

CITY OF MENTOR



Fall Program Guide

September - December 2025

registration begins

AUGUST 4 for residents/MCRC members &
AUGUST 5 for non-residents/MCRC non-members



**Mysteries of the Manor Trail
Golf Cart Hayride and Fall Festival!**
see page 7 for details



Mentor Parks and Recreation

cityofmentor.com/parks-recreation | 440.974.5720

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Registration

resident registration begins
AUGUST 4, 2025

non-resident registration begins
AUGUST 5, 2025

register online at: cityofmentor.com

Classes that take place at the Mentor Community Recreation center follow registration dates based on MCRC Member/Non-Member. MCRC Members can register for MCRC programs on August 4. MCRC Non-Members registration for MCRC programs is August 5. All other programs and courses follow Resident/Non-Resident registration dates.

Facility Numbers and Office Hours

Recreation	440-974-5720 (M-F 8am-5pm)
Blackbrook	440-951-0010 (M-Su 6:30am-dark)
Marina	440-205-3625 (M-F 8am-4:30pm)
Senior Center	440-974-5725 (M-F 8am-5pm)
Ice Arena	440-974-5730 (M-F 8:30am-4:30pm)
Wildwood	440-974-5735 (M-F 9am-5pm)
MCRC	440-205-3608 (M-F 8am-5pm)

Email

Parks: parks@cityofmentor.com
 Recreation: recreation@cityofmentor.com
 Marina: marina@cityofmentor.com
 Natural Resources: naturalresources@cityofmentor.com
 MCRC- RecCenter@cityofmentor.com



Mentor City Council

Sean P. Blake	President of Council, Councilperson, Ward 1
John A. Krueger	Vice President of Council, Councilperson, Ward 4
Matthew E. Donovan	Councilperson, Ward 2
Mark T. Freeman	Councilperson, Ward 3
Scott J. Marn	Councilperson-at-Large
Janet A. Dowling	Councilperson-at-Large
Ray Kirchner	Councilperson-at-Large

City Of Mentor Staff

Kenneth J. Filipiak	City Manager
Robert Fowler	Assistant City Manager
Kenn Kaminski	Parks, Recreation & Public Facilities Director
Nita Justice	Recreation Superintendent
Tim Ausperk	Black Brook Golf Course Golf Professional & Manager
Bill Furman	Arena Manager
Renee Ochaya	Senior Center Manager
Nick Standerling	Mentor Community Recreation Center Manager
Michael Camerieri	Mentor Lagoons Manager
Linda Wintersteller	Wildwood Cultural Center Manager

Program Locations:

Edward R. Walsh Park	7221 Bellflower Rd.
Black Brook Golf Course	8900 Lakeshore Blvd.
Civic Center Park	8600 Munson Rd.
Civic Center Waterpark	8600 Munson Rd.
Civic Center Amphitheatre	8550 Munson Rd.
Community Center	8600 Munson Rd.
Eleanor B. Garfield Park	7967 Mentor Ave.
Krueger Park	7556 Chillicothe Rd.
Mentor Beach Park	7779 Lakeshore Blvd.
Mentor Civic Arena	8600 Munson Rd.
Mentor Community Recreation Center	6000 Heisley Rd.
Mentor Dog Park	6647 Hopkins Rd.
Mentor High School Stadium	6477 Center St.
Mentor Lagoons Nature Preserve & Marina	8365 Harbor Dr.
Mentor Municipal Center	8500 Civic Center Blvd.
Mentor Senior Center	8484 Munson Rd.
Morton Pool & Park	9325 Rosemary Ln.
Old Council Hall	7250 Jackson St.
Wildwood Cultural Center	7645 Little Mountain Rd.
Springbrook Gardens	6776 Heisley Rd.

Connect | Share | Get Involved

Check out all the exciting ways to stay connected with the City of Mentor & Parks & Recreation. Whether you're at home or on the go, you can keep up with the city's latest news, events and information.

Like us on Facebook Mentor Parks & Recreation
 City News e-newsletter signup cityofmentor.com



Registration

2 easy ways to register

Online

Mentor Parks & Recreation is excited to provide you with a new, easy to use Customer Portal which will allow for fast, safe and secure online registration and a view of your registration history. Be sure to call our office at 440-974-5720, the Ice Arena at 440-974-5730, Wildwood Cultural Center at 440-974-5735 or The Senior Center at 440-974-5725 to set up your new account.

Phone-In or In-Person

Cash, Check, Visa/Mastercard/Discover accepted
Recreation Main Office:

Monday - Friday 8:00a.m. - 5:00p.m. 440.974.5720

Senior Center:

Monday - Friday 8:00a.m. - 5:00p.m. 440.974.5725

Ice Arena:

Monday - Friday 8:00a.m. - 5:00p.m. 440.974.5730

Wildwood:

Monday - Friday 9:00a.m. - 5:00p.m. 440.974.5735

Policies/Procedures

Confirmations and Cancellations

A receipt and/or course confirmation will be emailed to you following registration. If a course is canceled by the City of Mentor, you will be notified by phone or email. If the City cancels a course, we welcome you to transfer to another class within the same season, or receive a full refund. It takes two to three weeks to process a refund check. Credit card payees will receive credit on their account within a few days.

General Course Refunds

Please choose your classes carefully. Full refunds will only be granted if a class is cancelled by the City of Mentor. **There is a \$10 administrative fee for classes cancelled or changed by the customer.** Refunds will only be granted for medical reasons and will require a doctor's note. No refunds will be granted less than 1 week prior to the start of the program. Participants assume risk of change in personal affairs or health.

Camp Refunds

Please choose your camps carefully. Full refunds will only be granted if a camp is cancelled by the City of Mentor. **An administrative fee of \$25 will be assessed per person per camp for any changes made to camp registrations.** Changes will include participant cancellations, refund requests and/or transfers. Changes must be made one month prior to the start of camp. Camp changes and partial cancellations cannot be applied to the Full 9 Week Camp option.

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Senior Center Registration

Senior Center membership is required to participate in Senior Center activities including classes, activities and programs. Please contact the center for details.

Overnight Bus Trip Refunds

Please choose your trips carefully. Full refunds will only be granted if a class is cancelled by the City of Mentor. **An administrative fee of \$25 will be assessed per person for any changes made to trip registrations.** Changes will include participant cancellations, refund requests, transfers and/or room changes. No changes will be made/granted after the advertised Deadline. Participants assume risk of change in personal affairs or health. For overnight trips, travel insurance is available and recommended.

People with Disabilities

We encourage persons with disabilities to participate in all programs offered by the Parks & Recreation Department. Please notify us in advance if special arrangements should be arranged in order to make participation possible. TDD available.

Wildwood Members

Current Wildwood Members may take a 10% discount off the regularly charged fee (resident) on all programs offered at Wildwood Cultural Center. Discount excludes camps.

Mentor Residency

Mentor Residents live within the corporate limits of the City of Mentor. Proof of residency is a current utility bill with both name and address on it along with photo identification. Not all 44060 zip codes are Mentor resident addresses. Mentor School District and the City of Mentor corporate limits are not the same. Mentor residents receive priority in registration and discounted fees.

Inclement Weather Cancellations

We make every attempt to hold classes when scheduled. Contact the Recreation Department at (440) 974-5720 before 5 p.m. to inquire concerning inclement weather. Email blasts and twitter posts are also used to inform the public of changes in course schedules. In case of "Act of God" cancellations, the Recreation Dept. reserves the right to terminate any class/activity that results in less than the scheduled number of sessions, without issuing a refund.

Photo Policy

We often take photos of our programs, special events, camps and general activities. These photos are used exclusively by the City of Mentor and may appear in any of our publications, both electronic and print, and our website. If you wish not to be photographed, please tell the photographer.

Special Events

MENTOR CITYfest

LIVE MUSIC • FOOD • FUN & GAMES



Mentor CityFest TWO Days - One BIG Event

Friday, August 15, 5 - 11 p.m. &
Saturday, August 16, 12- 11 p.m.

Mark your calendar for the biggest two-day event in northeast Ohio! More than 25,000 people attended this family-oriented, active event last year. We're working to bring exciting features to this year's festival. This is what we've got planned so far:

- Inflatables and more interactive games for kids and adults
- Huge assortment of delicious foods from more than 20 vendors
- Adult beverages for sale
- Local business tent featuring over 40 local businesses.
- Saturday Cincinnati Circus Thrill Show
- Friday Night Music with Def Legend- Def Leppard Tribute
- Saturday Night Music with Queen Nation- Queen Tribute
- And much, much more!

Want to showcase your business at CityFest? Be a vendor in our Main Street Tent. Contact Kevin Cindric at cindric@cityofmentor.com for more information.

Just Kids Stuff Garage Sale

Saturday, September 13, 9 a.m. - 12 p.m.
Garfield Park Pavilion

Space Rental: Residents: \$25 | Non-Residents: \$30

Clean out the toy boxes, closets, and attics, and get ready for the Just Kids' Stuff Garage Sale. This is the biggest sale of children's items around, often featuring more than 70 vendors and more than 1,000 buyers. Reserve a city-owned table beginning August 4 for residents and August 5 for non-residents or plan to set up your own table on a 10' x 10' space for the same fee, collected the morning of the sale.

Please keep the following rules in mind when planning your sale: You may not sell out of your car, or hang items on clotheslines from the trees or pavilion. An adult must be present at each table. Residents should be prepared to show a current utility bill and driver's license to receive the resident rate. Set up for the event starts at 7 a.m., not before.



Howl-O-Ween Party for Dogs

Friday, October 10, 5:30 - 6:30 p.m.
Mentor Dog Park, 6645 Hopkins Rd.

FREE! Bring your dog and join us for a Halloween party just for dogs at the Mentor Dog Park. We'll have some contests, prizes and doggone good fun. Dogs must have up-to-date vaccinations, be licensed, and not be in heat, to visit the dog park. Children must be accompanied by an adult. Call us at (440) 974-5720 for more information.



Community Tree Lighting Ceremony

Tuesday, December 2, 6:00 - 7:30 p.m.
Mentor Municipal Center

The City of Mentor invites you and your family to join us for a commemorative tree lighting as we light our stunning 27-foot Norwegian spruce and City Hall campus. Santa will arrive in his horse drawn carriage and will be available for photos while choirs from Mentor School's sing. Refreshments will be served. Look for more information in the Winter/Spring Parks & Recreation Guide.



The Black Brook Glow Golf Tournament

Saturday, October 11, 7:00 p.m.
Black Brook Golf Course, Max 72 Players
9 Holes *Walking Only*

Join us for an exciting Glow Golf Tournament! Experience a unique night of golf under neon lights, friendly competition, and unforgettable fun. Prizes, music, and more await! Tee off in style!

Price: \$25 per person

Float - N - Flick

Friday(s), 7:00 - 9:00 p.m., Min 10 / Max 45
Mentor Community Recreation Center

Looking for some Family Movie Night Fun? Come spend your Friday nights with us at the MCRC pool enjoying a popular movie while floating in your favorite intertube. Please bring a float! Popcorn, cookies & glow sticks will be provided. Space is limited. Be sure to sign up early. ***Nonswimmers must have an adult swimming with them.**

dates	movie
Sept 12	Lilo & Stitch
Oct 10	Paw Patrol
Nov 7	Zootopia
Dec 12	Toy Story

MCRC Members \$5 | MCRC Non-Members: \$10

Splash N Spike

Friday(s), 7:00 - 9:00 p.m.
Mentor Community Recreation Center

Jump into the fun at our **Water Volleyball Night**, where splashes, music and sports come together! Whether you're a seasoned volleyball player or just in it for the laughs, this exciting night is perfect way to enjoy a Friday evening. Gather your squad, bring your game face and join us for some friendly competition!

dates: Sept 26, Oct 24

Price: \$10 per team of 2-4 players

Stuff the Pool, Fill a Plate

Wednesday, November 26, 6:00 - 7:30 p.m.
Mentor Community Recreation Center

Have fun burning calories before your big meal on Thursday while helping others! **Bring at least \$10 worth of Non-perishable food items to donate to The Salvation Army Painesville.**

Price: Free with non-perishable food items OR
MCRC Member: \$8 | MCRC Non-Member: \$10

Rock The Rec

Friday(s), 7:00 - 9:00 p.m.
Mentor Community Recreation Center

Shake off the winter blues with a concert! This winter concert series is an all ages event that will take place on our indoor soccer field, so bring your own blankets and/or chairs. Attendees can enjoy great music, and a great selection of food and beverages from our concession stand. Outside food/drink is prohibited.

Admission and parking are free.

dates: Nov 7, Dec 5

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September 11 Stair Climb

Ages 18+

Thursday, September 11, 8:46 a.m. - 4:00 p.m.
Mentor Community Recreation Center

This commemorative event is held in honor of the first responders and in remembrance of those who lost their lives during the tragic events on September 11, 2001. Participants will ascend 110 stories (2,200 steps), the height of the Twin Towers of the World Trade Center, on one of our StairMasters. Pre-registration is required, and participants can select a wave (3 people per wave). Come decked out in your patriotic gear. Donations for the National Fallen Firefighters Foundation are welcome.

Price is per person.

Coordinator: MCRC Staff

MCRC Member: \$8 | MCRC Non-Member: \$10

Basketball Free Throw Contest

Ages 7 - 14

Saturday, November 22, 10:00 - 11:00 a.m.
Mentor Community Recreation Center

Head to the charity stripe in this fun, competitive, co-ed event. Each team (one child and one parent / guardian) will shoot 12 free throws in addition to 3 shots from anywhere on the court. The team with the most combined points wins. The number of teams determines the schedule. **Price is per team.**

Coordinator: MCRC Staff

MCRC Member: \$10 | MCRC Non-Member: \$12

Black Friday 3 on 3 Basketball Tournament

Grades 3 - 8

Friday, November 28, 9:00 a.m. - 6 p.m.

Get ready for fast-paced action! Teams (4 players max per team) will battle it out half-court. Open to all levels, this tournament is a way to showcase your skills, compete with friends, and enjoy the game. Teams will play in a 2-hour time block. The number of teams determines the format and schedule. **Price is per team.**

Coordinator: The National Basketball Academy (TNBA)

Location: Mentor Community Recreation Center

Teams

Boys Grades 3 - 4

Boys & Girls Grades 5 - 6

Boys & Girls Grades 7 - 8

MCRC Member: \$95 | MCRC Non-Member: \$114

Holiday Figure Skating Performance

Saturday, December 13, 3:45 - 5:45 p.m.
Ice Arena

Enjoy a free holiday gift from the Mentor Figure Skating Club and the City of Mentor. Watch figure skating at its finest as the Mentor Figure Skating Club; Inspire Synchronized Teams and Learn-to-Skate students perform a special holiday show at the Mentor Ice Arena.

Price: Free to the public

Mentor Parks and Recreation - 2025 Fall



Turkey Roll on Ice

Adults 21+

Saturday, November 22, 2025

Mentor Community Recreation Center

Doors Open: 6:30 p.m. - Event: 7:00 p.m. - 10:00 p.m.

Join us for an exhilarating and hilarious 21+ event, Turkey Roll on Ice! Gather your friends and form teams of four to roll frozen turkeys down the ice in a thrilling bowling competition. Get creative with your team's name and costumes for a chance to win fabulous prizes. Whether you're aiming for the title of best-dressed team or the ultimate bowling champions, there's fun and excitement for everyone. Don't forget to wear your closed-toed shoes for safety on the ice. Team captains register your team and get ready for an evening of laughter, friendly competition, and holiday spirit! No spectators will be permitted.

Cost: \$120 per team of four-preregistration required

Mentor Skate Day

Saturday, January 3, 2026, 1:00 - 4:00 p.m.

Mentor Community Recreation Center

Join us for a fun-filled Mentor Skate Day where everyone is welcome to lace up their skates and hit the ice! This free public skate event offers complimentary skate rentals and features a lively atmosphere with a DJ spinning tunes to keep the energy high. While skating enthusiasts of all ages are invited to join in the excitement, we prioritize safety, requiring skaters under 11 to wear helmets. Bike helmets are permitted. Throughout the event, enjoy intermittent performances from talented local skaters. There will be an ice cut halfway through the event, providing a refreshing break before you glide back into the fun. Skate sizes range from youth 8 to adult 14 and are available on a first-come, first-served basis. Don't miss out on this opportunity to glide, spin, and twirl on the ice with friends and family!

Free Public Skate

First time online registering with us?

**Call one of our facilities so we can set up
a new account for you.**

[unveiled] Storybook Bench Project - The Artists!

August 4 - September 30

Mentor Municipal Center, 8500 Civic Center Blvd.

This [unveiled] exhibit will showcase the talented artists behind this year's Mentor Storybook Bench public art project. These 5 chosen artists (Jenna Greenwalt, Julie Krofcheck, M.E. Kuzma, Gillian DiPofi & Janie Walland) from around the area have created book bench masterpieces. This featured [unveiled] exhibit will showcase their creative talents, artistic drive, and inspirations as well as other works of their art. The exhibit is open for public viewing at the Mentor Municipal Center Monday through Friday, 8:00 AM to 5:00 PM. Celebrate with the artists by purchasing tickets to attend the Storybook Bench Project and Gala on August 20th at Springbrook Garden house.

Wildwood Murder Mystery Theatre Series: "Drop Dead Disco"

Adults 21+

Friday, September 5, 7:00 p.m.

Wildwood Cultural Center

Join us for this funkadelic active murder mystery "Drop Dead Disco." As the disco ball spins, uncover a web of secrets, solve a mystery and dance the night away. During the night we will do a little dance, crack the case, get down tonight! Get down tonight! The evening also includes hors d'oeuvres and a post-show meet the cast! 1970's disco attire is welcome! Also, you may responsibly bring your favorite adult beverage! Reserve early, this show will sell out! Show will be located on two floors, with stairs, at the estate manor home.

Resident: \$30 | Non-Resident: \$36

Mentor Farmers Market - Harvest Market

Friday, October 3, 2:00 - 6:00 p.m.

Eleanor B. Garfield Park, 7967 Mentor Avenue

The Mentor Farmer's Market is hosting its annual "Harvest Market" on October 3rd, from 2 to 6 PM at Eleanor B. Garfield Park. Celebrate Northeast Ohio's fall harvest with crisp apples, pumpkins, and other seasonal produce, artisan goods, live music, and delicious treats. Experience the vibrant, autumnal atmosphere created by local farmers, artisans, and musicians. This community event is a perfect opportunity to support local businesses and enjoy the essence of autumn. Don't miss this delightful celebration of tradition and community spirit, as golden leaves and rich aromas dance in the breeze.

Holidays with Mrs. Claus

Ages 1 - 6, plus one Adult

Tuesday, December 2, 10:00 - 11:30 a.m.

Wildwood Cultural Center

Mrs. Claus is looking for GOOD little boys and girls to come help her get ready for the Christmas season! Decorate the tree, ring jingle bells, play reindeer games, sing, nibble on a cookie and make a holiday craft, all with Mrs. Claus by your side! Price includes one child and one adult.

Resident: \$15 | Non-Resident: \$18



Mysteries of the Manor Trail Golf Cart Hayride and Fall Festival!

All Ages

Friday, October 24, 6:00 - 10:00 p.m.
Saturday, October 25, 2:00 - 10:00 p.m.
Wildwood Cultural Center

Celebrate fall at Wildwood's one-of-a-kind GOLF CART HAYRIDE and Fall Festival! Cozy up with your family in a golf cart as you drive through the sights and sounds of the Mysteries of the Manor Trail! Food trucks will be on site for your dining purchases. Family-friendly time is Saturday from 2 - 6 p.m. Children under 1 are FREE. Individuals can purchase multiple tickets at once.

Resident | Non-Resident: \$15 per person

Wildwood Christmas Tree Decorating Contest!

All Ages

Pick Up Date: Monday, Nov 10, 8:00 a.m. - 5:00 p.m.
Drop Off Date: Tuesday, Nov 11, 8:00 a.m. - 5:00 p.m.
Wildwood Cultural Center

Experience Christmas magic at Wildwood Cultural Center! Craft a unique 2-foot Christmas tree with provided decorations and lights. Add personal touches to make it truly yours. Display your masterpiece at the historic estate and share your creativity. Trees will be displayed for public voting inside the building and online. Winners will be announced on December 15. Celebrate the holiday spirit with us!

Resident | Non-Resident: \$20 per person

Holiday Boutique at Wildwood

All Ages

Sunday, November 30, 10:00 a.m. - 4:00 p.m.
Wildwood Cultural Center

Complete your holiday shopping here! Many wonderful holiday items are for sale from 40+ vendors including greenery, teas, stained glass, jewelry, holiday figurines, wood and metal items, ornaments, stockings, gnomes, specialty baked goods and sweets, live and faux greens from the Wildwood Garden Club and much, much more! No strollers allowed! Children 8 and under are free!

Resident | Non-Resident: \$2 per person

Wildwood Holiday Historical Tour

All Ages

Sunday, December 14, 12:00 - 2:00 p.m.
Wildwood Cultural Center

Enjoy the holidays at the beautifully decorated Wildwood Cultural Center this holiday season! You are invited to a guided historic tour of the Manor House. Be sure to check out the O-gauge train display in the lower-level Craft Room. To register please call the Wildwood Cultural Center at 440-974-5735.

