

SUMMER Program Guide

registration begins APRIL 3 for residents & APRIL 4 for non-residents



Mentor Parks and Recreation

cityofmentor.com/parks-recreation | 440.974.5720



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Special Events

There are many opportunities to become involved in the events produced by Mentor Parks & Recreation through sponsorship and advertising. Call Ante Logarusic at (440) 974-5794 or logarusic@cityofmentor.com.



Memorial Day Walking Parade & Ceremony

Monday, May 29, 10 a.m. Mentor Cemetery

Join the City of Mentor as we pay tribute to those who have served our country. Parade units gather in the Heinen's parking lot at 9 a.m. Step-off for the solemn processional begins at 9:30 a.m. and follows Mentor Avenue to Hopkins Road to Mentor Cemetery. Groups wishing to participate in the parade and/or memorial services should call the Recreation Department at (440) 974-5720 before May 13.

July 4th Fireworks Display

Tuesday, July 4, Civic Center Park, 9:50 p.m.

Come and see this spectacular FREE fireworks display set to begin at approximately 9:50 p.m. Fireworks can be viewed from Civic Center Park and Mentor High School. Please observe the designated No Parking areas in the surrounding area. Be sure to come early and grab a bite to eat from one of our many food trucks and enjoy the sounds of Escape a tribute to Journey starting at 7:00 pm.



Just Kids Stuff Garage Sale

Thursday, May 18, 9 a.m. - 12 p.m. Garfield Park Pavilion

Clean out the toy boxes, closets, and attics, and get ready for the Just Kids' Stuff Garage Sale. This is the biggest sale of children's items around, often featuring more than 70 vendors and more than 1,000 buyers. Reserve a city-owned table beginning April 4 for residents and April 5 for non-residents or plan to set up your own table on a 10' x 10' space for the same fee, collected the morning of the sale.

Please keep the following rules in mind when planning your sale: You may not sell out of your car, or hang items on clotheslines from the trees or pavilion. An adult must be present at each table. Residents should be prepared to show a current utility bill and driver's license to receive the resident rate. Set up for the event begins at 7 a.m., no earlier. Look for information on the next Just Kids Stuff Garage Sale taking place September 9 in our Fall Parks & Recreation Guide delivered to homes in early August.

Residents: \$25 | Non-Residents: \$30

First time online registering with us?

Call one of our facilities so we can set up a new account for you.

Mentor Farmers Market

Fridays, June 16th - September 15th, 2:00 - 6:00 p.m. Eleanor B Garfield Park - 7967 Mentor Avenue

Shop local specialized vendors each week in the beautifully wooded Eleanor B. Garfield Park! Choose from a large range of products including: locally grown produce, baked goods, maple products, oils, tea, honey, unique jams, and jellies, vegan and gluten free foods and so much more! Join us for Fantastic Fridays, June 16, July 28 and August 25, where you will be able to shop from a variety of local artists and crafters too! For more information Wildwood Cultural Center at (440) 974-5735 or wildwood@cityofmentor.com.





Mentor Rocks

Tuesday, June 6 - August 29, 7:00 p.m. - 9:00 p.m. Civic Center Park

The City of Mentor is pleased to announce the 2023 Mentor Rocks summer concert series presented by University Hospitals. Mentor Rocks is held Tuesday evenings from 7:00 PM to 9:00 PM at the state-of-the-art Mentor Civic Amphitheater. The concert series will run thirteen weeks this year from June 6 through August 29 and features national recording artists Everclear, Fastball, and Parmalee. Mentor Rocks is an all-ages event which promotes a festival-like atmosphere each week. In addition to great music, attendees can enjoy a great selection of food from area vendors as well as an assortment of beers and wines. The venue features lawn seating, so bring your own blankets or chairs. Outside food and beverages are permitted. Outside alcohol is prohibited. Coolers will be checked at the gate. Admission and parking to all Mentor Rocks concerts are free thanks to the generous support of our corporate sponsors. Sponsorship opportunities are still available.



Wildwood Arts & Wine FEST

Saturday, June 24th, 2:00 - 8:00 p.m. Location: Wildwood Cultural Center

Admission: \$3.00

Come to Wildwood Park for a day filled with art, music, wine and more! This outdoor event features gallery-style booths filled with vendors from every medium of fine art, fine craft and specialty foods. Savor a glass of wine from specially selected local wineries! Musical entertainment and food trucks round out the day's festivities. For more information call Wildwood Cultural Center at (440) 974-5735 or Wildwood@cityofmentor.com

Music at the Manor

Enjoy an evening of live music in the beautiful surroundings of the Wildwood estate's garden patio. Picnic tables are available for seating, but we encourage you to bring lawn chairs. Refreshments will be available for purchase. In the event of rain, the program will be moved indoors with limited seating. For more information, call Wildwood at (440) 974-5735.

Location: Wildwood Garden Patio

Admission: Free

dates

May 24 The Chardon Polka Band (Polka)

May 31 Red Light Roxy (Swing)
June 7 The Air Chiefs (60's & 70's)
June 14 Plaid Sabbath (Scottish/Celtic)

June 21 Blues Cowboys (Western Country Blues)





Headlands Beachfest

Saturday, July 15, 11:00 a.m. - 7:00 p.m. Headlands Beach State Park

This is NOT your typical day at the beach. Bring your friends and family and join the City of Mentor for the largest **free** beach party of the year!

- Watch 3 World Champion sand sculptors create amazing sculptures as they compete for the grand prize
- Stroll and shop dozens of arts and crafts vendors
- Enjoy music and strolling entertainment
- Watch beautiful performances by the Ohio Society For the Elevation of Kites
- Build sandcastles
- For kids create beach-related craft projects
- Enjoy delicious food such as pizza, tacos, ice cream and more a large selection of food trucks

Headland's Beach Fest is a family-friendly celebration of wind, water and sand. The event is held rain or shine. Free admission and parking. More information is available at www.headlandsbeachfest.com or by calling Mentor Recreation at (440) 974-5720.







Mentor CityFest - TWO Days One BIG Event

Friday, August 18, 5:00 - 11:00 p.m. & Saturday, August 19, 12:00 - 11:00 p.m. Civic Center Park

Mark your calendar for the biggest two-day event in northeast Ohio! More than 25,000 people attended this family-oriented, active event last year. We're working to bring exciting features to this year's festival. This is what we've got planned so far:

- Inflatables and more interactive games for kids and adults
- Huge assortment of delicious foods from 20+ vendors
- · Beer and wine gardens
- Saturday night performance
- · Live strolling entertainment
- And much, much more!

Interested in sponsorship opportunities? Contact Ante Logarusic at logarusic@cityofmentor.com. Visit cityofmentor.com for the latest updates and volunteer opportunities.

CityFest Color Dash & Walk

This is Not Your Average Fun Run!

Mark your calendar for the most colorful event of the year—the Mentor CityFest Color Dash & Walk! Register now for this event taking place **Saturday, August 19 at 6:00 p.m.** at Civic Center Park. The 2.6-mile fun run and walk, which starts & finishes at Mentor CityFest, features seven different color zones to leave you festively decorated, flat terrain along the Civic Center bike path, and lots of encouragement in a fun, friendly environment. The CityFest Color Dash & Run is sponsored by the City of Mentor and Second Sole Registration includes a Color Dash & Walk t-shirt, post-race party, and fun in a festival entertainment. Pre-race registration fee is \$20 and \$25 the day of race. Registration and division information can be found online at www.GreaterClevelandXC.com or MentorCityFest.com.

Get updated information on Mentor CityFest and the Color Dash & Walk by connecting with us on Facebook, Twitter and Instagram.



2023 [unveiled] Art Exhibition

May 3rd - June 14th

Open Reception: Friday May 12th, 7:00 - 8:30 p.m.

Mentor Municipal Center,

8500 Civic Center Blvd. Mentor, Ohio

The 2023 [unveiled] Art Exhibition, formerly known as the "Lake County Art Contest," is open to all artists 17 and older. Over \$2,000 in prizes will be awarded including \$750 for the "Best of Show" award. Categories include Watercolor, Oil & Acrylic, Photography, Drawing (pastel, charcoal, pencil, ink), Mixed Media, 3D (glass / pottery / wood / textiles / metals / jewelry / needlework), and Digital Print. Artwork can be submitted to the Mentor Municipal Center on Friday, April 28, 2023, between 12:00 PM and 6:00 PM. For additional information, please contact the Wildwood Cultural Center at (440) 974-5735 or wildwood@cityofmentor.com. Entry Fee: \$20 (can submit up to 2 pieces of artwork)

[unveiled]

"Pure Pigment: A Pastel Journey," by Tracy Parson June 19th - August 4th

Open Reception: Friday July 14th, 7-8:30 p.m. Mentor Municipal Center, 8500 Civic Center Blvd. Mentor, Ohio

Tracy Parson is a local, self- taught artist was born in England where she learned to love nature. Her summer exhibit presented by [unveiled] and the City of Mentor Arts Commission titled, "Pure Pigment: A Pastel Journey," showcases the rich colors and buttery soft textures of the pastels and the versatile medium in the creation of art. This exhibit interprets how Tracy uses soft pastels to interpret the world around me and the sense of wonder. Exhibit is open for public view at the Mentor Municipal Center Monday through Friday 8a.m. to 5p.m.

Featured Artist: Tracy Parson

Admission: FREE

Mystic Mentor Outdoor Yoga & Wellness Festival Saturday, July 29, Civic Center Park

Spend a beautiful, uplifting, summer day outdoors, connecting with your community and nourishing mind, body and soul. Begin the day with an All Level Yoga Flow (registration required). Breathe in the fresh, summer air and move to the music and sounds of nature as you re-energize your mind and strengthen and stretch your entire body beneath the open sky. Enjoy an outdoor picnic, selecting from a variety of delicious food and beverage options provided by local food trucks and vendors. Shop local businesses, featuring vendors, artisans, holistic healers, wellness professionals, artists, and much more. Plus, live entertainment, music, special performances, and activities for the whole family. Come as you are. Rise together. Additional information will be made available in early May at www.cityofmentor.com.

Interested in being a vendor? Please visit www.cityofmentor.com for event details and vendor application. Call 440.794.5720 for additional questions.







Tunes at the Lagoons

Friday, June 9 - August 25, 7:00 - 9:00 p.m. Mentor Lagoons Marina

The City of Mentor is expanding their entertainment offerings Friday nights this summer with "Tunes at the Lagoons" at the Mentor Lagoons Marina. Admission and parking are free. Attendees can enjoy food and refreshments from a variety of food trucks, as well as a selection of beers and wines for those 21 and over. The 2023 season will consist of two performances per month and feature popular local bands.





Mentor Cruise-In

Saturday, August 12th, 10:00 a.m. - 4:00 p.m.

Civic Center Park Admission: FREE

Vintage car buffs can spend a day viewing classic cars and trucks at the City of Mentor's Annual Classic Cruise-In. With free admission, spectators can enjoy reminiscing of the good old days, while looking at more than **800 VEHICLES**. The first 250 registered cruisers / car owners will receive a goodie bag and dash plaque. Cruiser registration 8 a.m. - 12 p.m. No vehicles on site before 8 a.m. For more information, call (440) 974-5735. No Rain Date.

MENTOR CITY OUTDOOR POOLS

Pool passes will go on sale starting Monday, May 1st at Mentor Community Recreation Center. Prior to pool pass sales, the City will advertise which pools will be open for the 2023 summer season. The Parks & Recreation Department fully understands the value and importance of Learn to Swim classes in our community and our intent is to offer classes this summer. We are reviewing information and hope to develop a Learn to Swim schedule once staff are certified and hired. Please check back with us in May at www.cityofmentor.com for the most up to date Aquatic and Learn to Swim information.

Pool Admission & Passes

Daily Admission: \$10.00/person

Individual Passes	Resident	Non-Resident
Adult (age 18 - 59)	\$75.00	\$150.00
Youth (age 17 & Under)	\$60.00	\$120.00
Senior (age 60 & Up)	\$60.00	\$120.00
Family Pass	\$150.00	\$300.00

(3 family members)

*additional resident family members beyond 3 will be charged \$25/person/resident, \$50/person/non-resident

*Please note: All family members must reside at the same residence and must include an adult or married couple and their unmarried children under the age of 18. Nieces, nephews, grandparents, aunts, uncles, babysitters, etc., will NOT be considered to be included in the family membership even if they reside at the same address.

Accounts are address based. Only parents and children residing at the same address may be placed in the same account. A utility bill and/or school report card may be required to verify residence.







8600 Munson Road, Mentor, Ohio 44060 440,974,5730 - www.mentoricearena.com

SKATE ON IN

Registration Dates: Residents: May 2nd, 8:30 a.m.

Non-Residents: May 3rd, 8:30 a.m.

Registration is in person, on-line, or phone 440-974-5730

Learn-To-Skate General Information

Ice Skating Lessons are offered to all ages 3 and up. Lessons are structured for all ages and interest including recreational skater, hockey and figure skating.

- Children age 3 5 start with the Tot program.
- Children 6 and up start with the Basic program.
- Skate rental is included in class fee
- CLASSES BEGIN June 12th through August 3rd (Closed July 4th)

There are NO CLASSES the week of Fourth or July (7/3-7/7) Except Ice Show/Competition Class

Tot Learn to Skate

Ages 3-5

5:45 - 6:15 p.m.

6:00 - 6:30 p.m.

Ages 6-12

Location: Mentor Ice Arena - Studio Rink Resident: \$70 | Non-Resident: \$85 (7 weeks)

Tot 1

June 13 - August 1	Tuesdays	1:00 - 1:30 p.m.
June 14 - August 2	Wednesdays	5:45 - 6:15 p.m.
June 15 - August 3	Thusdays	6:00 - 6:30 p.m.
Tot 2 dates June 13 - August 1	<i>day</i> Tuesdays	time 1:30 - 2:00 p.m.

Wednesdays

Thusdays

1

Tot 3

June 14 - August 2

June 15 - August 3

dates	day	time
June 13 – August 1	Tuesdays	1:30 - 2:00 p.m.
June 14 - August 2	Wednesdays	5:45 - 6:15 p.m.
June 15 – August 3	Thusdays	6:00 - 6:30 p.m.

Basic Learn to Skate

Location: Mentor Ice Arena - Studio Rink Resident: \$80 | Non-Resident: \$95 (7 weeks)

Basic 1

dates	day	time
June 14 – August 2	Wednesdays	6:15 - 7:00 p.m.
June 15 - August 3	Thursdays	6:30 - 7:15 p.m.

Basic Learn to Skate (continued)

Basic 2

dates	day	time
June 14 - August 2	Wednesdays	6:15 - 7:00 p.m.
June 15 - August 3	Thursday	6:30 - 7:15 p.m.

Basic 3 - 6

dates	day	time
June 12 - July 31	Mondays	5:30 - 6:15 p.m.

Aspire 1-2

dates	day	time
lune 12 - July 31	Mondays	5·30 - 6·15 n m

Teen/Adult

dates	day	time
June 14 – August 2	Wednesdays	7:00 - 7:45 p.m.



Tot Hockey

Ages 3-5

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Location: Mentor Ice Arena - Studio Rink Resident: \$70 | Non-Resident: \$85 (7 weeks) Prerequisite: Must have passed Tot 1 to enter TH1. Equipment required: Approved ice hockey helmet with cage, hockey gloves, hockey skates & stick (straight blade).

Tot Hockey 1

datas

June 12 – July 31	Mondays	6:00 - 6:30 p.m.
Tot Hockey 2		
dates June 12 - August 1	<i>day</i> Mondays	time 6:00 - 6:30 p.m.

day

Tot Hockey 3

dates	day	tıme
June 12 - August 1	Mondays	5:30 - 6:00 p.m.

Tot Hockey 4

dates	day	time
June 12 – August 1	Mondays	5:30 - 6:00 p.m.

440.974.5720



Instructional Hockey (IH) Ages 6-12

This program is ideal for boys & girls ages 5 - 10 considering ADM Blue or Play Makers Hockey in the future. Prerequisite: Must have passed all 4 levels of Tot Hockey if under age 6 or Basic 1 if older than 6. Equipment required: Approved ice hockey helmet with cage, hockey skates, hockey gloves & stick (straight blade), personal protective equipment (this can be of any type, i.e. soccer or rollerblade equipment).

Location: Mentor Ice Arena - Studio Rink Resident: \$75 | Non-Resident: \$90 (7 weeks)

IH1

IH4 dates

June 12 - July 31

dates June 12 - July 31	<i>day</i> Mondays	time 6:30 - 7:15 p.m.
IH2 dates June 12 - July 31	<i>day</i> Mondays	time 6:30 - 7:15 p.m.
IH3 dates June 12 - July 31	<i>day</i> Mondays	time 7:15 - 8:00 p.m.

There are NO CLASSES the week of Fourth of July (7/3-7/7)

Mondays

time

7:15 - 8:00 p.m.

day

Specialty Classes

Competition Class (passed Tot1 or Basic 1)

Location: Mentor Ice Arena - Main Ice Arena

Resident/Non-Resident: \$75

dates	day	time
June 7 - July 19	Wednesdays	5:15 - 6:00 p.m.
Competition is July 16th and/or July 29th		
There is class on July 5th		

Learn to Skate Ice Show Class (passed Tot1 or Basic 1)

Location: Mentor Ice Arena - Main Ice Arena

Resident/Non-Resident: \$90 (includes t-shirt for the show)

dates	day	time
June 7 - July 26	Wednesdays	6:00 - 6:30 p.m.
Show is on July 26th		5:30 - 6:30 p.m.
There is class on July 5th		

Summer Public Skates

Time: 1:30 - 3:00 p.m.

Saturday's, June 10 - July 8, 2023 Prices: Adults (18 and over) \$ 9.00 Children/Seniors \$7.00 Skater Rental \$4.00

Stick & Puck

Saturday's, June 10 - July 8, 2023

Price: \$15 per hour

MUST sign in and pay before getting a locker room.

CITYOFMENTOR.COM/PARKS-RECREATION

PW/Bantam 10:00 - 11:00 a.m. Mite/Squirts 11:00 a.m. - 12:00 p.m. 16 & Over 12:15 - 1:15 p.m.

