

# CITY OF MENTOR



## Summer Program Guide

April - September 2025



registration

begins

**APRIL 7**

for residents/

MCRC members &

**APRIL 8**

for non-residents/

MCRC non-members

## Mentor Parks and Recreation

[cityofmentor.com/parks-recreation](http://cityofmentor.com/parks-recreation) | 440.974.5720



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## Registration

resident registration begins  
APRIL 7, 2025

non-resident registration begins  
APRIL 8, 2025

register online at: [cityofmentor.com](http://cityofmentor.com)

Classes that take place at the Mentor Community Recreation Center follow registration dates based on MCRC Member/Non-Member. MCRC Members can register for MCRC programs on April 7. MCRC Non-Members registration for MCRC programs is April 8. All other programs and courses follow Resident/Non-Resident registration dates.

## Facility Numbers and Office Hours

Recreation	440-974-5720 (M-F 8am-5pm)
Blackbrook	440-951-0010 (M-Su 6:30am-dark)
Marina	440-205-3625 (M-F 8am-4:30pm)
Senior Center	440-974-5725 (M-F 8am-5pm)
Ice Arena	440-974-5730 (M-F 8:30am-4:30pm)
Wildwood	440-974-5735 (M-F 9am-5pm)
MCRC	440-205-3608 (M-F 8am-5pm)

## Email

Parks: [parks@cityofmentor.com](mailto:parks@cityofmentor.com)  
 Recreation: [recreation@cityofmentor.com](mailto:recreation@cityofmentor.com)  
 Marina: [marina@cityofmentor.com](mailto:marina@cityofmentor.com)  
 Natural Resources: [naturalresources@cityofmentor.com](mailto:naturalresources@cityofmentor.com)  
 MCRC- [RecCenter@cityofmentor.com](mailto:RecCenter@cityofmentor.com)



## Mentor City Council

Sean P. Blake	President of Council, Councilperson, Ward 1
John A. Krueger	Vice President of Council, Councilperson, Ward 4
Matthew E. Donovan	Councilperson, Ward 2
Mark T. Freeman	Councilperson, Ward 3
Scott J. Marn	Councilperson-at-Large
Janet A. Dowling	Councilperson-at-Large
Ray Kirchner	Councilperson-at-Large

## City Of Mentor Staff

Kenneth J. Filipiak	City Manager
Robert Fowler	Assistant City Manager
Kenn Kaminski	Parks, Recreation & Public Facilities Director
Nita Justice	Recreation Superintendent
Tim Ausperk	Black Brook Golf Course Golf Professional & Manager
Bill Furman	Arena Manager
Renee Ochaya	Senior Center Manager
Nick Standerling	Mentor Community Recreation Center Manager
Michael Camerieri	Mentor Lagoons Manager
Linda Wintersteller	Wildwood Cultural Center Manager

## Program Locations:

Edward R. Walsh Park	7221 Bellflower Rd.
Black Brook Golf Course	8900 Lakeshore Blvd.
Civic Center Park	8600 Munson Rd.
Civic Center Waterpark	8600 Munson Rd.
Civic Center Amphitheatre	8550 Munson Rd.
Community Center	8600 Munson Rd.
Eleanor B. Garfield Park	7967 Mentor Ave.
Krueger Park	7556 Chillicothe Rd.
Mentor Beach Park	7779 Lakeshore Blvd.
Mentor Civic Arena	8600 Munson Rd.
Mentor Community Recreation Center	6000 Heisley Rd.
Mentor Dog Park	6647 Hopkins Rd.
Mentor High School Stadium	6477 Center St.
Mentor Lagoons Nature Preserve & Marina	8365 Harbor Dr.
Mentor Municipal Center	8500 Civic Center Blvd.
Mentor Senior Center	8484 Munson Rd.
Morton Pool & Park	9325 Rosemary Ln.
Old Council Hall	7250 Jackson St.
Wildwood Cultural Center	7645 Little Mountain Rd.
Springbrook Gardens	6776 Heisley Rd.

## Connect | Share | Get Involved

Check out all the exciting ways to stay connected with the City of Mentor & Parks & Recreation. Whether you're at home or on the go, you can keep up with the city's latest news, events and information.

Like us on Facebook      Mentor Parks & Recreation  
 City News e-newsletter signup      [cityofmentor.com](http://cityofmentor.com)



## Registration

### 2 easy ways to register

#### Online

Mentor Parks & Recreation is excited to provide you with a new, easy to use Customer Portal which will allow for fast, safe and secure online registration and a view of your registration history. Be sure to call our office at 440-974-5720, the Ice Arena at 440-974-5730, Wildwood Cultural Center at 440- 974-5735 or The Senior Center at 440-974-5725 to set up your new account.

#### Phone-In or In-Person

Cash, Check, Visa/Mastercard/Discover accepted  
Recreation Office:

Monday - Friday 8:00a.m. – 5:00p.m. 440.974.5720

Senior Center:

Monday - Friday 8:00a.m. – 5:00p.m. 440.974.5725

Ice Arena:

Monday - Friday 8:00a.m. – 5:00p.m. 440.974.5730

Wildwood:

Monday - Friday 9:00a.m. – 5:00p.m. 440.974.5735

## Policies/Procedures

### Confirmations and Cancellations

A receipt and/or course confirmation will be emailed to you following registration. If a course is canceled by the City of Mentor, you will be notified by phone or email. If the City cancels a course, we welcome you to transfer to another class within the same season, or receive a full refund. It takes two to three weeks to process a refund check. Credit card payees will receive credit on their account within a few days.

### General Course Refunds

Please choose your classes carefully. Full refunds will only be granted if a class is cancelled by the City of Mentor. **There is a \$10 administrative fee for classes cancelled or changed by the customer.** Refunds will only be granted for medical reasons and will require a doctor's note. No refunds will be granted less than 1 week prior to the start of the program. Participants assume risk of change in personal affairs or health.

### Camp Refunds

Please choose your camps carefully. Full refunds will only be granted if a camp is cancelled by the City of Mentor. **An administrative fee of \$25 will be assessed per person per camp for any changes made to camp registrations.** Changes will include participant cancellations, refund requests and/or transfers. Changes must be made one month prior to the start of camp. Camp changes and partial cancellations cannot be applied to the Full 9 Week Camp option.

[CITYOFMENTOR.COM/PARKS-RECREATION](http://CITYOFMENTOR.COM/PARKS-RECREATION)

### Senior Center Registration

Senior Center membership is required to participate in Senior Center activities including classes, activities and programs. Please contact the center for details.

### Overnight Bus Trip Refunds

Please choose your trips carefully. Full refunds will only be granted if a class is cancelled by the City of Mentor. **An administrative fee of \$25 will be assessed per person for any changes made to trip registrations.** Changes will include participant cancellations, refund requests, transfers and/or room changes. No changes will be made/granted after the advertised Deadline. Participants assume risk of change in personal affairs or health. For overnight trips, travel insurance is available and recommended.

### People with Disabilities

We encourage persons with disabilities to participate in all programs offered by the Parks & Recreation Department. Please notify us in advance if special arrangements should be arranged in order to make participation possible. TDD available.

### Wildwood Members

Current Wildwood Members may take a 10% discount off the regularly charged fee (resident) on all programs offered at Wildwood Cultural Center. Discount excludes camps.

### Mentor Residency

Mentor Residents live within the corporate limits of the City of Mentor. Proof of residency is a current utility bill with both name and address on it along with photo identification. Not all 44060 zip codes are Mentor resident addresses. Mentor School District and the City of Mentor corporate limits are not the same. Mentor residents receive priority in registration and discounted fees.

### Inclement Weather Cancellations

We make every attempt to hold classes when scheduled. Contact the Recreation Department at (440) 974-5720 before 5 p.m. to inquire concerning inclement weather. Email blasts and twitter posts are also used to inform the public of changes in course schedules. In case of "Act of God" cancellations, the Recreation Dept. reserves the right to terminate any class/activity that results in less than the scheduled number of sessions, without issuing a refund.

### Photo Policy

We often take photos of our programs, special events, camps and general activities. These photos are used exclusively by the City of Mentor and may appear in any of our publications, both electronic and print, and our website. If you wish not to be photographed, please tell the photographer.

*Mentor Parks and Recreation - 2025 Summer*



## Special Events

There are many opportunities to become involved in the events produced by Mentor Parks & Recreation through sponsorship and advertising. Call Ante Logarusic at (440) 974-5794 or logarusic@cityofmentor.com.

### Memorial Day Walking Parade & Ceremony

**Monday, May 26, 10:00 a.m.**  
**Mentor Cemetery**

Join the City of Mentor as we pay tribute to those who have served our country. Parade units gather in the Memorial Middle School lot at 9 a.m. Step-off for the solemn procession begins at 9:30 a.m. and follows Hopkins Road to Mentor Cemetery. Groups wishing to participate in the parade and/or memorial services should call the Recreation Department at (440) 974-5720 before May 13.



### Just Kids Stuff Garage Sale and Early Bird Farmers Market Preview

**Friday, May 16, 2:00 - 6:00 p.m.**  
**Early Bird Farmers Market Preview-**  
**Garfield Park Upper Grounds**  
**Just Kids Stuff Garage Sale- Garfield Park Pavilion**  
**(Lower Grounds)**

Join us for this new and exciting event! Mentor Farmers Market will host an early preview for their 2025 market while our Recreation Department hosts its annual Just Kids Stuff Garage Sale! Garfield Park will be a one stop shop for many items ranging from baked goods and produce, to kid's items and toys. The market will take place in its normal location in the upper grounds of Garfield Park while the kids garage sale will take place in the lower section near the pavilion and ball fields. For inquiries on becoming a Farmers Market vendor, please reach out to Wildwood Cultural Center at 440-974-5735. Vendor questions for Just Kids Stuff Garage Sale can be directed towards 440-974-5720. Just Kids Stuff Garage Sale vendor cost for a 10'X10' space is \$25 for residents and \$30 for non-residents. Residents can begin signing up April 7. Non-Residents can sign up on April 8.

### Senior Center Open House 55+

We welcome new members and the Mentor community to see what a great asset the center is to the community. Current members please invite your neighbor, friend or sibling to see what all the hoopla is about. Class displays will help you discover for yourself the many classes, programs, and events that keep our seniors young. A PowerPoint presentation will highlight our many programs. Included is a tour showcasing our beautiful facility and a snapshot of a day at the center with delicious made from scratch refreshments made by our talented Kitchen staff. Program is free, but please register.

**Location: Senior Center**

date	day	time
June 30	Monday	3:00 - 4:30 p.m.

### July 4th Fireworks Display and Concert

**Friday, July 4, Civic Center Park, 8:00 p.m.**

Enjoy a free concert by ESCAPE - Journey Tribute band on the main stage of the amphitheater to be immediately followed by the spectacular FREE fireworks display set to begin at approximately 9:50 p.m. Fireworks can be viewed from Civic Center Park and Mentor High School. Please observe the designated No Parking areas in the surrounding area. Continue the summer tradition with your family and spend an enjoyable evening at Civic Center Park.



### Mentor CityFest - TWO Days One BIG Event

**Friday, August 15, 5:00 - 11:00 p.m. &**  
**Saturday, August 16, 12:00 - 11:00 p.m.**  
**Civic Center Park**

Mark your calendar for the biggest two-day event in northeast Ohio! More than 25,000 people attended this family-oriented, active event last year. We're working to bring exciting features to this year's festival. This is what we've got planned so far:

- Inflatables and more interactive games for kids and adults
- Huge assortment of delicious foods from 20 vendors
- Adult beverages for sale
- Local business tent featuring over 50 local businesses
- Kids entertainment stage
- And much, much more!

Interested in sponsorship opportunities? Contact Ante Logarusic at logarusic@cityofmentor.com. Visit cityofmentor.com for the latest updates and volunteer opportunities.

## TUNES AT THE LAGOONS



### Tunes at the Lagoons

**Friday, June 6 - August 22, 7:00 - 9:00 p.m.**  
Mentor Lagoons Marina

The City of Mentor will again offer entertainment on Friday nights with "Tunes at the Lagoons" at the Mentor Lagoons Marina. Admission and parking are free. Attendees can enjoy food and refreshments from a variety of food trucks, as well as a selection of adult beverages for those 21 and over. The 2025 season will consist of two performances per month and feature popular local bands. For more information please visit [cityofmentor.com](http://cityofmentor.com)

### [unveiled] Art Exhibition

**SAVE THE DATE!!! May 3 through June 25**  
**Drop off Date April 29 between 2:00 - 6:00 p.m.**  
**Artist Reception May 9 from 6:00 - 7:30 p.m.**

The unveiled Art Exhibition returns for 2025. All visual media artists are encouraged to enter this exhibition, which will be showcased at the Mentor Municipal Center. Over \$2,000 in prizes will be awarded to winners, including the \$750 Best of Show award. Artwork and applications are due on April 28, 2025, between 2 p.m. and 6 p.m. A public awards reception for winners will be held on Friday, May 2, 2025, at the Mentor Municipal Center from 7 p.m. to 8:30 p.m. Artwork will be on display at the Mentor Municipal Center from May 3 through June 25, 2025, Monday through Friday, 8 a.m. to 4:30 p.m. The entry fee is \$20, and artists may submit up to two pieces of artwork. For more information, call the Wildwood Cultural Center at (440) 974-5735 or visit [www.cityofmentor.com](http://www.cityofmentor.com).

*First time online registering with us?*

*Call one of our facilities so we can set up  
a new account for you.*

[CITYOFMENTOR.COM/PARKS-RECREATION](http://CITYOFMENTOR.COM/PARKS-RECREATION)



### Mentor Rocks

**Tuesday, June 3 - August 26, 7:00 p.m. - 9:00 p.m.**  
Civic Center Park

The City of Mentor is pleased to announce the 2025 Mentor Rocks summer concert series. Mentor Rocks is held Tuesday evenings from 7:00 PM to 9:00 PM at the state-of-the-art Mentor Civic Amphitheater. The concert series will feature fourteen shows this year from June 3 through August 26. Mentor Rocks is an all-ages event which promotes a festival-like atmosphere each week. In addition to great music, attendees can enjoy a great selection of food from area vendors as well as an assortment of beers and wines. The venue features lawn seating, so bring your own blankets or chairs. Outside food and beverages are permitted. Outside alcohol is prohibited. **Admission and parking to all Mentor Rocks concerts are free thanks to the generous support of our corporate sponsors.** Sponsorship opportunities are still available. For this year's lineup and event information, please visit [mentorrocks.info](http://mentorrocks.info)

### Mother & Son Dance

**Ages 4+**

**Friday, May 16, 7:00 - 9:00 p.m.**  
Wildwood Cultural Center

Mothers and sons, its your turn for some fun with DJ Jesse Webb Entertainment. Music, games, light snacks, and more more. Space is limited so register early!  
**Resident: \$18 | Non-Resident: \$21**

### Wildwood Garden Club Spring Plant and Flower Sale

**Sunday, May 18, 1:00 - 3:00 p.m.**  
Wildwood Cultural Center

The Garden Club offers a wide variety of outdoor plants and flowers, including both annuals and perennials. The sale is located inside the South Wing of the Manor House. All proceeds benefit the Wildwood Garden Club.

**Admission: Free**

*Mentor Parks and Recreation - 2025 Summer*





## Arts, Cultural & Entertainment Series (A.C.E Series)

Wednesdays, May 28 - August 20, 6:30 - 8:00 pm.

Wildwood Cultural Center Grounds

Admission: FREE

Wildwood Cultural Center is thrilled to announce a full line-up of Arts Cultural and Entertainment events this May through August. From concerts and theatrical performances and art exhibits, this series features superb offerings from accomplished guest artists as well as local cultural organizations located in Northeast Ohio.

May 28 Kid's Extravaganza Night

June 11 Mentor's Talent Showcase at Springbrook Gardens

June 25 Lakeland Civic Band @ 7p.m.

July 9 Celtic Night featuring Plaid Sabbath

July 23 Polka Night with Chardon Polka Band & Hofbräuhaus Food Truck

August 6 Meet the Author Literature Night

August 20 Mentor Community Arts Commission Gala at Springbrook Gardenhouse

## Storybook Bench Project GALA and AUCTION

Wednesday, August 20, 7:00 - 9:30 p.m.

Location: Springbrook GardenHouse,  
7667 Heisley Road, Mentor, Ohio 44060

Admission: \$30 per person

Experience the enchantment of the Storybook Bench Project Gala & Auction. This elegant evening features a live auction of five uniquely crafted storybook benches and smaller art pieces by local artists. Enjoy hors d'oeuvres, music, and more while celebrating the vibrant arts community! This event is brought to you by Mentor's Wildwood Cultural Center and Mentor Community Arts Commission.



## Mentor Cruise-In

Saturday, August 9, 10:00 a.m. - 2:00 p.m.

Location: Mentor Civic Center,  
8500 Civic Center, Mentor, Ohio 44060

Admission: FREE

Vintage car enthusiasts can spend a day admiring classic cars and trucks at the City of Mentor's annual Cruise-In. Enjoy reminiscing about the good old days while viewing more than **800 vehicles**. The first 250 registered cruisers or car owners will receive a goodie bag and a dash plaque. Cruiser registration is from 8 a.m. to 12 p.m.. No vehicles permitted on-site before 8 a.m. Free. No rain date. For more information, call (440) 974-5735.

## Mentor Farmers Market

Fridays, June 13 - September 12, 2:00 - 6:00 p.m.

Eleanor B Garfield Park, 7967 Mentor Avenue

The popular Mentor Farmers Market returns Fridays from 2:00 PM to 6:00 PM at Eleanor B. Garfield Park from June 13 through September 12, 2025. Join us at the market and enjoy an afternoon under century-old shade trees while you shop for delicious fresh-picked fruits and vegetables, pies, plant starts, honey, specialty baked goods, and other farm-related products. Fantastic Fridays are June 27, July 25, and August 29. This year, in addition to a wonderful selection of produce and freshly made items, art and craft vendors will be on hand with a wide variety of handmade items. Patrons can also enjoy live vendor demonstrations, food, live music, and so much more! For additional information or to obtain a vendor application, visit [mentorfarmersmarket.com](http://mentorfarmersmarket.com) or call (440) 974-5735.



## Wildwood Arts & Wine FEST

Saturday, June 21, Noon - 5:00 p.m.

Location: Wildwood Cultural Center,  
7645 Little Mountain Road, Mentor, Ohio 44060

Admission \$2 Children 10 and under are free

Enjoy a day filled with art, music, wine, and more! This outdoor event features gallery-style booths filled with visual artists along with unique artesian and specialty foods. Savor a glass of wine from selected local wineries on the grounds! Musical entertainers, including the Air Chiefs and food trucks will round out the day's festivities. NEW THIS YEAR: art demonstrations, theatrical performances, and instrumental performances allowing one to LISTEN, LEARN AND ENJOY! For more information, call Wildwood Cultural Center at (440) 974-5735 or [wildwood@cityofmentor.com](mailto:wildwood@cityofmentor.com).

## Summer Garden Party

Ages 21+

Saturday, July 12, 2025, 7:00- 10:00 p.m.

Wildwood Cultural Center

7645 Little Mountain Road, Mentor, Ohio 44060

The Mentor Community Arts Commission warmly invites you to join us in celebrating summer at the picturesque and historical grounds of Wildwood Cultural Center! This lively evening promises to be filled with fun, laughter, and a memorable experience. The evening includes charades, scavenger hunt in the woods, oversized yard games, DJ MCing the evening and summer foods!

**Advance Sales: \$35**

## Pop Culture Show

Ages 3+

Come participate and celebrate various aspects of popular culture including movies, comic books, trading cards, video games, toys, anime, vintage clothing, vinyl records, and more! The show will feature special guest Tony Isabella. Attendees can connect with fellow fans, vendors, and play retro games. Food and merchandise will be available for purchase. Multiple ticket options are available. Price is per person. Children under age 3 are free.

**Coordinator: MCRC Staff**

**Location: Mentor Community Recreation Center**

**Fee: \$5 (early bird), \$8 (at the door),**

**\$15 (VIP - get in an hour before doors open & receive a commemorative t-shirt)**

date	day	time
June 14	Saturday	10:00 a.m. - 4:00 p.m.



## Free Golf Clinic & Open House

**Sunday, April 27, 11:00 a.m. - 12:30 p.m.**

**Black Brook Golf Course**

Get some professional help from P.G.A Professional Tim Ausperk and Director of Instruction Jay Schiffbauer. They will put on a 1.5-hour demonstration featuring full swing technique like driver and iron swings as well as some short game along with some helpful information about our facility. This clinic is very beneficial to all skill levels, and we believe that every golfer can benefit from learning more about the game. Open to golfers of all ages and skill levels. Note taking is recommended and pre-registration is required. Call the course at (440) 951-0010 to register. Feel free to bring your clubs if you would like to practice afterwards.

## Mother's Day "Moms" Play FREE

**Sunday, May 11**

**Black Brook Golf Course**

This Mother's Day treat your favorite mother to a free round of golf at Black Brook Golf Course. All moms play free when accompanied by another player. Call Black Brook Golf Course for tee times today (440) 951-0010. Cart not included. Offer valid on Sunday, May 11th. only.

## City of Mentor Presents Trent James

**Friday, April 25, 7:00 - 8:30 p.m.**

**Mentor Community Recreation Center**

Comedy magician, Trent James is bringing a fresh feel to the classic magic show! Having received over twenty high honor awards, as well as being the youngest recipient of The Milbourne Christopher Award (Past winners include David Copperfield and Penn & Teller) Trent is quickly becoming one of the top magicians in the country. Trent's fast-paced show is loaded with humor, audience participation and mind-boggling magic that will entertain all ages. Call The Mentor Community Recreation Center for more information and to purchase tickets.

**Tickets: \$5.00 / per person**

## Tiki Splash Bash

**Friday, June 27, 6:00 - 9:00 p.m.**

**Location: MCRC outdoor pool**

**MCRC Member: \$10 | MCRC Non-Member: \$15**

Come enjoy the tunes of DJ Jeremy James while playing games, dancing, and swimming at our outdoor pool. Snacks, water, mini beachballs, and leis provided.



## Christmas in July at Morton Pool

Join us for some winter fun in the summer sun! Games, events, and food throughout the day as well as popsicles with Santa at 4 p.m.

**Location: Morton Pool**

**Free to pass holders,**

**\$10 admission for non-pass holders**

date	day	time
July 25	Friday	1:00 - 8:00 p.m.

**We are looking for Sponsors and donors for the event.  
Your business will be advertised.**

special events



# WILDWOOD Cultural Center



7645 Little Mountain Road, Mentor, Ohio 44060  
440.974.5735 - [www.cityofmentor.com](http://www.cityofmentor.com)

## Mentor Community Arts Commission

The Mentor Community Arts Commission is a volunteer advisory committee through the City of Mentor, serving the community since 1981. Their mission is to assist the Wildwood Cultural Center and other public venues, to bring cultural enrichment to City of Mentor residents by designing and providing programs, events, and experiences from time to time, and to help make living in Mentor a source of pleasure and inspiration for residents of all ages. The Mentor Community Arts Commission **meets on the first Thursday of every month at 4:30 p.m.** at the Wildwood Cultural Center. **All meetings are open to the public.**

## Music

### Private Guitar Lessons

Ages 8+

Learning the guitar can be a great lifelong pastime! Pick up your guitar and come learn the basics of this popular instrument. Learn how to play uncomplicated chords, melodies, and strumming techniques faster than you thought possible. Bring your own acoustic or electric guitar to this lesson. **Private lessons are 45 minutes on Wednesdays, between 9am - 8 pm.** All private instrumental lessons are based on a multi week program series and must be paid in full prior to series start date. Prices listed are based per lesson. Call Wildwood Cultural Center for availability (440) 974-5735. Prices listed are based per week.

