

# City Of LENTOR Of Normalian Of Normalian

**Parks & Recreation** 



Save this guide until 9/1/19

RESIDENT REGISTRATION BEGINS APRIL 1 NONRESIDENT REGISTRATION BEGINS APRIL 2

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# DON'T FORGET TO REGISTER

Resident registration begins *April 1* 

Nonresident registration begins *April 2* 

# REGISTER ONLINE AT

www.cityofmentor.com

# OR CALL US AT

(440) 974-5720 - Recreation

(440) 974-5725 - Ice Arena

(440) 974-5735 - Wildwood

(440) 951-0010 - Black Brook

(440) 205-3625 - Lagoons



# **Mentor City Council**

Standing: (L-R) Matthew E. Donovan (Ward 2), Scott J. Marn (At-Large), Ray Kirchner (At-Large), and Sean P. Blake (Ward 1).

Seated: (L-R) Council Vice President Bruce R. Landeg (Ward 3), Council President John A. Krueger (Ward 4), and Janet A. Dowling (At-Large).

# **City Of Mentor Staff**

Kenneth J. Filipiak	City Manager
Anthony J. Zampedro	Assistant City Manager
Kenn Kaminski	Director, Parks, Recreation & Public Facilities
Nita Justice	Recreation Superintendent
Tim Ausperk	Black Brook Golf Course Golf Professional & Manager
Bill Furman	Arena Manager
Renee Ochaya	Senior Center Program Manager
Scott Robbins	Mentor Lagoons Nature Preserve & Marina Manager
Nick Standering	Cultural Arts Manager

Mentor Parks & Recreation Guide's produced quarterly to inform the residents of Mentor. It is published by the: Recreation Department, 8500 Civic Center Blvd., Mentor OH 44060. The full guide is always available online at www.cityofmentor.com/play. The Summer Parks & Recreation Guide will be mailed to all homes in the 44060 zip code the first week in March. Summer registration begins April 1 for residents and April 2 for nonresidents.

# EMAIL US AT parks@cityofmentor.com

# **Program Locations**

3	
Edward R Walsh Park	.7221 Bellflower Rd.
Black Brook Golf Course	.8900 Lakeshore Blvd.
Civic Center Park	.8600 Munson Rd.
Civic Center Waterpark	.8600 Munson Rd.
Civic Center Amphitheatre	
Civic Center Skatepark	.8604 Munson Rd.
Community Center	.8600 Munson Rd.
Eleanor B. Garfield Park	.7967 Mentor Ave.
Krueger Park	.7556 Chillicothe Rd.
Mentor Beach Park	.7779 Lakeshore Blvd.
Mentor Civic Arena	
Mentor Dog Park	
Mentor High School Stadium	.6477 Center St.
Mentor Lagoons Nature Preserve & Marina	.8365 Harbor Dr.
Mentor Municipal Center	.8500 Civic Center Blvd.
Mentor Senior Center	.8484 Munson Rd.
Morton Pool & Park	.9325 Rosemary Ln.
Old Council Hall	.7250 Jackson St.
Taft Elementary School	. 1580 E. 332nd St., Eastlake
Wildwood Cultural Center	.7645 Little Mountain Rd





# **Morton Pool & Splashpark**

9325 Rosemary Lane (440) 257-5719 Open: May 26 -August 17 1 -8 p.m. daily

# **Garfield Pool**

7967 Mentor Avenue (440) 205-0337 Open: May 26 -August 17 1 -8 p.m. daily

# **Civic Center Waterpark**

8600 Munson Road (440) 974-5723 Open: May 26 -August 17 1 - 8 p.m. daily

# Walsh Spray Park

7221 Bellflower Road (440) 974-5720 -Recreation office Open: May 26 -September 2 10 a.m. -8 p.m. daily

# 2019 AOUATIC PASSES

Pool passes will go on sale beginning Monday, April 1 at Mentor City Hall, 2nd Floor Parks & Recreation Department.

Online Pass Sales will not be available this year, due to our new computer program. Everyone will need to come into the Recreation Office to purchase passes and have pictures taken.

To purchase your 2019 Aquatic Pass at the resident rate, you **MUST** bring a current utility bill, with your name and address on it AND photo identification, as proof of Mentor residency. This is to ensure that only Mentor residents are given the resident rate. Mentor residents are only those people who live within the corporate limits of the City of Mentor, which is **NOT** the entire Mentor School District or 44060 zip code. Kirtland Hills residents pay resident rates because of a reciprocal agreement with the City of Mentor, however, they must also show a current utility bill with name and address on it AND photo identification, as proof of residency. **Please note that this agreement is no longer in effect with the City of Kirtland or the City of Mentor-on-the-Lake.** 

Season Aquatics Passes are photo ID cards; passes cannot be issued without a photograph. Photos will be taken when you purchase your pass. If a member of the family cannot be present, he/she may return at any time to be photographed and have his/her pass printed. Children must be photographed annually.

# Office Hours for Pass Sales

Monday - Friday	8 a.m5 p.m.
Extended Hours: Saturday, April 27 Tuesday, May 14 Wednesday, May 15 Thursday, May 16	9 a.m1 p.m. 5 p.m7 p.m. 5 p.m7 p.m. 5 p.m7 p.m.
Saturday, May 18 Tuesday, May 21 Wednesday, May 22 Thursday, May 23	9 a.m1 p.m. 5 p.m7 p.m. 5 p.m7 p.m. 5 p.m7 p.m.

# 2019 Aquatic Pass Rates

For the purpose of pool passes, a family shall be considered a married couple and their unmarried children, under age 21, residing in the family home. Nieces, nephews, grandparents, aunts, uncles, babysitters, etc., will not be considered to be included in the family membership. A family pass must include one parent. Passes purchased using false information will be confiscated and no refund will be issued.

Family Passes	Resident	Nonresident
Senior Citizen Couple (both must be age 60 or over)	\$70	\$140
Family of 2	\$90	\$180
Family of 3	\$110	\$220
Family of 4	\$130	\$260
Family of 5	\$140	\$280
Additional Family Members beyond 5 or	\$20	\$40
family members added after original purchase		

Individual Memberships	Resident	Nonresident
Adult Individual (age 18 & over)	\$60	\$120
Youth Individual (age 17 & under)	\$50	\$100
Senior Citizen (age 60 & over)	\$50	\$100

Individual Daily Admission to Civic Center/Garfield/Morton pools is \$6.00

# Early Bird Pass Sales

SAVE \$\xi\$ - Buy your pass April 1 thru May 10 and receive \$10 off a family/couple pass or \$5 off an individual adult, senior or youth pass.

# Save money with a Swim & Save Card

For \$25, you'll receive 5 admissions to any city pool! Swim & Save cards are available at the Recreation Department and all three city pools. They make great gifts and anyone can purchase them!



# Helpful Learn-To-Swim Registration Tips

**Choose the Class** - Read the class level description carefully to determine the correct swim level for your child. Additional information and skill check list sheets are also listed at www.cityofmentor.com/play/aquatics/learn-to-swim for your reference. Call the Recreation Department at 974-5720 and ask for help if you are unsure of the correct level for your child.

Choose the Pool -Civic, Garfield, Morton.

**Choose the Day(s)** -Monday-Thursday, Monday/Wednesday, Tuesday/Thursday or Saturday.

**Choose the Time** - morning and evening class times available.

# **Other Helpful Information:**

- Pre-registration is required for all swimming classes. Registration for swim
  lessons begins with summer registration on Monday, April 1 for residents and
  Tuesday, April 2 for nonresidents, online, by mail and in person. Registration
  is held throughout the summer on a first-come, first served basis. If the class
  you are requesting is filled, ask to be placed on a waiting list. Additional
  lessons are frequently added.
- Register online and be the first in line! Free online registration is available 24/7 at www.cityofmentor.com. You must first call the Recreation Department to set up your family account.
- Swimmers will be tested the first day of lessons to determine if they are in the proper class. If you have a Red Cross card showing you have passed a class previously, please bring it with you to the first class. Instructors reserve the right to determine your child's level of performance and place them accordingly. Instructors will move your child to an appropriate class at the same time and same pool if space in other classes allows. Please note that children do not usually pass a swim level after one session. Some levels are very comprehensive and advanced skills take time to master.
- Detailed information on lesson levels, as well as downloadable Red Cross skill checklists and information are available at www.cityofmentor.com/ departments/parks-recreation/activities/aquatics
- Choose classes carefully. Due to the great demand for swim instruction, transfers will be granted on a case-by-case basis and only if space is available. Refunds are not available.
- There will be no make-up lessons for the Learn-to-Swim programs. Classes are held every day. Safety lessons, which are an important part of the Learn-to-Swim curriculum, take place on the pool deck on inclement weather days.

# RESIDENT REGISTRATON BEGINS **APRIL 1**

NON-RESIDENT REGISTRATON BEGINS **APRIL 2** 

REGISTER ONLINE AT: **www.cityofmentor.com** 

See page 43 for details

# **Learn-To-Swim Lessons**

All lessons are \$35 for residents and \$45 for nonresidents.

# **Parent & Child**

Ages 6mos-4

In this fun, parent & child class using games, songs and simple instruction, children learn to establish an expectation for adult supervision in and around the water, learn more ways to enter and exit the water in a safe manner, explore submerging in a rhythmic pattern through bobbing and blowing bubbles, and learn how to glide on the front and back with assistance.

# Location: Civic Center Pool

#### Monday - Thursday

June 10 -20 10:55 - 11:40 a.m. June 24 -July 5 10:55 - 11:40 a.m.

No Class July 4 -Class will be July 5

 July 8 -18
 10:55 - 11:40 a.m.

 July 22 -Aug.1
 10:55 - 11:40 a.m.

Monday/Wednesday

June 10 - July 3 7:05 - 7:50 p.m. July 8-31 7:05 - 7:50 p.m.

Saturday

June 15 -Aug. 3 10:00 -10:45 a.m. 11:50 - 12:35 p.m.

#### Location: Morton Pool

Saturday

June 15 -Aug.3 11:50 - 12:35 p.m.

# Location: Garfield Pool

# Tuesday/Thursday

June 11 - July 5 6:10 - 6:55 p.m. No Class July 4 - Class will be July 5 July 8 - Aug 1 6:10 - 6:55 p.m.

#### Preschool

Ages 3-4

The purpose of this class is to help children feel comfortable in the water for the first time without a parent. It orients children to the aquatic environment, helps them gain greater independence in their skills and develop more comfort in and around the water. Children will learn to enter the water on their own, follow the directions of the instructor, and gain basic swimming propulsive skills by learning to fully submerge and hold breath, bob, blow bubbles and float with assistance.

# Location: Civic Center Pool

# Monday - Thursday

June 10 -20	10:00 - 10:45 a.m.	10:55 - 11:40 a.m.
June 24 -July 5	10:55 - 11:40 a.m.	11:50 - 12:35 p.m.
No Class July 4 -Class	s will be July 5	
July 8-18	10:55 - 11:40 a.m.	11:50 - 12:35 p.m.
July 22 -Aug. 1	10:55 - 11:40 a.m.	11:50 - 12:35 p.m.

Monday/Wednesday

 June 10 - July 3 5:15 - 6:00 p.m.
 6:10 -6:55 p.m.

 July 8 - 31
 5:15 - 6:00 p.m.

 6:10 -6:55 p.m.
 6:10 -6:55 p.m.

Saturday

June 15 -Aug. 3 10:55 - 11:40 a.m. 11:50 -12:35 p.m.

# Location: Morton Pool

# **Monday - Thursday**

June 10 - 20 10:00 - 10:45 a.m.

June 24 - July 5 10:00 - 10:45 a.m.

No Class July 4 - Class will be July 5

July 8 - 18 10:00 - 10:45 a.m.

July 22 - Aug. 1 10:00 - 10:45 a.m.

Saturday

June 15 - Aug. 3 10:55 - 11:40 a.m.

# Location: Garfield Pool Tuesday/Thursday

June 11 - July 5 5:15 - 6:00 p.m. No Class July 4 - Class will be July 5 July 8 - Aug 1 5:15 - 6:00 p.m.

# **Level 1 - Introduction to Water Skills**

Ages 4+

In level 1, children learn to enter and exit the water using ladder, steps or side, to blow bubbles through mouth and nose, to bob, to open eyes under water and retrieve submerged objects. While learning front and back glides and floats, recovery to vertical position and to roll from front to back and back to front, children begin to develop comfort in the water. Other skills include alternative and simultaneous leg actions and arm actions on front and back, treading water using arm and hand actions and combined arm and leg actions on front and back.

Location:	Civic	Center	Pool

Mond	lay -1	Thurs	day
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Monday -Thursday	y		
June 10 -20	10:00 - 10:45 a.m.	10:55 - 11:40 a.m.	
June 24 -July 5	10:00 - 10:45 a.m.	10:55 - 11:40 a.m.	11:50 - 12:35 p.m.
No Class July 4 -C	Class will be July 5		
July 8-18	10:00 - 10:45 a.m.	10:55 - 11:40 a.m.	11:50 - 12:35 p.m.
July 22 -Aug. 1	10:00 - 10:45 a.m.	10:55 - 11:40 a.m.	11:50 - 12:35 p.m.
Monday/Wedneso	lay		
June 10 - July 3	5:15 - 6:00 p.m.	7:05 - 7:50 p.m.	
July 8 - Aug 1	5:15 - 6:00 p.m.	7:05 - 7:50 p.m.	
Saturday			
June 15 -Aug. 3	10:55 - 11:40a.m.	11:50 - 12:35 p.m.	
_			

# Location: Morton Pool

#### Monday -Thursday

monday manag			
June 10 - 20	10:55 - 11:40 a.m.		
June 24 -July 5	10:55 - 11:40 a.m.	No Class July 4 -Class will be July 5	
July 8 - 18	10:55 - 11:40 a.m.		
July 22 - Aug. 1	10:55 - 11:40 a.m.		
Saturday			
June 15 - August 3	10:00 - 10:45 a.m.	11:50 -12:35 p.m.	

# Location: Garfield Pool

Tuesday/Thursday

June	11 - July 5	5:15 - 6:00 p.m.	7:05 - 7:50 p.m.
No	Class July 4 -	Class will be July 5	
July	8 - Aug 1	5:15 - 6:00 p.m.	7:05 - 7:50 p.m.

