## The Mentor Channel Week of April 5, 2021

	Monday 4/5	Tuesday 4/6	Wednesday 4/7	Thursday 4/8	Friday 4/9	Saturday 4/10	Sunday 4/11	
5:00 AM	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	5:00 AM
5:30 6:00	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	5:30 6:00
6:30	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	6:30
7:00 7:30			My Mentor			My Mentor	My Mentor	7:00 7:30
8:00	My Mentor Bulletin Board	My Mentor Bulletin Board	Bulletin Board	My Mentor Bulletin Board	My Mentor Bulletin Board	Bulletin Board	Bulletin Board	8:00
8:30	Bulletili Board	Builetiii Board	Bulletili Board	Builetiii Board	Bulletili Board	Bulletili Boald	Builetiii Board	8:30
9:00	Beekeeping	Beekeeping	Beekeeping	Beekeeping	Beekeeping	Beekeeping	Beekeeping	9:00
9:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	9:30
10:00	Dunetin Board	Builetin Board	Builetin Board	Builetin Board	Builetin Board	Builetin Board	Builetin Board	10:00
10:30			Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	10:30
11:00			Council (1)	Council (1)	Council (1)	Council (1)	Council (1)	11:00
11:30								11:30
	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	12:00
12:30		Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	12:30
1:00	Paint with	Paint with	Paint with	Paint with	Paint with	Paint with	Paint with	1:00
1.00	Kevin	Kevin	Kevin	Kevin	Kevin	Kevin	Kevin	1.00
1:30	Beekeeping	Beekeeping	Beekeeping	Beekeeping	Beekeeping	Beekeeping	Beekeeping	1:30
2:00	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	2:00
2:30	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	2:30
3:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	3:00
3:30	Bulletin Board	Bulletin Board	Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	3:30
4:00						(-)		4:00
4:30								4:30
5:00			Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	5:00
5:30	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	5:30
6:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	6:00
6:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	6:30
7:00		Council (live)	Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	7:00
7:30						, ,		7:30
8:00								8:00
	Paint with	Paint with	Paint with	Paint with	Paint with	Paint with	Paint with	8:30
0.50	Kevin	Kevin	Kevin	Kevin	Kevin	Kevin	Kevin	0.50
9:00	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	9:00
9:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	9:30
10:00	Beekeeping	Beekeeping	Beekeeping	Beekeeping	Beekeeping	Beekeeping	Beekeeping	10:00
10:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	10:30
11:00	Duncin Doard	Duncin Doard	Duncin Doard	Duncin Doard	Duncin Doard	Duncin Board	Duncini Doard	11:00
11:30 12:00								11:30 12:00
AM								AM
12:30		Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	12:30
1:00								1:00
1.00			1	1	1	l	1	1.00

Watch us live or view archived City Council and Planning Commission meetings on the web at www.thementorchannel.com Questions or Comments? Call 440-974-5794 or e-mail <a href="mailto:mctv@cityofmentor.com">mctv@cityofmentor.com</a>

## **Programs**

**Mentor City Council** – Broadcast and streamed live on April 6th and rebroadcast throughout the week.

**Jazz Cardio Strength Stretch** – A fun and effective workout that will lift your spirits and strengthen your heart, muscles and core.

**My Mentor** – Join us for stories about the community, featuring our neighbors, friends, children, local businesses and folks that make our hometown special. My Mentor is timely and ever changing, so as we finish these community stories, we'll share them. Tune into The Mentor Channel at 7:30 AM, 12:00, 2:30, 5:30 & 9 PM to see what's happening in My Mentor.

**Paint with Kevin** – Kevin Hill is a self-taught artist, who learned most of his painting lessons from mistakes, practice and successes. The Paint with Kevin show teaches you steps and techniques to create beautiful oil and acrylic paintings. This show originally aired on PBS.

**Speaking of... Beekeeping: The Players, the Products, the Threats** – Gene McCune of McCune Family Apiaries presents information on the Beekeeping industry and the threats to bees and ultimately our food sources. Originally presented in April 2019 to the Wildwood Garden Club.

