

The Mentor Channel
 Week of December 28, 2020

	Monday 12/28	Tuesday 12/29	Wednesday 12/30	Thursday 12/31	Friday 1/1	Saturday 1/2	Sunday 1/3	
5:00 AM	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	5:00 AM
5:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	5:30
6:00								6:00
6:30								6:30
7:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	7:00
7:30	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	7:30
8:00	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	8:00
8:30								8:30
9:00								9:00
9:30	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	9:30
10:00								10:00
10:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	10:30
11:00								11:00
11:30	Speaking of...	Speaking of...	Speaking of...	Speaking of...	Speaking of...	Speaking of...	Speaking of...	11:30
12:00	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	12:00
12:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	12:30
1:00	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	1:00
1:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	1:30
2:00								2:00
2:30	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	2:30
3:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	3:00
3:30	Speaking of...	Speaking of...	Speaking of...	Speaking of...	Speaking of...	Speaking of...	Speaking of...	3:30
4:00	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	4:00
4:30	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	4:30
5:00								5:00
5:30	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	5:30
6:00	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	Jazz Cardio	6:00
6:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	6:30
7:00	Speaking of...	Speaking of...	Speaking of...	Speaking of...	Speaking of...	Speaking of...	Speaking of...	7:00
7:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	7:30
8:00								8:00
8:30	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	Paint with Kevin	8:30
9:00	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	My Mentor	9:00
9:30	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	CityFest Parade	9:30
10:00								10:00
10:30	Speaking of...	Speaking of...	Speaking of...	Speaking of...	Speaking of...	Speaking of...	Speaking of...	10:30
11:00	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	11:00
11:30								11:30
12:00 AM								12:00 AM
12:30								12:30
1:00								1:00

Watch us live or view archived City Council and Planning Commission meetings on the web at www.thementorchannel.com Questions or Comments? Call 440-974-5794 or e-mail mctv@cityofmentor.com

Programs

Jazz Cardio Strength Stretch – A fun and effective workout that will lift your spirits and strengthen your heart, muscles and core.

CityFest Parade 2017 – Traditionally in this week between Christmas and New Year's day we rebroadcast to Mentor CityFest Parade – but since the 2020 CityFest was canceled due to coronavirus, we're throwing open the Mentor Channel vault and rebroadcasting the 2017 best parade in Lake County! Enjoy the Marching bands, floats, baton twirlers, scouts and cheerleaders! Taped August 26, 2017.

My Mentor "Retro Edition" – The Mentor Channel is celebrating 30 years of broadcasting to the Mentor Community! Over the last 30 years we've documented everything from community events, major construction projects, and local history to stories highlighting interesting members of the Mentor community. Join us as we look back over the last 30 years and rebroadcast stories featuring folks that make our hometown special. Tune into The Mentor Channel at 7:30 AM, 12:00, 2:30 5:30 & 9 PM for a look back at My Mentor.

Paint with Kevin – Kevin Hill is a self-taught artist, who learned most of his painting lessons from mistakes, practice and successes. The Paint with Kevin show teaches you steps and techniques to create beautiful oil and acrylic paintings. This show originally aired on PBS.

Speaking of...Winter Sowing – The Wildwood Garden Club welcomed Lake County Master Gardener Meg Shay, who presented a program on Winter Sowing. Meg demonstrates a method of using recycled containers to start seeds outside in the winter with Mother Nature providing the perfect growing conditions. Learn how to start your own Winter Sowing project.

