

OCTOBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28 Swedish meatballs	29 Breaded pork chops	30 Meatloaf	1 Chicken parmesan	2 Turkey with mashed potatoes and stuffing	3
4	5 Chicken paprikash	6 Meatloaf	7 Vegetable lasagna	8 Stuffed peppers	9 Pulled pork with coleslaw	10
11	12 Baked chicken thigh	13 Stuffed cabbage	14 Chicken piccata	15 Salisbury steak	16 Breaded pork chop	17
18	19 Chicken salad wrap	20 Meat lasagna	21 Roasted pork loin	22 Pasta with meat sauce	23 Stuffed shells	24
25	26 Pasta with meatballs	27 Stuffed pork chop	28 Pierogis	29 Swedish meatballs	30 Chicken marsala	31 Halloween