, 12–12:45pm

Resident: \$60 | Non-Resident: \$70

Adult Golf School

Adults–Coed: Ages 15+

Location: Black Brook Golf Course

Introduction to the fundamentals; grip, stance, posture, full swing, chipping, putting, plus rules and etiquette with individual problem solving. Four 60-minute classes, with a maximum of 8 students per class.

Instructor: Black Brook Golf Course Instructional Staff

Sessions: 4

Tuesdays, Aug 18–Sept 8, 5:30–6:30p.m.

Thursdays, Aug 20–Sept 10, 5:30–6:30pm

Resident: \$90 | Non-Resident: \$100



Fall Paddle

Ages 16+

Location: Mentor Lagoons & Mentor Marsh State Nature Preserve

Experience the beauty of Ohio's first nature preserve from a new angle. Kayak through the marsh and marina while viewing all this area has to offer. Trips are roughly 2 miles at a medium/slow pace and last 2 hours. Kayaks and PFD's are included with registration. Participants are welcome to bring their own kayak if they prefer.

Instructor: Corinne Duffy, *Natural Resource Specialist*

Wednesday, 4:30–6:30pm

Sept 2 | Sept 30

Resident | Nonresident: \$25



Monarch Migration

All Ages

Sunday, September 6, 1–3pm

Location: Springbrook Gardens Park

Each year there is a great migration through Mentor! Monarch butterflies migrate annually from the northern U.S. and Canada to the mountains of Central Mexico. Some can even travel upwards of 3000 miles! Accompany specialists for an informative talk about Monarchs and participate in the citizen science program Monarch Watch. Participants will have the opportunity to catch and tag Monarchs themselves!

Instructors: Corinne Duffy, *Natural Resource Specialist* & Mary Ann Wagner, *Blackbrook Audubon Society*

Resident | Nonresident: Free

Migratory Bird Banding

All Ages

Saturday, September 12, 8–10:30am

Location: Mentor Lagoons Nature Preserve



Don't miss this opportunity to see migratory birds up close! This hands-on program will allow you to see warblers, woodpeckers, and thrushes in more detail than ever. Learn how we capture birds, band them, and safely send them on their way.

Instructor: Joel Throckmorton, *Natural Resource Specialist*

Resident | Nonresident: Free

Wild Wanderers Hiking Club

All Ages

Sept 13 | Oct 11 | Nov 8 | Dec 13

Location: Multiple

Join a natural resource specialist on the second Sunday of each month for guided hikes where we learn and explore on the various trails throughout Lake County. We will be exploring Penitentiary Glen, Chapin Forest, Morton Park, and Veterans Park from September to December. Generally, these hikes are medium to slow pace and easy terrain.

Hikes meet at 4 p.m. and last for 1 hour. Location details will be emailed to registrants.

Instructor: Corinne Duffy, *Natural Resource Specialist*

Resident: | Non-resident: \$5

Departure of the Birds

Ages 7+

Wednesday, September 23, 8–10am

Location: Mentor Lagoons Nature Preserve

Fall migration in Northeast Ohio is an amazing opportunity for birding. As birds head south, they often take temporary refuge to rest and refuel along our Lake Erie shores. Enjoy a hike through the Mentor Lagoons Nature Preserve to find birds heading for warmer weather. All experience levels are welcome, and binoculars are highly recommended to better observe our feathered friends!

Instructor: Joel Throckmorton, *Natural Resource Specialist*

Resident | Nonresident: Free

Little Anglers

Adult & Child

Sunday, September 27, 1–3pm

Location: Springbrook Gardens Park

Grab the kiddos and splash in for a day of fishing fun! The pond at Springbrook Gardens is an excellent place to learn about fish and catch them too. The Natural Resources Division will have poles and bait for participants and a prize for the biggest fish caught! Children must be accompanied by an adult.