Resident | Non-Resident:
FREE - Must register in advance

Santa's Wild Workshop in the Woods

Ages 2 - 12, + One Adult

Wildwood Cultural Center

Santa's Magical Workshop is at Wildwood! He's here - the man in the red suit - Santa himself will read *"The Night Before Christmas"* after which your little one will be able to have one on one time with him! The delicious scent of freshly baked cookies in the air means Mrs. Clause is here too! She will give tips on cookie decorating and what make a Christmas cookie special. Also, Santa brought his team of Elves to help you and your little one build a magical wooden toy and become **OFFICIAL TOY MAKERS!** View the Wildwood O-Gauge train layout and the miniature Santa's Workshop, write a letter to Santa, and more! Bring your cameras to capture that magical moment. **ONE ADULT PER CHILD PLEASE.**

dates	day	time
Dec 5	Friday	3:00 - 5:00 p.m.
Dec 5	Friday	6:00 - 8:00 p.m.
Dec 6	Saturday	10:00 a.m. - 12:00 p.m.
Dec 6	Saturday	1:00 - 3:00 p.m.
Dec 6	Saturday	4:00 - 6:00 p.m.
Dec 7	Sunday	11:00 a.m. - 12:00 p.m.
Dec 7	Sunday	1:00 - 3:00 p.m.
Dec 7	Sunday	4:00 - 6:00 p.m.

Resident: \$20 | Non-Resident: \$24



2025 Headlands Birding Festival

All Ages

September 19 - 21

Year two of the Headlands Birding Festival will take place this fall from September 19th-21st. The event, hosted by Headlands Beach State Park, celebrates fall migration as birds travel thousands of miles to their wintering grounds, as far away as South America. The Headlands/Mentor Marsh region hosts some of the highest diversity and volume of migratory birds in the state, with 352 species documented in Lake County.

Julie Zickefoose, a naturalist, writer, and artist will give the keynote address at Springbrook Gardenhouse on Friday night. Additionally, there will be a birding pelagic along the Lake Erie coast, expert led birding walks, presentations on a wide array of wildlife topics, vendors, non-profits, and food trucks! Registration opens August 1st. Visit <http://headlandsbirdingfestival.com> for more information.

Mentor Community Recreation Center (MCRC)



6000 Heisley Road, Mentor, Ohio 44060
440.205.3608 - www.mentorrec.com

HOURS OF OPERATION:

Monday - Friday 5:30 a.m. - 10:00 p.m.
Saturday 7:00 a.m. - 9:00 p.m.
Sunday 8:00 a.m. - 6:00 p.m.

Contact Information:

440-205-3608

Email: reccenter@cityofmentor.com

2025 MEMBERSHIP RATES

	Residents	Non-Residents
Youth (under 18)	\$250	\$315
Senior (60+)	\$250	\$315
Adult	\$350	\$440
2-Person	\$450	\$565
Family of 4	\$550	\$690
Extra Family Member	\$50	\$50

****Classes sold separately**

AMENITIES

Indoor Soccer Field (1)	TRX Room
Pickleball Courts (4)	Indoor Track
Tennis Courts (4)	Indoor Swimming Pool
Racquetball Courts (4)	Outdoor Swimming Pool
Basketball Courts (2)	Whirlpool
Golf Simulators (2)	Women's Sauna
Fitness Room	Men's Sauna
Cycle Room	Steam Room
Yoga Studio	Women's Locker Rooms
	Men's Locker Rooms
Circuit Training Room	Family Changing Room
Free Weights	Community Room
Aerobics Rooms (2)	Kids Corner

****Additional fees apply. Some restrictions may apply.**

First time online registering with us?

**Call one of our facilities so we can set up
a new account for you.**

Group Fitness

Get in shape at the MCRC and have fun doing it! We offer a variety of classes to keep you motivated and keep you moving.

Guidelines for all Group Fitness Classes

1. Ages 14+
2. All classes are 50 minutes in length.
3. Schedule is subject to change.

Class Registration

For the full class schedule visit <https://mentor-rec.com/programs-activities/group-fitness-classes/>. Each class is available for registration on a monthly basis. Rates only apply to MCRC Group Fitness classes.

Four Class Sessions - Member \$20 | Non-Member \$28

Five Class Sessions - Member \$25 | Non-Member \$35

Drop-In Fees per class (If class space is available)

Member \$8

Non-Member \$10

Unlimited Monthly Fitness Pass \$50

(limited quantities available)/**MCRC MEMBERS ONLY**

Group Fitness Class Descriptions

For the full class schedule visit <https://mentor-rec.com/programs-activities/group-fitness-classes/>

Racquetball

Introduction to Racquetball

Ages 10+

The Introduction to Racquetball Class is designed to help beginners efficiently learn the basics of racquetball and to get started in a safe and fun manner! The class will cover equipment, rules of the game, game strategy, and court positioning. Participants are encouraged to bring a racquetball racquet and safety goggles. **Price is per occurrence.**

Coordinator: Mark Ruth

Location: Mentor Community Recreation Center

MCRC Member: \$8 | MCRC Non-Member: \$10

Saturday(s), 9:00 - 10:30 a.m., dates: Sept 6 - Dec 27

Racquetball Challenge Court Night

Ages 18+

Compete with adult players of diverse levels of skill, meet fellow racquetball players and have your game/level of play assessed to support future growth by our Racquetball Coordinator, Mark Ruth. **Price is per occurrence.**

Coordinator: Mark Ruth

Location: Mentor Community Recreation Center

MCRC Member: \$0 | MCRC Non-Member: \$10 (guest pass)

Tuesday(s), 5:30 - 7:30 p.m., dates: Sept 2 - Dec 30



Frosty Racquetball Classic

Ages 14+

Open to players of skill levels A - C, this competition will feature singles and doubles matches across multiple divisions. Test your skills, compete for prizes, and enjoy the camaraderie of racquetball enthusiasts in a friendly yet competitive environment. Players are encouraged to bring their own racquets and goggles, but game balls and refreshments will be provided. Prizes awarded to 1st and 2nd winners. Price is per person. The number of participants determines the schedule.

Coordinator: Mark Ruth

Location: Mentor Community Recreation Center

one event:

MCRC Member: \$25 | MCRC Non-Member: \$30

additional event:

MCRC Member: \$20 | MCRC Non-Member: \$25

date	day	time
Dec 6	Saturday	8:00 a.m. - 6:00 p.m.

More information about racquetball can be found at mentorrec.com.

Preschool Sports

Discover Sports

Ages 3 & 4

Designed to introduce preschoolers to a variety of sports including soccer, basketball, football, baseball and more. Players are encouraged to bring a water bottle to each class. All equipment is provided. Parent / guardian participation is recommended.

Instructor: MCRC Staff

Location: Mentor Community Recreation Center

MCRC Member: \$40 | MCRC Non-Member: \$48

dates	day	time
Sept 22 - Oct 20	Mon	4:00 - 4:45 p.m. (age 3)
Sept 22 - Oct 20	Mon	5:00 - 5:45 p.m. (age 4)
Nov 10 - Dec 15	Mon	4:00 - 4:45 p.m. (age 3)
Nov 10 - Dec 15	Mon	5:00 - 5:45 p.m. (age 4)

****No class Nov 24**

Discover Football

Ages 3 & 4

This class is designed to introduce preschoolers to skills used in flag football such as passing, catching, defensive techniques and ball handling as well as participate in speed/agility drills. Players are encouraged to bring a football (pee wee size) and water bottle to each class. Parent / guardian participation is recommended.

Instructor: MCRC Staff

Location: Mentor Community Recreation Center

MCRC Member: \$40 | MCRC Non-Member: \$48

dates	day	time
Sept 23 - Oct 21	Tues	4:00 - 4:45 p.m. (age 3)
Sept 23 - Oct 21	Tues	5:00 - 5:45 p.m. (age 4)
Nov 11 - Dec 16	Tues	4:00 - 4:45 p.m. (age 3)
Nov 11 - Dec 16	Tues	5:00 - 5:45 p.m. (age 4)

****No class Nov 25**

CITYOFMENTOR.COM/PARKS-RECREATION

Discover Basketball

Ages 3 & 4

A fun way to introduce preschoolers to the basics of basketball. Through interactive games, players learn dribbling, passing, shooting and defensive techniques. Players are encouraged to bring a miniature basketball (size 25.5") and water bottle to each class. Parent / guardian participation is recommended.

Instructor: MCRC Staff

Location: Mentor Community Recreation Center

MCRC Member: \$40 | MCRC Non-Member: \$48

dates	day	time
Sept 25 - Oct 23	Thurs	4:00 - 4:45 p.m. (age 3)
Sept 25 - Oct 23	Thurs	5:00 - 5:45 p.m. (age 4)
Nov 13 - Dec 18	Thurs	4:00 - 4:45 p.m. (age 3)
Nov 13 - Dec 18	Thurs	5:00 - 5:45 p.m. (age 4)

Discover Soccer

Ages 3 & 4

Players learn the fundamentals of soccer including dribbling, passing, goal keeping, trapping and shooting in this fun and interactive class. Players are encouraged to bring a soccer ball (size 3) and water bottle to each class. Parent / guardian participation is recommended.

Instructor: MCRC Staff

Location: Mentor Community Recreation Center

MCRC Member: \$40 | MCRC Non-Member: \$48

dates	day	time
Sept 24 - Oct 22	Wed	4:00 - 4:45 p.m. (age 3)
Sept 24 - Oct 22	Wed	5:00 - 5:45 p.m. (age 4)
Nov 12 - Dec 17	Wed	4:00 - 4:45 p.m. (age 3)
Nov 12 - Dec 17	Wed	5:00 - 5:45 p.m. (age 4)

****No class Nov 26**

Preschool Playtime

Ages 6 months - 5 years old

Burn off some energy and have fun playing games with your little one in this self-regulated program. Our gym will be filled with a variety of sports equipment and tumbling mats. Adult supervision is required. Price is per child, per occurrence. Pre-registration is preferred.

Location: MCRC - Gymnasium

MCRC Member: \$2 | MCRC Non-Member: \$3

Tuesday(s), 9:00 - 11:00 a.m., dates: Oct 7 - Dec 30

Tennis

Family Tennis

Ages 4 - 12

Geared toward beginners, come learn the sport of tennis with a loved one. Learn the fundamentals as well as tips on how to practice. One parent / guardian allowed to attend per class per child. Registration is per child. Players are encouraged to bring a racquet and water bottle to each class.

Instructor: Mike Miheli

Location: Mentor Community Recreation Center

MCRC Member: \$48 | MCRC Non-Member: \$58

Saturday(s), 12:45 - 1:30 p.m.

dates: Sept 6 - Sept 27, Oct 4 - Oct 25
Nov 1 - Nov 22, Nov 29 - Dec 20

Mentor Parks and Recreation - 2025 Fall

Tiny Tennis

Ages 4 & 5

The purpose of the Ages 4-5 Tennis Program is to expose children to the skills of tennis in a fun and enjoyable way through the use of skill builders, games and basic technique. This is a perfect introduction for your young one. Players are encouraged to bring a racquet and water bottle to each class. Recommended racquet size: 19" - 21".

Instructor: MCRC Staff

Location: Mentor Community Recreation Center

MCRC Member: \$72 | MCRC Non-Member: \$86

Tuesday(s), 4:00 - 4:45 p.m.

dates: Sept 9 - Oct 14, Oct 28 - Dec 2

Little Stars Tennis

Ages 6 - 8

The purpose of the Ages 6-8 Tennis Program is to expose children to the skills of tennis in a fun and enjoyable way. Whether you are new to the sport or still learning the game, this class teaches techniques, pre-rallying, and movement needed to move to the next level. Players are encouraged to bring a racquet and water bottle to each class. Recommended racquet size: 19" - 23".

Instructor: MCRC Staff

Location: Mentor Community Recreation Center

4 week Saturday sessions:

MCRC Member: \$48 | MCRC Non-Member: \$58

6 week Tuesday sessions:

MCRC Member: \$72 | MCRC Non-Member: \$86

dates	day	time
Sept 6 - Sept 27	Sat	10:30 - 11:15 a.m.
Sept 9 - Oct 14	Tues	5:00 - 5:45 p.m. (beginner)
Sept 9 - Oct 14	Tues	6:00 - 6:45 p.m. (intermediate)
Oct 4 - Oct 25	Sat	10:30 - 11:15 a.m.
Oct 28 - Dec 2	Tues	5:00 - 5:45 p.m. (beginner)
Oct 28 - Dec 2	Tues	6:00 - 6:45 p.m. (intermediate)
Nov 1 - Nov 22	Sat	10:30 - 11:15 a.m.
Nov 29 - Dec 20	Sat	10:30 - 11:15 a.m.

Junior Aces Tennis

Ages 9 - 12

The purpose of the Ages 9 - 12 Tennis Program is to expose children to the skills of tennis in a fun and enjoyable way. Whether you are new to the sport or still learning the game, this class teaches techniques and movement needed for the development of match play. Intermediate is for those players that have had lessons and can rally. Players are encouraged to bring a racquet and water bottle to each class. Recommended racquet size: 23" - 25".

Instructor: MCRC Staff

Location: Mentor Community Recreation Center

4 week Saturday sessions:

MCRC Member: \$48 | MCRC Non-Member: \$58

6 week Thursday sessions:

MCRC Member: \$72 | MCRC Non-Member: \$86

dates	day	time
Sept 6 - Sept 27	Sat	11:15 a.m. - 12:00 p.m.
Sept 11 - Oct 16	Thur	4:00 - 4:45 p.m. (beginner)
Sept 11 - Oct 16	Thur	5:00 - 5:45 p.m. (beginner)
Sept 11 - Oct 16	Thur	6:00 - 6:45 p.m. (intermediate)
Oct 4 - Oct 25	Sat	11:15 a.m. - 12:00 p.m.
Oct 30 - Dec 11	Thur	4:00 - 4:45 p.m. (beginner)
Oct 30 - Dec 11	Thur	5:00 - 5:45 p.m. (beginner)
Oct 30 - Dec 11	Thur	6:00 - 6:45 p.m. (intermediate)
Nov 1 - Nov 22	Sat	11:15 a.m. - 12:00 p.m.
Nov 29 - Dec 20	Sat	11:15 a.m. - 12:00 p.m.

****No class Nov 27**

Teens/High School Tennis

Ages 13 - 18

Focus is on developing fundamentals, improving skills, and preparing for competitive play, including high school and tournament play. This program may cater to different skill levels, from beginners learning basic strokes to advanced players honing their game for competition. Emphasis is placed on game-based drills and cooperative play.

Instructor: Mike Miheli, Location: MCRC

MCRC Member: \$48 | MCRC Non-Member: \$58

Dec: MCRC Member: \$36 | MCRC Non-Member: \$43

dates	day	time
Sept 4 - Sept 25	Thur	5:30 - 6:30 p.m.
Sept 6 - Sept 27	Sat	12:00 - 12:45 p.m.
Oct 2 - Oct 23	Thur	5:30 - 6:30 p.m.
Oct 4 - Oct 25	Sat	12:00 - 12:45 p.m.
Oct 30 - Nov 20	Thur	5:30 - 6:30 p.m.
Nov 1 - Nov 22	Sat	12:00 - 12:45 p.m.
Dec 4 - Dec 18	Thur	5:30 - 6:30 p.m.
Nov 29 - Dec 20	Sat	12:00 - 12:45 p.m.

Adult Tennis

Ages 18+

Players will be introduced to the basic skills for play including ground strokes, serving and volleys with the incorporation of rallying and basic point play. Ask a friend to register with you! Designed for players with a National Tennis Rating Program (NTRP) of 1.0 - 3.5. Players are encouraged to bring a racquet and water bottle to each class.

Instructor: Mike Miheli, Location: MCRC

MCRC Member: \$48 | MCRC Non-Member: \$58

Dec: MCRC Member: \$36 | MCRC Non-Member: \$43

dates	day	time
Sept 3 - Sept 24	Wed	9:30 - 10:30 a.m.
Sept 3 - Sept 24	Wed	10:30 - 11:30 a.m. (ladies)
Sept 3 - Sept 24	Wed	11:30 a.m. - 12:30 p.m. (55+)
Sept 4 - Sept 25	Thur	6:30 - 7:30 p.m.
Oct 1 - Oct 22	Wed	9:30 - 10:30 a.m.
Oct 1 - Oct 22	Wed	10:30 - 11:30 a.m. (ladies)
Oct 1 - Oct 22	Wed	11:30 a.m. - 12:30 p.m. (55+)
Oct 2 - Oct 23	Thur	6:30 - 7:30 p.m.
Oct 30 - Nov 20	Thur	6:30 - 7:30 p.m.
Nov 5 - Nov 26	Wed	9:30 - 10:30 a.m.
Nov 5 - Nov 26	Wed	10:30 - 11:30 a.m. (ladies)
Nov 5 - Nov 26	Wed	11:30 a.m. - 12:30 p.m. (55+)
Dec 3 - Dec 17	Wed	9:30 - 10:30 a.m.
Dec 3 - Dec 17	Wed	10:30 - 11:30 a.m. (ladies)
Dec 3 - Dec 17	Wed	11:30 a.m. - 12:30 p.m. (55+)
Dec 4 - Dec 18	Thur	6:30 - 7:30 p.m.

Pickleball

Introduction to Pickleball

Adults 18+

Come learn the fastest growing sport in America! This class is for the novice player (USA Pickleball rating of 1.0 - 2.5) and covers the basics of pickleball including rules, terminology, fundamentals and introduces match play. Players are encouraged to bring a paddle and water bottle to each class.

Instructor: MCRC Staff, Location: MCRC

MCRC Member: \$48 | MCRC Non-Member: \$58

Wednesday(s), 5:30 - 6:30 p.m.

dates: Sept 10 - Oct 1, Oct 15 - Nov 5, Nov 19 - Dec 10



Intermediate Pickleball

Adults 18+

This low intermediate class (USA Pickleball rating of 3.0) covers the fundamentals of pickleball including serving, rallying, keeping score, dinking, and match play. Players are encouraged to bring a paddle and water bottle to each class.

Instructor: MCRC Staff

Location: Mentor Community Recreation Center

MCRC Member: \$48 | MCRC Non-Member: \$58

dates	day	time
Sept 10 - Oct 1	Wed	6:30 - 7:30 p.m.
Oct 15 - Nov 5	Wed	6:30 - 7:30 p.m.
Nov 19 - Dec 10	Wed	6:30 - 7:30 p.m.

Advanced Pickleball

Adults 18+

Designed for high intermediate - advanced skill levels (USA Pickleball rating of 3.5+), this class covers stroke mechanics, dinking, strategy and match play. Players are encouraged to bring a paddle and water bottle to each class.

Instructor: MCRC Staff

Location: Mentor Community Recreation Center

MCRC Member: \$48 | MCRC Non-Member: \$58

dates	day	time
Sept 10 - Oct 1	Wed	7:30 - 8:30 p.m.
Oct 15 - Nov 5	Wed	7:30 - 8:30 p.m.
Nov 19 - Dec 10	Wed	7:30 - 8:30 p.m.

Beginner Pickleball for Seniors

Adults 55+

Come learn the fastest growing sport in America! This class is for the novice player (USA Pickleball rating of 1.0 - 2.5) and covers the basics of pickleball including rules, terminology, fundamentals and introduces match play. Players are encouraged to bring a paddle and water bottle to each class.

Instructor: MCRC Staff

Location: Mentor Community Recreation Center

MCRC Member: \$48 | MCRC Non-Member: \$58

dates	day	time
Sept 9 - Sept 30	Tue	11:30 a.m. - 12:30 p.m.
Oct 14 - Nov 4	Tue	11:30 a.m. - 12:30 p.m.
Nov 18 - Dec 9	Tue	11:30 a.m. - 12:30 p.m.

Intermediate Pickleball for Seniors

Adults 55+

This intermediate class (USA Pickleball rating of 3.0 - 3.5) covers the fundamentals of pickleball including serving, rallying, keeping score, dinking, and match play. Players are encouraged to bring a paddle and water bottle to each class.

Instructor: MCRC Staff

Location: Mentor Community Recreation Center

MCRC Member: \$48 | MCRC Non-Member: \$58

dates	day	time
Sept 9 - Sept 30	Tue	12:30 - 1:30 p.m.
Oct 14 - Nov 4	Tue	12:30 - 1:30 p.m.
Nov 18 - Dec 9	Tue	12:30 - 1:30 p.m.

Pickleball Open Play

Adults 18+

Gather up some friends and work on your game. This member exclusive format, with no instructor, allows athletes to play at their own pace. Registration is required. All skill levels are welcome.

Location: Mentor Community Recreation Center

MCRC Member ONLY: Free

dates	day	time
Sept 1 - Dec 29	Sun	3:00 - 5:00 p.m. (ages 6+)
Sept 1 - Dec 29	Mon	9:00 - 11:00 a.m.
Sept 1 - Dec 29	Fri	9:00 - 11:00 a.m.
Sept 1 - Dec 29	Fri	6:30 - 8:30 p.m.
Sept 1 - Dec 29	Sat	1:00 - 3:00 p.m.
Sept 1 - Dec 29	Wed	9:00 - 11:00 a.m.
Sept 1 - Dec 29	Sat	9:00 - 11:00 a.m.

Beginner Pickleball Guided Play

Adults 18+

Intended for newer players who are interested in learning about how open play is structured (2.5 and below only). Recommended that participants have completed at least 1 session of the Intro to Pickleball course or have an understanding of the rules & scoring systems. An instructor will be present to oversee points, help with problem-solving, and offer players advice on gameplay. This program provides an opportunity for players to get experience with regular game settings and will include a player rating assessment based on game results & observed skill level. **Price is per occurrence.**

Instructor: MCRC Staff

Location: Mentor Community Recreation Center

MCRC Member: \$8 | MCRC Non-Member: \$10

Friday(s), 5:30 - 6:30 p.m.

dates: Sept 12, Sept 26, Oct 10, Oct 24, Nov 14, Dec 12

First time online registering with us?