# Level 2 - Fundamental Aquatic Skills

1000 1015

Success with fundamental aquatic skills begins in level 2 as children learn to enter and exit water by stopping or jumping from the side, fully submerge and hold breath, bob, open eyes under water and retrieve submerged objects. Children learn front, jellyfish and tuck floats, front and back glides and floats, how to recover to vertical position, change direction of travel while swimming on front or back, and how to roll from front to back and back to front.

# Location: Civic Center Pool

Monday	- Thursday
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June 10 -20	10:00 - 10:45 a.m.	10:55 - 11:40 a.m.	
June 24 -July 5	10:00 - 10:45 a.m.	10:55 - 11:40 a.m.	11:50 - 12:35 p.m.
No Class July 4 -C	Class will be July 5		
July 8 -18	10:00 - 10:45 a.m.	10:55 - 11:40 a.m.	11:50 - 12:35 p.m.
July 22 -Aug. 1	10:00 - 10:45 a.m.	10:55 - 11:40 a.m.	11:50 - 12:35 p.m.
Monday/Wedneso	day		
June 10 - July 3	6:10 - 6:55 p.m.	7:05 - 7:50 p.m.	
July 8 - 31	6:10 - 6:55 p.m.	7:05 - 7:50 p.m.	
Saturday			
June 15 -Aug. 3	10:00 - 10:45 a.m.	10:55 -11:40 a.m.	

#### Location: Morton Pool

Location. Morton Foor				
Monday -Thursday	•			
June 10 - 20	11:50 - 12:35 p.m.			
June 24 -July 5	11:50 - 12:35 p.m.	No Class July 4 -Class will be July 5		
July 8 - 18	11:50 - 12:35 p.m.			
July 22 -Aug. 1	11:50 - 12:35 p.m.			
Saturday				
June 15 - August 3	10:00 - 10:45 a.m.	11:50 - 12:35 p.m.		

# Location: Garfield Pool

# Tuesday/Thursday

June 11 - July 5	6:10 - 6:55 p.m.	7:05 - 7:50 p.m.
No Class July 4 -	Class will be July 5	

July 8 - Aug 1 6:10 - 6:55 p.m. 7:05 - 7:50 p.m.

# Level 3 - Stroke Development

Ages 6+

Level 3 builds on the skills introduced in level 2 through additional guided practice in deeper water. Children learn to enter water by jumping from side, back float, survival float, rotary breathing, and headfirst entry into the water from the side in sitting and kneeling positions. Flutter, scissor, dolphin and breaststroke kicks on front will be introduced along with front crawl, elementary backstroke and treading water.

# Location: Civic Center Pool

# Monday - Thursday

June 10 -20	10:00 - 10:45 a.m.	10:55 - 11:40 a.m.		
June 24 -July 5	10:00 - 11:45 a.m.	10:55 - 11:40 a.m.	11:50 - 12:35 p.m.	
No Class July 4 -C	lass will be July 5			
July 8-18	10:00 - 11:45 a.m.	10:55 - 11:40 a.m.	11:50 - 12:35 p.m.	
July 22 - Aug. 1	10:00 - 11:45 a.m.	10:55 - 11:40 a.m.	11:50 - 12:35 p.m.	
Monday/Wednesd	ay			
June 10 -July3	5:15 - 6:00 p.m.			
July 8 -31	5:15 - 6:00 p.m.			
Saturday				
June 15 -Aug. 3	10:00 -10:45 a.m.	10:55 - 11:40 a.m.		
Location: Morton Pool				
Monday -Thursday	/			
June 10 - 20	10:00 - 10:45 a.m.	10:55 - 11:40 a.m.	11:50 - 12:35 p.m.	
June 24 - July 5	10:00 - 10:45 a.m.	10:55 - 11:40 a.m.	11:50 - 12:35 p.m.	
No Class July 4 -C	lass will be July 5			
July 8 - 18	10:00 - 10:45 a.m.	10:55 - 11:40 a.m.	11:50 - 12:35 p.m.	
July 22 - Aug.1	10:00 - 10:45 a.m.	10:55 - 11:40 a.m.	11:50 - 12:35 p.m.	

# Location: Garfield Pool

#### Tuesday/Thursday

Saturday June 15 - Aug. 3

Ages 4+

5:15 - 6:00 p.m. June 11 - July 5 No Class July 4 -Class will be July 5 July 8 - Aug 1 5:15 - 6:00 p.m.

# Level 4 - Stroke Improvement

10:55 - 11:40 a.m.

Ages 6+

Level 4 is a big level with many skills to perfect. Most students take Level 4 several times before passing all the necessary skills. In this level, children develop confidence in the skills learned and improve other aquatic skills including swimming under water, feet-first surface dives, survival swimming, and headfirst entry into the water from the side in compact and stride positions. Other skills include front crawl and backstroke open turns, front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly, plus flutter and dolphin kicks on back. To advance, children also must be able to tread water using 2 different kicks.

# Location: Civic Center Pool

### Monday -Thursday

June 10 -20	10:00 - 10:45 a.m.	10:55 - 11:40 a.m.	
June 24 -July 5	10:00 - 10:45 a.m.	10:55 - 11:40 a.m.	11:50 - 12:35 p.m.
No Class July 4 -	Class will be July 5		
July 8 -18	10:00 - 10:45 a.m.	10:55 - 11:40 a.m.	11:50 - 12:35 p.m.
July 22 - Aug. 1	10:00 - 10:45 a.m.	10:55 - 11:40 a.m.	11:50 - 12:35 p.m.
Monday/Wednes	day		
June 10 - July 3	6:10 - 6:55 p.m.		
July 8 -31	6:10 - 6:55 p.m.		
Saturday			
June 15 -Aug. 3	11:50 - 12:35 a.m.		

# Location: Morton Pool

# Monday -Thursday

June 10 - 20	10:00 - 10:45 a.m.	11:50 - 12:35 a.m.
June 24 -July 5	10:00 - 10:45 a.m.	11:50 - 12:35 a.m.
No Class July 4 -C	lass will be July 5	
July 8 - 18	10:00 - 10:45 a.m.	11:50 - 12:35 a.m.
July 22 - Aug. 1	10:00 - 10:45 a.m.	11:50 - 12:35 a.m.
Saturday		
June 15 -Aug. 3	10:00 - 10:45 a.m.	
	June 24 -July 5 No Class July 4 -C July 8 - 18 July 22 - Aug. 1 Saturday	June 24 - July 5 10:00 - 10:45 a.m. No Class July 4 - Class will be July 5 July 8 - 18 10:00 - 10:45 a.m. July 22 - Aug. 1 10:00 - 10:45 a.m.  Saturday

# Location: Garfield Pool

Tuecday	y/Thursday
Tuesua	y/ IIIui Suay

June 11 - July 5	7:05 - 7:50 p.m.	No Class July 4 -Class will be July !
July 8- Aug. 1	7:05 - 7:50 p.m.	



# Level 5 - Stroke Refinement

Ages 6+

Children learn further coordination and refinement of strokes in level 5. We'll cover shallow-angle dive from the side then glide and begin front stroke, tuck and pike surface dives while submerging completely, front flip turn and backstroke flip turn while swimming, front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly, plus sculling.

# Location: Civic Center Pool

Monday - Thursday

June 10 -20 10:00 - 10:45 a.m.

June 24 -July 5 10:00 - 10:45 a.m.

No Class July 4 -Class will be July 5

July 8 -18 10:00 - 10:45 a.m.

July 22-Aug. 1 10:00 - 10:45 a.m.

Saturday

June 15 - Aug. 3 10:00 - 10:45 a.m.

# Location: Morton Pool Monday -Thursday

June 10 - 20 10:55 - 11:40 a.m. June 24 -July 5 10:55 - 11:40 a.m. No Class July 4 -Class will be July 5

 July 8 - 18
 10:55 - 11:40 a.m.

 July 22 - Aug. 1
 10:55 - 11:40 a.m.

Saturday

June 15 - August 3 10:55 - 11:40 a.m.

Location: Garfield Pool Tuesday/Thursday

June 11 - July 5 6:10 - 6:55 p.m. No Class July 4 -Class will be July 5

Level 6 Ages 6+

In this level, students refine the strokes to swim with ease, efficiency, power and smoothness over greater distances. Students learn to swim 500 yards continuously using any 3 strokes of choice, swimming at least 50 yards of each stroke. You'll also learn personal water safety, including more complex safety skills, jumping into deep water and performing a survival float for 5 minutes, rolling onto back and performing a back float for 5 minutes, performing a surface dive, retrieving an object from the bottom of the pool at a depth of 7 - 10 feet, returning to the surface and the starting point.

# Location: Civic Center Pool Monday - Thursday

June 24 -July 5 10:00 - 10:45 a.m. No Class July 4 -Class will be July 5

July 22 -Aug.1 10:00 - 10:45 a.m.

#### Location: Garfield Pool

July 8 - Aug.1 6:10 - 6:55 p.m.

# **Private Swim Lessons**

Private swimming lessons are available at all three pools at a cost of \$16 per one-half hour. Private lessons are perfect for teen and adult swimmers interested in developing stronger skills or overcoming a fear of water and for Learn-to-Swim students who need a little additional help. Contact the swimming pool cashier, pool manager, or Learn-to-Swim Director to make arrangements.

# JUNIOR LIFEGUARDING

Ages 11-14

This American Red Cross course is an introduction to the skills needed to become a certified lifeguard. The course focuses on building a foundation of knowledge, attitudes and skills for kids ages 11 - 14 who aspire to become a lifeguard in the future. This course does not provide lifeguard certification.

Participants in this course should have the following basic skills: Be capable of swimming 25 yards continuously using front crawl and breaststroke; tread water for 1 minute using arms and legs; show a level of comfort on the back by floating for 30 seconds or swimming on back for 25 yards; submerge and swim a distance of 10 feet underwater.

Location: Civic Center Pool

Instructor: Mentor Water Safety Instructors

July 8 - 18 Monday - Friday 11:50 a.m. - 12:35 p.m.

Resident: \$45 / Nonresident: \$55

# LIFEGUARD TRAINING CRASH COURSE Ages 15 +

Get your American Red Cross training and learn to be a lifeguard. Students must attend all classes and pass written and practical test to receive certification. Included in the course is Lifeguarding, First Aid and CPR for Professional Rescuer. Students must be 15 years old and bring proof of age to first class. Students must pass both written and physical tests to become certified. Students must be in attendance during all class times; this class may not be suitable for people with very busy schedules. The following prerequisites will be tested the first day of class. Students who do not meet these minimum requirements will not be permitted to continue with the course but will receive a refund:

- 1. Student must swim 300 yards, continuously, demonstrating breath control and rhythmic breathing. Candidates may swim using the front crawl, breast stroke or a combination of both but swimming on the back or side is not allowed.
- 2. Student must tread water for 2 minutes using only legs. Candidates place their hands under their armpits.
- 3. Last, the student must complete this event within 1 minute, 40 seconds: Starting in the water, swim 20 yards with face in or out of water. Surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10-pound object then return to the surface and swim 20 yards on the back to return to the starting point with both hands holding the object and keeping the face at or near the surface (candidates may not swim the distance under water). Last, exit the water without using a ladder or rope. Swim goggles may not be used for this drill.

Class is limited to 20 students. Instructor: Kelsey Sayovell

Location: Civic Center Pool

May 28- June 1 Tuesday-Saturday 8:00 a.m.-1:00 p.m.

Saturday class may extend longer depending on class size

June 3-7 Monday-Friday 8:00 a.m.-1:00 p.m.

Class may meet on Saturday depending on class size

Resident: \$185 / Nonresident: \$225

# WATER SAFETY INSTRUCTOR COURSE Ages 16 +

The American Red Cross WSI course is for those interested in teaching others to learn to swim. To take this course, you must be 16 years or older and pass a perrequisite skills test and written test on the first day of class. In addition, you must meet the following criteria:

- Be proficient in six basic strokes (breaststroke, sidestroke, elementary backstroke, front crawl, backstroke and butterfly);
- Perform a long shallow dive into a minimum of 9 feet of water, perform a surface dive, retrieve a 10-pound brick in 6 to 9 feet of water, and bring it to the surface;
- Perform a wading assist with equipment and bring the victim safely to the side of the pool;
- Enter shallow water and approach a face-down victim with a suspected spinal injury using a head splint to establish the airway and maintain inline stabilization;
- Perform a reaching and throwing assist from land bringing the victim back to land

Class is limited to 20 students. Saturday, July 2 morning hours may be used for testing if needed.

Instructor: TBA

Location: Civic Center Pool

June TBA Monday -Friday

Resident: \$125 / Nonresident: \$165



# **AQUA ZUMBA**

Ages 16 +

Aqua Zumba is a low-impact aquatic exercise that incorporates Zumba philosophy with traditional aquatic fitness disciplines. This class can benefit a variety of people from older adults, teens, pregnant women, those working to lose weight, and anyone trying to maintain their weight. Participants can expect to get a great workout with minimal impact on their joints and muscles. For those who do not know how to swim, this class will help boost confidence in the water. Please wear a swim suit and water socks and bring a towel. A limited number of walk-up spots may be available. The walk-up charge is \$10 per class. Wristbands will be issued to participants weekly.

Instructor: Bridgit McGuire Location: Civic Center Pool

June 17 - August 5 Monday 6 - 6:45 p.m.

Resident: \$47 / Nonresident: \$57

# STORY TIME

#### Fridays, June 8-July 27, 2 pm, Civic Center Pool

While you're at the pool, take some time to sit down with Mentor Public Library and enjoy a short story. Free!

# CHRISTMAS IN JULY

# Thursday, July 25, 1 - 4 p.m., Garfield Pool

The annual Christmas in July party at Garfield Pool is a tradition you won't want to miss! Enjoy an afternoon of special games, activities, and prizes, and even a summer-time visit from Santa. Activities are free with regular admission.

# DOGGIE DIP DAY

# Sunday, August 18, 1-4 p.m.

Location: Civic Center Pool Admission fee: \$5 per dog

Civic Center Pool will officially be going to the dogs! Bring your favorite fourlegged pal for a dip and enjoy some good family fun! Dogs must be licensed and vaccinated, leashed when not in the pool, female dogs should not attend while in heat, and owners must be prepared for clean-up duty. You are welcome to bring dog toys.

# TRY SCUBA DIVING

Age 10+

Have you ever wondered what it is like to breathe underwater? All you need is a bathing suit and a towel and you can give it a try and see how easy and awesome Scuba really is! Just Add Water has the perfect opportunity. It's called TRY DIVING. Meet at Just Add Water at 6:00 p.m. for a brief orientation and equipment fitting then head to the pool to Try Diving

What will I do? Try Diving with experienced Instructors by your side What do I need? Just a Bathing Suit and Towel. If you can kick and breathe you got this!

