

The Mentor Channel  
 Week of December 7, 2020

|          | Monday<br>12/7   | Tuesday<br>12/8  | Wednesday<br>12/9 | Thursday<br>12/10 | Friday<br>12/11  | Saturday<br>12/12 | Sunday<br>12/13  |                |                |                |                |          |
|----------|------------------|------------------|-------------------|-------------------|------------------|-------------------|------------------|----------------|----------------|----------------|----------------|----------|
| 5:00 AM  | Jazz Cardio      | Jazz Cardio      | Jazz Cardio       | Jazz Cardio       | Jazz Cardio      | Jazz Cardio       | Jazz Cardio      | 5:00 AM        |                |                |                |          |
| 5:30     | Bulletin Board   | Bulletin Board   | Bulletin Board    | Bulletin Board    | Bulletin Board   | Bulletin Board    | Bulletin Board   | 5:30           |                |                |                |          |
| 6:00     |                  |                  |                   |                   |                  |                   |                  | 6:00           |                |                |                |          |
| 6:30     |                  |                  |                   |                   |                  |                   |                  | 6:30           |                |                |                |          |
| 7:00     | Jazz Cardio      | Jazz Cardio      | Jazz Cardio       | Jazz Cardio       | Jazz Cardio      | Jazz Cardio       | Jazz Cardio      | 7:00           |                |                |                |          |
| 7:30     | My Mentor        | My Mentor        | My Mentor         | My Mentor         | My Mentor        | My Mentor         | My Mentor        | 7:30           |                |                |                |          |
| 8:00     | Bulletin Board   | Bulletin Board   | Bulletin Board    | Bulletin Board    | Bulletin Board   | Bulletin Board    | Bulletin Board   | 8:00           |                |                |                |          |
| 8:30     |                  |                  |                   |                   | Planning (T)     | Planning (T)      | Planning (T)     | 8:30           |                |                |                |          |
| 9:00     |                  |                  |                   |                   | 9:00             |                   |                  |                |                |                |                |          |
| 9:30     |                  |                  |                   |                   | 9:30             |                   |                  |                |                |                |                |          |
| 10:00    |                  |                  |                   |                   | 10:00            |                   |                  |                |                |                |                |          |
| 10:30    | Council (T)      | Council (T)      | Council (T)       | Council (T)       | Council (T)      | Council (T)       | Council (T)      | 10:30          |                |                |                |          |
| 11:00    |                  |                  |                   |                   |                  |                   |                  | 11:00          |                |                |                |          |
| 11:30    |                  |                  |                   |                   |                  |                   |                  | 11:30          |                |                |                |          |
| 12:00    | My Mentor        | My Mentor        | My Mentor         | My Mentor         | My Mentor        | My Mentor         | My Mentor        | 12:00          |                |                |                |          |
| 12:30    | Bulletin Board   | Bulletin Board   | Bulletin Board    | Bulletin Board    | Veterans (T)     | Veterans (T)      | Veterans (T)     | 12:30          |                |                |                |          |
| 1:00     | Paint with Kevin | Paint with Kevin | Paint with Kevin  | Paint with Kevin  | Paint with Kevin | Paint with Kevin  | Paint with Kevin | 1:00           |                |                |                |          |
| 1:30     | Bulletin Board   | Bulletin Board   | Bulletin Board    | Bulletin Board    | Bulletin Board   | Bulletin Board    | Bulletin Board   | 1:30           |                |                |                |          |
| 2:00     |                  |                  |                   |                   |                  |                   |                  | 2:00           |                |                |                |          |
| 2:30     | My Mentor        | My Mentor        | My Mentor         | My Mentor         | My Mentor        | My Mentor         | My Mentor        | 2:30           |                |                |                |          |
| 3:00     | Jazz Cardio      | Jazz Cardio      | Jazz Cardio       | Jazz Cardio       | Jazz Cardio      | Jazz Cardio       | Jazz Cardio      | 3:00           |                |                |                |          |
| 3:30     | Council (T)      | Council (T)      | Council (T)       | Council (T)       | Council (T)      | Council (T)       | Council (T)      | 3:30           |                |                |                |          |
| 4:00     |                  |                  |                   |                   |                  |                   |                  | 4:00           |                |                |                |          |
| 4:30     |                  |                  |                   |                   |                  |                   |                  | 4:30           |                |                |                |          |
| 5:00     | Bulletin Board   | Bulletin Board   | Bulletin Board    | Bulletin Board    | Bulletin Board   | Bulletin Board    | Bulletin Board   | 5:00           |                |                |                |          |
| 5:30     | My Mentor        | My Mentor        | My Mentor         | My Mentor         | My Mentor        | My Mentor         | My Mentor        | 5:30           |                |                |                |          |
| 6:00     | Jazz Cardio      | Jazz Cardio      | Jazz Cardio       | Jazz Cardio       | Jazz Cardio      | Jazz Cardio       | Jazz Cardio      | 6:00           |                |                |                |          |
| 6:30     | Bulletin Board   | Bulletin Board   | Bulletin Board    | Bulletin Board    | Bulletin Board   | Bulletin Board    | Bulletin Board   | 6:30           |                |                |                |          |
| 7:00     | Council (T)      | Council (T)      | Council (T)       | Planning (live)   | Council (T)      | Council (T)       | Council (T)      | 7:00           |                |                |                |          |
| 7:30     |                  |                  |                   | 7:30              |                  |                   |                  |                |                |                |                |          |
| 8:00     |                  |                  |                   | 8:00              |                  |                   |                  |                |                |                |                |          |
| 8:30     | Paint with Kevin | Paint with Kevin | Paint with Kevin  | Paint with Kevin  | Paint with Kevin | Paint with Kevin  | Paint with Kevin | 8:30           |                |                |                |          |
| 9:00     | My Mentor        | My Mentor        | My Mentor         | My Mentor         | My Mentor        | My Mentor         | My Mentor        | 9:00           |                |                |                |          |
| 9:30     | Bulletin Board   | Bulletin Board   | Bulletin Board    | Bulletin Board    | Bulletin Board   | Bulletin Board    | Bulletin Board   | 9:30           |                |                |                |          |
| 10:00    |                  |                  |                   |                   | Planning (T)     | Planning (T)      | Planning (T)     | 10:00          |                |                |                |          |
| 10:30    |                  |                  |                   |                   | 10:30            |                   |                  |                |                |                |                |          |
| 11:00    |                  |                  |                   |                   | 11:00            |                   |                  |                |                |                |                |          |
| 11:30    |                  |                  |                   |                   | 11:30            |                   |                  |                |                |                |                |          |
| 12:00 AM |                  |                  |                   |                   | Bulletin Board   | Bulletin Board    | Bulletin Board   | Bulletin Board | Bulletin Board | Bulletin Board | Bulletin Board | 12:00 AM |
| 12:30    |                  |                  |                   |                   | Council (T)      | Council (T)       | Council (T)      | Council (T)    | Council (T)    | Council (T)    | Council (T)    | 12:30    |
| 1:00     | 1:00             |                  |                   |                   |                  |                   |                  |                |                |                |                |          |