Cool Blades Ice Skating Summer Camp

Ages 6-12

Stay cool this summer and learn how to ice skate! Skating camp is open to beginner skaters as well as experienced ones. Skaters will learn skills for their levels, and they will have some practice time to work on these skills. Also, skaters will have some fun on the ice with games such as kickball or soccer on ice. Camp is from 1-4:30pm Monday through Friday. Skaters will take a midafternoon break off the ice so they will need a snack and water bottle. Skate rental is included. All skaters 10 and under will need a helmet. We have some available, bike helmets are acceptable. Ages 6-12. Minimum 10 skaters

Location: Mentor Ice Arena

Resident: \$120 | Non-Resident: \$145

dates	day	time
June 12 - June 16	M-F	1:00 - 4:30 p.m.
June 26 - June 30	M-F	1:00 - 4:30 p.m.
July 17 - July 21	M-F	1:00 - 4:30 p.m.
August 7 - August 11	M-F	1:00 - 4:30 p.m.

SUMMER CAMPS

About Our Camps

Mentor Parks & Recreation is dedicated to providing an outstanding, fun and safe camp environment and experience for all those who participate. We offer exciting camp experiences across many areas of interest designed to promote physical activity, teach new skills, and challenge kids to reach and grow and to make new friends. To accomplish these goals while maintaining safety, affordability and convenience, we rely on a well-trained staff of adults and college students who have a passion for working with young people. Here's a little more about our staff:

- Staff members are primarily adults and college students; a few high school students assist
- · All staff members are CPR and first aid certified
- Staff are knowledgeable and well-trained
- · All staff members go through criminal background checks before they are hired
- Emergency and safety procedures are reviewed on a regular basis
- Staff members are available to answer your questions at any time
- We maintain low staff to camper ratios to provide the best experience possible

Registration

Camp registration began Monday February 1 for Mentor residents and Thursday February 4 for non-residents. All camps require advance registration. Registration for camps generally closes the Wednesday before it is scheduled to begin so that our staff can prepare necessary paperwork, verify supplies and maintain the correct staff to camper ratios. Registration will not be accepted the day a camp begins.

How to Register

Online: www.cityofmentor.com/parks-recreation By Phone: (440) 974-5720 Monday - Friday, 8 a.m. - 5 p.m. In Person: Recreation Department: 8500 Civic Center Blvd., Mentor Mentor Ice Arena: 8600 Munson Rd., Mentor (skating camps)



Camp Deposit

When registering Civic Center Day Camp, Operation or Outrageous Fun Camps, parents have the option to pay \$25 of the camp fee per week as a deposit and have until May 14 to pay the balance on each week for which they've registered. To register for a camp by deposit, please contact the Recreation Department office at (440) 974-5720. The deposit option is not available for online registration.

Communication with Campers and Parents

The Friday before each of our camps is scheduled to begin, parents and campers can expect to receive information by email with a reminder of where camp is held, what to bring, as well as any updated information you might need to make your camp experience the best. You will also receive an Information and Emergency Form that will need to be completed and turned in to the camp director the first day of camp. It is important that parents provide a **valid email address** upon registration so that we can deliver this important information to you.

Camp Refunds/Camp Changes

Please choose your camps carefully. Full refunds will only be granted if a camp is cancelled by the City of Mentor. An administrative fee of \$25 will be assessed per person per camp for any changes made to camp registrations. Changes will include participant cancellations, refund requests and/or transfers. Changes must be made one month prior to the start of camp. Camp changes and partial cancellations cannot be applied to the Full 9 Week Camp option. On rare occasions, we may need to change the start time or location of a camp. We contact registered participants as soon as possible by phone and/or email to notify of any changes affecting a camp in which your child is registered.

First time online registering with us?

Call one of our facilities so we can set up a new account for you.

TRADITIONAL CAMPS

Play Camp

Just for ages 4 - 6, Garfield Play Camp provides organized play and activities designed to provide campers an opportunity to interact with children their own age in the exciting atmosphere of Garfield Park and Pool. Play Camp includes games, arts and crafts, stories and nature activities.

Instructor: Lisa Sadler

Location: Garfield Park Pavilion Monday - Friday, 9:30 a.m. - 12:30 p.m. Resident: \$75 | Non-Resident: \$85 *Resident: \$60 | Non-Resident: \$68

week	camp dates	theme
wk 1	Jun 5-9	a trip to the zoo
wk 2	Jun 12-16	to infinity and beyond
wk 3	Jun 19-23	under the sea
wk 4	Jun 26-30	party in the USA
*wk 5	Jul 3-7	down on the farm
NO camp	JULY 4	
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Jul 10-14	rainbow week
Jul 17-21	i want candy!!!!
Jul 24-28	everything Disney!
Jul 31-Aug 4	scream for ice cream
	Jul 10-14 Jul 17-21 Jul 24-28





Civic Center Day Camp

Grades K & 1; 2-3; 4-5

Register early! Weekly maximum is 40 campers and we fill often! Our largest and most popular day camp, Civic Center Day Camp has three different age used camps: Superstars are children having completed grades (& 1; Ventures have completed grades (& 3; and Explorers are children having completed grades (& 6). All camps meet Monday through Friday, 9 a.m. - 3:1b p.m. daily a Qvic Center Park, a 90-acre park located in the heart of the legitor Civic Center complex, where campers have accused half swimpling, open green space, tennis, baskethall and more! Camps counselors team up to plan weekly activities following a unique theme. Campers take field thas, participate in games and contests, arts and crafts, swim and play sports. We spend our camp day outdoors in the park and have daily swim time. Before and after camp care is offered for this program through the Rise and Shine and Cool Down programs. See below for details.

Camp Staff: Recreation Staff Location: Civic Center Park

Ages 4-6

Monday - Friday, 9:00 a.m. - 3:15 p.m. Resident: \$140 | Non-Resident: \$170 *Resident: \$112 | Non-Resident: \$136

week	camp dates
wk 1	June 5-9
wk 2	June 12-16
wk 3	June 19-23
wk 4	June 26-30
*wk 5	July 3-7 NO camp JULY 4

wk 6 July 10-14 wk 7 July 17-21

wk 8 July 24-28 wk 9 July 31-Aug 4

Sign up for all 9 weeks of Civic Center Day Camp and Save! This year we are once again offering a Full 9 Weeks of camp as one, easy registration option. Please note that camp changes or partial cancellations can NOT be made to this registration option. If changes/cancellations are made, all 9 weeks are affected. Please choose this option carefully as refunds will not be granted after the start of the program.

Full nine weeks: Resident: \$1,130 | Non-Resident: \$1,384





Rise & Shine/Cool Down Camp

Ages 5-12

Mentor Recreation offers extended care for children enrolled in the Civic Center Day Camp and Operation Outrageous Fun. Rise & Shine camp, 7:30 - 9 am, includes activities like wake-up walks, quiet games and activities and time for breakfast (bring your own), Cool Down camp, 3:15 - 5:30 pm, includes activities such as arts and crafts, games and activities and swim time at Civic Center Pool. Pick up from Cool Down camp is generally at Civic Center Pool. Please note that these camps fill up quickly and we have limited space available.

Camp Director: Recreation Staff Location: Civic Center Amphitheater

Rise & Shine: Resident: \$33 | Non-Resident: \$41

*Resident: \$26 | Non-Resident: \$33

Cool Down: Resident: \$40 | Non-Resident: \$48

*Resident: \$32 | Non-Resident: \$38

week	camp dates
wk 1	June 5-9
wk 2	June 12-16
wk 3	June 19-23
wk 4	June 26-30
*wk 5	July 3-7 NO camp JULY 4
wk 6	July 10-14
wk 7	July 17-21

Full nine weeks Rise & Shine:

wk 8 wk 9

Resident: \$264 | Non-Resident: \$317

Full nine weeks Cool Down:

Resident: \$320 | Non-Resident: \$384



Operation Outrageous Fun

Operation Outrageous Fun

Grades 6-7

Register early! Weekly maximum is 32 kids and we fill often! Operation Outrageous Fun is not your average camp experience! Just for kids having completed grades 6 and 7, O.O.F. has all the fun of day camp but dialed up to include many more activities and more time to hang out with friends.

Instructor: Recreation Staff Location: Civic Center Park

Monday - Friday, 9:00 a.m. - 3:15 p.m. Resident: \$175 | Non-Resident: \$210 *Resident: \$140 | Non-Resident: \$176

week	camp dates
wk 1	June 5-9
wk 2	June 12-16
wk 3	June 19-23
wk 4	June 26-30
**** 5	Luly 2.7 A

*wk 5 July 3-7 **NO camp JULY 4**wk 6 July 10-14
wk 7 July 17-21
wk 8 July 24-28

Sign up for all 9 weeks of Operation Outrageous Fun Camp and Save! This year we are once again offering a Full 9 Weeks of camp as one, easy registration option. Please note that camp changes or partial cancellations can NOT be made to this registration option. If changes/cancellations are made, all 9 weeks are affected. Please choose this option carefully as refunds will not be granted after the start of the program.

July 31-Aug 4

Resident: \$1,417 | Non-Resident: \$1,701



July 24-28

July 31-Aug 4



SPORT CAMPS

Beginner Fencing Camp

Ages 8-Adult

Zorro won't hold a candle to you after you learn the fundamentals of modern foil fencing in this new day camp for kids ages 8 and older. You'll learn stretching, footwork, lunges, attack, parry-riposte, strategy, tactics and bouting. Fun and safety are emphasized while developing hand-eye coordina tion, agility, dexterity and stamina as well as social skills and manners. All equipment is provided, so come out and try something new. Please wear loose, comfortable clothing and tennis shoes. Bring a water bottle with your name on it, too.

Instructor: Tom Nagy

Location: Mentor Community Recreation Center,

6000 Heisley Road

Resident: \$83 | Non-Resident: \$102

days camp dates time

M-F July 10-14 9:00 - 11:00 a.m.

Intermediate **Fencing Camp**

Ages 8-Adult

If you've already studied basic fencing, this intermediate camp will help you learn more about the growing sport of fencing. This camp begins where beginning fencing ends, concentrating on developing additional parry strategies, bouting and learning more about penalties and how they affect competition. Please wear loose, comfortable clothing and tennis shoes. Bring a water bottle with your name on it, too.

Instructor: Tom Nagy

Location: Mentor Community Recreation Center,

6000 Heisley Road

Resident: \$83 | Non-Resident: \$102

days camp dates time

M-F July 10-14 11:30 a.m. - 1:30 p.m.



Bump, Set, Spike Volleyball for Beginners

Ages 8-12

Bump, set and spike your way through this camp as you learn the basics of volleyball. Camp director Branden Keeper and his staff will help beginner players learn rotation, positions, scoring and more to develop strong volleyball skills.

Instructor: Branden Keeper

Location: Mentor Community Recreation Center,

6000 Heisley Road

Resident: \$72 | Non-Resident: \$84

days camp dates time

M-F July 10-14 8:30 - 10:15 a.m.

Serving, Strategy & More - Volleyball Camp

If you've got volleyball experience, this camp led by director Branden Keeper will help you refine your skills and prepare for competitive volleyball. Campers will practice and develop skills in age and ability appropriate learning groups.

Each camper will receive a volleyball camp shirt.

Instructor: Branden Keeper Location: Mentor Community Recreation Center,

6000 Heisley Road

Resident: \$72 | Non-Resident: \$84

days camp dates time M-F July 10-14 10:30 a.m. - 12:15 p.m.

Volleyball for Advancing Player

Ages 9-14

Ages 9-14

If you've played on a team or have participated in previous camps, this camp will help you refine your skills and prepare for more competitive volleyball. Campers will practice and develop skills in age and ability appropriate learning groups. We'll work on cardiovascular conditioning, jump drills and plyometrics too to develop strength and agility.

Instructor: Branden Keeper

Location: Mentor Community Recreation Center,

6000 Heisley Road

Resident: \$72 | Non-Resident: \$84

days camp dates time

M-F July 10-14 12:45 p.m. - 2:30 p.m.



Junior Golf Camp

Ages 8-14

This 4-day golf camp will properly prepare the junior golfer to be golf course ready by teaching proper fundamentals of golf, rules and etiquette. The camp will mainly focus on full swing, short game, putting, etiquette and the rules of golf. The fee includes range balls. Campers are encouraged to bring their own clubs, or loaner clubs will be provided. Proper golf attire is expected. Camp will be limited to 6 students per class.

Instructor: Black Brook Instructional Staff Location: Black Brook Golf Course Resident: \$124 | Non-Resident: \$149

Ages 8-11	Aq	es	8-	1	1
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Ages o- i	•		
week	days	camp dates	time
wk 1	M-Th	June 5-8	9 - 10:30 a.m.
wk 2	M-Th	June 12-15	9 - 10:30 a.m.
wk 3	M-Th	June 19-22	9 - 10:30 a.m.
wk 4	M-Th	June 26-29	9 - 10:30 a.m.

Ages 12-14

week	aays	camp dates	time
wk 1	M-Th	Juné 5-8	11 a.m 12:30 p.m
wk 2	M-Th	June 12-15	11 a.m 12:30 p.m
wk 3	M-Th	June 19-22	11 a.m 12:30 p.m
wk 4	M-Th	June 26-29	11 a.m 12:30 p.m



Cool Blades Summer Ice Skating Camp

Ages 6-12

Stay cool this summer and learn how to ice skate or keep improving your skating skills. Skating camp is open to beginner skaters as well as experienced ice skaters. Skaters will learn skating skills for their levels, and they will have some practice time to work on the skill, which could possibly lead to passing a level. Also, skaters will have some fun on the ice with some on ice games such as sled-racing, kickball, or soccer on ice. Skaters will take a midafternoon break off the ice so they will need a snack and water bottle. Skate rental is included. All skaters under 11 must wear a helmet. We have some available, bike helmets are acceptable. Minimum 10 skaters

Location: Mentor Ice Arena

Resident: \$120 | Non-Resident: \$145

days	camp dates	time
M-F	June 12-16	1:00 p.m 4:30 p.m.
M-F	June 26-30	1:00 p.m 4:30 p.m.
M-F	July 17-21	1:00 p.m 4:30 p.m.
M-F	Aug 7-11	1:00 p.m 4:30 p.m.

Preschool Cheerleading Camp

Ages 4-6

Preschoolers learn skills that are the foundation of physical movement, coordination and body awareness while they are creatively having fun learning preschool cheers, chants, motions, jumps and tumbling. On the last day of this 8-hour camp, our cheerleaders will present a "picture perfect moment" pep rally for family and friends! Wear tennis shoes and bring identified pompoms. Morning campers bring identified water bottle and lunch, and afternoon campers bring snacks and beverage. A \$5 insurance fee is due to instructor the first day of camp.

Instructor: Northshore Preps Staff Location: Garfield Park Lounge Resident: \$66 | Non-Resident: \$78

 days
 camp dates
 time

 M-Th
 June 12-15
 10:30 a.m. - 12:30 p.m.

 M-Th
 July 17-20
 1:00 p.m. - 3:00 p.m.

Cheerleading, Jumps Grades 1-3 and Tumbling Camp

Cheerleading is more than cheers, chants and motions. Jumps and tumbling are the skills that make cheerleading a sport! PREPS offer qualified professional, safety-conscious gymnastic instructors to teach these skills. We teach cheers and chants with motions and jumps as well as all the tumbling skills needed for today's cheerleaders. Wear tennis shoes and bring identified pompoms. Bring identified water bottles and healthy snacks. AM campers bring lunch. A \$5 insurance fee is due to instructor the first day of camp.

Instructor: Northshore Preps Staff Location: Garfield Park Lounge Resident: \$66 | Non-Resident: \$78

 days
 camp dates
 time

 M-Th
 June 12-15
 1:00 p.m. - 3:00 p.m.

 M-Th
 July 17-20
 10:30 a.m. - 12:30 p.m.

National Basketball Ages 5-8 Academy-Basketball Camp

This program was developed to give children a positive first step into basketball. Join the National Basketball Academy and learn the game through specialized drills and games that will help your athlete become game ready. You will see improvement in defensive ability, shooting form, passing technique and ball handling skills. Please bring a basketball, snack and a water bottle. Please wear appropriate clothing, running shoes and sunscreen.

Instructor: The National Basketball Academy Location: Walsh Park Basketball Courts Resident: \$120 | Non-Resident: \$144

days camp dates time M-Th June 19-22 9 a.m. - 12:00 p.m.

National Basketball Academy-Basketball Camp

Learn the exciting game of Basketball with The National Basketball Academy. Through specialized skill drills and games, your young athlete will have a great time learning the fundamentals while becoming game ready. You will see improvement in defensive ability, shooting form, passing technique and ball handling skills. Please bring a basketball, snack and a water bottle. Please wear appropriate clothing, running shoes and sunscreen.

Instructor: The National Basketball Academy Location: Walsh Park Basketball Courts Resident: \$120 | Non-Resident: \$144

days camp dates time M-Th June 26 - 29 9:00 a.m. - 12:00 p.m.



Soccer Camp

Ages 6-13

Mentor Soccer Club will help you prepare for the fall soccer season with this instructional soccer camp for boys and girls. Emphasis is on skill development, teamwork, and sporting conduct. Coaches will use circuit training to teach soccer fundamentals such as ball collection, passing, shooting, and dribbling. Camper's practice and develop skills in age and ability-appropriate learning groups. Camp provides both beginning and advanced players opportunities to improve and enhance their soccer-playing abilities and be ready for the pitch this fall. Small-sided matches will be played daily.

Requirements: Plenty of water, a size 3 or 4 soccer ball,

shin guards, and a good attitude.

Note: Players without shin guards will not participate.

Camp Director: Mentor Soccer Club (MSC)

Location: Kruegar Park

Resident: \$72 | Non-Resident: \$84

 days
 camp dates
 time

 M-F
 June 12 - 16
 9:30 a.m. - 11:00 a.m.

Mentor Parks and Recreation - 2023 Summer



DISCOVERY CAMPS

Just a Week at the Beach Ages 7-11

Come spend a week with us at the beaches and trails of the Mentor Lagoons Nature Preserve. Each day we will hike through interesting locations finding tracks, nests, different plants and human traces. We will spend as much time at the beach as possible with the weather. Plan on finding shells, rock types, beach glass, digging in the sand and riding the waves (wearing our PFD jackets!). Some days we will be in kayaks, some days, swinging from vines. Every day we will use what we find outside to make a craft to take home. We will be eating your packed lunch out in nature. Wear clothes for hiking and for getting wet (you MUST have close toed shoes in the water). Bring sunscreen, bug spray and a backpack.