 June 27
 Thursday
 6:00 p.m.

 July 17
 Wednesday
 6:00 p.m.

 July 18
 Thursday
 6:00 p.m.

 August 8
 Thursday
 6:00 p.m.

Cost: \$49.00 and you can apply \$20.00 towards your next step in obtaining your Scuba License

Please contact Just Add Water to register. 440-942-7575.

# MENTOR MARLINS SWIM TEAM

The Mentor Marlins is a recreational swim team for competitive swimmers ages 5-18. The Marlins swim against local teams in the Suburban Swim League. The team is a family-oriented activity teaching the importance of teamwork, sportsmanship and fitness. Swim practices are Monday - Friday mornings at Garfield Pool. Swim meets take place on Saturday mornings. Please visit www.mentormarlins.net for additional information.

# SPRAY PARKS

The City of Mentor offers two interactive spray parks, both open from 10 a.m. to 8 p.m. Water spray parks are free to park users. Instructions and rules are posted. Children need to be supervised by adults as there are no lifeguards or supervisors at the spray parks. It is recommended that aqua socks or other rubber soled shoes be worn.

# **Morton Community Park**

#### 9325 Rosemary Lane Open May 26 - August 12

This interactive spray ground is located at the entrance of Morton Pool. It includes ground sprays and two water cannons that can be activated by children themselves. This spray ground is closed when Morton pool is not open.

#### Walsh Spray Park

# 7221 Bellflower Road Open May 26 - September 4

Brightly colored and over 3000 square foot of spray ground fun, Walsh Spray Park has three large ground sprays, two interactive elephant water cannons, a donut spray, two activation bollards, a flower shower, and a sunflower spray. The water features are self-activated which allow young children to turn the water on for themselves

# **RENT A POOL**

What a way to celebrate summer! Don't wait for an invitation - plan your own private party at Civic Center or Morton pool. Birthdays, family gatherings, sport team celebrations...any excuse will do. To inquire on specific dates, please call the Recreation Office at (440) 974-5720. At least one week advance notice is required to book a reservation. To receive the resident rate, you must show proof of residency which includes a current utility bill and photo ID. Every person attending your private rental will be counted and included in your total, both swimmers and non-swimmers. Please remember that alcohol is not permitted at any of our aquatic or park facilities and we reserve the right to check coolers and bags at entry.

#### Civic Center Pool

Our largest pool, Civic Center is available for groups of up to 600 people. Rent from 8-10 p.m. any day of the week.

2 hour rental	Resident	Nonresident
150 people or less	\$370	\$450
151 people or more	\$500	\$600

# Morton Pool

Rent Morton Pool from 8 - 10 p.m. any day of the week. This pool can accommodate groups up to 200 people

2-hour rental	Resident	Nonresident
	\$250	\$300





# SUMMER CAMPS

# **About Our Camps**

Mentor Parks & Recreation is dedicated to providing an outstanding, fun and safe camp environment and experience for all those who participate. We offer exciting camp experiences across many areas of interest designed to promote physical activity, teach new skills, and challenge kids to reach and grow and to make new friends. To accomplish these goals while maintaining safety, affordability and convenience, we rely on a well-trained staff of adults and college students who have a passion for working with young people. Here's a little more about our staff: Staff members are primarily adults and college students; a few high school students assist

- All staff members are CPR and first aid certified
- Staff are knowledgeable and well-trained
- All staff members go through criminal background checks before they are hired
- Emergency and safety procedures are reviewed on a regular basis
- Staff members are available to answer your questions at any time
- We maintain low staff to camper ratios to provide the best experience possible

# Registration

Camp registration began on January 28 for Mentor residents and January 29 for nonresidents. All camps require advance registration. Registration for camps generally closes the Wednesday before it is scheduled to begin so that our staff can prepare necessary paperwork, verify supplies and maintain the correct staff to camper ratios. Registration will not be accepted the day a camp begins.

# **How to Register**

Online: www.cityofmentor.com/departments/parks-recreation/registration

By Phone: (440) 974-5720 Monday - Friday, 8 a.m. - 5 p.m.

In Person: Recreation Department: 8500 Civic Center Blvd., Mentor

Mentor Ice Arena: 8600 Munson Rd., Mentor (skating camps)

Mail In: Mentor Recreation Department, 8500 Civic Center Blvd.,

Mentor, Ohio 44060

# **Camp Deposit**

When registering Civic Center Day Camp, Operation or Outrageous Fun Camps, parents have the option to pay \$25 of the camp fee per week as a deposit and have until May 17 to pay the balance on each week for which they've registered. To register for a camp by deposit, please contact the Recreation Department office at (440) 974-5720. The deposit option is not available for online registration.

# **Communication with Campers and Parents**

About four days before each of our camps is scheduled to begin, parents and campers can expect to receive information by email with a reminder of where camp is held, what to bring, as well as any updated information you might need to make your camp experience the best. You will also receive an Information and Emergency Form that will need to be completed and turned in to the camp director the first day of camp. It is important that parents provide a valid email address upon registration so that we can deliver this important information to you.

# **Camp Changes**

On rare occasions, we may need to change the start time or location of a camp. We contact registered participants as soon as possible by phone and/or email to notify of any changes affecting a camp in which your child is registered.

# What To Bring/Wear/Remember for Camp:

For all camps: Wear loose, comfortable clothing and tennis shoes (no sandals) each day. Also, to stay properly hydrated, each participant will need to bring a water bottle with his/her name on it to camp every day. For outdoor camps, please apply sunscreen 30 minutes before arriving at camp.

# **Volunteering**

Mentor Recreation offers a Lend A Hand For Summer volunteer program for young adults over the age of 14 and having completed 9th grade. Opportunities are available to volunteer at Civic Center Day Camp, Garfield Play Camp, Camp Wildwood, and with our Learn to Swim lessons and special events. Interested volunteers must apply and be selected to participate in this program. An application and detailed information is available at www.cityofmentor.com

# TRADITIONAL CAMPS

# CIVIC CENTER DAY CAMP

Grades K -1; 2 -3; 4-5

Register early! Weekly maximum is 40 campers and we fill often! Our largest and most popular day camp, Civic Center Day Camp has three different age-based camps: Superstars are children having completed grades K & 1; Ventures have completed grades 2 & 3; and Explorers are children having completed grades 4 & 5. Camp Staff: Recreation Staff

Location: Civic Cepe Plane Monday - Friday, January D.m.

Camp Dates	Superstar	Venture	Explorer
June 3 - 7	Fun N Stuff	Fun N Stuff	Fun N Stuff
June 10 - 14	Adrenaline Monkey	Adrenaline Monkey	Adrenaline Monkey
June 17 - 21	Zoo	Zoo	Zoo
June 24 - 28	Mitchells/Aquarium	Indians Game	Indians Game
July 8 - 12	Zip City	Zip City	Zip City
July 15 - 19	Clay's Water Park	Clay's Water Park	Clay's Water Park
July 22 - 26	Science Center	Science Center	Science Center
July 29 - Augus	st 2 Sky Zone	Sky Zone	Sky Zone
Resident: \$120 / Nonresident: \$140			

# OPERATION OUTRAGEOUS FUN

Grades 6-7

Register early! Weekly maximum is 32 kids and we fill often! Operation Outrageous Fun is not your average camp experience! Just for kids having completed grades 6 and 7, O.O.F. has all the fun of day camp but dialed up to include many more activities, more time to hang out with friends, and some really cool field trips kids will be talking about all summer.

Camp Staff: Recreation Staff Location: Civic Center Park

Monday - Friday, 9 a.m. - 3:15 p.m.

June 3 - 7 Dave & Busters June 10 - 14 Play Clev June 17 - 21 Pinnacle Woods June 24 -28 Indians Game July 8 - 12 Cedar Point July 15 - 19 Clay's Water Park July 22 - 26 Zip City July 29 - August 2 Kalahari Resident: \$154 / Nonresident: \$174



Ages 5-12

# RISE & SHINE / COOL DOWN CAMP

Ages 5-12

Mentor Recreation offers extended care for children enrolled in the Civic Center Day Camp and Operation Outrageous Fun. Rise & Shine camp, 7:30 - 9 am, includes activities like wake-up walks, quiet games and activities and time for breakfast (bring your own), Cool Down camp, 3:15 - 5:30 pm, includes activities such as arts and crafts, games and activities and swim time at Civic Center Pool. A snack and drink are provided at Cool Down Camp. Pick up from Cool Down camp is generally at Civic Center Pool. Please note that registration closes the Wednesday before each camp week begins.

Camp Director: Recreation Staff Location: Civic Center Amphitheater

Rise & Shine Cool Down, 3.15 - 5:30 pm

June 3 - 7 June 10 - 14 June 17 - 21 June 24 - 28 July 8 - 12 July 15 - 19

July 22 - 26 July 29 - August 2

Rise & Shine: Resident: \$28 / Nonresident: \$34 Cool Down: Resident: \$28 / Nonresident: \$34

PLAY CAMP Ages 4-6

Just for ages 4 - 6, Garfield Play Camp provides organized play and activities designed to provide campers an opportunity to interact with children their own age in the exciting atmosphere of Garfield Park and Pool. Play Camp includes games, arts and crafts, stories, nature activities, and swimming.

Location: Garfield Park Pavilion Monday - Friday, 9:30 - 12:40 pm

June 3 - 7 June 10 - 14 June 17 - 21 June 24 - 28

July 8 - 12 July 15 - 19 July 22 - 26 July 29 - August 2

Location: Garfield Park Pavilion Resident: \$64 / Nonresident: \$77

# KID QUEST CAMP

Ages 6

Calling all brave adventurers, fearless explorers, and imaginative creators to Kid Quest! Take a break from your other summer activities and come join us for a unique camp that combines hands-on S.T.E.M. activities and crafts with games and outdoor experiences. Each week offers campers a wide array of opportunities: activate your imagination as you survive in the desert, hunt for treasure like a pirate, explore space, dig up dinosaur bones, construct, create, and demolish. There is something for everyone at Kid Quest Camp! And to top it off: swimming every Friday at Garfield Park! Please have campers dress appropriately for the weather and bring a lunch every day. Campers must have completed Kindergarten.

Instructors: Recreation Staff

Location: Wildwood Cultural Center

Monday - Friday, 9 a.m. - 1 p.m.

June 3 - 7 It's a Jungle Out There!
June 10 - 14 Mission: Space Exploration

June 17 - 21 Yo, Ho Pirates!

June 24 - 28 Fur, Feathers, and Forest Life
\*July 1 - 5 Construction Demolition
July 8 - 12 Amazing Artist
July 15 - 19 Diggin'up Dinosaurs

July 22 - 26 Dangerous Desert
July 29 - August 2 Polar Expedition

Resident: \$75 / Nonresident: \$90 \*July 1-5 Resident: \$60 / Nonresident: \$72

# **SPORTS CAMPS**

# COOL BLADES ICE SKATING CAMP

Cool Blade Skating Camp is for all skaters, even those with no experience can join our skating camp. Lessons will be given along with time spent creating a performance to show off your child's new skills at the end of the week. Campers will also have a chance to play on ice soccer, broomball and baseball! Please know each week will have a performance at 2:30pm on Friday.

Camp Staff: Arena Staff Location: Mentor Ice Arena Monday - Friday 9 a.m. - 3:15 p.m. Camp Dates

June 10 - June 14 June 17 - June 21 June 24 - June 28 July 8 - July 12 July 15 - July 19

Resident: \$120 / Nonresident: \$140

# CLEVELAND INDIANS YOUTH BASEBALL BIG

LEAGUE EXPERIENCE CAMP Ages 6-12\*

Learn to play 'The Indians Way' in a safe, fun environment! Led by former Major Leaguer and Mentor native Matt Kata, Indians Youth Baseball camps are the ultimate developmental experience for youth baseball and softball players in Northeast Ohio. 4 days of on-field instruction covering the same basic fundamentals that Indians players work on every day - hitting, throwing, fielding, and baserunning. On the 5th day, campers will take a bus to spend the day at Progressive Field where they will receive a behind-the-scenes tour of the ballpark, play catch on the field (weather permitting), have lunch, and finish the day with a player meet and greet with a current Indians player. Campers receive an Indians t-shirt and hat, camp workbook, and a voucher for two tickets to an Indians game. Please note: ALL REGISTRATION FOR THIS CAMP MUST BE COMPLETED AT WWW.INDIANS.COM/ YOUTHBASEBALL prior to May 26. Child must turn six before the first day of camp. Camp Director: Matt Kata, Mgr. of Youth Baseball Development for Cleveland Indians Location: Garfield Park

June 3 - 7 Monday-Friday 9 am -3 pm

(Friday check-out is at 1:30pm)

Resident/Nonresident: \$295

# JUNIOR ROOKIE HOOPS BASKETBALL CAMP

Ages 5-8

This program was developed to give children a positive first step into athletics. Learn the exciting game of Basketball with Rookie Athletics. Through specialized skill drills and games; your young athlete will have a great time learning the fundamentals while becoming game ready. See improvement in defensive ability, shooting form, passing technique, and ball handling skills. While also advancing game play knowledge and movement. Please bring a snack and a water bottle. Please wear appropriate clothing, water bottle, running shoes and sunscreen. Each participant receives a camp T-Shirt.

Location: Walsh Park Basketball Court Director: Rookie Athletics Staff

July 15 - 18 Monday - Thursday 8:30 - 11:30 am

Resident: \$120 / Nonresident: \$144

# ROOKIE HOOPS BASKETBALL CAMP Ages 9-14

Learn the exciting game of Basketball with Rookie Athletics. Through specialized skill drills and games; your young athlete will have a great time learning the fundamentals while becoming game ready. See improvement in defensive ability, shooting form, passing technique, and ball handling skills. While also advancing game play knowledge and movement. Please bring a snack and a water bottle. Please wear appropriate clothing, water bottle, running shoes and sunscreen. Each participant receives a camp T-Shirt.

Location: Walsh Park Basketball Court

Director: Rookie Athletics Staff

July 15 - 18 Monday - Thursday Noon - 3:00 pm

Resident: \$120 / Nonresident: \$144



# SOCCER CAMP

# Ages 6-12

Mentor Recreation will help you get ready for the fall soccer season with this instructional soccer camp for boys and girls. Emphasis is on skill development, teamwork, and sporting conduct. Coaches will use circuit training to teach soccer fundamentals such as heading, ball collection, passing, shooting, and dribbling. Campers practice and develop skills in age and ability appropriate learning groups. Camp provides opportunities for both beginning and advanced players to improve and enhance their soccer playing abilities and be ready for the field this fall. Smallsided matches will be played daily.