**Watch us live or view archived City Council and Planning Commission meetings on the web at [www.thementorchannel.com](http://www.thementorchannel.com) Questions or Comments? Call 440-974-5794 or e-mail [mctv@cityofmentor.com](mailto:mctv@cityofmentor.com)**

## Programs

**Mentor Municipal Planning Commission** – Broadcast and streamed live on December 10th, then rebroadcast throughout the week.

**Mentor City Council** – Rebroadcast of the December 1, 2020 meeting.

**Jazz Cardio Strength Stretch** – A fun and effective workout that will lift your spirits and strengthen your heart, muscles and core.

**Paint with Kevin** – Kevin Hill is a self-taught artist, who learned most of his painting lessons from mistakes, practice and successes. The Paint with Kevin show teaches you steps and techniques to create beautiful oil and acrylic paintings. This show originally aired on PBS.

**My Mentor “Retro Edition”** – The Mentor Channel is celebrating 30 years of broadcasting to the Mentor Community! Over the last 30 years we’ve documented everything from community events, major construction projects, and local history to stories highlighting interesting members of the Mentor community. Join us as we look back over the last 30 years and rebroadcast stories featuring folks that make our hometown special. Tune into The Mentor Channel at 7:30 AM, 12:00, 2:30, 5:30 & 9 PM for a look back at My Mentor.