Call one of our facilities so we can set up a new account for you.

Any Doubles Beginner Pickleball League

Ages 18+

Designed for those with a USA Pickleball rating of 2.0 - 2.5, this indoor league consists of 5 games per week for 8 weeks followed by a 1-week, single-elimination, playoff tournament. Games are played to 11 points, win by 2 and are played 2 vs. 2 (any doubles combination), self-officiated. The top 12 teams compete in the playoff tournament. The playoff championship team receives a prize. Players are encouraged to bring their own paddles, balls are provided. **Price and registration is per team.**

Coordinator: MCRC Staff

Location: Mentor Community Recreation Center

Fee: \$108 **No games Nov 25

dates	day	time
Oct 14 - Dec 16	Tuesday	6:00 - 8:30 p.m.

Any Doubles Low Intermediate Pickleball League

Ages 18+

Designed for those with a USA Pickleball rating of 3.0 - 3.5, this indoor league consists of 5 games per week for 8 weeks followed by a 1-week, single-elimination, playoff tournament. Games are played to 11 points, win by 2 and are played 2 vs. 2 (any doubles combination), self-officiated. The top 12 teams compete in the playoff tournament. The playoff championship team receives a prize. Players are encouraged to bring their own paddles, balls are provided. **Price and registration is per team.**

Coordinator: MCRC Staff

Location: Mentor Community Recreation Center

Fee: \$108 ****No games Nov 24**

dates	day	time
Oct 13 - Dec 15	Mon	6:00 - 8:30 p.m.

Any Doubles High Intermediate-Advanced Pickleball League

Ages 18+

Designed for those with a USA Pickleball rating of 3.5+, this indoor league consists of 5 games per week for 8 weeks followed by a 1-week, single-elimination, playoff tournament. Games are played to 11 points, win by 2 and are played 2 vs. 2 (any doubles combination), self-officiated. The top 12 teams compete in the playoff tournament. The playoff championship team receives a prize. Players are encouraged to bring their own paddles, balls are provided. **Price and registration are per team.**

Coordinator: MCRC Staff

Location: Mentor Community Recreation Center

Fee: \$108 ****No games Nov 27**

dates	day	time
Oct 16 - Dec 18	Thurs	6:00 - 8:30 p.m.

Youth Athletics

Rookie Flag Football

Ages 5 - 7

In this active class, athletes receive training on skills used in flag football such as passing, route running, defensive techniques and ball handling, as well as participate in speed/agility drills. The last class concludes with a scrimmage. Athletes are encouraged to bring a football (peewee size) and a water bottle to each class.

Instructor: MCRC Staff ****No class Nov 25**

Location: MCRC - Soccer Center

MCRC Member: \$40 | **MCRC Non-Member:** \$48

Tuesday(s), 6:00 - 6:45 p.m.

dates: Sept 23 - Oct 21, Nov 11 - Dec 16

Junior Flag Football

Ages 8 - 12

In this active class, athletes receive training on skills used in flag football such as passing, route running, defensive techniques and ball handling as well as participate in speed/agility drills. The last class concludes with a scrimmage. Athletes are encouraged to bring a football (youth size) and a water bottle to each class.

Instructor: MCRC Staff ****No class Nov 25**

Location: MCRC - Soccer Center

MCRC Member: \$40 | **MCRC Non-Member:** \$48

Tuesday(s), 7:00 - 7:45 p.m.

dates: Sept 23 - Oct 21, Nov 11 - Dec 16



Soccer

Ages 5 - 7

Skyhawks soccer uses our progression curriculum to ensure your young athlete will gain the technical skills; sport knowledge required for their next step into soccer. This beginner program focuses on dribbling, passing, shooting, and ball control. By the end of the session your child will have learned new life skills such as teamwork and sportsmanship, made new friends, and improved their sport skills!

Instructor: Skyhawks Sports Academy

Location: MCRC - Soccer Center

MCRC Member: \$60 | **MCRC Non-Member:** \$72

Wednesday(s), 5:30 - 6:30 p.m.

dates: Sept 3 - Sept 24, Oct 8 - Oct 29, Nov 12 - Dec 3

Basketball Drills, Skills, & Play

Ages 9 - 14

This class is designed to improve players' basketball skills through structured drills, contents, and games. Each class includes a half hour of drills and half hour of games/contests; players will be separated by age and skills when possible. Participants will work on fundamental techniques such as dribbling, passing, shooting, and defense and apply what they learn in a game setting. This class offers a way to take players' game to the next level.

Instructor: The National Basketball Academy (TNBA)

Location: Mentor Community Recreation Center

MCRC Member: \$68 | **MCRC Non-Member:** \$82

Wednesday(s), 6:00 - 7:00 p.m.

dates: Sept 3 - Sept 24, Oct 1 - Oct 22,
Oct 29 - Nov 19, Nov 26 - Dec 17

Open 3 on 3 Basketball

Ages 10 - 14

Different teams are made each week, and athletes will play 3 on 3. Players will be separated by age and skills when possible. 3 on 3 is a great way to teach spacing, allows athletes to have the ball in their hands more which accelerates development, and emphasizes teamwork.

Instructor: The National Basketball Academy (TNBA)

Location: Mentor Community Recreation Center

MCRC Member: \$68 | **MCRC Non-Member:** \$82

Saturday(s), 9:00 - 10:00 a.m.

dates: Sept 6 - Sept 27, Oct 4 - Oct 25, Nov 1 - Nov 22

Boys Preseason Drills, Skills, and Play Clinic

Ages 12 - 14

This clinic is designed to help prepare players for tryouts and the upcoming basketball season. Skills, conditioning, and play will be emphasized.

Instructor: The National Basketball Academy (TNBA)

Location: Mentor Community Recreation Center

MCRC Member: \$102 | **MCRC Non-Member:** \$122

dates	day	time
Oct 4 - Oct 25	Sat	10:00 - 11:30 a.m.



CAVS Moondog Mini Dribblers

Ages 5 - 8

Children will learn the basketball fundamentals in a fun and exciting atmosphere. The hour class will be filled with different contests and games. Athletes will be able to perform a dribbling routine before a Cavs game during the 2025-2026 season. Each athlete receives 1 free ticket (game TBD), and parents / guardians will have the ability to buy additional tickets. Cost includes a T-Shirt and a ticket (Cavs ticket is 1 per athlete even if they do multiple classes).

Instructor: The National Basketball Academy (TNBA)

Location: Mentor Community Recreation Center

MCRC Member: \$125 | MCRC Non-Member: \$150

Wednesday(s), 5:00 - 6:00 p.m.

dates: Sept 3 - Sept 24, Oct 1 - Oct 22,
Oct 29 - Nov 19, Nov 26 - Dec 17

Holiday Basketball Clinic

Ages 8 - 14

This clinic is intended to increase players' skill level through a fun and exciting atmosphere. Players will be taught basketball fundamentals, participate in skills contests, and play games.

Instructor: The National Basketball Academy (TNBA)

Location: Mentor Community Recreation Center

MCRC Member: \$95 | MCRC Non-Member: \$114

dates	day	time
Dec 29 - Dec 31	Mon - Wed	9:00 a.m. - 12:00 p.m.

Adaptive Basketball

Ages 13+

This adaptive basketball class is for special needs kids and adults ages 13 and up. Class will focus on the fundamentals of the game of basketball. We will work on passing, dribbling, and shooting drills and encourage positive peer interactions and team building skills.

Instructor: Special Sports, Inc.

Location: Mentor Community Recreation Center

Fee: \$90

dates	day	time
Sept 22 - Nov 17	Mon	6:00 - 7:00 p.m.

Beginner Fencing

Ages 8+

Learn the fundamentals of modern foil fencing in this class with instruction that includes stretching, footwork, lunges, attack, parry-riposte, strategy, tactics and bouting in this 6-week course. Fun and safety are emphasized while developing hand-eye coordination, agility, dexterity and stamina as well as social skills and manners. And you'll have a skill not many others share! All equipment is provided, so come out and try something new. This class is designed for youth and adult!

Instructor: Tom Nagy

Location: MCRC - Community Room

MCRC Member: \$64 | MCRC Non-Member: \$80

Tuesday(s), 6:00 - 7:15 p.m.

dates: Sept 2 - Oct 7, Oct 14 - Nov 25

Intermediate Fencing

Ages 8+

Learn the fundamentals of modern foil fencing in this class with instruction that includes stretching, footwork, lunges, attack, parry-riposte, strategy, tactics and bouting in this 6-week course. Fun and safety are emphasized while developing hand-eye coordination, agility, dexterity and stamina as well as social skills and manners. And you'll have a skill not many others share! All equipment is provided, so come out and try something new. This class is designed for youth and adult!

Instructor: Tom Nagy

Location: MCRC - Community Room

MCRC Member: \$64 | MCRC Non-Member: \$80

Tuesday(s), 7:16 - 8:30 p.m.

dates: Sept 2 - Oct 7, Oct 14 - Nov 25



Hip Hop and Tumble

Ages 3 - 5

A high-energy class combining sassy hip-hop moves with the fundamentals of tumbling! Kids will build strength, learn proper technique, and have a blast dancing and flipping their way through class.

Instructor: Communities in Motion

Location: MCRC - Fitness Room D

MCRC Member: \$65 | MCRC Non-Member: \$78

Monday(s), 5:00 - 5:30 p.m.

dates: Sept 8 - Sept 29, Oct 13 - Nov 3, Nov 17 - Dec 8

Move and Groove

Ages 2 - 4

Designed to get your little one moving and comfortable in a group setting! This class incorporates interactive movements and fun props to keep kids engaged and active.

Instructor: Communities in Motion

Location: MCRC - Fitness Room D

MCRC Member: \$65 | MCRC Non-Member: \$78

Monday(s), 5:30 - 6:00 p.m.

dates: Sept 8 - Sept 29, Oct 13 - Nov 3, Nov 17 - Dec 8

Princess Ballet

Ages 3 - 5

A magical introduction to ballet! Dancers will learn basic ballet movements and fun routines set to kid-friendly songs from beloved Disney movies. This class focuses on balance, coordination, and creative expression.

Instructor: Communities in Motion

Location: MCRC - Fitness Room D

MCRC Member: \$65 | **MCRC Non-Member:** \$78

Monday(s), 6:00 - 6:30 p.m.

dates: Sept 8 - Sept 29, Oct 13 - Nov 3, Nov 17 - Dec 8

Rec Sports

Ages 10 - 14

Rec Sports introduces athletes to a variety of sports including dodgeball, pickleball, lacrosse, volleyball, kickball, and more. Each week, participants will receive basic speed and agility training, learn the fundamentals/ rules, and compete in structured games. Participants are encouraged to bring a water bottle to each class. Equipment is provided.

Instructor: MCRC Staff

Location: Mentor Community Recreation Center

MCRC Member: \$40 | **MCRC Non-Member:** \$48

Wednesday(s), 6:00 - 6:45 p.m.

dates: Sept 24 - Oct 22, Nov 12 - Dec 17

Cheer & Hip-Hop

Ages 6 - 9

Get ready to move! This energetic class teaches a hip-hop routine set to upbeat, kid-friendly music while also introducing cheers, chants, jumps, and motions to build coordination and spirit.

Instructor: Communities in Motion

Location: MCRC - Fitness Room D

MCRC Member: \$65 | **MCRC Non-Member:** \$78

Monday(s), 6:30 - 7:00 p.m.

dates: Sept 8 - Sept 29, Oct 13 - Nov 3, Nov 17 - Dec 8

Special Sports Friendship Connection Club

Ages 13+

For individuals with special needs ages 13 and up. Will focus on making meaningful connections with peers through social activities, arts and crafts and physical fitness. Class meets the second Thursday of each month.

Instructor: Special Sports, Inc.

Location: Mentor Community Recreation Center

Fee: \$50

dates	day	time
Aug 14 - Dec 11	Thur	6:00 - 7:00 p.m.

Karate

Ages 7-12

Self-confidence, balance, focus, discipline, strike combinations, self-defense and coordination are taught during this active program. Athletes are encouraged to wear athletic clothing and bring a water bottle to each class. Karate uniforms are not required but are available from the instructor for an additional fee. Each session concludes with belt testing; testing fee is included with registration.

Instructor: Joseph Duczman

Location: MCRC - Fitness Room D

MCRC Member: \$150 | **MCRC Non-Member:** \$188

Wednesday(s), 6:00 - 6:45 p.m.

dates: Aug 27 - Oct 15, Oct 29 - Dec 17

Fitness

Group Fitness Schedule:



Personal Training by Butler Fitness:



Butler Fitness is proud to be the certified personal training team at the Mentor Community Recreation Center. We offer science-based training and personalized coaching to help you build strength, boost endurance, and improve overall wellness. No matter your fitness level, we're here to support your goals-every step of the way. Let us help you strengthen your life!

Indoor Walking Club

Ages 55+

Stay active and meet new people by participating in this free club open to members. Meet in the main lobby and walk the indoor track. Refreshments will be served after each session.

Location: Mentor Community Recreation Center

MCRC Member: \$0 | **MCRC Non-Member:** \$10 (guest pass)

2nd and 4th Monday of the month, 10:00 - 11:00 a.m.

Chair Volleyball

Ages 55+

Join us for chair volleyball which is much like regular volleyball but is played in a seated position. It is played on a smaller court with taped lines and a lower net. A fun alternative way to play volleyball and stay in shape!

Location: Mentor Community Recreation Center

MCRC Member: \$0 | **MCRC Non-Member:** \$10 (guest pass)

2nd and 4th Thursday of the month, 10:00 - 11:00 a.m.

Tai-Chi for Health

Ages 14+

Tai-Chi has been described as moving meditation. This gentle, continuously moving exercise and mind-body practice is based upon ancient Chinese martial arts. More recently it was adapted for improvements in health such as balance, flexibility and pain and stress reduction. Martial artist Denise Molesch will guide you through warmups, Qi Gong and practice in the Sun style forms and exercises for adults of all ages and capabilities. Please wear loose, comfortable clothing and tennis shoes.

Instructor: Denise Molesch

Location: Mentor Community Recreation Center

MCRC Member: \$20 | **MCRC Non-Member:** \$28

December:

MCRC Member: \$15 | **MCRC Non-Member:** \$21

Wednesday(s), 11:00 - 11:50 a.m.

dates: Sept 3 - Sept 24, Oct 8 - Oct 29

Nov 5 - Nov 26, Dec 3 - Dec 17

Cardio Kickboxing

Ages 14+

This class is designed to increase your stamina and flexibility, tone your muscles, lose weight, and strengthen your core. It's done utilizing martial arts techniques and a variety of other exercises. It's all done to music and non-intimidating. The goals are real but not without having fun achieving them. You will be amazed with what you are capable of! Bring a water bottle and exercise mat to all classes and 3-5 pound weights on Wednesdays.

Instructor: Gary Remner

Location: Mentor Community Recreation Center

3 class session: **MCRC Mem: \$15 | MCRC Non-Mem: \$21**

4 class session: **MCRC Mem: \$20 | MCRC Non-Mem: \$28**

5 class session: **MCRC Mem: \$25 | MCRC Non-Mem: \$35**

dates	day	time
Sept 8 - Sept 29	Mon	7:15 - 8:15 p.m.
Sept 3 - Sept 24	Wed	7:15 - 8:15 p.m.
Oct 6 - Oct 27	Mon	7:15 - 8:15 p.m.
Oct 1 - Oct 29	Wed	7:15 - 8:15 p.m.
Nov 3 - Nov 24	Mon	7:15 - 8:15 p.m.
Nov 5 - Nov 26	Wed	7:15 - 8:15 p.m.
Dec 1 - Dec 29	Mon	7:15 - 8:15 p.m.
Dec 3 - Dec 17	Wed	7:15 - 8:15 p.m.

Youth Indoor Soccer Leagues

Co-ed U8 Soccer League

Ages 6 - 7

Take the pitch in this indoor recreational league that consists of one game per week for 6 weeks. Games are played 7 vs. 7 (includes a goalie) and consist of two, 25-minute halves. **Each team is responsible for paying a \$16 referee fee before each game.** Teams need to provide their own uniforms. The number of teams determines the schedule. All skill levels are welcome. Game balls (size 3) are provided. Price and registration are per team, practices not included.

Coordinator: MCRC Staff

Location: Mentor Community Recreation Center

Fee: \$575 **No games Nov 29 & 30

dates	day	time
Nov 8 - Dec 20	Sun - Sat	TBD

Girls U10 Soccer League

Ages 8 - 9

Take the pitch in this indoor recreational league that consists of one game per week for 6 weeks. Games are played 7 vs. 7 (includes a goalie) and consist of two, 25-minute halves. **Each team is responsible for paying a \$16 referee fee before each game.** Teams need to provide their own uniforms. The number of teams determines the schedule. All skill levels are welcome. Game balls (size 4) are provided. Price and registration are per team, practices not included.

Coordinator: MCRC Staff

Location: Mentor Community Recreation Center

Fee: \$575 **No games Nov 29 & 30

dates	day	time
Nov 8 - Dec 20	Sun - Sat	TBD

Boys U10 Soccer League

Ages 8 - 9

Take the pitch in this indoor recreational league that consists of one game per week for 6 weeks. Games are played 7 vs. 7 (includes a goalie) and consist of two, 25-minute halves. **Each team is responsible for paying a \$16 referee fee before each game.** Teams need to provide their own uniforms. The number of teams determines the schedule. All skill levels are welcome. Game balls (size 4) are provided. Price and registration are per team, practices not included.

Coordinator: MCRC Staff

Location: Mentor Community Recreation Center

Fee: \$575 **No games Nov 29 & 30

dates	day	time
Nov 8 - Dec 20	Sun - Sat	TBD

Girls U12 Soccer League

Ages 10 - 11

Take the pitch in this indoor recreational league that consists of one game per week for 6 weeks. Games are played 7 vs. 7 (includes a goalie) and consist of two, 25-minute halves. **Each team is responsible for paying a \$16 referee fee before each game.** Teams need to provide their own uniforms. The number of teams determines the schedule. All skill levels are welcome. Game balls (size 4) are provided. Price and registration are per team, practices not included.

Coordinator: MCRC Staff

Location: Mentor Community Recreation Center

Fee: \$575 **No games Nov 29 & 30

dates	day	time
Nov 8 - Dec 20	Sun - Sat	TBD

Boys U12 Soccer League

Ages 10 - 11

Take the pitch in this indoor recreational league that consists of one game per week for 6 weeks. Games are played 7 vs. 7 (includes a goalie) and consist of two, 25-minute halves. **Each team is responsible for paying a \$16 referee fee before each game.** Teams need to provide their own uniforms. The number of teams determines the schedule. All skill levels are welcome. Game balls (size 4) are provided. Price and registration are per team, practices not included.

Coordinator: MCRC Staff

Location: Mentor Community Recreation Center

Fee: \$575 **No games Nov 29 & 30

dates	day	time
Nov 8 - Dec 20	Sun - Sat	TBD

First time online registering with us?

Call one of our facilities so we can set up a new account for you.

Girls U14 Soccer League

Ages 12 - 13

Take the pitch in this indoor recreational league that consists of one game per week for 6 weeks. Games are played 7 vs. 7 (includes a goalie) and consist of two, 25-minute halves. **Each team is responsible for paying a \$16 referee fee before each game.** Teams need to provide their own uniforms. The number of teams determines the schedule. All skill levels are welcome. Game balls (size 5) are provided. Price and registration are per team, practices not included.

Coordinator: MCRC Staff **No games Nov 29 & 30

Location: MCRC - Fee: \$575

dates	day	time
Nov 8 - Dec 20	Sun - Sat	TBD

Boys U14 Soccer League

Ages 12 - 13

Take the pitch in this indoor recreational league that consists of one game per week for 6 weeks. Games are played 7 vs. 7 (includes a goalie) and consist of two, 25-minute halves. **Each team is responsible for paying a \$16 referee fee before each game.** Teams need to provide their own uniforms. The number of teams determines the schedule. All skill levels are welcome. Game balls (size 5) are provided. Price and registration are per team, practices not included.

Coordinator: MCRC Staff **No games Nov 29 & 30

Location: MCRC - Fee: \$575

dates	day	time
Nov 8 - Dec 20	Sun - Sat	TBD

Girls U18 Soccer League

Ages 14 - 17

Take the pitch in this indoor recreational league that consists of one game per week for 6 weeks. Games are played 6 vs. 6 (includes a goalie) and consist of two, 25-minute halves. **Each team is responsible for paying a \$16 referee fee before each game.** Teams need to provide their own uniforms. The number of teams determines the schedule. All skill levels are welcome. Game balls (size 5) are provided. Price and registration are per team, practices not included.

Coordinator: MCRC Staff **No games Nov 29 & 30

Location: MCRC - Fee: \$575

dates	day	time
Nov 8 - Dec 20	Sun - Sat	TBD

Boys U18 Soccer League

Ages 14 - 17

Take the pitch in this indoor recreational league that consists of one game per week for 6 weeks. Games are played 6 vs. 6 (includes a goalie) and consist of two, 25-minute halves. **Each team is responsible for paying a \$16 referee fee before each game.** Teams need to provide their own uniforms. The number of teams determines the schedule. All skill levels are welcome. Game balls (size 5) are provided. Price and registration are per team, practices not included.