**Instructor: Bob Pattison, Guitar Instructor for 30 years**

**Location: Wildwood North Porch**

**Resident: \$18 | Non-Resident: \$21**

### Private Piano Lessons

Beginners, intermediate, and advanced are welcome to learn piano with Doreen. Beginners will learn fundamentals regarding hand position, fingering, note time values, clefs, playing simple songs, reading notes on the staff, etc. Students who have studied previously receive coaching to enhance their musical/technical skills. **Lessons are Mondays from 2 -6pm. Lessons are 45 minutes.** All students are required to supply a spiral notebook for first day of lessons!

**Instructor: Doreen Hoge**

**Location: Wildwood Living Room**

**Resident: \$18 | Non-Resident: \$21**

## Adult

### Afternoon Tea Party

Ages 16+

**Sunday, May 4, 3:00 - 5:00 p.m.**

**Wildwood Park, 7645 Little Mountain Road**

Celebrate with us in an exclusive afternoon tea! Dress in your best as you enjoy a cuppa tea, sandwich savories, and even create your own floral spray. The day will also include tea education including tea tasting and food pairings, along with create a one-of-a-kind tea blend.

**Price is per person!**

**Resident: \$25 | Non-Resident: \$30**



### 1990's Adult Prom

Ages 21+

**Friday, May 2, 7:00 - 9:00 p.m.**

**Wildwood Park, 7645 Little Mountain Road**

Dust off your Running Man, Humpty Dance, and Macarena and celebrate the 1990s for the night! From neon to flannels, troll dolls to fanny packs, this is your night to reminisce and chillax! The evening consists of dancing, light appetizers, photos, and so much more! Send your prom picture to [wildwood@cityofmentor.com](mailto:wildwood@cityofmentor.com) for it to be posted for the night!

**Resident: \$25 | Non-Resident: \$30**

### Paranormal Investigation on Wildwood Park Grounds

Ages 16+

You may hear "paranormal investigator" and think we just sit in dark rooms and have conversations with ourselves. It is truly so much more than that. We are storytellers, sharing stories to educate people about what once was. We do this because history needs a voice so that we can help preserve these magnificent properties. The walls of these historical dwellings certainly can talk, and we always hope to be recording when they do. Paranormal Investigators of Ohio, PRO II, will be introducing a 'hands-on' experience to paranormal investigating. For this paranormal investigation, individuals will explore the historical grounds of Wildwood Park, which is stated to be the site of ancient Native American burial grounds.

**Instructor: Paranormal Investigators of Ohio, PRO II**

**Location: Wildwood Cultural Center**

**7645 Little Mountain Road, Mentor, OH 44060**

**Resident: \$22 | Non-Resident: \$26**

date	day	time
June 27	Friday	7:00 - 9:30 p.m.

440.974.5720



## Art

### Watercolor: Glazing Technique

Ages 16+

This incredible watercolor style brings highlights and depth to your painting. You'll create an intriguing colorful group of leaves while using the watercolor pigment through glazing to reach a rich depth to your finished, matted and ready for framing, painting. No supplies or drawing ability needed. **There is a supply fee of \$8 due to instructor night of program.**

**Instructor:** Jacki Wroblewski

**Location:** Wildwood Cultural Center

**Resident: \$42 | Non-Resident: \$50**

dates	day	time
May 6 - 13	Tuesday(s)	6:00 - 9:00 p.m.

### Watercolor for Beginners: Valley Landscape-Where the Mountain meets the Stream

Ages 16+

Explore the wonder of creating this beautiful landscape in watercolor. Painting a mountain range to stream life, you'll complete this beautiful, serene watercolor, matted and ready for framing, in one class. All supplies provided. No drawing ability needed. **There is an additional \$5 supply fee due to instructor night of program.**

**Instructor:** Jacki Wroblewski

**Location:** Wildwood Cultural Center

**Resident: \$35 | Non-Resident: \$42**

date	day	time
Aug 5	Tuesday	6:00 - 9:30 p.m.



## WOMEN OF WILDWOOD CLUB

### Woman of Wildwood Series: Boho Workshop

Ages 21+

Join us for Boho Workshop at the Wildwood Cultural Center in July. Hosted by the Women of Wildwood, this unique two-week workshop features individuals crafting a unique Turkish Lamp. Indulge in authentic Bohemian cuisine and participate in fun trivia games for a chance to win prizes.

**Instructor:** The Women of Wildwood

**Location:** Wildwood South Wing

**Resident: \$85 | Non-Resident: \$100**

dates	day	time
July 1 - 8	Tuesday(s)	3:00 - 5:00 p.m.

### Hypertufa Workshop

Ages 16+

Join artisan Cyndi Konopka to create an attractive, lightweight planter from a mixture of cement, peat moss and vermiculite. Dress for mess and invite your friends to join you! Participants Please Bring: Flexible rubber gloves, 2 garbage bags or plastic sheeting to wrap around your container after completion, mold to use (old plastic flowerpot, potato chip bowl, or any interesting form. Check out thrift stores/dollar stores! Nothing too big...12" x 12" or less).

**Instructor:** Cyndi Konopka

**Location:** Wildwood Cultural Center

**Resident: \$30 | Non-Resident: \$36**

date	day	time
May 19	Monday	6:30 - 9:00 p.m.

*First time online registering with us?*

*Call one of our facilities so we can set up a new account for you.*

### Stained Glass

Ages 16+

This is an artistic and creative stained-glass program where no experience or supplies are needed. The instructor will provide all the tools and safety equipment for you to use in class. Be sure to dress comfortably—no sandals or open-toed shoes. It is not recommended for pregnant women due to the chemicals used.

**Instructor:** Vicki Vesel

**Location:** Wildwood Cultural Center

### Color Strip Panel

Stained glass comes in a wonderful variety of colors and textures. In this class we will be making a zinc framed color strip using multiple colors of glass and other embellishments. We're going to mix things up, the group will select the glass and each person will decide how to construct their own color strip. The creations will be awesome!

**Material Fee payable to the instructor: \$ 25.00**

**Resident: \$100 | Non-Resident: \$120**

dates	day	time
June 2 - June 30	Monday(s)	6:30 - 9:00 p.m.

### Stained Glass - Mini Beveled Heart

Always wondered how stained glass windows are made? This class is designed to give you a taste of the stained-glass craft without a large commitment of your time. You will learn about cutting glass, preparing the glass for soldering, finishing the outside edges, cleaning and polishing your creation so it will sparkle. You will assemble the heart using the copper foil method then complete the heart with hobby lead. No experience necessary. **Material Fee payable to the instructor: \$10.00.**

**Resident: \$40 | Non-Resident: \$48**

dates	day	time
July 5 - 12	Saturday(s)	9:00 a.m. - 12:00 p.m.



## Health

### Mother's Day Soaps by Chronically Clean

Ages 16+

Make lasting memories with your mom this Mother's Day by participating in a special Mother/Daughter soap making class! Together, you and your daughter will make two intricately designed soaps each, while learning simple soap making techniques. This is a fun activity that the whole family can enjoy together while creating something special for Mom!

**Instructor:** Joanna Orgovan,  
Chronically Clean Bath and Body

**Location:** Wildwood Kitchen

**Resident:** \$50 per pair | **Non-Resident:** \$60 per pair

date	day	time
May 7	Wednesday	6:00 - 8:00 p.m.

### Make and Take by Chronically Clean!

Ages 16+

Healthy lifestyle is made easy at this class!! You will create your own body beauty products instruction by Joanna Orgovan of Chronically Clean Bath and Body! Learn simple techniques to make your own at home. Base ingredients are chemical and detergent free. Choose fragrances from natural essential oils or phthalate/paraben free fragrance oils. In each class you will create three unique and themes soaps.

**Instructor:** Joanna Orgovan,  
Chronically Clean Bath and Body

**Location:** Wildwood Kitchen

**Resident:** \$30 | **Non-Resident:** \$35

dates	day	class	time
May 14	Wed	Cupcake Soaps	6:00 - 8:00 p.m.
June 4	Wed	Flower Soaps	6:00 - 8:00 p.m.

## Literature

### What it Takes to Write a Book

Adults 18+

Always wanted to write a book? Have an idea that just won't go away? Whether you want to write a nonfiction book, novel or memoir, this course will help you get started. From expanding your idea, to organizing chapters, to finding a publisher, author Deanna Adams will answer your questions and get you ready to write that book! Tips include how to schedule your time to work on your book, deciding who your audience is, and building your book from story idea to finished manuscript. Only requirement, you must have a concrete book idea.

**Instructor:** Deanna Adams

**Location:** Wildwood Cultural Center

**Resident:** \$30 | **Non-Resident:** \$36

date	day	time
May 5	Monday	6:30 - 8:30 p.m.

## The HeArt of Storytelling

Adults 18+

It's about Heart: Emotion! Whether you write fiction or nonfiction, your story must mean something to the reader. From the first sentence to the last, you need to keep readers riveted to the page, get them emotionally involved. Deanna Adams, who has written in a number of different genres, will guide you through the key elements of storytelling by discussing how to create memorable fictional characters, or make real-life ones come alive. She'll also show you how to write dialogue that moves the story, and how to utilize the five senses to enhance your writing. After learning the key elements of storytelling, attendees will write the first scene of their story using those elements.

**Instructor:** Deanna Adams

**Location:** Wildwood Cultural Center

**Resident:** \$30 | **Non-Resident:** \$36

date	day	time
May 14	Wednesday	6:30 - 8:30 p.m.

## Novel Beginnings

Adults 18+

The first fifty pages of a novel can be the difference between readers continuing your story or putting it down. In this class, we'll explore the importance of hooking your reader. In this three week workshop, local author Deanna Adams, will assist you with your novel details include introducing your characters and the story problem, and incorporating the necessary information that propels the novel forward. Deanna will read examples from novels with great beginnings and discussions will follow.

**Instructor:** Deanna Adams

**Location:** Wildwood Cultural Center

**Resident:** \$65 | **Non-Resident:** \$78

dates	day	time
Aug 11 -25	Monday(s)	6:00 - 8:00 p.m.

## Food

### Buttercream Party Cookie Art

Ages 16+

Join Buttercream Party for a fun time learning some tips and tricks for decorating sugar cookies! You will learn icing consistency matters, flooding, how to decorate with multiple textures, writing, and more! Each person will receive 12 baked, blank cookies, royal icing in bags in multiple colors, photos for ideas, a recipe sheet, and tips and tricks sheets to take home! **There is a \$10 food fee to be paid to the instructor the night of class.**

**Instructor:** Erin Urusko

**Location:** Wildwood South Wing

**Resident:** \$25 | **Non-Resident:** \$30

**Thursday(s) 7:00 - 9:00 p.m.**

days	class
June 26	Red, White and Fireworks!
July 24	Summer BBQ'n



## In the Kitchen with Judi Strauss

Adults 16+

These are interactive cooking classes for you to enjoy and highlights an array of cooking topic "how to's." Judi's classes are a great way to learn new cooking techniques, taste new recipes and experience cooking in a fun environment. In each class, there will be plenty to taste and recipes to take home. Come 'cook up' some new recipes with Judi! Make sure to bring containers to take food home! **There is an additional \$10 food fee payable in cash to the instructor the night of program.**

**Instructor:** Judi Strauss

**Location:** Wildwood Kitchen

**Resident:** \$18 | **Non-Resident:** \$21

**Tuesday(s) 7:00 - 9:00 p.m.**

days	class
May 6	Scones and Muffins
May 13	Cheesecake
May 20	Tea Time
May 27	Homemade Liqueurs
June 3	Coffeehouse Treats
June 10	Jams and Jelly
June 17	Cool Summer Dining
Aug 5	Totally Terrific Tomatoes
Aug 12	Canning 101
Aug 19	Picnic
Aug 26	Cupcakes

## Youth



## Story Trail at Wildwood: Mouse's First Summer

**June 3 - July 20**

**Location:** Wildwood Cultural Center, Blue Bell Trail

"Mouse's First Summer," by Lauren Thomas, is a wonderful book that showcases how to host a picnic in the park. The book's characters want you to celebrate summer with them, by rolling down a hill, flying kites, eating watermelon and enjoying the tastes of lemonade. This is free and open to the public dawn to dusk daily.  
**Resident | Non-Resident: Free**

## Mother's Day Tea Party

Moms & Children age 4+

**Sunday, May 4, 11:30 a.m. - 1:30 p.m.**

**Location:** Wildwood Park, 7645 Little Mountain Road

Celebrate the coming of Mother's Day with us in an exclusive Mother's Day Tea Party. Dress in your best as you enjoy tea, savories, crafting, and even creating your own floral spray. The day will also include tea education, including tasting teas and food pairings, along with creating a one-of-a-kind mother's gift. **The price is per person!**

**Resident:** \$25 | **Non-Resident:** \$30

## Art

### Cookies and Ceramics

**Ages 5+, + 1 Adult**

Get creative! Create a lasting memory by you and your little one painting a themed masterpiece together! You will enjoy specialty designed cookie treats unique for each class along with painting unique bisque wear! Games and fun activities are also included to round out this bonding experience! Registration includes one child and one adult. **Please register under the child's name.**

**Instructor:** Heather Zimmerman

**Location:** Wildwood South Wing

**Resident:** \$22 | **Non-Resident:** \$26

date	day	time
May 22	Thursday	6:00 - 7:15 p.m.

### Children's Watercolor: Lady Bugging

**Ages 6 - 8**

Your little artist will have a blast learning to paint this adorable ladybug on rice paper using watercolor paint. A fun experience learning unusual watercolor techniques while coming away from the class with a beautiful and colorful masterpiece, matted and ready for you to frame for your gallery. No supplies needed.

**Instructor:** Jacki Wroblewski

**Location:** Wildwood Cultural Center

**Resident:** \$28 | **Non-Resident:** \$32

date	day	time
July 17	Thursday	6:00 - 7:30 p.m.

### Children's Watercolor: Dragon Fly

**Ages 8 - 12**

A perfect summer painting experience for your little budding artist, learning interesting watercolor techniques while creating this intriguing dragonfly on rice paper. An easy way to experience a new way of working with watercolor that they can use at home. No supplies or drawing ability needed. They will come home with a new understanding of different painting techniques and a ready-for-frame artwork they can enjoy.

**Instructor:** Jacki Wroblewski

**Location:** Wildwood Cultural Center

**Resident:** \$28 | **Non-Resident:** \$32

date	day	time
June 19	Thursday	6:00 - 7:30 p.m.



## Child and Adult Chronically Clean: Make & Take

Ages 5+ and Adult

Have fun while keeping clean with these make-and-take, healthy lifestyle classes!! Create your own all-natural bath and body products with instructions from Joanna Orgovan of Chronically Clean Bath and Body! When making soaps, you will learn simple melt-and-pour glycerin soap techniques that are fun for the whole family. The soap base is chemical- and detergent-free. Micas are dye-free. Choose fragrances from natural essential oils or phthalate- and paraben-free fragrance oils.

**Instructor:** Joanna Orgovan,  
Chronically Clean Bath and Body

**Location:** Wildwood Kitchen

**Resident: \$30 | Non-Resident: \$36**

dates	day	time
July 2	Wednesday	6:00 - 8:00 p.m.
<i>Patriotic Duckies (create 3 unique ducky soaps)</i>		
Aug 7	Thursday	6:00 - 8:00 p.m.
<i>Summer Bug Sopas (3 creative bug soaps)</i>		

## Food

## Child and Adult Buttercream Party Cookie Art

Ages 5+, plus one Adult

Join Buttercream Party for a fun time learning some tips and tricks for decorating sugar cookies. You will learn icing consistency matters, flooding, how to decorate with multiple textures, writing, and more! You will receive 12 baked, blank cookies, royal icing in bags in multiple colors, recipe sheets, and tips and tricks sheets to take home. Enjoy decorating (and eating) these stylish cookies! **There is a \$10 food fee to be paid to the instructor on the night of class.**

**Instructor:** Erin Urusko

**Location:** Wildwood South Wing

**Resident: \$25 | Non-Resident: \$30**

**Thursday(s), 6:00 - 8:00 p.m.**

days	class
June 5	Kid's Day-Pick you Cookies - You choose the cookies you want to decorate
July 3	Red, White and Fireworks!

## Mentor Community Recreation Center (MCRC)



6000 Heisley Road, Mentor, Ohio 44060  
440.205.3608 - [www.mentorrec.com](http://www.mentorrec.com)

### HOURS OF OPERATION:

Monday - Friday	5:30 a.m. - 10:00 p.m.
Saturday	7:00 a.m. - 9:00 p.m.
Sunday	8:00 a.m. - 6:00 p.m.

Contact Information:

440-205-3608

Email: [reccenter@cityofmentor.com](mailto:reccenter@cityofmentor.com)

### 2025 MEMBERSHIP RATES

	Residents	Non-Residents
Youth (under 18)	\$250	\$315
Senior (60+)	\$250	\$315
Adult	\$350	\$440
2-Person	\$450	\$565
Family of 4	\$550	\$690
Extra Family Member	\$50	\$50
<i>(Classes sold Separately)</i>		

### AMENITIES

Indoor Soccer Field (1)	TRX Room
Pickleball Courts (4)	Indoor Track
Tennis Courts (4)	Indoor Swimming Pool
Racquetball Courts (4)	Outdoor Swimming Pool
Basketball Courts (2)	Whirlpool
Golf Simulators (2)**	Women's Sauna
Fitness Room	Men's Sauna
Cycle Room	Steam Room
Yoga Studio	Women's & Men's Locker Rooms
Circuit Training Room	Family Changing Room
Free Weights	Community Room**
Aerobics Rooms (2)	Kids Corner**

\*\*Additional fees apply. Some restrictions may apply

**First time online registering with us?**

**Call one of our facilities so we can set up a new account for you.**



## Group Fitness

Get in shape at the MCRC and have fun doing it! We offer a variety of classes to keep you motivated and keep you moving.

### Guidelines for all Group Fitness Classes

1. Ages 14+
2. All classes are 50 minutes in length.
3. Schedule is subject to change.

### Class Registration

For the full class schedule visit <https://mentor-rec.com/programs-activities/group-fitness-classes/>. Each class is available for registration on a monthly basis. Rates only apply to MCRC Group Fitness classes.  
**Four Class Sessions - Member \$20 | Non-Member \$28**  
**Five Class Sessions - Member \$25 | Non-Member \$35**

### Drop-In Fees per class (If class space is available)

Member \$8  
Non-Member \$10  
Unlimited Monthly Fitness Pass \$50  
(limited quantities available, Only available to MCRC Members)

## Group Fitness Class Descriptions

For the full class schedule visit <https://mentor-rec.com/programs-activities/group-fitness-classes/>

# MCRC Athletics

## Introduction to Racquetball

Ages 10+

The Introduction to Racquetball Class is designed to help beginners efficiently learn the basics of racquetball and to get started in a safe and fun manner! The class will cover equipment, rules of the game, game strategy, and court positioning. Participants are encouraged to bring a racquetball racquet and safety goggles.

**Instructor: Mark Ruth**

**Location: Mentor Community Recreation Center**

**MCRC Member: \$8 | MCRC Non-Member: \$10**

dates	day	time
May 3 - Aug 30	Saturday(s)	9:00 - 10:30 a.m.

## Racquetball Challenge Court Night

Ages 18+

Compete with adult players of diverse levels of skill, meet fellow racquetball players and have your game/level of play assessed to support future growth by our Racquetball Coordinator, Mark Ruth. **Price is per occurrence.**

**Instructor: Mark Ruth**

**Location: Mentor Community Recreation Center**

**MCRC Member: \$0 | MCRC Non-Member: \$10 (guest pass)**

dates	day	time
May 6 - Aug 26	Tuesday(s)	5:30 - 7:30 p.m.

More information about racquetball can be found at [mentorrec.com](https://mentorrec.com).

# Preschool Sports

## Discover Sports

Ages 3-4

Designed to introduce preschoolers to a variety of sports including soccer, basketball, football, baseball and more. Players are encouraged to bring a water bottle to each class. All equipment is provided. Parent/guardian participation is recommended. **No class May 26 & Sept 1.**

**Instructor: MCRC Staff**

**Location: Mentor Community Recreation Center**

**MCRC Member: \$40 | MCRC Non-Member: \$48**

dates	day	time
May 12 - June 16	Monday	4:00 - 4:45 p.m. (age 3)
May 12 - June 16	Monday	5:00 - 5:45 p.m. (age 4)
June 30 - July 28	Monday	4:00 - 4:45 p.m. (age 3)
June 30 - July 28	Monday	5:00 - 5:45 p.m. (age 4)
Aug 11 - Sept 15	Monday	4:00 - 4:45 p.m. (age 3)
Aug 11 - Sept 15	Monday	5:00 - 5:45 p.m. (age 4)

## Discover Football

Ages 3-4

This class is designed to introduce preschoolers to skills used in flag football such as passing, catching, defensive techniques and ball handling as well as participate in speed/agility drills. Players are encouraged to bring a football (pee wee size) and water bottle to each class. Parent / guardian participation is recommended.

**Instructor: MCRC Staff**

**Location: Mentor Community Recreation Center**

**MCRC Member: \$40 | MCRC Non-Member: \$48**

dates	day	time
May 13 - June 10	Tuesday	4:00 - 4:45 p.m. (age 3)
May 13 - June 10	Tuesday	5:00 - 5:45 p.m. (age 4)
June 24 - July 22	Tuesday	4:00 - 4:45 p.m. (age 3)
June 24 - July 22	Tuesday	5:00 - 5:45 p.m. (age 4)
Aug 5 - Sept 2	Tuesday	4:00 - 4:45 p.m. (age 3)
Aug 5 - Sept 2	Tuesday	5:00 - 5:45 p.m. (age 4)

## Discover Soccer

Ages 3-4

Players learn the fundamentals of soccer including dribbling, passing, goal keeping, trapping and shooting in this fun and interactive class. Players are encouraged to bring a soccer ball (size 3) and water bottle to each class. Parent / guardian participation is recommended.

**Instructor: MCRC Staff**

**Location: Mentor Community Recreation Center**

**MCRC Member: \$40 | MCRC Non-Member: \$48**

dates	day	time
May 14 - June 11	Wed	4:00 - 4:45 p.m. (age 3)
May 14 - June 11	Wed	5:00 - 5:45 p.m. (age 4)
June 25 - July 23	Wed	4:00 - 4:45 p.m. (age 3)
June 25 - July 23	Wed	5:00 - 5:45 p.m. (age 4)
Aug 6 - Sept 3	Wed	4:00 - 4:45 p.m. (age 3)
Aug 6 - Sept 3	Wed	5:00 - 5:45 p.m. (age 4)



## Discover Basketball

Ages 3-4

A fun way to introduce preschoolers to the basics of basketball. Through interactive games, players learn dribbling, passing, shooting and defensive techniques. Players are encouraged to bring a miniature basketball (size 25.5") and water bottle to each class. Parent / guardian participation is recommended.