Instructor: Michelle Haaq **Location: Mentor Lagoons**

Resident: \$85 | Non-Resident: \$102

camp dates days

M-F June 26-30 9:00 a.m. - 1:00 p.m.

Boating Camp II

Ages 10-14

Campers must come with an Ohio OBEC boating license (ie., though Mentor Rec, Spirit of America or other accepted program). Licensed boaters will spend most of our time together on the water honing skills of paddling, sailing and steering a small motorboat. Campers will take to the lake as much as possible using larger craft and practicing navigation, maneuvering and higher-level boating. We may take field trips to explore other waterways. Wear appropriate boating clothes (no flip flops), bring sunscreen and your lunch to eat while "on location" each day.

Instructor: Michelle Haag

Location: Mentor Lagoons Marina Resident: \$140 | Non-Resident: \$168

time camp dates

M-F July 24 - July 28 9:00 a.m. - 3:00 p.m.

Artists Camp

Ages 7-12

Calling all young artists! Start your summer off with a week filled with fun and creativity. Art educator and creative artist Jacqui Spetrino will guide you in developing your drawing skills while experimenting with a variety of fun art mediums. You'll bring home five unique works of art that your parents will cherish for a lifetime! We'll end the week with an art show so you can show your family all the wonderful work vou've created!

Instructor: Jacqui Spetrino

Location: Community Center Woods Room Resident: \$124 | Non-Resident: \$148

days	camp dates	time
M-F	June 5-9	9:00 - 11:30 a.m.
M-F	June 5-9	1:00 - 3:30 p.m.
M-F	June 12-16	9:00 - 11:30 a.m.
M-F	June 12-16	1:00 - 3:30 p.m.

X-treme Science **Challenge Camp**

Ages 8-12

Discover the exciting world of science with fun, hands-on challenges. Instructor Branden Keeper will guide you through a new science challenge each day. Through hands-on experience and problem solving, you'll learn about material strength, propulsion, acceleration, forces, and pressure. Students will work in a kid friendly, collaborative team environment. At the end of each day the teams will compete in a science challenge. Challenges will include the Egg Drop Survival, the Paper Tug-of-War, and the Catapult Launch along with other fun challenges. Get ready to have some fun!

Instructor: Branden Keeper

Location: Mentor Community Recreation Center

Resident: \$84 | Non-Resident: \$101

camp dates davs

M-F 9:00 - 11:00 a.m. July 31-Aug 4

First time online registering with us?

Call one of our facilities so we can set up a new account for you.

Superhero Academy

Ages 4-6

Look up in the sky, it's a bird, it's a plane, it's YOU! Join us for a week for of Superhero adventures! We will create our own superhero outfits, come up with our superhero names and learn how to defend the universe against villains. All while having fun outdoors doing superhero obstacle courses, crafts and games! Campers should bring a superhero snack and water bottle with their name on it.

Instructor: Branden Keeper **Location: Walsh Park**

Resident: \$84 | Non-Resident: \$101

days camp dates

July 17-21 9:00 - 11:00 a.m.

Grandparent & Ages 5 & up with Grandparent Me Camp

Grandparents and their grandkids can explore summer camp together in this intergenerational camp experience. Meet at Wildwood Cultural Center the first two days and participate in games and activities, create a variety of arts & crafts, and go exploring in outdoor adventures together. The last day will be spent at the Mentor Lagoons Nature Preserve & Marina where kayaking, nature walks, a hayride and campfire will complete the experience. This is a memory that your grandchildren will cherish forever! Price of camp is per person.

Instructor: Lisa Sadler

Location: Wildwood Cultural Center &

Mentor Lagoons Marina

Resident: \$68 | Non-Resident: \$85

days camp dates time August 9-11 9:00 a.m. - 1:00 p.m.

W-F



Wildwood Theatre Camp

Ages 7-15 | Grades 3+

Discover the world of theater involving acting, theatre games, and outdoor activity on our spacious grounds. We stage an original scripted production, but also provide opportunities for camper creation. A free stage presentation for friends and family will occur during the last week of camp. Come be a part of one of the City of Mentor's popular and enduring camp programs!

Instructor: Steve Couch

Location: Wildwood Cultural Center Resident: \$300 | Non-Resident: \$360 *Resident: \$280 | Non-Resident: \$340

days camp dates time

M-F June 5-23 9:00 a.m. - 1:00 p.m. *M-F July 3-21 9:00 a.m. - 1:00 p.m.

NO camp JULY 4

M-F July 24-August 11 9:00 a.m. - 1:00 p.m.

Kid's Crafty Camp

Ages 6-12

In this camp your child will learn a wealth of fun and easy crafts for all year round. Planting, paper crafts, seasonal gifts and decorations, needlepoint key chains and much, much more. Each day your child will have at least one finished project to bring home and they will receive directions for dozens of additional projects. **Material fee of \$25 due on**

first day of camp. Instructor: Judi Strauss Location: Wildwood Kitchen

Resident: \$100 | Non-Resident: \$120

days camp dates time

M-F July 31-Aug 4 1:00 - 3:00 p.m.

Kid Quest Camp

Ages 6-9

Calling all brave adventurers, fearless explorers, and imaginative creators to Kid Quest! Take a break from your other summer activities and come join us for a unique camp that combines hands-on S.T.E.M. activities and crafts with games and outdoor experiences. Each week offers campers a wide array of opportunities: activate your imagination as you explore space, create artistic treasures, learn more about your natural surroundings, enjoy science experiments and much more! There is something for everyone at Kid Quest Camp! *Campers must have completed Kindergarten*.

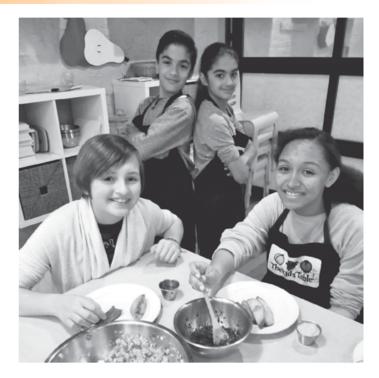
Instructor: Wildwood Camp Staff Location: Wildwood Cultural Center Monday - Friday 9 a.m. - 1 p.m.

*NO camp JULY 4

Resident: \$100 | Non-Resident: \$120 *Resident: \$80 | Non-Resident: \$100

camp dates theme June 5-9 Out of This World Astronomy June 12-16 Five Senses of Fun! June 19-23 Aspiring Artist Diggin' in the Dirt June 26-30 *July 3-7 Backyard Birds Mad Lil' Scientists July 10-14 July 17-21 Nuts About Nature July 24-28 Recycled Art July 31-Aug 4 Wonders of Water

CITYOFMENTOR.COM/PARKS-RECREATION



Fun in the Kitchen Cooking Camp

Ages 8-12

Immerse your budding chef in the world of cooking at Wildwood! From breakfast to dessert your junior Julia Child or Wolfgang Puck will get plenty of hands on experience in the kitchen with food to bring home and share with family. Food fee \$35 payable to instructor the first day of camp.

Instructor: Judi Strauss Location: Wildwood Kitchen

Resident: \$100 | Non-Resident: \$120

Week One

In this camp your child will be making fun foods including appetizers, snack foods, cookies, sandwiches, popcorn treats and more.

 days
 camp dates
 time

 M-F
 July 10-14
 1:00 - 3:00 p.m.

Week Two

Classic Cooking week. In this camp we will be having fun with classic foods including desserts, breakfast foods, cupcakes, ice cream and foods for summer dining.

 days
 camp dates
 time

 M-F
 July 17-21
 1:00 - 3:00 p.m.

Week Three

International foods week. We will be making foods from Italy, including pizza and pasta, Mexican foods, wontons, Mediterranean foods and more.

 days
 camp dates
 time

 M-F
 July 24-28
 1:00 - 3:00 p.m.

Mentor Parks and Recreation - 2023 Summer



ACTIVE KIDS



Little Hip Hop and Tumble

Ages 3 - 5

Children will perform hip hop moves to upbeat "kid-friendly" music and enjoy games and activities while learning beginner through intermediate level tumbling skills. This class promotes the development of coordination, strength, flexibility, balance and spatial awareness.

Instructor: Communities in Motion **Location: Garfield Lounge** Resident: \$59 | Non-Resident: \$74

dates day time June 5 - June 26 Monday 4:30 - 5:00 p.m. July 10 – July 31 August 7 – August 28 Monday 4:30 - 5:00 p.m. 4:30 - 5:00 p.m. Monday

Move and Groove with Me

Ages 2 - 3

Our soundtrack of fun songs will delight your preschoolers. This pre-dance and tumble program promotes coordination, strength, flexibility and spatial awareness. Instructor will work individually with students at each class.

Instructor: Communities in Motion Location: Garfield Lounge Resident: \$59 | Non-Resident: \$74

June 5 - June 26 Monday 6:00 - 6:30 p.m. July 10 - July 31 6:00 - 6:30 p.m. Monday August 7 - August 28 6:00 - 6:30 p.m. Monday

Preschool Ballet

Ages 3 - 5

Children will have fun with ballet moves and their favorite Princess songs. Here you will learn basic ballet terminology, positions, stretching, balance and coordination exercises. Ballet or princess Attire if desired.

Instructor: Communities in Motion **Location: Garfield Lounge** Resident: \$59 | Non-Resident: \$74

dates time day June 5 - June 26 Monday 5:00 - 5:30 p.m. July 10 - July 31 August 7 - August 28 Monday 5:00 - 5:30 p.m. Monday 5:00 - 5:30 p.m.

Ballet & **Creative Movement**

Ages 5 - 8

This class includes ballet positions, movement, terminology, as well as stretching exercises, and ballet choreography to fun and familiar music.

Instructor: Communities in Motion Location: Garfield Lounge

Resident: \$59 | Non-Resident: \$74

time Monday June 5 - June 26 5:30 - 6:00 p.m. July 10 - July 31 5:30 - 6:00 p.m. Monday August 7 - August 28 Monday 5:30 - 6:00 p.m.



Cheer/Hip Hop

Ages 5 - 8

Would you like to learn some cool cheers and moves? Come join in the fun of this cheerleading class as we learn a hip-hop routine to upbeat kid-friendly music as well as fun cheers, chants, jumps, and motions.

Instructor: Communities in Motion **Location: Garfield Lounge** Resident: \$59 | Non-Resident: \$74

day time June 5 - June 26 Monday 6:30 - 7:00 p.m. 6:30 - 7:00 p.m. July 10 - July 31 Monday August 7 - August 28 Monday 6:30 - 7:00 p.m.



Hummingbird Soccer

Ages 3 - 6

Children ages 3 - 6 will have fun and learn the basics of passing, trapping, dribbling, spacing, shooting and defending in the sport of soccer. Each session consists of instruction in each aspect of the game, participation in fun drills that are designed to teach skills, and low-key, non-competitive simulated games, where kids are separated by age and skill level. Coaches from Jump Start run the program, but parents are encouraged to participate in coaching. Each child will receive a team shirt, trophy and water bottle. Please select the age level appropriate or your child.

Instructor: Jump Start Sports Location: Civic Center Park

Resident: \$105 | Non-Resident: \$120

3 - 4 years old

dates day time April 10 - May 5 Monday 6:00 - 7:00 p.m. June 12 - July 17 Monday 6:00 - 7:00 p.m. 5 - 6 years old

dates day time April 10 - May 5 Monday 7:00 - 8:00 p.m. June 12 – July 17 7:00 - 8:00 p.m. Monday



Sports Organizations

Athletic leagues listed here begin registration during the early spring months and are Mentor based organizations that serve Mentor residents, youth and adult. The City does not run these organizations. This is a community information list only. Please visit www.cityofmentor.com/play/sports organizations and use the contact numbers there to receive additional information about the league or sport.

SWIMMING

Mentor Swim Team-Suburban Swim League Boys & Girls age 15 and under www.mentormarlins.net

SOCCER

Mentor Soccer Club Boys and Girls Recreational teams - ages 5-18 Boys and Girls Travel teams - ages 8-14 www.mentorsoccerclub.com

FOOTBALL

Mentor Youth Football Association Red Division, age 7-9, Up to 120 pounds Grey Division, age 10-grade 6, Up to 160 pounds www.mentoryouthfootball.com

Northeast Ohio Flag Football

Boys and Girls ages 5-12 www.neoflag.org

RUGBY FOOTBALL

Mentor Area Rugby Club Boys teams ages 14-18 www.mentorrugby.com

BASEBALL/SOFTBALL

Mentor Baseball Boys and Girls ages 4-17 Adults age 18 and over www.mentorbaseball.com

Mentor Girls Softball

Girls age 4-18 www.mentorgirlssoftball.org

Mentor Softball Association

Co-Ed Slow-pitch Softball Youth Divisions ages 4-17 www.mentorsoftballassociation.com

First time online registering with us?

Call one of our facilities so we can set up a new account for you.



8900 Lake Shore Boulevard, Mentor, Ohio 44060 440.951.0010 - www.blackbrookgolfcourse.com

SPECIAL EVENTS

Free Golf Clinic & Open House

Sunday, April 23 11:00 a.m. - 12:15 p.m. Get some professional help from Tim Ausperk, Head Golf Professional & Jay Schiffbauer, Head of Teaching. They will put on a one-hour demonstration featuring full swing technique and short game along with some helpful information about our facility. Open to golfers of all ages and skill levels. Note taking is recommended and pre-registration is required. Call the course at (440) 951-0010 to register.

Mothers Day "Moms" Play FREE

Black Brook Golf Course Sunday, May 14

This Mother's Day treat your favorite mother to a free round of golf at Black Brook Golf Course. All moms play free when accompanied by another player. Call Black Brook Golf Course for tee times today (440) 951-0010. Cart not included. Offer valid on Sunday, May 14 only.

The golf course has undergone extensive improvements over the last few years and is in the best condition it has ever been in. Golfers need to come out and see it for themselves, we're sure you will be impressed.

Rates

April 15 - September 30

Monday - Friday	Walking	Riding
9 holes	\$15.00	\$24.00
9 holes Sr./Jr.	\$13.00	\$21.00
18 holes	\$25.00	\$34.00
18 holes Sr./Jr.	\$21.00	\$29.00
Saturday & Sunday	Walking	Riding
9 holes	\$17.00	\$26.00
18 holes	\$29.00	\$46.00

*Add on fee of \$5 for 9 holes and \$8 for 18 holes for personal cart usage.

Practice Center	Discount Card	Save
Small Bag (40 Balls) \$7.00	Six Small Bags \$35.00	\$7.00
Medium Bag (55 Balls) \$9.00	Six Medium Bags \$45.00	\$9.00
Large Bag (90 Balls) \$11.00	Six Large Bags \$55.00	\$11.00



Family Friendly Course

Black Brook Golf Course and Practice Center is designated as a Family Friendly Golf Course by the P.G.A. of America. Along with our regular tees we also have tees to make the course shorter in length providing a beginner friendly short course for beginners and juniors. Black Brook received a "Sticks for Kids Grant" that provided 10 sets of junior clubs which will be used for golf schools, camps, Jr. League, and general play on the course. Black Brook is trying to make golf more affordable for families by offering free golf to a junior when accompanied by a paying adult on Monday's, Tuesday's, Thursday's, anytime and weekends and Holiday's after 3:00 p.m. Limited to one junior per paying adult.

Tee Times

Black Brook Golf Course is now working with GolfNow to offer online tee time booking. Just visit www.BlackBrook-GolfCourse.com for details. It's quick, easy, and very convenient. You and your friends will be able to see what times are available across several days to make scheduling a foursome easier. Of course, we're also happy to book your times if you'd like to call us at (440) 951-0010

Golf Outings

Planning a golf outing? Black Brook Golf Course is a great place to schedule your group event. Our staff will tailor your outing to meet your needs! We can include a complete lunch or dinner. Golfers are served on our covered pavilion overlooking our famous 18th hole. To learn more about how we can make your outing a very special event, call (440) 951-0010.

Leagues - Would You Like to Join a Golf League?

Black Brook Golf Course has established Men's, Women's, Co-Ed, Senior, and Junior Leagues accepting new members for the 2023 season. Call the course for more information.

Black Brook Golf Academy Learn How to Play

The Black Brook Golf Academy offers every form of instruction to get students ready for play on the course. Besides our structured golf schools and camps, we can also structure a program to fit the needs of your family, business, or social group. Call one of our instructors at 440-951-0010 for more information.

Black Brook Golf Academy Instruction Staff

Tim Ausperk, P.G.A. Golf Professional and Manager Jay Schiffbauer, Head of Teaching and Assistant Manager Aly Ales, Assistant Golf Professional and Assistant Manager Olivia Zampedro, Assistant Golf Professional and Assistant Manager

Golf Schools

Golf Academy Professional Golf Staff

Now is the time to get golf ready with the Black Brook Golf Course instruction staff. Instruction includes fundamentals of golf including grip, stance, full swing, short game, putting, and etiquette. There is a maximum of 6 students per class for juniors and 7 students per class for adults. Balls and clubs are included in the price of the class, although students are encouraged to bring their own clubs. Proper golf attire is expected. Classes will fill quickly.

Junior Golf School

This class builds on the fundamentals but adds new and more advanced swing thoughts along with individual problem solving. Five 60-minute classes, with a maximum of 6 students per class. Parents and guardians are welcome to bottomless coffee or water in the clubhouse during class.

Instructor: Black Brook Professional Instruction Staff

Location: Black Brook Golf Course Sessions: 5 - Juniors - Coed - age 8 - 14 Resident: \$74 | Non-Resident: \$87

dates	day	time
April 22 - May 20	Saturday	9:00 - 10:00 a.m.
April 22 - May 20	Saturday	10:30 - 11:30 a.m.
June 3 - July 1	Saturday	9:00 - 10:00 a.m.
June 3 – July 1	Saturday	10:30 - 11:30 a.m.
July 15 - August 12	Saturday	9:00 - 10:00 a.m.
July 15 - August 12	Saturday	10:30 - 11:30 a.m.
August 26 - September 23	Saturday	9:00 - 10:00 a.m.
August 26 - September 23	Saturday	10:30 - 11:30 a.m.

Adult Golf School

Introduction to the fundamentals; grip, stance, posture, full swing, chipping, putting, plus rules and etiquette with individual problem solving. Five 60-minute classes, with a maximum of 7 students per class.