Camp Director: Mentor Soccer Club

Location: Krueger Park

July 22 - July 26 Monday - Friday 9:30 - 11:30 a.m.

Resident: \$60 / Nonresident: \$72

# BEGINNER FENCING CAMP

**Ages 8-Adults** 

Zorro won't hold a candle to you after you learn the fundamentals of modern foil fencing in this new day camp for kids ages 8 and older. You'll learn stretching, footwork, lunges, attack, parry-riposte, strategy, tactics and bouting. Fun and safety are emphasized while developing hand-eye coordination, agility, dexterity and stamina as well as social skills and manners. All equipment is provided, so come out and try something new. Please wear loose, comfortable clothing and tennis shoes. Bring a water bottle with your name on it, too.

Camp Director: Tom Nagy

Location: Mentor Beach Park South Room July 8 - 12 Monday - Friday

Resident: \$69 / Nonresident: \$85

9 - 11 a.m.

# INTERMEDIATE FENCING CAMP

Ages 8-Adults If you've already studied basic fencing, this intermediate camp will help you learn more about the growing sport of fencing. This camp begins where beginning fencing ends, concentrating on developing additional parry strategies, bouting and learning more about penalties and how they affect competition. Please wear loose, comfortable clothing and tennis shoes. Bring a water bottle with your name on it, to

Camp Director: Tom Nagy

Location: Mentor Beach Park South Room

July 8 - 12 Monday - Friday

Resident: \$69 / Nonresident: \$85

11:30 - 1:30 p.m.

# BUMP, SET, SPIKE - VOLLEYBALL FOR

**BEGINNERS** 

Ages 8 -12

Bump, set and spike your way through this camp as you learn the basics of volleyball. Camp director Branden Keeper and his staff will help beginner players learn rotation, positions, scoring and more to develop strong volleyball skills. Each camper will receive a camp shirt.

Camp Director: Branden Keeper

Location: Lost Nation Sports Park, 38630 Jet Center Pl, Willoughby

Monday - Friday 8:30 - 10:15 a.m. July 8 - 12

Resident: \$57 / Nonresident: \$68

# SERVING, STRATEGY & MORE -

# VOLLEYBALL CAMP

Ages 9-14

If you've got volleyball experience, this camp led by director Branden Keeper will help you refine your skills and prepare for competitive volleyball. Campers will practice and develop skills in age and ability appropriate learning groups. Each camper will receive a volleyball camp shirt.

Camp Director: Branden Keeper

Location: Lost Nation Sports Park, 38630 Jet Center Pl, Willoughby

10:30 a.m.- 12:15 p.m. July 8 - 12 Monday - Friday

Resident: \$57 / Nonresident: \$68

# VOLLEYBALL FOR ADVANCING PLAYERS

Ages 9 -14

If you've played on a team or have participated in previous camps, this camp will help you refine your skills and prepare for more competitive volleyball. Campers will practice and develop skills in age and ability appropriate learning groups. We'll work on cardiovascular conditioning, jump drills and plyometrics too to develop strength and agility.

Camp Director: Branden Keeper

Location: Lost Nation Sports Park, 38630 Jet Center Pl, Willoughby

July 8 - 12 Monday - Friday 12:45 p.m - 2:30 p.m.

Resident: \$57 / Nonresident: \$68

# TRACK AND FIELD CAMP

Ages 7-14

At Track Camp, you will gain experience in track and field events including sprints, hurdles, relays, high jump, long jump, and shot put. They will learn about each event through circuit training and will be grouped by age and experience. Campers receive a track camp T-shirt. Camp provides an excellent opportunity for all 7 - 14 year olds to prepare for the City of Mentor Junior Olympic Track Meet on Friday,

Camp Director: Rob Grove

Location: Mentor High School Stadium

June 17 - 20 Monday - Thursday 9 am - 11 am

Resident: \$53 / Nonresident: \$64

# PRESCHOOL CHEERLEADING CAMP Ages 4, 5 & 6

Preschoolers learn skills that are the foundation of physical movement, coordination and body awareness while they are creatively having fun learning preschool cheers, chants, motions, jumps and tumbling. On the last day of this 8-hour camp, our cheerleaders will present a "picture perfect moment" pep rally for family and friends! Wear tennis shoes and bring identified pompoms. Morning campers bring identified water bottle and lunch, and afternoon campers bring snacks and beverage. A \$5 insurance fee is due to instructor the first day of camp.

Camp Director: Northshore Preps Staff

Location: Garfield Park Lounge

June 17 - 20 Monday - Thursday 10:30 a.m. - 12:30 p.m. July 22 - 25 Monday - Thursday 1:00 p.m. - 3:00 p.m.

Resident: \$54 / Nonresident: \$66

# CHEERLEADING, JUMPS AND TUMBLING CAMP

Grades 1-3

Cheerleading is more than cheers, chants and motions. Jumps and tumbling are the skills that make cheerleading a sport! PREPS offer qualified professional, safety-conscious gymnastic instructors to teach these skills. We teach cheers and chants with motions and jumps as well as all the tumbling skills needed for today's cheerleaders. Wear tennis shoes and bring identified pompoms. Bring identified water bottles and healthy snacks. AM campers bring lunch. A \$5 insurance fee is due to instructor the first day of camp.

Camp Director: Northshore Preps Staff

Location: Garfield Park Lounge

Monday - Thursday 1:00 p.m. - 3:00 p.m. June 17 - 20 July 22 -25 Monday - Thursday 10:30 a.m. - 12:30 p.m.

Resident: \$54 / Nonresident: \$66

# HUMMINGBIRDS SOCCER

Children have fun and learn the basics of soccer in an age-appropriate program. Players learn dribbling, passing, trapping, shooting, defending, and positioning. Each session consists of instruction in all aspects of the game, participation in fun drills designed to teach skills, and fun, low-key, non-competitive games. Instructor: JumpStart Sports

Location: Wildwood Cultural Center

Ages 3 & 4

June 17 - July 22 Monday 6:00 - 7:00 p.m. Ages 5 & 6 June 17 - July 22 7:00 - 8:00 p.m. Monday Resident: \$75/ Nonresident \$90



# TUMBLING CAMP FOR GYMNASTS &

CHEFRI FADERS

Grades 3-7

Good tumbling skills are a must for today's cheerleader. Tumbling skills will include cartwheels, round offs, front and back handsprings, dive rolls and handstands. This 8-hour camp will also include cheers and jumps. Wear leotard or loose clothing with no belts and shirts that will stay tucked in. Bring identified water bottle and healthy snacks. A \$5 insurance fee is due to instructor the first day of camp.

Camp Director: Northshore Preps Staff

Location: Taft Elementary, 1580 E. 332nd St., Eastlake

Grades 3 - 5

July 15 - 18 Monday - Thursday 1:00 p.m. - 3:00 p.m.

Grades 6 - 7

July 15 - 18 Monday - Thursday 3:15 p.m. - 5:15p.m.

Residents: \$54 / Nonresident \$66

# **DISCOVERY CAMPS**

**ARTISTS CAMP** 

Calling all young artists! Start your summer off with a week filled with fun and creativity. Art educator and creative artist Jacqui Spetrino will guide you in developing your drawing skills while experimenting with a variety of fun art mediums. You'll bring home five unique works of art that your parents will cherish for a lifetime! We'll end the week with an art show so you can show your family all the wonderful work you've created!

Instructor: Jacqui Spetrino

Location: Community Center Woods Room

Monday - Friday June 3 - 7 9 - 11:30 am June 3 - 7 Monday - Friday 1 -3:30 pm June 10 - 14 Monday - Friday 9 - 11:30 am June 10 - 14 Monday - Friday 1 -3:30 pm

Resident: \$104 / Nonresident: \$125

# GRANDPARENT & ME CAMP Ages 5+ w/Grandparent

Grandparents and their grandkids can explore summer camp together in this intergenerational camp experience. Meet at Wildwood Cultural Center the first two days and participate in games and activities, create a variety of arts & crafts, and go exploring in outdoor adventures together. The last day will be spent at the Mentor Lagoons Nature Preserve & Marina where kayaking, nature walks, a hayride and campfire will complete the experience. This is a memory that your grandchildren will cherish forever! Price of camp is per person.

Camp Director: TBA

Location: Wildwood Cultural Center & Mentor Lagoons Marina

July 24 - 26 Wednesday - Friday 9 am - 1 pm

Resident: \$57 / Nonresident: \$68

# NATURE CRAFT 1.6

Ages 7-12

Find the tools, learn the crafts, and use your Mine Craft know-how in real life. You and your group will design your skins and then fill your packs with all the artifacts (like pickaxes, flint, compasses, granite, maps and more) that you will need to explore, create and survive in the lagoons biome. We'll forage for food, make fires, build shelters and even outsmart the creepers on our night hike (tentatively scheduled for Thursday evening). Be prepared though with insect repellent, sunscreen and water gear, we'll be hiking, swimming, kayaking while we build our own community outside of the video game!

Camp Director: Michelle Haag

Location: Mentor Lagoons

July 9 - 12 Monday - Friday 9:15 am - 12 pm July 9 - 12 Monday-Friday 12:30 pm - 3:15 pm

Resident: \$73 / Nonresident: \$94

# **BOATING CAMP**

Ages 10-14

During this hands-on boating program, students learn the basics of how to paddle a kayak and canoe, row a row boat, sail a sailboat, and drive a small electric motor boat all in one action packed week!

PFD training, water safety, navigation rules, rigging boats, capsizing drills, and wind orientation will be taught. Families are invited to watch campers show off their new skills at our annual regatta on the last day.

Camp Director: Michelle Haag

Location: Mentor Lagrangian Location: Mentor Lagrangian Location (Company)

9:15 am - 3:15 pm

Resident: \$127 / Nonresident: \$152

# **NEW!** ECOHEROS

Ages 10-15

Join our group of nature explorers as we look into environmental issues in our community and learn skills of some of the scientists that help solve them. You will practice techniques of water testing, air and soil quality investigation and sampling and categorizing biota from various ecosystems in the lagoons and marsh areas. The evidence our teams collect will help inform real decisions about best practices in this area and how we can protect our local resources.

Location: Mentor Lagoons Marina

July 22 - 25 Monday - Friday 9:15 am - 3:15 pm

Resident: \$127 / Nonresident: \$152

# X-TREME SCIENCE CHALLENGE CAMP

Discover the exciting world of science with fun, hands-on challenges. Instructor Branden Keeper will guide you through a new science challenge each day. Through hands-on experience and problem solving, you'll learn about material strength, propulsion, acceleration, forces, and pressure. Students will work in a kid friendly, collaborative team environment. At the end of each day the teams will compete in a science challenge. Challenges will include the Egg Drop Survival, the Paper Tug-of-War, and the Catapult Launch along with other fun challenges. Get ready to have some fun!

Camp Director: Branden Keeper Location: Community Center

Monday - Friday June 17 - 21 9 - 11 am

Resident: \$70 / Nonresident: \$84

# SUPERHERO ACADEMY

Ages 4-6

Look up in the sky, it's a bird, it's a plane, it's YOU! Join us for a week for of Superhero adventures! We will create our own superhero outfits, come up with our superhero names and learn how to defend the universe against villains. All while having fun outdoors doing superhero obstacle courses, crafts and games! Campers should bring a superhero snack and water bottle with their name on it.

Camp Director: Branden Keeper

Location: Walsh Park

July 22 - 26 Monday - Friday 9 - 11 a m

Resident: \$57 / Nonresident: \$67

# WILDWOOD THEATRE CAMP

# Ages 7-15 Students entering grades 3 and up

Discover the world of theater involving acting, role playing, audition techniques, make-up and basic set building. Camp will evolve from the campers and their talents. It will be FUN and IMPROVISATIONAL. Theater Camp will produce a stage presentation for friends and family during the last week of camp. This revue will feature each and every one of our stars. Each session is 3 weeks long. \*\*\* No Camp Wednesday, July 4.

Director: Steve Couch

Location: Wildwood Cultural Center

June 3-21 Monday - Friday 9:00 a.m. - 1:00 p.m. Resident: \$244 / Nonresident: \$298

July 1-19\*\*\* Monday - Friday Resident: \$234 / Nonresident: \$283

July 22 - August 9 Monday - Friday 9:00 a.m. - 1:00 p.m.

Resident: \$244 / Nonresident: \$298

9:00 a.m. - 1:00 p.m.



# FUN IN THE KITCHEN COOKING CAMP FOR KIDS

Ages 8-12

Allow the budding chef in your household the chance to be immersed in the world of cooking. From breakfast to dessert your junior Julia Child or Wolfgang Puck will get plenty of hands on experience in the kitchen with food to bring home and share with family. Food and materials fee \$30.00, lunch included daily.

Instructor: Judi Strauss Location: Wildwood Kitchen

July 8 - 11 Monday - Friday

y 1-3 p.m.

Resident: \$84 / Nonresident: \$101

# KID'S CRAFTY CAMP

Age 6-12

In this camp your child will learn a wealth of fun and easy crafts for all year round. Planting, paper crafts, seasonal gifts and decorations, needlepoint key chains and much, much more. Each day your child will have at least one finished project to bring home and they will receive directions for dozens of additional projects. Material fee of \$20 due on first day of camp.

Instructor: Judi Strauss Location: Wildwood Kitchen

July 29 - August 1 Monday - Thu

Monday - Thursday 1-3 p.m.

Resident: \$50 / Nonresident: \$61

# BRICKS 4 KIDZ: CAMP MASH UP

Ages 7+

Do you like building with LEGO bricks? Do you like Minecraft, Pokeman, Super Heroes, Star Wars or Harry Potter? Well this camp is for you. Each day the camp will have a different popular theme. Don't worry, this camp will still have the mechanical builds that Bricks4Kidz is known for along with daily craft project. Spend a week building fun with us.

Instructor: Janice Buildt bricks 4 Kidz Location: Wildwood Craft Room

August 5 - 9 Monday - Friday 1:30 - 4:30 p.m.