Coordinator: MCRC Staff **No games Nov 29 & 30

Location: MCRC - Fee: \$575

dates	day	time
Nov 8 - Dec 20	Sun - Sat	TBD

MCRC - *Aquatics*

Swim Lessons Registration Dates:

Aug-Oct Session:

Members: July 28 | Non-Members: Aug 4

Oct - Dec Session:

Current enrolled members: Sept 29

Members: Oct 1 | Non-Members: Oct 6

Parent and Child Swim Instruction

6 months - 3 years old

Min: 3 Max: 12

Parent and Child Swim Classes help young children get ready to swim by emphasizing fun in the water. Parents and children participate in several guided practice sessions that help kids learn elementary swimming skills, including water entry, bubble blowing, kicking, floating and underwater exploration with an emphasis on safety and fun.

Location: MCRC - Indoor Pool

MCRC Member: \$32 | MCRC Non-Member: \$40

(per session of 8) *(No classes Sept 1, Nov 24 - Nov 30)*

Session Dates & Times:

Monday(s), 6:25 - 6:55 p.m.

dates: Aug 18 - Oct 13*, Oct 20 - Dec 15*

Tuesday(s) 11:00 - 11:30 a.m.

5:40 - 6:10 p.m.

6:40 - 7:10 p.m.

dates: Aug 19 - Oct 7, Oct 21 - Dec 16*

Wednesday(s) 6:15 - 6:45 p.m.

dates: Aug 20 - Oct 8, Oct 22 - Dec 17*

Thursday(s) 11:00 - 11:30 a.m.

dates: Aug 21 - Oct 9, Oct 23 - Dec 18*

Friday(s) 11:00 - 11:30 a.m.

dates: Aug 22 - Oct 10, Oct 24 - Dec 19*

Saturday(s) 9:40 - 10:10 a.m.

10:20 - 10:50 a.m.

dates: Aug 23 - Oct 11, Oct 25 - Dec 20*

Sunday(s) 10:30 - 11:00 a.m.

dates: Aug 24 - Oct 12, Oct 19 - Dec 14*

I'm 3 Look at Me! Swim Lessons

3 years old

Min: 3 Max: 4

This class is designed for 3-year-olds who are ready to learn to swim without a parent by their side. The instructor-to-student ratio is 1:4. Skills and activities include: comfort in the water, entering and exiting the water, blowing bubbles through the nose and mouth, submerging the face, bobbing, and front/back floats and glides while kicking. Emphasis is placed on learning through play.

NOTE: This class is geared toward 3-year-olds who have taken part in the Parent/Child class and are ready for a new challenge.

Location: MCRC - Indoor Pool

MCRC Member: \$32 | MCRC Non-Member: \$40

(per session of 8) *(No classes Sept 1, Nov 24 - Nov 30)*

**Session Dates & Times:**

Monday(s) 4:00 - 4:30 p.m.
dates: Aug 18 - Oct 13*, Oct 20 - Dec 15*
Tuesday(s) 11:35 a.m. - 12:05 p.m.
dates: Aug 19 - Oct 7, Oct 21 - Dec 16*
Wednesday(s) 5:40 - 6:10 p.m.
6:35 - 7:05 p.m.
dates: Aug 20 - Oct 8, Oct 22 - Dec 17*
Thursday(s) 11:35 a.m. - 12:05 p.m.
12:10 - 12:40 p.m.
dates: Aug 21 - Oct 9, Oct 23 - Dec 18*
Friday(s) 11:35 a.m. - 12:05 p.m.
dates: Aug 22 - Oct 10, Oct 24 - Dec 19*
Saturday(s) 8:35 - 9:05 a.m.
10:15 - 10:45 a.m.
11:00 - 11:30 a.m.
dates: Aug 23 - Oct 11, Oct 25 - Dec 20*
Sunday(s) 10:00 - 10:30 a.m.
11:40 a.m. - 12:10 p.m.
dates: Aug 24 - Oct 12, Oct 19 - Dec 14*

Preschool Swim Lessons

Min: 3 Max: 4

Children ages 4 and/or 5 learn water safety, survival skills and foundational swimming concepts in a safe and fun environment. Skills are age-appropriate, allowing children to achieve success by disguising learning through play.

Preschool Level 1 4 & 5 year olds

Skills and activities include: entering and exiting the water, blowing bubbles through the nose and mouth, submerging the face, front and back floats and glides, alternating arm strokes with kicking (with assistance), and basic arm and leg movements for treading water.

Location: MCRC - Indoor Pool

MCRC Member: \$32 | MCRC Non-Member: \$40

(per session of 8) *(No classes Sept 1, Nov 24 - Nov 30)*

Session Dates & Times:

Monday(s) 5:05 - 5:35 p.m.
5:40 - 6:10 p.m.
dates: Aug 18 - Oct 13*, Oct 20 - Dec 15*
Tuesday(s) 12:10 - 12:40 p.m.
4:30 - 5:00 p.m.
5:05 - 5:35 p.m.
dates: Aug 19 - Oct 7, Oct 21 - Dec 16*
Wednesday(s) 6:00 - 6:30 p.m.
dates: Aug 20 - Oct 8, Oct 22 - Dec 17*
Thursday(s) 4:30 - 5:00 p.m.
5:40 - 6:10 p.m.
dates: Aug 21 - Oct 9, Oct 23 - Dec 18*
Saturday(s) 9:45 - 10:15 a.m.
10:25 - 10:55 a.m.
dates: Aug 23 - Oct 11, Oct 25 - Dec 20*
Sunday(s) 11:05 - 11:35 a.m.
dates: Aug 24 - Oct 12, Oct 19 - Dec 14*

Preschool Level 2 4 & 5 year olds

Skills and activities include: entering and exiting the water, bobbing, retrieving submerged objects, front and back floats and glides, rolling from front to back and back to front, treading water, combined arm and leg action on front and back, and finning arm action on the back.

Location: MCRC - Indoor Pool

MCRC Member: \$32 | MCRC Non-Member: \$40

(per session of 8) *(No classes Sept 1, Nov 24 - Nov 30)*

Session Dates & Times:

Monday(s) 5:10 - 5:40 p.m.
6:15 - 6:45 p.m.
dates: Aug 18 - Oct 13*, Oct 20 - Dec 15*
Tuesday(s) 6:15 - 6:45 p.m.
dates: Aug 19 - Oct 7, Oct 21 - Dec 16*
Thursday(s) 5:05 - 5:35 p.m.
dates: Aug 21 - Oct 9, Oct 23 - Dec 18*
Friday(s) 12:10 - 12:40 p.m.
dates: Aug 22 - Oct 10, Oct 24 - Dec 19*
Saturday(s) 9:10 - 9:40 a.m.
dates: Aug 23 - Oct 11, Oct 25 - Dec 20*

Preschool Level 3 4 & 5 year olds

Skills and activities include: jumping into deep water, fully submerging and holding breath, bobbing, front/jellyfish/tuck floats, recovering from front and back floats and glides, treading water using arm and leg actions, and performing combined arm and leg actions on front and back independently.

Next class: Learn to Swim Level 2 (if 6 years old).

Location: MCRC - Indoor Pool

MCRC Member: \$32 | MCRC Non-Member: \$40

(per session of 8) *(No classes Sept 1, Nov 24, 25 & 29)*

Session Dates & Times:

Monday(s) 4:35 - 5:05 p.m.
dates: Aug 18 - Oct 13*, Oct 20 - Dec 15*
Wednesday(s) 5:25 - 5:55 p.m.
dates: Aug 20 - Oct 8, Oct 22 - Dec 17*
Saturday(s) 8:00 - 8:30 a.m.
dates: Aug 23 - Oct 11, Oct 25 - Dec 20*

American Red Cross Learn - To - Swim Program

Min: 3 Max: 5

The Learn-to-Swim (LTS) program is designed for children ages 6 to 12 years old. Each child progresses through each level at his/her own pace, mastering the skills in one level before advancing to the next. It is very common to take a class more than once prior to mastering and moving on to the next. Each level of our LTS program includes training in basic water safety.

LTS Level 1: 6 - 12 year olds

Introduction to Water Skills

Skills include: enter and exit water, blow bubbles through nose and mouth, bobbing, retrieve submerged objects, front and back floats and glides, alternating and simultaneous arm and leg actions on front and back, combined arm and leg action on front and back.

Location: MCRC - Indoor Pool

MCRC Member: \$40 | MCRC Non-Member: \$50

(per session of 8) *(No classes Sept 1, Nov 24 - Nov 30)*

Session Dates & Times:

Monday(s) 4:00 - 4:45 p.m.
dates: Aug 18 - Oct 13*, Oct 20 - Dec 15*
Tuesday(s) 4:15 - 5:00 p.m.
5:40 - 6:25 p.m.
6:50 - 7:35 p.m.
dates: Aug 19 - Oct 7, Oct 21 - Dec 16*
Wednesday(s) 4:00 - 4:45 p.m.
dates: Aug 20 - Oct 8, Oct 22 - Dec 17*

Thursday(s) 4:50 - 5:35 p.m.
dates: Aug 21 - Oct 9, Oct 23 - Dec 18*
Saturday(s) 8:00 - 8:45 a.m.
 10:55 - 11:40 a.m.
dates: Aug 23 - Oct 11, Oct 25 - Dec 20*
Sunday(s) 10:35 - 11:20 a.m.
dates: Aug 24 - Oct 12, Oct 19 - Dec 14*

LTS Level 2: 6 - 12 year olds Fundamental Aquatic Skills

Skills include: fully submerge and hold breath; bobbing; retrieve submerged objects; front, jellyfish, and tuck floats; front and back floats and glides; roll from back to front and front to back; tread water; combined arm and leg action on front and back; and finning arm action on back. Skills should be performed comfortably with minimal assistance.

Location: MCRC - Indoor Pool
MCRC Member: \$40 | **MCRC Non-Member:** \$50
*(per session of 8) *(No classes Sept 1, Nov 24 - Nov 30)**

Session Dates & Times:
Monday(s) 5:00 - 5:45 p.m.
dates: Aug 18 - Oct 13*, Oct 20 - Dec 15*
Tuesday(s) 6:30 - 7:15 p.m.
dates: Aug 19 - Oct 7, Oct 21 - Dec 16*
Wednesday(s) 4:45 - 5:30 p.m.
dates: Aug 20 - Oct 8, Oct 22 - Dec 17*
Thursday(s) 6:30 - 7:15 p.m.
dates: Aug 21 - Oct 9, Oct 23 - Dec 18*
Saturday(s) 9:00 - 9:45 a.m.
dates: Aug 23 - Oct 11, Oct 25 - Dec 20*

LTS Level 3: 6 - 12 year olds Stroke Development

Skills/Activities include: jumping into deep water; sitting and kneeling dives; rotary breathing; survival float; change from vertical to horizontal position on front and back; tread water; flutter, dolphin, scissor, and breast-stroke kicks; front crawl; and elementary backstroke.

Location: MCRC - Indoor Pool
MCRC Member: \$40 | **MCRC Non-Member:** \$50
*(per session of 8) *(No classes Sept 1, Nov 24 - Nov 30)**

Session Dates & Times:
Monday(s) 4:15 - 5:00 p.m.
 4:40 - 6:25 p.m.
dates: Aug 18 - Oct 13*, Oct 20 - Dec 15*
Tuesday(s) 6:30 - 7:15 p.m.
dates: Aug 19 - Oct 7, Oct 21 - Dec 16*
Thursday(s) 5:40 - 6:25 p.m.
dates: Aug 21 - Oct 9, Oct 23 - Dec 18*
Saturday(s) 9:35 - 10:20 a.m.
dates: Aug 23 - Oct 11, Oct 25 - Dec 20*
Sunday(s) 11:25 a.m. - 12:10 p.m.
dates: Aug 24 - Oct 12, Oct 19 - Dec 14*

LTS Level 4: 6 - 12 year olds Stroke Improvement

Improves proficiency of strokes and the ability to swim longer distances. Skills include standing dives; under-water swimming; feet first surface dive; survival swimming; front crawl and backstroke; sidestroke; breast stroke; and butterfly.

Location: MCRC - Indoor Pool
MCRC Member: \$40 | **MCRC Non-Member:** \$50
*(per session of 8) *(No classes Sept 1, Nov 24 - Nov 30)**

Session Dates & Times:
Monday(s) 5:45 - 6:30 p.m.
dates: Aug 18 - Oct 13*, Oct 20 - Dec 15*
Tuesday(s) 6:00 - 6:45 p.m.
dates: Aug 19 - Oct 7, Oct 21 - Dec 16*
Thursday(s) 6:05 - 6:50 p.m.
dates: Aug 21 - Oct 9, Oct 23 - Dec 18*
Saturday(s) 8:45 - 9:30 a.m.
dates: Aug 23 - Oct 11, Oct 25 - Dec 20*

LTS Level 5/6: 6 - 12 year olds Stroke Refinement

Refine swimming skills in all competitive strokes: butterfly, breaststroke, backstroke, and front crawl. Diving, turns, and strategies for improving techniques and increasing speeds for each stroke, as well as rescue skills training, will be included.

Location: MCRC - Indoor Pool
MCRC Member: \$40 | **MCRC Non-Member:** \$50
*(per session of 8) *(No classes Nov 26 or 29)**

Session Dates & Times:
Tuesday(s) 5:45 - 6:30 p.m.
dates: Aug 19 - Oct 7, Oct 21 - Dec 16*
Saturday(s) 10:50 - 11:35 a.m.
dates: Aug 23 - Oct 11, Oct 25 - Dec 20*

Adult Swim Lessons Ages 13+

Adult Learn to Swim Introduction

This class is designed to assist adults of all swim levels to set personal goals and achieve those goals. If you are getting over fears, swimming for the first time, or learning a new stroke, this class will provide you with a personalized plan to help you learn the skills necessary to reach your goals.

Location: MCRC - Indoor Pool
MCRC Member: \$40 | **MCRC Non-Member:** \$50
*(per session of 8) *(No class Nov 30)*

Session Dates & Times:
Sunday(s) 8:10 - 8:55 a.m.
dates: Aug 24 - Oct 12, Oct 19 - Dec 14*

Adapted Aquatics Swim Lessons

Min: 1 Max: 1

This is a class for individuals with special needs. This is not a therapeutic program, it is designed to provide participants with a positive water acclimation experience. Participants are paired with a swim instructor whose goal is to create a fun play environment while teaching important safety and swimming skills. Skills and games will be played in a 1:1 setting.

A parent, sibling or a responsible friend is requested to be in the water to assist the instructor on the first lesson, or until a relationship is established. A meeting with the guardian, participant and the instructor will take place at the beginning of the first class to discuss goals and any considerations that will aid the participant and instructor to have a positive experience. Participants may not register for 2 consecutive classes that would result in a full hour class. Class is only 30 minutes long, please be dressed and use the restroom prior, so we can start class on time.

Location: MCRC - Indoor Pool
MCRC Member: \$95 | **MCRC Non-Member:** \$130
(per session of 4) dates: A time that is convenient for you

Private and Semi-Private Swim Lessons

Our private swim lesson program teaches the confidence that children or adults need to be successful in the water. Private swim lessons are offered to members & non-members of any age to assist in meeting your swimming goals. Participants will have fun while learning how to swim or improving strokes and technique with their favorite instructor. Please register at the front desk or online.

Private Swim Lessons

One-on-One instruction with an ARC Water Safety Instructor to meet your goals including learn how to swim, improve current skills through stroke refinement techniques and get over fears. Your class meets when it's convenient for you and your personal instructor.

Location: MCRC - Indoor Pool

One 30-minute lesson:

Member: \$30 | Non-Member: \$45

Four 30-minute lessons:

Member: \$110 | Non-Member: \$165

Eight 30-minute lessons:

Member: \$200 | Non-Member: \$300

Semi-Private Swim Lessons

Two-on-One instruction with an ARC Water Safety Instructor to meet your goals including learn how to swim, improve current skills through stroke refinement techniques and get over fears. Your class meets when it's convenient for you and your personal instructor.

Location: MCRC - Indoor Pool

One 30-minute lesson:

(available for 2 family members of similar swimming skills only)

Member: \$50 | Non-Member: \$63

Four 30-minute lessons:

(available for 2 family members of similar swimming skills only)

Member: \$190 | Non-Member: \$240

Eight 30-minute lessons:

(available for 2 family members of similar swimming skills only)

Member: \$360 | Non-Member: \$445

Water Workout Classes

Stretch and Tone

Min: 6 Max: 24

Light toning and gentle stretching exercises in shallow warm water. This class is perfect for all ages to help with relaxation, stress relief, pain relief, and improved range of motion.

Intensity: Low

Location: MCRC - Indoor Pool

Schedule & Prices:

Tuesday(s), 10:00 - 10:50 a.m.

Oct/Nov Price: MCRC Member: \$20 | MCRC Non-Member: \$30

Sept/Dec Price: MCRC Member: \$25 | MCRC Non-Member: \$38

Thursday(s), 10:00 - 10:50 a.m. **(No class Nov 27)*

Sept Price: MCRC Member: \$20 | MCRC Non-Member: \$30

Oct Price: MCRC Member: \$25 | MCRC Non-Member: \$38

Nov/Dec: MCRC Member: \$15 | MCRC Non-Member: \$23*

Move and Groove

Min: 6 Max: 24

A Pool Fitness Party with energetic cardio exercises set to fun upbeat music. This water class is a fun low-impact, high-energy challenge for participants of all ages and fitness levels.

Intensity: Low, Moderate or High...completely up to you!

Location: MCRC - Indoor Pool

Schedule & Prices:

Tuesday(s), 7:15 - 8:05 p.m.

Oct/Nov Price: MCRC Member: \$20 | MCRC Non-Member: \$30

Sept/Dec Price: MCRC Member: \$25 | MCRC Non-Member: \$38

Thursday(s), 6:45 - 7:35 p.m. **(No class Nov 27)*

Sept Price: MCRC Member: \$20 | MCRC Non-Member: \$30

Oct Price: MCRC Member: \$25 | MCRC Non-Member: \$38

Nov/Dec: MCRC Member: \$15 | MCRC Non-Member: \$23*

Saturday(s), 8:00 - 8:50 a.m.

Sept/Oct/Dec Price: MCRC Member: \$20 | MCRC Non-Member: \$30

Nov Price: MCRC Member: \$25 | MCRC Non-Member: \$38

Shallow/Deep

Min: 6 Max: 15

A combination of shallow and deep-water exercises to tone your body while getting your heart pumping. Jump in and make a splash; you won't want to miss this dynamic cardiovascular workout that tones the full body.

Intensity: Low, Moderate or High...completely up to you!

Location: MCRC - Indoor Pool

Schedule & Prices:

Monday(s), 10:00 - 10:50 a.m.

Sept/Oct/Nov Price: MCRC Member: \$20 | MCRC Non-Member: \$30

Dec Price: MCRC Member: \$25 | MCRC Non-Member: \$38

Wednesday(s), 10:00 - 10:50 a.m. **(No class Dec 24, 31)*

Sept/Nov Price: MCRC Member: \$20 | MCRC Non-Member: \$30

Oct Price: MCRC Member: \$25 | MCRC Non-Member: \$38

Dec: MCRC Member: \$15 | MCRC Non-Member: \$23*

Aqualates

Min: 6 Max: 15

A full body dynamic pilates class of strength and stretching. This class is perfect for all ages with full body movements, stress relief and improved range of motion.

Intensity: Low or Moderate

Location: MCRC - Indoor Pool

Schedule & Prices:

Friday(s), 10:00 - 10:50 a.m.

Sept/Dec Price: MCRC Member: \$20 | MCRC Non-Member: \$30

Oct Price: MCRC Member: \$25 | MCRC Non-Member: \$38

Nov Price: MCRC Member: \$15 | MCRC Non-Member: \$23

First time online registering with us?

Call one of our facilities so we can set up a new account for you.

Senior WWO

Min: 6 Max: 12

A combination of toning, stretching and light cardiovascular exercises geared towards seniors. Experience improved range of motion, pain relief and stress relief with socializing with friends in this fun water exercise class.

Intensity: Low, **Location:** MCRC - Indoor Pool

Schedule & Prices:

Tuesday(s), 2:00 - 2:50 p.m.

Oct/Nov Price: MCRC Member: \$20 | MCRC Non-Member: \$30

Sept/Dec Price: MCRC Member: \$25 | MCRC Non-Member: \$38

Thursday(s), 2:00 - 2:50 p.m. **(No class Nov 27)*

Sept Price: MCRC Member: \$20 | MCRC Non-Member: \$30

Oct Price: MCRC Member: \$25 | MCRC Non-Member: \$38

Nov/Dec: MCRC Member: \$15 | MCRC Non-Member: \$23*

Aqua HIIT

Min: 6 Max: 24

A full body interval class focused on strength with bursts of cardio. Brief bursts of intensity work followed by short recovery periods that boost metabolism and burn more calories. Don't be surprised if you can do more in this class than anticipated - the buoyancy of the water allows you to work at a higher intensity with less stress on the body.

Intensity: Low, Moderate or High...completely up to you!

Location: MCRC - Indoor Pool

Schedule & Prices:

Tuesday(s), 10:00 - 10:50 a.m.

Oct/Nov Price: MCRC Member: \$20 | MCRC Non-Member: \$30

Sept/Dec Price: MCRC Member: \$25 | MCRC Non-Member: \$38

Wednesday(s), 7:00 - 7:50 p.m.

Sept Price: MCRC Member: \$20 | MCRC Non-Member: \$30

Oct Price: MCRC Member: \$25 | MCRC Non-Member: \$38

Nov/Dec: MCRC Member: \$15 | MCRC Non-Member: \$23

Thursday(s), 10:00 - 10:50 a.m. **(No class Nov 27)*

Sept Price: MCRC Member: \$20 | MCRC Non-Member: \$30

Oct Price: MCRC Member: \$25 | MCRC Non-Member: \$38

Nov/Dec: MCRC Member: \$15 | MCRC Non-Member: \$23*

Home School Swim & Gym

Ages 5 - 18

Want to get your gym or physical education credits in a fun way? Join us for an hour of movement on land followed by an hour in the heated pool. Kids will try different sports and activities while staying active and engaged.