**Instructor: MCRC Staff**

**Location: Mentor Community Recreation Center**

**MCRC Member: \$40 | MCRC Non-Member: \$48**

dates	day	time
May 15 - June 12	Thurs	4:00 - 4:45 p.m. (age 3)
May 15 - June 12	Thurs	5:00 - 5:45 p.m. (age 4)
June 26 - July 24	Thurs	4:00 - 4:45 p.m. (age 3)
June 26 - July 24	Thurs	5:00 - 5:45 p.m. (age 4)
Aug 7 - Sept 4	Thurs	4:00 - 4:45 p.m. (age 3)
Aug 7 - Sept 4	Thurs	5:00 - 5:45 p.m. (age 4)

## Tennis

### Tiny Tennis

Ages 4 - 5

The purpose of the Ages 4-5 Tennis Program is to expose children to the skills of tennis in a fun and enjoyable way through the use of skill builders, games and basic technique. This is a perfect introduction for your young one. Players are encouraged to bring a racquet and water bottle to each class. Recommended racquet size: 19" - 21". **No class May 26.**

**Instructor: MCRC Staff**

**Location: Mentor Community Recreation Center**

**MCRC Member: \$72 | MCRC Non-Member: \$86**

dates	day	time
May 5 - June 16	Monday	4:00 - 4:45 p.m.
July 7 - Aug 11	Monday	4:00 - 4:45 p.m.

### Little Stars Tennis

Ages 6 - 8

The purpose of the Ages 6-8 Tennis Program is to expose children to the skills of tennis in a fun and enjoyable way. Whether you are new to the sport or still learning the game, this class teaches techniques, pre-rallying, and movement needed to move to the next level. Players are encouraged to bring a racquet and water bottle to each class. Recommended racquet size: 19" - 23". **No class May 26.**

**Instructor: MCRC Staff**

**Location: Mentor Community Recreation Center**

**MCRC Member: \$72 | MCRC Non-Member: \$86**

dates	day	time
May 5 - June 16	Mon	5:00 - 5:45 p.m. (Beginner)
May 5 - June 16	Mon	6:00 - 6:45 p.m. (Intermediate)
July 7 - Aug 11	Mon	5:00 - 5:45 p.m. (Beginner)
July 7 - Aug 11	Mon	6:00 - 6:45 p.m. (Intermediate)

## Junior Aces Tennis

Ages 9 - 12

The purpose of the Ages 9 - 12 Tennis Program is to expose children to the skills of tennis in a fun and enjoyable way. Whether you are new to the sport or still learning the game, this class teaches techniques and movement needed for the development of match play. Intermediate is for those players that have had lessons and can rally. Players are encouraged to bring a racquet and water bottle to each class. Recommended racquet size: 23" - 25".

**Instructor: MCRC Staff**

**Location: Mentor Community Recreation Center**

**MCRC Member: \$72 | MCRC Non-Member: \$86**

dates	day	time
May 7 - June 11	Wed	5:00 - 5:45 p.m. (Beginner)
May 7 - June 11	Wed	6:00 - 6:45 p.m. (Intermediate)
July 9 - Aug 13	Wed	5:00 - 5:45 p.m. (Beginner)
July 9 - Aug 13	Wed	6:00 - 6:45 p.m. (Intermediate)

## Tennis Aces

Ages 13 - 18

The purpose of the Ages 13-18 Tennis Program is to expose children to the skills of tennis in a fun and enjoyable way. This class teaches techniques and movement with focus on rallying, serving and point play. Players are encouraged to bring a racquet and water bottle to each class. Recommended racquet size: 26" +.

**Instructor: MCRC Staff**

**Location: Mentor Community Recreation Center**

**MCRC Member: \$72 | MCRC Non-Member: \$86**

dates	day	time
May 6 - June 10	Tues	5:00 - 5:45 p.m. (Beginner)
May 6 - June 10	Tues	6:00 - 6:45 p.m. (Intermediate)
July 8 - Aug 12	Tues	5:00 - 5:45 p.m. (Beginner)
July 8 - Aug 12	Tues	6:00 - 6:45 p.m. (Intermediate)

## Adult Tennis

Adults 18+

Players will be introduced to the basic skills for play including ground strokes, serving and volleys with the incorporation of rallying and basic point play. Ask a friend to register with you! Beginner is designed for players with a National Tennis Rating Program (NTRP) of 1.0 - 2.0, and Intermediate is designed for players with a National Tennis Rating Program (NTRP) of 2.5 - 3.5. Players are encouraged to bring a racquet and water bottle to each class. Recommended racquet size: 27" +.

**Instructor: MCRC Staff**

**Location: Mentor Community Recreation Center**

**MCRC Member: \$72 | MCRC Non-Member: \$86**

dates	day	time
May 8 - June 12	Thur	5:30 - 6:30 p.m. (Beginner)
May 8 - June 12	Thur	6:30 - 7:30 p.m. (Intermediate)
July 10 - Aug 14	Thur	5:30 - 6:30 p.m. (Beginner)
July 10 - Aug 14	Thur	6:30 - 7:30 p.m. (Intermediate)



## Pickleball

### Introduction to Pickleball

Adults 18+

Come learn the fastest growing sport in America! This class is for the novice player (USA Pickleball rating of 1.0 - 2.5) and covers the basics of pickleball including rules, terminology, fundamentals and introduces match play. Players are encouraged to bring a paddle and water bottle to each class. **Cost is per month.**

**Instructor:** MCRC Staff

**Location:** Mentor Community Recreation Center

**MCRC Member: \$48 | MCRC Non-Member: \$58**

**Wednesday(s), 5:30 - 6:30 p.m.**

**dates:** May 7 - 28, June 4 - 25, July 9 - 30, Aug 6 - 27

### Intermediate Pickleball

Adults 18+

This low intermediate class (USA Pickleball rating of 3.0) covers the fundamentals of pickleball including serving, rallying, keeping score, dinking, and match play. Players are encouraged to bring a paddle and water bottle to each class. **Cost is per month.**

**Instructor:** MCRC Staff

**Location:** Mentor Community Recreation Center

**MCRC Member: \$48 | MCRC Non-Member: \$58**

**Wednesday(s), 6:30 - 7:30 p.m.**

**dates:** May 7 - 28, June 4 - 25, July 9 - 30, Aug 6 - 27

### Advanced Pickleball

Adults 18+

Designed for high intermediate - advanced skill levels (USA Pickleball rating of 3.5+), this class covers stroke mechanics, dinking, strategy and match play. Players are encouraged to bring a paddle and water bottle to each class. **Cost is per month.**

**Instructor:** MCRC Staff

**Location:** Mentor Community Recreation Center

**MCRC Member: \$48 | MCRC Non-Member: \$58**

**Wednesday(s), 7:30 - 8:30 p.m.**

**dates:** May 7 - 28, June 4 - 25, July 9 - 30, Aug 6 - 27

### Beginner Pickleball For Seniors

Adults 55+

Come learn the fastest growing sport in America! This class is for the novice player (USA Pickleball rating of 1.0 - 2.5) and covers the basics of pickleball including rules, terminology, fundamentals and introduces match play. Players are encouraged to bring a paddle and water bottle to each class. **Cost is per month.**

**Instructor:** MCRC Staff

**Location:** Mentor Community Recreation Center

**MCRC Member: \$48 | MCRC Non-Member: \$58**

**Tuesday(s), 11:30 a.m. - 12:30 p.m.**

**dates:** May 6 - 27, June 3 - 24, July 8 - 29, Aug 5 - 26

### Intermediate Pickleball For Seniors

Adults 55+

This intermediate class (USA Pickleball rating of 3.0 - 3.5) covers the fundamentals of pickleball including serving, rallying, keeping score, dinking, and match play. Players are encouraged to bring a paddle and water bottle to each class.

**Instructor:** MCRC Staff

**Location:** Mentor Community Recreation Center

**MCRC Member: \$48 | MCRC Non-Member: \$58**

**Tuesday(s), 12:30 - 1:30 p.m.**

**dates:** May 6 - 27, June 3 - 24, July 8 - 29, Aug 5 - 26

### Pickleball Open Play

Ages 18+

Gather up some friends and work on your game. This member exclusive format, with no instructor, allows athletes to play at their own pace. Registration is required. All skill levels are welcome.

**Location:** Mentor Community Recreation Center

**MCRC Member Only: Free**

**May 1 - Aug 31st**

**Sundays, 3:00 - 5:00 p.m. (ages 6+)**

**Mondays, 9:00 - 11:00 a.m.**

**Fridays, 10:00 a.m. - 12:00 p.m.**

**Fridays, 6:30 - 8:30 p.m.**

**Saturdays, 1:00 - 3:00 p.m.**

### Pickleball Clinic

Ages 18+

Designed for intermediate - advanced skill levels, these clinics will focus on forehand roll / topspin, resets and counters, playing in No Man's Land, group drilling, and learning to use a ball machine. The intent of each class is to elevate your game. Players are encouraged to bring their own paddle; balls will be provided. Price is per occurrence.

**Instructor:** MCRC Staff

**Location:** Mentor Community Recreation Center

**MCRC Member: \$12 | MCRC Non-Member: \$15**

dates	day	time
June 3 - Aug 19	Tuesday(s)	1:00 - 2:00 p.m.
June 4 - Aug 20	Wed(s)	11:00 a.m. - 12:00 p.m.

### Any Doubles Beginner Pickleball League

Adults 18+

Designed for those with a USA Pickleball rating of 2.0 - 2.5, this indoor league consists of 5 games per week for 8 weeks followed by a 1-week, single-elimination, playoff tournament. Games are played to 11 points, win by 2 and are played 2 vs. 2 (any doubles combination), self-officiated. The top 12 teams compete in the playoff tournament. The playoff championship team receives a prize. Players are encouraged to bring their own paddles, balls are provided. Price and registration are per team. Captains meeting is June 17 at 5:30 p.m. & 6:45 p.m. **No games July 1.**

**Coordinator:** MCRC Staff

**Location:** Mentor Community Recreation Center

**Session Fee: \$108**

dates	day	time
June 17 - Aug 19	Tuesday	6:00 - 8:30 p.m.



## Any Doubles Low Intermediate Pickleball League

Adults 18+

Designed for those with a USA Pickleball rating of 3.0 - 3.4, this indoor league consists of 5 games per week for 8 weeks followed by a 1-week, single-elimination, playoff tournament. Games are played to 11 points, win by 2 and are played 2 vs. 2 (any doubles combination), self-officiated. The top 12 teams compete in the playoff tournament. The playoff championship team receives a prize. Players are encouraged to bring their own paddles, balls are provided. Price and registration are per team. Captains meeting is June 16 at 5:30 p.m. & 6:45 p.m. **No games June 30.**

**Coordinator: MCRC Staff**

**Location: Mentor Community Recreation Center**

**Session Fee: \$108**

dates	day	time
June 16 - Aug 18	Monday(s)	6:00 - 8:30 p.m.

## Any Doubles High Intermediate - Advanced Pickleball League

Adults 18+

Designed for those with a USA Pickleball rating of 3.5+, this indoor league consists of 5 games per week for 8 weeks followed by a 1-week, single-elimination, playoff tournament. Games are played to 11 points, win by 2 and are played 2 vs. 2 (any doubles combination), self-officiated. The top 12 teams compete in the playoff tournament. The playoff championship team receives a prize. Players are encouraged to bring their own paddles, balls are provided. Price and registration are per team. Captains meeting is June 19 at 5:30 p.m. & 6:45 p.m. **No games July 3.**

**Coordinator: MCRC Staff**

**Location: Mentor Community Recreation Center**

**Session Fee: \$108**

dates	day	time
June 19 - Aug 21	Thursday(s)	6:00 - 8:30 p.m.

## Youth Athletics

### Rookie Flag Football

Ages 5-7

In this active class, athletes receive training on skills used in flag football such as passing, route running, defensive techniques and ball handling as well as participate in speed/agility drills. The last class concludes with a scrimmage. Athletes are encouraged to bring a football (peeewee size) and a water bottle to each class. **No class July 2.**

**Instructor: MCRC Staff**

**Location: MCRC - Soccer Center**

**MCRC Member: \$40 | MCRC Non-Member: \$48**

dates	day	time
May 13 - June 10	Tuesday	6:00 - 6:45 p.m.
June 24 - July 22	Tuesday	6:00 - 6:45 p.m.
Aug 5 - Sept 2	Tuesday	6:00 - 6:45 p.m.

## Junior Flag Football

Ages 8-12

In this active class, athletes receive training on skills used in flag football such as passing, route running, defensive techniques and ball handling as well as participate in speed/agility drills. The last class concludes with a scrimmage. Athletes are encouraged to bring a football (youth size) and a water bottle to each class.

**Instructor: MCRC Staff**

**Location: Mentor Community Recreation Center**

**MCRC Member: \$40 | MCRC Non-Member: \$48**

dates	day	time
May 13 - June 10	Tuesday	7:00 - 7:45 p.m.
June 24 - July 22	Tuesday	7:00 - 7:45 p.m.
Aug 5 - Sept 2	Tuesday	7:00 - 7:45 p.m.



## Soccer

Ages 5 - 12

Skyhawks soccer uses our progression curriculum to ensure your young athlete will gain the technical skills; sport knowledge required for their next step into soccer. This beginner program focuses on dribbling, passing, shooting, and ball control. By the end of the session your child will have learned new life skills such as teamwork and sportsmanship, made new friends, and improved their sport skills! **Cost is per month.**

**Instructor: Skyhawks Sports Academy**

**Location: MCRC - Soccer Center**

**MCRC Member: \$70 | MCRC Non-Member: \$84**

**Ages 5 - 7, Wednesday(s), 5:30 - 6:30 p.m.**

dates: May 28 - June 18, July 2 - 23, Aug 6 - 27

**Ages 8 - 12, Wednesday(s), 6:30 - 7:30 p.m.**

dates: May 28 - June 18, July 2 - 23, Aug 6 - 27

## Basketball Academy

Ages 5 - 7

This class meets twice a week and is intended to increase a player's skill level through a fun and exciting atmosphere. Players are taught basketball fundamentals including skill development and competitive drills, game-like breakdowns, conditioning, core and footwork. **Cost is per month.**

**Instructor: The National Basketball Academy (TNBA)**

**Location: Mentor Community Recreation Center (May, June, & Aug)**

**MCRC Member: \$120 | MCRC Non-Member: \$144 (July)**

**MCRC Member: \$150 | MCRC Non-Member: \$180**

**Tuesday(s) & Thursday(s), 4:45 - 5:30 p.m.**

dates: May 6 - 29, June 3 - 26, July 1 - 31, Aug 5 - 28





## Basketball Academy

Ages 8 - 10

This class meets twice a week and is intended to increase a player's skill level through a fun and exciting atmosphere. Players are taught basketball fundamentals including skill development and competitive drills, game-like breakdowns, conditioning, core and footwork. **Cost is per month.**

**Instructor:** The National Basketball Academy (TNBA)

**Location:** Mentor Community Recreation Center (May, June, & Aug)

**MCRC Member:** \$120 | **MCRC Non-Member:** \$144 (July)

**MCRC Member:** \$150 | **MCRC Non-Member:** \$180

**Tuesday(s) & Thursday(s), 5:30 - 6:30 p.m.**

**dates:** May 6 - 29, June 3 - 26, July 1 - 31, Aug 5 - 28

## Basketball Academy

Ages 11 - 14

This class meets twice a week and is intended to increase a player's skill level through a fun and exciting atmosphere. Players are taught basketball fundamentals including skill development and competitive drills, game-like breakdowns, conditioning, core and footwork. **Cost is per month.**

**Instructor:** The National Basketball Academy (TNBA)

**Location:** Mentor Community Recreation Center (May, June, & Aug)

**MCRC Member:** \$120 | **MCRC Non-Member:** \$144 (July)

**MCRC Member:** \$150 | **MCRC Non-Member:** \$180

**Tuesday(s) & Thursday(s), 6:30 - 7:30 p.m.**

**dates:** May 6 - 29, June 3 - 26, July 1 - 31, Aug 5 - 28

## Dance



## Hip-Hop and Tumble

Ages 3 - 5

A high-energy class combining sassy hip-hop moves with the fundamentals of tumbling! Kids will build strength, learn proper technique, and have a blast dancing and flipping their way through class. **Cost is per month.**

**Instructor:** Communities in Motion

**Location:** MCRC - Fitness Room D

**MCRC Member:** \$65 | **MCRC Non-Member:** \$78

**Tuesday(s), 5:00 - 5:30 p.m.**

**dates:** April 22 - May 13, May 27 - June 17, July 1 - 22, Aug 5 - 26

## Move and Groove

Ages 2 - 4

Designed to get your little one moving and comfortable in a group setting! This class incorporates interactive movements and fun props to keep kids engaged and active. **Cost is per month.**

**Instructor:** Communities in Motion

**Location:** MCRC - Fitness Room D

**MCRC Member:** \$65 | **MCRC Non-Member:** \$78

**Tuesday(s), 5:30 - 6:00 p.m.**

**dates:** April 22 - May 13, May 27 - June 17, July 1 - 22, Aug 5 - 26

## Princess Ballet

Ages 3 - 5

A magical introduction to ballet! Dancers will learn basic ballet movements and fun routines set to kid-friendly songs from beloved Disney movies. This class focuses on balance, coordination, and creative expression. **Cost is per month.**

**Instructor:** Communities in Motion

**Location:** MCRC - Fitness Room D

**MCRC Member:** \$65 | **MCRC Non-Member:** \$78

**Tuesday(s), 6:00 - 6:30 p.m.**

**dates:** April 22 - May 13, May 27 - June 17, July 1 - 22, Aug 5 - 26



## Cheer & Hip-Hop

Ages 6 - 9

Get ready to move! This energetic class teaches a hip-hop routine set to upbeat, kid-friendly music while also introducing cheers, chants, jumps, and motions to build coordination and spirit. **Cost is per month.**

**Instructor:** Communities in Motion

**Location:** MCRC - Fitness Room D

**MCRC Member:** \$65 | **MCRC Non-Member:** \$78

**Tuesday(s), 6:30 - 7:00 p.m.**

**dates:** April 22 - May 13, May 27 - June 17, July 1 - 22, Aug 5 - 26

## Fitness

## Group Fitness Schedule:





## Indoor Walking Club

Ages 55+

Stay active and meet new people by participating in this free club open to members. Meet in the main lobby and walk the indoor track. Refreshments will be served after each session.

**Location:** Mentor Community Recreation Center

**MCRC Member:** \$0 |

**MCRC Non-Member:** \$10 (guest pass)

2nd and 4th Monday of the month, 10:00 - 11:00 a.m.

## Cornhole and Coffee

Ages 55+

Join us for a fun and casual morning of cornhole and coffee! Whether you're a seasoned cornhole player or a complete beginner, this self-governed class offers a relaxed, social environment where you can improve your skills, meet new people, and enjoy a delicious cup of coffee. Sessions will take place outside, weather permitting.

**Location:** MCRC - Soccer Field

**MCRC Member:** \$0 |

**MCRC Non-Member:** \$10 (guest pass)

2nd and 4th Tuesday of the month, 10:00 - 11:00 a.m.

## Tai-Chi for Health

Ages 14+

Tai-Chi has been described as moving meditation. This gentle, continuously moving exercise and mind-body practice is based upon ancient Chinese martial arts. More recently it was adapted for improvements in health such as balance, flexibility and pain and stress reduction. Martial artist Denise Molesch will guide you through warmups, Qi Gong and practice in the Sun style forms and exercises for adults of all ages and capabilities. Please wear loose, comfortable clothing and tennis shoes.

**Instructor:** Denise Molesch

**Location:** Mentor Community Recreation Center

**MCRC Member:** \$20 | **MCRC Non-Member:** \$28

**Wednesday(s), 11:00 - 11:50 a.m.**

**dates:** May 7 - 28, June 4 - 25, July 9 - 30, Aug 6 - 27

## Cardio Kickboxing

Ages 14+

This class is designed to increase your stamina and flexibility, tone your muscles, lose weight, and strengthen your core. It's done utilizing martial arts techniques and a variety of other exercises. It's all done to music and non-intimidating. The goals are real but not without having fun achieving them. You will be amazed with what you are capable of! Bring a water bottle and exercise mat to all classes and 3-5 pound weights on Wednesdays.

**Instructor:** Gary Remner

**Location:** Mentor Community Recreation Center  
(May Monday session)

**MCRC Member:** \$15 | **MCRC Non-Member:** \$21

**MCRC Member:** \$20 | **MCRC Non-Member:** \$28

(June Monday & July Wednesday session)

**MCRC Member:** \$25 | **MCRC Non-Member:** \$35

dates	day	time
May 5 - May 19	Monday	7:15 - 8:15 p.m.
May 7 - May 28	Wednesday	7:15 - 8:15 p.m.
June 2 - June 30	Monday	7:15 - 8:15 p.m.
June 4 - June 25	Wednesday	7:15 - 8:15 p.m.
July 7 - July 28	Monday	7:15 - 8:15 p.m.
July 2 - July 30	Wednesday	7:15 - 8:15 p.m.
Aug 4 - Aug 25	Monday	7:15 - 8:15 p.m.
Aug 6 - Aug 27	Wednesday	7:15 - 8:15 p.m.

## MCRC Aquatics



### Parent and Child Swim Instruction

6 months - 3 years old

**Min:** 3 **Max:** 12

Parent and Child Swim Classes help young children get ready to swim by emphasizing fun in the water. Parents and children participate in several guided practice sessions that help kids learn elementary swimming skills, including water entry, bubble blowing, kicking, floating and underwater exploration with an emphasis on safety and fun.

**Location:** MCRC Indoor Pool

**MCRC Member:** \$32 | **MCRC Non-Member:** \$40

(per session of 8)\*\*(No Class Week of June 29-July 5)\*\*

dates	day	time
June 2 - July 28	Mon	5:10 - 5:40 p.m.
June 3 - July 29	Tues	11:30 a.m. - 12:00 p.m.
June 4 - July 30	Wed	4:50 - 5:20 p.m.
June 4 - July 30	Wed	6:10 - 6:40 p.m.
June 5 - July 31	Thurs	11:30 a.m. - 12:00 p.m.
June 7 - Aug 2	Sat	9:00 - 9:30 a.m.
June 7 - Aug 2	Sat	10:45 - 11:15 a.m.
June 1 - July 27	Sun	10:30 - 11:00 a.m.

### I'm 3 Look at Me! Swim Lessons

3 years old

**Min:** 3 **Max:** 4

This class is designed for 3-year-olds who are ready to learn to swim without a parent by their side. Ratio will be 4:1 instructor. Skills/Activities: Comfort in the water, enter and exit water, blow bubbles through nose and mouth, submerging face, bobbing, front and back floats and glides while kicking feet. Emphasis on learning while playing. NOTE: This class is geared toward 3-year-olds who have taken part in the parent/child class and are ready for a new challenge.