Resident: \$165 / Nonresident: \$180

# STOP MOTION CAMP

Ages 10+

Light, cameras, LEGO® action! Use LEGO® bricks to tell YOUR story, complete with music, special effects and all your favorite LEGO® mini- figure characters! In this unique and creative camp, students will plan, script, stage, shoot, and produce their own mini-movie using Stop Motion Animation. Working as a team, students will use LEGO® components to build the set and props, then shoot their movie using a camera. Teams will use movie-making software to add special effects, titles, credits and more. When the movie is complete, campers will impress friends and family with a screening party on the last day of camp. Don't miss your chance to be a movie producer! LEGO® is a registered trademark of the LEGO® Group of companies which does not sponsor, authorize or endorse these programs.

Instructor: Janice Buildt bricks 4 Kidz

Location: Wildwood Blue Room

July 22 - 26 Monday - Friday

1:30-4:30p.m.

Resident: \$225 / Nonresident: \$240

# DANCE CAMP: THE ROYALTY OF FAIRYLAND

Ages 3-6

A camp for dancing princes and princesses in an enchanted land far, far away. Have a ball in the dance class, a royal tea party for snack time, art projects suited for a prince and princess, a fairyland skit, and fun dancing games. Your prince or princess can let their imagination dance free within this magical camp. Mini-Show performance on Friday at 11:30 a.m. for families, allowing these princes and princesses to show off their dancing, acting, and art creations that they've completed.

Instructor: Dance To EvOLvE Location: Wildwood, South Wing

June 24 - 28 Monday – Friday 9:00 a.m. - 12:00 p.m.

Resident: \$130/ Nonresident \$145

# DANCE CAMP: CALLING ALL SUPERHEROES

Ages 3-7

It's a bird, it's a plane, it's a dancing Superhero! This is a high-energy non-stop camp is catered towards the unmatched energy of a hero or heroine. Superheroes will get to show off their hip hop dancing powers that includes a hip hop dance class, art projects, creating a Superhero skit, and games like scavenger hunts and obstacle courses. Here is your Superhero's chance to save the day! Performance on Friday. Instructor: Dance To EvOLVE

Location: Wildwood, South Wing

August 12 - 16 Monday - Friday 9:00 a.m. - 12:00 p.m.

Resident: \$130/ Nonresident \$145

# LITTLE HIP HOP AND TUMBLE

Ages 3-5

Children will perform hip hop moves to upbeat "kid-friendly" music and enjoy games and activities while learning beginner through intermediate level tumbling skills. This class promotes the development of coordination, strength, flexibility, balance and spatial awareness. Each session will end with a performance for family and friends.

Instructor: Communities in Motion

Location: Garfield Lounge

 June 3 - 24
 Monday
 4:30 - 5:15 p.m.

 July 8-29
 Monday
 4:30 - 5:15 p.m.

 Resident: \$59 / Nonresident: \$74

# PRESCHOOL BALLET

Ages 3-5

Children will have fun with ballet moves and their favorite Princess songs. Here you will learn basic ballet terminology, positions, stretching, balance and coordination exercises. Ballet or princess Attire if desired.

Instructor: Communities in Motion

Location: Garfield Lounge

 June 3 - 24
 Monday
 5:15 - 5:45 p.m.

 July 8-29
 Monday
 5:15 - 5:45 p.m.

 Resident: \$49 / Nonresident: \$62

# ITTY BITTY BALLET

Ages 2-3

This class is designed for the tiny dancer and parent/caregiver. The class is full of fun songs and will give your little dancer exposure to ballet without the structure of Preschool (Princess) Ballet. Come enjoy the class in your favorite ballet outfit. Instructor: Communities in Motion

Location: Garfield Lounge

 June 3 - 24
 Monday
 5:45 - 6:15 p.m.

 July 8-29
 Monday
 5:45 - 6:15 p.m.

 Resident: \$49 / Nonresident: \$62

# MOVE AND GROOVE WITH ME

Ages 1.5 -3

Our soundtrack of fun songs will delight your preschoolers. This pre-dance and tumble program promotes coordination, strength, flexibility and spatial awareness. Instructor will work individually with students at each class.

Instructor: Communities in Motion

Location: Garfield Lounge

 June 3 - 24
 Monday
 6:15 - 6:45 p.m.

 July 8-29
 Monday
 6:15 - 6:45 p.m.

 Resident: \$49 / Nonresident: \$62

# CHEER/HIP HOP/TUMBLE

Ages 6-9

Would you like to learn some cool cheers and moves? Come join in the fun of this cheerleading class as we do cheers, arm motions, dance, jumps, conditioning moves and tumbling skills - beginner thru intermediate. This type of class is beneficial because the skills worked on assist the development of coordination, strength, flexibility, balance and spatial awareness. Each session will end with a performance for family and friends.

Instructor: Communities in Motion

Location: Garfield Lounge

June 3 - 24 Monday 6:45 - 7:30 p.m.

July 8-29 Monday 6:45 - 7:30 p.m.

Resident: \$59 / Nonresident: \$74





# SPECIAL EVENTS

There are many opportunities to become involved in the events produced by Mentor Parks & Recreation through sponsorship and advertising. Call Ante Logarusic at (440) 974-5794 or logarusic@cityofmentor.com

# MEMORIAL DAY WALKING PARADE & CEREMONY

# Monday, May 27, 10 a.m., Mentor Cemetery

Join the City of Mentor as we pay tribute to those who have served our country. Parade units gather in the Heinen's parking lot at 9 a.m. Step-off for the solemn processional begins at 9:30 a.m. and follows Mentor Avenue to Hopkins Road to Mentor Cemetery. Groups wishing to participate in the parade and/or memorial services should call the Recreation Department at (440) 974-5720 before May 11.

# JUST KIDS STUFF GARAGE SALE

# Thursday, May 16, 9 a.m. - 12 p.m., Garfield Park Pavilion

Clean out the toy boxes, closets, and attics, and get ready for the Just Kids' Stuff Garage Sale. This is the biggest sale of children's items around, often featuring more than 70 vendors and more than 1,000 buyers. Reserve a city-owned table beginning April 1 for residents and April 2 for nonresidents or plan to set up your own table on a 10'x 10' space for the same fee, collected the morning of the sale. Please keep the following rules in mind when planning your sale: You may not sell out of your car, or hang items on clotheslines from the trees or pavilion. An adult must be present at each table. Residents should be prepared to show a currently utility bill and driver's license to receive the resident rate. Set up for the event begins at 7 a.m., no earlier. Look for information on the next Just Kids Stuff Garage Sale taking place September 14 in our Fall Parks & Recreation Guide delivered to homes in early August. Residents: \$20 / Nonresidents: \$25

# PASSPORT TO FUN

Ages 2 -12

# June 4 through August 10.

# Open to all Mentor Resident children ages 2 through 12 years

Visit six designated Mentor Playgrounds between June 3 and August 2 and receives a Passport to Fun t-shirt! Find the rubbing station in each park and rub the playground symbol into your PASSPORT with a crayon or pencil. Make sure your PASSPORT is complete. You can pick up your Passport to Fun at the Recreation Department between the hours of 8:00 & 5:00 beginning June 3.

# AQUATICS DATES TO REMEMBER

Pool passes go on sale April 1. See page 3 for early bird discount information. All pools and sprayparks open Sunday, May 26

# MENTOR JUNIOR OLYMPICS

Ages 6 -13

# Friday, June 21, 9 a.m. - 12:30 p.m., Mentor High School Track

This track meet is free to all children within the Mentor Public School district. Register on-site the day of the event. Athletes will be divided into boys and girls groups in the following NEW age categories: 6-7, 8-9, 10-11 and 12-13. Age divisions are based on the participant's birth date as of June 23, 2017. Children may participate in three events; 1 field event, 1 running event and 1 relay. Relay teams can be put together at the meet. Participants must wear tennis shoes. No spikes are permitted. Ribbons are awarded to first, second and third place. Event winners represent Mentor at the Lake County meet (date and location TBA), competing against event winners from throughout Lake County.

# ON TAP & UNCORKED: A CRAFT BEER AND WINE EXPERIENCE

# Saturday, June 22, 5-11 p.m., Civic Center Park

Join the City of Mentor and our partners at The Brew Mentor for our newest, tastiest special event! Sample amazing beers from more than 30 different local and national craft brewers and savor a variety of wines from local wineries. Learn all about this growing industry while listening to great music and indulging in some local food. This is a 21 and over event and all guests must show a valid ID to receive a wristband and admission to the event. Visit www.cityofmentor.com for a lineup of breweries and wineries, ticket pricing and registration options.

# JULY 4TH FIREWORKS DISPLAY

# Wednesday, July 4, Civic Center Park, 9:50 p.m.

Come and see this spectacular FREE fireworks display set to begin at approximately 9:50 p.m. Fireworks can be viewed from Civic Center Park and Mentor High School. Please observe the designated No Parking areas in the surrounding area. Continue the summer tradition with your family and spend an enjoyable evening at Civic Center Park.

# MENTOR'S GOT TALENT SHOW FOR KIDS!

Ages 4 -17

# Tuesday, July 9, 10 - 11:30 a.m., Civic Center Amphitheater

Calling all Stars!! Can you sing~ tell some jokes~ dance~ maybe know a couple magic tricks? If so, then this is the show for YOU! Join us at the Amphitheater to show off your talent. Small prizes will be awarded to each age group. Contest is for children ages 4 - 17. FREE! This is a free event but each child must pre-register by July 7.





# Saturday, July 20, 11 a.m. - 7 p.m., Headlands Beach State Park

This is NOT your typical day at the beach. Bring your friends and family and join the City of Mentor for the largest free beach party of the year!

- Watch 3 World Champion sand sculptors create amazing sculptures as they compete for the grand prize
- Stroll and shop dozens of arts and crafts vendors
- Enjoy music and strolling entertainment
- Watch beautiful performances by the Ohio Society For the Elevation of Kites
- Build sandcastles
- For kids create beach-related craft projects
- Enjoy delicious food such as pizza, tacos, ice cream, BBQ and more with a large selection of food trucks

Headland's Beach Fest is a family-friendly celebration of wind, water and sand. The event is held rain or shine. Free admission and parking. More information is available at www.headlandsbeachfest.com or by calling Mentor Recreation at (440) 974-5720.

# CHILDREN'S PET SHOW

#### Ages 12 and under

# Tuesday, July 23, 10 a.m., Civic Center Amphitheater

The annual Children's Pet Show is open to all Mentor youth age 12 and under. Bring your cat, dog, goldfish, bird, or other favorite pet to be judged in some of the following categories: smallest, largest, tallest, longest ears, most spots, best behaved, most colorful, best trick and more. Children may enter their pet in 2 categories. Please, only 1 pet per child. Contestants must be in total control of their pets at all times. Winners will receive prizes and all participants are eligible for door prizes.



# PLEASE VIEW OUR **WILDWOOD SECTION**, **PAGES 34-41**, FOR MORE CULTURAL EVENTS

# CHALK ART CONTEST

Ages 5 -16

Tuesday, August 6, 9:30 a.m. - 11 a.m., Civic Center Park Bike Path
Students living in the Mentor School District are invited to share their artistic talents with the community in this annual art contest. Contestants will be given a section of the bike path that is approximately 4'x 5' to create their masterpiece. Prizes will be awarded in four age groups: 5-7, 8-10, 11-12, and 13-16. Judging and awards follow the completion of the contest... Chalk will be provided, but if you want special colors, bring them. Registration begins at 9:15 a.m. for this free event.

Theme: "Mentor Rocks The Bears"

# DOGGIE DIP DAY

# Sunday, August 18, 1 - 4 p.m., Civic Center Pool

Civic Center Pool will officially be going to the dogs! Bring your favorite fourlegged pal for a dip and enjoy some good family fun! Dogs must be licensed and vaccinated, leashed when not in the pool, female dogs should not attend while in heat, and owners must be prepared for cleanup duty. You are welcome to bring dog toys. The cost is \$5 per dog.

# MENTOR CITYFEST TWO DAYS - ONE BIG EVENT

# Friday, August 23, 5 - 11 p.m. & Saturday, August 24, 12-11 p.m.

Mark your calendar for the biggest two-day event in northeast Ohio! More than 25,000 people attended this family-oriented, active event last year. We're working to bring exciting features to this year's festival. This is what we've got planned so far:

- Inflatables and more interactive games for kids and adults
- Huge assortment of delicious foods from more than 20 vendors
- Beer and wine gardens
- Friday night performance by King's Highway: Tom Petty Tribute
- Saturday night performance by E5C4P3: Journey Tribute
- Live strolling entertainment
- And much, much more!

Interested in sponsorship opportunities? Contact Ante Logarusic at logarusic@cityofmentor.com. Visit cityofmentor.com for the latest updates and volunteer opportunities.

# CITYFEST COLOR DASH & WALK IS NOT YOUR AVERAGE FUN RUN!

Mark your calendar for the most colorful event of the year - the Mentor CityFest Color Dash & Walk! Register now for this event taking place Saturday, August 24 at 6:00 pm at Civic Center Park. The 2.6-mile fun run and walk, which starts & finishes at Mentor CityFest, features seven different color zones to leave you festively decorated, flat terrain along the Civic Center bike path, and lots of encouragement in a fun, friendly environment. The CityFest Color Dash & Run is sponsored by the City of Mentor and Second Sole.

Registration includes a Color Dash & Walk t-shirt, post-race party, and fun in a festival entertainment. Pre-race registration fee is \$20 and \$25 the day of race. Registration and division information can be found online at www. GreaterClevelandXC.com or MentorCityFest.com.

Get updated information on Mentor CityFest and the Color Dash & Walk by connecting with us on Facebook, Twitter and Instagram.

# **MENTOR ROCKS!**

# Tuesdays, June 4 - August 27

Spend your summer with us! 12 weeks of phenomenal musical talent, delicious local food, and adult beverage. Bring your own lawn chairs and/or blankets: no chairs are provided. The concerts are FREE to the public and go on rain or shine. We have Great Entertainment booked - visit www.cityofmentor.com for more information

# MENTOR FARMERS MARKET

# Fridays, June 21 - September 27, 2-6 p.m.

Location: Eleanor B Garfield Park - 7967 Mentor Avenue Each week the Farmers Market hosts a specialized group of local vendors with a large range of products including locally grown produce, baked goods, vinegars, pastas, oils, tea, honey and so much more!

Join us on the last Friday of each month for Fantastic Fridays, where you will be able to shop a variety of local crafters too! Call Linda Wintersteller at Wildwood (440) 974-5735 for further information about becoming a vendor.

# MENTOR CRUISE IN

# Saturday, August 10, 10 a.m.-4 p.m.

Location: Civic Center Park
Vintage car buffs can spend a day
viewing classic cars and trucks at
the City of Mentor's Annual Classic
Cruise-In. With free admission,
spectators can enjoy reminiscing of
the good old days, while looking at
more than 800 vehicles. Registered



classic car owners will receive goodie bags & dash plaques (first 250 cruisers). Cruiser registration 8a.m. - 12p.m. No vehicles on site before 8 a.m. For more information, call (440) 974-5735. No Rain Date.