Location: Mentor Community Recreation Center

MCRC Member: \$28 | MCRC Non-Member: \$35

Price: \$12 Drop-In Fee

Wednesday(s), 1:00 - 3:00 p.m.

dates: Sept 3 - Sept 24, Oct 1 - Oct 22, Oct 29 - Nov 19

Still Waters

Immerse yourself in tranquility at Still Waters, a serene poolside event where relaxation and mindfulness take center stage. Bring your favorite float and let the gentle ripples of the water guide you into a peaceful state of mind. Whether you're seeking a moment of calm, a deep meditation, or simply a way to unwind, this event offers the perfect space to float away stress and reconnect with your inner peace. No experience required—just an open heart and a desire to relax. Come, float, and find your center at Still Waters.

Location: MCRC - Indoor Pool

MCRC Member: \$5 | MCRC Non-Member: \$10

Thursday(s), 7:00 - 8:00 p.m., dates: Nov 14, Dec 5

H2O Body Burn

Min: 6 Max: 12

A full-body water workout combining cardio, intervals, and some Pilates moves.

Intensity: Low, Moderate or High...completely up to you!

Location: MCRC - Indoor Pool

Schedule & Prices:

Monday(s), 7:00 - 7:50 p.m.

Sept/Oct/Nov Price: MCRC Member: \$20 | MCRC Non-Member: \$30

Dec Price: MCRC Member: \$25 | MCRC Non-Member: \$38



8600 Munson Road, Mentor, Ohio 44060
440.974.5730 - www.mentoricearena.com

Public Skate Schedule

Public Skates first half of season

October 3 - December 21, 2025

**Closed November 8th for*

Synchronized Skating Competition

Weekly Public Skate Schedule

Friday 10:30 a.m. - 12:00 p.m. (*Homeschool Skate*)

Friday 12:15 - 1:45 p.m. (*Luncheon Skate*)

Saturday 1:30 - 3:00 p.m.

Sunday 1:30 - 3:00 p.m.

Family Cosmic Public Skates

Oct 18 1:30 - 3:30 p.m. (*Halloween Skate*)

Nov 22 1:30 - 3:00 p.m.

Dec 13 1:30 - 3:00 p.m. (*Christmas Skate*)

Holiday Public Skate Schedule

Daily Dec 22 - Jan 2

****Closed Dec 24, 25****

11:00 a.m. - 12:30 p.m. (*Except on Jan 1*)

1:30 - 3:00 p.m.

4:00 - 5:30 p.m.

Public Skate Admission Rates

Adults \$9

Youth (age 17 & under) \$7

Homeschool (Friday) \$6

Skate Rental \$4

Studio Rink Public Skates - Skate Aids

Join us on the Studio Rink for a delightful ice skating experience designed for children 8 and under, alongside their parents. Our studio rink welcomes families to glide together during our weekend public skates. Skate aids are provided on a first-come, first-served basis to assist young skaters, ensuring a safe and enjoyable time on the ice. Please note that skate aids are not permitted on the large rink. Come make memories and enjoy the magic of skating with your little ones on our Studio Rink!



Homeschool Public Skate

Join us Fridays from 10:30 AM to 12:00 PM for our exclusive homeschool public skates. Homeschool public skate is a designated skating session tailored for children who are homeschooled and do not follow a traditional school schedule. This program caters to those seeking physical exercise and provides an opportunity for participants to potentially earn gym credits. It's important to note that homeschool credentials are not checked, ensuring accessibility to all homeschooled individuals, and adults are welcome to join in the skating activities alongside their children. Skate aids will not be permitted on the large ice surface, but our studio rink will be open with skate aids available for children 8 and under with a parent.

General Public Skate Information

Please note that the ice arena reserves the right to cancel any public skate and studio rink time. For the most up-to-date schedule, please visit www.mentoricearena.com/calendar. Additionally, for safety reasons, all children under 11 years old are required to wear a helmet while on the ice. Rental skates ranging from size 8 youth to adult 14 are available for your convenience. Kindly be informed that no refunds will be issued for public skates. Thank you for your understanding, and we look forward to welcoming you to our rink!

Mentor Ice Arena Party Options

Birthday Party General Information:

- On ice parties are available from October through April.
- Renters may bring their own decorations. No decorations permitted on the ice
- Any deliveries must be made during rented hours. (pizza, cake, etc.)
- We do not put any holds on parties until payment is made
- Skate rental is available at \$2 per skater, paid the day of the party.
- Children under 11 are required to wear a helmet while on the ice

How to Book

- All parties must be booked in person by appointment.
- Parties must be booked at least two weeks in advance.
- Contact the Arena Monday-Friday between 8:30-4:30 p.m. to set up an appointment.
- All parties must be paid in full at the time of the appointment.

Studio Rink Parties

Great for children ten and under! Experience the ultimate ice-skating party in our Studio Rink! Your celebration comes complete with skate aids, a private room, and two hours of exclusive skating. With a guest limit of 25, you can invite all your friends and family to join in the fun. You're free to bring your own scrumptious treats to satisfy your cravings.

Resident: \$160 | Non-Resident: \$190

\$2 Skate rental, per skater, paid day of party

Times Available to Rent: Saturday and Sundays

Saturday: 4:00 - 6:00 p.m. or 6:30 - 8:30 p.m.

Sunday: 4:00 - 6:00 p.m.

Public Skate Birthday Party

Get ready for an exciting celebration with our Public Skating Parties! You'll have your very own private room amidst the enchanting atmosphere of our public skating sessions, accommodating up to 25 guests. Please note that skate aids won't be available, ensuring a true ice-skating adventure. Parties are allowed to bring their own delicious snacks to keep the energy high and decorations.

Resident: \$160 | Non-Resident: \$190

\$2 Skate rental, per skater, paid day of party

Times Available to Rent: Saturday and Sundays

Room available 1:00 - 3:30 p.m.

Public Skate 1:30-3:00

Large Rink Parties

Elevate your celebration with our large rink rental option, offering a private skating experience. This is perfect for accommodating large groups. Price includes ice time only.

Resident: \$250 per hour

\$2 Skate rental, per skater, paid day of party

Times availability based on Arena schedule

Learn To Skate

The Learn to Skate program advances skaters on a natural progression: children ages three to five will begin in the Tot Program; children ages six to twelve begin with the Basic Program. Teens 13+ and Adults of all ages are welcome to participate in a basic class for Teens and Adults. Tot lessons are 30 minutes long and held once a week for seven weeks. All other Learn-to-Skate classes are 45 minutes long and are also held once a week for seven weeks. **New skaters** begin in either Tot 1 or Basic 1, depending on their age.

Tot Classes: Ages 3-5

30 minutes once a week for 7 weeks

Basic Classes: Ages 6-12

45 minutes once a week for 7 weeks

Teen/Adult: 13+

45 minutes once a week for 7 weeks

Skating Progression

Hockey: Skaters who have successfully completed Tot 1 or Basic 1 levels are eligible to enroll in our Learn to Play hockey program, ADM, followed by our youth travel hockey program. Explore further details below.

Figure Skating: As skaters progress through the Learn to Skate program, they'll have access to various opportunities including specialty classes, private lessons, special events, and deeper insights into the world of skating beyond the program itself.



Learn to Skate USA Membership

To be part of our Learn to Skate program your skater is required to be a member of Learn to Skate USA. There is a yearly membership fee separate from the class fee. The membership is valid from July 1st- June 30th. Registration can be complete at www.learntoskateusa.com. When registering for classes you will be asked your membership number. Please, have this number handy. If you have questions, please give us a call (440) 974-5730 Monday-Friday between 8:30-4:30PM.

Fall 1 September 8 - October 25

Registration opens:

August 4 Mentor Residents

August 5 Non-Residents

Fall 2 November 1 - December 20

Registration opens:

October 13 Mentor Residents

October 14 Non-Residents

Learn To Skate Schedule

Ages 2-3

Parent Child Class

Parent must have basic skating experience.

Resident: \$70 | Non-Resident: \$85

day	time
Saturday	9:45 - 10:15 a.m.

Ages 3-5

Tot 1

Resident: \$70 | Non-Resident: \$85

day	time
Monday	5:00 - 5:30 p.m.
Tuesday	5:30 - 6:00 p.m.
Wednesday	5:00 - 5:30 p.m.
Thursday	6:00 - 6:30 p.m.
Saturday	10:20 - 10:50 a.m.

Tot 2 - Must pass Tot 1

Resident: \$70 | Non-Resident: \$85

day	time
Monday	5:30 - 6:00 p.m.
Tuesday	5:30 - 6:00 p.m.
Wednesday	5:00 - 5:30 p.m.
Thursday	6:00 - 6:30 p.m.
Saturday	10:20 - 10:50 a.m.

Tot 3 - Must pass Tot 2

Resident: \$70 | Non-Resident: \$85

day	time
Monday	5:30 - 6:00 p.m.
Tuesday	5:30 - 6:00 p.m.
Wednesday	5:00 - 5:30 p.m.
Thursday	6:00 - 6:30 p.m.
Saturday	10:20 - 10:50 a.m.

Ages 6-12

Basic 1

Resident: \$80 | Non-Resident: \$95

day	time
Tuesday	6:05 - 6:50 p.m.
Thursday	6:35 - 7:20 p.m.
Saturday	10:55 - 11:40 a.m.

Basic 2 - Must pass Basic 1

Resident: \$80 | Non-Resident: \$95

day	time
Tuesday	6:05 - 6:50 p.m.
Thursday	6:35 - 7:20 p.m.
Saturday	10:55 - 11:40 a.m.

Basic 3 - Must pass Basic 2

Resident: \$80 | Non-Resident: \$95

day	time
Thursday	6:35 - 7:20 p.m.
Saturday	11:45 a.m. - 12:30 p.m.

Basic 4 - Must pass Basic 3

Resident: \$80 | Non-Resident: \$95

day	time
Thursday	6:35 - 7:20 p.m.
Saturday	11:45 a.m. - 12:30 p.m.

Basic 5 - Must pass Basic 4

Resident: \$80 | Non-Resident: \$95

day	time
Thursday	6:35 - 7:20 p.m.

Basic 6 - Must pass Basic 5

Resident: \$80 | Non-Resident: \$95

day	time
Thursday	6:35 - 7:20 p.m.

Pre-Aspire - Must pass Basic 6

Resident: \$80 | Non-Resident: \$95

day	time
Thursday	6:35 - 7:20 p.m.

Aspire 1 - Must pass Pre-Aspire

Resident: \$80 | Non-Resident: \$95

day	time
Thursday	6:35 - 7:20 p.m.

Aspire 2 - Must pass Aspire 1

Resident: \$80 | Non-Resident: \$95

day	time
Saturday	8:30 - 9:15 a.m.

Ages 13+
Teen and Adult
Resident: \$80 | Non-Resident: \$95

day	time
Tuesday - Level 1	6:50 - 7:35 p.m.
Saturday - Level 2+	8:30 - 9:15 a.m.

Specialty Learn to Skate Classes
Call for more information: 440-874-5730

Competition Class is part of the Learn to Skate Program and is open to any skater who has passed Tot 1 or Basic 1. Your skater will learn a program to music and have an opportunity to compete at an LTS competition at the end of the session. The program will incorporate skills that your skater has mastered in their previous Learn to Skate Class.



Inspire Synchronized Skating is part of our Learn to Skate Program, is open to skaters who have passed Tot 1 or Basic 1. This team teaches the fundamentals of synchronized skating, focusing on teamwork, precision, and performance. Throughout the season, skaters learn a dynamic routine choreographed by our experienced coaches, with opportunities to perform and compete at local events. Tryouts are held each spring, offering skaters the chance to join a community of passionate athletes dedicated to personal growth and teamwork on the ice.

Learn to Play - Hockey
Mighty Mites (ages 4-5): Skaters must have passed Tot 1 or Basic 1 in the Learn to Skate Program to be eligible. The Learn to Play program, tailored for ages 4-5, serves as the seamless continuation from our Learn to Skate initiative. This specialized program is crafted to provide a natural progression for young skaters, offering essential skills and knowledge as they advance in their hockey journey. Upon completing Learn to Play/ Mighty Mites, participants are well prepared to transition to the Mentor Ice Arena’s ADM League, where they can further develop their skills in a supportive and engaging environment. Full equipment is required for this level and beyond.

ADM Blue Mite (ages 6-8): Skaters must have based Tot 1 or Basic 1 in our Learn to Skate Program to be Eligible. ADM Mite Blue offers an in-house hockey program tailored for skaters aged 8 and under, prioritizing skill development, fundamental training, and enjoyable experiences. Skaters are grouped into teams according to their skill levels. The ADM Blue season is divided into two distinct halves. The initial half is dedicated to thorough skill enhancement, focusing on both individual and team development. Even as the season progresses into the latter part, which involves local travel engagements for competitive matches, the emphasis remains on ongoing skill development. This allows skaters to continue refining their abilities and applying them in real-game situations. This dual-phase structure is designed to promote continuous progress and provide a rich, dynamic experience for young athletes. Full equipment required.

After School Bus Program

Registration for this program begins 8:00 a.m. September 16 and closes September 26 at 5:00 p.m.
Price: Bellflower/Fairfax \$117 (9 weeks)
Orchard/Sterling/Ridge/Hopkins \$130 (10 weeks)
Lake \$100 (10 weeks, 1 hour skate time)
Program starts the week of October 6 and ends the week of December 15th – The bus program does not take place on days when school is not in session.

Our exclusive After School Bus Program, available only to Mentor Public Schools, offers 1.5 hours of skating fun, including skate rental. Students are transported from school to the Arena by city bus, where they are greeted by dedicated Arena Staff. Attendance is recorded by school and Arena staff. Arena Staff assist with skate tying, helmet fitting, and any other needs. Continuous supervision ensures safety from bus boarding to program end. Parents/Guardians must show ID to sign out their skater. Free skating time and a cash-only concession stand are available. Please note: formal lessons are not included.

Monday Bellflower/Fairfax
Pick up 4:45 p.m. **(No Skating 11/24 or 12/1)**
Tuesday Sterling/Hopkins
Pick up 5:30 p.m. **(No Skating 11/25)**
Wednesday Orchard/Lake
Pick up 4:45 p.m. **(No Skating 11/26)**
Thursday Ridge
Pick up 5:30 p.m. **(No Skating 11/27)**

WILDWOOD Cultural Center



7645 Little Mountain Road, Mentor, Ohio 44060
440.974.5735 - www.cityofmentor.com

Mentor Community Arts Commission

The Mentor Community Arts Commission is a volunteer advisory committee through the City of Mentor, serving the community since 1981. Their mission is to assist the Wildwood Cultural Center and other public venues, to bring cultural enrichment to City of Mentor residents by designing and providing programs, events, and experiences from time to time, and to help make living in Mentor a source of pleasure and inspiration for residents of all ages. The Mentor Community Arts Commission **meets on the first Thursday of every month at 4:30 p.m.** at the Wildwood Cultural Center. **All meetings are open to the public.**

Adult

Private Guitar Lessons

Ages 8+

Learning the guitar can be a great lifelong pastime! Pick up your guitar and come learn the basics of this popular instrument. Learn how to play uncomplicated chords, melodies, and strumming techniques faster than you thought possible. Bring your own acoustic or electric guitar to this lesson. **Private lessons are 45 minutes on Wednesdays, between 9 - 9 pm.** All private instrumental lessons are based on a multi week program series and must be paid in full prior to series start date. Prices listed are based per lesson. Call Wildwood Cultural Center for availability (440) 974-5735 Prices listed are based per week.

Instructor: Bob Pattison, Guitar Instructor for 30 years
Location: Wildwood North Porch
Resident: \$18 | Non-Resident: \$21

Private Piano Lessons

Ages 8+

Beginners, intermediate, and advanced are welcome to learn piano with Doreen. Beginners will learn fundamentals regarding hand position, fingering, note time values, clefs, playing simple songs, reading notes on the staff, etc. Students who have studied previously receive coaching to enhance their musical/technical skills. **Lessons are Mondays between 2 -6pm. Lessons are 45 minutes.** All students are required to supply a spiral notebook for first day of lessons!

Instructor: Doreen Hoge
Location: Wildwood Living Room
Resident: \$18 | Non-Resident: \$21

Woodworking

Adult Adirondack Chair

Ages 16+

Anyone who's ever sat in an Adirondack chair and sunk into the curve of the fanned back knows there's not a more comfortable cushionless seat out there. Now you can make your very own top-quality full size Adirondack chair. All skill levels welcome. You will have a completed chair on the last day of this five-week course!

Instructor: Don Jedlicka
Location: Wildwood Craft Room
Resident: \$100 | Non-Resident: \$120
Tuesday(s), 6:00 - 8:30 p.m.
dates: Aug 19 - Sept 16



Cutting Board Workshop

Ages 16+

Join our three-week workshop to craft a unique butcher block board for your holiday table. Gain hands-on woodworking skills, express creativity, and create a one-of-a-kind piece perfect as a holiday gift or kitchen addition. **There is a \$30 supply fee due to instructor first week of workshop.**

Location: Wildwood Craft Room
Resident: \$35 | Non-Resident: \$42
Tuesday(s), 6:00 - 8:00 p.m.
dates: Oct 14 - Oct 28



Woman of Wildwood Series

Ages 21+

Enjoy this interactive Women of Wildwood series that will leave you feeling creative, full of useless silly jokes, and happy you took time for yourself and had a night out. In this series, you can enjoy the instructions from the Women of Wildwood as you learn to dance, create, laugh, and have fun.

Succulents: The Good, the Bad, the Beautiful!

Enjoy this two-hour class on succulents with the women of Wildwood! Whether you're an experienced plant lover or just starting, this class will teach you how to care for these intriguing plants. They are low maintenance and improve air quality, but they can suffer from overwatering, pests, sunburn, and etiolation. Individuals will walk away with a wealth of knowledge and create a unique succulent wall hanging.

Instructor: The Women of Wildwood
Location: Wildwood Cultural Center
Resident: \$30 | Non-Resident: \$36

date	day	time
Aug 27	Wed	6:30 - 8:30 p.m.

Self-Care: Stretch Meditation

This beginner relaxing experience as our instructor walks you through is three-week course on learning the dynamics of meditation and stretching and how they work together to make your body feel inspired, transformed, and connected. *(Patrons need to supply yoga mat).*

Instructor: Maggie Runyon
Location: Wildwood Cultural Center
Resident: \$30 | Non-Resident: \$36
Tuesday(s), 5:00 - 5:45 p.m.
dates: Sept 9 - Sept 23, Sept 30 - Oct 14



Ladies Night Out: Poker Education 101

Join the Women of Wildwood on how to learn to play Texas Holdem Poker in this nonjudgement environment. A professional card expert will gently walk you through the rules, guidelines, and methods of winning a hand. This class will teach you the ropes of Texas Holdem, the proper procedures, and you will be able to play confidently. ***** During this program no actual monetary betting will take place. This program is based on card playing education*****

Instructor: April Smith

Location: Wildwood Cultural Center

Resident: \$10 | Non-Resident: \$12

date	day	time
Nov 12	Wed	7:00 - 8:00 p.m.

Beginners Ballroom Dancing

Ages 18+

Whether you dance with slow and elegant movements or upbeat and high-energy movements, you're sure to find something you will love at this 6-week beginners course! This class is great for anyone who wants to learn how to ballroom dance! We will learn the steps for dances such as rumba, foxtrot, waltz, east coast swing, and much more. Come prepared to have fun and make new friends! Not just for couples, singles welcome!

Instructor: Maggie Runyon

Location: Wildwood South Wing

Resident: \$65 | Non-Resident: \$72

Tuesday(s), 6:00 - 7:00 p.m.

dates: Sept 9 - Oct 14

Advanced Ballroom Dancing

Ages 18+

Introduction to advanced ballroom and social dance techniques. Instruction and practice in advanced swing, cha-cha, waltz, fox trot, rhumba, and tango dances. This class focuses on rhythm, technique and styling. Come prepared to have fun and make new friends! Not just for couples, singles welcome! Individuals must have dancing experience and/or taken Beginners Ballroom Dancing,

Instructor: Maggie Runyon

Location: Wildwood South Wing

Resident: \$65 | Non-Resident: \$72

Tuesday(s), 7:00 - 8:00 p.m.

dates: Sept 9 - Oct 14

Art

Stained Glass

Ages 16+

Instructor: Vicki Vesel

Location: Wildwood Cultural Center

Stained Glass Christmas Tree

Make a stained-glass Christmas tree that you can display hanging in a window or, you may elect to make a tree that you can display on a table top. Learn how to cut, shape and solid stained glass. You can also embellish your tree with a few different decorations. **There is a \$35 supply fee due to instructor night of program.**

Resident: \$100 | Non-Resident: \$120

Wednesday(s), 6:30 - 9:00 p.m.

dates: Sept 10 - Oct 8

Stained Glass Forever Flower Stem

Always wondered how stained glass windows are made? We have a fun, quick project for you which will give you an introduction to the process. You will learn how to cut glass, however this project involves minimal cutting and grinding, which are the most time-consuming parts of the process. You will then solder the pieces you select to create a beautiful blooming flower stem. **There is a \$15 supply fee due to instructor night of program.**

Resident: \$40 | Non-Resident: \$48

Saturday(s), 1:00 - 4:00 p.m.

dates: Nov 22 - Nov 29

Introduction to Photography

Ages 14+

This beginner's class will cover the basics of photography using a DSLR or mirrorless camera under the instruction of internationally accredited artist, Johnny Joo. Students will learn the basic settings, and how to use them in varying situations. In this two-week class, students will also learn about composition, equipment and gear, various techniques, basic editing workflow, and will be heading outside to photograph on Wildwood's many trails and will include some hands-on help for everyone when needed. Students must provide their own camera and are encouraged to dress for the weather.

