## The Mentor Channel Week of March 23, 2020

	Monday 3/23	Tuesday 3/24	Wednesday 3/25	Thursday 3/26	Friday 3/27	Saturday 3/28	Sunday 3/29	
5:00 AM	Jazz Cardio	5:00 AM						
5:30 6:00 6:30	Bulletin Board	5:30 6:00 6:30						
7:00	Jazz Cardio	7:00						
7:30	My Mentor	7:30						
8:00		5	5		Bulletin Board	Bulletin Board	Bulletin Board	8:00
8:30					Planning (T)	Planning (T)	Planning (T)	8:30
9:00								9:00
9:30								9:30
10:00								10:00
10:30	Council (T)	10:30						
11:00			~ /	~ /	~ /	~ /		11:00
11:30								11:30
12:00	My Mentor	12:00						
12:30	Bulletin Board	12:30						
1:00	Paint with	1:00						
	Kevin							
1:30	Bulletin Board	1:30						
2:00	My Mentor	2:00						
2:30	Bulletin Board	2:30						
3:00	Jazz Cardio	3:00						
3:30	Council (T)	3:30						
4:00								4:00
4:30								4:30
5:00	Bulletin Board	5:00						
5:30	My Mentor	5:30						
6:00	Jazz Cardio	6:00						
6:30	Bulletin Board	6:30						
7:00	Council (T)	Council (T)	Council (T)	Planning (live)	Council (T)	Council (T)	Council (T)	7:00
7:30								7:30
8:00								8:00
8:30	Paint with Kevin	8:30						
9:00	My Mentor	9:00						
9:30	Bulletin Board	9:30						
10:00	1				Planning (T)	Planning (T)	Planning (T)	10:00
10:30	1				6.,	6. /	6()	10:30
11:00	1							11:00
11:30	1							11:30
12:00	1				Bulletin Board	Bulletin Board	Bulletin Board	12:00
AM								AM
12:30	Council (T)	12:30						
1:00	× ,							1:00

Watch us live or view archived City Council and Planning Commission meetings on the web at www.thementorchannel.com Questions or Comments? Call 440-974-5794 or e-mail mctv@cityofmentor.com

The Mentor Channel

Week of March 23, 2020

## Programs

**Mentor Municipal Planning Commission** – Broadcast and streamed live on March 26th, then rebroadcast throughout the week.

Mentor City Council – Rebroadcast of the March 16, 2020 meeting.

**Jazz Cardio Strength Stretch** – A fun and effective workout that will lift your spirits and strengthen your heart, muscles and core.

**Paint with Kevin** – Kevin Hill is a self-taught artist, who learned most of his painting lessons from mistakes, practice and successes. The Paint with Kevin show teaches you steps and techniques to create beautiful oil and acrylic paintings. This show originally aired on PBS.

**My Mentor** – Join us for stories about the community, featuring our neighbors, friends, children, local businesses and folks that make our hometown special. My Mentor is timely and ever changing, so as we finish these community stories, we'll share them. Tune into The Mentor Channel at 7:30 AM, 12:00, 2:30, 5:30 & 9 PM to see what's happening in My Mentor.

