

## **Mentor Community Recreation Center**

## **Exercise & Lap Lane Schedule**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8a-5:30p 1 lane	5:30-9a 4 lanes	5:30-9a 4 lanes	5:30-9a 4 lanes	5:30-9a 4 lanes	5:30-9a 4 lanes	7a-8:30a 4 lanes
	9a-12p 1 lane	9a-12p 1 lane	9a-12p 1 lane	9a-12p 1 lane	9a-11a 1 lane	2-8:30p 1 lane
	12-3p 4 lanes	12-2p 4 lanes	12-3p 4 lanes	12-2p 4 lanes	11a-1p 4 lanes	
	3-5p 1 lane	2-9:30p 1 lane	3-5p 1 lane	2-9:30p 1 lane	3-9:30p 1 lane	
	7:30-9:30p 1 lane		7:30-9:30p 1 lane			

## **Lap Swim Etiquette is Strictly Enforced:**

Remember the pool is a shared space. Please circle swim when more than 2 swimmers are in a lane. Exercisers please share one lane so lap swimmers have room to Lap swim. We appreciate your Cooperation and Kindness to each other and to the Lifeguard. :0)