Instructor: Johnny Joo

Location: Wildwood Garden Room

Resident: \$60 | Non-Resident: \$72

Thursday(s), 6:30 - 8:30 p.m.

dates: Oct 9 - Oct 16

Double Dip Autumn Birches

Ages 16+

Join our Autumn-Themed Duo Painting class! Create a two-part masterpiece capturing autumn's essence. Use 2 canvases, brushes, and autumn-hued paints. Explore blending, layering, and texturing with an array of artist tools. Conceptualize, layer, and detail your painting, then display your art as a captivating autumn tribute. Unleash your creativity with us! All art supplies are included.

Instructor: Dawn Cawood

Location: Wildwood South Wing

Resident: \$30 | Non-Resident: \$36

date	day	time
Aug 20	Wed	6:30 - 8:30 p.m.

Holiday Mini Canvas Set **Ages 16+**

Create festive mini canvases to celebrate the holidays! Use acrylic paints, stencils, and embellishments to craft four unique designs: a snowy Winter Wonderland, a lush Festive Forest, Santa's Sleigh, and a Cozy Cabin. These small artworks can adorn your tree, brighten your walls, or be charming handmade gifts.

Instructor: Dawn Cawood

Location: Wildwood South Wing

Resident: \$30 | Non-Resident: \$36

date	day	time
Nov 12	Wed	6:30 - 8:30 p.m.

Watercolor Hummingbird

Experience the wonder of watercolor while creating this beautiful painting. During this 3 ½-hour class, you will learn the artist techniques of watercolor tools and paints. No experience or drawing ability needed and all supplies provided. Have fun learning how this wonderful medium can open a world of interesting adventure as you create this fascinating hummingbird. **There is a \$7 supply fee due to instructor night of program.**

Instructor: Jacki Wroblewski

Location: Wildwood South Wing

Resident: \$32 | **Non-Resident:** \$38

<i>date</i>	<i>day</i>	<i>time</i>
Sept 15	Mon	6:30 - 9:00 p.m.

Stream Through Snowy Woods Watercolor Workshop

The beauty of snow and winter water reflections are so much fun to create in watercolor. This 3 ½-hour class provides you with the opportunity to visit painting techniques that will surprise you and enhance your watercolor painting forever. **ALL** supplies provided, and no drawing ability needed. Your completed painting will be matted and ready for framing. **There is a \$6 supply fee due to instructor night of program.**

Instructor: Jacki Wroblewski

Location: Wildwood Cultural Center

Resident: \$35 | **Non-Resident:** \$42

<i>date</i>	<i>day</i>	<i>time</i>
Oct 6	Mon	6:00 - 9:30 p.m.

Water's Edge Resin Art Ages 16+

Join Artist, Desiree Dunn, as she walks you step by step through how to create this mesmerizing pieces. This class will also allow participants to bring to light how Art truly imitates Nature, including epoxy mixing and dying techniques and the use of simple additives and applied heat to create the effect of real ocean waves. **Price includes all supply fees.**

Instructor: Desiree Dunn of The Ivy Toadstool

Location: Wildwood Cultural Center

Resident: \$52 | **Non-Resident:** \$62

<i>date</i>	<i>day</i>	<i>time</i>
Nov 5	Wed	6:00 - 9:30 p.m.

Mixed Media: Still Life Seeing in a New Way Ages 16+

Unlock your artistic potential with our Still Life: Seeing in a New Way workshop! Whether you're a seasoned artist or a beginner, you'll find a supportive environment to enhance your skills. Highlights include working with your preferred medium, utilizing photo and real object references, and mastering observation, composition, and color techniques. Participate in critiques, discussions on art history, and connect with fellow enthusiasts. Participant are encouraged to bring a previous or current piece they are working on to discuss along with create during workshop.

Instructor: Nicole Maye Luga

Location: Wildwood Cultural Center

Resident: \$120 | **Non-Resident:** \$140

Thursday(s), 6:00 - 9:00 p.m.

dates: Sept 4 - Oct 2



Hat Bar Party

Ages 14+

Welcome to our one-of-a-kind hat bar extravaganza! Dive into creativity by designing your very own felt flat brim hat. Pick your hat style, choose a band, add some flair with accessories, and personalize it with custom burn designs. Whether you prefer to craft it yourself or let us handle the assembly, the experience is all about fun and imagination. Not into wearing hats? They're perfect as gifts or quirky decorations! **Price includes all supplies and hat.**

Instructor: Carly May's Custom Hat Bar

Location: Wildwood S Wing,

Resident: \$45 | **Non-Resident:** \$52

<i>date</i>	<i>day</i>	<i>time</i>
Sept 29	Mon	6:30 - 8:30 p.m.

Portrait Drawing & Painting: From Life and Photo Ages 16+

This portrait drawing and painting course is ideal for artists of all levels, focusing on enhancing skills through live models and photographs. Participants will learn to create realistic portraits, emphasizing likeness, proportion, and expression. Weekly critiques provide constructive feedback to refine techniques, while class discussions on art history enrich understanding. Whether a beginner or experienced artist, this course offers valuable insights to elevate your portrait drawing and painting skills. Join us for artistic growth and discovery! Participant are encouraged to bring a previous or current piece they are working on to discuss along with create during workshop.

Instructor: Nicole Maye Luga

Location: Wildwood CC,

Resident: \$120 | **Non-Resident:** \$140

Tuesday(s), 6:00 - 9:00 p.m., dates: Sept 9 - Oct 6

Literature

We Learn! ¡Aprendemos! Ages 15+ -Spanish 101

Join Dibbs On it Creative Learning owner, Kelly Dibble, as she walks you through this beginners level 4 week workshop. This fun and interactive language series will introduce the basics of Spanish while incorporating practical speaking and listening skills, along with hands on activities. **All supplies and reading material are included.**

Instructor: Kelly Dibble Kerner

Location: Wildwood Living Room

Resident: \$35 | **Non-Resident:** \$42

Tuesday(s), 6:00 - 7:00 p.m., dates: Aug 12 - Sept 2



Food

In the Kitchen with Judi Strauss

Adults 16+

These interactive cooking classes for you to enjoy and be educated on. Judi's classes are a great way to learn new cooking techniques, taste new recipes and experience cooking in a fun environment. In each class, there will be plenty to taste and recipes to take home. Come 'cook up' some new recipes with Judi! Make sure to bring containers to take food home! **There is an additional \$10 food fee payable in cash to the instructor the night of program.**

Instructor: Judi Strauss

Location: Wildwood Kitchen

Resident: \$18 | Non-Resident: \$21

Tuesday(s), 7:00 - 9:00 p.m.

days	class
Aug 19	Picnic
Aug 26	Cupcakes
Sept 9	Cabbage Patch
Sept 16	Root Vegetables
Sept 23	Recipes with Cottage Cheese
Sept 30	Coffee House Treats
Oct 7	Tex-Mex Foods
Oct 14	New! Baking with Puff Pastry
Oct 21	Doughnuts, Fritters
Oct 28	World of Dumplings
Nov 4	Pierogi
Nov 18	Thanksgiving 101
Dec 2	Holiday Baking
Dec 9	Cookies Cookies Cookies
Dec 16	More Party Starters

Buttercream Party Cookie Art

Ages 16+

Join Buttercream Party for a fun time learning some tips and tricks for decorating sugar cookies! You will learn icing consistency matters, flooding, how to decorate with multiple textures, writing, and more! Each person will receive 12 baked, blank cookies, royal icing in bags in multiple colors, photos for ideas, a recipe sheet, and tips and tricks sheets to take home! **There is a \$10 food fee to be paid to the instructor the night of class.**

Instructor: Erin Urusko

Location: Wildwood - South Wing

Resident: \$25 | Non-Resident: \$30

dates	days	time
Sept 18	Thur	7:00 - 9:00 p.m.
class: Sunflowers, Pumpkins, & Fall Gourds		
Dec 13	Sat	2:30 - 4:30 p.m.
class: Holiday Sweet Treats		

First time online registering with us?

Call one of our facilities so we can set up a new account for you.

Youth - Art

Tiny Tot's Storytime at Wildwood

Ages 1-4 + Adult

Learn, laugh, and make memories at these active Storytimes! Each class is specially tailored for 1 to 4 year olds and the program theme includes stories, an art project, sensory activities, games, exploring the Manor House, and more! You and your lil' one will learn, laugh, and make memories at these unique Storytimes!

Instructors: The Women of Wildwood

Location: Wildwood - Manor House

Resident: \$10 | Non-Resident: \$12

dates	day	time
Sept 10	Wed	11:00 a.m. - 12:00 p.m.
theme: I love Apples		
Sept 22	Mon	11:00 a.m. - 12:00 p.m.
theme: Autumn on the Way		
Oct 3	Fri	10:00 - 11:00 a.m.
theme: Pumpkins		
Dec 17	Wed	10:00 - 11:00 a.m.
theme: Holiday Wishes		

The Miniature World of Fairy Gardens: Whimsical Halloween

Ages 6+

Come to create a seasonal miniature, magical world! Let your creativity flow while building a fairy garden of your very own! Class fee includes - 12 inch lantern, fairy lights, moss, pebbles, live and faux fairy plants, small garden accessories, leaves, ribbons, fall and Halloween accessories and more! Instructor Audrey Lariccia will lead you on basic fairy design. This class is open to any participant 6 years of age and older. **A supply fee of \$25 is due in cash to the instructor the night of class.**

Instructor: Audrey Lariccia, This and That Treasures

Location: Wildwood South Wing

Resident: \$20 | Non-Resident: \$24

date	day	time
Oct 21	Tues	7:00 - 9:00 p.m.

Snowflake Valley and Magical & Miniature Christmas World

Ages 6+

Come to create a whimsical holiday miniature, magical world! Let your creativity flow while building a fairy garden of your very own! Class fee includes - 12 inch lantern, fairy lights, moss, pebbles, live and faux fairy plants, small garden accessories, leaves, ribbons, Christmas accessories and more! Instructor Audrey Lariccia will lead you on basic fairy design. This class is open to any participant 6 years of age and older. **A supply fee of \$25 is due in cash to the instructor the night of class.**

Instructor: Audrey Lariccia, This and That Treasures

Location: Wildwood South Wing

Resident: \$20 | Non-Resident: \$24

date	day	time
Nov 17	Mon	7:00 - 9:00 p.m.

Youth - Literature

Mommy and Me - We Learn *iAprendemos!*

Ages 4 - 6

Join Dibbs On it Creative Learning owner, Kelly Dibble, as she walks you through this interactive 4 week workshop to teach you and your little one to understand, and even speak basic Spanish language. Each week participants will explore greetings, animals, numbers, colors, and so much more! **Price is per pair!**

Instructor: Kelly Dibble Kerner

Location: Wildwood South Wing

Resident: \$60 | **Non-Resident:** \$72

Tuesday(s), 2:30 - 3:15 p.m., dates: Aug 12 - Sept 2

We Learn! *iAprendemos!* -Spanish 101

Join Dibbs On it Creative Learning owner, Kelly Dibble, as she walks you through this interactive 4 week workshop to teach you to understand, and even speak basic Spanish language. This fun and interactive language series will introduce the basics of Spanish while incorporating practical speaking and listening skills along with creative projects, games, and hands on activities.

Instructor: Kelly Dibble Kerner

Location: Wildwood South Wing

Resident: \$30 | **Non-Resident:** \$36

Tuesday(s), dates: Aug 12 - Sept 2

time	age
3:30 - 4:15 p.m.	Ages 7 - 10
4:45 - 5:30 p.m.	Ages 10 - 14

Youth - Food

Child and Adult Buttercream Party Cookie Art

Ages 5+, plus one Adult

Join Buttercream Party for a fun time of learning some tips and tricks to decorating sugar cookies. You will learn icing consistency matters, flooding, how to decorate with multiple textures, writing, and more! You will receive 12 baked, blank cookies, royal icing in bags in multiple colors, photos for ideas, recipe sheet and tips and tricks sheets to take home! Enjoy decorating (and eating) these stylish cookies! **There is a \$10 food fee to be paid to instructor the night of class.**

Instructor: Erin Urusko

Location: Wildwood South Wing

Resident \$20 | **Non-Resident** \$25

Thursday(s) 6:00 - 8:00 p.m.

dates	day	time
Oct 13	Mon	6:00 - 8:00 p.m.
cookies:	Spooktacular Treats	
Dec 13	Sat	11:30 a.m. - 1:30 p.m.
cookies:	Dear Santa Cookies	

MENTOR SENIOR CENTER



8484 Munson Road, Mentor, Ohio 44060
440.974.5725 - www.mentorseniorcenter.com

Arts & Crafts

All Media Painting

All the fundamentals of art will be covered: composition, design, and color. Please bring the media of your choice, paper, and reference materials.

Instructor: Ginny Mancini **** (no class Nov 27) ****

Location: Senior Center Cultural Arts Room

Resident: \$40 | **Non-Resident:** \$50

Thursday(s), 10:00 a.m. - 12:00 p.m.

dates: Sept 4 - Oct 23, Nov 6 - Dec 18

Creative Ceramics

This class focuses on decorating pre-made ceramic pieces—no wheel throwing or wet clay. Instruction and kiln firing are included. A \$10 supply fee (included in registration) covers brushes and glazes. Greenware or bisqueware pieces are available for purchase from the instructor. All skill levels welcome! Returning students may bring their own pieces to glaze. Students may register for either the morning or afternoon class, not both. If space is still available in the opposite session, registration will open for a second class two weeks prior to the start date.

Instructor: Sharon Williams

Location: Senior Center Cultural Arts Room

Resident: \$50 | **Non-Resident:** \$60

dates	day	time
Sept 3 - Oct 22	Wed	10:00 a.m. - 12:00 p.m.
Sept 3 - Oct 22	Wed	5:30 - 7:30 p.m.
Nov 5 - Dec 17	Wed	10:00 a.m. - 12:00 p.m.
Nov 5 - Dec 17	Wed	5:30 - 7:30 p.m.

Woodcarving

Beginner or experienced carvers. Patterns and tools available. The first project kit is available for \$5, payable to the instructor. Remaining projects and wood are at your own expense.

Volunteer Instructor: Ken Kothera **** (no class Nov 11) ****

Location: Senior Center - Cultural Arts Room

Resident | Non-Resident: FREE

Tuesday(s), 2:00 - 4:00 p.m.

dates: Sept 2 - Dec 23

Quilting

Explore new projects using modern time-saving methods in a friendly, self-paced atmosphere. Focus will be on learning color, value, and construction techniques to advance your quilting knowledge. Students should bring material (based upon provided project supply list), sewing machine in good condition, sewing notions, and miscellaneous supplies (rulers, rotary cutters, scissors). Irons, ironing boards, & cutting mats are provided for your convenience. Both classes accept beginners and students up to an intermediate/advanced skill level.

Instructor: Teri Bittner **** (no class Nov 11) ****

Location: Senior Center Cultural Arts Room

Resident: \$40 | Non-Resident: \$50

dates	day	time
Sept 8 - Oct 20	Mon	5:30 - 7:30 p.m.
Sept 2 - Oct 21	Tues	9:00 - 11:00 a.m.
Nov 3 - Dec 22	Mon	5:30 - 7:30 p.m.
Nov 4 - Dec 23	Tues	9:00 - 11:00 a.m.

Fitness/Wellness

Cycling Club

The cycling club is wrapping up its 13th season at the end of October. All rides are weather permitting, and ride cancellations and any changes will be done via email. All rides start at 10 a.m. unless designated otherwise. Optional lunch afterwards. Bicycle helmets are required. New riders are welcome. Rides start on Wednesdays in April and continue through October. Contact Arnie Zvejnieks at 440-525-0293 for information or to be added to the mailing list.

Hiking Club

Monday evening hikes usually begin at 6 p.m. and are scheduled from April through October. October hikes start at 5pm due to darkness. Hikes are at the various parks in Lake County. You can join the club and hike at any time. Please call the Senior Center to register or if you have any questions. Hiking locations will be emailed to everyone registered for the club.

Low Impact Aerobics

This energetic class is designed for able-bodied seniors, with a small amount of resistance bands and weights.

Instructor: Sharon **** (no class Nov 11, 27 or 28) ****

Location: Senior Center Fitness Studio

Resident: \$20 | Non-Resident: \$25

dates	day	time
Sept 8 - Oct 20	Mon	9:00 - 9:45 a.m.
Sept 2 - Oct 21	Tues	9:00 - 9:45 a.m.
Sept 4 - Oct 23	Thur	9:00 - 9:45 a.m.
Sept 5 - Oct 24	Fri	9:00 - 9:45 a.m.
Nov 3 - Dec 22	Mon	9:00 - 9:45 a.m.
Nov 4 - Dec 23	Tues	9:00 - 9:45 a.m.
Nov 6 - Dec 18	Thur	9:00 - 9:45 a.m.
Nov 7 - Dec 26	Fri	9:00 - 9:45 a.m.

Line Dancing Basic Beginner

Learn the steps and terminology of the basics of line dancing along with different dance rhythms. We will use different genres of music to make this a fun-filled class. All you need is a comfy pair of shoes that have a slick bottom and cannot be kicked off while dancing. Please no "slip-on sandals/flip flops" or "high heels" for your safety.

Instructor: Tina

Location: Senior Center Fitness Studio

Resident: \$20 | Non-Resident: \$25

Wednesday(s), 5:45 - 6:45 p.m.

dates: Sept 3 - Oct 22, Nov 5 - Dec 17

Line Dancing Advanced Beginner/Improver

This is for those ready to take line dancing to the next level. You should have completed at least 6 months of a Basic Beginner class, be an experienced dancer that wants to have a refresher course, or just like to keep it nice and easy. This class will move along a little faster as most steps were learned in the Basic Beginner class.

Instructor: Tina

Location: Senior Center Fitness Studio

Resident: \$20 | Non-Resident: \$25

Wednesday(s), 6:45 - 7:45 p.m.

dates: Sept 3 - Oct 22, Nov 5 - Dec 17

Mat Yoga

Enhance your flexibility, strength and balance with a combination of sun salutation, balance and warrior poses. Class will include seated and standing poses, finishing with relaxation. Please bring a mat and wear loose fitting clothes. For beginner and continuing students.

Instructor: Sue, Yoga Renew certified

Location: Senior Center Fitness Studio

Resident: \$20 | Non-Resident: \$25

Monday(s), 3:00 - 3:45 p.m.

dates: Sept 8 - Oct 20, Nov 3 - Dec 22

Parkinson's Exercise

This fitness program is designed to empower people with Parkinson's disease by optimizing their physical function and helping delay the progression of symptoms. These classes focus on Parkinson's specific exercises that help fight the symptoms of the disease. No equipment or expertise is necessary; just participate at your own level of ability.

Instructor: Dana, Sharon, Pat

Location: Senior Center Fitness Studio

Resident | Non-Resident: FREE

Wednesday(s), 3:00 - 3:45 p.m.

dates: Sept 3 - Oct 22, Nov 5 - Dec 17

First time online registering with us?

Call one of our facilities so we can set up a new account for you.

SilverSneakers

****Silver Sneakers Members = SSMembers**

NEW!

SilverSneakers BOOM™ MIND

The best of yoga and Pilates combined in an intermediate to advanced mind-body mat workout. Whether you're looking to challenge yourself or move mindfully at your own pace, this class supports all levels of experience. We'll begin standing and transition down to the mat, finishing with calming stretches and deep relaxation to leave you feeling balanced and refreshed.

Instructor: Sue

Location: Senior Center Fitness Studio

Resident | Non-Resident: \$20 | SSMembers: FREE

Wednesday(s), 4:00 - 4:45 p.m.

dates: Sept 3 - Oct 22, Nov 5 - Dec 17

SilverSneakers BOOM™ MUSCLE

This class incorporates athletic exercises that boost your overall fitness. Move through muscle-conditioning blocks and activity-specific drills to improve strength and functional skill. For intermediate to advanced students.

Instructor: Joy

Location: Senior Center Fitness Studio

Resident | Non-Resident: \$20 | SSMembers: FREE

Monday(s), 8:10 - 8:50 a.m., 4:00 - 4:50 p.m.

dates: Sept 8 - Oct 20, Nov 3 - Dec 22

Wednesday(s), 8:10 - 8:50 a.m.

dates: Sept 3 - Oct 22, Nov 5 - Dec 17

SilverSneakers® Circuit

Standing upper-body strength work alternated with low impact cardio using a chair for standing support.

**** (no class Nov 11 or 27) ****

Instructor: Sue (Tues/Thur), Pat (Wed)

Location: Senior Center Fitness Studio

Resident | Non-Resident: \$20 | SSMembers: FREE

dates	day	time
Sept 2 - Oct 21	Tues	2:00 - 2:45 p.m.
Sept 3 - Oct 22	Wed	11:00 - 11:45 a.m.
Sept 4 - Oct 23	Thur	2:00 - 2:45 p.m.
Nov 4 - Dec 23	Tues	2:00 - 2:45 p.m.
Nov 5 - Dec 17	Wed	11:00 - 11:45 a.m.
Nov 6 - Dec 18	Thur	2:00 - 2:45 p.m.

SilverSneakers® YOGA

Seated and standing yoga poses to increase flexibility, balance and range of motion.