8900 Lake Shore Blvd. Mentor (440) 951-0010 www.blackbrookgolfcourse.com

# **Special Events**

# FREE GOLF CLINIC & OPEN HOUSE

# Sunday, April 28 11:00 a.m. - 12:15 p.m.

Get some professional help from P.G.A Professional Tim Ausperk and Associate Professional Jay Schiffbauer. They will put on a one-hour demonstration featuring full swing technique and short game along with some helpful information about our facility. Open to golfers of all ages and skill levels. Note taking is recommended and pre-registration is required. Call the course at (440) 951-0010 to register.

# MOTHERS DAY "MOMS" PLAY FREE

# Sunday, May 12

This Mother's Day treat your favorite mother to a free round of golf at Black Brook Golf Course. All moms play free when accompanied by another player. Call Black Brook Golf Course for tee times today (440) 951-0010. Cart not included. Offer valid on Sunday, May 13 only.

# FATHER AND CHILD BEST BALL

# Saturday, June 15. Tee times begin at 9:00 a.m.

Registration Required / Registration Deadline: June 10

Join us for the annual Father & Child Best Ball Tournament and share some time together before the big day! Fathers may play with as many as 3 children. Greens fee paid at Black Brook the day of the event. Divisions are determined by the age of the children. Divisions 10 & 11 and 12 & 13 play 9 holes. Divisions 14 & 15, 16 & 17, and 18 & up play 18 holes.

Registration Fee: \$7.00 per player. Green Fees and Cart Fees paid at the course the day of the event.

# CITY OF MENTOR JUNIOR GOLF CHAMPIONSHIP

# Monday July 15. Tee Times begin at 10:00 a.m.

Boys or Girls Divisions Ages 10 & 11, Ages 12 & 13 play 9 holes, Ages 14 & 15, Ages 16 & 17 play 18 holes.

A Champions trophy will be awarded to the lowest score in each division. Registration Fee: \$25.00 per player includes lunch. Entry deadline July 10.

# **EXCITING IMPROVEMENTS FOR 2019!!!!**

Our Bunker Renovation Project was completed in the Fall of 2018. Some bunkers were removed and turned into grass hollows, some new bunkers were added, and the ones that were kept were completely redone. All the bunkers are equipped with drainage and tour grade bunker sand. New mowing practices have also been implemented to better define fairways, tees, and roughs. Five new tees were also added. The golf course has undergone extensive improvements over the last few years and is in the best condition it has ever been in. Golfers need to come out and see it for themselves, we're sure you will be impressed.

# Rates April 15 - September 30

Monday - Friday	Resident	Non-resident
9 holes	\$13.00	\$13.50
9 holes - Sr./Jr.	\$10.25	\$10.75
18 holes	\$23.00	\$24.00
18 holes - Sr./Jr.	\$17.75	\$18.75
<b>Saturday &amp; Sunday</b>	<b>Resident</b>	<b>Non-resident</b>
9 holes	\$15.00	\$15.50
18 holes	\$26.50	\$27.50
<b>Monday - Friday</b> Special (with cart)	Resident	Non-resident
18 holes	\$27.50	\$28.50
18 holes - Sr.	\$23.50	\$24.50
Saturday after 12	<b>Resident</b>	Non-resident
18 holes w/cart	\$35	\$36

#### **Golf Cart Fees**

9 holes \$7.50 18 holes \$15.00

Practice Center		Practice Center	Discount Card	Save
Small Bag (40 Balls)	\$5.75	Six Small Bags	\$28.75	\$5.75
Medium Bag (55 Balls)	\$7.50	Six Medium Bags	\$37.50	\$7.50
Large Bag (90 Balls)	\$9.50	Six Large Bags	\$47.50	\$9.50

# **Family Friendly Course**

Black Brook Golf Course and Practice Center is designated as a Family Friendly Golf Course by the P.G.A. of America. Along with our regular tees we also have tees to make the course shorter in length providing a beginner friendly short course for beginners and juniors. Black Brook received a "Sticks for Kids Grant" that provided 10 sets of junior clubs which will be used for golf schools, camps, Jr. League, and general play on the course. Black Brook is trying to make golf more affordable for families by offering free golf to a junior when accompanied by a paying adult on Monday's, Tuesday's, Thursday's, anytime and weekends and Holiday's after 3:00 p.m. Limited to one junior per paying adult.

#### Tee Times

Black Brook Golf Course is now working with Teesnap to offer online tee time booking. Just visit www.BlackBrookGolfCourse.com for details. It's quick, easy, and very convenient. You and your friends will be able to see what times are available across several days to make scheduling a foursome easier. Of course, we're also happy to book your times if you'd like to call us at (440) 951-0010. A new free mobile app is also available to access a map of the course and hole descriptions and suggestions for play. You can also book your tee times with the app. Tee times can be scheduled one week in advance. Permanent weekend time can be booked upon request and are subject to availability. Groups of 20 or more may reserve times well in advance of intended play date and are encouraged to book as early as possible.

#### **Volunteer Opportunities**

Black Brook Golf Course has openings for volunteer starter and ranger positions. Interested individuals must be able to work one four-hour shift on the weekend and one shift during the week. Applications are available at Black Brook Golf Course, 8900 Lakeshore Blvd., Mentor. Please call Tim Ausperk, Golf Pro and Manager, at (440) 951-0010 for further information.





#### **Golf Outings**

Planning a golf outing? Black Brook Golf Course is a great place to schedule your group event. Our staff will tailor your outing to meet your needs! We can include a complete breakfast, lunch or dinner. Golfers are served on our covered pavilion overlooking our famous 18th hole. Groups of 50 or more receive a 10% discount Monday through Thursday or a 5% discount Friday through Sunday. To learn more about how we can make your outing a very special event, call (440) 951-0010

# Leagues - Would You Like to Join a Golf League?

Black Brook Golf Course has established Men's, Women's, Co-Ed, Senior, and Junior Leagues accepting new members for the 2019 season. Call the course for more information.

# Corporate Golf Clinic

Have you ever been invited to a golf outing but were bashful about participating because you don't know how to play? Would you like to feel comfortable on the course at company outings? Learn the fundamentals or fine tune your game with your employees, friends, or social group in this specialized clinic. Schedule a clinic with your group of 4 or more and learn the fundamentals of hitting a golf shot including iron play, driving, and short game. One of our P.G.A. Professionals would love to show you how. Your group will receive a 1 ½ hour clinic which includes rental clubs, practice balls, and meal from our grill afterwards (burger, hot dog, or brat with chips and a drink) Cost is \$20.00 per person. To set up a convenient time for your group call (440) 951-0010 and ask for one of our P.G.A Professionals.

# Black Brook Golf Academy Learn How to Play

The Black Brook Golf Academy offers every form of instruction to get students ready for play on the course. Besides our structured golf schools and camps, we can also structure a program to fit the needs of your family, business, or social group. Call one of our instructors at 440-951-0010 for more information.

#### Black Brook Golf Academy Instruction Staff

Tim Ausperk, P.G.A. Golf Professional and Manager Jay Schiffbauer, Associate Golf Professional and Assistant Manager



# **Golf Schools**

# BLACK BROOK GOLF ACADEMY PROFESSIONAL GOLF STAFF

It is time to get golf ready and play the best golf of your life. Now is the time to get golf ready with the Black Brook Golf Course instruction staff. Instruction includes fundamentals of golf including grip, stance, full swing, short game, putting, and etiquette. There is a maximum of 6 students per class for juniors and 8 students per class for adults. Balls and clubs are included in the price of the class, although students are encouraged to bring their own clubs. Proper golf attire is expected.

#### Juniors - Coed - Age 8 -14

Instructor: Associate Golf Professional Jay Schiffbauer Location: Black Brook Golf Course

Sessions: 5

 Sat, 9 - 10 a.m.
 April 13 - May 11

 Sat, 10:30 - 11:30 a.m.
 April 13 - May 11

 Sat. 9 - 10 a.m.
 May 25 - June 22

 Sat. 10:30 - 11:30 a.m.
 May 25 - June 22

 Sat. 9 - 10 a.m.
 July 6 - August

 Sat. 10:30 - 11:30 a.m.
 July 6 - August 3

Sat. 9 - 10 a.m. August 17 - September 14 Sat. 10:30 - 11:30 a.m. August 17 - September 14

Resident: \$72/ Non-Resident: \$85

#### Adults - Coed - age 15 and older

Instructor: Associate Golf Professional Jay Schiffbauer Location: Black Brook Golf Course

Sessions: 5

Tuesday, 5:30 - 6:30 p.m. April 9 - May 7

May 21 - June 18 July 9 - August 6

August 20 - September 17

Tuesday, 6:45 - 7:45 p.m. May 21 - June 18

July 9 - August 6

Thursday, 5:30 - 6:30 p.m. April 11 - May 9

May 23 - June 20 July 11 - August 8

August 22 - September 19

Thursday, 6:45 - 7:45 p.m. May 23 - June 20

July 11 - August 8

Resident: \$72 / Non-Resident: \$85

# LEVEL ONE GOLF

Ages 5-7

Just for kids ages 5-7, the clinic will give the junior the proper technique and tools to further their golf knowledge and prepare them to be golf course ready. Four 45-minute classes, with a maximum of five students per class. The class is done in a group setting with individual attention. A parent or guardian is required to be present at all classes. Students are encouraged to bring their own clubs. Proper golf attire is expected. Classes will fill quickly.

Instructor: Associate Golf Professional Jay Schiffbauer

Location: Black Brook Golf Course

Sessions: 4

 Sat. 12 - 12:45 p.m.
 April 13 - May 4

 Sat 1 - 1:45 p.m.
 April 13 - May 4

 Sat. 12 - 12:45 p.m.
 May 25 - June 15

 Sat 1 - 1:45 p.m.
 May 25 - June 15

 Sat. 12 - 12:45 p.m.
 July 6 - July 27

 Sat 1 - 1:45 p.m.
 July 6 - July 27

Sat. 12 - 12:45 p.m. August 17 - September 7
Sat 1 - 1:45 p.m. August 17 - September 7

Resident: \$40 / Non-Resident: \$48



# JUNIOR GOLF LEAGUE

# Thursdays, May 30 - August 1

Each Thursday morning in the summer, more than 100 juniors tee it up for 9 holes of golf in this program designed for the **experienced junior golfer**. The league includes instruction from the Professional Golf Staff, skills contests, character development, and regular course play. Entry fees are used for prizes throughout the season and a cookout on the final day. Play begins May 30th with the final day and annual cookout August 1. NO PLAY July 18th.

Greens fees paid weekly.

Instructor: Black Brook Golf Academy Instruction Staff

Location: Black Brook Golf Course

May 30 - Aug 1 Thursday 8:45 a.m. Age 12 - 18 May 30- Aug 1 Thursday 9:15 a.m. Age 10 - 14 Thursday 9:45 a.m. Age 10 - 14 May 30 - Aug 1 May 30 - Aug 1 Thursday 10:15 a.m. Age 10 - 14

League registration fee: \$49 / Greens Fees paid weekly

# JUNIOR GOLF LEAGUE SPECIALIZED GOLF

**PROGRAM** Ages 12-18 Do you want to try out for your High School Golf Team or play at a higher level? This specialized program is just for you. You'll have a 15-minute clinic with our pro

each week covering everything from playing, etiquette, character development, and rules, then golfers will play 9 or 18 holes and record their scores to establish a U.S.G.A handicap. Entry fees are used for prizes throughout the season and a cookout on the final day. The program is open to boys and girls ages 12 to 18 and is run by P.G.A. Professional Tim Ausperk. No play on July 181h.

Location: Black Brook Golf Course May 30 - Aug 1 Thursday 8:15 a.m.

League registration fee: \$49 / Greens Fees paid weekly

#### JUST FOR GIRLS JR. GOLF LEAGUE Ages 10-14

This league is designed for girls ages 10-14 to further their education on the fundamentals of golf and play on the course. Girls will receive a 15-minute clinic then go on the course for play. Girls can play as many holes as they would like to depend on their comfort level. Entry fees are used for prizes throughout the season and a cookout on the final day. Play begins May 30th with the final day and annual cookout August 1. NO PLAY July 18th.

Location: Black Brook Golf Course

May 30 - Aug 1 Thursday 10:30 a.m.

League Registration fee: \$49/ Greens Fees paid weekly

# 1 DAY JUNIOR GOLF CLINIC

Ages 12-18

If you have a son or daughter who is invested in the game of golf, then this is the perfect golf clinic for them. This clinic is designed for intermediate to advanced skill levels. This 1 ½ hour clinic will cover all aspects of the game, from long game to short game and golf course etiquette. We strive to build confidence, team building, and social skills as well as self-esteem at our Junior Clinics. Each player will be able to answer golf skill questions and to perform the skill in front of the group which exudes confidence in our junior golfers. This clinic is open to boys and girls 12 to 18 vears old. Clinic will be limited to 6 students.

Instructor: Associate Golf Professional Jay Schiffbauer

Location: Black Brook Golf Course

June 7 3 p.m. - 4:30 p.m. June 21 Friday 3 p.m. - 4:30 p.m. Friday 3 p.m. - 4:30 p.m. July 26

Resident \$30 / Non-Resident \$35

# **REGISTER ONLINE AT:**

www.cityofmentor.com

See page 43 for details

# JUNIOR GOLF CAMP

Age 8 -14

This 4-day golf camp will properly prepare the junior golfer to be golf course ready by teaching proper fundamentals of golf, rules and etiquette. The camp will mainly focus on full swing, short game, putting, etiquette and the rules of golf. The fee includes range balls. Campers are encouraged to bring their own clubs, or loaner clubs will be provided. Proper golf attire is expected. Camp will be limited to 6 students per class.

Instructor: Associate Golf Professional Jay Schiffbauer

Location: Black Brook Golf Course

#### Age 8 - 11

June 3 - June 6	Monday - Thursday	9 a.m 10:30 a.m.	
June 10 - June 13	Monday - Thursday	9 a.m 10:30 a.m.	
June 17 - June 20	Monday - Thursday	9 a.m 10: 30 a.m.	
June 24 - June 27	Monday - Thursday	9 a.m 10:30 a.m.	
Resident: \$122 / Non-resident \$138			

#### Age 12 - 14

June 3 - June 6	Monday - Thursday	11 a.m 12:30 p.m.
June 10 - June 13	Monday - Thursday	11 a.m 12:30 p.m.
June 17 - June 20	Monday - Thursday	11 a.m 12:30 p.m.
June 24 - June 27	Monday - Thursday	11 a.m 12:30 p.m.