Instructor: Black Brook Professional Instruction Staff

Location: Black Brook Golf Course

Sessions: 5 - Adults - Coed - age 15 and older

Resident: \$74 | Non-Resident: \$87

dates	day	time
April 18 - May 16	Tuesday	5:00 - 6:00 p.m.
May 30 – June 27	Tuesday	5:00 - 6:00 p.m.
July 11 - August 8	Tuesday	5:00 - 6:00 p.m.
August 22 - September 19	Tuesday	5:00 - 6:00 p.m.
May 30 – June 27	Tuesday	6:15 - 7:15 p.m.
July 11 - August 8	Tuesday	6:15 - 7:15 p.m.
April 20 - May 18	Thursday	5:00 - 6:00 p.m.
June 1 – June 29	Thursday	5:00 - 6:00 p.m.
July 13 - August 10	Thursday	5:00 - 6:00 p.m.
August 24 - September 21	Thursday	5:00 - 6:00 p.m.
June 1 – June 29	Thursday	6:15 - 7:15 p.m.
July 13 - August 10	Thursday	6:15 - 7:15 p.m.

Level One Golf

A great way to introduce golf to kids ages 5-7. An introduction to the fundamentals with an emphasis on hand-eye coordination and having fun! Four 45-minute classes, with a maximum of five students per class. Parents and guardians are welcome to bottomless coffee or water in the clubhouse during class.

Instructor: Black Brook Professional Instruction Staff

Location: Black Brook Golf Course Sessions: 4 - kids ages 5-7 Resident: \$42 | Non-Resident: \$50

dates	day	time
April 22 - May 13	Saturday	12:00 - 12:45 p.m.
April 22 - May 13	Saturday	1:00 - 1:45 p.m.
June 3 – June 24	Saturday	12:00 - 12:45 p.m.
June 3 – June 24	Saturday	1:00 - 1:45 p.m.
July 15 - August 5	Saturday	12:00 - 12:45 p.m.
July 15 - August 5	Saturday	1:00 - 1:45 p.m.
August 28 - September 16	Saturday	12:00 - 12:45 p.m.



The First Tee of Cleveland

We are pleased to announce that The First Tee of Cleveland is bringing their program to the City of Mentor and Black Brook Golf Course & Practice Center. Programs are open to kids 8-12 and all abilities. Check out their website at https://www.thefirstteecleveland.org/.

PLAYer (ages 8-12)

Learn the game of golf taught around the etiquette and fundamentals that golf is built on. By seamlessly integrating the game of golf with a life skills curriculum, we create active learning experiences that build inner strength, self-confidence, and resilience that kids can carry to everything they do. Min 6 / Max 12

Instructor: Jay Schiffbauer, Head of Teaching

Location: Black Brook Golf Course

Sessions: 6

Resident: \$89 | Non-Resident: \$105

dates day time

April 17 - May 22 Monday 4:30 - 5:30 p.m.

Junior Golf Camp

Ages 8-14

This 4-day golf camp will properly prepare the junior golfer to be golf course ready by teaching proper fundamentals of golf, rules and etiquette. The camp will mainly focus on full swing, short game, putting, etiquette and the rules of golf. The fee includes range balls. Campers are encouraged to bring their own clubs, or loaner clubs will be provided. Proper golf attire is expected. Camp will be limited to 6 students per class.

Instructor: Black Brook Professional Instruction Staff

Location: Black Brook Golf Course

Ages 8-11

dates	day	time
June 5 – June 8	M-Ťh	9:00 - 10:30 a.m.
June 12 – June 15	M-Th	9:00 - 10:30 a.m.
June 19 – June 22	M-Th	9:00 - 10:30 a.m.
June 26 – June 29	M-Th	9:00 - 10:30 a.m.

Resident: \$124 | Non-Resident: \$149

Ages 12-14

dates	day	time
June 5 – June 8	M-Th	11:00 a.m 12:30 p.m.
June 12 - June 15	M-Th	11:00 a.m 12:30 p.m.
June 19 – June 22	M-Th	11:00 a.m 12:30 p.m.
June 26 – June 29	M-Th	11:00 a.m 12:30 p.m.

Resident: \$124 | Non-Resident: \$149

Junior Golf League Specailzed Golf Program

Do you want to try out for your High School Golf Team or play at a higher level? This specialized program is just for you. You'll have a 15-minute clinic with our pro each week covering everything from playing, etiquette, character development, and rules, then golfers will play 9 or 18 holes and record their scores to establish a U.S.G.A handicap. Entry fees are used for prizes throughout the season and a cookout on the final day. The program is open to boys and girls ages 12 to 17 and is run by P.G.A. Professional Tim Ausperk. **NO PLAY on July 13th.**

Location: Black Brook Golf Course

League Registration Fee: \$49 / Greens Fees paid weekly dates day time

June 8 - August 10 Thursday 9:00 a.m.

Junior Golf League

Each Thursday morning in the summer, more than 100 juniors tee it up for 9 holes of golf in this program designed for the **experienced junior golfer.** The league includes instruction from the Professional Golf Staff, skills contests, character development, and regular course play. Entry fees are used for prizes throughout the season and a cookout on the final day. Play begins June 4th with the final day and annual cookout August 3. **NO PLAY July 13th.**

Instructor: Black Brook Professional Instruction Staff

Location: Black Brook Golf Course

League Registration Fee: \$49 / Greens Fees paid weekly

Ages 10-17

/ \g c 3 0 /		
dates	day	time
June 8 - August 3	Thursday	9:30 a.m.
Ages 10-14		
dates	day	time
June 8 - August 3	Thursday	10:00 a.m.
June 8 - August 3	Thursday	10:30 a.m.

ADULT FITNESS

Cardio-Kickboxing

Adults 16 & Up

This class is designed to increase your stamina and flexibility, tone your muscles, lose weight, and strengthen your core. It's done utilizing martial arts techniques and a variety of other exercises. It's all done to music and non-intimidating. The goals are real but not without having fun achieving them. You will be amazed with what you are capable of! Come any Monday or Wednesday before signing up and try it out. See whether it's for you! Bring a water bottle and exercise matt to all classes and 3-5 pound weights on Wednesdays.

Instructor: Gary Remner (4th degree Black Belt Tai Kwon Do)

Location: Community Center

Resident: \$64 | Non-Resident: \$77

dates	day	time
May 1 - May 24	Monday & Wednesday	7:15 - 8:15 p.m.
June 5 - June 28	Monday & Wednesday	7:15 - 8:15 p.m.
July 3 – Aug 26	Monday & Wednesday	7:15 - 8:15 p.m.
Aug 2 - Aug 28	Monday & Wednesday	7:15 - 8:15 p.m.

First time online registering with us?

Call one of our facilities so we can set up a new account for you.

Arthritis Foundation Tai Chi

Arthritis Foundation Tai Chi classes were developed by Tai Chi Master and physician Dr. Paul Lam to engage participants of all ages, activity interest and levels in mindful, continuously moving, deep relaxing, low impact exercises. They can be taken by everyone, and are based upon the upright, agile, Sun style of Tai Chi Chuan. Lifelong martial artist Denise is certified in the Tai Chi for Arthritis method and will guide you through the strengthening and therapeutic aspects for increased personal wellness and health. Please wear loose comfortable clothing and tennis shoes.

Instructor: Denise Molesch

Location: Community Center Room D
Resident: \$40 | Non-Resident: \$50
dates day time

May 3 - May 24 Wed 11:00 a.m. - 12:00 p.m.

17





Body Sculpting™

Adults 16 & Up

This one-hour cardiovascular strength-training class presented by the certified fitness trainers of Body Sculpting by Exterior Designs, is designed to make you lean and defined providing a results-oriented whole-body workout. Build and sculpt muscles, strengthen your core, improve your strength and flexibility while burning fat and calories by using just one set of 3-5 lb. dumbbells. You will gain strength, balance, flexibility and endurance while focusing on total body health. Also helps to prevent the development of osteoporosis while firing up your metabolism, helping you to lose weight and inches. Bring a set of dumbbells, exercise mat, water bottle, and stretch band to class (available on our website). Accommodates all fitness levels. Work out at your own pace; all fitness levels welcome. Join in any time. To register visit www.flexcity.com or email bodysculpting@flexcity.com for

Instructor: Body Sculpting Certified Trainer

Location: Old Council Hall

\$55 for each 8-class term. Best buy: Purchase 3 terms at

the rate of just \$130

Monday & Wednesday - 6:00 - 7:00 PM May 31 - June 26 (NO CLASS May 29) June 28 - July 26 (NO CLASS July 3) July31 - Augúst 23 August 28 - Sept 25 (NO CLASS September 4)

Tuesday & Thursday - 9:30-10:30 AM

May 30 - June 22 June 27 - July 25 (NO CLASS July 4) July 27 - August 22 August 24 - September 19

Saturday - 9:30-10:30AM May 20 - July 8

July 15 - September 2

Tai Chi for Health

Adults 16 & Up

Tai Chi can be described as meditation in motion. This gentle, continuous, moving exercise and mind-body practice is based upon Chinese martial arts, but most recently was adapted for improvements of health; such as balance, flexibility, fitness, pain and stress reduction. In this class, martial artist Denise Molesch will teach warm-ups, instruction and practice in forms and exercises for adults of all ages and capabilities.

Instructor: Denise Molesch Location: Old Council Hall

Resident: \$40 | Non-Resident: \$50

time Thursday 6:30 - 7:30 p.m.

May 4 - May 25

Mentor Parks and Recreation - 2023 Summer

Mentor Senior Center



8484 Munson Road, Mentor, Ohio 44060 440.974.5725 - www.mentorseniorcenter.com

ARTS AND CRAFTS

All Media Painting

All the fundamentals of art will be covered: composition, design, and color. Please bring the media of your choice, paper, and reference materials.

Instructor: Jennifer Theil

Location: Senior Center Cultural Arts Room

Resident: \$39 | Non-Resident: \$49

day

May 4 - June 22 Thursday 10:00 a.m. - 12:00 p.m.

Creative Ceramics

Join us for seasonal projects. Class includes instruction and firing. An \$8 supply fee is included with your registration and includes use of brushes and paints. Greenware fee is payable to the instructor. All levels of students are welcome.

Instructor: Sharon Williams

Location: Senior Center Cultural Arts Room Resident: \$49 | Non-Resident: \$59

dates	day	time
May 3 - June 21	Wédnesday	10:00 a.m 12:00 p.m.
May 3 - June 21	Wednesday	5:00 p.m 7:00 p.m.
July 5 - Aug 23	Wednesday	10:00 a.m 12:00 p.m.
July 5 - Aug 23	Wednesday	5:00 p.m 7:00 p.m.

Quilting

July - August

Explore new projects using modern time-saving methods in a friendly, self-paced atmosphere. Focus will be on learning color, value, and construction techniques to advance your quilting knowledge. Students should bring material (based upon provided project supply list), sewing machine in good condition, sewing notions, and miscellaneous supplies (rulers, rotary cutters, scissors). An iron and ironing board is provided for your convenience. Morning class is for the confident beginner to intermediate/advanced and the evening class is for the beginner to confident beginner.

Instructor: Teri Bittner **Location: Senior Center Cultural Arts Room**

Resident: \$39 | Non-Resident: \$49 day

May 1 - June 19 May 2 - June 20 Monday 5:30 p.m. - 7:30 p.m. Tuesday 9:00 a.m. - 11:00 a.m. Off



Woodcarving

Beginner or experienced carvers. Patterns and tools available. The first project kit is available for \$5, payable to the instructor. Remaining projects and wood are at your own expense.

Volunteer Instructor: Ken Kothera

Location: Senior Center Cultural Arts Room

Resident | Non-Resident: Free

dates day time

May 2 - August 22 Tuesday 2:00 p.m. - 4:00 p.m.

CONTINUING FDUCATION

AARP Driver Safety Course

Licensed drivers 55 or older can take this class designed to refine existing skills as well as develop new, safe defensive driving techniques. You may earn a certificate and possibly qualify for a lower auto insurance rate (check with your agent). Bring your driver's license and AARP card to the class. Cost: \$20 for AARP members, \$25 for non-AARP members, check or money orders only made payable to AARP. Lunch is not included, please bring a bag lunch or money to purchase lunch at the center.

Instructor: AARP Instructor

Location: Senior Center Cultural Arts Room

 date
 day
 time

 June 19
 Monday
 10:30 a.m. - 3:00 p.m.

American Sign Language Club

Join the American Sign Language Club. Expand on what you already know. Learn sentence structure and more about Deaf culture. Challenge yourself and continue learning!

Volunteer Instructor: Sharon House Location: Senior Center Lobby Resident | Non-Resident: Free

dates day time

May 2 - August 22 Tuesday 12:00 p.m. - 1:00 p.m.

Book Club

Join Mentor librarian Cailey Williams to discuss popular reads each month. Call (440) 255-8811, ext. 247 to arrange pick up at the drive thru. Personal copies may also be used. For more information, email cailey.williams@mentorpl.org To register, call the Senior Center at (440) 974-5725 or visit www.mentorseniorcenter.com.

Location: Senior Center Cultural Arts Room Resident | Non-Resident: Free

dates day time

May 17 Wednesday 1:30 p.m. - 3:00 p.m.

book title: The Silent Patient by Alex Michaelides

June 21 Wednesday 1:30 p.m. - 3:00 p.m.

book title: The Seven Husbands of Evelyn Hugo

by Taylor Jenkins Reid

July Off

August 16 Wednesday 1:30 p.m. - 3:00 p.m.

book title: TBA

Lake County Council on Aging

Council on Aging will be visiting the Senior Center to bring information and discuss their programs and services that are available to seniors in Lake County.

Location: Senior Center Cardinal Room 12:00 - 12:30 p.m. /

Great Room 12:30 - 1:00 p.m. Resident | Non-Resident: Free

dates day topic

May 1 M Aging & Disability Resource Center (ADRC)
Jun 5 M Health Equipment Lending Program (HELP)

Jul 3 M LCCOA Resources

Aug 7 M Benefits (Medicare, HEAP, SNAP)

Chronic Disease Self-Management (CDSM) Workshop

Take charge of your long-lasting health concerns - and your life. You'll learn how to do more of what YOU want to do, find practical ways to deal with symptoms and challenges, set your own weekly goals, make a step-by-step plan to improve your health, make better eating and exercise choices, understand new treatment options, and discover better ways to talk to your doctor and family about your health.

Registration deadline is Sept 1. Space is limited!

Location: Senior Center Cardinal Room

Resident | Non-Resident: Free

dates day time

Sept 8 - Oct 13 Friday 9:00 a.m. - 11:30 a.m.

Diabetes Empowerment Education Program

The Diabetes Empowerment Education Program (DEEP) workshop offered by Fairhill Partners helps participants take control of their disease and reduce the risk of complications. It empowers people with diabetes and pre-diabetes to take charge of their health. DEEP is fun and interactive, with hands-on learning. Workshops meet for 6 weekly 2-hour sessions.

Registration deadline is June 30. Space is limited!

Location: Senior Center Cardinal Room

Resident | Non-Resident: Free

dates day time

July 7 - Aug 11 Friday 9:30 a.m. – 11:30 a.m.

First time online registering with us?

Call one of our facilities so we can set up a new account for you.

Matter of Balance

Take steps to make falls less likely –participate in A Matter of Balance workshop! This nationally-recognized program offered by Fairhill Partners reduces the fear of falling and increases activity levels.

Registration deadline is April 28. Space is limited! Location: Senior Center Cultural Arts Room

Resident | Non-Resident: Free dates day

 dates
 day
 time

 May 5 - June 23
 Friday
 9:30 a.m. - 11:30 a.m.

19



Homestead Exemption Presentation

Did you know you can save money on your homestead property taxes? Lake County Treasurer Michael Zuren and Auditor Christopher Galloway have a short Powerpoint presentation to inform seniors on how to sign up for the homestead property tax reduction, requirements, forms and additional information. Q and A to follow.

Location: Senior Center Cardinal Room Resident | Non-Resident: Free

date day time

May 24 Wednesday 10:00 a.m. - 11:00 a.m.

Senior Living - Is It Time?

Have you asked yourself this question? Join us for a special presentation and get all your questions answered.

Topics covered: Selling your home: How? When?

Who do you trust? Who will help me? What's the best way to downsize?

How do I afford senior living? What are my options?

Presentation provided by Howard Hanna-Mentor and Tapestry Senior Living.

Location: Senior Center Cardinal Room Resident | Non-Resident: Free

date day time

May 17 Wednesday 10:00 a.m. – 11:00 a.m.

Senior Nutrition with the Cleveland Food Bank: Diabetes

Healthy eating, physical activity and medical treatment can all help successfully manage diabetes. Learn about how what you eat, how much you eat, and when you eat all matter. Listen to Greater Cleveland Food Bank Nutrition Educator and learn tips to improve your health through nutrition, and what to communicate with your medical professionals.

Location: Senior Center Cardinal Room Resident | Non-Resident: Free

Kesident | Non-Kesident: 11ee

date day time

June 9 Friday 10:00 a.m. – 11:00 a.m.

Turning 65 - What You Need to Know About Medicare

This workshop provides all the information needed for Medicare beneficiaries to understand and take full advantage of all Medicare has to offer.

Location: Senior Center Cardinal Room Resident | Non-Resident: Free

date day time

Aug 3 Thursday 10:00 a.m. – 11:00 a.m.

First time online registering with us?

Call one of our facilities so we can set up a new account for you.

University Hospital - Fall Prevention

University Hospitals provides a Falls Clinic evaluation service for patients who have experienced a fall in the past or are at risk for falls. This is a multidisciplinary clinic pilot program that involves evaluation by a geriatric physician, clinical pharmacist, physical therapist, and ENT provider. Today's event will include a clinical pharmacist presenting on polypharmacy, high-risk falls medications, and proper medication adherence techniques.

Location: Senior Center Cardinal Room

Resident | Non-Resident: Free

date day time

June 8 Thursday 10:00 a.m. – 11:00 a.m.

University Hospital - Stroke Prevention

Stroke is the 5th leading cause of death in the United States, but remains the main cause of disability for adults. Learn how to identify risk factors that you can control to prevent stroke. Because every minute counts when dealing with a stroke take this opportunity to learn stroke warning signs and strategies to access care quickly.

Location: Senior Center Cardinal Room

Resident | Non-Resident: Free

date day time

July 13 Thursday 10:00 a.m. – 11:00 a.m.