**Location:** MCRC Indoor Pool

**MCRC Member:** \$32 | **MCRC Non-Member:** \$40

(per session of 8)\*\*(No Class Week of June 29-July 5)\*\*

dates	day	time
June 2 - July 28	Mon	4:35 - 5:05 p.m.
June 3 - July 29	Tues	11:00 - 11:30 a.m.
June 4 - July 30	Wed	5:40 - 6:10 p.m.
June 5 - July 31	Thurs	11:00 - 11:30 a.m.
June 7 - Aug 2	Sat	9:35 - 10:05 a.m.
June 7 - Aug 2	Sat	11:30 a.m. - 12:00 p.m.
June 1 - July 27	Sun	10:35 - 11:05 a.m.

## Preschool Swim Lessons

Min: 3 Max: 5

Children ages 4 and/or 5 learn water safety, survival skills and foundational swimming concepts in a safe and fun environment. Skills are age-appropriate, allowing children to achieve success by disguising learning through play.

### Preschool Level 1

4 & 5 year olds

Skills/Activities: Enter and exit water, blow bubbles through nose and mouth, submerging face, front and back floats and glides, alternating arm stroke with kicking and assistance on front and back, arm and leg action for treading water.

Location: MCRC Indoor Pool

MCRC Member: \$32 | MCRC Non-Member: \$40

(per session of 8)\*\*(No Class Week of June 29-July 5)\*\*

dates	day	time
June 2 - July 28	Mon	4:00 - 4:30 p.m.
June 3 - July 29	Tues	12:00 - 12:30 p.m.
June 4 - July 30	Wed	6:10 - 6:40 p.m.
June 7 - Aug 2	Sat	9:50 - 10:20 a.m.
June 1 - July 27	Sun	10:00 - 10:30 a.m.
June 1 - July 27	Sun	11:25 - 11:55 a.m.

### Preschool Level 2

4 & 5 year olds

Skills/Activities: Enter and exit water, bobbing, retrieve submerged object, front and back floats and glides, roll from front to back and back to front, tread water, combined arm and leg action on front and back, finning arm action on back.

Location: MCRC Indoor Pool

MCRC Member: \$32 | MCRC Non-Member: \$40

(per session of 8)\*\*(No Class Week of June 29-July 5)\*\*

dates	day	time
June 2 - July 28	Mon	5:45 - 6:15 p.m.
June 3 - July 29	Tues	12:30 - 1:00 p.m.
June 7 - Aug 2	Sat	10:10 - 10:40 a.m.

### Preschool Level 3

4 & 5 year olds

Skills/Activities: Jumping into deep water; fully submerge and hold breath; bobbing; front, jellyfish and tuck floats; recovering from front and back floats and glides, tread water using arm and leg actions, combined arm and leg actions on front and back independently. Next class is LTS Level 2 if 6 years old.

Location: MCRC Indoor Pool

MCRC Member: \$32 | MCRC Non-Member: \$40

(per session of 8)\*\*(No Class Week of June 29-July 5)\*\*

dates	day	time
June 4 - July 30	Wed	6:00 - 6:30 p.m.
June 7 - Aug 2	Sat	10:25 - 10:55 a.m.

First time online registering with us?

Call one of our facilities so we can set up a new account for you.

## American Red Cross Learn - To - Swim Program

The Learn-to-Swim (LTS) program is designed for children ages 6 to 12 years old. Each child progresses through each level at his/her own pace, mastering the skills in one level before advancing to the next. It is very common to take a class more than once prior to mastering and moving on to the next. Each level of our LTS program includes training in basic water safety.

### LTS Level 1: Introduction to Water Skills

6 - 14 year olds

Min: 3 Max: 5

Skills: Enter and exit water, blow bubbles through nose and mouth, bobbing, retrieve submerged objects, front and back floats and glides, alternating and simultaneous arm and leg actions on front and back, combined arm and leg action on front and back.

Location: MCRC Indoor Pool

MCRC Member: \$40 | MCRC Non-Member: \$50

(per session of 8)\*\*(No Class Week of June 29-July 5)\*\*

dates	day	time
June 2 - July 28	Mon	4:00 - 4:45 p.m.
June 3 - July 29	Tues	11:00 - 11:45 a.m.
June 4 - July 30	Wed	4:50 - 5:35 p.m.
June 5 - July 31	Thurs	11:00 - 11:45 a.m.
June 7 - Aug 2	Sat	9:00 - 9:45 a.m.
June 7 - Aug 2	Sat	11:00 - 11:45 a.m.
June 1 - July 27	Sun	10:00 - 10:45 a.m.

### LTS Level 2: Fundamental Aquatic Skills

6 - 14 year olds

Min: 3 Max: 5

Skills: Fully submerge and hold breath; bobbing; retrieve submerged objects; front, jellyfish and tuck floats; front and back floats and glides; roll from back to front and front to back; tread water; combined arm and leg action on front and back; and finning arm action on back. Skills should be performed comfortably with minimal assistance.

Location: MCRC Indoor Pool

MCRC Member: \$40 | MCRC Non-Member: \$50

(per session of 8)\*\*(No Class Week of June 29-July 5)\*\*

dates	day	time
June 2 - July 28	Mon	4:50 - 5:35 p.m.
June 3 - July 29	Tues	11:45 a.m. - 12:30 p.m.
June 7 - Aug 2	Sat	9:50 - 10:35 a.m.

### LTS Level 3: Stroke Development

6 - 14 year olds

Min: 3 Max: 5

Skills/Activities: Jumping into deep water; sitting and kneeling dives; rotary breathing; survival float; change from vertical to horizontal position on front and back; tread water; flutter, dolphin, scissor, and breaststroke kicks; front crawl; and elementary backstroke.

Location: MCRC Indoor Pool

MCRC Member: \$40 | MCRC Non-Member: \$50

(per session of 8)\*\*(No Class Week of June 29-July 5)\*\*

dates	day	time
June 2 - July 28	Mon	5:45 - 6:30 p.m.
June 3 - July 29	Tues	12:30 - 1:15 p.m.
June 4 - July 30	Wed	5:25 - 6:10 p.m.
June 7 - Aug 2	Sat	9:00 - 9:45 a.m.
June 1 - July 27	Sun	11:10 - 11:55 a.m.





## LTS Level 4: Stoke Improvement

6 - 14 year olds

Min: 3 Max: 6

Improves proficiency of strokes and the ability to swim longer distances. Skills: Standing dives; underwater swimming; feet first surface dive; survival swimming; front crawl and backstroke; side stroke; breaststroke and butterfly.

**Location: MCRC Indoor Pool**

**MCRC Member: \$40 | MCRC Non-Member: \$50**

**(per session of 8)\*\*(No Class Week of June 29-July 5)\*\***

dates	day	time
June 2 - July 28	Mon	6:15 - 7:00 p.m.
June 4 - July 30	Wed	4:00 - 4:45 p.m.
June 7 - Aug 2	Sat	10:40 - 11:25 a.m.

## LTS Level 5/6: Stroke Refinement

6 - 14 year olds

Min: 3 Max: 6

Refine swimming skills in all competitive strokes: butterfly, breaststroke, backstroke and front crawl. Diving, turns and strategies for improving techniques and increasing speeds for each stroke as well as rescue skills training will be included.

**Location: MCRC Indoor Pool**

**MCRC Member: \$40 | MCRC Non-Member: \$50**

**(per session of 8)\*\*(No Class Week of June 29-July 5)\*\***

dates	day	time
June 4 - July 30	Wed	4:00 - 4:45 p.m.

## Adapted Aquatics Swim Lessons

Min: 1 Max: 1

This is a class for individuals with special needs. This is not a therapeutic program; it is designed to provide participants with a positive water acclimation experience. Participants are paired with a Certified Swim Instructor whose goal is to create a fun play environment while teaching important safety and swimming skills. Skills and games will be played in a 1:1 setting.

A parent, sibling or a responsible friend is required to be in the water to assist the instructor until a relationship is developed. A meeting with the guardian, participant and the instructor will take place at the beginning of the first class to discuss goals and any considerations that will aid the participant and instructor to have a positive experience.

Class is only 30 minutes long, please be dressed and use the restroom prior, so we can start class on time.

**Location: MCRC Indoor Pool**

**\$95 per session of 4 classes (MCRC Member)**

**\$130 per session of 4 classes (MCRC Non-Members)**

## Private and Semi-Private Swim Lessons

Our private swim lesson program teaches the confidence that children or adults need to be successful in the water. Private swim lessons are offered to members & non-members of any age to assist in meeting your swimming goals. Participants will have fun while learning how to swim or improving strokes and technique with their favorite instructors. Please register at the front desk or online.

### Private Swim Lessons

One-on-One instruction with an ARC Water Safety Instructor to meet your goals including learn how to swim, improve current skills through stroke refinement techniques and get over fears. Your class meets when it's convenient for you and your personal instructor.

**Location: MCRC Indoor Pool**

**One 30-minute lesson:**

**Member: \$30 | Non-Member: \$45**

**Four 30-minute lessons:**

**Member: \$110 | Non-Member: \$165**

**Eight 30-minute lessons:**

**Member: \$200 | Non-Member: \$300**

### Semi-Private Swim Lessons

Two-on-One instruction with an ARC Water Safety Instructor to meet your goals including learn how to swim, improve current skills through stroke refinement techniques and get over fears. Your class meets when it's convenient for you and your personal instructor.

**Location: MCRC Indoor Pool**

**One 30-minute lesson:**

*(available for 2 family members of similar swimming skills only)*

**Member: \$50 | Non-Member: \$63**

**Four 30-minute lessons:**

*(available for 2 family members of similar swimming skills only)*

**Member: \$190 | Non-Member: \$240**

**Eight 30-minute lessons:**

*(available for 2 family members of similar swimming skills only)*

**Member: \$360 | Non-Member: \$445**

## Water Workout Classes

### Stretch and Tone

Min: 6 Max: 24

Light toning and gentle stretching exercises in shallow warm water. This class is perfect for all ages to help with relaxation, stress relief, pain relief, and improved range of motion.

**Intensity: Low | Location: MCRC Indoor Pool**

**Tuesday(s), 10:00 - 10:50 a.m.**

**May/June: MCRC Member: \$20 | Non-Member: \$30**

**July: MCRC Member: \$25 | Non-Member: \$38**

**August: MCRC Member: \$15 | Non-Member: \$23**

**Thursday(s), 10:00 - 10:50 a.m.**

**June: MCRC Member: \$20 | Non-Member: \$30**

**May/July: MCRC Member: \$25 | Non-Member: \$38**

**August: MCRC Member: \$15 | Non-Member: \$23**

## Move and Groove

Min: 6 Max: 24

A Pool Fitness Party with energetic cardio exercises set to fun upbeat music. This water class is a fun Low-impact, high energy challenge for participants of all ages and fitness levels.

**Intensity:** Low, Moderate or High - *completely up to you!*

**Location:** MCRC Indoor Pool

**Tuesday(s), 7:15 - 8:05 p.m.**

May/June: MCRC Member: \$20 | Non-Member: \$30

July: MCRC Member: \$25 | Non-Member: \$38

August: MCRC Member: \$15 | Non-Member: \$23

**Thursday(s), 6:45 - 7:35 p.m.**

June: MCRC Member: \$20 | Non-Member: \$30

May/July: MCRC Member: \$25 | Non-Member: \$38

August: MCRC Member: \$15 | Non-Member: \$23

**Saturday(s), 8:00 - 8:50 a.m.**

May: MCRC Member: \$25 | Non-Member: \$38

Jun/Jul/Aug: MCRC Member: \$20 | Non-Member: \$30

## Shallow/Deep

Min: 6 Max: 15

A combination of shallow and deep-water exercises to tone your body while getting your heart pumping. Jump in and make a splash, you won't want to miss this dynamic cardiovascular workout that tones the full body.

**Intensity:** Low, Moderate or High - *completely up to you!*

**Location:** MCRC Indoor Pool

**Monday(s), 10:00 - 10:50 a.m. *\*\*(No Class May 26)***

July: MCRC Member: \$20 | Non-Member: \$30

June: MCRC Member: \$25 | Non-Member: \$38

May/August: MCRC Member: \$15 | Non-Member: \$23

**Wednesday(s), 10:00 - 10:50 a.m.**

May/June: MCRC Member: \$20 | Non-Member: \$30

July: MCRC Member: \$25 | Non-Member: \$38

August: MCRC Member: \$15 | Non-Member: \$23

## Senior WWO

Min: 6 Max: 12

A combination of toning, stretching and light cardiovascular exercises geared towards seniors. Experience improved range of motion, pain relief and stress relief with socializing with friends in this fun water exercise class.

**Intensity:** Low

**Location:** MCRC Indoor Pool

**Tuesday(s), 2:00 - 2:50 p.m.**

May/June: MCRC Member: \$20 | Non-Member: \$30

July: MCRC Member: \$25 | Non-Member: \$38

August: MCRC Member: \$15 | Non-Member: \$23

**Thursday(s), 2:00 - 2:50 p.m.**

June: MCRC Member: \$20 | Non-Member: \$30

May/July: MCRC Member: \$25 | Non-Member: \$38

August: MCRC Member: \$15 | Non-Member: \$23

## Aqua HIIT

Min: 6 Max: 24

A full body interval class focused on strength with bursts of cardio. Brief bursts of intensity work followed by short recovery periods that boost metabolism and burn more calories. Don't be surprised if you can do more in this class than anticipated - the buoyancy of the water allows you to work at a higher intensity with less stress on the body.

**Intensity:** Low, Moderate or High - *completely up to you!*

**Location:** MCRC Indoor Pool

**Tuesday(s), 9:00 - 9:50 a.m.**

May/June: MCRC Member: \$20 | Non-Member: \$30

July: MCRC Member: \$25 | Non-Member: \$38

August: MCRC Member: \$15 | Non-Member: \$23

**Wednesday(s), 7:00 - 7:50 p.m.**

June: MCRC Member: \$20 | Non-Member: \$30

May/July: MCRC Member: \$25 | Non-Member: \$38

August: MCRC Member: \$15 | Non-Member: \$23

**Thursday(s), 9:00 - 9:50 a.m.**

June: MCRC Member: \$20 | Non-Member: \$30

May/July: MCRC Member: \$25 | Non-Member: \$38

August: MCRC Member: \$15 | Non-Member: \$23

## AquaLates

Min: 6 Max: 24

A Full Body Dynamic Pilates class of strength & stretching! This class is perfect for all ages with full body movements, stress relief and improved range of motion.

**Intensity:** Low or Moderate

**Location:** MCRC Indoor Pool

**Wednesday(s), 9:00 - 9:50 a.m.**

May/June: MCRC Member: \$20 | Non-Member: \$30

July: MCRC Member: \$25 | Non-Member: \$38

August: MCRC Member: \$15 | Non-Member: \$23

**Friday(s), 10:00 - 10:50 a.m.**

June/Aug: MCRC Member: \$20 | Non-Member: \$30

May: MCRC Member: \$25 | Non-Member: \$38

July: MCRC Member: \$15 | Non-Member: \$23

## H2O Body Burn

Min: 6 Max: 24

A Full Body Water Workout combining cardio, intervals and some pilates moves.

**Intensity:** Low, Moderate or High - *completely up to you!*

**Location:** MCRC Indoor Pool

**Monday(s), 7:00 - 7:50 p.m.**

July: MCRC Member: \$20 | Non-Member: \$30

June: MCRC Member: \$25 | Non-Member: \$38

May/August: MCRC Member: \$15 | Non-Member: \$23

**Sunday(s), 8:10 - 9:00 a.m.**

May/July: MCRC Member: \$20 | Non-Member: \$30

June/Aug: MCRC Member: \$25 | Non-Member: \$38



## American Red Cross LIFEGUARD CERTIFICATION COURSES:

A pre-skill swim test must be passed prior to registering for a Lifeguard class session. Pre-skills are held at MCRC. **\$5.00 per participant**

dates	day	time
March 1	Saturday	11:30 a.m.
March 15	Saturday	11:30 a.m.
April 3	Thursday	4:00 p.m.
April 12	Saturday	11:30 a.m.
May 8	Thursday	4:00 p.m.
May 17	Saturday	11:30 a.m.

## ARC Lifeguard Classes

Have you always wanted to be a lifeguard and work at one of our many Mentor pools? Then this class is for you! This is a blended learning style American Red Cross Lifeguard class that will teach the skills needed to be a confident and prepared lifeguard. Participants must be at least 15 years old by the last day of class. Register with us at MCRC then complete the course work online. The skills practice & testing will take place at UH Wellness Center, 8655 Market St., Mentor, Oh 44060 **\*\*Check Locations for each class.**

**Cost: \$200 | City of Mentor Employees: \$175**

### Session 1: Held at the UH Wellness Center Pool

Online course work: February 6 - 20

In person classes:

dates	day	time
February 20	Thursday	4:00 - 7:00 p.m.
February 21	Friday	4:00 - 8:00 p.m.
February 22	Saturday	8:00 a.m. - 3:00 p.m.
February 22	Sunday	8:00 a.m. - 3:00 p.m.

### Session 2: Held at the UH Wellness Center Pool

Online course work: March 6 - 20

In person classes:

dates	day	time
March 20	Thursday	4:00 - 7:00 p.m.
March 21	Friday	4:00 - 8:00 p.m.
March 22	Saturday	8:00 a.m. - 3:00 p.m.
March 22	Sunday	8:00 a.m. - 3:00 p.m.

### Session 3: Held at the UH Wellness Center Pool

Online course work: March 27 - April 10

In person classes:

dates	day	time
April 10	Thursday	4:00 - 7:00 p.m.
April 11	Friday	4:00 - 8:00 p.m.
April 12	Saturday	8:00 a.m. - 3:00 p.m.
April 13	Sunday	8:00 a.m. - 3:00 p.m.

### Session 4: Held at the UH Wellness Center Pool

Online course work: April 17 - May 1

In person classes:

dates	day	time
May 1	Thursday	4:00 - 7:00 p.m.
May 2	Friday	4:00 - 8:00 p.m.
May 3	Saturday	8:00 a.m. - 3:00 p.m.
May 4	Sunday	8:00 a.m. - 3:00 p.m.

### Session 5: Held at the the Civic Center Pool

Online course work: May 26 - June 1

In person classes:

dates	day	time
June 2 - 5	M - Th	9:30 - 1:00 p.m.

## ARC Water Safety Instructor (WSI) Certification Course

If you love the water and love working with children of all ages, then this is the perfect class & job for you! The American Red Cross WSI course is for those interested in teaching others how to learn to swim. Participants must be at least 15 years old by the last day of class.

Online course work needs to be completed prior to the first in person class. Must be able to swim the following skills at a level 4 or higher ability: 25 yards of front crawl, breaststroke, back crawl, side stroke, 15 yards of butterfly, tread water for one minute and float on back with minimal movement for 1 minute.

**Location: MCRC Indoor Pool**

**MCRC Members: \$275 | MCRC Non-Members: \$300**

### Session 1:

Online course work: April 1 - May 1

In person class/water practice and testing:

dates	day	time
May 1	Thursday	4:00 - 7:00 p.m.
May 3	Saturday	9:00 a.m. - 5:00 p.m.
May 4	Sunday	9:00 a.m. - 5:00 p.m.

### Session 2:

Online course work: April 21 - May 21

In person class/water practice and testing:

dates	day	time
May 22	Thursday	4:00 - 8:00 p.m.
May 23	Friday	4:00 - 8:00 p.m.
May 24	Saturday	9:00 a.m. - 4:00 p.m.
May 25	Sunday	9:00 a.m. - 4:00 p.m.

## Swim Team Stroke and Turn Clinic

This Clinic is for any swimmer that wants to improve their times with swim team or simply improve their strokes to help get them to the next swim lesson level faster. A different swim stroke and turn will be concentrated on each day. Come to all or just pick one day. Price break if you attend all 4 classes in a week.

**Price break if you sign up for all 4 days in the week:  
\$70 MCRC Members | \$90 MCRC Non-Members**

day	date	class	mem	non-mem
Mon	May 19	freestyle & turns	\$20	\$25
Tues	May 20	backstroke & turns	\$20	\$25
Wed	May 21	breaststroke & turns	\$20	\$25
Thur	May 22	butterfly & turns	\$20	\$25
Tues	May 27	freestyle & turns	\$20	\$25
Wed	May 28	backstroke & turns	\$20	\$25
Thur	May 29	breaststroke & turns	\$20	\$25
Fri	May 30	butterfly & turns	\$20	\$25



# MENTOR CITY OUTDOOR POOL



## Outdoor Pools open June 2 through August 9

The City of Mentor plans to open Civic and Morton Pools this summer as well as Walsh Spray park. Pool passes will go on sale starting May 1st at the Parks & Recreation Office, 2nd floor of the Mentor Community Recreation Center (6000 Heisley Road). Passes will be sold M-F, 8:00am - 5:00pm. To purchase your 2025 Aquatic Pass at the resident rate, you MUST bring a current utility bill, with your name and address on it AND photo identification, as proof of Mentor residency. Outdoor passes grant access to Civic Pool and Morton Pool and does not grant access to the Mentor Community Recreation Center's pools. Check our website for up to date pool locations, dates, operating hours, and details. Pool passes can be purchased at Civic Center Pool during pool operating hours.

## 2025 Pool Admission & Aquatic Pass Rates

Daily Admission: \$10.00/person

Individual Passes	Resident	Non-Resident
Adult (age 18 - 59)	\$75.00	\$150.00
Youth (age 17 & Under)	\$60.00	\$120.00
Senior (age 60+)	\$60.00	\$120.00

**Family Pass**                      \$150.00              \$300.00  
(3 family members)

**\*additional resident family members beyond 3 will be charged \$25/person/resident, \$50/person/non-resident**

*\*Please note: All family members must reside at the same residence and must include an adult or married couple and their unmarried children under the age of 18. Nieces, nephews, grandparents, aunts, uncles, babysitters, etc., will NOT be considered to be included in the family membership even if they reside at the same address.*

*Accounts are address based. Only parents and children residing at the same address may be placed in the same account. A utility bill and/or school report card may be required to verify residence.*

## American Red Cross Learn to Swim Classes

**NOTE: Swim lessons are Progression classes. Do not sign up for next level until passing previous level.**

### Parent & Child

6 mo - 3 yrs

Parent and Child Swim Classes help young children get ready to swim by emphasizing fun in the water. Parents and children participate in several guided practice sessions that help kids learn elementary swimming skills, including water entry, bubble blowing, kicking, floating and underwater exploration with an emphasis on safety and fun.