Resident \$122 / Non-resident \$138





# ADULT FITNESS

# BARRE2PILATES

Ages 16 +

This invigorating barre based class combines isometric movements and stretching which use the largest parts of the body. This workout will raise metabolism and sculpt muscles. Exercising with Barre2Pilates will create balance, strength, and long lean lines using graceful movements. Come and experience our new Pilates workout center in the Garfield Ballroom with Barre2Pilates! Try our special promotion - unlimited classes on the days and times below for only \$89 a month or pay \$10 each time you drop in. Please be aware that the parking area may be very busy during the May and June baseball season.

Instructors: Barre2Pilates Location: Garfield Ballroom

 Monday
 9:15 - 10:15 a.m.

 Tuesday
 9:15 - 10:15 a.m.
 6:00 - 7:00 p.m.

 Wednesday
 9:15 - 9:50 a.m.
 6:00 - 7:00 p.m.

 Thursday
 9:15 - 10:15 a.m.
 6:00 - 7:00 p.m.

 Thursday
 9:15 - 10:15 a.m.

 Friday
 9:15 - 10:15 a.m.

 Saturday
 9 - 10 a.m.

 Resident/Nonresident: \$89/month, \$10 Drop-In

# **COMMUNITY YOGA**

Join us for Community Yoga, the best place to meet new friends and reacquaint yourself with your best friend (you). We practice the ancient art of traditional Hatha Yoga, breathing exercises, postures, relaxation and meditation. Community Yoga is suitable for all levels, from the new student to the experienced Yogi. Practicing Community Yoga helps us all to explore the passion and depth within ourselves; leaving us feeling stronger, more flexible, relaxed and self-aware, both in mind and body. Bring your Yoga questions, a small pillow and blanket and your sense of humor. Denise Brown is an experienced, compassionate instructor having taught in the Lake County area for over 18 years.

Instructor: Denise Brown Location: Old Council Hall

 May 9- June 13
 Thursday
 6:30-7:45

 June 20- August 8
 Thursday
 6:30-7:45

No class July 4 & 11

August 15- September 19 Thursday 6:30-7:45

Resident: \$48 / Nonresident: \$58

# CARDIO KICKBOXING

Adults 16 +

This class is designed to increase your stamina and flexibility, tone your muscles, lose weight, and strengthen your core. It's done utilizing martial arts techniques and a variety of other exercises. It's all done to music and non-intimidating. The goals are real but not without having fun achieving them. You will be amazed with what you are capable of! Come any Monday or Wednesday before signing up and try it out. See whether it's for you! Bring a water bottle and exercise matt to all classes and 3-5 pound weights on Wednesdays.

Instructor: Gary Remner (4th degree Black Belt Tai Kwon Do)

Location: Community Center / Ice Arena

 May 1-29
 Monday & Wednesday
 7:15 - 8:15 p.m.

 June 3-26
 Monday & Wednesday
 7:15 - 8:15 p.m.

 July 8-July 31
 Monday & Wednesday
 7:15 - 8:15 p.m.

 August 7-28
 Monday & Wednesday
 7:15 - 8:15 p.m.

Resident: \$42 / Nonresident: \$52

# AQUA ZUMBA

Ages 16 +

Aqua Zumba is a low-impact aquatic exercise that incorporates Zumba philosophy with traditional aquatic fitness disciplines. This class can benefit a variety of people from older adults, teens, pregnant women, those working to lose weight, and anyone trying to maintain their weight. Participants can expect to get a great workout with minimal impact on their joints and muscles. For those who do not know how to swim, this class will help boost confidence in the water. Please wear a swim suit and water socks and bring a towel. A limited number of walk-up spots may be available. The walk-up charge is \$10 per class. Wristbands will be issued to participants weekly.

Instructor: Bridgit McGuire Location: Civic Center Pool

June 17 - August 5 Monday 6 - 6:45 p.m.

Resident: \$47 / Nonresident: \$57

# LOOKING TO PLAY TENNIS?

Two summer tennis groups play at Garfield Park during the summer. Ladies meet and play on Mondays & Wednesdays between 9:00-10:30am. This scheduled open tennis time is open to all ladies of all ages and all levels. Contact Diane Crompton at (440) 255-5557 or Carol Nesnadny at (440) 255-1289 for additional questions. Men meet and play on Thursday between 9:30 - 11:00 a.m. All male players of all ages and abilities are welcome. Contact Clement Nesnadny at (440) 255-1289 with additional questions.

# SUNSET PIYO

Adults 16+

Get lean and defined with PiYo Live, a combination of Pilates and yoga-inspired moves, set to a faster pace as we work out in the glow of the summer sunset. PiYo combines the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility of flowing yoga movements. You'll even improve your balance and core power. We crank up the music, the speed, and the fun to give you an intense, low-impact workout that will burn crazy calories and sculpt your muscles. All fitness levels are welcome. Instructor Missy Jenkins is a health educator, group fitness instructor, and a mother of 3! She loves to help people of all fitness levels meet their goals. Class will be held indoors and outdoors.

Instructor: Melissa Jenkins Location: Mentor Beach Park

June 4 - July 23 Tuesday 7:30 - 8:30 p.m.

Resident: \$60 / Nonresident: \$72

# TURBO KICK/PIYO COMBINATON CLASS Adults 16+

Warm up with the hottest class in town! Missy will lead you through 30 minutes of Turbo Kick and 30 minutes of PiYo. These two class formats are the perfect mix of cardio, strength, core and stretching, to give your body an amazing workout. Turbo Kick combines kickboxing and simple dance grooves set to heart pounding dance music. You'll burn calories and have a blast! PiYo combines the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility of flowing yoga movements. You'll get an intense, low-impact workout, and build strength without lifting a weight. All fitness levels are welcome. Instructor Missy Jenkins is a health educator, group fitness instructor and a mother of 3! She loves to help people of all fitness levels meet their goals.

Instructor: Missy Jenkins Location: Garfield Ballroom

March 19 - April 16 Tuesday 7:30-8:30 p.m.

Resident: \$48 / Nonresident: \$58



# BODY SCULPTING ™

Adults 16 +

This one-hour cardiovascular strength-training class presented by the certified

fitness trainers of Body Sculpting by Exterior Designs, is designed to make you lean and defined providing a results-oriented whole body workout. Build and sculpt muscles, strengthen your core, improve your strength and flexibility while burning fat and calories by using just one set of 5 lb. dumbbells. You will gain strength, balance, flexibility and endurance while focusing on total body health. Also helps to prevent the development of osteoporosis while firing up your metabolism, helping you to lose weight and inches. Bring a set of 5 lb. dumbbells, exercise mat,



water bottle, and stretch band to class (available on our website). Accommodates all fitness levels. Work out at your own pace; all fitness levels welcome. Join in any time. Saturday makeups are available if you miss a class too! To register, call (440) 729-3463 or visit www.flexcity.com to register online 24/7.

#### **Old Council Hall**

April 23-May 16	Tuesday & Thursday	10:00-11:00a.m.
May 21-June 13	Tuesday & Thursday	10:00-11:00a.m.
June 20 - Jul 18	Tuesday & Thursday	10:00-11:00a.m.
No Class 7/4		
July 23 - August 15	Tuesday & Thursday	10:00-11:00a.m.
August 22 - Sept 17	Tuesday & Thursday	10:00-11:00a.m.
Resident: \$55 / Nonresident	t: \$63	

April 1-24	Monday & Wednesday	6:00-7:00p.m.
April 29-May 22	Monday & Wednesday	6:00-7:00p.m.
June 3-26	Monday & Wednesday	6:00-7:00p.m.
July 1 -24	Monday & Wednesday	6:00-7:00p.m.
July 31-August 26	Monday & Wednesday	6:00-7:00p.m.
August 28 - Sept 25	Monday & Wednesday	6:00-7:00p.m.
No Class 9/2		

Resident: \$55 / Nonresident: \$63

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Community Center at Ice A	rena	
April 23 - May 16	Tuesday & Thursday	4:50-5:50p.m.
May 21 - June 13	Tuesday & Thursday	4:50-5:50p.m.
June 20 - Jul 18	Tuesday & Thursday	4:50-5:50p.m.
No Class 7/4		•
July 23 - August 15	Tuesday & Thursday	4:50-5:50p.m.
August 22 - Sept 17	Tuesday & Thursday	4:50-5:50p.m.
Resident: \$55 / Nonresident	: \$63	
April 23 - May 16	Tuesday & Thursday	6:00-7:00p.m.
May 21 - June 13	Tuesday & Thursday	6:00-7:00p.m.
June 20 - Jul 18	Tuesday & Thursday	6:00-7:00p.m.
No Class 7/4		
July 23 - August 15	Tuesday & Thursday	6:00-7:00p.m.
August 22 - Sept 17	Tuesday & Thursday	6:00-7:00p.m.
Resident: \$55 / Nonresident	: \$63	
April 23 - May 16	Tuesday & Thursday	7:00-8:00p.m.
May 21 - June 13	Tuesday & Thursday	7:00-8:00p.m.
June 20 - Jul 18	Tuesday & Thursday	7:00-8:00p.m.
No Class 7/4		
July 23 - August 15	Tuesday & Thursday	7:00-8:00p.m.
August 22 - Sept 17	Tuesday & Thursday	7:00-8:00p.m.
Resident: \$55 / Nonresident	: \$63	
May 4 - June 29	Saturday	9:30-10:30a.m.
No Class 5/25	Saturday	7.50 10.50a.iii.
Jul 20 - Sept 14	Saturday	9:30-10:30a.m.
Jul 20 - Sept 14	Saturday	9:30-10:30a.m.

Resident: \$55 / Nonresident: \$63

No Class 8/31

Best buy: Purchase 3 terms at the rate of \$130 resident and \$138 nonresident!

# PHENOMENAL ABDOMINALS®

Adults 16 +

Strengthen and firm your core, flatten your belly, and define your midsection in this 30-minute class with new exercises devoted to working on the upper, lower and side abdominal muscles in this class presented by the certified fitness trainers of Body Sculpting by Exterior Designs. Class can be taken alone or with another exercise class. Suitable for all fitness levels. Only equipment needed is an exercise mat and stretch hand

#### **Old Council Hall**

April 23 - May 16	Tuesday & Thursday	9:30-10:00a.m.
May 21 - June 13	Tuesday & Thursday	9:30-10:00a.m.
June 20 - Jul 18	Tuesday & Thursday	9:30-10:00a.m.
No Class 7/4		
July 23 - August 15	Tuesday & Thursday	9:30-10:00a.m.
August 22 - Sept 17	Tuesday & Thursday	9:30-10:00a.m.
Resident: \$30 / Nonresident	:: \$35	

#### **Community Center**

April 23 - May 16	Tuesday & Thursday	8:00-8:30p.m.
May 21 - June 13	Tuesday & Thursday	8:00-8:30p.m.
June 20 - Jul 18	Tuesday & Thursday	8:00-8:30p.m.
No Class 7/4		
July 23 - August 15	Tuesday & Thursday	8:00-8:30p.m.
August 22 - Sept 17	Tuesday & Thursday	8:00-8:30p.m.
Resident: \$30 / Nonresident	t· \$35	

# ED2GO ONLINE LEARNING

Ed2Go is an amazing online learning tool we are happy to offer our residents as a way to explore new topics, gain valuable skills and pursue new learning opportunities. Ed2Go's instructor-facilitated courses are informative, fun, convenient and highly interactive. Instructors are famous for their ability to create warm and supportive communities of learners. All courses run for six weeks (with a two week grace period at the end). Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more released twice per week. You can complete any course entirely from your home or office, any time of the day or night and at your own pace.

All courses require internet access, email, and updated Netscape Navigator or Microsoft Internet Explorer web browser. Some courses may have additional requirements. Just go to www.ed2go.com/mentor to get started. Click on the courses link to get the full list of courses offered - more than 300! Courses start the third Wednesday of each month. Summer classes begin May16, June 20, July 18 and August 15. ENROLL NOW! Courses start as low as \$89

# Hundreds of other courses offered in areas such as

Accounting

Computer Skills for the Workplace **Business Administration Computer Applications** Courses for Teaching Professionals **Database Management & Programming** Digital Photography & Digital Video **Entertainment Industry Grant Writing & Nonprofit Management** Graphic Design Health Care, Nutrition, & Fitness Speed Spanish **Create Web Pages** PC Troubleshooting & Networking Personal Development & Enrichment Personal Finance & Wealth Building **ACT and SAT Test Prep** Web Page Design Writing & Publishing



Go to www.ed2go.com/mentor to find the course for you!



# GREAT OUTDOORS

# POOCH PROMENADE

# All ages

Take a stroll through the Mentor Lagoons with a dog, a pup, or even two. Tire out your canine companion as you walk through the beauty of the lakeshore woods. Accompanying you on this adventure will be a member of the City of Mentor Natural Resources Department. They will be your Naturalist for the hike to answer any questions you have about your surroundings.

Instructor: Natural Resources Department Staff

Location: Mentor Lagoons Nature Preserve (meet at trailhead by brick paver lot)
June 21 Friday 4:00pm- 6:00pm
July 18 Thursday 2:00pm- 4:00pm
August 21 Wednesday 12:00pm- 2:00pm

Free

# NYMPHS, WATERBUGS, AND LARVAE, OH MY!

# Ages 6-13, parents welcome

Explore the creek at Garfield Park to find crawling critters and wriggly, worm-like creatures! We will provide your little adventurers with a net to catch these macro-beasts, and a field guide to identify them. All activities will be supervised by a member of the City of Mentor Natural Resource Department. Pre-registration Required.

Instructor: Natural Resources Department Staff

Location: Garfield Park (meet by the ball field closest to the parking lot)

June 17 Monday 2:00pm -4:00pm

June 26 Wednesday 2:00pm- 4:00pm

Resident: \$5/Non-resident: \$7

# FISHING OUTDOOR EXCURSION! Ages 8 and up

Get outside and smell the fishies! We will be fishing at Springbrook Park in the pond! As we catch fish, we will identify them and talk about their role within their ecosystem. This will be a fun and educational way to get your kiddos outdoors! Equipment will be provided. Feel free to bring your own gear if you would like! Children under 12 must be accompanied by an adult. Pre-registration Required. Instructors: Natural Resources Department Staff

Location: Springbrook Park

 July 14
 Sunday
 2:00pm-4:00pm

 August 10
 Saturday
 1:00pm-3:00pm

Resident \$5 / Nonresident \$7

# TREE ID TREK

# All ages

Traipse, trudge, or traverse through the woods of the Mentor Lagoons Nature
Preserve to find all types of trees! On our tour, we will identify the Lagoon's trees by
looking at their bark and leaves. After our trek, we will test your knowledge so that
you can share your timber wisdom with others!

