## The Mentor Channel Week of April 25, 2022

|                | Monday<br>4/25      | Tuesday<br>4/26     | Wednesday<br>4/27   | Thursday<br>4/28            | Friday<br>4/29      | Saturday<br>4/30    | Sunday<br>5/1       |                |
|----------------|---------------------|---------------------|---------------------|-----------------------------|---------------------|---------------------|---------------------|----------------|
| 5:00<br>AM     | Jazz Cardio         | Jazz Cardio         | Jazz Cardio         | Jazz Cardio                 | Jazz Cardio         | Jazz Cardio         | Jazz Cardio         | 5:00<br>AM     |
| 5:30<br>6:00   | Bulletin Board      | Bulletin Board      | Bulletin Board      | Bulletin Board              | Bulletin Board      | Bulletin Board      | Bulletin Board      | 5:30<br>6:00   |
| 6:30           | I C I               | I C I               | I C I               |                             | I C I               |                     | L C I'              | 6:30           |
| 7:00           | Jazz Cardio         | Jazz Cardio         | Jazz Cardio         | Jazz Cardio                 | Jazz Cardio         | Jazz Cardio         | Jazz Cardio         | 7:00           |
| 7:30           | My Mentor           | My Mentor           | My Mentor           | My Mentor<br>Bulletin Board | My Mentor           | My Mentor           | My Mentor           | 7:30           |
| 8:00           | Bulletin Board      | Bulletin Board      | Bulletin Board      | Bulletin Board              | Bulletin Board      | Bulletin Board      | Bulletin Board      | 8:00           |
| 8:30           | -                   |                     |                     |                             |                     |                     |                     | 8:30           |
| 9:00           | -                   |                     |                     |                             |                     |                     |                     | 9:00           |
| 9:30           | -                   |                     |                     |                             |                     |                     |                     | 9:30           |
| 10:00          | Council (T)         | Council (T)         | Council (T)         | Council (T)                 | Council (T)         | Council (T)         | Council (T)         | 10:00          |
| 10:30<br>11:00 | Council (1)         | Council (1)         | Council (1)         | Council (1)                 | Council (1)         | Council (1)         | Council (1)         | 10:30          |
| 11:30          | -                   |                     |                     |                             |                     |                     |                     | 11:00<br>11:30 |
| 12:00          |                     | My Mentor           | My Mentor           | My Mentor                   | My Mentor           | My Mentor           | My Mentor           | 12:00          |
| 12:30          |                     | Bulletin Board      | Bulletin Board      | Bulletin Board              | Bulletin Board      | Bulletin Board      | Bulletin Board      | 12:30          |
| 12:00          | Paint with          | Paint with          | Paint with          | Paint with                  | Paint with          | Paint with          | Paint with          | 1:00           |
| 1.00           | Kevin               | Kevin               | Kevin               | Kevin                       | Kevin               | Kevin               | Kevin               | 1.00           |
| 1:30           | Bulletin Board      | Bulletin Board      | Bulletin Board      | Bulletin Board              | Bulletin Board      | Bulletin Board      | Bulletin Board      | 1:30           |
| 2:00           |                     |                     |                     |                             |                     |                     |                     | 2:00           |
| 2:30           | My Mentor           | My Mentor           | My Mentor           | My Mentor                   | My Mentor           | My Mentor           | My Mentor           | 2:30           |
| 3:00           | Jazz Cardio         | Jazz Cardio         | Jazz Cardio         | Jazz Cardio                 | Jazz Cardio         | Jazz Cardio         | Jazz Cardio         | 3:00           |
| 3:30           | Council (T)         | Council (T)         | Council (T)         | Council (T)                 | Council (T)         | Council (T)         | Council (T)         | 3:30           |
| 4:00           |                     | ~ /                 |                     |                             |                     |                     |                     | 4:00           |
| 4:30           |                     |                     |                     |                             |                     |                     |                     | 4:30           |
| 5:00           | Bulletin Board      | Bulletin Board      | Bulletin Board      | Bulletin Board              | Bulletin Board      | Bulletin Board      | Bulletin Board      | 5:00           |
| 5:30           | My Mentor           | My Mentor           | My Mentor           | My Mentor                   | My Mentor           | My Mentor           | My Mentor           | 5:30           |
| 6:00           | Jazz Cardio         | Jazz Cardio         | Jazz Cardio         | Jazz Cardio                 | Jazz Cardio         | Jazz Cardio         | Jazz Cardio         | 6:00           |
| 6:30           | Bulletin Board      | Bulletin Board      | Bulletin Board      | Bulletin Board              | Bulletin Board      | Bulletin Board      | Bulletin Board      | 6:30           |
| 7:00           | Council (T)         | Council (T)         | Council (T)         | Council (T)                 | Council (T)         | Council (T)         | Council (T)         | 7:00           |
| 7:30           |                     |                     |                     |                             |                     |                     |                     | 7:30           |
| 8:00           | Bulletin Board      | Bulletin Board      | Bulletin Board      | Bulletin Board              | Bulletin Board      | Bulletin Board      | Bulletin Board      | 8:00           |
| 8:30           | Paint with<br>Kevin | Paint with<br>Kevin | Paint with<br>Kevin | Paint with<br>Kevin         | Paint with<br>Kevin | Paint with<br>Kevin | Paint with<br>Kevin | 8:30           |
| 9:00           | My Mentor           | My Mentor           | My Mentor           | My Mentor                   | My Mentor           | My Mentor           | My Mentor           | 9:00           |
| 9:30           | Bulletin Board      | Bulletin Board      | Bulletin Board      | Bulletin Board              | Bulletin Board      | Bulletin Board      | Bulletin Board      | 9:30           |
| 10:00          | 1                   |                     |                     |                             |                     |                     |                     | 10:00          |
| 10:30          | 1                   |                     |                     |                             |                     |                     |                     | 10:30          |
| 11:00          | 1                   |                     |                     |                             |                     |                     |                     | 11:00          |
| 11:30          | 1                   |                     |                     |                             |                     |                     |                     | 11:30          |
| 12:00          |                     |                     |                     |                             |                     |                     |                     | 12:00          |
| AM             |                     |                     |                     |                             |                     |                     |                     | AM             |
| 12:30          | Council (T)         | Council (T)         | Council (T)         | Council (T)                 | Council (T)         | Council (T)         | Council (T)         | 12:30          |
| 1:00           |                     |                     |                     |                             |                     |                     |                     | 1:00           |

Watch us live or view archived City Council and Planning Commission meetings on the web at www.thementorchannel.com Questions or Comments? Call 440-974-5794 or e-mail <u>mctv@cityofmentor.com</u>

The Mentor Channel

Week of April 25, 2022

## Programs

Mentor City Council – Rebroadcast of the Council Meeting taped on April 19, 2022.

**Jazz Cardio Strength Stretch** – A fun and effective workout that will lift your spirits and strengthen your heart, muscles and core.

**My Mentor** – Join us for stories about the community, featuring our neighbors, friends, children, local businesses and folks that make our hometown special. My Mentor is timely and ever changing, so as we finish these community stories, we'll share them.

**Paint with Kevin** – Kevin Hill is a self-taught artist, who learned most of his painting lessons from mistakes, practice and successes. The Paint with Kevin show teaches you steps and techniques to create beautiful oil and acrylic paintings. This show originally aired on PBS.