**** (no class Sept 1, 29, Nov 27, 28) ****

Instructor: Denise (Mon/Thur), Pat (Wed), Sharon (Fri)

Location: Senior Center Fitness Studio

Resident: | Non-Resident: \$20 | SS Members: FREE

dates	day	time
Sept 8 - Oct 27	Mon	12:00 - 12:45 p.m.
Sept 3 - Oct 22	Wed	9:00 - 9:45 a.m.
Sept 4 - Oct 23	Thur	3:00 - 3:45 p.m.
Sept 5 - Oct 24	Fri	11:00 - 11:45 a.m.
Nov 3 - Dec 22	Mon	12:00 - 12:45 p.m.
Nov 5 - Dec 17	Wed	9:00 - 9:45 a.m.
Nov 6 - Dec 18	Thur	3:00 - 3:45 p.m.
Nov 7 - Dec 26	Fri	11:00 - 11:45 a.m.

SilverSneakers® Classic

Increase muscle strength and range of motion and improve activities for daily living. You'll have a chair for seated exercises and standing support. Your instructor will modify the exercises for your fitness level.

**** (no class Nov 11, 27 or 28) ****

Instructor: Sharon (Mon/Fri), Joy (Tues/Thur am),

Sue (Tues/Thur pm), Pat (Wed)

Location: Senior Center Fitness Studio

Resident | Non-Resident: \$20 | SSMembers: FREE

dates	day	time
Sept 8 - Oct 20	Mon	10:00 - 10:45 a.m.
Sept 2 - Oct 21	Tues	8:10 - 8:50 a.m.
Sept 2 - Oct 21	Tues	1:00 - 1:45 p.m.
Sept 3 - Oct 22	Wed	10:00 - 10:45 a.m.
Sept 4 - Oct 23	Thur	8:10 - 8:50 a.m.
Sept 4 - Oct 23	Thur	1:00 - 1:45 p.m.
Sept 5 - Oct 24	Fri	10:00 - 10:45 a.m.
Nov 3 - Dec 22	Mon	10:00 - 10:45 a.m.
Nov 4 - Dec 23	Tues	8:10 - 8:50 a.m.
Nov 4 - Dec 23	Tues	1:00 - 1:45 p.m.
Nov 5 - Dec 17	Wed	10:00 - 10:45 a.m.
Nov 6 - Dec 18	Thur	8:10 - 8:50 a.m.
Nov 6 - Dec 18	Thur	1:00 - 1:45 p.m.
Nov 7 - Dec 26	Fri	10:00 - 10:45 a.m.

SilverSneakers® EnerChi

Seated or standing tai chi movements in flowing sequence to progress strength, balance and focus.

Instructor: Denise ** (no class Oct 2, Nov 27) **

Location: Senior Center Fitness Studio

Resident | Non-Resident: \$20 | SSMembers: FREE

Thursday(s), 4:00 - 4:45 p.m.

dates: Sept 4 - Oct 30, Nov 6 - Dec 18

SilverSneakers® Stability

Standing class designed to decrease the risk of falls with focus on improving balance and lower body strength.

**** (no class Sept 1, Nov 11, 27 or 28) ****

Instructor: Sharon (Mon/Fri), Joy (Tues)

Location: Senior Center Fitness Studio

Resident: | Non-Resident: \$20 | SS Members: FREE

dates	day	time
Sept 8 - Oct 20	Mon	11:00 - 11:45 a.m.
Sept 2 - Oct 21	Tues	12:00 - 12:45 p.m.
Sept 5 - Oct 24	Fri	12:00 - 12:45 p.m.
Nov 3 - Dec 22	Mon	11:00 - 11:45 a.m.
Nov 4 - Dec 23	Tues	12:00 - 12:45 p.m.
Nov 7 - Dec 26	Fri	12:00 - 12:45 p.m.

Stretch and Balance

Seated and standing exercises focus on isolating to improve balance, flexibility, and to increase mobility. This class is also available virtually through Zoom.

Instructor: Sharon **** (no class Nov 11, 27) ****

Location: Senior Center Fitness Studio

Resident: \$20 | **Non-Resident:** \$25

dates	day	time
Sept 2 - Oct 21	Tues	11:00 - 11:45 a.m.
Sept 4 - Oct 23	Thur	11:00 - 11:45 a.m.
Nov 4 - Dec 23	Tues	11:00 - 11:45 a.m.
Nov 6 - Dec 18	Thur	11:00 - 11:45 a.m.



Weight Training

This strength class is designed to build muscle, strength and bone density. Resistance bands and weights will be used while standing and seated.

Instructor: Sharon **** (no class Nov 11, 27) ****

Location: Senior Center Fitness Studio

Resident: \$20 | **Non-Resident:** \$25

dates	day	time
Sept 2 - Oct 21	Tues	10:00 - 10:45 a.m.
Sept 4 - Oct 23	Thur	10:00 - 10:45 a.m.
Nov 4 - Dec 23	Tues	10:00 - 10:45 a.m.
Nov 6 - Dec 18	Thur	10:00 - 10:45 a.m.

Senior Center Fitness Center

A variety of cardio equipment is available including treadmills, seated ellipticals and standing ellipticals, NuStep and a recumbent bike. Light free weights, 4 weight stationary stations (abdominal, leg press, leg extension/curl, chest press) and a cable pulley station are available for strength training. Members are asked to disinfect each piece of equipment after use. Please bring clean, dry shoes to prevent equipment damage. **Fitness Orientation is required prior to using fitness center.**

Fitness Orientation - Cardio Training

Learn how to use the treadmill, elliptical and bike including operating the machine, adjusting settings, using heart rate functions and proper form. Maximum of 4 people per class. **Call to schedule appointment.**

Location: Senior Center Fitness Center

Resident | Non-Resident: \$15 | **SSMembers:** FREE

day	time
Mon	6:30 - 7:20 p.m.
Tues	9:00 - 9:50 a.m.
Tues	12:00 - 12:50 p.m.
Thur	1:00 - 1:50 p.m.

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Fitness Orientation - Strength Training

Learn how to operate fundamental strength training machines focused on large muscle groups (such as chest, upper back, and hamstrings/quadriceps leg muscles) while using correct form and proper breathing techniques. Participants will receive assistance in determining their specific equipment adjustments and weight settings, and learn how to modify strength training exercises based on individual needs. Maximum of 4 people per class. **Call to schedule appointment.**

Location: Senior Center Fitness Center

Resident | Non-Resident: \$15

day	time
Mon	6:30 - 7:20 p.m.
Tues	12:00 - 12:50 p.m.

Personal Training

Don't wait to start feeling great! Schedule an appointment now to get back on the road to health and fitness! You will find that regular exercise will help you feel less stiff, stronger, and more energetic throughout the day. Every step of the way you'll be guided by a passionate personal trainer committed to your safety and wellness.

Tuesday, Thursday and Friday afternoons

Location: Senior Center Fitness Center

Resident | Non-Resident: \$40 for 60 minute session

Resident | Non-Resident: \$20 for 30 minute session

Pick up a flier at the Senior Center for scheduling information

Exercise Classes at MCRC

Location: 6000 Heisley Rd., Mentor

Senior Center Member rates listed below

Pickleball

Adults 55+

Beginner Pickleball - Seniors

Come learn the fastest growing sport in America! This class is for the novice player (USA Pickleball rating of 1.0 - 2.5) and covers the basics of pickleball including rules, terminology, fundamentals and introduces match play. Players are encouraged to bring a paddle (but paddles are provided) and a water bottle to each class.

Instructor: MCRC Staff **** (no class Nov 11) ****

Senior Center Member rate: \$48 per session

Tuesday(s), 11:30 a.m. - 12:30 p.m.

dates: Sept 9 - Sept 30, Oct 14 - Nov 4, Nov 18 - Dec 9

Intermediate Pickleball - Seniors

This intermediate class (USA Pickleball rating of 3.0 - 3.5) covers the fundamentals of pickleball including serving, rallying, keeping score, dinking, and match play. Players are encouraged to bring a paddle (but paddles are provided) and a water bottle to each class.

Instructor: MCRC Staff **** (no class Nov 11) ****

Senior Center Member rate: \$48 per session

Tuesday(s), 12:30 - 1:30 p.m.

dates: Sept 9 - Sept 30, Oct 14 - Nov 4, Nov 18 - Dec 9

Mentor Parks and Recreation - 2025 Fall

Water Exercise Class

Adults 55+

A variety of water fitness classes are offered at MCRC. Classes will be offered in one-month sessions. **Senior Center members will have special access and pricing for designated classes.** Check out available water classes at <https://cityofmentor.com/departments/parks-recreation/registration/>. **Participants can arrive at the facility 20 minutes before class begins and must leave the facility 20 minutes after class ends.**

Aqua HIIT Water Exercise at MCRC

A full body interval class - focused on strength with a burst of cardio.

Instructor: MaryBeth **** (no class Nov 27, Dec 25) ****

dates	day	time	rate
Sept 2 - Sept 30	Tues	9:00 - 9:50 a.m.	\$25
Sept 4 - Sept 25	Thur	9:00 - 9:50 a.m.	\$20
Oct 7 - Oct 28	Tues	9:00 - 9:50 a.m.	\$20
Oct 2 - Oct 30	Thur	9:00 - 9:50 a.m.	\$25
Nov 4 - Nov 25	Tues	9:00 - 9:50 a.m.	\$20
Nov 6 - Nov 20	Thur	9:00 - 9:50 a.m.	\$15
Dec 2 - Dec 30	Tues	9:00 - 9:50 a.m.	\$25
Dec 4 - Dec 18	Thur	9:00 - 9:50 a.m.	\$15

AquaLates Water Exercise at MCRC

A full body dynamic Pilates class of strength and stretching.

Intensity: Low to medium

Instructor: Georgina

dates	day	time	rate
Sept 5 - Sept 26	Fri	10:00 - 10:50 a.m.	\$20
Oct 3 - Oct 31	Fri	10:00 - 10:50 a.m.	\$25
Nov 21 - Nov 28	Fri	10:00 - 10:50 a.m.	\$10
Dec 5 - Dec 26	Fri	10:00 - 10:50 a.m.	\$20

Move and Groove Water Exercise at MCRC

Energetic cardio moves set to fun upbeat music... "A Pool Fitness Party."

Intensity: Medium

Instructor: Connie

dates	day	time	rate
Sept 2 - Sept 30	Tues	7:15 - 8:05 p.m.	\$25
Oct 7 - Oct 28	Tues	7:15 - 8:05 p.m.	\$20
Nov 4 - Nov 25	Tues	7:15 - 8:05 p.m.	\$20
Dec 2 - Dec 30	Tues	7:15 - 8:05 p.m.	\$25

Senior Water Exercise at MCRC

A combination of toning, stretching and light cardio geared toward seniors.

**** (no class Nov 27, Dec 25) ****

Instructor: Vicki (Tues), MaryBeth (Thur)

dates	day	time	rate
Sept 2 - Sept 30	Tues	2:00 - 2:50 p.m.	\$25
Sept 4 - Sept 25	Thur	2:00 - 2:50 p.m.	\$20
Oct 7 - Oct 28	Tues	2:00 - 2:50 p.m.	\$20
Oct 2 - Oct 30	Thur	2:00 - 2:50 p.m.	\$25
Nov 4 - Nov 25	Tues	2:00 - 2:50 p.m.	\$20
Nov 6 - Nov 20	Thur	2:00 - 2:50 p.m.	\$15
Dec 2 - Dec 30	Tues	2:00 - 2:50 p.m.	\$25
Dec 4 - Dec 18	Thur	2:00 - 2:50 p.m.	\$15

Shallow/Deep Water Class at MCRC

A combination of shallow and deep water exercises to tone your body while getting your heart pumping.

Instructor: Vicki

dates	day	time	rate
Sept 8 - Sept 29	Mon	10:00 - 10:50 a.m.	\$20
Sept 3 - Sept 24	Wed	10:00 - 10:50 a.m.	\$20
Oct 6 - Oct 27	Mon	10:00 - 10:50 a.m.	\$20
Oct 1 - Oct 29	Wed	10:00 - 10:50 a.m.	\$25
Nov 3 - Nov 24	Mon	10:00 - 10:50 a.m.	\$20
Nov 5 - Nov 26	Wed	10:00 - 10:50 a.m.	\$20
Dec 1 - Dec 29	Mon	10:00 - 10:50 a.m.	\$25
Dec 3 - Dec 17	Wed	10:00 - 10:50 a.m.	\$15

Stretch and Tone Water Exercise at MCRC

Light toning and gentle stretching exercises in shallow warm water. This class is perfect for all ages to help with relaxation, stress relief, pain relief, and improved range of motion.

Intensity: Low

Instructor: MaryBeth **** (no class Nov 27, Dec 25) ****

dates	day	time	rate
Sept 2 - Sept 30	Tues	10:00 - 10:50 a.m.	\$25
Sept 4 - Sept 25	Thur	10:00 - 10:50 a.m.	\$20
Oct 7 - Oct 28	Tues	10:00 - 10:50 a.m.	\$20
Oct 2 - Oct 30	Thur	10:00 - 10:50 a.m.	\$25
Nov 4 - Nov 25	Tues	10:00 - 10:50 a.m.	\$20
Nov 6 - Nov 20	Thur	10:00 - 10:50 a.m.	\$15
Dec 2 - Dec 30	Tues	10:00 - 10:50 a.m.	\$25
Dec 4 - Dec 18	Thur	10:00 - 10:50 a.m.	\$15

Health Services

Alzheimer's Association Caregiver Support Group

Discuss signs, symptoms, resources available, caregiving help and other topics for those touched by Alzheimer's and Dementia. Group meets the 2nd Thursday of the month.

Location: Senior Center Cultural Arts Room

Resident | Non-Resident: FREE

Thursday(s), 1:00 - 2:30 p.m.

dates: Sept 11, Oct 9, Nov 13, Dec 11

Attorney

Meet privately with an attorney to get help with estate planning, wills, trusts and real estate. Register for a free 10-minute appointment.

Location: Senior Center Conference Room #2

Resident | Non-Resident: FREE

Wednesday(s), 1:00 - 2:00 p.m.

dates: Sept 17, Oct 15, Nov 12, Dec 17

Parkinson's Support Group

Patients, caregivers, family and friends - all are welcome. Come share and learn from each other on the first Wednesday of each month. Find support and encouragement.

Volunteer Leader: John Mazor

Location: Senior Center Cardinal Room

Resident | Non-Resident: FREE

Wednesday(s), 4:00 - 5:30 p.m.

dates: Sept 3, Oct 1, Nov 5, Dec 3

Visionaries Support Group

If you suffer from vision impairment, plan to attend these free meetings.

Facilitator: Licensed Optician Debbie Kogler

Location: Senior Center Cultural Arts Room

Resident | Non-Resident: FREE

Wednesday(s), 2:00 - 4:00 p.m.

dates: Sept 24, Oct 22, Nov 12, Dec 10

Produce Distribution

In conjunction with the Cleveland Food Bank, we offer produce distribution for limited income seniors the third Monday of the month from 10 - 11 am (if ready, will start at 9:30am). All participants will be registered on site. Participants must certify annual gross household income is at or below \$30,120 for a household of 1 and \$40,880 for a household of 2. Income is self-declared; verification is not required. First come, first served. Please bring a heavy-duty bag or two for produce. **No advance registration; bring photo ID for onsite registration.**

Location: Senior Center Great Room

Resident | Non-Resident: FREE

Monday(s), 10:00 - 11:00 a.m. (if ready, will begin at 9:30 a.m.)

dates: Sept 15, Oct 20, Nov 17, Dec 15

Special Elders

Do you need assistance to participate at the Senior Center? The Special Elders staff provides seniors the support and assistance they need to more fully participate in activities. This program provides socialization, assistance with carrying lunch trays for those with physical limitations, assistance with program registration and directing to activities for those with memory issues. (Note this program is not designed for individuals with moderate-severe assistance needs, unless accompanied by a caregiver.)

Laketrans is available to bring senior citizens to and from Mentor Senior Center activities.

An enrollment appointment with Special Elders staff is required prior to participation in Special Elders.

Location: Senior Center

Resident | Non-Resident: \$20 annual fee (Jan-Dec)

days	time
Monday, Wednesday	10:30 a.m. - 2:00 p.m.

Schedule of Activities

Monday

10:30 - 10:50 a.m.	Submit lunch orders
11:00 - 11:45 a.m.	Lunch/Socialization
12:00 - 12:45 p.m.	Billiards (optional), no fee
1:00 - 2:00 p.m.	BINGO \$.25 per card

Wednesday

10:30 - 10:50 a.m.	Submit lunch orders
11:00 - 11:45 a.m.	Lunch/Socialization
12:00 - 12:45 p.m.	Special Elders Silver Sneakers Classic (optional), registration fee
1:00 - 2:00 p.m.	Craft, games or parties

First time online registering with us?

Call one of our facilities so we can set up a new account for you.

Special Elders SilverSneakers® Classic

Seated and standing exercises to increase muscular strength, range of motion and activities of daily living. This is designed for Special Elders participants and select individuals who may benefit. Wheelchairs welcomed.

Instructor: Pat

Location: Senior Center Fitness Studio

Resident | Non-Resident: \$20 | SS Members: FREE

Wednesday(s), 12:00 - 12:45 p.m.

dates: Sept 3 - Oct 22, Nov 5 - Dec 17

Membership

Senior Center Membership

Membership is required to participate in all Senior Center activities, including classes, programs, and special events. Adults age 55 and older are eligible to join. Connect, engage, and thrive with us! For more information, please contact the center.

Music and Theater

Hillcrest Concert Band Holiday Concert

The Hillcrest Concert Band is recognized as one of the finest adult community bands in the area. Enjoy an evening of great music performed by this 60-piece band on our stage.

Location: Senior Center Great Room

Resident | Non-Resident: \$4

date	day	time
Dec 3	Wednesday	7:00 - 8:00 p.m.

Mentor Follies Dancers

Join us for exercise, dance and fun. Always accepting new members.

Director: Rena Ellwanger

Location: Senior Center Stage

Resident | Non-Resident: FREE

dates	day	time
Sept 3 - Dec 17	Wed	6:45 - 7:45 p.m.

Mentor Music Makers Chorus

This group enjoys singing a wide variety of music, and performs at Senior Centers, Retirement Communities, Nursing and Rehab facilities. No special experience or ability to read music is required. The group is under the professional direction of Maria Voljin. Enjoy the music and camaraderie.

Director: Maria Voljin

Location: Senior Center Stage

Resident: \$30 | **Non-Resident:** \$38

Wednesday(s), 10:00 - 11:30 a.m.

dates: Sept 3 - Oct 22, Nov 5 - Dec 17



Nick Costa Concert

Singing sensation Nick Costa brings his Las Vegas style show to the Senior Center Stage for a legendary performance singing the classics of yesterday, today and forever! The show features the classics such as Sinatra, Martin, Sammy Davis Jr, Manilow, Elvis and more. The show also features a Tom Jones Tribute that will have you dancing in your seats! The 7-piece band features horns, guitar, and keys to make it an unforgettable night! And bring your dancing shoes, there will be plenty of music to dance to!

Location: Senior Center Stage

Resident: | **Non-Resident:** \$15

date	day	time
Oct 15	Wed	7:00 - 9:00 p.m.

Piano Lessons

We offer private 30-minute beginner and continuing piano lessons. The lesson plans include a balance of theory, sight reading and repertoire appropriate to the student's level and musical ability.

Instructor: Marge Syrone

Location: Senior Center Stage

Resident: \$80 | **Non-Resident:** \$97

Tuesday(s), 9:00 a.m. - 12:00 p.m.

dates: Sept 2 - Oct 21, Nov 4 - Dec 23

Technology

iPad/iPhone Help (and Android)

Do you have an iPhone or iPad and have questions on how to use it? Sign up for free one-on-one help to get those questions answered. Please write down all your questions and bring them with you. If you have a question about an error message, please take a screenshot or write down the error exactly as well as what app you are in. If you have an Android device, we can help with that too, it just might take a little longer. Appointment are 30 minutes.

Location: Senior Center Great Room

Resident | Non-Resident: FREE

Monday(s), 1:00 - 3:00 p.m.

dates: Sept 15 and 29, Oct 13 and 27,
Nov 10 and 24, Dec 8 and 22

Laptop Help

Volunteer Nick Ajdinovich is available to help you with your laptop questions. Whether you have a Mac or Microsoft computer, you will get valuable one-on-one help. Schedule your free 30-minute session today. Check in at the front desk.

Location: Senior Center Great Room

Resident | Non-Resident: FREE

Monday(s), 9:00 - 11:00 a.m.

dates: Sept 8 and 15, Oct 6 and 20, Nov 3 and 10

Tech Help

Mentor High School students on hand to help with your tablet, iPad, and smart phone questions. Bring your questions and a willingness to tackle these powerful gadgets. *Registration closes 7 days in advance.*

Location: Senior Center - Great Room

Resident | Non-Resident: FREE

Thursday(s), 8:30 - 9:30 a.m.

dates: Sept 11, Oct 2, Nov 6, Dec 4

Tech Tuesdays with Mentor Public Library

Explore a different technology topic with Mentor Public librarian's on the 2nd Tuesday of each month. No prior experience with the topic is needed. Bring your own device to follow along during the class.

