## The Mentor Channel Week of November 8, 2021

	Monday 11/8	Tuesday 11/9	Wednesday 11/10	Thursday 11/11	Friday 11/12	Saturday 11/13	Sunday 11/14	
5:00 AM	Jazz Cardio	5:00 AM						
5:30 6:00 6:30	Bulletin Board	5:30 6:00 6:30						
7:00	Jazz Cardio	7:00						
7:30	My Mentor	7:30						
8:00	Bulletin Board	8:00						
8:30					Planning (T)	Planning (T)	Planning (T)	8:30
9:00								9:00
9:30								9:30
10:00								10:00
10:30	Council (T)	10:30						
11:00								11:00
11:30								11:30
12:00	My Mentor	12:00						
12:30	Bulletin Board	12:30						
1:00	Paint with Kevin	1:00						
1:30	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Veterans Day	Veterans Day	Veterans Day	1:30
2:00								2:00
2:30	My Mentor	2:30						
3:00	Jazz Cardio	3:00						
3:30	Council (T)	3:30						
4:00	-							4:00
4:30								4:30
5:00	Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	Veterans Day	Veterans Day	Veterans Day	5:00
5:30	My Mentor	5:30						
6:00	Jazz Cardio	6:00						
6:30	Bulletin Board	6:30						
7:00	Council (T)	Council (T)	Planning (live)	Council (T)	Council (T)	Council (T)	Council (T)	7:00
7:30	-							7:30
8:00								8:00
8:30	Paint with Kevin	8:30						
9:00	My Mentor	My Mentor	My Mentor	Veterans Day	Veterans Day	Veterans Day	Veterans Day	9:00
9:30	Bulletin Board	9:30						
10:00					Planning (T)	Planning (T)	Planning (T)	10:00
10:30	1							10:30
11:00								11:00
11:30								11:30
12:00	]			Bulletin Board	Bulletin Board	Bulletin Board	Bulletin Board	12:00
AM								AM
12:30	Council (T)	12:30						
1:00								1:00

Watch us live or view archived City Council and Planning Commission meetings on the web at www.thementorchannel.com Questions or Comments? Call 440-974-5794 or e-mail <u>mctv@cityofmentor.com</u>

The Mentor Channel

Week of November 8, 2021

## Programs

**Mentor Municipal Planning Commission** – Broadcast and streamed live on WEDNESDAY, November 10th then rebroadcast throughout the week. (Moved to Wednesday due to Veterans Day holiday).

Mentor City Council – Rebroadcast of the November 3, 2021 meeting.

**Veterans Day Ceremony** – Each year the City of Mentor holds a ceremony to honor and thank the men and women who have served our country in the military. Taped on Veterans Day, Thursday, November 11, 2021.

**Jazz Cardio Strength Stretch** – A fun and effective workout that will lift your spirits and strengthen your heart, muscles and core.

**Paint with Kevin** – Kevin Hill is a self-taught artist, who learned most of his painting lessons from mistakes, practice and successes. The Paint with Kevin show teaches you steps and techniques to create beautiful oil and acrylic paintings. This show originally aired on PBS.

**My Mentor** – Join us for stories about the community, featuring our neighbors, friends, children, local businesses and folks that make our hometown special. My Mentor is timely and ever changing, so as we finish these community stories, we'll share them. Tune into The Mentor Channel at 7:30 AM, 12:00, 2:30 & 5:30 PM to see what's happening in My Mentor.

