## The Mentor Channel Week of September 13, 2021

	Monday 9/13	Tuesday 9/14	Wednesday 9/15	Thursday 9/16	Friday 9/17	Saturday 9/18	Sunday 9/19	
5:00 AM	Jazz Cardio	5:00 AM						
5:30 6:00 6:30	Bulletin Board	5:30 6:00 6:30						
7:00	Jazz Cardio	7:00						
7:30	My Mentor	7:30						
8:00	Bulletin Board	8:00						
8:30	Planning (T)	8:30						
9:00								9:00
9:30								9:30
10:00	Bulletin Board	10:00						
10:30	Council (T)	10:30						
11:00	, , ,	, ,	, ,	, ,		, ,		11:00
11:30								11:30
12:00	My Mentor	12:00						
12:30	Bulletin Board	12:30						
1:00	Paint with Kevin	1:00						
1:30	Bulletin Board	1:30						
2:00								2:00
2:30	My Mentor	2:30						
3:00	Jazz Cardio	3:00						
3:30	Council (T)	3:30						
4:00								4:00
4:30								4:30
5:00	Bulletin Board	5:00						
5:30	My Mentor	5:30						
6:00	Jazz Cardio	6:00						
6:30	Bulletin Board	6:30						
7:00	Council (T)	7:00						
7:30								7:30
8:00								8:00
8:30	Paint with Kevin	8:30						
9:00	My Mentor	9:00						
9:30	Bulletin Board	9:30						
10:00	Planning (T)	10:00						
10:30								10:30
11:00								11:00
11:30	Bulletin Board	11:30						
12:00								12:00
AM								AM
12:30	Council (T)	12:30						
1:00								1:00

Watch us live or view archived City Council and Planning Commission meetings on the web at www.thementorchannel.com Questions or Comments? Call 440-974-5794 or e-mail <a href="mailto:mctv@cityofmentor.com">mctv@cityofmentor.com</a>

## **Programs**

**Mentor City Council** – Rebroadcast of the Council Meeting taped on September 7, 2021.

**Mentor Municipal Planning Commission** – Rebroadcast of the meeting taped on September 9, 2021.

**Jazz Cardio Strength Stretch** – A fun and effective workout that will lift your spirits and strengthen your heart, muscles and core.

**My Mentor** – Join us for stories about the community, featuring our neighbors, friends, children, local businesses and folks that make our hometown special. My Mentor is timely and ever changing, so as we finish these community stories, we'll share them. Tune into The Mentor Channel at 7:30 AM, 12:00, 2:30, 5:30 & 9 PM to see what's happening in My Mentor.

**Paint with Kevin** – Kevin Hill is a self-taught artist, who learned most of his painting lessons from mistakes, practice and successes. The Paint with Kevin show teaches you steps and techniques to create beautiful oil and acrylic paintings. This show originally aired on PBS.

