

The Mentor Channel
 Week of September 2, 2019

	Monday 9/2	Tuesday 9/3	Wednesday 9/4	Thursday 9/5	Friday 9/6	Saturday 9/7	Sunday 9/8		
5:00 AM	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	5:00 AM	
5:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	5:30	
6:00								6:00	
6:30								6:30	
7:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	7:00	
7:30	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	7:30	
8:00	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	8:00	
8:30			8:30						
9:00			CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	9:00
9:30			9:30						
10:00			10:00						
10:30			Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	10:30
11:00			11:00						
11:30	11:30								
12:00	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	12:00	
12:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	12:30	
1:00	Painting with Kevin	Painting with Kevin	Painting with Kevin	Painting with Kevin	Painting with Kevin	Painting with Kevin	Painting with Kevin	1:00	
1:30			CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	1:30	
2:00			2:00						
2:30			2:30						
3:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	3:00	
3:30	Bulletin Board	Bulletin Board	Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	3:30	
4:00			4:00						
4:30			4:30						
5:00			Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	5:00
5:30	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	5:30	
6:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	6:00	
6:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	6:30	
7:00		Council (live)	Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	7:00	
7:30		7:30							
8:00		8:00							
8:30	Painting with Kevin	Painting with Kevin	Painting with Kevin	Painting with Kevin	Painting with Kevin	Painting with Kevin	Painting with Kevin	8:30	
9:00	My Mentor	My Mentor	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	9:00	
9:30	Bulletin Board	Bulletin Board						9:30	
10:00			Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	10:00	
10:30								10:30	
11:00								11:00	
11:30								11:30	
12:00 AM								12:00 AM	
12:30								Council (T)	Council (T)
1:00								1:00	

Watch us live or view archived City Council and Planning Commission meetings on the web at www.thementorchannel.com Questions or Comments? Call 440-974-5794 or e-mail mctv@cityofmentor.com

Programs

Mentor City Council – Broadcast and streamed live on September 3rd and rebroadcast throughout the week.

Jazz Cardio Strength Stretch – A fun and effective workout that will lift your spirits and strengthen your heart, muscles and core.

My Mentor – Join us for stories about the community, featuring our neighbors, friends, children, local businesses and folks that make our hometown special. My Mentor is timely and ever changing, so as we finish these community stories, we'll share them.

Paint with Kevin – Kevin Hill is a self-taught artist, who learned most of his painting lessons from mistakes, practice and successes. The Paint with Kevin show teaches you steps and techniques to create beautiful oil and acrylic paintings. This show originally aired on PBS.

CityFest Parade – All the floats, all the bands, all the community groups, all the trucks, all the safety forces...It's the best parade in Lake County, and it's on The Mentor Channel this week! Taped August 24, 2019.

