



MENTOR SENIOR CENTER NOVEMBER LUNCH MENU

Monday through Friday from 11:30 AM - 12:30 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Chicken Parmesan	Chili Cook Off
5	6	7	8	9
50's Burger	Breaded Pork Chops	Chicken Paprikash	Roast Turkey, Gravy, Stuffing, Cranberry Salad	Chicken Salad Wrap
12	13	14	15	16
Senior Center Closed Veterans Day Holiday	Meatloaf	Chicken Casserole	Special Event* Thanksgiving at LaMalfa - MSC Kitchen Closed	Grilled Veggie Focaccia
19	20	21	22	23
Chicken Marsala	Stuffed Peppers	Hot Roast Beef	Senior Center Closed Thanksgiving Holiday	Senior Center Closed Thanksgiving Holiday
26	27	28	29	30
Shepherds Pie	Chicken Piccata	Stuffed Cabbage	Eggplant Parmesan	Baked Tilapia

Lunch staff and volunteers offer delicious, freshly made entrées, sandwiches, salads, soup, and desserts at discounted prices each weekday at the Mentor Senior Center. Lunch foods are planned for the enjoyment of seniors of all ages.

A daily Cooks' Special features a meat or other high protein dish, vegetable, and bread product at a cost of \$4.50. Desserts range from fruit and custard pies to special homemade treats, and we always have ice cream sundaes. Drinks include coffee, tea, milk, juices, or soda and the ever popular root beer float. Come early, quantities are limited! Call us at **(440) 974-5725** if you would like to join our wonderful group of kitchen volunteers.

SPECIAL EVENTS

Thanksgiving Holiday Celebration at LaMalfa

You're invited to enjoy this annual luncheon at LaMalfa. The delicious meal includes turkey breast with gravy, Italian salad, stuffing, mashed potatoes, vegetable, cranberry sauce, roll and butter, pumpkin pie, coffee and tea. Special entertainment by Eddie and the Edsels will fill our afternoon with wonderful music. All reservations MUST be made by Nov 2. Reservations will not be available the day of the event. If you schedule Laketran, the event ends at 1:15, your pick-up window should be 1 - 1:30. The kitchen will be closed at MSC on this day. Location: LaMalfa Centre, 5783 Heisley Rd., Mentor
Nov 15 Thu 11:30 a.m.-1:15 p.m.
Non-Senior Center member: \$15

Chili Cook-off

The annual Chili Cook-off is sponsored by the Mentor Senior Center and ASA (The Association of Specialists for Aging Adults). Join us as local senior services organizations square off in a chili cook-off! Lunch includes salad, roll, chili, and dessert. Purchase tickets for \$5 in advance or at the door. (Regular lunch will not be available from our kitchen as our own Chef joins in the competition). Location: Great Room
Fri Nov 2 11:30 a.m.-12:45 p.m.
Resident/Nonresident: \$5

Special Event luncheons require reservations be made and paid for at least one week in advance. No other food is available for purchase on these days!