Location: Senior Center Cardinal Room

Resident | Non-Resident: FREE

Tuesday(s), 10:00 - 11:00 a.m.

dates	topic
Sept 9	EBooks and More
Oct 14	No More Cable - How to stream TV & movies



8900 Lake Shore Boulevard, Mentor, Ohio 44060
440.951.0010 - www.blackbrookgolfcourse.com

Family Friendly Course

Black Brook Golf Course and Practice Center is designated as a Family Friendly Golf Course by the P.G.A. of America. Along with our regular tees we also have tees to make the course shorter in length providing a beginner friendly short course for beginners and juniors. Black Brook received a "Sticks for Kids Grant" that provided 10 sets of junior clubs which will be used for golf schools, camps, Jr. League, and general play on the course. Black Brook is trying to make golf more affordable for families by offering free golf to a junior when accompanied by a paying adult on Monday's, Tuesday's, Thursday's, anytime and weekends and Holiday's after 3:00 p.m. Limited to one junior per paying adult.



Black Brook Golf Course Instructional Staff

Tim Ausperk, PGA Golf Professional and GM
Jay Schiffbauer, Director of Instruction and Manager
Nolan Jurcajo, Associate Golf Professional

Tee Times

Black Brook Golf Course is now working with GolfNow to offer online tee time booking. Just visit www.BlackBrookGolfCourse.com for details. It's quick, easy, and very convenient. You and your friends will be able to see what times are available across several days to make scheduling a foursome easier.

Rates

April 14 - September 30

Walking

Monday - Friday	Rates
9 holes Sr./Jr.	\$14.00
9 holes	\$16.00
18 holes Sr./Jr.	\$23.00
18 holes	\$27.00

Saturday & Sunday	Rates
9 holes	\$18.00
18 holes	\$31.00

Riding

Monday - Friday	Rates
9 holes Sr./Jr.	\$22.00
9 holes	\$24.00
18 holes Sr./Jr.	\$31.00
18 holes	\$36.00

Saturday & Sunday	Rates
9 holes	\$27.00
18 holes	\$48.00

***Add on fee of \$5 for 9 holes and \$8 for 18 holes for personal cart usage.**

Practice Center	Discount Card	Save
Small Bag (40 Balls) \$8.00	Six Small Bags \$40.00	\$8.00
Medium Bag (55 Balls) \$10.00	Six Medium Bags \$50.00	\$10.00
Large Bag (90 Balls) \$12.00	Six Large Bags \$60.00	\$12.00

Golf Schools

Now is the time to get golf ready with the Black Brook Golf Course instruction staff. Instruction includes fundamentals of golf including grip, stance, full swing, short game, putting, and etiquette. There is a maximum of 6 students per class for juniors and 6 students per class for adults. Balls and clubs are included in the price of the class, although students are encouraged to bring their own clubs. Proper golf attire is expected. Classes will fill quickly.

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Junior Golf School

Juniors - Coed - Age 8 -14

This class builds on the fundamentals but adds new and more advanced swing thoughts along with individual problem solving. Four 60-minute classes, with a maximum of 6 students per class. Parents and guardians are welcome to bottomless coffee or water in the clubhouse during class. **Sessions: 4**

Instructor: Black Brook Golf Course Instructional Staff

Location: Black Brook Golf Course

Resident: \$85 | Non-Resident: \$95

date	day	time
Aug 23 - Sept 13	Sat	9:00 - 10:00 a.m.
Aug 23 - Sept 13	Sat	10:30 - 11:30 a.m.

Level One Golf

A great way to introduce golf to kids ages 5-7. An introduction to the fundamentals with an emphasis on hand-eye coordination and having fun! Four 45-minute classes, with a maximum of 5 students per class. Parents and guardians are welcome to bottomless coffee or water in the clubhouse during class. **Sessions: 4**

Instructor: Black Brook Golf Course Instructional Staff

Location: Black Brook Golf Course

Resident: \$45 | Non-Resident: \$55

date	day	time
Aug 23 - Sept 13	Sat	12:00 - 12:45 p.m.



Adult Golf School

Adults - Coed - Age 15+

Introduction to the fundamentals; grip, stance, posture, full swing, chipping, putting, plus rules and etiquette with individual problem solving. Four 60-minute classes, with a maximum of 8 students per class. **Sessions: 4**

Instructor: Black Brook Golf Course Instructional Staff

Location: Black Brook Golf Course

Resident: \$85 | Non-Resident: \$95

date	day	time
Aug 19 - Sept 9	Tues	5:30 - 6:30 p.m.
Aug 21 - Sept 11	Thur	5:30 - 6:30 p.m.

Mentor Parks and Recreation - 2025 Fall



Join us for the biggest golf event this winter!

Lake County Chili Open

Saturday, January 24

Black Brook Golf Course

Tee times begin at 9:00 a.m.

Golfers - mark your calendars! Here's your chance to play in the biggest golf event this winter. Every golfer has played in a summer tournament, but how many have played in January?

You'll play nine snowy, fun holes of golf followed by a warm bowl of chili, hot dogs, and hot chocolate. Golfers will be challenged to drive shots across frozen tundra and putt balls laden with ice. You'll hit orange golf balls to snow-covered greens on the 9-hole course of 65 - 100-yard holes.

Last year more than 180 golfers participated in this event, so you'll want to register early!

Gift certificates for 18 holes will be awarded to the three winning teams. The cost to enter the Chili Open is \$20 which includes golf fees, food, and hot chocolate. The Chili Open is sponsored by the City of Mentor with proceeds benefiting the United Way of Lake County. For more information on this event or to register, call the Mentor Recreation Department at (440) 974-5720. Sponsorship opportunities are available by calling United Way of Lake County at (440) 352-3166. If the course is not covered with snow, we will play the normal yardage so bring your whole set of clubs. **Must register to play by January 21st, 2026**

CITY OF MENTOR NATURAL RESOURCES

Fall Paddle

Ages 16+

Experience the beauty of Ohio's first state nature preserve from a new angle. Kayak through the marsh and marina while viewing wildlife and going over the history of the Mentor Marsh State Nature Preserve and the Mentor Lagoons Marina.

Instructor: Jamie Jubeck, Natural Resource Specialist

Location: Mentor Lagoons Nature Preserve

Resident | Non-Resident: \$20

Kayak Rental & PFD Included

Wednesday(s), 4:30 - 6:30 p.m.

dates: Sept 3 and 17

Wildflower Gardening

All Ages

Fall is the perfect time of year to plan, prep, and seed a wildflower garden in your yard. Many of our native wildflower seeds require cold stratification to germinate. Planting seeds in the fall often leads to better success than in the spring. Come to this presentation/walk where a specialists will go over gardening tips, native and nonnative plants, species identification, pollinator species and much more. Each participant will receive a wildflower seed packet to plant at home.

Instructor: Natural Resource Specialists

Location: Springbrook Gardens Park

Resident | Non-Resident: FREE

date	day	time
Sept 12	Fri	4:00 - 5:30 p.m.

Butterfly Survey

All Ages

Did you know that Ohio is home to over 140 species of butterflies? Capturing, recording, and safely releasing these insects is an excellent way to learn different species while also contributing to long term monitoring for citizen science. Join a naturalist as we walk Springbrook Gardens Park with butterfly nets and try to catalog as many species as we can! You will learn identifying features, host plant relationships, and more.

Instructor: Natural Resource Specialists

Location: Springbrook Gardens Park

Resident | Non-Resident: FREE

date	day	time
Sept 14	Sun	1:00 - 3:00 p.m.

First time online registering with us?

Call one of our facilities so we can set up a new account for you.



Nature Journaling

All Ages

Join The City of Mentor Natural Resources Division and the Mentor Public Library at different Mentor parks to forge a deeper connection with yourself and with the marvels of nature living in our own neighborhood. We'll explore different journaling techniques across a variety of mediums. No experience necessary - open to all ages and skill levels. Limited instruction will be given, as this is a way for each individual to find ways to create a habit of observing and connecting with nature. All supplies provided (but feel free to bring your own!).

**Instructor: Natural Resource Specialists,
Mentor Public Library**

Location: Headlands Beach & Mentor Lagoons

Resident | Non-Resident: FREE

Tuesday(s), 6:00 - 8:00 p.m.

dates	location
Sept 23	Headlands
Oct 28	Lagoons

Little Anglers

Adult & Child

Grab the kiddos and join us for a day of fishing fun! The pond at Springbrook Garden Park is an excellent place to learn about fish while catching them too. The Natural Resources division will have poles and bait for participants and a prize for the heaviest fish caught. **Children must be accompanied by an adult.**

Instructor: Jamie Jubeck, Natural Resource Specialist

Location: Springbrook Gardens Park

Resident | Non-Resident: \$10

date	day	time
Sept 27	Sat	1:00 - 3:00 p.m.

Departure of the Birds

Ages 7+

Fall migration can be rather long for birds. Fortunately for us, we get to enjoy the southbound birds for more time. Enjoy a hike through Mentor Lagoons Nature Preserve to see birds heading for warmer weather. All experiences are welcomed, and binoculars are highly recommended to better observe our feathered friends!

Instructor: Joel Throckmorton, Natural Resource Specialist

Location: Mentor Lagoons Nature Preserve

Resident | Non-Resident: FREE

date	day	time
Oct 1	Wed	8:00 - 10:00 a.m.

Migratory Bird Banding

All Ages

Don't miss this opportunity to experience the City of Mentor's ongoing scientific research. This hands-on program will allow you to see migratory birds such as warblers, thrushes, and woodpeckers up close. Learn from specialists at the City of Mentor Banding Station on how/why we capture birds, band them, and safely send them on their way.

Instructor: Joel Throckmorton, Natural Resource Specialist

Location: Mentor Lagoons Nature Preserve

Resident | Non-Resident: FREE

date	day	time
Oct 4	Sat	8:00 - 10:30 a.m.

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Monarch Migration

All Ages

Each year a great migration takes place that can be witnessed right here in Mentor! Monarch butterflies migrate annually from the northern U.S. and Canada to the mountains of Central Mexico. Some can even travel upwards of 3000 miles! Accompany specialists for an informative talk about Monarchs and participate in the citizen science program Monarch Watch. Participants will have the opportunity to catch and tag Monarchs themselves!

**Instructor: Jamie Jubeck, Natural Resource Specialist
& Mary Ann Wagner, Blackbrook Audubon Society**

Location: Springbrook Gardens Park

Resident | Non-Resident: FREE

date	day	time
Sept 7	Sun	1:00 - 3:00 p.m.

Owl Prowl

All Ages

Whoooo goes there? Dive into the habits and wild biology of owls! Participants will dissect owl pellets while learning about Ohio's owl species followed by a hike along the trails of Wildwood Cultural Center for a chance to observe owls up close!

Instructor: Jamie Jubeck, Natural Resource Specialist

Location: Wildwood Cultural Center

Resident | Non-Resident: \$5

date	day	time
Oct 10	Fri	7:30 - 9:00 p.m.

Winter Solstice Bird Walk

All Ages

Celebrate this year's winter solstice with us! Bundle up for a hike through the Lagoons to search for the tough birds that ride out the winter with us here in Northeast Ohio. Each participant will receive a suet cake and feeder so you can spread some holiday cheer to our flappy friends!

Instructor: Jamie Jubeck, Natural Resource Specialist

Location: Mentor Lagoons Nature Preserve

Resident | Non-Resident: \$5

date	day	time
Dec 21	Sun	1:00 - 2:30 p.m.

Mentor Parks and Recreation - 2025 Fall



Fall Foliage Walk

All Ages

Throw on your flannel and grab your binoculars for this picturesque stroll throughout the Mentor Lagoons Nature Preserve. Hike with naturalists as we view seasonal changes of the canopy, observe wildlife, and discuss winter survival strategies of local plants and animals.

Instructor: Natural Resource Specialists

Location: Mentor Lagoons Nature Preserve

Resident | Non-Resident: FREE

date	day	time
Oct 26	Sun	1:00 -3:00 p.m.



Full Moon Hikes

Ages 7+ with Adult

It's not every day you get to explore the parks at night! Join a Naturalist and explore all the nocturnal happenings under the full moon light of this year's Harvest and Beaver moon. Learn the history of these important lunar dates that originated in Native American culture. Its spooky season and nobody does it better than the creatures of the night.

Instructor: Jamie Jubeck, Natural Resource Specialist

Location: Mentor Lagoons Nature Preserve & Wildwood Cultural Center

Resident | Non-Resident: FREE

dates	day	time	location
Oct 6	Mon	8:00 - 9:30 p.m.	(Lagoons)
Nov 5	Wed	8:00 - 9:30 p.m.	(Wildwood)

Adult Fitness

Body Sculpting™

Adults 14+

Awaken your entire body with this one-hour results-oriented Body Sculpting workout designed to make you lean and defined. Build and sculpt muscles, strengthen your core, improve your strength and flexibility while burning fat and calories by using just one set of 3-5 lb. dumbbells. You will gain strength, balance, flexibility and endurance while focusing on total body health. This class will fire up your metabolism helping you to lose weight and inches, while also improving bone strength and density. Bring a set of 3-5-pound dumbbells, exercise mat, water bottle, and stretch band to class. Accommodates all fitness levels. Work out at your own pace. All classes are taught by Certified Fitness Trainers. Join anytime! Class size is limited, and advance registration is required! Ages 14+.

Register online at www.flexcity.com or email for assistance at BODYSULPTING@FLEXCITY.COM.

Location: Old Council Hall

\$55 for each 8-class session.

Monday & Wednesday, 6:00 - 7:00 p.m.

Oct 1 - Oct 27

Oct 29 - Nov 24 (*no class Nov 26 between terms*)

Dec 1 - Dec 29 (*no class Dec 24, 31*)

Tuesday & Thursday, 9:30 - 10:30 a.m.

Aug 19 - Sept 11

Sept 16 - Oct 9

Oct 14 - Nov 6

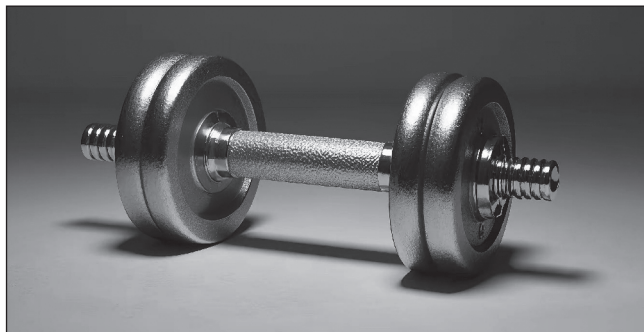
Nov 11 - Dec 9

Dec 11 - Jan 13

Saturday, 9:30 - 10:30 a.m.

Sept 13 - Nov 1

Nov 8 - Dec 27



First time online registering with us?

Call one of our facilities so we can set up a new account for you.



Host Your Next Event in Mentor

Weddings • Reunions • Retreats • Business Meetings • Seminars • Parties • Showers

Black Brook Golf Course

8900 Lake Shore Boulevard
(440) 951-0010

Schedule your next outing at Black Brook and choose breakfast, lunch or dinner served in the pavilion overlooking our famous 18th Hole. Call for an Outing Menu.

Community Center

Civic Center Park • 8600 Munson Road
(440) 974-5730

Situated above the Civic Ice Arena, this barrier-free facility has three rooms of varying sizes. All are air-conditioned. The Community Room overlooks the West Ice Rink and has banquet seating for 200, a wet bar, and an overlook of the East Ice Rink. Smaller meeting rooms are also available.

Garfield Community Center

Eleanor B. Garfield Park • 7967 Mentor Ave.
(440) 974-5720

Located in a beautiful 80-acre park setting, this Community Center features a cozy, first floor lounge that is barrier free. The lounge seats 50.

Mentor Beach Park

7779 Lakeshore Blvd.
(440) 974-5720

This 13-acre park features a renovated, historic pavilion with two large banquet rooms. Large windows allow unobstructed views of Lake Erie. The North Room accommodates up to 200. The building is completely barrier-free.

Mentor Senior Center

8484 Munson Road
(440) 974-5725

This beautiful and spacious facility features hardwood floors, a large raised stage in the Main Hall and a warming kitchen. The lobby features a see-through fireplace and two cozy seating areas. Accommodates private functions such as luncheons and weddings. The senior center has two different rooms that can be rented ranging in size from 64 to 162 people. This beautiful building with kitchen facilities and catering options make this a very versatile space. This building is completely barrier-free.

Old Council Hall

7250 Jackson Street
(440) 974-5720

Built originally as a church in 1856, its most notable parishioner was President James A. Garfield. Perfect for smaller gatherings, this historic building has been restored and features an air-conditioned open hall and warming kitchen. Accommodates up to 100.

Pavilion Rental

Bellflower • Garfield • Morton
(440) 974-5720

Planning a family reunion or picnic this summer? Reserve a Picnic Pavilion for a half-day or full day at Walsh Park (formerly Bellflower) (capacity 90), Eleanor B. Garfield Park (capacity 96), or Morton Community Park (capacity 36). Call for rates and availability.

Springbrook Gardens

6776 Heisley Road
(440) 974-5720

The Springbrook Gardenhouse is a large one-story, all-season gathering space with 4,800 square feet (42' x 90'), handicap accessibility and 200+ person occupancy which makes it the perfect venue for any special events. The building boasts gabled roofs with stone exteriors, operable glass sectional doors, a warming kitchen (refrigerator, sink and microwave), interior/exterior restrooms, fireplace, seating area, walkways, and covered canopy. The facility can be rented up to two (2) years in advance.

Wildwood Cultural Center

7645 Little Mountain Road
(440) 974-5735

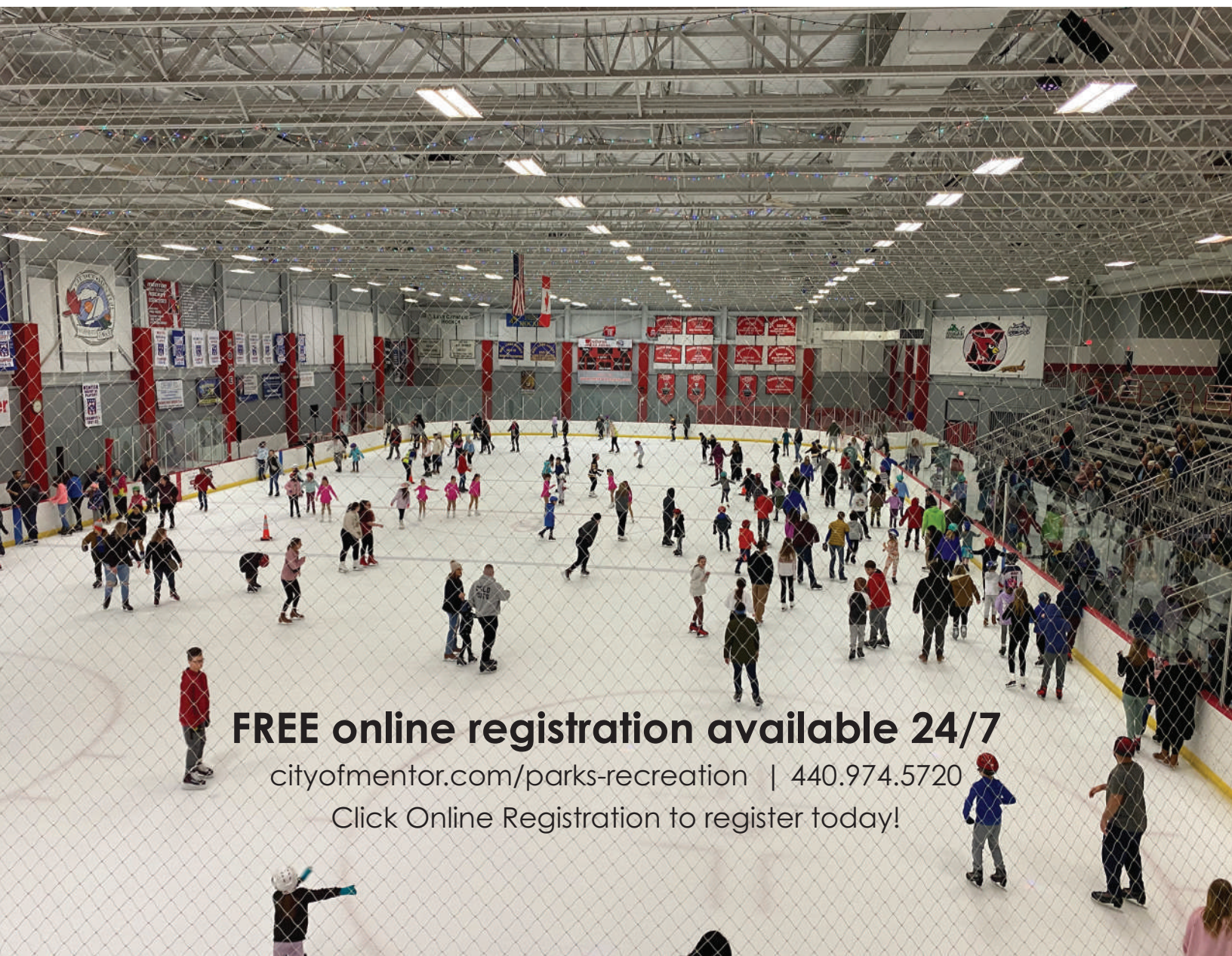
Originally built as a private home in 1908, this elegant 25 room English Tudor Manor House is listed on the National Register of Historic Places. The spacious Manor House includes a warming kitchen. Charming features include elegant carved wood and leaded glass windows. Perfect for weddings, parties, off-site business meetings or seminars. Maximum capacity is 150. The building is partially barrier-free.

City of Mentor
Department of Parks,
Recreation & Public Facilities

8500 Civic Center Boulevard
Mentor, Ohio 44060

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FREE online registration available 24/7

cityofmentor.com/parks-recreation | 440.974.5720

Click Online Registration to register today!