

The Mentor Channel  
 Week of December 9, 2019

	Monday 12/9	Tuesday 12/10	Wednesday 12/11	Thursday 12/12	Friday 12/13	Saturday 12/14	Sunday 12/15	
5:00 AM	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	5:00 AM
5:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	5:30
6:00								6:00
6:30								6:30
7:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	7:00
7:30	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	7:30
8:00	Bulletin Board	Planning (T)	Planning (T)	Planning (T)	Planning (T)	Planning (T)	Planning (T)	8:00
8:30								8:30
9:00								9:00
9:30								9:30
10:00								10:00
10:30								10:30
11:00	Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	11:00
11:30								11:30
12:00	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	12:00
12:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	12:30
1:00	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	1:00
1:30	LC Nurseries	LC Nurseries	LC Nurseries	LC Nurseries	LC Nurseries	LC Nurseries	LC Nurseries	1:30
2:00	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	2:00
2:30	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	2:30
3:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	3:00
3:30	Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	3:30
4:00								4:00
4:30								4:30
5:00	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	5:00
5:30	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	5:30
6:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	6:00
6:30	Bulletin Board	LC Nurseries	LC Nurseries	LC Nurseries	LC Nurseries	LC Nurseries	LC Nurseries	6:30
7:00	Planning (live)	Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	Council (T)	7:00
7:30								7:30
8:00								8:00
8:30	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	8:30
9:00	LC Nurseries	LC Nurseries	LC Nurseries	LC Nurseries	LC Nurseries	LC Nurseries	LC Nurseries	9:00
9:30	Bulletin Board	Planning (T)	Planning (T)	Planning (T)	Planning (T)	Planning (T)	Planning (T)	9:30
10:00								10:00
10:30								10:30
11:00								11:00
11:30								11:30
12:00 AM								12:00 AM
12:30								Council (T)
1:00	1:00							

**Watch us live or view archived City Council and Planning Commission meetings on the web at [www.thementorchannel.com](http://www.thementorchannel.com) Questions or Comments? Call 440-974-5794 or e-mail [mctv@cityofmentor.com](mailto:mctv@cityofmentor.com)**

## Programs

**Mentor City Council** – Rebroadcast of the Council Meeting taped on December 3, 2019.

**Mentor Municipal Planning Commission** – Broadcast and streamed live on MONDAY, December 9th then rebroadcast throughout the week. (Moved to Monday due to scheduling conflicts).

**Jazz Cardio Strength Stretch** – A fun and effective workout that will lift your spirits and strengthen your heart, muscles and core.

**Speaking of... Nurseries of Lake County** – The Wildwood Garden Club presents the "Nurseries of Lake County" with Tonya Busic of the Lake County Historical Society. Learn about the historic nurseries and their importance to the development of Lake County. Taped on November 20, 2019.

**My Mentor** – Join us for stories about the community, featuring our neighbors, friends, children, local businesses and folks that make our hometown special. My Mentor is timely and ever changing, so as we finish these community stories, we'll share them. Tune into The Mentor Channel at 7:30 AM, Noon, 2:30, 5:30 & 9 PM to see what's happening in My Mentor.

**Paint with Kevin** – Kevin Hill is a self-taught artist, who learned most of his painting lessons from mistakes, practice and successes. The Paint with Kevin show teaches you steps and techniques to create beautiful oil and acrylic paintings. This show originally aired on PBS.