FITNESS/WELLNESS

Cycling Club

The cycling club continues to offer great rides in their 11th season. All rides are weather permitting and ride cancelations and any changes will be done via email. There will be a ride make-up on Friday of the same week if Wednesday's ride is canceled. All rides start at 10 a.m. unless designated otherwise. Optional lunch afterwards. Bicycle helmets are required. New riders are welcome. Rides start in April and continue through October. Contact Arnie Zvejnieks at 440-525-0293, for information or to be added to the mailing list.

Monday Hiking Club

Monday evening hikes begin at 6 p.m. and are scheduled from April through October. Hikes are at the various parks in Lake County. You can join the club and hike at any time. If you have any questions, call the Senior Center at 440-974-5725 for complete details includes the hiking locations.



Line Dancing

Basic Beginner

This class is to teach you the basics of line dancing. You will learn the steps and terminology, along with different dance rhythms. We will use different genres of music to make this a fun filled class. All you need is a comfy pair of shoes that have a slick bottom and cannot be kicked off while dancing. Please "no slip-on sandals/flip flops" or "high heels" for vour safety.

Instructor: Tina Foster

Location: Senior Center Fitness Studio Resident: \$18 | Non-Resident: \$23

day Wédnesday May 3 - June 21 5:45 p.m. - 6:45 p.m. July 5 - Aug 23 Wednesday 5:45 p.m. - 6:45 p.m.

Advanced Beginner

This is for those ready to take line dancing to the next level. You should have completed at least 6 months of a Basic Beginner class, be an experienced dancer that wants to have a refresher course or just like to keep it nice and easy. This class will move along a little faster, as most steps were learned in the Basic Beginner class.

Instructor: Tina Foster

Location: Senior Center Fitness Studio Resident: \$18 | Non-Resident: \$23

dates day time May 3 - June 21 6:45 p.m. - 7:45 p.m. 6:45 p.m. - 7:45 p.m. Wednesday July 5 - Aug 23 Wednesday

GROUP EXCERICE CLASSES

Low Impact Aerobics

This energetic class is designed for able-bodied seniors, with a small amount of resistance bands and weights.

Instructor: Sharon Benner

Location: Senior Center Fitness Studio Resident: \$19 | Non-Resident: \$24

dates	day	time
May 1 - June 19	Monday	9:00 a.m 9:45 a.m.
(NO class May 29)	-	
May 2 - June 20	Tuesday	9:00 a.m 9:45 a.m.
May 4 - June 22	Thursday	9:00 a.m 9:45 a.m.
May 5 - June 23	Friday	9:00 a.m 9:45 a.m.
July 3 - Aug 21	Monday	9:00 a.m 9:45 a.m.
(NO class July 4)	-	
July 11 - Aug 22	Tuesday	9:00 a.m 9:45 a.m
July 6 - Aug 24	Thursday	9:00 a.m 9:45 a.m.
July 7 - Aug 18	Friday	9:00 a.m 9:45 a.m.

Parkinson's Exercise

This fitness program is designed to empower people with Parkinson's disease by optimizing their physical function and helping delay the progression of symptoms. The classes focus on Parkinson's specific exercises that help fight the symptoms of the disease. No equipment or expertise is necessary; just participate at your own level of ability.

Instructor: Dana Rini, Sharon Benner, Pat Talladino

Location: Senior Center Fitness Studio

Resident | Non-Resident: Free

day May 3 - June 21 Wednesday 3:00 p.m. - 3:45 p.m. July 5 - Aug 23 Wednesday 3:00 p.m. - 3:45 p.m.

SilverSneakers[®]

SilverSneakers® Circuit

Standing upper-body strength work alternated with low impact cardio using a chair for standing support.

Instructor: Sue Dempsey (Mon) Pat Talladino (Wed)

Location: Senior Center Fitness Studio Resident: \$19 | Non-Resident: \$24 Silver Sneakers Members: Free

May 1 - June 19 Monday 6:00 p.m. - 6:45 p.m. (NO class May 29) May 3 - June 21 Wednesday 11:00 a.m. - 11:45 a.m. July 3 - Aug 21 6:00 p.m. - 6:45 p.m. Monday July 5 - Aug 23 Wednesday 11:00 a.m. - 11:45 a.m.

SilverSneakers® Classic

Increase muscle strength and range of motion and improve activities for daily living. You'll have a chair for seated exercises and standing support. Your instructor will modify the exercises for your fitness level.

Instructor: Sharon Benner (Mon & Fri), Pat Talladino (Wed)

Location: Senior Center Fitness Studio Resident: \$19 | Non-Resident: \$24 Silver Sneakers Members: Free

May 1 - June 19	Monday	10:00 a.m 10:45 a.m
(NO class May 29) May 3 - June 21 May 5 - June 23 July 3 - Aug 21 July 5 - Aug 23 July 7 - Aug 18	Wednesday Friday Monday Wednesday Friday	10:00 a.m 10:45 a.m. 10:00 a.m 10:45 a.m. 10:00 a.m 10:45 a.m. 10:00 a.m 10:45 a.m. 10:00 a.m 10:45 a.m.

SilverSneakers® EnerChi

Seated or standing tai chi movements in flowing sequence

to progress strength, balance and focus.

Instructor: Denise Molesch

Location: Senior Center Fitness Studio Resident: \$19 | Non-Resident: \$24 Silver Sneakers Members: Free

dates dav time May 4 - June 22 Thursday 4:00 p.m. - 4:45 p.m. July 6 - Aug 24 Thursday 4:00 p.m. - 4:45 p.m.

SilverSneakers® Stability

Standing class designed to decrease the risk of falls with focus on improving balance and lower body strength.

Instructor: Monday - Sharon Benner;

Friday - Denise Mólesch

Location: Senior Center Fitness Studio Resident: \$19 | Non-Resident: \$24 Silver Sneakers Members: Free

day May 1 - June 19 Mónday 11:00 a.m. - 11:45 a.m. (NO class May 29) May 5 - June 23 July 3 - Aug 21 July 7 - Aug 8 Friday 12:00 p.m. - 12:45 p.m. 11:00 a.m. - 11:45 a.m. Monday Friday 12:00 p.m. - 12:45 p.m.



SilverSneakers® YOGA

Seated and standing yoga poses to increase flexibility, balance and range of motion.

Instructor: Mon/Fri - Denise Molesch, Wed - Pat Talladino

Location: Senior Center Fitness Studio Resident: \$19 | Non-Resident: \$24 Silver Sneakers Members: Free

dates	day	time
May 1 - June 19	Monday	12:00 p.m 12:45 p.m.
(NO class May 29)		
May 3 - June 21	Wednesday	9:00 a.m 9:45 a.m.
May 4 - June 22	Thursday	3:00 p.m 3:45 p.m.
May 5 - June 23	Friday	11:00 a.m 11:45 a.m.
July 3 - Aug 21	Monday	12:00 p.m 12:45 p.m.
July 5 - Aug 23	Wednesday	9:00 a.m 9:45 a.m.
July 6 - Aug 24	Thursday	3:00 p.m 3:45 p.m.
July 7 - Aug 18	Friday	11:00 a.m. – 11:45 a.m.

Stretch and Balance

Seated and standing exercises focus on isolating to improve balance, flexibility, and to increase mobility. This class is also available virtually through Zoom.

Instructor: Sharon Benner

Location: Senior Center Fitness Studio Resident: \$19 | Non-Resident: \$24

dates	day	time
May 2 - June 20	Tuesday	11:00 a.m 11:45 a.m.
May 4 - June 22	Thursday	11:00 a.m. – 11:45 a.m.
July 11 - Aug 22	Tuesday	11:00 a.m 11:45 a.m.
(NO class July 4)	-	
July 6 - Aug 24	Thursday	11:00 a.m. – 11:45 a.m.

Weight Training

This strength class is designed to build muscle, strength and bone density. Resistance bands and weights will be used while standing and while seated.

Instructor: Sharon Benner

Location: Senior Center Fitness Studio Resident: \$19 | Non-Resident: \$24

dates	aay	ume
May 2 - June 20	Tuesday	10:00 a.m 10:45 a.m.
May 4 - June 22	Thursday	10:00 a.m 10:45 a.m.
July 11 - Aug 22	Tuesday	10:00 a.m 10:45 a.m.
(NO class July 4)		
July 6 - Aug 24	Thursday	10:00 a.m 10:45 a.m.

Water Exercise Class at Mentor Community Recreation Center

A variety of water fitness classes will be offered at the Mentor Community Recreation Center Pool located at 6000 Heisley Rd., Mentor. Check out our website at mentorseniorcenter.com, the Mentor Senior Center Facebook page or call in April for more details. Register through the Mentor Senior Center by phone (440) 974.5725.

FITNESS CENTER

A variety of cardio equipment is available including treadmills, seated ellipticals, standing ellipticals, NuStep and a bike. Light free weights, 4 stationary stations (abdominal, leg press, leg extension/curl, chest press) and a cable pulley station are available for strength training. Members are asked to disinfect each piece of equipment after use. Please bring clean, dry shoes to prevent equipment damage.

Fitness Orientation - Cardio Training

Learn how to use the treadmill, elliptical and bike including operating the machine, adjust settings, using heart rate functions and proper form. Maximum of 4 people per class.

Location: Senior Center Fitness Studio Resident: \$12.50 | Non-Resident: \$15 Silver Sneakers Members: Free Call to schedule appointment

day time

Monday 6:30 p.m. - 7:20 p.m. Tuesday 12:00 p.m. - 12:50 p.m.

Fitness Orientation - Strength Training

Learn how to operate fundamental strength training machines focused on large muscle groups (such as chest, upper back, and hamstrings/quadriceps leg muscles) while using correct form and proper breathing techniques. Participants will receive assistance in determining their specific equipment adjustments and weight settings, and learn how to modify strength training exercises based on individual needs.

Location: Senior Center Fitness Studio Resident: \$12.50 | Non-Resident: \$15 Call to schedule appointment

day time

Monday 6:30 p.m. – 7:20 p.m. Tuesday 12:00 p.m. – 12:50 p.m.

Personal Training

Are you feeling tired and out of shape after all those months at home? *Get up and get moving* with personal training at the Senior Center! Schedule an appointment now to get back on the road to health and fitness! You will find that regular exercise will help you feel less stiff, stronger, and more energetic throughout the day. Every step of the way you'll be guided by a passionate personal trainer committed to your safety and wellness. *Don't wait to start feeling*

great - schedule your appointment today! Tuesday, Thursday and Friday afternoons Location: Senior Center Fitness Studio

Resident | Non-Resident: \$40 for 60 minute session Resident | Non-Resident: \$20 for 30 minute session

Pick up a flier at the Senior Center for scheduling information



HEALTH SERVICES



Alzheimer's Association Caregiver Support Group

Discuss signs, symptoms, resources available, caregiving help and other topics for those touched by Alzheimer's and Dementia. Group meets the 2nd Thursday of the month.

Location: Senior Center Cultural Arts Room

Resident | Non-Resident: Free

dates	day	time
May 11	Thursday	1:00 p.m 2:30 p.m.
June 8	Thursday	1:00 p.m 2:30 p.m.
July 13	Thursday	1:00 p.m 2:30 p.m.
August 10	Thursday	1:00 p.m 2:30 p.m.

Attorney

Meet privately with an attorney to get help with estate planning, wills, trusts and real estate. Register for a free 10 minute appointment.

Location: Senior Center Conference Room #2

Resident | Non-Resident: Free

dates	day	time
May 17	Wednesday	1:00 p.m 2:00 p.m.
June 21	Wednesday	1:00 p.m 2:00 p.m.
July 19	Wednesday	1:00 p.m 2:00 p.m.
August 16	Wednesday	1:00 p.m 2:00 p.m.

First time online registering with us?

Call one of our facilities so we can set up a new account for you.

Hearing Screenings

Hearing screenings include an earwax check in both ears, a 10-15 minute baseline hearing test, and recommendations for future hearing healthcare based upon your results. Please call for an appointment.

Location: Senior Center Conference Room #2

Resident | Non-Resident: Free

dates day time
June 7 Wednesday 10:00 a.m. - 12:00 p.m.
(Amanda's Family Hearing)

August 2 Wednesday 10:00 a.m. - 12:00 p.m.

(Holly's Hearing)

Visionaries Support Group

If you suffer from vision impairment, plan to attend these free meetings the third Wednesday of the month.

Facilitator: Licensed Optician Debbie Kogler Location: Senior Center Cultural Arts Room

Resident | Non-Resident: Free

dates day time

May - Aug Wednesday 2:00 p.m. - 4:00 p.m.

Parkinson's Support Group

Patients, caregivers, family and friends - all are welcome. Come share and learn from each other the first Wednesday of each month. Find support and encouragement.

Volunteer Leader: Phyllis Hinkel

Location: Senior Center Cardinal Room

Resident | Non-Resident: Free

dates day time

May - August Wednesdays 4:00 p.m. - 5:30 p.m.

Produce Distribution

In conjunction with the Cleveland Food Bank we offer produce distribution for limited income seniors the third Monday of the month from 10 - 11 am. No reservations are needed, but please bring a valid driver's license, as all participants will be registered on site. Participants must attest annual gross household income is at or below \$27,180 for a household of 1 and \$36,620 for a household of 2. Income is self-declared; verification is not required. First come, first served. Please bring a heavy duty bag or two for produce.

No advance registration;

bring photo ID for onsite registration. Location: Senior Center Great Room

dates day time

May - Aug Monday 10:00 a.m. – 11:00 a.m.



Special Elders SilverSneakers® Classic

Seated and standing exercises to increase muscular strength, range of motion and activities of daily living. This is designed for Special Elders participants and select individuals who may benefit. Wheelchairs welcomed.

Instructor: Pat Talladino

Location: Senior Center Fitness Studio Resident: \$19 | Non-Resident: \$24 Silver Sneakers Members: Free

dates day time

May 3 - June 21 Wednesday 12:00 p.m. - 12:45 p.m. July 5 - Aug 23 Wednesday 12:00 p.m. - 12:45 p.m.



Special Elders

Do you need assistance to participate at the senior center? The Special Elders staff provides seniors the support and assistance they need to more fully participate in activities. This program provides socialization, assistance with carrying lunch trays for those with physical limitations and assistance with program registration and directing to activities for those with memory issues.

The Special Elders eat lunch together at 11:00. (Bring money for lunch.) We play Bingo on Monday and have craft activities or games on Wednesday afternoons. We offer specially designed chair exercise programs for seniors with some physical challenges Monday through Friday.

LakeTran is available to bring senior citizens to and from Mentor Senior Center activities.

Contact the front desk to schedule an enrollment appointment to meet with Special Elders staff Resident | Non-Resident: \$20 annual fee

dates day time

May - Aug Monday, Wednesday 10:00 a.m. - 2:00 p.m.

Schedule of Activities

Monday

10:30 - 10:50 a.m. Submit lunch orders 11:00 - 11:45 a.m. Lunch/Socialization

12:00 - 12:45 p.m. Billiards 1:00 - 2:00 p.m. BINGO

Wednesday

10:30 - 10:50 a.m. Submit lunch orders 11:00 - 11:45 a.m. Lunch/Socialization

12:00 - 12:45 p.m. Special Elders Silver Sneakers Classic

1:00 - 2:00 p.m. Craft, discussion, games, cards

MEALS

Daily Made From Scratch Lunch

Monday - Friday, 11:30 a.m. - 12:15 p.m.

Stop by for the best deal in town! Mentor Senior Center's talented kitchen staff and volunteers prepare delicious, freshly made entrees, sandwiches, salads, soup, and desserts at reasonable prices.

A daily cook's special features a meat or other high protein dish, vegetable, and usually a starch or bread product at a cost of \$5.00. Daily homemade soup and sandwiches are also available. Homemade cookies finish off the meal. Drinks include coffee, tea, milk, and soda. The monthly menu is available at the Senior Center front desk, in the monthly newsletter and online at www.mentorseniorcenter.com. No reservation or pre-ordering. Simply place your order and pay the cashier, pick up your meal at the kitchen

windowand enjoy. Please bus your table when done eating.

MEMBERSHIP AND HOURS

About Mentor Senior Center

Mentor Senior Center is a thriving meeting place for Senior Citizens with over 4000 members. Mentor Senior Center, administered by the City of Mentor, is open Monday and Wednesday from 8:00 a.m.- 8:00 p.m. and on Tuesday, Thursday, and Friday from 8:00 a.m. until 5:00 p.m.

Membership is available to anyone 55 years old or older. Membership is required to participate in Senior Center activities. Membership fees are \$10 for Mentor residents and \$15 for nonresidents. Silver Sneaker memberships are also available for those who are eligible.

Registration Process

Senior Center membership is required to participate in Senior Center activities including classes, activities and programs. This registration process refers to spring/summer classes described on this page and the next several pages. Registration for spring/summer classes for Mentor residents begins at 8:00 a.m. on **Monday, April 3**. Non-Resident registration begins on **Tuesday, April 4** at 8:00 a.m.

MUSIC AND THEATER



Hillcrest Concert Band

The Hillcrest Concert Band is recognized as one of the finest adult community bands in the area. Enjoy an evening of great music performed by this 60 piece band on our stage.

Location: Senior Center Great Room Resident | Non-Resident: \$4

 date
 day
 time

 Aug 23
 Wednesday
 7:00 - 8:00 p.m.

Mentor Music Makers

Director Maria Voljin is a degreed professional and is a musician, soloist and accompanist. The group practices weekly and performs in many of the Senior Living facilities in the area. The group is perfect for any senior who enjoys singing and the comradery that comes with being part of a performing group.

Instructor: Maria Voljin Location: Senior Center Stage Resident: \$30 | Non-Resident: \$38

 dates
 day
 time

 May 3 - June 21
 Wednesday
 10:00 - 11:30 a.m.

 July 5 - August 23
 Wednesday
 10:00 - 11:30 a.m.

24



Mentor Follies Dancers

Join us for exercise, dance and fun.

Director: Rena Ellwanger Location: Senior Center Stage Resident | Non-Resident: \$Free

dates time

6:45 - 7:45 p.m. May 3 - Aug 30 Wednesday

Piano Lessons

We offer private 30-minute beginner and continuing piano lessons. The lesson plans include a balance of theory, sight reading and repertoire appropriate to the student's level and musical ability.