**Instructor: Mentor Staff**

**Resident: \$36 | Non-Resident: \$46**

dates	days	time	pool
Jun 9 - 19	M-Th	11:05 - 11:35 a.m.	Civic
Jun 9 - 19	M-Th	11:40 a.m. - 12:10 p.m.	Civic
Jun 10 - Jul 3	T&Th	5:00 - 5:30 p.m.	Morton
Jun 10 - Jul 3	T&Th	6:10 - 6:40 p.m.	Morton
Jun 14 - Aug 2	Sat	10:50 - 11:20 a.m.	Morton
Jun 14 - Aug 2	Sat	11:25 - 11:55 a.m.	Morton
Jun 23 - Jul 3	M-Th	11:05 - 11:35 a.m.	Civic
Jun 23 - Jul 3	M-Th	11:40 a.m. - 12:10 p.m.	Civic
Jul 7 - 17	M-Th	11:05 - 11:35 a.m.	Civic
Jul 7 - 17	M-Th	11:40 a.m. - 12:10 p.m.	Civic
Jul 8 - 31	T&Th	5:00 - 5:30 p.m.	Morton
Jul 8 - 31	T&Th	6:10 - 6:40 p.m.	Morton
Jul 21 - 31	M-Th	11:05 - 11:35 a.m.	Civic
Jul 21 - 31	M-Th	11:40 a.m. - 12:10 p.m.	Civic

**First time online registering with us?**

**Call one of our facilities so we can set up a new account for you.**

## I'm 3 Look at Me! Swim Lessons

3 years old

This class is designed for 3-year-olds who are ready to learn to swim without a parent by their side. Ratio will be 4:1 instructor. Skills/Activities: Comfort in the water, enter and exit water, blow bubbles through nose and mouth, submerging face, bobbing, front and back floats and glides while kicking feet. Emphasis on learning while playing. **NOTE: This class is geared toward 3-year-olds who have taken part in the parent/child class and are ready for a new challenge.**

**Instructor: Mentor Staff**

**Resident: \$36 | Non-Resident: \$46**

dates	days	time	pool
June 9 - 19	M-Th	11:05 - 11:35 a.m.	Civic
June 9 - 19	M-Th	12:15 - 12:45 p.m.	Civic
June 14 - Aug 2	Sat	12:15 - 12:45 p.m.	Morton
June 23 - July 3	M-Th	11:05 - 11:35 a.m.	Civic
June 23 - July 3	M-Th	12:15 - 12:45 p.m.	Civic
July 7 - 17	M-Th	11:05 - 11:35 a.m.	Civic
July 7 - 17	M-Th	12:15 - 12:45 p.m.	Civic
July 21 - 31	M-Th	11:05 - 11:35 a.m.	Civic
July 21 - 31	M-Th	12:15 - 12:45 p.m.	Civic



## Preschool 1

4 - 5 years

Skills/Activities: Enter and exit water, blow bubbles through nose and mouth, submerging face, front and back floats and glides, alternating arm stroke with kicking and assistance on front and back, arm and leg action for treading water. **NOTE: Swim lessons are Progression classes. Do not sign up for next level until passing previous level.**

Instructor: Mentor Staff - Res: \$36 | Non-Res: \$46

dates	days	time	pool
Jun 9 - 19	M-Th	11:05 - 11:35 a.m.	Civic
Jun 9 - 19	M-Th	12:15 - 12:45 p.m.	Civic
Jun 10 - Jul 3	T&Th	5:00 - 5:30 p.m.	Morton
Jun 10 - Jul 3	T&Th	6:10 - 6:40 p.m.	Morton
Jun 14 - Aug 2	Sat	10:50 - 11:20 a.m.	Morton
Jun 14 - Aug 2	Sat	12:15 - 12:45 p.m.	Morton
Jun 23 - Jul 3	M-Th	11:05 - 11:35 a.m.	Civic
Jun 23 - Jul 3	M-Th	12:15 - 12:45 p.m.	Civic
Jul 7 - 17	M-Th	11:05 - 11:35 a.m.	Civic
Jul 7 - 17	M-Th	12:15 - 12:45 p.m.	Civic
Jul 8 - 31	T&Th	5:00 - 5:30 p.m.	Morton
Jul 8 - 31	T&Th	6:10 - 6:40 p.m.	Morton
Jul 21 - 31	M-Th	11:05 - 11:35 a.m.	Civic
Jul 21 - 31	M-Th	12:15 - 12:45 p.m.	Civic

## Preschool 2

4 - 5 years

Skills/Activities: Enter and exit water, bobbing, retrieve submerged object, front and back floats and glides, roll from front to back and back to front, tread water, combined arm and leg action on front and back, finning arm action on back. **NOTE: Swim lessons are Progression classes. Do not sign up for next level until passing previous level.**

Instructor: Mentor Staff - Res: \$36 | Non-Res: \$46

dates	days	time	pool
Jun 9 - 19	M-Th	11:40 a.m. - 12:10 a.m.	Civic
Jun 9 - 19	M-Th	12:15 - 12:45 p.m.	Civic
Jun 10 - Jul 3	T&Th	5:35 - 6:05 p.m.	Morton
Jun 14 - Aug 2	Sat	10:50 - 11:20 a.m.	Morton
Jun 14 - Aug 2	Sat	12:15 - 12:45 p.m.	Morton
Jun 23 - Jul 3	M-Th	11:40 a.m. - 12:10 p.m.	Civic
Jun 23 - Jul 3	M-Th	12:15 - 12:45 p.m.	Civic
Jul 7 - 17	M-Th	11:40 a.m. - 12:10 p.m.	Civic
Jul 7 - 17	M-Th	12:15 - 12:45 p.m.	Civic
Jul 8 - 31	T&Th	5:35 - 6:05 p.m.	Morton
Jul 21 - 31	M-Th	11:40 a.m. - 12:10 p.m.	Civic
Jul 21 - 31	M-Th	12:15 - 12:45 p.m.	Civic

## Preschool 3

4 - 5 years

Skills/Activities: Jumping into deep water; fully submerge and hold breath; bobbing; front, jellyfish and tuck floats; recovering from front and back floats and glides, tread water using arm and leg actions, combined arm and leg actions on front and back independently. **Next class is LTS Level 2 if 6 years old.**

Instructor: Mentor Staff - Res: \$36 | Non-Res: \$46

dates	days	time	pool
Jun 9 - 19	M-Th	11:40 a.m. - 12:10 p.m.	Civic
Jun 10 - Jul 3	T&Th	5:35 - 6:05 p.m.	Morton
Jun 14 - Aug 2	Sat	10:50 - 11:20 a.m.	Morton
Jun 23 - Jul 3	M-Th	12:15 - 12:45 p.m.	Civic
Jul 7 - 17	M-Th	12:15 - 12:45 p.m.	Civic
Jul 8 - 31	T&Th	5:35 - 6:05 p.m.	Morton
Jul 21 - 31	M-Th	11:40 a.m. - 12:10 p.m.	Civic

## Learn to Swim Level 1 Introduction to Water Skills

6 - 12 years

Skills: Enter and exit water, blow bubbles through nose and mouth, bobbing, retrieve submerged objects, front and back floats and glides, alternating and simultaneous arm and leg actions on front and back, combined arm and leg action on front and back. **NOTE: Swim lessons are Progression classes. Do not sign up for next level until passing previous level.**

Instructor: Mentor Staff - Res: \$45 | Non-Res: \$55

dates	days	time	pool
Jun 9 - 19	M-Th	10:15 - 11:00 a.m.	Civic
Jun 9 - 19	M-Th	12:00 - 12:45 p.m.	Civic
Jun 10 - Jul 3	T&Th	5:00 - 5:45 p.m.	Morton
Jun 10 - Jul 3	T&Th	6:40 - 7:25 p.m.	Morton
Jun 14 - Aug 2	Sat	10:00 - 10:45 a.m.	Morton
Jun 14 - Aug 2	Sat	11:25 a.m. - 12:10 p.m.	Morton
Jun 23 - Jul 3	M-Th	10:15 - 11:00 a.m.	Civic
Jun 23 - Jul 3	M-Th	12:00 - 12:45 p.m.	Civic
Jul 7 - 17	M-Th	10:15 - 11:00 a.m.	Civic
Jul 7 - 17	M-Th	12:00 - 12:45 p.m.	Civic
Jul 8 - 31	T&Th	5:00 - 5:45 p.m.	Morton
Jul 8 - 31	T&Th	6:40 - 7:25 p.m.	Morton
Jul 21 - 31	M-Th	10:15 - 11:00 a.m.	Civic
Jul 21 - 31	M-Th	12:00 - 12:45 p.m.	Civic

## Learn to Swim Level 2 Fundamental Aquatic Skills

6 - 12 years

Skills: Fully submerge and hold breath; bobbing; retrieve submerged objects; front, jellyfish and tuck floats; front and back floats and glides; roll from back to front and front to back; tread water; combined arm and leg action on front and back; and finning arm action on back. Skills should be performed comfortably with minimal assistance. **NOTE: Swim lessons are Progression classes. Do not sign up for next level until passing previous level.**

Instructor: Mentor Staff - Res: \$45 | Non-Res: \$55

dates	days	time	pool
Jun 9 - 19	M-Th	10:15 - 11:00 a.m.	Civic
Jun 9 - 19	M-Th	11:05 - 11:50 a.m.	Civic
Jun 10 - Jul 3	T&Th	5:00 - 5:45 p.m.	Morton
Jun 10 - Jul 3	T&Th	6:40 - 7:25 p.m.	Morton
Jun 14 - Aug 2	Sat	10:00 - 10:45 a.m.	Morton
Jun 24 - Aug 2	Sat	11:25 a.m. - 12:10 p.m.	Morton
Jun 23 - Jul 3	M-Th	10:15 - 11:00 a.m.	Civic
Jun 23 - Jul 3	M-Th	11:05 - 11:50 a.m.	Civic
Jul 7 - Jul 17	M-Th	10:15 - 11:00 a.m.	Civic
Jul 7 - Jul 17	M-Th	11:05 - 11:50 a.m.	Civic
Jul 8 - Jul 31	T&Th	5:00 - 5:45 p.m.	Morton
Jul 8 - Jul 31	T&Th	6:40 - 7:25 p.m.	Morton
Jul 21 - Jul 31	M-Th	10:15 - 11:00 a.m.	Civic
Jul 21 - Jul 31	M-Th	11:05 - 11:50 a.m.	Civic



## Learn to Swim Level 3 Stroke Development

6 - 12 years

Skills/Activities: Jumping into deep water; sitting and kneeling dives; rotary breathing; survival float; change from vertical to horizontal position on front and back; tread water; flutter, dolphin, scissor, and breaststroke kicks; front crawl; and elementary backstroke. **NOTE: Swim lessons are Progression classes. Do not sign up for next level until passing previous level.**

**Instructor: Mentor Staff - Res: \$45 | Non-Res: \$55**

dates	days	time	pool
Jun 9 - 19	M-Th	10:15 - 11:00 a.m.	Civic
Jun 9 - 19	M-Th	11:05 - 11:50 a.m.	Civic
Jun 10 - Jul 3	T&Th	5:50 - 6:35 p.m.	Morton
Jun 14 - Aug 2	Sat	10:00 - 10:45 a.m.	Morton
Jun 14 - Aug 2	Sat	12:00 - 12:45 p.m.	Morton
Jun 23 - Jul 3	M-Th	10:15 - 11:00 a.m.	Civic
Jun 23 - Jul 3	M-Th	11:05 - 11:50 a.m.	Civic
Jul 7 - 17	M-Th	10:15 - 11:00 a.m.	Civic
Jul 7 - 17	M-Th	11:05 - 11:50 a.m.	Civic
Jul 8 - 31	T&Th	5:50 - 6:35 p.m.	Morton
Jul 21 - 31	M-Th	10:15 - 11:00 a.m.	Civic
Jul 21 - 31	M-Th	11:05 - 11:50 a.m.	Civic

## Learn to Swim Level 4 Stroke Improvement

6 - 12 years

Improves proficiency of strokes and the ability to swim longer distances. Skills: Standing dives; underwater swimming; feet first surface dive; survival swimming; front crawl and backstroke; side stroke; breaststroke and butterfly. **NOTE: Swim lessons are Progression classes. Do not sign up for next level until passing previous level.**

**Instructor: Mentor Staff - Res: \$45 | Non-Res: \$55**

dates	days	time	pool
Jun 9 - 19	M-Th	10:15 - 11:00 a.m.	Civic
Jun 10 - Jul 3	T&Th	5:50 - 6:35 p.m.	Morton
Jun 14 - Aug 2	Sat	10:00 - 10:45 a.m.	Morton
Jun 23 - Jul 3	M-Th	10:15 - 11:00 a.m.	Civic
Jul 7 - 17	M-Th	10:15 - 11:00 a.m.	Civic
Jul 8 - 31	T&Th	5:50 - 6:35 p.m.	Morton
Jul 21 - 31	M-Th	10:15 - 11:00 a.m.	Civic

## Learn to Swim Level 5 & 6 Stroke Refinement

6 - 12 yrs

Children learn further coordination and refinement of strokes in level 5. We will cover shallow-angle dive from the side then glide and begin front stroke, tuck and pike surface dives while submerging completely, front flip turn and backstroke flip turn while swimming, front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly, plus sculling. **NOTE: Swim lessons are Progression classes. Do not sign up for next level until passing previous level.**

**Instructor: Mentor Staff - Res: \$45 | Non-Res: \$55**

dates	days	time	pool
Jun 9 - 19	M-Th	10:15 - 11:00 a.m.	Civic
Jun 14 - Aug 2	Sat	11:25 a.m. - 12:10 p.m.	Morton
Jun 23 - Jul 3	M-Th	10:15 - 11:00 a.m.	Civic
Jul 7 - Jul 17	M-Th	10:15 - 11:00 a.m.	Civic
Jul 21 - Jul 31	M-Th	10:15 - 11:00 a.m.	Civic

# MENTOR ICE ARENA

8600 Munson Road, Mentor, Ohio 44060  
440.974.5730 - [www.mentoricearena.com](http://www.mentoricearena.com)

## Public Skate Schedule

### Public Skates Summer 2025

**June 7th - August 2nd**

*\*Check website for Public Skate cancellations*

### Weekly Public Skate Schedule

Saturday 1:30 - 3:00 p.m.

### Public Skate Admission Rates

Adults	\$9
Youth (age 17 & under)	\$7
Skate Rental	\$4

### Studio Rink Public Skates - Skate Aids

Join us on the Studio Rink for a delightful ice-skating experience designed for children 8 and under, alongside their parents. Our studio rink welcomes families to glide together during our weekend public skates. Skate aids are provided on a first-come, first-served basis to assist young skaters, ensuring a safe and enjoyable time on the ice. Please note that skate aids are not permitted on the large rink. Come make memories and enjoy the magic of skating with your little ones on our Studio Rink!

### General Public Skate Information

Please note that the ice arena reserves the right to cancel any public skate and studio rink time. For the most up-to-date schedule, please visit [www.mentoricearena.com/calendar](http://www.mentoricearena.com/calendar). Additionally, for safety reasons, all children under 11 years old are required to wear a helmet while on the ice. Rental skates ranging from size 8 youth to adult 14 are available for your convenience. Kindly be informed that no refunds will be issued for public skates. Thank you for your understanding, and we look forward to welcoming you to our rink!

## Mentor Ice Arena Party Options

### Birthday Party General Information:

- Renters may bring their own decorations. No decorations permitted on the ice
- Any deliveries must be made during rented hours. (pizza, cake, etc.)
- We do not put any holds on parties until payment is made
- Skate rental is available at \$2 per skater. Paid the day of party
- Children under eleven are required to wear a helmet while on the ice

outdoor pool/ice arena





## How to Book:

- All parties must be booked in person by appointment.
- Parties must be booked at least two weeks in advance.
- Contact the Arena Monday-Friday between 8:00 a.m. - 5:00 p.m. to set up an appointment.
- All parties must be paid in full at the time of the appointment.

## Public Skate Birthday Party

**Resident: \$160 | Non-Resident: \$190**  
**\$2 Skate rental per skater paid day of party**

### Times Available to Rent

Saturday June 7th - August 2nd

**\*\*No Party July 5th\*\***

Room available 1:00-3:30PM -

Public Skate 1:30-3:00PM

Get ready for an exciting celebration with our Public Skating Parties! You'll have your very own private room amidst the enchanting atmosphere of our public skating sessions, accommodating up to 25 guests. Please note that skate aids won't be available, ensuring a true ice-skating adventure. Parties are allowed to bring their own delicious snacks to keep the energy high and decorations.

## Learn-to-Skate

The Learn to Skate program advances skaters on a natural progression: children ages three to five will begin in the Tot Program; children ages six to twelve begin with the Basic Program. Teens 13+ and adults of all ages are welcome to participate in a basic class for teens and adults. Tot lessons are 30 minutes long and held once a week for seven weeks. All other Learn-to-Skate classes are 45 minutes long and are also held once a week for seven weeks. **New skaters** under 13 begin in either Tot 1 or Basic 1, depending on their age.

### Tot Classes: Ages 3 - 5

30 minutes once a week for 7 weeks

### Basic Classes: Ages 6 - 12

45 minutes once a week for 7 weeks

### Teen/Adult Classes: Ages 13+

45 minutes once a week for 7 weeks

## Skating Progression

**Hockey:** Skaters who have successfully completed Tot 1 or Basic 1 levels are eligible to enroll in our Hockey skating skills classes, Mighty Mite hockey program or ADM, followed by our youth travel hockey program. Explore further details below.

**Figure Skating:** As skaters progress through the Learn to Skate program, they'll have access to various opportunities including specialty classes, private lessons, special events, and deeper insights into the world of skating beyond the program itself.

## Learn to Skate USA Membership

**\*\*Please register for your membership June 1st or later for the 2025-2026 Season; Summer Learn to Skate Session\*\*** This is a yearly membership fee separate from the class fee. The membership is valid from July 1st-June 30th. Registration can be completed at [www.learn-toskateusa.com](http://www.learn-toskateusa.com). To be part of our Learn to Skate program your skater is required to be a member of Learn to Skate USA. If you have questions, please give us a call (440) 974-5730 Monday-Friday between 8-5PM.

### Summer: June 9 - July 31

**\*\*No classes week of June 30 - July 4\*\***

Registration opens:

April 7th Mentor Residents

April 8th Non-Residents

## Learn To Skate Schedule

### Ages 3 - 5:

#### Tot 1

**Resident: \$70 | Non-Resident: \$85**

days	time
Monday	6:20 - 6:50 p.m.
Tuesday	1:30 - 2:00 p.m.
Thursday	5:45 - 6:15 p.m.

#### Tot 2 - Must pass Tot 1

**Resident: \$70 | Non-Resident: \$85**

days	time
Monday	6:20 - 6:50 p.m.
Tuesday	1:30 - 2:00 p.m.
Thursday	5:45 - 6:15 p.m.

#### Tot 3 - Must pass Tot 2

**Resident: \$70 | Non-Resident: \$85**

days	time
Monday	6:20 - 6:50 p.m.
Tuesday	1:00 - 1:30 p.m.
Thursday	5:45 - 6:15 p.m.

### Ages 6 - 12:

#### Basic 1

**Resident: \$80 | Non-Resident: \$95**

days	time
Monday	5:30 - 6:15 p.m.
Thursday	6:15 - 7:00 p.m.

#### Basic 2 - Must pass Basic 1

**Resident: \$80 | Non-Resident: \$95**

days	time
Monday	5:30 - 6:15 p.m.
Thursday	6:15 - 7:00 p.m.

#### Basic 3 - Must pass Basic 2

**Resident: \$80 | Non-Resident: \$95**

days	time
Monday	5:30 - 6:15 p.m.

#### Basic 4 - Must pass Basic 3

**Resident: \$80 | Non-Resident: \$95**

days	time
Monday	5:30 - 6:15 p.m.

**Basic 5** - Must pass Basic 4

**Resident: \$80 | Non-Resident: \$95**

days	time
Monday	5:30 - 6:15 p.m.

**Basic 6** - Must pass Basic 5

**Resident: \$80 | Non-Resident: \$95**

days	time
Monday	5:30 - 6:15 p.m.

**Aspire 1** - Must pass Basic 6

**Resident: \$80 | Non-Resident: \$95**

days	time
Monday	5:30 - 6:15 p.m.

**Aspire 2** - Must pass Aspire 1

**Resident: \$80 | Non-Resident: \$95**

days	time
Wednesday	7:00 - 7:45 p.m.

**Ages 13+:**

**Teen and Adult**

**Resident: \$80 | Non-Resident: \$95**

days	time
Wednesday	7:00 - 7:45 p.m.

**\*\*There are no Classes the week of the 4th of July\*\***

## Specialty Learn to Skate Classes

**Competition Class:** is part of the Learn to Skate Program and is open to any skater who has passed Tot 1 or Basic 1. Your skater will learn a program to music and have an opportunity to compete at a local LTS competition at the end of the session. The program will incorporate skills that your skater has mastered in their previous Learn to Skate Class.

**June 11 - July 23, Wednesday 5:15 - 6:00 p.m.**

**Location: Mentor Ice Arena**

**Resident | Non-Resident: \$80 \*\*There is class July 2nd\*\***

## Aspire Freestyle Camp

Kick off your summer figure skating training with a 2-day Aspire camp. After an off-ice training session, skaters will have clinics on jumps, spins, choreography and more! All participants should bring a water bottle and snacks for their break time. Skating appropriate attire is necessary. All skaters in this camp must have passed Basic 6.

**Ages 5 - 15 are welcome. Minimum 10 skaters**

**Location: Mentor Ice Arena**

**June 9th and 10th, Mon and Tues, 1:00 - 4:00 p.m.**

**Resident: \$75 | Non-Resident: \$90**

## Inspire Synchro Camp

This camp is for current Inspire members or NEW synchro skaters. This camp offers an opportunity for skaters to try out the sport of synchronized skating, and the possibility to join a team! After an off ice training session, skaters will have clinics on various synchro elements in beginner/advanced groups. All participants should bring a water bottle and snacks for their break time. Skating appropriate attire is necessary. All skaters in this camp must have passed Basic 2/Tot 3.

**Ages 5 - 15 are welcome. Minimum 10 skaters**

**Location: Mentor Ice Arena**

**June 11th and 12th, Wed and Thurs, 1:00 - 4:00 p.m.**

**Resident: \$75 | Non-Resident: \$90**



## Cool Blades Ice Skating Summer Camp

Stay cool and have fun this summer while improving your skating skills! Cool Blades Summer Ice Skating Camp is open to all levels, from beginners to more experienced skaters. Along with learning new skills, skaters will have tons of fun while playing on-ice games such as sled racing, kickball, and soccer. There will also be a mid-afternoon break each day so skaters will need to pack a water bottle and snacks. Skate rental is included with the camp, all skaters under 11 **MUST** wear a helmet. Skaters can bring their own bike helmet from home or borrow one from the arena.

**Ages 6 - 12. Minimum 10 skaters**

**Location: Mentor Ice Arena**

**Resident: \$120 | Non-Resident: \$145**

dates	day	time
June 16 - June 20	M-F	1:00 - 4:00 p.m.
June 23 - June 27	M-F	1:00 - 4:00 p.m.
July 14 - July 18	M-F	1:00 - 4:00 p.m.
July 21 - July 25	M-F	1:00 - 4:00 p.m.
Aug 4 - Aug 8	M-F	1:00 - 4:00 p.m.