Instructor: Corinne Duffy, *Natural Resource Specialist*

Resident | Nonresident: \$10

Collect Your Own Wildflower Seeds

Ages 12+

Wednesday, October 21, 5–6:30pm

Location: Springbrook Gardens Park

Fall is the perfect time of year to plan, prep, and seed a wildflower garden in your yard. Now you can choose exactly which flowers you want! A specialist will help you identify the seed heads of species you might want in your garden. You can take what you want and leave what you don't. Everyone will leave with a native seed packet tailored to their tastes!

Instructor: Corinne Duffy, *Natural Resource Specialist*

Resident | Non-Resident: \$5

Fall Foliage Walk

All Ages

Friday, October 30, 4:30–6pm

Location: Wildwood Cultural Center

Throw on your flannel and grab your binoculars for this picturesque stroll through Wildwood. Hike with a naturalist as we view seasonal changes of the canopy, observe wildlife, and discuss winter survival strategies of local plants and animals.

Instructor: Alison Imhoff, *Natural Resource Specialist*

Resident | Nonresident: Free

National Hiking Day

All Ages

Tuesday, November 17, 9–11am

Location: Morton Park

Celebrate National Hiking Day with us on Zimmerman Trail! This will be a medium paced, medium difficulty hike of around 2 miles. We will walk through an incredible forest with stunning views of Mentor Marsh to celebrate hiking in the great outdoors.

Instructor: Corinne Duffy, *Natural Resource Specialist*

Resident | Nonresident: Free

Creatures of the Night

All Ages

Monday, November 23, 5:30–7pm

Location: Wildwood Cultural Center

It's not every day you get to explore the parks at night! Join a Naturalist and discover all the nocturnal happenings at Wildwood. We will look for owls, raccoons, skunks, and any other species that prefer the dark to the light. This will be a slow paced, easy terrain walk.

Instructor: Corinne Duffy, *Natural Resource Specialist*

Resident | Nonresident: Free

Decorate a Wooden Ornament

All Ages

Sunday, December 6, 1–4pm

Location: Springbrook Gardenhouse



This is a drop-in event. Come anytime between 1 and 4 p.m. to decorate your own alder coin ornament. European Alder is an invasive tree, and we are repurposing the trunks as ornaments! We will have paint, stencils, markers, and more so you can let your creativity run wild.

Instructor: Corinne Duffy, *Natural Resource Specialist*

Resident | Nonresident: Free

—Adult Fitness—

Active Adults

Body Sculpting™

Adults 14 +

Location: Old Council Hall



Awaken your entire body with this one-hour results-oriented Body Sculpting workout designed to make you lean and defined. Build and sculpt muscles, strengthen your core, improve your strength and flexibility while burning fat and calories by using just one set of 3-5 lb. dumbbells. You will gain strength, balance, flexibility and endurance while focusing on total body health. This class will fire up your metabolism helping you to lose weight and inches, while also improving bone strength and density. Bring a set of 3-5-pound dumbbells, exercise mat, water bottle, and stretch band to class. Accommodates all fitness levels. Work out at your own pace. All classes are taught by Certified Fitness Trainers. Join anytime! **Class size is limited, and advance registration is required!**

Register online at www.flexcity.com or email for assistance at bodysculpting@flexcity.com.

Mondays & Wednesdays, 6–7pm

Aug 5–Aug 31 | Sept 9–Oct 5 | Oct 7–Nov 2

Tuesdays & Thursdays, 9:30–10:30am

Aug 4–Aug 27 | Sept 1–Sept 27 | Sept 29–Oct 22

\$55 per eight class session

Online Courses with Ed2Go

Ed2Go is Mentor Recreation's Online Learning Center. You'll find over 300 courses - on everything from Business, Teaching and Nursing, to Digital Photography, Spanish and Creating Web Pages - with most courses starting as low as \$89. Our instructor facilitated online courses are informative, fun, convenient and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners.

Visit our Online Instruction Center www.ed2go.com/mentor to get more information on these top courses and more!

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