The Mentor Channel Week of November 16, 2020

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
	11/16	11/17	11/18	11/19	11/20	11/21	11/22	
5:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	5:00
AM								AM
5:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	5:30
6:00								6:00
6:30								6:30
7:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	7:00
7:30	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	7:30
8:00	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	8:00
8:30	Planning (T)	Planning (T)	Planning (T)	Planning (T)	Planning (T)	Planning (T)	Planning (T)	8:30
9:00								9:00
9:30								9:30
10:00	Speaking of	Speaking of	Speaking of	Speaking of	Speaking of	Speaking of	Speaking of	10:00
10:30	Bulletin Board	Bulletin Board	Council (T)	10:30				
11:00	_		(2)			(1)	(1)	11:00
11:30								11:30
12:00	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	12:00
12:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	12:30
1:00	Paint with	Paint with	Paint with	Paint with	Paint with	Paint with	Paint with	1:00
1.00	Kevin	Kevin	Kevin	Kevin	Kevin	Kevin	Kevin	1.00
1:30	Speaking of	Speaking of	Speaking of	Speaking of	Speaking of	Speaking of	Speaking of	1:30
2:00	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	2:00
2:30	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	
		•	•	•		-		2:30
3:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	3:00
3:30	Bulletin Board	Bulletin Board	Council (T)	3:30				
4:00			D 11 - 1 D 1	D 11 2 D 1	D 11 2 D 1	D 11 2 D 1	D 11 - 1 D 1	4:00
4:30			Bulletin Board	4:30				
5:00								5:00
5:30	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	5:30
6:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	6:00
6:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	6:30
7:00		Council (live)	Council (T)	7:00				
7:30								7:30
8:00								8:00
8:30	Paint with	Paint with	Paint with	Paint with	Paint with	Paint with	Paint with	8:30
	Kevin	Kevin	Kevin	Kevin	Kevin	Kevin	Kevin	
9:00	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	9:00
9:30	Speaking of	Speaking of	Speaking of	Speaking of	Speaking of	Speaking of	Speaking of	9:30
10:00	Planning (T)	Planning (T)	Planning (T)	Planning (T)	Planning (T)	Planning (T)	Planning (T)	10:00
10:30	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	1	1			1		10:30
11:00								
								11:00
11:30	Dulla4: D 1	Dullatin D 1	Dullatin D	Dullatin D 1	Dulletin D 1	Dullatin D 1	Dullatin D 1	11:30
12:00	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	12:00
AM			C 11 (TT)	G 1 (T)	O 11 (TT)	G '1 (T)	C 1 (T)	AM
12:30			Council (T)	12:30				
1:00								1:00

Watch us live or view archived City Council and Planning Commission meetings on the web at www.thementorchannel.com Questions or Comments? Call 440-974-5794 or e-mail mctv@cityofmentor.com

Programs

Mentor City Council – Broadcast and streamed live on November 17th and rebroadcast several times throughout the week.

Mentor Municipal Planning Commission – Rebroadcast of the Planning Commission meeting taped on November 12, 2020.

Speaking of...Local Author Todd Arrington – Local author Todd Arrington discusses his new book "The Last Lincoln Republican: The Presidential Election of 1880." The book examines the contest of 1880 and what influence Garfield, a proponent of Lincoln's vision, might have had on civil rights legislation. Arrington is site manager at the James A. Garfield National Historic Site.

Jazz Cardio Strength Stretch – A fun and effective workout that will lift your spirits and strengthen your heart, muscles and core.

Paint with Kevin – Kevin Hill is a self-taught artist, who learned most of his painting lessons from mistakes, practice and successes. The Paint with Kevin show teaches you steps and techniques to create beautiful oil and acrylic paintings. This show originally aired on PBS.

My Mentor "Retro Edition" – The Mentor Channel is celebrating 30 years of broadcasting to the Mentor Community! Over the last 30 years we've documented everything from community events, major construction projects, and local history to stories highlighting interesting members of the Mentor community. Join us as we look back over the last 30 years and rebroadcast stories featuring folks that make our hometown special. Tune into The Mentor Channel at 7:30 AM, 12:00, 2:30, 5:30 & 9 PM for a look back at My Mentor.

