The Mentor Channel Week of October 26, 2020

	Monday 10/26	Tuesday 10/27	Wednesday 10/28	Thursday 10/29	Friday 10/30	Saturday 10/31	Sunday 11/1	
5:00 AM	Jazz Cardio	5:00 AM						
5:30 6:00 6:30	Bulletin Board	5:30 6:00 6:30						
7:00	Jazz Cardio	7:00						
7:30	My Mentor	7:30						
8:00	Bulletin Board	8:00						
8:30	Planning (T)	8:30						
9:00								9:00
9:30	Bulletin Board	9:30						
10:00								10:00
10:30								10:30
11:00								11:00
11:30								11:30
12:00	My Mentor	12:00						
12:30	Bulletin Board	12:30						
1:00	Paint with Kevin	1:00						
1:30	Bulletin Board	1:30						
2:00								2:00
2:30	My Mentor	2:30						
3:00	Jazz Cardio	3:00						
3:30	Spirits of Ohio	3:30						
4:00	Bulletin Board	4:00						
4:30								4:30
5:00								5:00
5:30	My Mentor	5:30						
6:00	Jazz Cardio	6:00						
6:30	Spirits of Ohio	6:30						
7:00	Planning (T)	7:00						
7:30								7:30
8:00								8:00
8:30	Paint with Kevin	8:30						
9:00	My Mentor	9:00						
9:30	Spirits of Ohio	9:30						
10:00	Planning (T)	10:00						
10:30		B(-)	B(1)		B(1)			10:30
11:00	1							11:00
11:30	Spirits of Ohio	11:30						
12:00	Bulletin Board	12:00						
AM								AM
12:30	1							12:30
1:00	1							1:00

Watch us live or view archived City Council and Planning Commission meetings on the web at www.thementorchannel.com Questions or Comments? Call 440-974-5794 or e-mail <u>mctv@cityofmentor.com</u>

The Mentor Channel

Week of October 26, 2020

Programs

Mentor Municipal Planning Commission – Rebroadcast of the Planning Commission meeting taped on October 22, 2020.

Jazz Cardio Strength Stretch – A fun and effective workout that will lift your spirits and strengthen your heart, muscles and core.

The Spirits of Haunted Ohio – Thrill to the stories of Ohio hauntings based on Chris Woodyard's "Haunted Ohio" book series. What spooky spots can be found in the Mentor area? You'd be surprised! The show includes interviews with Woodyard and several residents who have had ghostly experiences. The program originally aired on The Mentor Channel in 1999.

My Mentor "Retro Edition" – The Mentor Channel is celebrating 30 years of broadcasting to the Mentor Community! Over the last 30 years we've documented everything from community events, major construction projects, and local history to stories highlighting interesting members of the Mentor community. Join us as we look back over the last 30 years and rebroadcast stories featuring folks that make our hometown special. Tune into The Mentor Channel at 7:30 AM, 12:00, 2:30 5:30 & 9 PM for a look back at My Mentor.

Paint with Kevin – Kevin Hill is a self-taught artist, who learned most of his painting lessons from mistakes, practice and successes. The Paint with Kevin show teaches you steps and techniques to create beautiful oil and acrylic paintings. This show originally aired on PBS.

