## The Mentor Channel Week of November 9, 2020

	Monday 11/9	Tuesday 11/10	Wednesday 11/11	Thursday 11/12	Friday 11/13	Saturday 11/14	Sunday 11/15	
5:00 AM	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	5:00 AM
5:30 6:00 6:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	5:30 6:00 6:30
7:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	7:00
7:30	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	7:30
8:00	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	8:00
8:30					Planning (T)	Planning (T)	Planning (T)	8:30
9:00								9:00
9:30								9:30
10:00								10:00
10:30	Council (T)	Council (T)		Council (T)	Council (T)	Council (T)	Council (T)	10:30
11:00			Veteran (live)					11:00
11:30			Bulletin Board					11:30
12:00	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	12:00
12:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Veterans (T)	Veterans (T)	Veterans (T)	12:30
1:00	Paint with	Paint with	Paint with	Paint with	Paint with	Paint with	Paint with	1:00
	Kevin	Kevin	Kevin	Kevin	Kevin	Kevin	Kevin	
1:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	1:30
2:00								2:00
2:30	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	2:30
3:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	3:00
3:30	Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	3:30
4:00	-							4:00
4:30								4:30
5:00	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Veterans (T)	Veterans (T)	Veterans (T)	5:00
5:30	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	5:30
6:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	6:00
6:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Veterans (T)	Veterans (T)	Veterans (T)	6:30
7:00	Council (T)	Council (T)	Council (T)	Planning (live)	Council (T)	Council (T)	Council (T)	7:00
7:30	-							7:30
								8:00
8:30	Paint with	Paint with	Paint with	Paint with	Paint with	Paint with	Paint with	8:30
0.00	Kevin	Kevin	Kevin	Kevin	Kevin	Kevin	Kevin	0.00
9:00	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	9:00
9:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Veterans (T)	Veterans (T)	Veterans (T)	9:30
10:00	-				Planning (T)	Planning (T)	Planning (T)	10:00
10:30								10:30
11:00								11:00
11:30					Bulletin Board	Bulletin Board	Bulletin Board	11:30
12:00					Bulleun Board	Bulleun Board	Bulleun Board	12:00
AM	Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	AM 12:30
12:30 1:00								12:30
1:00						L		1:00

Watch us live or view archived City Council and Planning Commission meetings on the web at www.thementorchannel.com Questions or Comments? Call 440-974-5794 or e-mail <a href="mailto:mctv@cityofmentor.com">mctv@cityofmentor.com</a>

The Mentor Channel

Week of November 9, 2020

## Programs

**Mentor Municipal Planning Commission** – Broadcast and streamed live on November 12th, then rebroadcast throughout the week.

Mentor City Council – Rebroadcast of the November 4, 2020 meeting.

**Veterans Day** – Join us live for the Mentor Veterans Day Ceremony. The ceremony will be broadcast and streamed live on November 11<sup>th</sup> at 11:11 AM with taped rebroadcasts through the week.

**Jazz Cardio Strength Stretch** – A fun and effective workout that will lift your spirits and strengthen your heart, muscles and core.

**Paint with Kevin** – Kevin Hill is a self-taught artist, who learned most of his painting lessons from mistakes, practice and successes. The Paint with Kevin show teaches you steps and techniques to create beautiful oil and acrylic paintings. This show originally aired on PBS.

**My Mentor "Retro Edition"** – The Mentor Channel is celebrating 30 years of broadcasting to the Mentor Community! Over the last 30 years we've documented everything from community events, major construction projects, and local history to stories highlighting interesting members of the Mentor community. Join us as we look back over the last 30 years and rebroadcast stories featuring folks that make our hometown special. Tune into The Mentor Channel at 7:30 AM, 12:00, 2:30, 5:30 & 9 PM for a look back at My Mentor.