Instructor: Marge Syroney Location: Senior Center Stage Resident: \$70 | Non-Resident: \$87

dates day time

May 2 - June 20 Tuesday 9:00 a.m. - 12:00 p.m. 9:00 a.m. - 12:00 p.m. July 11 - August 22 Tuesday

Scimitars

The SCIMITARS SWING BAND specializes in the music of the 1940's, 50's, and 60's; the era of the "Big Bands". They bring back the sounds from many artists of the "swing" era. They also present music of an earlier vintage, as well as current popular tunes. Their instrumentation includes full saxophone, trumpet, trombone, and rhythm sections.

Location: Senior Center Great Room

Resident | Non-Resident: \$2

dats dav time

July 19 Wednesday 7:00 p.m. - 8:00 p.m.

TECHNOLOGY

Tech Tuesdays with Mentor Public Library

Explore a different technology topic with Mentor Public librarian's on the 2nd Tuesday of each month. No prior experience with the topic is needed. Bring your own device to follow along during the class.

Location: Senior Cente Cardinal Room

Resident | Non-Resident: Free

E Books and More: Getting the Most Out of Your Library Card

date day

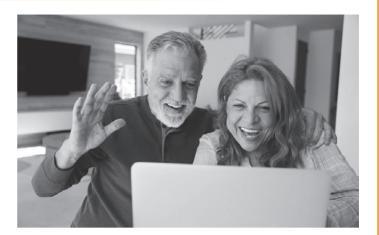
10:00 a.m. - 11:00 a.m. Tuesday May 9

Facebook Basics

June 13

date day time

Tuesday 10:00 a.m. - 11:00 a.m. CITYOFMENTOR.COM/PARKS-RECREATION



Laptop Help

Volunteer Nick Ajdinovich is available to help you with your laptop questions. Whether you have a Mac or Microsoft computer, you will get valuable one-on-one help. Schedule your free 30-minute session today. Check in at the front

Location: Senior Cente Great Room Resident | Non-Resident: Free

dates time May 2 and 9 Tuesday 9:00 a.m. - 11:00 a.m. 9:00 a.m. - 11:00 a.m. June 6 and 13 Tuesday Tuesday 9:00 a.m. - 11:00 a.m July 11 and 18 Aug 1 and 8 Tuesday 9:00 a.m. - 11:00 a.m.

Tech Help

Mentor High School students on hand to help with your tablet, iPad, and smart phone questions. Bring your questions and a willingness to tackle these powerful gadgets. Please register in advance.

Location: Senior Cente Great Room Resident | Non-Resident: Free

date day time

9:00 a.m. - 10:00 a.m. May 10 Wednesday

First time online registering with us?

Call one of our facilities so we can set up a new account for you.

TRIPS

The Senior Center offers local, day, and overnight trips to exciting destinations. Over 60 trips are offered annually either on a charter motorcoach or our own 22 passenger bus. Registration for charter trips begins in January, and registration for designated small bus trips starts in December, April and August. For complete details on all our trips visit mentorseniorcenter.com or grab a flyer at the center.





7645 Little Mountain Road, Mentor, Ohio 44060 440.974.5735 - www.cityof mentor.com

Become A Friend Of Wildwood

We encourage you to show your support in the cultural arts and become a "Friend of Wildwood." Your generous gift of \$15 a year, demonstrates your appreciation for the cultural arts and recognizes the positive impact it has on our lives and communities. Wildwood and the Arts Commission will be able to showcase and enhance new and existing classes, programs and events with your support. Your friendship will also support the Friends of Wildwood Scholarship. High school seniors who reside in the City of Mentor and plan on furthering their education in the cultural arts are eligible to apply.

We look forward to your friendship here at Wildwood! Friendship to Wildwood: \$15

Mentor Community Arts Commission

The Mentor Community Arts Commission is an advisory committee through the City of Mentor serving the community since 1981. Their mission is to assist the Wildwood Cultural Center and other public venues, to bring cultural enrichment to City of Mentor residents by designing and providing programs, events, and experiences from time to time, to help make living in Mentor a source of pleasure and inspiration for residents of all ages. Mentor Community Arts Commission meets the first Thursday of every month at 4:30p.m. at the Wildwood Cultural Center.

MUSIC LESSONS

Private Flute/ Recorder Lesson

Ages 8 & Up

Have you always been interested in the flute? Enjoy private lessons by Gayle Getts, at Wildwood Cultural Center. New students will learn the basic techniques of breath, sound, structure of the flute and reading music. Experienced students will enhance their posture, breath, sound and interpretation of reading music and the notes played on the flute. Instructor also teaches all same skills for the Recorder. All private instrumental lesson are based on a 6-week program series and must be paid in full as the stated six week session. Lessons are for both new and experiences students. Lessons are a 6 week-half hour program on Wednesdays. **Instructor:** Gayle Getts

Location: Wildwood Collacott Room Resident: \$168 | Non-Resident: \$19

dates: May 17 - June 21, July 5 - Aug 9, Aug 23 - Sept 28

Private Lessons with Sara Beam

Ages 8 & Up

Interested in learning how to play the violin or piano! All learning levels welcome as Sara Beam will teach students the working knowledge of rhythm, musical concepts, reading music, and become affluent at the player. Students can also expect to gain performance experience through recitals. 30-minute private lessons, Thursdays 2 - 7 p.m. All private instrumental lesson is based on a 6-week program series and must be paid in full as the stated six-week session. Call Wildwood Cultural Center for availability (440) 974-5735.

Instructor: Sara Beam **Location: Collacott Room**

Residents: \$168 | Non-Residents: \$192 dates: April 13 - May 25 (NO lessons April 20) June 8 - July 13, July 20 - August 24

Private Guitar Lessons

Ages 9 & Up

Learning the guitar can be a great lifelong pastime! Pick up your guitar and come to learn the basics of this popular instrument. Learn how to play uncomplicated chords, melodies and strumming techniques faster than you thought possible! Bring your acoustic or electric guitar to this lesson. Lesson availability: Wednesday 12 to 9 p.m., 45-minute sessions. All private instrumental lesson is based on a 6-week program series and must be paid in full as the stated six week session. Call Wildwood Cultural Center for availability (440) 974-5735.

Instructor: Bob Pattison, Guitar Instructor for 30 years

Location: Wildwood Collacott Room Resident: \$126 | Non-Resident: \$150

dates: May 17 - June 21, July 5 - Aug 9, Aug 23 - Sept 28

ADULT

ART

The Cleveland Art Museum: Art to Go

Ages 12 & Up

A World of Great Art Comes to You! See and touch amazing, authentic works of art up to 4,000 years old when museum staff and trained volunteers visit you with genuine art objects from the museum's collection. Art to Go programs spark curiosity and encourage observation, creative thinking, problem-solving, and collaboration.

Instructor: Cleveland Museum of Art

Location: Wildwood

Resident: \$15 | Non-Resident: \$18

A Knight's Tale: **Armor from Europe's Renaissance**

Knights in armor have captivated the popular imagination for centuries. This program offers participants a rare opportunity to look closely at and interact with real pieces of armor from the 1500s! Participants analyze the materials and Renaissance-era technology used to forge a variety of protective gear while imagining and discussing the lives of the knights and nobles who once used them.

Wédnesday May 10 6:30 - 8:00 p.m.



Cleveland, Cradle of Creativity: Artists of Our Region

Throughout the 20th century, homegrown and relocated artists created portfolios and careers in Cleveland. Throughout the 20th century, homegrown and relocated artists created portfolios and careers in Cleveland. The pieces in this program spark conversations about how Cleveland influenced art forms and fostered artistic talent in the past and continues to do so today.

date day

July 12 Wednesday 6:30 - 8:00 p.m.



Wine Not?! At Wildwood Ages 21 & Up

Have 'grape expectations' as you join the 'perfectly paired' ladies of Wildwood as they host their exciting and creative wine themed programs 'Wine Not?! At Wildwood'. You will be 'zin it to win it' while you create wine inspired masterpieces to adorn your home. The evening also includes snacks, recipes and trivia - be prepared to be 'cloud wine' (please do not bring any 'sour grapes'). It's a night out for all those ladies who love wine and are wanting to become a 'grigio goddess!' And always remember, "Wine improves with age. The older I get, the better I like it." - Anonymous! Instructor: The Women of Wildwood

Location: Wildwood

Resident: \$30 | Non-Resident: \$36

Moroccan Wine Bottle Tiki Torches

Create a one-of-a-kind artistic set of Moroccan inspired wine bottle Tiki Torches this summer. Use creative everyday items to create a colorful and artistically made with golds and bright colors to create something to showcase your outdoor patio.

date day

July 24 7:00 - 9:00 p.m. Monday

Palette Parties @ Wildwood

Ages 18 & Up

Need a fun night out with friends? Or are you a budding artist ready to paint? Look no further join the artist of The Dirty Palette as they walk you through step by step how to paint amazing masterpieces to decorate your home this summer. Even will include step by step instructions along with laughs, fun and painting supplies. What could be more fun?!

Instructor: The Dirty Palette Location: Wildwood

Resident: \$32 | Non-Resident: \$38

Succulents

Succulents are a craze of the decade. Why is that?! Well, they can grow anywhere- Even on a painting. Énjoy a night of fun, laughs and green thumb inspiration as you plant a one-of-a-kind succulent painting to decorate your house with this summer season.

date day time

7:00 - 9:00 p.m. May 25 Thursday

Birds of a Feather Flock Together

Do you have a group of friends that love to hang out?! In this creative three canvas workshop individuals will create three colorful and unique bird masterpieces that can be hung in any room. Gather you Flock and sign up now!

date day

June 19 Monday 7:00 - 9:00 p.m.

Colorful Cow

Love animals, this is your class. In this exclusive class you will paint one of the cutest animals on the farm- a cow. Yep, that's right- Paint this cow and add it to your farmhouse décor. Great painting to brighten up any room.

dav time

7:00 - 9:00 p.m. Juy 31 Monday

Arts, Cultural & Entertainment Series (A.C.E Series)

Wildwood Cultural Center is thrilled to announce a full line-up of Arts Cultural and Entertainment events this July. From concerts and theatrical performances and art exhibits, this series features superb offering from accomplished quest arts as well local non-profit organizations located in

Location: Wildwood Cultural Center Grounds

Admission: Free

Thursdays, July 6th - July 20th, 6:30 - 8:00 p.m.

July 6 Vocal Skokstudio Performance Anne Kline Artist Exhibitor at the July 10

Wildwood Cultural Center

(Artist Reception)

Pacific Paradise Hula Performance & Workshop July 20

July 27 Lakeland Civic Band (Instrumental Performance)

Stained Glass

Ages 16 & Up

Mini Triangle Box

Come learn how to make stained glass art in this 4-week workshop Make a beautiful stained glass triangular mini box. Learn how to cut glass and assemble a glass box with a hinged lid. No experience necessary; instructor will provide all tools and safety equipment for you to use in class. Supply

fee of \$20.00 payable to instructor on first day of class.

Instructor: Vicki Vesel Location: Wildwood

Resident: \$55 | Non-Resident: \$65

time

June 8 - June 29 Thursday 6:30 - 9:00 p.m.

Stained Glass Owl

What a hoot! Learn how to make a stained-glass owl in this 5-week session. The instructor brings tools, glass and her knowledge and you bring yourself and your creativity. Learn how to cut glass and assemble a glass owl sun catcher with colors you select. No experience necessary; instructor will provide all tools and safety equipment for you to use in class. Supply Fee of \$20.00 payable to instructor on first day of class.

Instructor: Vicki Vesel Location: Wildwood

Resident: \$60 | Non-Resident: \$70

day

time 6:30 - 9:00 p.m. August 8 - Sept 6 Wednesday



HEALTHY LIFESTYLE

Mother's Day Soaps by Chronically Clean

Ages 14+

Make lasting memories with your mom this Mother's Day by participating in a special Mother/Daughter soap making class! Together, you and your daughter will make two intricately designed soaps each, while learning simple soap making techniques. This is a fun activity that the whole family can enjoy together while creating something special for Mom!

Instructor: Joanna Orgovan, Chronically Clean Bath and Body Location: Wildwood Kitchen

Resident: \$50 per couple | Non-Resident: \$60 per couple

date day time

May 3 Wednesday 6:00 - 8:00 p.m.



Make and Take by Chronically Clean!

Ages 14+

Healthy lifestyle is made easy at this class!! You will create your own body beauty products instruction by Joanna Orgovan of Chronically Clean Bath and Body! Learn simple techniques to make your own at home.. Base ingredients are chemical and detergent free. Choose fragrances from natural essential oils or phthalate/paraben free fragrance Oils

Instructor: Joanna Orgovan, Chronically Clean Bath and Body Location: Wildwood Kitchen Resident: \$30 | Non-Resident: \$35

Cupcake Soaps

In this class each person will create three unique cupcake soaps in fun scents. Learn basic melt and pour glycerin soap crafting techniques as you design and decorate your soaps and select a fragrance, scent, or essential oil to make them truly special. Learn how to "glue" soap toppings to create and extra special cupcake soap.

date day time

May 17 Wednesday 6:00 - 8:00 p.m.

Scented Nail Polish

Treat yourself and your best friend a to a fun and unique nail polish crafting experience! Join us for an evening of combining colors and scents, where you and your bestie will create two unique scented nail polishes. Together, you'll paint and decorate your fingers, pick your perfect color and fragrance, then use simple stirring techniques to craft alluring polishes. Each person makes two intricate Mother's Day soaps.

date day time

June 5 Monday 6:00 - 8:00 p.m.

Fencing at Wildwood

Ages 8+

Learn the fundamentals of modern foil fencing in this class with instruction that includes stretching, footwork, lunges, attack, parry-riposte, strategy, tactics and bouting in this 5-week course. Fun and safety are emphasized while developing hand-eye coordination, agility, dexterity and stamina as well as social skills and manners. And you'll have a skill not many others share! All equipment is provided, so come out and try something new. Participants will be practicing social distancing. This class is designed for youth and adult!

* No class May 9th Instructor: Tom Nagy Location: Wildwood

Resident: \$55 | Non-Resident: \$66

dates day time

May 2 - June 6 Tuesday 6:00 - 7:15 p.m.

WOODWORKING

Adirondack Chair Making

Ages 14+

Anyone who's ever sat in an Adirondack chair and sunk into the curve of the fanned back knows there's not a more comfortable cushion-less seat out there. Now you can make your very own top-quality Adirondack chair, all skill levels welcome. Your will have a completed chair on the last day of this five-week course!

Instructor: Don Jedlicka

Location: Wildwood Craft Room Resident: \$80 | Non-Resident: \$96

dates dav time

May 3 - May 31 Wednesday 6:00 - 8:30 p.m.

First time online registering with us?

Call one of our facilities so we can set up a new account for you.

GARDENING

Wildwood Garden Club Spring Plant and Flower Sale

Saturday, May 13, 10 am to 12 pm

The Garden Club offers wide variety of outdoor plants and flowers including both annuals and perennials. The sale is located inside the South Wing of the Manor House. All proceeds benefit the Wildwood Garden Club.

Location: Wildwood Cultural Center South Wing

Admission: Free



Gardening with Judi Strauss

Adults 16 & Up

Judi Strauss has a very talented "green thumb!" Come to learn tips and trick of creating and maintaining a successful garden! Handouts included.

Instructor: Judi Strauss Location: Wildwood Kitchen

Resident: \$15 | Non-Resident: \$18 per class

Seed Starting

There are advantages to starting your own seedlings-You can save money, especially if you normally buy a lot of plants. The real benefit, though, may be growing unusual varieties not found at the local greenhouse. Exotic and heirloom varieties, when available, go for premium prices. date

day time

7:00 - 9:00 p.m. May 1 Monday

Vegetable Gardening

In this class you will learn the basics of starting a vegetable garden. Among the topics discussed will be site selection, planning, soil preparation and improvement, recommended varieties, mulching and space saving techniques.

day

May 8 Monday 7:00 - 9:00 p.m.

Herb Gardening

Have you ever thought about growing your own herbs? Fresh herbs are easy to grow and most require little maintenance. In class you'll learn how to plant and maintain an herb garden and we will discuss many specific herbs and their uses. Harvest and storage will also be discussed.

ďay date

Monday 7:00 - 9:00 p.m. May 15

Organic Gardening

If you are among the growing number of people who want fresh vegetables and fruits grown without pesticides check out this class. You'll learn about organic controls from physical barriers to Eco-friendly sprays. Topics discussed will include integrated pest management, resistant cultivars and how timing of planting can help control pests.

date day

Monday 7:00 - 9:00 p.m. May 22

FOOD

In the Kitchen Adults 16 & Up with Judi Strauss

Judi's classes are a great way to learn new cooking techniques, taste new recipes and experience cooking in a fun environment. Each class will include plenty of tastings with recipes to take home. Come 'cook up' some new recipes with Judi! Each class has a food fee (see class description) payable in cash to instructor the night of class. Instructor: Judi Strauss

Location: Wildwood Kitchen

Resident: \$15 | Non-Resident: \$18 per class

Tea Time

Serving tea in an English tradition that is gaining popularity here. Learn how to make proper tea and how to make all the tasty treats that are part of a proper tea party. From scones to lemon cake and cucumber sandwiches to crumpets.

Food fee \$9.

date day time

7:00 - 9:00 p.m. May 2 Tuesday

Cooking With Herbs

Cooking with herbs (and spices) can enhance even the simplest of foods. It can also be a way to reduce the use of salt in cooking. In this class you'll learn the basics of cooking with herbs, both fresh and dried. Buying, preserving, and storing herbs will be discussed as well as extending their shelf life. Food fee \$8.

time

May 9 Tuesday 7:00 - 9:00 p.m.

Scones and Muffins

The smell of fresh baked scones or muffins is a great way to start any day. In class you'll learn how to make scones, muffins, quick breads and biscuits. From choosing the right flour to mixing the right way you'll learn how to make fast and easy home-baked treats. Food fee \$8.

day

May 16 Tuesday 7:00 - 9:00 p.m.

Pasta

This dinner time staple is more popular than ever. In class you'll learn how to make fabulous pasta from scratch. Among the pastas we'll try are carrot, broccoli, and sesame. whole wheat, sour cream and many more. There will be some hands-on pasta rolling and some recipes for using store bought pasta, too. Food fee \$9.

date day time

May 23 7:00 - 9:00 p.m. Tuesday

Jams

Making homemade jams and jellies can be very rewarding and fun, too. You'll learn the basics of jams, jellies, preserves, conserves, and marmalades. There will be food to sample in class and everyone will have a jar of preserves to take home.

