## The Mentor Channel Week of November 4, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
	11/4	11/5	11/6	11/7	11/8	11/9	11/10	
5:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	5:00
AM								AM
5:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	5:30
6:00								6:00
6:30								6:30
7:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	7:00
7:30	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	7:30
8:00	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Planning (T)	Planning (T)	Planning (T)	8:00
8:30								8:30
9:00								9:00
9:30								9:30
10:00					Bulletin Board	Bulletin Board	Bulletin Board	10:00
10:30				Council (T)	Council (T)	Council (T)	Council (T)	10:30
11:00								11:00
11:30								11:30
12:00	-	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	12:00
12:30		Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	12:30
1:00	Paint with	Paint with	Paint with	Paint with	Paint with	Paint with	Paint with	1:00
	Kevin	Kevin	Kevin	Kevin	Kevin	Kevin	Kevin	
1:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	1:30
2:00								2:00
2:30	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	2:30
3:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	3:00
3:30	Bulletin Board	Bulletin Board	Bulletin Board	Council (T)	Council (T)	Council (T)	Council (T)	3:30
4:00								4:00
4:30				D 11 2 D 1	D 11 - 1 D 1	D 11 - 2 D 1	D 11 - 1 D 1	4:30
5:00	36.36	36.36	36.36	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	5:00
5:30	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	5:30
6:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	6:00
6:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	6:30
7:00			Council (live)	Planning (live)	Council (T)	Council (T)	Council (T)	7:00
7:30								7:30
8:00								8:00
8:30	Paint with	Paint with	Paint with	Paint with	Paint with	Paint with	Paint with	8:30
	Kevin	Kevin	Kevin	Kevin	Kevin	Kevin	Kevin	
9:00	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	9:00
9:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	9:30
10:00					Planning (T)	Planning (T)	Planning (T)	10:00
10:30								10:30
11:00								11:00
11:30					Bulletin Board	Bulletin Board	Bulletin Board	11:30
12:00								12:00
AM								AM
12:30			Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	12:30
1:00								1:00

Watch us live or view archived City Council and Planning Commission meetings on the web at www.thementorchannel.com Questions or Comments? Call 440-974-5794 or e-mail <a href="mailto:mctv@cityofmentor.com">mctv@cityofmentor.com</a>

## **Programs**

**Mentor City Council** – Due to Election Day, the meeting will be broadcast and streamed live on WEDNESDAY, November 6th and rebroadcast throughout the week.

**Mentor Municipal Planning Commission Special Meeting** – A Public Hearing to discuss rezoning of 186.5302-acres from C-1 Conservation District and R-4 Single Family Residential District to PMUD Planned Mixed Use Development at Center Street and Johnnycake Ridge Road. Broadcast and streamed live on November 7<sup>th</sup> at 7:15 PM, then rebroadcast throughout the week.

**Jazz Cardio Strength Stretch** – A fun and effective workout that will lift your spirits and strengthen your heart, muscles and core.

**My Mentor** – Join us for stories about the community, featuring our neighbors, friends, children, local businesses and folks that make our hometown special. My Mentor is timely and ever changing, so as we finish these community stories, we'll share them. Tune into The Mentor Channel at 7:30 AM, 12:00, 2:30 & 5:30 & 9 PM to see what's happening in My Mentor.

**Paint with Kevin** – Kevin Hill is a self-taught artist, who learned most of his painting lessons from mistakes, practice and successes. The Paint with Kevin show teaches you steps and techniques to create beautiful oil and acrylic paintings. This show originally aired on PBS.