## Mighty Mites - Hockey

**Learn to Play/ Mighty Mites (ages 4-5) :** Skaters must have passed Tot 1 or Basic 1 in the Learn to Skate Program to be eligible. The Learn to Play program, tailored for ages 4-5, serves as the seamless continuation from our Learn to Skate initiative. This specialized program is crafted to provide a natural progression for young skaters, offering essential skills and knowledge as they advance in their hockey journey. Upon completing Learn to Play / Mighty Mites, participants are well prepared to transition to the Mentor Ice Arena's ADM League, where they can further develop their skills in a supportive and engaging environment. Full equipment is required for this level and beyond. Spring/Summer Session is from May - July.



**ADM Mite Blue (ages 6-8):** Skaters must have based Tot 1 or Basic 1 in our Learn to Skate Program to be Eligible. ADM Mite Blue offers an in-house hockey program tailored for skaters aged 8 and under, prioritizing skill development, fundamental training, and enjoyable experiences. Skaters are grouped into teams according to their skill levels. enhancement, focusing on both individual and team development. Full equipment required. Spring/Summer Session is from May - July.

## Stick and Pucks

**Saturdays, June 7th - August 2nd**

**\*\*No Stick and Puck on July 5th\*\***

Stick and Puck is an opportunity for your Youth Hockey player to get some ice time in with friends during the summer. It is not a structured team practice. Participants are required to wear full hockey equipment. Adults may join their players for \$15 on the Mite/Squirt session, helmets are required for adults. This is not for the general public. **PLEASE BRING YOUR OWN PUCKS.**

**Location: Main Ice Arena**

**Resident | Non-Resident: \$15**

Peewee/Bantams 11:00 a.m. - 12:00 p.m.

Mite/Squirt 12:15 - 1:15 p.m.

# BLACK BROOK GOLF COURSE & PRACTICE CENTER

8900 Lake Shore Boulevard, Mentor, Ohio 44060  
440.951.0010 - [www.blackbrookgolfcourse.com](http://www.blackbrookgolfcourse.com)



## Golf Outings

Planning a golf outing? Black Brook Golf Course is a great place to schedule your group event. Our staff will tailor your outing to meet your needs! We can include a complete lunch or dinner. Golfers are served on our covered pavilion overlooking our famous 18th hole. To learn more about how we can make your outing a very special event, call (440) 951-0010.

## Tee Times

Black Brook Golf Course is now working with GolfNow to offer online tee time booking. Just visit [www.BlackBrookGolfCourse.com](http://www.BlackBrookGolfCourse.com) for details. It's quick, easy, and very convenient. You and your friends will be able to see what times are available across several days to make scheduling a foursome easier.

## Rates

April 15 - September 30

Monday - Friday	Walking	Riding
9 holes Sr./Jr.	\$14.00	\$22.00
9 holes	\$16.00	\$24.00
18 holes Sr./Jr.	\$23.00	\$31.00
18 holes	\$27.00	\$36.00

Saturday & Sunday	Walking	Riding
9 holes	\$18.00	\$27.00
18 holes	\$31.00	\$48.00

Practice Center	Discount Card	Save
Small Bag (40 Balls) \$8.00	Six Small Bags \$40.00	\$8.00
Medium Bag (55 Balls) \$10.00	Six Medium Bags \$50.00	\$10.00
Large Bag (90 Balls) \$12.00	Six Large Bags \$60.00	\$12.00

## Leagues - Would You Like to Join a Golf League?

Black Brook Golf Course has established Men's, Women's, Co-Ed, Senior, and Junior Leagues accepting new members for the 2025 season. Call the course for more information.

## Family Friendly Course

Black Brook Golf Course and Practice Center is designated as a Family Friendly Golf Course by the PGA of America. Along with our regular tees we also have tees to make the course shorter in length providing a beginner friendly short course for beginners and juniors. Black Brook received a "Sticks for Kids Grant" that provided 10 sets of junior clubs which will be used for golf schools, camps, Jr. League, and general play on the course. Black Brook is trying to make golf more affordable for families by offering free golf to a junior when accompanied by a paying adult on Monday's, Tuesday's, Thursday's, weekends and Holiday's after 3:00 p.m. Limited to one junior per paying adult.

## Black Brook Golf Academy Learn How to Play

The Black Brook Golf Academy offers every form of instruction to get students ready for play on the course. Besides our structured golf schools and camps, we can also structure a program to fit the needs of your family, business, or social group. Call one of our instructors at 440-951-0010 for more information.



## Black Brook Golf Course Instructional Staff

Tim Ausperk, PGA Golf Professional and General Manager  
Jay Schiffbauer, Director of Instruction/Manager

## Golf Schools

### Black Brook Golf Course Instructional Staff

Now is the time to get golf ready with the Black Brook Golf Course instruction staff. Instruction includes fundamentals of golf including grip, stance, full swing, short game, putting, and etiquette. There is a maximum of 6 students per class for juniors and 6 students per class for adults. Balls and clubs are included in the price of the class, although students are encouraged to bring their own clubs. Proper golf attire is expected. Classes will fill quickly.



### Junior Golf School

This class builds on the fundamentals but adds new and more advanced swing thoughts along with individual problem solving. Four 60-minute classes, with a maximum of six students per class. Parents and guardians are welcome to bottomless coffee or water in the clubhouse during class.

**Instructor:** Black Brook Professional Instruction Staff

**Location:** Black Brook Golf Course

**Sessions:** 4 - Juniors - Coed - age 8 - 14

**Resident:** \$85 | **Non-Resident:** \$95

dates	day	time
May 31 - June 21	Saturday	9:00 - 10:00 a.m.
May 31 - June 21	Saturday	10:30 - 11:30 a.m.
July 12 - Aug 2	Saturday	9:00 - 10:00 a.m.
July 12 - Aug 2	Saturday	10:30 - 11:30 a.m.
Aug 23 - Sept 13	Saturday	9:00 - 10:00 a.m.
Aug 23 - Sept 13	Saturday	10:30 - 11:30 a.m.

### Level One Golf

A great way to introduce golf to kids ages 5-7. An introduction to the fundamentals with an emphasis on hand-eye coordination and having fun! Four 45-minute classes, with a maximum of five students per class. Parents and guardians are welcome to bottomless coffee or water in the clubhouse during class.

**Instructor:** Black Brook Professional Instruction Staff

**Location:** Black Brook Golf Course

**Sessions:** 4 - kids ages 5-7

**Resident:** \$45 | **Non-Resident:** \$55

dates	day	time
May 31 - June 21	Saturday	12:00 - 12:45 p.m.
July 12 - Aug 2	Saturday	12:00 - 12:45 p.m.
Aug 23 - Sept 13	Saturday	12:00 - 12:45 p.m.

### Adult Golf School

Introduction to the fundamentals; grip, stance, posture, full swing, chipping, putting, plus rules and etiquette with individual problem solving. Four 60-minute classes, with a maximum of 8 students per class.

**Instructor:** Black Brook Professional Instruction Staff

**Location:** Black Brook Golf Course

**Sessions:** 4 - Adults - Coed - age 15 and older

**Resident:** \$85 | **Non-Resident:** \$95

dates	day	time
May 27 - June 17	Tuesday	5:30 - 6:30 p.m.
July 8 - July 29	Tuesday	5:30 - 6:30 p.m.
Aug 19 - Sept 9	Tuesday	5:30 - 6:30 p.m.
May 29 - June 19	Thursday	5:30 - 6:30 p.m.
July 10 - July 31	Thursday	5:30 - 6:30 p.m.
Aug 21 - Sept 11	Thursday	5:30 - 6:30 p.m.

## Kids Golf Camp

**Ages 8 - 14**

In this camp, we will go over driving, irons, chipping and putting. While working on the basics of the golf swing, we will also be incorporating games with goal driven outcomes to ensure the desires of each kid is met. Limited to 6 students per class.

**Instructor:** Black Brook Golf Course

**Location:** Black Brook Golf Course

**Resident:** \$85 | **Non-Resident:** \$95

### Ages 8 - 11

dates	day	time
June 2 - June 5	M - Th	9:00 - 10:00 a.m.
June 9 - June 12	M - Th	9:00 - 10:00 a.m.
June 16 - June 19	M - Th	9:00 - 10:00 a.m.
June 23 - June 26	M - Th	9:00 - 10:00 a.m.
June 30 - July 3	M - Th	9:00 - 10:00 a.m.
July 7 - July 10	M - Th	9:00 - 10:00 a.m.

### Ages 12 - 14

dates	day	time
June 2 - June 5	M - Th	10:30 - 11:30 a.m.
June 9 - June 12	M - Th	10:30 - 11:30 a.m.
June 16 - June 19	M - Th	10:30 - 11:30 a.m.
June 23 - June 26	M - Th	10:30 - 11:30 a.m.
June 30 - July 3	M - Th	10:30 - 11:30 a.m.
July 7 - July 10	M - Th	10:30 - 11:30 a.m.

## Junior Golf League Specialized Golf Program

**Ages 12 - 17**

Do you want to try out for your High School Golf Team or play at a higher level? This specialized program is just for you. You'll have a 15-minute clinic with our pro each week covering everything from playing, etiquette, character development, and rules, then golfers will play 9 or 18 holes and record their scores. Entry fees are used for prizes throughout the season and a cookout on the final day. The program is open to boys and girls ages 12 to 17 and is run by P.G.A. Professional Tim Ausperk. Limited to 24 participants. **\*\*No play on July 17th\*\***

**Location:** Black Brook Golf Course

**League registration fee:** \$49 | **Greens Fees paid weekly**

dates	day	time
June 5 - July 31	Thursday	8:45 a.m.



## Junior Golf League

Ages 10 - 14

Each Thursday morning in the summer, more than 100 juniors tee it up for 9 holes of golf in this program designed for the experienced junior golfer. The league includes instruction from the Professional Golf Staff, skills contests, character development, and regular course play. Entry fees are used for prizes throughout the season and a cookout on the final day. Play begins June 4th with the final day and annual cookout July 31st. Limited to 24 participants per time slot. **\*\*No play on July 17th\*\***

**Location: Black Brook Golf Course**

**League registration fee: \$49 | Greens Fees paid weekly**

dates	day	time
June 5 - July 31	Thursday	9:15 a.m.
June 5 - July 31	Thursday	9:45 a.m.
June 5 - July 31	Thursday	10:15 a.m.

# GREAT OUTDOORS

## Explore Our Parks

The City of Mentor offers many opportunities to discover the natural beauty and delicate ecosystems of our area with more than 1,200 acres of park land. Explore the walking trail at Walsh Park and Civic Center Park, take in the beauty and secluded setting of Wildwood Park or discover the unique features of the Mentor Marsh at Mentor Lagoons Nature Preserve & Marina or Morton Community Park.

Our smaller parks such as President's Park, Krueger Park, Mentor Dog Park and Bellflower and Civic Center Skate-parks offer unique features for family fun. You can't beat the view of sunset over Lake Erie while sitting on a park bench at Mentor Beach Park or the laughter of children playing on the all-inclusive playground at Eleanor B. Garfield Park.

### Bike

Mentor's extensive bikeway system includes bike paths, bike lanes, interconnecting sidewalks and trails through our parks. More than 9 miles of bikeable areas exist. Visit [www.cityofmentor.com](http://www.cityofmentor.com) for more details.

### Hike

Hiking trails are available at Walsh Park, Wildwood Park, Morton Community Park, Civic Center Park and Mentor Lagoons Nature Preserve. Trail maps for each park can be found at [www.cityofmentor.com](http://www.cityofmentor.com) under the park of your choice.

### Paddle

Come experience the Mentor Lagoons by paddle. The City of Mentor has established a water trail through the Lagoons waterways, including a brief exploration of Marsh Creek and access to shoreline paddling on Lake Erie. The trail launches adjacent to the parking lot and flows for approximately 3 miles of protected flat-water paddling. Access to Lake Erie provides unlimited shoreline paddling and the opportunity to connect with Headlands Beach State Park and Fairport Harbor Beach.

## Mentor Lagoons Nature Preserve & Marina

8365 Harbor Drive, Mentor, Ohio (440) 205-DOCK

Hours: Monday - Friday, 8 a.m. - 4:30 p.m.

[www.cityofmentor.com](http://www.cityofmentor.com)



The Mentor Lagoons Marina features a safe harbor with quick, direct access to Lake Erie. The tranquil waters of the lagoons provide protected dockage for your boat. Each dock has its own green space for picnicking and relaxation. The Marina offers discounted rates for dockage to Mentor residents. Call the Marina for details.

### 2025 Kayak Rates

Kayak & Paddleboard Rentals

Open Memorial Day - Labor Day

- Single kayak \$10/hour
- Double kayak \$15/hour
- Canoe \$15/hour
- Stand up paddleboard \$10/hour
- Pedal boats \$20/hour

### 2025 Dockage Rates

**Summer Dockage** May 1 - October 30

Sr Res \$59.00/ft | Res \$60.00/ft | Non-Res \$68.00/ft

*\*per linear feet per wall*

**Floating Docks** May 1 - October 30

*All Docks 30 Feet Long*

Sr Res \$1,350.00 | Res \$1,400.00 | Non-Res \$1,700.00

**Rack Operation** May 1 - October 30

Sr Rate \$1,450.00 | Res Rate \$1,500.00 |

Non-Res \$1,800.00

**Summer Storage** May 1 - October 31

*Outside Boat Storage -per foot*

Resident \$15.00/ft | Non-Resident \$19.00/ft

*Trailer Storage outside*

Resident \$140.00 | Non-Resident \$175.00

### Services

*Hoisting (each way):* Res \$5.00/ft | Non-Res \$6.00/ft

*Pressure Cleaning:* Res \$2.00/ft | Non-Res \$3.00/ft

*Blocking/Cradling:* Res \$3.00/ft | Non-Res \$4.00/ft

*First time online registering with us?*

*Call one of our facilities so we can set up  
a new account for you.*

# CITY OF MENTOR NATURAL RESOURCES

## Hike with a Naturalist

All Ages

Join a naturalist on Thursday hikes through city parks and natural areas while we observe and discuss specific nature topics. Are you interested in amphibians and reptiles? Wanting to learn more about native wildflowers and their pollinators? Looking to sharpen your tree ID skills? Then these are the hikes for you!

**Instructor:** Natural Resource Specialists  
**Location:** Mentor Lagoons Nature Preserve, Morton Park & Springbrook Gardens  
**Resident | Non-Resident:** Free  
**Thursday(s), 5:00 - 6:30 p.m.**

dates	hike
May 22	Tree and Plant ID (Lagoons)
May 29	Ecosystems and Your Yard (Lagoons)
June 12	Fungi (Morton Park)
July 17	Cavity Nesters (Springbrook)
Aug 14	Reptiles and Amphibians (Lagoons)
Aug 21	Insects (Springbrook)



## Bird House/ Box Workshop

Ages 18+

Bird houses are an excellent way to attract local bird species and to liven up your property. Many species such as blue birds, house wrens, and tree swallows benefit from these structures. Learn proper care and techniques from a specialist to help your boxes become successful. We will go over location selection, predator management, monitoring, and much more! Each participant will receive a bird box to build during the program and take home.

**Instructor:** Jamie Jubeck, Natural Resource Specialist  
**Location:** Springbrook Gardens  
**Resident | Non-Resident:** \$15

date	day	time
May 2	Friday	5:30 - 7:00 p.m.

## Aquatic Adventurers

Ages 7-13

Investigate the diversity of vernal pools at the Lagoons Nature Preserve with a natural resource specialist. Learn the importance of these seasonal woodland pools to amphibians while observing frogs and salamanders up close! Please wear rain boots or waterproof shoes. We will be hiking off trail and in water on this adventure. Children must be accompanied by an adult.

**Instructor:** Natural Resource Specialist  
**Location:** Springbrook Gardens Park  
**Resident | Non-Resident:** \$5

date	day	time
May 3	Saturday	2:00 - 3:30 p.m.

## Spring Bird Walks

Ages 10+

Celebrate the return of migratory bird species to our region as we look for egrets, kingfisher, migratory thrushes, warblers, and much more! On good days in the spring, we can see 100 species in the Mentor headlands area. Learn new birds as we discuss the important role Mentor plays for migratory and breeding birds. Bring water, hiking boots, and binoculars if you have them.

**Instructor:** Joel Throckmorton,  
Natural Resource Specialist  
**Location:** Springbrook Gardens &  
Mentor Lagoons Nature Preserve  
**Resident | Non-Resident:** Free

date	day	time
May 7	Wed	7:30 - 9:30 a.m. (Springbrook)
May 14	Wed	4:00 - 6:00 p.m. (Mentor Lagoons)



## Migratory Bird Banding

Ages 5+

This hands-on program will allow you to see migratory spring birds such as warblers, chickadees, and woodpeckers up close. Come learn from trained ornithologists on how we capture birds, band them, and safely send them on their way. You'll also learn why scientists tag migratory birds and what it tells us about bird populations.

**Instructor:** Joel Throckmorton,  
Natural Resource Specialist  
**Location:** Mentor Lagoons Nature Preserve  
**Resident | Non-Resident:** Free

date	day	time
May 17	Saturday	8:00 - 10:30 a.m.

## Sunset Paddle

Ages 12+

Come enjoy the sunset on the water at the Lagoons. Join our Natural Resource Specialist for the Summer solstice on June 20th or the full moon on July 21st. We will observe wildlife of the nature preserve while enjoying the picturesque sunset all while relaxing in kayaks! Participants are welcome to bring their own kayak/canoe/SUP if they prefer.

**Instructor:** Jamie Jubeck, Natural Resource Specialist  
**Location:** Mentor Lagoons Nature Preserve  
**Resident:** \$20 | **Non-Resident:** \$25

dates	day	time
June 20	Friday	7:30 - 9:30 p.m.
July 21	Monday	7:30 - 9:30 p.m.

## Nature at Night

Ages 7+

It's not every day you get to explore the parks at night! Join us as we investigate the hoots and howls we hear while traveling the nocturnal trails of Mentor. Participate in our moth observation station, listen for owls, and search for flying squirrels while hiking a moonlit trail.

**Instructor:** Natural Resource Specialists  
**Location:** Mentor Lagoons Nature Preserve &  
Wildwood Cultural Center  
**Resident | Non-Resident:** Free

dates	day	time
May 9	Friday	9:30 - 11:00 p.m. (Lagoons)
July 11	Friday	9:30 - 11:00 p.m. (Wildwood)

great outdoors





## Purple Martin Banding

All Ages

The Lagoon's colony of Purple Martins will have young ready to be banded in early July! Come learn about the conservation efforts associated with this species and why ornithologists band birds. This will be a rare opportunity to see baby birds up close and personal. You will also learn what you can do to help native bird populations and how to attract Purple Martins to your yard.

**Instructor:** Joel Throckmorton,

**Natural Resource Specialist**

**Location:** Mentor Lagoons Nature Preserve

**Resident | Non-Resident:** Free

date	day	time
July 7	Monday	9:00 - 11:00 a.m.

## Moth Madness 3.0

Ages 7+

Join us for year 3 of moth madness as we attempt to ID some of the hundreds of moth species present in our area. They are underappreciated, and we intend to shine the light on them, literally! We will have a mothing station consisting of white sheets and black lights to increase our chances of getting a closer look at the various species. Bring your camera and bug containers!

**Instructor:** Natural Resource Specialists

**Location:** Mentor Lagoons Nature Preserve

**Resident | Non-Resident:** Free

date	day	time
July 25	Friday	9:30 - 11:00 p.m.

## Community Beach Cleanup

All Ages

Help the Natural Resources Division tackle the trash at the Mentor Lagoons Beach. Come out for a beautiful day on the beach while we work to clean up our amazing, shared resource. Each participant will receive a commemorative token of appreciation. Trash bags and gloves provided.

**Instructor:** Natural Resource Specialists

**Location:** Mentor Lagoons Nature Preserve

**Resident | Non-Resident:** Free

date	day	time
Aug 9	Saturday	10:00 a.m. - 12:00 p.m.

## Summer Science Explorers

Ages 7 - 13

Study environmental science while being outside! This 3-day experience offers an opportunity to use the city of Mentor's parks and natural areas as classrooms. Natural resource specialists will lead groups through various field studies and activities to observe wildlife, catch and catalog insects, and more. Research equipment and tools provided.

**Instructor:** Natural Resource Specialists

**Location:** Mentor Lagoons Nature Preserve,

**Springbrook Gardens, Headlands**

**Resident: \$30 | Non-Resident: \$40**

dates	day	time
June 16	Mon	9:00 a.m. - 12:00 p.m. (Lagoons)
June 17	Tues	9:00 a.m. - 12:00 p.m. (Springbrook)
June 18	Wed	9:00 a.m. - 12:00 p.m. (Headlands)

## Crafting with Nature

Ages 5+

Learn about the park around you while creating beautiful crafts using natural materials. Choose from an array of ideas or use materials to craft something entirely unique. Naturalists will guide hikes to gather materials while also sharing knowledge of our parks and public spaces. All materials/supplies will be provided.

**Instructor:** Alison Imhoff, Natural Resource Team

**Location:** Wildwood Cultural Center

**Resident: \$5 | Non-Resident: \$10**

date	day	time
Aug 8	Friday	2:00 - 4:00 p.m.

## Plant Pull-ooza

Your help is needed in restoring the forest at the Wildwood Cultural Center grounds to its natural state. Invasive plants often take over an area and prevent native plants from thriving. Through hand pulling/removal, you can provide better opportunities for native plants and allow for wildlife to re-colonize.

**Instructor:** Natural Resource Staff

**Location:** Wildwood Cultural Center

**Resident | Non-Resident:** Free

date	day	time
June 13	Friday	9:00 - 11:00 a.m.

## Morning Marsh Paddle

Ages 12+

Bring along your kayak or rent one from the Mentor Lagoons kayak shack to explore the Mentor Marsh at dawn. You will be guided by a Natural Resource Specialist who will point out various species of flora and fauna. Bring along your coffee and binoculars for this relaxing and informative activity on the water.

**Instructor:** Jamie Jubeck, Natural Resource Specialist

**Location:** Mentor Lagoons Nature Preserve

**Resident: \$20 | Non-Resident: \$25**

date	day	time
Aug 16	Saturday	8:30 - 10:30 a.m.

## Learn to Stand Up Paddleboard

Ages 14+

Stand up paddle boarding (SUP) is an amazing way to work on your core, balance and strength with a fun experience on the water for ages 14 and older. Most people are surprised at the stability of the boards and most make it through their first lesson without falling off. Class consists of 15 minutes of land instruction followed by a 45 - 60-minute paddle on the lagoons. All equipment is provided: paddleboard, life jacket and paddle. Please wear a bathing suit, and shirt or shorts for comfort, sunscreen, a hat, and bring a towel, a change of clothes and a water bottle. Participants must be able to swim 25 yards unassisted. We have three styles of board to find the one best for your stability and experience level.

**Instructor:** Michelle Haag / Recreation Staff

**Location:** Mentor Lagoons Marina & Nature Preserve

**Resident: \$20 | Non-Resident: \$25**

dates	day	time
June 24	Tuesday	6:00 - 7:30 p.m.
July 8	Tuesday	6:00 - 7:30 p.m.
July 15	Tuesday	6:00 - 7:30 p.m.
Aug 19	Tuesday	6:00 - 7:30 p.m.