Food fee \$9.

date day

June 6 Tuesday 7:00 - 9:00 p.m.

Strawberries and Blueberries

These fruits are the ultimate taste of summer. In class, you get to try several recipes using these berries. You will have even more recipes to take home. Muffins, shortcakes, salads and more. Information on freezing them, too. Food fee \$9.

date day time

June 13 7:00 - 9:00 p.m. Tuesday

NEW!! Ice cream and Frozen Desserts

If you love ice cream, sorbets and all sorts of frozen treats you will love this class. In class we will make a variety of frozen treats. Some require an ice cream machine, but others don't. You will also learn the magic of malt in custards and ice cream. Food fee \$10.

date day time

June 20 7:00 - 9:00 p.m. Tuesday



Cool Summer Dining

Summer is a time of year when we like to entertain family and friends at picnics, parties, and cookouts, but still want time to relax. In class you'll get plenty of recipes and tips for preparing meals requiring little or no cooking that still taste great. You might even have time for the beach. Food fee \$9. date

day

7:00 - 9:00 p.m. June 27 Tuesday

Canning 101

Canning, when done correctly, is a safe and relatively easy way to preserve food for later use. This class is all about learning the newest rules of canning. You will learn when to use a water bath and when a pressure canner is needed. Food fee \$8.

date day time

August 8 Tuesday 7:00 - 9:00 p.m.

Tomatoes

They are powerhouses of nutrition and very versatile. Fresh, cooked or dried they can be used in salads, sauces, soups and more. In class we will learn how to make the most of this tasty food. Also learn how to preserve fresh tomatoes by dehydrating, freezing, and canning. Food fee \$9.

day date

August 15 Tuesday 7:00 - 9:00 p.m.

Salads

Salads can be side or main dishes, and nothing quite matches a properly tossed salad and can be so much more than lettuce. In class you'll learn how to make salads of all types and you'll learn how to make salad dressings, too. Food fee \$9.

date day time

August 22 7:00 - 9:00 p.m. Tuesday

Wok This Wav

Stir-frying can be a fun and fast way to prep dinner. With wok cooking vegetables are still crisp and colorful and you haven't spent the whole evening in the kitchen. It also does not need to be only Asian-style dishes. In class you'll learn to cook like a pro with a wok in dishes from all over the world. Food fee \$9.

date day time

7:00 - 9:00 p.m. August 29 Tuesday

Buttercream Party Ages 16+ Cookie Art

Join Buttercream Party for a fun time of learning some tips and tricks to decorating sugar cookies! You will learn icing consistency matters, flooding, how to decorate with multiple textures, writing, and more! Each person will receive 12 baked, blank cookies, royal icing in bags in multiple colors, photos for ideas, recipe sheet and tips and tricks sheets to take home! There is a \$10 food fee to be paid to instructor the night of class.

Instructor: Erin Urusko

Location: Wildwood South Wing Resident: \$25 | Non-Resident: \$30 Fourth of July Fireworks!

Wow your family and friends on your 4th of July celebrations with these custom delights! You will decorate Patriotic and BBQ themed cookies!

dav

June 27 Tuesday 7:00 - 9:00 p.m.

Summer Beach Time!

Summer is filled with flip flop, seashells, popsicles, summer beaches and more! Come to this sweet cookie class to create edible art!

date dav time

August 3 Tuesday 7:00 - 9:00 p.m.

YOUTH AND FAMILY

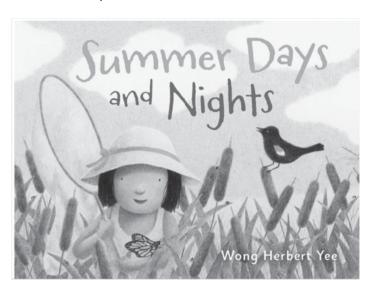
Mother & Son Dance

Boys 4+

Friday, May 19th, 7 - 9 p.m.

Mothers and Sons - It's Your Time for Fun! This night out will have you and your son: dancing to DJ Jesse Webb Entertainment, professional portraits for purchase by Prelude Photography, games, photo booth, and much more! Space is limited, register early! Light snacks included. Supported by the Community Arts Commission. Price is based on per person entry.

Location: Wildwood Cultural Center Resident: \$15 | Non-Resident: \$18



Story Trail at Wildwood -Summer Days and Nights

Enjoy this interactive and creative book describing the wonderful changes of the season, "Summer Days and Nights," by Wong Herbert Lee! Partake with this active book as you walk the beautiful trails that encase the beautiful Wildwood Cultural Center. This is free and open to the public dawn to dusk daily.

Location: Wildwood Cultural Center Blue Bell Trail

Resident | Non-Resident: Free

dates

June 1 - July 20



LITERATURE

Meet the Author: Ages 4+ and Adult KIDS Series

This summer series highlights children authors based throughout the Northeast Ohio area that specialize in writing children's stories. These authors showcase inspirational literature that can be enjoyed by the whole family.

Location: Wildwood

Resident: \$20 | Non-Resident: \$24

Fainting Freddie Series

This colorful children's book series is created by a mom and daughter duo. The Fainting Freddie Series is made the old fashion way with love, pencils, creativity, and paper. In this meet the author series families will enjoy an evening of book reading, laughing, and talking exclusively with the book author and illustrator. All tickets purchase include entry free for ONE CHILD, ONE ADULT, and an exclusive signed Fainting Freddie Book!

date day time

August 7 Monday 6:00 - 7:30 p.m.

ART

The Cleveland Ages 6+ and Adult Art Museum: Art to Go KIDS!

A World of Great Art Comes to You! In this series children and adults can see and touch amazing, authentic works of art up to 1,000s of years old when museum staff and trained volunteers visit you with genuine art objects from the museum's collection. Art to Go programs spark curiosity and encourage observation, creative thinking, problem-solving, and collaboration.

Instructor: Cleveland Museum of Art

Location: Wildwood

Resident: \$18 | Non-Resident: \$22

Look Around You: Line and Shapes

Lines and shapes are building blocks of art. Artists use them-along with other basic elements of design, like color and texture—to create beautiful art objects. The fun and whimsical pieces included in this program, such as a round ceramic horse and geometric bronze sculpture, offer participants the opportunity to engage with artworks, discuss the objects' formal elements, and draw connections with the world around them!

date day time

June 28 Wednesday 6:30 - 8:00 p.m.

First time online registering with us?

Call one of our facilities so we can set up a new account for you.

NEW! Color me CRAZY Art Corner

Ages 10+

This new summer program is geared for "tweens" interested in not only creating but learning techniques behind becoming a mastermind oF crafts and arts. Students will understand the concepts or colors and their values and hues along with creating unique artwork pieces and crafts. Class includes amazing children's games, trivia, and all supplies.

Instructor: Heather Zimmerman

Location: Wildwood

Resident: \$22 | Non-Resident: \$26

Acrylic Pour Feather Canvas

Be a part of the crazy artistic trend- Acrylic Fluid Art. In this class you will create, and unique feather acrylic pour canvas using bright colors and learning the ideas of color mixing.

date day time

June 29 Thursday 3:30 - 5:00 p.m.

Decoden Cell Phone Case

Originating from the Japan meaning: Keitai art," this new and trend art includes decorating everyday items using creating 3D collage design techniques. This class you will create a decoden inspire phone case using white decoden icing and variable bead to create a unique personalized phone case. Please include specific model of phone when registering (ex. iPhone 8, Iphone 12 mini)

date day time

July 10 Monday 3:30 - 5:00 p.m.

Child and Adult Chronically Clean: Make and Take!

Have fun while keeping clean with these make and take, healthy life style classes!! Create your own, all natural, bath and body products with instruction from Joanna Orgovan of Chronically Clean Bath and Body! When making soaps you will learn simple melt and pour glycerin soap techniques that are fun for the whole family. Soap base is chemical and detergent free. Micas are dye free. Choose fragrances from natural essential oils or phthalate/paraben free fragrance oils. Class does require for you to pick up your creation after it has fully hardened.

Instructor: Joanna Orgovan, Chronically Clean Bath and Body Location: Wildwood Kitchen Resident: \$30 | Non-Resident: \$35

Summer Bug Soaps

Join us in making some adorable Summer Bug Soaps including, lady bugs, fireflies, bees, butterflies and so much more! These little guys will be a fun addition to your bathroom and a great way to stay in the summer spirit! Each participant will make three creatively shaped bug soaps. date day time

July 12 Wednesday 6:00 - 8:00 p.m.

Flower Soaps

These adorable little soaps will be a fun addition to your summertime bath and shower routine. You will get to choose your own fragrances and colors and learn some simple melt and pour glycerin soap techniques in the process. Each participant will make three creatively flower soaps.

date day time

August 9 Wednesday 6:00 - 8:00 p.m.

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Cookies and Canvas Ages 5+ and Adult

Create a lasting memory with your little one by painting a themed masterpiece together! We will enjoy cookies throughout the evening! Get creative! Registration is for one child and one adult, please register under the child's name.

Instructor: Heather Zimmerman Location: Wildwood South Wing Resident \$20 | Non-Resident \$24

Dragon Egg

What would dragon eggs look like? It's a wonderful creating of color, glitter, beads, gemstones and so much more! In this class you will create your own Dragon egg. Where you can take it home and display in your room. Watch out it may even hatch. Then what would you do with a baby dragon?

dates day time
July 19 Wednesday 6:00 - 7:15 p.m.

Recycled Bubble Art

Try this creative twist on abstract using bubbles and your imagination. In this class you will create a life size (2'x3) bubble art canvas painting. Use this life size canvas and recycled items to create a colorful masterpiece.

dates day time

August 22 Tuesday 6:00 - 7:15 p.m.

First time online registering with us?

Call one of our facilities so we can set up a new account for you.

FOOD

Child and Adult Ages 5+ and Adult Buttercream Party Cookie Art

Join Buttercream Party for a fun time of learning some tips and tricks to decorating sugar cookies. You will learn icing consistency matters, flooding, how to decorate with multiple textures, writing, and more! You will receive 12 baked, blank cookies, royal icing in bags in multiple colors, photos for ideas, recipe sheet and tips and tricks sheets to take home! Enjoy decorating (and eating) these stylish cookies! There is a \$10 food fee to be paid to instructor the night of class.

Instructor: Erin Urusko Location: Wildwood South Wing Resident \$20 | Non-Resident \$25

Stars, Stripes and Fireworks!

Red, white, and blue will be one of the themes at this class! Plan on also decorating BBQ summer edible art too!! date day time

June 26 Monday 6:00 - 8:00 p.m.

Summer Fun and Cool Treats!

Create tasty summer fun at this delicious cookie art class! You will create ice cream treats (that won't melt!), silly flip flors seashells and more fun sweet summer shapes! dates day time

July 25 Tuesday 6:00 - 8:00 p.m.



Explore Our Parks

The City of Mentor offers many opportunities to discover the natural beauty and delicate ecosystems of our area with more than 1,200 acres of park land. Explore the walking trail at Walsh Park and Civic Center Park, take in the beauty and secluded setting of Wildwood Park or discover the unique features of the Mentor Marsh at Mentor Lagoons Nature Preserve & Marina or Morton Community Park.





Our smaller parks such as President's Park, Krueger Park, Mentor Dog Park and Bellflower and Civic Center Skate-parks offer unique features for family fun. You can't beat the view of sunset over Lake Erie while sitting on a park bench at Mentor Beach Park or the laughter of children playing on the all-inclusive playground at Eleanor B. Garfield Park.

Bike

Mentor's extensive bikeway system includes bike paths, bike lanes, interconnecting sidewalks and trails through our parks. More than 9 miles of bike-able areas exist. Visit www.cityofmentor.com for more details.

Hike

Hiking trails are available at Walsh Park, Wildwood Park, Morton Community Park, Civic Center Park and Mentor Lagoons Nature Preserve. Trail maps for each park can be found at www.cityofmentor.com under the park of your choice.

Paddle

Come experience the Mentor Lagoons by paddle. The City of Mentor has established a water trail through the Lagoons waterways, including a brief exploration of Marsh Creek and access to shoreline paddling on Lake Erie. The trail launches adjacent to the parking lot and flows for approximately 3 miles of protected flat-water paddling. Access to Lake Erie provides unlimited shoreline paddling and the opportunity to connect with Headlands Beach State Park and Fairport Harbor Beach.

Kayak Shack Rates and Hours

Single kayak \$10/hour
Double kayak \$15/hour
Canoe \$15/hour
Stand up paddle board \$10/hour
Pedal boats \$20/hour
Rentals are available Monday- Friday 10a-8p
Saturday, Sunday and holidays 9a-8p
For rental information call 216.399.2347 or the Marina office 440.205.3625

Mentor Lagoons Nature Preserve & Marina

8365 Harbor Drive, Mentor, Ohio (440) 205-DOCK Hours: Monday - Friday, 8 a.m. - 4:30 p.m. www.cityofmentor.com

The Mentor Lagoons Marina features a safe harbor with quick, direct access to Lake Erie. The tranquil waters of the lagoons provide protected dockage for your boat. Each dock has its own green space for picnicking and relaxation. The Marina offers discounted rates for dockage to Mentor residents. Call the Marina for details.

2023 Dockage Rates

Summer Dockage

May 1 - October 30 Sr Res \$59.00/ft | Res \$60.00/ft | Non-Res \$68.00/ft

Floating Docks

May 1 - October 30 *All Docks 30 Feet Long* Sr Res \$1,350.00 | Res \$1,400.00 | Non-Res \$1,700.00

Rack Operation

May 1 - October 30

All boats must be under 27 feet

Sr Rate \$1,450.00 | Res Rate \$1,500.00 | Non-Res \$1,800.00

Winter Storage

November 1 - April 30

Inside Boat on Trailer
Resident \$4.00/sq-ft | Non-Resident \$4.50/sq-ft | Inside Boat on Rack
Resident \$400.00 | Non-Resident \$500.00 | Inside Jet Ski/Golf Cart Storage
Resident \$170.00 | Non-Resident \$200.00 | Outside Boat Storage
Resident \$15.00/ft | Non-Resident \$19.00/ft | Outside Trailer Storage
Resident \$140.00 | Non-Resident \$175.00

Summer Storage

May 1 - October 31

Outside Boat Storage -per foot

Resident \$15.00/ft | Non-Resident \$19.00/ft

Trailer Storage outside

Resident \$110.00 | Non-Resident \$125.00

Services

Hoisting (each way): Res \$5.00/ft | Non-Res \$6.00/ft | Pressure Cleaning: Res \$2.00/ft | Non-Res \$3.00/ft | Blocking/Cradling: Res \$3.00/ft | Non-Res \$4.00/ft



Marina Mondays

Ages 8 - 13

Nature Explorers can spend the day getting to know various areas of the Mentor Marina, lagoons, trails and lakeshore on these Mondays. Each day we will learn about the animals and plants as well as the relationships between people, the living and the non-living environment. Come prepared for interesting hikes, crafts with what we collect, learning from guest scientists, and time in or on the water each session. Bring a bathing suit, sunscreen, insect repellent and a lunch with a drink. Participants should be interested in the natural world and able to swim 50 yds unassisted.

day	time
Monday	9:00 a.m 2:00 p.m.
	Monday Monday Monday Monday Monday

Kayak Parties

Celebrate any special occasion with a guided, 2-hour kayak trip through the Mentor Lagoons. Group minimum is 5 people. The cost is \$20 per person. Trips must be booked at least two weeks in advance. Kayaks, life jackets, paddle and instruction are included. Kayaking is a physical sport. All participants must be capable of paddling for a minimum of 30 - 45 minutes and must be able to swim 25 yards. Minimum age is 10. Expect to get your feet wet! Single and double kayaks are available. Space available for a bring-your-own picnic. Call the Recreation Department at (440) 974-5720 to book your date.

Instructor: Michelle Haag / Rob Pauley

Location: Mentor Lagoons Marina & Nature Preserve

Resident | Non-Resident: \$20

Learn to Stand Up Paddleboard

Ages 14+

Stand up paddle boarding (SUP) is an amazing way to work on your core, balance and strength with a fun experience on the water for ages 14 and older. Most people are surprised at the stability of the boards and most make it through their first lesson without falling off. Class will have some introductory lessons on land and then a paddle through the marina area. All equipment is provided: paddleboard, life jacket and paddle. Please wear a bathing suit, and shirt or shorts for comfort, sunscreen, a hat, and bring a towel, a change of clothes and a water bottle. There is a good chance of getting wet! Participants must be able to swim 25 yards unassisted. Paddle boarding is not advised for those over 250 lbs. or with limited flexibility. We will need at least 2 participants pre-registered to go out on the water.

Instructor: Michelle Haag / Recreation Staff

Location: Mentor Lagoons Marina & Nature Preserve

Resident: \$18 | Non-Resident: \$23

dates	day	time
June 13	Tuesday	6:30 - 8:00 p.m.
June 27	Tuesday	6:30 - 8:00 p.m.
July 11	Tuesday	6:30 - 8:00 p.m.
Aug 1	Tuesday	6:30 - 8:00 p.m.
Aug 22	Tuesday	6:30 - 8:00 p.m.

Paddling Experiences Ages 10+ with Adult

Great for all ages and levels. You can select between a single kayak, tandem kayak, or use a canoe. We provide life jackets and paddles. We'll go over basic paddling safety, then, we will explore the Lagoons Water Trail, enjoy calm waters and get a birds-eve view of the Jagoon's ecosystem. Bring a hat, sunscreen, dry clothes, a towel and a water bottle for all family members. Expect to get your feet wet! Kids under age 10 must be in a kayak or canoe with an adult. We will need at least 2 participants pre-registered to go out on the water.

