



MENTOR SENIOR CENTER JANUARY LUNCH MENU

Monday through Friday from 11:30 AM - 12:30 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Closed Happy New Year	2 Chicken Parmesan	3 Swedish Meatballs over Egg Noodles
6 Meatloaf	7 Lasagna	8 Roasted Pork Loin	9 Chicken Paprikash	10 Meatball Hoagie
13 Chicken Salad Wrap	14 Beef Stew	15 Stuffed Peppers	16 Homemade Pierogies	17 Pork Chop
20 Closed Holiday	21 Chicken Picatta	22 Stuffed Cabbage	23 Spaghetti and Meat Sauce	24 Quiche Lorraine
27 Fabulous 50's Burger	28 Breaded Pork Chop	29 Salisbury Steak	30 Italian Sausage with Pasta	31 Special Event* Monthly Celebration

Lunch staff and volunteers offer delicious, freshly made entrées, sandwiches, salads, soup, and desserts at discounted prices each weekday at the Mentor Senior Center. Lunch foods are planned for the enjoyment of seniors of all ages.

A daily Cooks' Special features a meat or other high protein dish, vegetable, and bread product at a cost of \$4.50. Desserts range from fruit and custard pies to special homemade treats, and we always have ice cream sundaes. Drinks include coffee, tea, milk, juices, or soda and the ever popular root beer float. Come early, quantities are limited!

*MONTHLY CELEBRATION

January Celebration

Menu: Chicken Marsala with rice pilaf, glazed carrots and Texas sheet cake for dessert. Do you remember when the Beatles came to Cleveland? Our presenter Dave Schwensen, sure does, as he was there! Dave is an entertainment journalist and pop culture enthusiast. His presentation and memorabilia will help us all re-live those special times in the 1960s. Call (440) 974-5725 to register over the phone or visit the reception desk to make reservations by Jan 24.

Location: Great Room

Jan 31 Fri 11:30 a.m.

Resident/Nonresident \$8

Special Event luncheons require reservations be made and paid for at

least one week in advance. No other food is available for purchase on these days!

Call us at **(440) 974-5725** if you would like to join our wonderful group of kitchen volunteers. **Welcome our new Kitchen**

Coordinator Mary Swortwood

Mary grew up in Ashtabula, and for the last 20 years called Cincinnati home. After college and culinary training she decided to pursue her dream of owning a restaurant. Over a period of 15 years she opened and operated four restaurants in Cincinnati, selling the last one in the Spring. We're happy she relocated back to Northeast Ohio and joined us here at MSC.