## Paddling Experiences

Adult; Ages 10 and over with parent

Great for all ages and levels. You can select between a single kayak, tandem kayak, or use a canoe. We provide life jackets and paddles. We'll go over basic paddling safety, then, we will explore the Lagoons Water Trail, enjoy calm waters and get a birds-eye view of the lagoon's ecosystem. Bring a hat, sunscreen, dry clothes, a towel and a water bottle for all family members. Kids under age 10 must be in a kayak or canoe with an adult. We strongly recommend closed toed shoes as your feet will be in the water when getting in and out of the boats.

**Instructor:** Michelle Haag/Rob Pauley/Recreation Staff

**Location:** Mentor Lagoons Marina & Nature Preserve

**Resident:** \$20 | **Non-Resident:** \$25

dates	day	time
Jun 3	Tue	6:00 - 7:30 p.m.
Jun 9	Mon	8:00 - 9:30 p.m. (Full Moon Paddle)
Jun 15	Sun	9:00 - 10:30 a.m. (Father's Day Paddle)
Jun 19	Thu	6:00 - 7:30 p.m.
Jul 1	Tue	6:00 - 7:30 p.m. (Taste of Sailing, Sunfish)
Jul 9	Wed	8:00 - 9:30 p.m. (Full Moon Paddle)
Jul 12	Sat	9:00 - 10:30 a.m. (Morning Paddle)
Jul 17	Thu	6:00 - 7:30 p.m. (Taste of Sailing, Sunfish)
Jul 20	Sun	7:00 - 8:30 a.m. (Sunrise Paddle)
Jul 31	Thu	6:00 - 7:30 p.m.
Aug 5	Tue	6:00 - 7:30 p.m.
Aug 7	Thu	7:30 - 9:00 p.m. (Full Moon Paddle)
Aug 14	Thu	6:00 - 8:00 p.m.
Aug 21	Thu	6:00 - 7:30 p.m. (Taste of Sailing, Sunfish)
Aug 24	Sun	9:00 - 10:30 a.m. (Morning Paddle)
Aug 28	Thu	6:00 - 7:30 p.m.

## Shadow a Naturalist

Ages 14+

Are you thinking of pursuing a career in natural resources? Take advantage of this opportunity to work with the City of Mentor's Natural Resources Division to get hands on experience with field work. For the mornings you will assist specialists with bluebird nest monitoring, plant inventories, invasive plant management, wildlife surveys and more. **Signing up gets you in all three classes!**

**Instructor:** Natural Resource Specialists

**Location:** Mentor Lagoons Nature Preserve, Springbrook Gardens

**Resident:** \$30 | **Non-Resident:** \$40

dates	day	time
July 14	Monday	9:00 a.m. - 12:00 p.m.
June 17	Tuesday	9:00 a.m. - 12:00 p.m.
June 18	Wednesday	9:00 a.m. - 12:00 p.m.

## Kayak Parties

Celebrate any special occasion with a guided, 2-hour kayak trip through the Mentor Lagoons. Group minimum is 6 people. The cost is \$25 per person. Trips must be booked at least two weeks in advance. Kayaks, life jackets, paddle and instruction are included. Kayaking is a physical sport. All participants must be capable of paddling for a minimum of 30 - 45 minutes and must be able to swim 25 yards. Minimum age is 10. Single and double kayaks are available. Space available for a bring-your-own picnic. **Call the Recreation Department at (440) 974-5720 to book your date.**

**Instructor:** Michelle Haag / Rob Pauley

**Location:** Mentor Lagoons Marina & Nature Preserve

**Resident | Non-Resident:** \$25 per person

# MENTOR SENIOR CENTER



8484 Munson Road, Mentor, Ohio 44060  
440.974.5725 - [www.mentorseniorcenter.com](http://www.mentorseniorcenter.com)

## Arts and Crafts

### Creative Ceramics

Join us for seasonal projects. Class includes instruction and firing. A \$10 supply fee is included with your registration and includes use of brushes and paints. All levels of students are welcome. Starter projects for new students are available and payable to the instructor. It is recommended for returning students to bring their own greenware or bisque pieces.

**Instructor:** Sharon Williams

**Location:** Senior Center Cultural Arts Room

**Resident:** \$50 | **Non-Resident:** \$60

dates	day	time
May 7 - June 18	Wed	10:00 a.m. - 12:00 p.m.
July 2 - Aug 20	Wed	10:00 a.m. - 12:00 p.m.

## Quilting

Explore new projects using modern time-saving methods in a friendly, self-paced atmosphere. Focus will be on learning color, value, and construction techniques to advance your quilting knowledge. Students should bring material (based upon provided project supply list), sewing machine in good condition, sewing notions, and miscellaneous supplies (rulers, rotary cutters, scissors). An iron and ironing board is provided for your convenience. Both classes accept beginners and students up to an intermediate/advanced skill level.

**Instructor:** Teri Bittner

**Location:** Senior Center Cultural Arts Room

**Resident:** \$40 | **Non-Resident:** \$50

dates	day	time
July 7 - Aug 18	Monday	5:30 - 7:30 p.m.
July 1 - Aug 19	Tuesday	9:00 - 11:00 a.m.

## Woodcarving

Beginner or experienced carvers. Patterns and tools available. The first project kit is available for \$5, payable to the instructor. Remaining projects and wood are at your own expense.

**Volunteer Instructor:** Ken Kothera

**Location:** Senior Center Cultural Arts Room

**Resident | Non-Resident:** Free

dates	day	time
May 6 - Aug 26	Tuesday	2:00 p.m. - 4:00 p.m.



## All Media Painting

All the fundamentals of art will be covered: composition, design, and color. Please bring the media of your choice, paper, and reference materials.

**Instructor: Ginny Mancini**

**Location: Senior Center Cultural Arts Room**

**Resident: \$40 | Non-Resident: \$50**

dates	day	time
May 1 - June 19	Thursday	10:00 a.m. - 12:00 p.m.

**\*\* (no classes July - August) \*\***

## Continuing Education

### American Sign Language Club

Join the American Sign Language Club. Expand on what you already know. Learn sentence structure and more about Deaf culture. Challenge yourself and continue learning!

**Volunteer Instructor: Sharon House**

**Location: Senior Center Lobby**

**Resident | Non-Resident: Free**

dates	day	time
May 6 - Aug 26	Tuesday	12:00 - 1:00 p.m.

### Book Club

Join Mentor librarian Cailey Hutchens to discuss popular reads each month. Call (440) 255-8811, ext. 247 to arrange pick up at the drive thru. Personal copies may also be used. For more information, email [cailey.hutchens@mentorpl.org](mailto:cailey.hutchens@mentorpl.org)

**Location: Senior Center Cultural Arts Room**

**Resident | Non-Resident: Free**

dates	day	time
May 21	Wednesday	1:30 - 3:00 p.m.

*The Secret Book of Flora Lea* by Patti Callahan Henry

June 18	Wednesday	1:30 - 3:00 p.m.
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*Someone Else's Shoes* by Jojo Moyes

July - off

August 20	Wednesday	1:30 - 3:00 p.m.
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*Sisters Under the Rising Sun* by Heather Morris

## Lake County Council on Aging

Council on Aging will be visiting the Senior Center to bring information and discuss their programs and services that are available to seniors in Lake County.

**Location: SC Cardinal Room 12:00 - 12:30 p.m. /**

**Great Room 12:30 - 1:00 p.m.**

**Resident | Non-Resident: Free**

dates	day	topic
May 5	Mon	Benefits (Medicaid, HEAP, SNAP)
Jun 2	Mon	Options Counseling
Jul 7	Mon	Volunteer Opportunities
Aug 4	Mon	Meals on Wheels

**First time online registering with us?**

**Call one of our facilities so we can set up a new account for you.**

## Coffee with the Cops - Drone Team



Did you know the Mentor Police Department has a Drone Team? Join us for a demonstration of this extremely effective technology that assists in search and rescue, hazardous material identification and fugitive search and support.

**Location: Senior Center Patio**

**Resident | Non-Resident: Free**

date	day	time
May 21	Wednesday	10:00 - 11:00 a.m.

## Fitness and Wellness

### Line Dancing Basic Beginner

Learn the steps and terminology of the basics of line dancing along with different dance rhythms. We will use different genres of music to make this a fun-filled class. All you need is a comfy pair of shoes that have a slick bottom and cannot be kicked off while dancing. Please no "slip-on sandals/flip flops" or "high heels" for your safety.

**Instructor: Tina**

**Location: Senior Center Fitness Studio**

**Resident: \$20 | Non-Resident: \$25**

dates	day	time
May 7 - June 18	Wednesday	5:45 - 6:45 p.m.
July 2 - Aug 27	Wednesday	5:45 - 6:45 p.m.

**\*\* (no class August 20) \*\***

### Line Dancing Advanced Beginner/Improver

This is for those ready to take line dancing to the next level. You should have completed at least 6 months of a Basic Beginner class, be an experienced dancer that wants to have a refresher course, or just like to keep it nice and easy. This class will move along a little faster as most steps were learned in the Basic Beginner class.

**Instructor: Tina**

**Location: Senior Center Fitness Studio**

**Resident: \$20 | Non-Resident: \$25**

dates	day	time
May 7 - June 18	Wednesday	6:45 - 7:45 p.m.
July 2 - Aug 27	Wednesday	6:45 - 7:45 p.m.

**\*\* (no class August 20) \*\***

## Parkinson's Exercise

This fitness program is designed to empower people with Parkinson's disease by optimizing their physical function and helping delay the progression of symptoms. These classes focus on Parkinson's specific exercises that help fight the symptoms of the disease. No equipment or expertise is necessary; just participate at your own level of ability.

**Instructor: Dana, Sharon, Pat**

**Location: Senior Center Fitness Studio**

**Resident | Non-Resident: Free**

dates	day	time
May 7 - June 18	Wednesday	3:00 - 3:45 p.m.
July 2 - Aug 20	Wednesday	3:00 - 3:45 p.m.



## Cycling Club

The cycling club begins its 13th season on April 2. All rides are weather permitting and ride cancellations and any changes will be done via email. All rides start at 10 a.m. unless designated otherwise. Optional lunch afterwards. Bicycle helmets are required. New riders are welcome. Rides start on Wednesdays in April and continue through October. Contact Arnie Zvejnieks at 440-525- 0293 for information or to be added to the mailing list.



## Hiking Club

Monday evening hikes usually begin at 6 p.m. and are scheduled from April through October. Hikes are at the various parks in Lake County. You can join the club and hike at any time. Please call the Senior Center to register or if you have any questions. Hiking locations will be emailed to everyone registered for the club.

## Low Impact Aerobics

This energetic class is designed for able-bodied seniors, with a small amount of resistance bands and weights.

**Instructor: Sharon**

**Location: Senior Center Fitness Studio**

**Resident: \$20 | Non-Resident: \$25**

dates	day	time
May 5 - June 23	Monday	9:00 - 9:45 a.m.
<b>**(no class May 26)**</b>		
May 6 - June 17	Tuesday	9:00 - 9:45 a.m.
May 1 - June 19	Thursday	9:00 - 9:45 a.m.
May 2 - June 20	Friday	9:00 - 9:45 a.m.
July 7 - Aug 18	Monday	9:00 - 9:45 a.m.
July 1 - Aug 19	Tuesday	9:00 - 9:45 a.m.
July 3 - Aug 21	Thursday	9:00 - 9:45 a.m.
July 11 - Aug 22	Friday	9:00 - 9:45 a.m.

## Mat Yoga

Enhance your flexibility, strength and balance with a combination of sun salutation, balance and warrior poses. Class will include seated and standing poses, finishing with relaxation. Please bring a mat and wear loose fitting clothes. For beginner and continuing students.

**Instructor: Sue, Yoga Renew certified**

**Location: Senior Center Fitness Studio**

**Resident: \$20 | Non-Resident: \$25**

dates	day	time
May 5 - June 23	Monday	3:00 - 3:45 p.m.
<b>**(no class May 26)**</b>		
May 7 - June 18	Wednesday	4:00 - 4:45 p.m.
July 7 - Aug 18	Monday	3:00 - 3:45 p.m.
July 2 - Aug 20	Wednesday	4:00 - 4:45 p.m.

## SilverSneakers®

**\*\*SSMembers = SilverSneakers Members**

### SilverSneakersBOOM® MOVE

A dance inspired workout to challenge fitness with easy to follow movement patterns.

**Instructor: Pam**

**Location: Senior Center Fitness Studio**

**Resident | Non-Resident: \$20 | SSMembers: Free**

dates	day	time
May 5 - June 23	Monday	4:00 - 4:50 p.m.
<b>**(no class May 26)**</b>		
July 7 - Aug 18	Monday	4:00 - 4:50 p.m.

### SilverSneakersBOOM® MUSCLE

This class incorporates athletic exercises that boost your overall fitness. Move through muscle-conditioning blocks and activity-specific drills to improve strength and functional skill. For intermediate to advanced students.

**Instructor: Joy**

**Location: Senior Center Fitness Studio**

**Resident | Non-Resident: \$20 | SSMembers: Free**

dates	day	time
May 5 - June 23	Monday	8:10 - 8:50 a.m.
<b>**(no class May 26)**</b>		
May 7 - June 18	Wednesday	8:10 - 8:50 a.m.
July 7 - Aug 18	Monday	8:10 - 8:50 a.m.
July 2 - Aug 20	Wednesday	8:10 - 8:50 a.m.

### SilverSneakers® Classic

Increase muscle strength and range of motion and improve activities for daily living. You'll have a chair for seated exercises and standing support. Your instructor will modify the exercises for your fitness level.

**Instructor: Sharon - Mon/Fri, Joy - Tues/Thurs am,**

**Sue - Tues/Thurs pm, Pat - Wed**

**Location: Senior Center Fitness Studio**

**Resident | Non-Resident: \$20 | SSMembers: Free**

dates	day	time
May 5 - June 23	Monday	10:00 - 10:45 a.m.
<b>**(no class May 26)**</b>		
May 6 - June 17	Tuesday	8:10 - 8:50 a.m.
May 6 - June 17	Tuesday	1:00 - 1:45 p.m.
May 7 - June 18	Wednesday	10:00 - 10:45 a.m.
May 1 - June 19	Thursday	8:10 - 8:50 a.m.
May 1 - June 19	Thursday	1:00 - 1:45 p.m.
May 2 - June 20	Friday	10:00 - 10:45 a.m.
July 7 - Aug 18	Monday	10:00 - 10:45 a.m.
July 1 - Aug 19	Tuesday	8:10 - 8:50 a.m.
July 1 - Aug 19	Tuesday	1:00 - 1:45 p.m.
July 2 - Aug 20	Wednesday	10:00 - 10:45 a.m.
July 3 - Aug 21	Thursday	8:10 - 8:50 a.m.
July 3 - Aug 21	Thursday	1:00 - 1:45 p.m.
July 11 - Aug 22	Friday	10:00 - 10:45 a.m.



## SilverSneakers® Circuit

Standing upper-body strength work alternated with low impact cardio using a chair for standing support.

**Instructor:** Sue - Tues/Thurs, Pat - Wed

**Location:** Senior Center Fitness Studio

**Resident | Non-Resident: \$20 | SSMembers: Free**

dates	day	time
May 6 - June 17	Tuesday	2:00 - 2:45 p.m.
May 7 - June 18	Wednesday	11:00 - 11:45 a.m.
May 1 - June 19	Thursday	2:00 - 2:45 p.m.
July 1 - Aug 19	Tuesday	2:00 - 2:45 p.m.
July 2 - Aug 20	Wednesday	11:00 - 11:45 a.m.
July 3 - Aug 21	Thursday	2:00 - 2:45 p.m.

## SilverSneakers® EnerChi

Seated or standing tai chi movements in flowing sequence to progress strength, balance and focus.

**Instructor:** Denise

**Location:** Senior Center Fitness Studio

**Resident | Non-Resident: \$20 | SSMembers: Free**

dates	day	time
May 1 - June 19	Thursday	4:00 - 4:45 p.m.
July 3 - Aug 21	Thursday	4:00 - 4:45 p.m.

## SilverSneakers® Stability

Standing class designed to decrease the risk of falls with focus on improving balance and lower body strength.

**Instructor:** Sharon - Mon/Fri, Pam/Joy - Tues/Thurs

**Location:** Senior Center Fitness Studio

**Resident | Non-Resident: \$20 | SSMembers: Free**

dates	day	time
May 5 - June 23	Monday	11:00 - 11:45 a.m.
<b>** (no class May 26) **</b>		
May 6 - June 17	Tuesday	12:00 - 12:45 p.m.
May 1 - June 19	Thursday	12:00 - 12:45 p.m.
May 2 - June 20	Friday	12:00 - 12:45 p.m.
July 7 - Aug 18	Monday	11:00 - 11:45 a.m.
July 1 - Aug 19	Tuesday	12:00 - 12:45 p.m.
July 3 - Aug 21	Thursday	12:00 - 12:45 p.m.
July 11 - Aug 22	Friday	12:00 - 12:45 p.m.

## SilverSneakers® YOGA

Seated and standing yoga poses to increase flexibility, balance and range of motion.

**Instructor:** Denise - Mon/Thurs, Pat - Wed, Sharon - Fri

**Location:** Senior Center Fitness Studio

**Resident | Non-Resident: \$20 | SSMembers: Free**

dates	day	time
May 5 - June 23	Monday	12:00 - 12:45 p.m.
<b>** (no class May 26) **</b>		
May 7 - June 18	Wednesday	9:00 - 9:45 a.m.
May 1 - June 19	Thursday	3:00 - 3:45 p.m.
May 2 - June 20	Friday	11:00 - 11:45 a.m.
July 7 - Aug 18	Monday	12:00 - 12:45 p.m.
July 2 - Aug 20	Wednesday	9:00 - 9:45 a.m.
July 3 - Aug 21	Thursday	3:00 - 3:45 p.m.
July 11 - Aug 22	Friday	11:00 - 11:45 a.m.

## Stretch and Balance

Seated and standing exercises focus on isolating to improve balance, flexibility, and to increase mobility. This class is also available virtually through Zoom.

**Instructor:** Sharon

**Location:** Senior Center Fitness Studio

**Resident: \$20 | Non-Resident: \$25**

dates	day	time
May 6 - June 17	Tuesday	11:00 - 11:45 a.m.
May 1 - June 19	Thursday	11:00 - 11:45 a.m.
July 1 - Aug 19	Tuesday	11:00 - 11:45 a.m.
July 3 - Aug 21	Thursday	11:00 - 11:45 a.m.

## Weight Training

This strength class is designed to build muscle, strength and bone density. Resistance bands and weights will be used while standing and seated.

**Instructor:** Sharon

**Location:** Senior Center Fitness Studio

**Resident: \$20 | Non-Resident: \$25**

dates	day	time
May 6 - June 17	Tuesday	10:00 - 10:45 a.m.
May 1 - June 19	Thursday	10:00 - 10:45 a.m.
July 1 - Aug 19	Tuesday	10:00 - 10:45 a.m.
July 3 - Aug 21	Thursday	10:00 - 10:45 a.m.

## Fitness Center



A variety of cardio equipment is available including treadmills, seated ellipticals and standing ellipticals, NuStep and a recumbent bike. Light free weights, 4 weight stationary stations (abdominal, leg press, leg extension/curl, chest press) and a cable pulley station are available for strength training. Members are asked to disinfect each piece of equipment after use. Please bring clean, dry shoes to prevent equipment damage. **Fitness Orientation is required prior to using fitness center.**

## Fitness Orientation - Cardio Training

Learn how to use the treadmill, elliptical and bike including operating the machine, adjusting settings, using heart rate functions and proper form. Maximum of 4 people per class.

**Location:** Senior Center Fitness Center

**Resident | Non-Resident: \$15 | SSMembers: Free**

**Call to schedule appointment**

day	time
Monday	6:30 - 7:20 p.m.
Tuesday	12:00 - 12:50 p.m.
Tuesday	9:00 - 9:50 a.m.
Thursday	1:00 - 1:50 p.m.

## Fitness Orientation - Strength Training

Learn how to operate fundamental strength training machines focused on large muscle groups (such as chest, upper back, and hamstrings/quadriceps leg muscles) while using correct form and proper breathing techniques. Participants will receive assistance in determining their specific equipment adjustments and weight settings, and learn how to modify strength training exercises based on individual needs. Maximum of 4 people per class.

**Location: Senior Center Fitness Center**

**Resident | Non-Resident: \$15**

**Call to schedule appointment**

day	time
Monday	6:30 - 7:20 p.m.
Tuesday	12:00 - 12:50 p.m.

## Personal Training

***Don't wait to start feeling great!*** Schedule an appointment now to get back on the road to health and fitness! You will find that regular exercise will help you feel less stiff, stronger, and more energetic throughout the day. Every step of the way you'll be guided by a passionate personal trainer committed to your safety and wellness.

**Tuesday, Thursday and Friday afternoons**

**Location: Senior Center Fitness Center**

**Resident | Non-Resident: \$40 for 60 minute session**

**Resident | Non-Resident: \$20 for 30 minute session**

*Pick up a flier at the Senior Center for scheduling information*

## Exercise Classes

at Mentor Community Recreation Center

6000 Heisley Rd., Mentor

**Mentor Senior Center Member rates listed below**

## Pickleball

### Beginner Pickleball - Seniors

**Adults 55+**

Come learn the fastest growing sport in America! This class is for the novice player (USA Pickleball rating of 1.0 - 2.5) and covers the basics of pickleball including rules, terminology, fundamentals and introduces match play. Players are encouraged to bring a paddle (but paddles are provided) and a water bottle to each class.

**Instructor: MCRC Staff**

**Senior Center Member Rate: \$48 per session**

**Tuesday(s), 11:30 a.m. - 12:30 p.m.**

**dates:** May 6 - 27, June 3 - 24, July 8 - 29, Aug 5 - 26

### Intermediate Pickleball - Seniors

**Adults 55+**

This intermediate class (USA Pickleball rating of 3.0 - 3.5) covers the fundamentals of pickleball including serving, rallying, keeping score, dinking, and match play. Players are encouraged to bring a paddle (but paddles are provided) and a water bottle to each class.

**Instructor: MCRC Staff**

**Senior Center Member Rate: \$48 per session**

**Tuesday(s), 12:30 - 1:30 p.m.**

**dates:** May 6 - 27, June 3 - 24, July 8 - 29, Aug 5 - 26

## Water Exercise Classes

A variety of water fitness classes are offered at MCRC. Classes will be offered in one month sessions. **Senior Center members will have special access and pricing for designated classes.**

Check out available water classes at <https://cityofmentor.com/departments/parks-recreation/registration/> **Participants can arrive at the facility 20 minutes before class begins and must leave the facility 20 minutes after class ends.**

### Aqua HIIT Water Exercise at MCRC

A full body interval class - focused on strength with a burst of cardio.