Instructor: Michelle Haag/Rob Pauley/ Lagoons staff Location: Mentor Lagoons Marina & Nature Preserve

Resident: \$18 | Non-Resident: \$23

aates	aay	time
June 4	Sunday	9:30 a.m 11:30 a.m.
June 15	Thursday	6:00 p.m 7:30 p.m.
June 18	Sunday	9:30 a.m 11:30 a.m.
(bring your father!)	-	
July 6	Thursday	6:00 p.m 7:30 p.m.
July 12	Wednesday	6:00 p.m 7:30 p.m.
July 15	Saturday	7:00 a.m 8:30 a.m.
Wake up with the M	arsh life	
June 23	Sunday	9:30 a.m 11:30 a.m.
Aug 8	Tuesday	6:00 p.m 7:30 p.m.
Aug 17	Thursday	6:00 p.m 7:30 p.m.
Aug 19	Saturday	7:00 a.m 8:30 a.m.
Wake up with the M	arsh life	
Aug 24	Thursday	6:00 p.m 7:30 p.m.

Full Moon Paddle

Ages 16+

On or near the nights of summer full moons, we'll paddle the lagoons in a beautiful, nighttime adventure. Hear and see the lagoons in its quiet and peaceful state and maybe see a glorious sunset and full moonrise. We provide kayaks, lifejackets, paddles and illumination for your kayak. Expect to get your feet wet! Participants must be at least 16 years old or accompanied by a parent. We will need at least 2 participants pre-registered to go out on the water.

Instructor: Michelle Haag/Rob Pauley/ Lagoons staff

Location: Mentor Lagoons Marina Resident: \$18 | Non-Resident: \$23

dates	day	time
Aug 1	Tuesday	7:45 - 9:30 p.m.
Aug 2	Wednesday	7:15 - 9:30 p.m.

Taste of Sailing

Ages 12+

Get a taste of the wind in your sails as we will learn how to rig a Sunfish and sail around the marina area. We might even pick up some winds as we practice maneuvering skills. Please wear shoes with backs (water shoes, tennis shoes, etc. but no "Flip Flops") We need a minimum of 2 and can take up to 6 people per class.

Instructor: Michelle Haag

Location: Mentor Lagoons Marina & Nature Preserve

Resident: \$18 | Non-Resident: \$23

dates	day	time
June 22	Thursday	6:00 - 8:00 p.m.
July 13	Thursday	6:00 - 8:00 p.m.
Aug 10	Thursday	6:00 - 8:00 p.m.





Aquatic Adventurers

Ages 7-13

Join the Natural Resource Division to discover the various organisms living in the pools at the Lagoons Nature Preserve. You will also learn about the importance of vernal pools to such critters as well as how they are formed. Please wear rain boots or waterproof shoes as we are going to be walking in the water. Children may be accompanied by adults.

Instructor: Nora Gallagher, Natural Resource Specialist Location: Mentor Lagoons Nature Preserve

Fee: Free - Pre-Registration is required

date day time

May 6 Saturday 2:00 - 3:30 p.m.

Spring Bird Walks

Ages 10 and up

Join naturalists to celebrate the return of migratory bird species to our region. We will talk about Mentor's importance and role for migratory and breeding birds, as we stroll through both prairie and wooded habitats. Participants can expect to learn the calls of thrushes, vireos, and orioles as well as see the beauty of several of the 30+ warbler species that can be seen in the area. Bring water, hiking boots, and binoculars if you have them.

Instructor: Joel Throckmorton, Natural Resource Specialist Location: Spring Brook & Mentor Lagoons Nature Preserve Fee: Free - Pre-Registration is required

dates day time

May 10 (at Springbrook) Wednesday 8:00 - 10:00 a.m. May 17 (at Lagoons Nature Preserve) Wednesday 8:00 - 10:00 a.m.

Natural Resources Ages 18 and up Workshops: Native Planting

While our parks may seem like enough habitat for wildlife, we still see drastic declines in their success across the country. To help our local ecosystems flourish we should provide wildlife the resources they need in our yards. Join a Natural Resource Specialist for this informative workshop to better understand what species we should be choosing for our yard types. We will work with you to make sure your native gardens are sure to succeed as well as provide you with seeds to get that garden started.

Instructor: Nora Gallagher, Natural Resource Specialist Location: Springbrook Gardens

Resident | Non-Resident: \$5

datedaytimeMay 12Friday5:30 - 6:30 p.m.

Natural Resources Workshops: Bird Boxes

Ages 18 and up

Many of us have bird houses in our yards, however, without proper maintenance we could be harming birds by allowing invasive species to nest in our boxes. Come out to learn more about techniques to deter invasive species as well as proper placement of your boxes. We will also be providing a bluebird house kit to make at home.

Instructor: Nora Gallagher, Natural Resource Specialist

Location: Springbrook Gardens Resident | Non-Resident: \$10

date day time June 9 Friday 5:30 - 6:30 p.m.

Natural Resources Ages 18 and up Workshops: Nuisance Wildlife

Do you struggle with nuisance wildlife such as groundhog, skunks, or raccoons? Sign up for this informative talk about what to do and what not to do when dealing with such animals around your home.

Instructor: Nora Gallagher, Natural Resource Specialist

Location: Springbrook Gardens

Fee: Free - Pre-Registration is required

date day tim

July 14 Friday 5:30 - 6:30 p.m.



Migratory Bird Banding Ages 7 and up

This hands-on program will allow you to see migratory spring birds such as warblers, chickadees, and woodpeckers up close. Come learn from trained ornithologists on how we capture birds, band them, and safely send them on their way. You'll also learn why scientists tag migratory birds and what it tells us about bird populations.

Instructor: Joel Throckmorton, Natural Resource Specialist Location: Mentor Lagoons Nature Preserve

Fee: Free - Pre-Registration is required

date day time

May 20 Saturday 8:00 - 11:00 a.m.



City-wide BioBlitz

All Ages

Join us for the inaugural citizen-science BioBlitz and help the Natural Resources team identify as many species as we. BioBlitz's can help biologists keep track of how the ecosystems are changing. So much has changed through the city's parks and our team wants your help to locate new species that are popping up. We will begin our day at the Mentor Lagoons, but the fun doesn't have to stop there. Adventure to the other parks and record what you see.

Instructor: Nora Gallagher, Natural Resource Specialist Location: Mentor Lagoons Nature Preserve

Fee: Free - Pre-Registration is required

Fee: Free - Pre-Registration is required date day

May 13 Saturday 9:00 - 11:00 a.m.

Nature at Night

Ages 18 and Up

time

It's not every day you get to explore parks at night! The moon can help light the trail as we discover what roams at night. Have you ever seen a flying squirrel? Join us and maybe we could get lucky and see this species as well as other nocturnal critters.

Instructor: Nora Gallagher, Natural Resource Specialist

Fee: Free - Pre-Registration is required Location: Mentor Lagoons Nature Preserve

date day time

June 10 Saturday 10:00 - 11:00 p.m.

Location: Wildwood Cultural Center

date day time

July 15 Saturday 10:00 - 11:00 p.m.

Location: Springbrook Gardens

date day time

August 12 Saturday 10:00 - 11:00 p.m.



Hook, Line and Paddle Ages 18+

What better way to learn more about the Mentor Marsh's fish species than to catch them! Join a naturalist on a guided kayaking journey through the marsh to reel in the aquatic species that depend on the marsh.

Instructor: Nora Gallagher, Natural Resource Specialist Location: Mentor Lagoons Nature Preserve

Fee: \$30

dates	day	time
June 16	Friday	9:00 - 11:00 a.m.
June 30	Friday	9:00 - 11:00 a.m.
July 21	Friday	9:00 - 11:00 a.m.
August 18	Friday	9:00 - 11:00 a.m.



Off the Hook

Ages 5-13

Get up close and personal with the fish in Springbrook pond. We will provide your little ones with all they need to catch the fish. Not only will we work on identifying fish but learn more about the species we catch!

Instructor: Nora Gallagher, Natural Resource Specialist

Location: Springbrook Gardens Resident | Non-Resident: \$5

date day time

June 24 Saturday 9:00 - 11:00 a.m.



Flower Child

Ages 5-8

Accompany your little ones on a guided nature walk among the rolling hills at Springbrook Gardens. While you learn about the importance of prairie habitat, your children can pick a few of their favorite flowers and grasses to create their own flower arrangement.

Instructor: Nora Gallagher, Natural Resource Specialist

Location: Springbook Gardens

Fee: Free - Pre-Registration is required

date day time
June 26 Monday 10:00 - 11:00 a.m.

36



Seasons of the Marsh

Ages 10+

Attend all four sessions at the Mentor Marsh to observe how this ecosystem changes over time. The year starts cold but soon signs of spring blossom with wildflowers and the return of many bird species. Quickly, summer emerges, as birds are breeding and caring for their young, and the trees develop full canopies, changing the forest floor. The air begins to cool, leaves start to change, and many animals are preparing for winter. Once the cold sets in, winter has arrived, and wildlife is still moving around. Join us to see what all the seasons have to offer!

Instructor: Nora Gallagher, Natural Resource Specialist Location: Mentor Lagoons Nature Preserve Fee: Free - Pre-Registration is required

date day time

June 28 Wednesday 10:00 - 11:00 a.m.



Purple Martin Banding Ages 7 & Up

Our growing colony of Purple Martin's will have young ready to be banded in early July! Come learn about the conservation efforts associated with this species and why ornithologists band birds. This will be a rare opportunity to see baby birds up close and personal. You will also learn what you can do to help native bird populations and how to attract Purple Martins to your yard.

Instructor: Joel Throckmorton, Natural Resource Specialist Location: Mentor Lagoons Nature Preserve

Fee: Free - Pre-Registration is required date day

July 7 Friday 9:00 - 11:00 a.m.

time

First time online registering with us?

Call one of our facilities so we can set up a new account for you.



Owl Pellet Lab

Ages 7-13

Whooo wants to learn more about owls? Let your little ones feel like true scientists and join us in the fun of hunting down owl pellets in the woods. Everyone will receive the tools they need for the dissection and pellets will be provided if none are found. This is a fun experiment to help us better undestand owl behavior.

Instructor: Nora Gallagher, Natural Resource Specialist

Location: Mentor Lagoons Nature Preserve

Resident | Non-Resident: \$5

date day time

July 18 Tuesday 11:00 a.m. - 12:30 p.m.

Moth Madness

Ages 10 & Up

Moths and butterflies are both from the Lepidoptera order, but did you know moths outnumber butterflies 9:1? They are underappreciated and we intend to shine the light on them, literally! We will have a mothing station consisting of white sheets and black lights to increase our chances of getting a closer look at the various species.

Instructor: Joel Throckmorton & Nora Gallagher,

Natural Resource Specialists

Location: Mentor Lagoons Nature Preserve Fee: Free - Pre-Registration is required

date day time

July 28 Friday 9:30 - 11:00 p.m.

Nymphs, Waterbugs, Child/Grandparent and Larvae, OH MY!

Explore the creek at Garfield Park to find crawling critters and wriggly, worm-like creatures! We will provide your little adventurers with a net to catch these macro-beasts, and a field guide to identify them. All activities will be supervised by a member of the Natural Resource Department.

Instructor: Nora Gallagher, Natural Resource Specialist

Location: Garfield Park

Fee: Free - Pre-Registration is required

date day time

August 19 Saturday 2:00 - 3:00 p.m.



Environmental Sciences: Ages 9-14 **Homeschooling Series**

Studying environmental sciences can be hard without being outside. Take advantage of this opportunity to help your homeschoolers take the classroom outside with a trained biologist in the natural areas. We will be meeting every other week on Friday afternoons to study varying ecosystems within Mentor.

Instructor: Nora Gallagher, Natural Resource Specialist

Location: TBD

Resident | Non-Resident: \$50 for the series

date (every other Friday) day time

August 25 - November 3 Friday 1:00 - 3:30 p.m.

Painting with Nature

Ages 5-8

Nature is full of beautiful colors and before synthetic dyes were created, people used what was around them to create paints and dye clothing. Join a naturalist to learn how we can create paint from our surroundings. Parental participation is encouraged.

Instructor: Nora Gallagher, Natural Resource Specialist

Location: Mentor Lagoons Nature Preserve Fee: Free - Pre-Registration is required

date day time

9:00 - 10:30 a.m. August 27 Sunday

First time online registering with us?

Call one of our facilities so we can set up a new account for you.



Morning in the Marsh

Ages 18+

Bring along your kayak or rent one from the Mentor Lagoons kayak shack to explore the Mentor Marsh at dawn. You will be guided by a Natural Resource Specialist who will point out various species of flora and fauna. Bring along your coffee and binoculars for this relaxing and informative activity on the water.

Instructor: Nora Gallagher, Natural Resource Specialist

Location: Mentor Lagoons Nature Preserve

Resident | Non-Resident: \$25

date time day

August 26 Saturday 8:30 - 10:30 a.m.



Mentor City Council

President of Council, Ward 2 Vice-President Council, Councilperson-at-Large Councilperson, Ward 1 Councilperson, Ward 3 Councilperson, Ward 4 Councilperson-at-Large

Matthew E. Donovan Scott J. Marn Sean P. Blake Mark T. Freeman John A. Krueger Janet A. Dowling Ray Kirchner

Citv Of Mentor Staff

Kenneth J. Filipiak Kenn Kaminski Nita Justice Tim Ausperk

Councilperson-at-Large

Bill Furman Renee Ochaya Nick Standering City Manager Parks, Recreation & Public Facilities Director Recreation Superintendent Black Brook Golf Course Golf Professional & Manager Arena Manager Senior Center Manager Mentor Community Recreation Center

Mike Camereri Mentor Lagoons Nature Preserve & Marina

Program Locations:

Edward R. Walsh Park Black Brook Golf Course Civic Center Park Civic Center Waterpark Civic Center Amphitheatre Community Center Eleanor B. Garfield Park Krueger Park Mentor Beach Park Mentor Civic Arena Mentor Community Recreation Center Mentor Dog Park Mentor High School Stadium

Mentor Lagoons Nature Preserve & Marina Mentor Municipal Center

Mentor Senior Center Morton Pool & Park

Old Council Hall Wildwood Cultural Center

7221 Bellflower Rd. 8900 Lakeshore Blvd. 8600 Munson Rd. 8600 Munson Rd. 8550 Munson Rd. 8600 Munson Rd. 7967 Mentor Ave. 7556 Chillicothe Rd. 7779 Lakeshore Blvd. 8600 Munson Rd. 6000 Heisley Rd. 6647 Hopkins Rd. 6477 Center St. 8365 Harbor Dr. 8500 Civic Center Blvd. 8484 Munson Rd. 9325 Rosemary Ln. 7250 Jackson St. 7645 Little Mountain Rd

Connect | Share | Get Involved

Check out all the exciting ways to stay connected with the City of Mentor & Parks & Recreation. Whether you're at home or on the go, you can keep up with the city's latest news, events and information.

Like us on Facebook Follow us on Twitter City News e-newsletter signup Connect 2 MentorRec e-news All the latest city news

Mentor Parks & Recreation @MentorRec cityofmentor.com cityofmentor.com/play Mentor Channel 12



Registration

2 easy ways to register

Online

Mentor Parks & Recreation is excited to provide you with a new, easy to use Customer Portal which will allow for fast, safe and secure online registration and a view of your registration history. Be sure to call our office at 440-974-5720, the Ice Arena at 440-974-5730, Wildwood Cultural Center at 440- 974-5735 or The Senior Center at 440-974-5725 to set up your new account.

Phone-In /Drop-Off

Cash, Check, Visa Mastercard, Discover accepted

Recreation Office: M - F 8:00a - 5:00p 440.974.5720 440.974.5725 Senior Center: M - F 8:00a - 5:00p M-F 440.974.5730 Ice Arena: 10:00a - 7:00p

Wildwood: M - F 9:00a - 5:00p 440.974.5735 This brochure is printed on paper that consists of 10% or more post consumer waste and using soy-based ink.

Policies/Procedures

Confirmations and Cancellations

A receipt and/or course confirmation will be emailed to you following registration. If a course is canceled by the City of Mentor, you will be notified by phone or email. If the City cancels a course, we welcome you to transfer to another class within the same season, or receive a full refund. It takes two to three weeks to process a refund check. Credit card payees will receive credit on their account within a few days.

Camp Refunds

Please choose your camps carefully. Full refunds will only be granted if a camp is cancelled by the City of Mentor. An administrative fee of \$25 will be assessed per person per camp for any changes made to camp registrations. Changes will include participant cancellations, refund requests and/or transfers. Changes must be made one month prior to the start of camp. Camp changes and partial cancellations cannot be applied to the Full 9 Week Camp option.

Senior Center Registration

Senior Center membership is required to participate in Senior Center activities including classes, activities and programs. Non-senior adults may register for programs at the Mentor Senior Center. Please contact the center for details.

Senior Center - Overnight Bus Trip Refunds

Please choose your trips carefully. Full refunds will only be granted if a trip is cancelled by the City of Mentor. An administrative fee of \$25 will be assessed per person for any changes made to trip registrations. Changes will include participant cancellations, refund requests, transfers and/or room changes. No changes will be made/granted after the advertised Deadline. Participants assume risk of change in personal affairs or health. For overnight trips, travel insurance is available and recommended.

People with Disabilities

We encourage persons with disabilities to participate in all programs offered by the Parks & Recreation Department. Please notify us in advance if special arrangements should be arranged in order to make participation possible. TDD available.

Wildwood Members

Current Wildwood Members may take a 10% discount off the regularly charged fee (resident or non-resident) on all programs offered at Wildwood Cultural Center.

Mentor Residency

Mentor Residents live within the corporate limits of the City of Mentor. Proof of residency is a current utility bill with both name and address on it along with photo identification. Not all 44060 zip codes are Mentor resident addresses. Mentor School District and the City of Mentor corporate limits are not the same. Mentor residents receive priority in registration and discounted fees.

Kirtland Hills Residents

Mentor has a reciprocal agreement with Kirtland Hills that allows the residents of these communities to register for programs and pay the resident fee. Residents in these communities must wait until nonresident registration to register. Proof or residency is a current utility bill with name and address on it and a photo identification.

Inclement Weather Cancellations

We make every attempt to hold classes when scheduled. Contact the Recreation Department at (440) 974-5720 before 5 p.m. to inquire concerning inclement weather. Email blasts and twitter posts are also used to inform the public of changes in course schedules. In case of "Act of God" cancellations, the Recreation Dept. reserves the right to terminate any class/activity that results in less than the scheduled number of sessions, without issuing a refund.

Photo Policy

We often take photos of our programs, special events, camps and general activities. These photos are used exclusively by the City of Mentor and may appear in any of our publications, both electronic and print, and our website. If you wish not to be photographed, please tell the photographer.

City of Mentor Department of Parks, Recreation & Public Facilities

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