

The Mentor Channel
 Week of December 30, 2019

	Monday 12/30	Tuesday 12/31	Wednesday 1/1	Thursday 1/2	Friday 1/3	Saturday 1/4	Sunday 1/5	
5:00 AM	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	5:00 AM
5:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	5:30
6:00								6:00
6:30								6:30
7:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	7:00
7:30	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	7:30
8:00	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	8:00
8:30								8:30
9:00								9:00
9:30	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	9:30
10:00								10:00
10:30	Bulletin Board	Bulletin Board	Bulletin Board					10:30
11:00								11:00
11:30								11:30
12:00	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	12:00
12:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	12:30
1:00	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	1:00
1:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	1:30
2:00								2:00
2:30	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	2:30
3:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	3:00
3:30	Bulletin Board	Bulletin Board	Bulletin Board	Council (T)	Council (T)	Council (T)	Council (T)	3:30
4:00								4:00
4:30	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	4:30
5:00								5:00
5:30	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	5:30
6:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	6:00
6:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	6:30
7:00	Buckeye Trail Talk	Buckeye Trail Talk	Buckeye Trail Talk	Buckeye Trail Talk	Buckeye Trail Talk	Buckeye Trail Talk	Buckeye Trail Talk	7:00
7:30								7:30
8:00	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	8:00
8:30	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	8:30
9:00	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	9:00
9:30	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	9:30
10:00								10:00
10:30	Buckeye Trail Talk	Buckeye Trail Talk	Buckeye Trail Talk	Buckeye Trail Talk	Buckeye Trail Talk	Buckeye Trail Talk	Buckeye Trail Talk	10:30
11:00								11:00
11:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	11:30
12:00 AM								12:00 AM
12:30								12:30
1:00								1:00

Watch us live or view archived City Council and Planning Commission meetings on the web at www.thementorchannel.com Questions or Comments? Call 440-974-5794 or e-mail mctv@cityofmentor.com

Programs

Jazz Cardio Strength Stretch – A fun and effective workout that will lift your spirits and strengthen your heart, muscles and core.

CityFest Parade 2019 – We're throwing open the Mentor Channel vault and rebroadcasting the best parade in Lake County! All the fun and excitement from August's big event including Marching bands, floats, baton twirlers, scouts and cheerleaders! Taped August 24, 2019.

My Mentor – Join us for stories about the community, featuring our neighbors, friends, children, local businesses and folks that make our hometown special. My Mentor is timely and ever changing, so as we finish these community stories, we'll share them. Tune into The Mentor Channel at 7:30 AM, 12:00, 2:30 & 5:30 & 9 PM to see what's happening in My Mentor.

Paint with Kevin – Kevin Hill is a self-taught artist, who learned most of his painting lessons from mistakes, practice and successes. The Paint with Kevin show teaches you steps and techniques to create beautiful oil and acrylic paintings. This show originally aired on PBS.

Speaking of... The Buckeye Trail – Find out about the history and evolution of Ohio's scenic hiking trail and see a pictorial presentation of the "Little Loop" that includes the portion of the trail in Mentor! The presentation by Buckeye Trail Trustee, Randall Roberts was taped on April 10, 2019.