**Instructor: MaryBeth**

**Senior Center Member rates listed below.**

dates	day	time	rate
May 6 - 27	Tue	9:00 - 9:50 a.m.	\$20
May 1 - 29	Thur	9:00 - 9:50 a.m.	\$25
June 3 - 24	Tue	9:00 - 9:50 a.m.	\$20
June 5 - 26	Thur	9:00 - 9:50 a.m.	\$20
July 1 - 29	Tue	9:00 - 9:50 a.m.	\$25
July 3 - 31	Thur	9:00 - 9:50 a.m.	\$25
Aug 5 - 26	Tue	9:00 - 9:50 a.m.	\$15
Aug 7 - 28	Thur	9:00 - 9:50 a.m.	\$15

**\*\* (no class August 12 & 14) \*\***

### AquaLates Water Exercise at MCRC

A full body dynamic Pilates class of strength and stretching.

**Instructor: Georgina | Intensity: Low to medium**

**Senior Center Member rates listed below.**

dates	day	time	rate
May 7 - 28	Wed	9:00 - 9:50 a.m.	\$20
May 2 - 30	Fri	10:00 - 10:50 a.m.	\$25
June 4 - 25	Wed	9:00 - 9:50 a.m.	\$20
June 6 - 27	Fri	10:00 - 10:50 a.m.	\$20
July 2 - 30	Wed	9:00 - 9:50 a.m.	\$25
July 11 - 25	Fri	10:00 - 10:50 a.m.	\$15
Aug 6 - 27	Wed	9:00 - 9:50 a.m.	\$20
Aug 1 - 29	Fri	10:00 - 10:50 a.m.	\$20

**\*\* (no class July 4 & August 15) \*\***

### Senior Water Exercise at MCRC

A combination of toning, stretching and light cardio geared toward seniors.

**Instructor: Vicki - Tues, Marybeth - Thurs**

**Senior Center Member rates listed below.**

dates	day	time	rate
May 6 - 27	Tue	2:00 - 2:50 p.m.	\$20
May 1 - 29	Thur	2:00 - 2:50 p.m.	\$25
June 3 - 24	Tue	2:00 - 2:50 p.m.	\$20
June 5 - 26	Thur	2:00 - 2:50 p.m.	\$20
July 1 - 29	Tue	2:00 - 2:50 p.m.	\$25
July 3 - 31	Thur	2:00 - 2:50 p.m.	\$25
Aug 5 - 26	Tue	2:00 - 2:50 p.m.	\$15
Aug 7 - 28	Thur	2:00 - 2:50 p.m.	\$15

**\*\* (no class August 12 & 14) \*\***

**First time online registering with us?**

**Call one of our facilities so we can set up a new account for you.**





## Shallow/Deep Water Class at MCRC

A combination of shallow and deep water exercises to tone your body while getting your heart pumping.

**Instructor:** Vicki

**Senior Center Member rates listed below.**

dates	day	time	rate
May 5 - 19	Mon	10:00 - 10:50 a.m.	\$15
May 7 - 28	Wed	10:00 - 10:50 a.m.	\$20
June 2 - 30	Mon	10:00 - 10:50 a.m.	\$25
June 4 - 25	Wed	10:00 - 10:50 a.m.	\$20
July 7 - 28	Mon	10:00 - 10:50 a.m.	\$20
July 2 - 30	Wed	10:00 - 10:50 a.m.	\$25
Aug 4 - 25	Mon	10:00 - 10:50 a.m.	\$15
Aug 6 - 27	Wed	10:00 - 10:50 a.m.	\$15

**\*\* (no class May 26, August 11 & 13) \*\***

## Stretch and Tone Water Exercise at MCRC

Light toning and gentle stretching exercises in shallow warm water. This class is perfect for all ages to help with relaxation, stress relief, pain relief, and improved range of motion.

**Instructor:** Marybeth | **Intensity:** Low

**Senior Center Member rates listed below.**

dates	day	time	rate
May 6 - 27	Tue	10:00 - 10:50 a.m.	\$20
May 1 - 29	Thur	10:00 - 10:50 a.m.	\$25
June 3 - 24	Tue	10:00 - 10:50 a.m.	\$20
June 5 - 26	Thur	10:00 - 10:50 a.m.	\$20
July 1 - 29	Tue	10:00 - 10:50 a.m.	\$25
July 3 - 31	Thur	10:00 - 10:50 a.m.	\$25
Aug 5 - 26	Tue	10:00 - 10:50 a.m.	\$15
Aug 7 - 28	Thur	10:00 - 10:50 a.m.	\$15

**\*\* (no class August 12 & 14) \*\***

## Move and Groove Water Exercise at MCRC

Energetic cardio moves set to fun upbeat music... "A Pool Fitness Party."

**Instructor:** Connie | **Intensity:** Medium

**Senior Center Member rates listed below.**

dates	day	time	rate
May 6 - 27	Tue	7:15 - 8:05 p.m.	\$20
June 3 - 24	Tue	7:15 - 8:05 p.m.	\$20
July 1 - 29	Tue	7:15 - 8:05 p.m.	\$25
Aug 5 - 26	Tue	7:15 - 8:05 p.m.	\$15

**\*\* (no class August 12) \*\***

## Games and Clubs

INTERNATIONAL  
CLUB



## International Culture Club

Our informal social club talks about different cultures and current events and don't worry, everything is in English! We have a picnic in September, plan a trip annually, and have a splendid holiday party in December. New members are always welcome and we always serve coffee and desserts. For more details contact Lee at 440-463-9013 or Fran at 440-382-2981. Meets on the 1st Monday of each month at 10 a.m. unless noted below.

**Location:** Senior Center Cardinal Room

**Resident | Non-Resident:** Free

**Monday(s), 10:00 - 11:30 a.m.**

**dates:** May 5, June 3 (**Tuesday Trip**), July 7, Aug 4

## Health Services

### Alzheimer's Association Caregiver Support Group

Discuss signs, symptoms, resources available, caregiving help and other topics for those touched by Alzheimer's and Dementia. Group meets the 2nd Thursday of the month.

**Location:** Senior Center Cultural Arts Room

**Resident | Non-Resident:** Free

**Thursday(s), 1:00 - 2:30 p.m.**

**dates:** May 8, June 12, July 10, Aug 14

## Attorney

Meet privately with an attorney to get help with estate planning, wills, trusts and real estate. Register for a free 10 minute appointment.

**Location:** Senior Center Conference Room #2

**Resident | Non-Resident:** Free

**Wednesday(s), 1:00 - 2:00 p.m.**

**dates:** May 14, June 11, July 16, Aug 13

## Hearing Screenings

Hearing screenings include an earwax check in both ears, a 10-15 minute baseline hearing test, and recommendations for future hearing healthcare based upon your results. **Please call for an appointment.**

**Location:** Senior Center Conference Room #2

**Resident | Non-Resident:** Free

dates	day	time
May 7, July 2	Wednesday	10:00 a.m. - 12:00 p.m.
<i>(Amanda's Family Hearing)</i>		

June 4, Aug 6	Wednesday	10:00 a.m. - 12:00 p.m.
<i>(Reserve Hearing Center)</i>		

## Parkinson's Support Group

Patients, caregivers, family and friends - all are welcome. Come share and learn from each other the first Wednesday of each month. Find support and encouragement.

**Volunteer Leader:** John Mazor

**Location:** Senior Center Cardinal Room

**Resident | Non-Resident:** Free

**Wednesday(s), 4:00 - 5:30 p.m.**

**dates:** May 7, June 4, July 2, Aug 6

## Produce Distribution

In conjunction with the Cleveland Food Bank, we offer produce distribution for limited income seniors the third Monday of the month from 10 - 11 am (if ready, will start at 9:30am). All participants will be registered on site. Participants must certify annual gross household income is at or below \$30,120 for a household of 1 and \$40,880 for a household of 2. Income is self-declared; verification is not required. First come, first served. Please bring a heavy-duty bag or two for produce.

**No advance registration;**

**bring photo ID for onsite registration.**

**Location:** Senior Center Great Room

**Resident | Non-Resident:** Free

**Monday(s), 10:00 - 11:00 a.m.**

**dates:** May 19, June 16, July 21, Aug 18



## Special Elders

Do you need assistance to participate at the Senior Center? The Special Elders staff provides seniors the support and assistance they need to more fully participate in activities. This program provides socialization, assistance with carrying lunch trays for those with physical limitations, assistance with program registration and directing to activities for those with memory issues. (Note this program is not designed for individuals with moderate-severe assistance needs, unless accompanied by a caregiver.)

Laketran is available to bring senior citizens to and from Mentor Senior Center activities.

**An enrollment appointment with Special Elders staff is required prior to participation in Special Elders.**

**Location: Senior Center**

**Resident | Non-Resident: \$20 annual fee (Jan-Dec)**

days	time
Monday, Wednesday	10:30 a.m. - 2:00 p.m.

### Schedule of Activities

#### Monday

10:30 - 10:50 a.m.	Submit lunch orders
11:00 - 11:45 a.m.	Lunch/Socialization
12:00 - 12:45 p.m.	Billiards (optional), no fee
1:00 - 2:00 p.m.	BINGO \$.25 per card

#### Wednesday

10:30 - 10:50 a.m.	Submit lunch orders
11:00 - 11:45 a.m.	Lunch/Socialization
12:00 - 12:45 p.m.	Special Elders Silver Sneakers Classic (optional, registration fee)
1:00 - 2:00 p.m.	Craft, games or parties

## Special Elders SilverSneakers® Classic

Seated and standing exercises to increase muscular strength, range of motion and activities of daily living. This is designed for Special Elders participants and select individuals who may benefit. Wheelchairs welcomed.

**Instructor: Pat**

**Location: Senior Center Fitness Studio**

**Resident | Non-Resident: \$20 | SS Members: Free**

**Wednesday(s), 12:00 - 12:45 p.m.**

**dates: May 7 - June 18, July 2 - Aug 20**

## Visionaries Support Group

If you suffer from vision impairment, plan to attend these free meetings.

**Facilitator: Licensed Optician Debbie Kogler**

**Location: Senior Center Cultural Arts Room**

**Resident | Non-Resident: Free**

**Wednesday(s), 2:00 - 4:00 p.m.**

**dates: May 28, June 25, July 23, Aug 27**

## Meals

### Daily Made From Scratch Lunch

**Monday - Friday, 11:30 a.m. - 12:15 p.m.**

Stop by for the best deal in town! Mentor Senior Center's talented kitchen staff and volunteers prepare delicious, freshly made entrees, sandwiches, soup, and desserts at reasonable prices, for dine in or carry out. A daily Cook's Special features a meat or other high protein dish, and a vegetable at a cost of \$6.00. Daily homemade soup and sandwiches are also available. Homemade cookies finish off the meal. Drinks include coffee, tea, milk, lemonade, and soda. The monthly menu is available at the Senior Center front desk, in the monthly newsletter and online at [www.mentorseniorcenter.com](http://www.mentorseniorcenter.com).

**No reservation or pre-ordering. Members simply place your order in person and pay the cashier (cash only), pick up your meal at the kitchen window and enjoy. Please bus your table promptly when finished eating.**

## Membership and Hours

### Membership and Hours

Mentor Senior Center is a thriving meeting place for Senior Citizens with over 4000 members. Mentor Senior Center, administered by the City of Mentor, is open Monday and Wednesday from 8 a.m.- 8 p.m. and on Tuesday, Thursday, and Friday from 8 a.m. until 5 p.m.

### Holiday Hours

We are closed for Memorial Day, Monday (May 26), and Independence Day, Friday (July 4),

Membership is available to anyone 55 years old or older. Membership is required to participate in Senior Center activities. **Registration for 2025 membership began January 2.** Membership fees are \$10 for Mentor residents and \$15 for nonresidents. Silver Sneaker memberships are also available for those who are eligible.

## Music, Dance and Theater

### Mentor Music Makers Chorus

This group enjoys singing a wide variety of music, and performs at Senior Centers, Retirement Communities, Nursing and Rehab facilities. No special experience or ability to read music is required. The group is under the professional direction of Maria Voljin. Enjoy the music and camaraderie.

**Director: Maria Voljin**

**Location: Senior Center Stage**

**Resident: \$30 | Non-Resident: \$38**

dates	day	time
May 7 - June 18	Wednesday	10:00 - 11:30 a.m.
July 2 - Aug 20	Wednesday	10:00 - 11:30 a.m.



## Hillcrest Concert Band

The Hillcrest Concert Band is recognized as one of the finest adult community bands in the area. Enjoy an evening of great music performed by this 60 piece band on our stage.

**Location: Senior Center Great Room**

**Resident | Non-Resident: \$4**

date	day	time
Aug 13	Wednesday	7:00 - 8:00 p.m.

## Mentor Follies Dancers

Join us for exercise, dance and fun. Always accepting new members.

**Director: Rena Ellwanger**

**Location: Senior Center Stage**

**Resident | Non-Resident: Free**

dates	day	time
June 4 - Aug 27	Wednesday	6:45 - 7:45 p.m.

## Piano Lessons

We offer private 30-minute beginner and continuing piano lessons. The lesson plans include a balance of theory, sight reading and repertoire appropriate to the student's level and musical ability.

**Instructor: Marge Syrone**

**Location: Senior Center Stage**

**Resident: \$70 | Non-Resident: \$87**

dates	day	time
May 6 - June 17	Tuesday	9:00 a.m. - 12:00 p.m.
July 1 - Aug 19	Tuesday	9:00 a.m. - 12:00 p.m.

## Scimitars

The SCIMITARS SWING BAND specializes in the music of the era of the "Big Bands". They bring back the sounds from many artists of the "swing" era. They also present music of an earlier vintage, as well as current popular tunes. Their instrumentation includes full saxophone, trumpet, trombone, and rhythm sections. Concert will be on our back patio, bring a lawn chair and enjoy the concert outside.

**Location: Senior Center Outdoor Patio**

**Resident | Non-Resident: \$2**

date	day	time
July 23	Wednesday	7:00 - 8:00 p.m.

## Special Events

### Senior Center Open House 55+

We welcome new members and the Mentor community to see what a great asset the center is to the community. Current members please invite your neighbor, friend or sibling to see what all the hoopla is about. Class displays will help you discover for yourself the many classes, programs, and events that keep our seniors young. A Powerpoint presentation will highlight our many programs. Included is a tour showcasing our beautiful facility and a snapshot of a day at the center with delicious made from scratch refreshments made by our talented Kitchen staff. **Program is free, but please register.**

**Location: Senior Center**

date	day	time
June 30	Monday	3:00 - 4:30 p.m.



## Northeast Ohio Mind Challenge

The Mind Challenge is back for its 7th year. The mind stimulating event grows each year. We will be forming teams in May, individuals and teams are welcome. Please spread the word, recruit family and friends and get ready for some exciting mind challenging trivia! Please register in advance.

**Location: Willowick Senior Center**

**Resident | Non-Resident: Free**

dates	day	time
May 1	Thursday	1:00 - 2:00 p.m.
<i>Team Formation and Practice Round</i>		
May 8	Thursday	1:00 - 3:00 p.m.
<i>Knockout Round</i>		
May 15	Thursday	1:00 - 3:00 p.m.
<i>Knockout Round</i>		
May 22, 28, 29	TBD	TBD
<i>Semifinals and Finals - Parma Smallwood Center</i>		

## Technology

### Laptop Help

Volunteer Nick Ajdinovich is available to help you with your laptop questions. Whether you have a Mac or Microsoft computer, you will get valuable one-on-one help. Schedule your free 30-minute session today. Check in at the front desk.

**Location: Senior Center Great Room**

**Resident | Non-Resident: Free**

**Monday(s), 9:00 - 11:00 a.m.**

**dates**

May 5 and 12, June 2 and 9, July 7 and 14, Aug 4 and 11

### Tech Help

Mentor High School students will be on hand to help with your tablet, iPad, and smart phone questions. Bring your questions and a willingness to tackle these powerful gadgets. Registration closes 7 days in advance.

**Location: Senior Center Great Room**

**Resident | Non-Resident: Free**

date	day	time
May 7	Wednesday	8:30 - 9:30 a.m.





## Tech Tuesdays with Mentor Public Library

Explore a different technology topic with Mentor Public librarians on the 2nd Tuesday of each month. No prior experience with the topic is needed. Bring your own device to follow along during the class.

**Location: Senior Center Cardinal Room**

**Resident | Non-Resident: Free**

**Tuesday(s), 10:00 - 11:00 a.m.**

*dates      topic*

May 13      Streaming Movies with your Library Card

June 10      No More Cable - How to stream TV & movies

## Trips



Join Mentor Senior Center for exciting local, day, and overnight trips to amazing destinations! Travel comfortably on a charter motorcoach or our 22-passenger bus. Registration for charter trips opens in January, while sign-ups for small bus trips begin on April 7th and 8th. For full trip details, visit [www.mentorseniorcenter.com](http://www.mentorseniorcenter.com) or pick up a flyer at the center. Membership is required to register.

*First time online registering with us?*

*Call one of our facilities so we can set up a new account for you.*

## About Our Camps

Mentor Parks & Recreation is dedicated to providing an outstanding, fun and safe camp environment and experience for all those who participate. We offer exciting camp experiences across many areas of interest designed to promote physical activity, teach new skills, and challenge kids to reach and grow and to make new friends. To accomplish these goals while maintaining safety, affordability and convenience, we rely on a well-trained staff of adults and college students who have a passion for working with young people.

### Here's a little more about our staff:

- Staff members are primarily adults and college students; a few high school students assist
- All staff members are CPR and first aid certified
- Staff are knowledgeable and well-trained
- All staff members go through criminal background checks before they are hired
- Emergency and safety procedures are reviewed on a regular basis
- Staff members are available to answer your questions at any time
- We maintain low staff to camper ratios to provide the best experience possible

## Registration

**Camp registration began February 6 for Mentor residents and February 10 for nonresidents.** All camps require advance registration. Registration for camps generally closes the Wednesday before it is scheduled to begin so that our staff can prepare necessary paperwork, verify supplies and maintain the correct staff to camper ratios. **Registration will not be accepted the day a camp begins.** Please check our website for the most up to date information.

Please check our website at <https://cityofmentor.com/departments/parks-recreation/registration/summer-camps/> for a most current listing of camps offered. Some camps may be sold out by the time this brochure has been delivered.

## How to Register

**Online:** [www.cityofmentor.com/parks-recreation](http://www.cityofmentor.com/parks-recreation)  
**By Phone:** (440) 974-5720 Mon - Fri, 8 a.m. - 5 p.m.  
**In Person:** Recreation Department:  
 6000 Heisley Rd., Mentor  
 Mentor Ice Arena:  
 8600 Munson Rd., Mentor (skating camps)

## Camp Refunds:

Please choose your camps carefully. Full refunds will only be granted if a camp is cancelled by the City of Mentor. **An administrative fee of \$25 will be assessed per person per camp for any changes made to camp registrations.** Changes will include participant cancellations, refund requests and/or transfers. Changes must be made one month prior to the start of camp. Camp changes and partial cancellations cannot be applied to the Full 9 Week Camp option.



Please check our website at <https://cityofmentor.com/departments/parks-recreation/registration/summer-camps/> for a most current listing of camps offered. **Some camps listed below may be sold out by the time this brochure has been issued.**

Superstars	Grades K & 1
Ventures	Grades 2 & 3
Explorers	Grades 4 & 5
Rise & Shine Camp	Grades K - 7
Cool Down Camp	Grades K - 7
Operation Outrageous Fun	Grades 6 - 7
Skyhawk Sports Ultimate Sports Camp	Ages 7 - 12
Aspie Freestyle Camp	Ages 5 - 15
Inspire Synchro Camp	Ages 5 - 15
Cool Blades Summer Ice Skating Camp	Ages 6 - 12
Soccer Camp	Ages 6 - 13
Basketball Camp	Ages 5 - 8
Basketball Camp	Ages 9 - 14
Girls Basketball Camp	Ages 8 - 13
Cleveland Cavaliers Basketball Camp	Ages 8 - 14
Beginner Fencing Camp	Ages 8+
Intermediate Fencing Camp	Ages 8+
Beginner Volleyball Camp	Ages 8 - 12
Serving, Strategy & More-Volleyball Camp	Ages 9 - 14
Volleyball for Advancing Players	Ages 9 - 14
Little Stars Tennis Camp	Ages 6 - 8
Junior Aces Tennis Camp	Ages 9 - 12
Preschool Cheerleading Camp	Ages 4 - 6
Cheerleading, Jumps & Tumbling Camp	Grades 2 - 3
Kids Golf Camp	Ages 8 - 14
Artists Camp	Ages 7 - 12
X-treme Science Challenge	Ages 8 - 12
Nerf Blaster Camp	Ages 6 - 10
Play Camp	Ages 4 - 6
A Week at the Beach	Ages 7 - 11
Marina Mondays	Ages 8 - 12
Superhero Academy	Ages 4 - 6
Boating Camp II	Ages 10 - 14
Wildwood Theatre Camp	Ages 9 - 15
Fun in the Kitchen Cooking Camp	Ages 8 - 12
Wildwood Camp Quest	Ages 7 - 10



## Adult Fitness



### Body Sculpting™

Adults 14+

Awaken your entire body with this one-hour results-oriented Body Sculpting workout designed to make you lean and defined. Build and sculpt muscles, strengthen your core, improve your strength and flexibility while burning fat and calories by using just one set of 3-5 lb. dumbbells. You will gain strength, balance, flexibility and endurance while focusing on total body health. This class will fire up your metabolism helping you to lose weight and inches, while also improving bone strength and density. Bring a set of 3-5-pound dumbbells, exercise mat, water bottle, and stretch band to class. Accommodates all fitness levels. Work out at your own pace. All classes are taught by Certified Fitness Trainers. Join anytime! Class size is limited, and advance registration is required! Ages 14+. Register online at [www.flexcity.com](http://www.flexcity.com) or email for assistance at [BODYSULPTING@FLEXCITY.COM](mailto:BODYSULPTING@FLEXCITY.COM).

**Instructor: Body Sculpting Certified Trainer**  
**Location: Old Council Hall**  
**\$55 for each 8-class session**

#### Monday & Wednesday - 6:00 - 7:00 PM

May 5 - June 2 **\*\* (no class May 26) \*\***  
June 9 - July 2  
July 7 - July 30  
Aug 4 - Aug 27

#### Tuesday & Thursday - 9:30-10:30 AM

Apr 29 - May 22  
May 27 - June 19  
June 24 - July 17  
July 24 - Aug 19

#### Saturday - 9:30-10:30AM

Mar 17 - July 5  
July 12 - Aug 30

### Connect | Share | Get Involved

Check out all the exciting ways to stay connected with the City of Mentor & Parks & Recreation. Whether you're at home or on the go, you can keep up with the city's latest news, events and information.

Like us on Facebook  
City News e-newsletter signup

Mentor Parks & Recreation  
[cityofmentor.com](http://cityofmentor.com)

440.974.5720





**GET OUT IN THE SUN  
AND IN ON THE FUN!  
BECOME A MENTOR LIFEGUARD**



**GET IN ON THE FUN!**  
**NOW HIRING CAMP COUNSELORS FOR THE 2025 SUMMER SEASON**



**City of Mentor**  
**Department of Parks,**  
**Recreation & Public Facilities**

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Mentor, Ohio 44060

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[cityofmentor.com/parks-recreation](http://cityofmentor.com/parks-recreation) | 440.974.5720

Click Online Registration to register today!