Instructors: Natural Resources Department Staff

Location: Mentor Lagoons Nature Preserve (meet at trailhead by brick paver lot)
May 10 Friday 10:00am-12:00pm
June 14 Friday 12:00pm-2:00pm

Residents \$5 / Nonresidents \$7





Mentor Lagoons Nature Preserve & Marina 8365 Harbor Drive, Mentor, Ohio (440) 205-DOCK Hours: Monday - Friday, 8 a.m. - 4:30 p.m.

The Mentor Lagoons Marina features a safe harbor with quick, direct access to Lake Erie. The tranquil waters of the lagoons provide protected dockage for your boat. Each dock has its own green space for picnicking and relaxation. The Marina offers discounted rates for dockage to Mentor residents. Call the Marina for details.

# 2019 Dockage Rates

<b>Summer Dockage</b> Wall Length Boat Length	<b>Sr Resident</b> \$44.00/ft \$15.00/ft	<b>Resident</b> \$45.00/ft \$15.00/ft	<b>Nonresident</b> \$50.00/ft \$17.00/ft
Floating Docks	\$47.00/ft	\$49.00/ft	\$57.00/ft
Rack Storage - Full Year Rack Storage - Summer	\$64.00/ft \$55.00/ft	\$66.00/ft \$56.00/ft	\$77.00/ft \$65.00/ft
Seasonal Storage Outside - per foot Inside - per square foot Jet Ski/Golf Cart Trailer Storage		\$15.00/ft \$4.00/sqft \$170.00 \$110.00	\$19.00/ft \$4.50/sqft \$200.00 \$125.00
Services Hoisting - per foot Pressure Cleaning - per foot Blocking/Cradling		\$5.00/ft \$2.00/ft \$3.00/ft	\$6.00/ft \$3.00/ft \$4.00/ft

\*Floating Docks without boats will be charged a minimum of 14'\* DOCK DEPOSIT \$200/season (non-refundable) www.cityofmentor.com/play/boating/

# Rack Dockage

Year Round or Seasonal Storage for boats up to 28 feet in length

The Mentor Lagoons Marina has yearly and summer -only rack storage available inside the storage building. Boaters can store their boat all winter and receive unlimited daily launches throughout the summer season, while their boat enjoys the security and the maintenance advantage of an indoor location. Rack storage customers will also enjoy a picnic area with water, electric, picnic tables and related facilities adjacent to the storage building. Discounts are available for Mentor residents. Call the Marina at (440) 205-3625 for more information.

# Rack In-Service and Out-Service Dates

May 15 - September 30

# Launch Your Boat at the Marina

The Mentor Lagoons Marina provides the perfect place to launch your boat. With direct access to Lake Erie, the Marina lies just west of Fairport Harbor and just a short distance from Cleveland.

# **Paddle**

Come experience the Mentor Lagoons by paddle. The City of Mentor has established a water trail through the Lagoons waterways, including a brief exploration of Marsh Creek and access to shoreline paddling on Lake Erie. The trail launches adjacent to the parking lot and flows for approximately 3 miles of protected flat-water paddling. Access to Lake Erie provides unlimited shoreline paddling and the opportunity to connect with Headlands Beach State Park and Fairport Harbor Beach.

# **Kayak Parties**

Celebrate any special occasion with a guided, 2-hour kayak trip through the Mentor Lagoons. Group minimum is 6 people. The cost is \$19 per person and must be paid when booking the trip. Trips must be booked at least two weeks in advance. Kayaks, life jackets, paddle and instruction is included. Kayaking is a very physical sport. All participants must be physically capable of paddling for a minimum of 30 - 45 minutes and must be able to swim 25 yards. Minimum age is 10. Single and double kayaks are available.

Call the Recreation Department at (440) 974-5720 to book your date.

# Kayak, Canoe and Stand Up Paddle Board Rental

Rent single and double kayaks, canoes and for the first time Stand up Paddle Boards by the hour at the Mentor Lagoons Marina. All vessels must stay within the Lagoons and are not permitted on the lake. Renters must be able to swim a minimum of 25 yards. Those under age 16 must be accompanied by an adult. Life jackets will be issued and must be worn at all times.

Visit our rental office or the marina office to rent May 26 - August 27, 9 a.m. - 8 p.m. We accept Visa, MasterCard, cash and checks.

	Resident	Nonresident
Single Kayak	\$10/hr	\$12/hr
Double Kayak	\$16/hr	\$18/hr
Canoe	\$16/hr	\$18/hr
<b>NEW</b> Stand Up Paddle Board	\$10/hr	\$12/hr

Kayak/ Canoe/ Stand Up Paddle Board Rentals - (440) 392-4295 Marina Office - (440) 205-3625,



# SUNRISE PADDLE

# Ages 16+

Wake up with a quiet morning paddle through the Lagoons. Enjoy the serenity and calmness of the water and watch the birds and animals start their day. Experience required. Coffee, juice and fruit will be served afterwards with just enough time to get you to work by 9! Bring a towel, water bottle, sunglasses or hat, and dry clothes. Instructor: Rob Pauley

Location: Mentor Lagoons Marina & Nature Preserve

 June 19
 Wednesday
 7:30 - 8:15 a.m.

 July 27
 Saturday
 7:30 - 8:15 am

 August 10
 Saturday
 7:30 - 8:15 am

Resident: \$18 / Nonresident: \$23

# EVENING PADDLE Adult; Ages 11 and under with parent

Pack up the kids and join us for a night of exploring the Mentor Lagoons via the water. We provide everything you need. You can select between a single kayak, tandem kayak, or use a canoe. We provide life jackets and paddles. We'll go over basic paddling safety, then, we will explore the Lagoons Water Trail, enjoy calm waters and get a birds-eye view of the lagoons ecosystem. Bring a hat, sunscreen, dry clothes, a towel and a water bottle for all family members. Kids under age 11 must be in a kayak or canoe with an adult. Please call us at (440) 974-5720 to register for this course.

Instructor: Michelle Haag / Rob Pauley

Location: Mentor Lagoons Marina & Nature Preserve

 July 10
 Wednesday
 6 - 8 p.m.

 July 25
 Thursday
 6 -8 p.m.

Resident: \$18 / Nonresident: \$23

KAYAKING 101 Ages 12+

Learn how to navigate the water on a simple kayak. It's easy, fun, and this basic class will help you learn to navigate a single or double kayak safely and easily. This course includes instruction on basic paddling skills, efficient rescue techniques, and a couple of hours of sun, water, and fun! You will get wet, so bring a change of dry clothes, sunscreen, a hat or visor, and a water bottle. With a few basic tips, you will gain a lifetime of enjoyment in this sport. We provide the kayak, lifejacket, and paddles. Class meets within the protected channels of the Mentor Lagoons. Minimum age is 12. Participants must be able to swim 25 yards and tread water for 2 minutes. Strenuous activity is involved. Pre-registration and payment is required at least 48 hours in advance. Price of course is per person.

Instructor: Michelle Haag / Rob Pauley

Location: Mentor Lagoons Marina & Nature Preserve

 July 13
 Saturday
 6 - 8 p.m.

 August 1
 Thursday
 6 - 8 p.m.

 August 5
 Monday
 6 - 8 p.m.

Resident: \$18 / Nonresident: \$23

# **FULL MOON PADDLE**

Ages 16 +

On the full moon of July and August, we'll paddle the lagoons in a beautiful, nighttime adventure. Hear and see the lagoons in its quiet and peaceful state and have fun exploring. We'll paddle out to the lake and watch the sun set, and then return in the moonlight to enjoy a snack by the campfire. We provide kayaks, lifejackets, paddles and illumination for your kayak. Participants must be at least 16 years old or accompanied by a parent.

Instructor: Michelle Haag

Location: Mentor Lagoons Marina

 July 16
 Thursday
 7:30 - 9:00 p.m.

 August 15
 Thursday
 7:30 - 9:00 p.m.

Resident: \$18 / Nonresident: \$23

# **FAMILY PADDLE**

# Parent(s) / Children

Have fun out on the water with your children! This is a great way to spend quiet, family time while enjoying the water and practicing your paddling. Tour the Lagoons Water Trail, view wildlife then return to home base for a campfire, complete with a great after paddle snacks and cold drinks. Bring a hat, dry clothes, a towel and a water bottle. Course fee is per person.

Instructor: Michelle Haag/Rob Pauley

Location: Mentor Lagoons Marina & Nature Preserve

July 21 Sunday 9 - 11 a.m.

Resident: \$12 / Nonresident: \$16

# LADIES FUN NIGHT OUT PADDLE

HubA

Enjoy this leisurely paddle as you explore the Lagoons Water Trail, enjoy wildlife and calm waters, and then return to home base for a campfire and snacks. You'll learn new techniques in paddling in a small group atmosphere. Great event out for the girls! Bring a hat, dry clothes, a towel and a water bottle.

Instructor: Michelle Haag

Location: Mentor Lagoons Marina & Nature Preserve

 July 23
 Tuesday
 6 - 8 p.m.

 August 8
 Thursday
 6 - 8 p.m.

Resident: \$22 / Nonresident: \$29

# LEARN TO STAND UP PADDLEBOARD Ages 14+

Stand up paddle boarding (SUP) is an amazing way to work on your core, balance and strength with a fun experience on the water for ages 14 and older. Most people are surprised at the stability of the boards and most make it through their first lesson without falling off. Class consists of 15 minutes of land instruction followed by a 45 - 60 minute paddle on the lagoons. All equipment is provided: paddleboard, life jacket and paddle. Please wear a bathing suit, and shirt or shorts for comfort, sunscreen, a hat, and bring a towel, a change of clothes and a water bottle. Participants must be able to swim 25 yards unassisted. Paddle boarding is not advised for those over 250 lbs. or with limited flexibility.

Instructor: Michelle Haag / Recreation Staff

Location: Mentor Lagoons Marina & Nature Preserve

 July 9
 Tuesday
 6 - 7:15 p.m.

 July 30
 Tuesday
 6 - 7:15 p.m.

 August 6
 Tuesday
 6 - 7:15 p.m.

Resident: \$23 / Nonresident: \$29

# **NEW** TASTE OF SAILING

Ages 14+

Get a taste of the wind in your sails as we will learn how to rig a Sunfish and sail around the marina area. We might even pick up some winds as we practice maneuvering skills. Please wear shoes with backs (water shoes, tennis shoes, etc. but no "Flip Flops"). Limit 6 people per class - spots will fill up quickly. Instructor: Michelle Haag

Location: Mentor Lagoons, Marina & Nature Preserve

 July 18
 Thursday
 6:00 - 8:00 p.m.

 July 31
 Thursday
 6:00 - 8:00 p.m.

Resident:\$ \$20.00 / Nonresident:\$ \$25.00





# SENIOR CENTER

# **About Mentor Senior Center**

# 8484 Munson Rd.; 440-974-5725

Mentor Senior Center is a thriving meeting place for Senior Citizens with over 5000 members. Mentor Senior Center office, administered by the City of Mentor, is open Monday through Thursday from 8 a.m.-7:30 p.m. and on Friday from 8 a.m. until 4:30 p.m. Mentor Senior Center also hosts a number of evening and weekend programs. The Center offers a wide variety of classes, health and social services, groups, trips and other special events. Meals are served between 11:30 a.m.-12:30 p.m. weekdays Monday through Friday. Transportation is available to and from the Mentor Senior Center in cooperation with Laketran. The Lake County senior services levy will pay the cost of this transportation for seniors 60 and older who live in Lake County. Membership is available to anyone 55 years old or older. Membership is required to participate in Senior Center activities. Membership fees are \$7 for Mentor residents and \$10 for nonresidents. Silver Sneaker memberships are also available for those who are eligible. Members will receive the Mentor Senior Center bi-monthly newsletter. In addition to the activities listed on these pages, there are many others, including volunteer opportunities and small group activities.

# **Registration Process**

Senior Center membership is required to participate in Senior Center activities including classes, activities and programs. This registration process refers to summer classes described on this page and the next two pages. Registration for summer classes for Mentor residents begins at 8:00 a.m. on Monday, April 1 FOR ALL CLASSES. Nonresident registration begins on Tuesday, April 2 at 8:00 a.m. You may register for one other person only. If you don't come to in-person registration, please register at least one week before the beginning date of each class. The City of Mentor accepts Visa, Discover and Mastercard. When registering online, American Express may also be used.

# PROGRAM/ACTIVITY REFUND GUIDELINES PLEASE READ CAREFULLY.

- $1. \ Full\ refund\ or\ transfer\ if\ Mentor\ Senior\ Center\ cancels\ the\ program/activity.$
- 2. An administrative charge of \$10 will be assessed if the participant cancels out of the program/activity. That means if you cancel and the total amount is under \$10, there will be no refund, and if the total amount is over \$10, you receive a refund, minus the \$10. Prevent the \$10 administrative fee by transferring the full amount to another program/activity within the same season. Participants assume risk of change in personal affairs and health. Please note that all trips have a refund date and requests must be made prior to this date to get a refund.
- 3. Transfers can be made with full credit, up to the first day of the program. Transfers must be within the same season and year of programs (spring to spring, or fall to fall) and into a program that has available space.

# **TRIPS**

Mentor Senior Center offers nearly 80 trips annually; from local afternoon excursions to weeklong trips to far off destinations.

# **Activity Levels**

Mild May require some leisurely walking. There may be minimal steps or uneven surfaces and some standing.

Moderate May require moderate walking and extended standing. There may be steps or uneven surfaces.

Strenuous May require extended periods of walking and standing. There may be numerous steps or uneven terrain.

# **Trip Refund Policy**

Please choose your trips carefully. Once you have registered for a trip there will be no full refunds unless the Senior Center cancels the trip. An administrative charge of \$10 will be assessed on cancellations. Trip refunds will be available until the date specified, minus the \$10 administrative fee. Prevent the \$10 administrative fee by transferring the full trip amount to another trip/class/program within the same season. Participants assume risk of change in personal circumstances or health. After the cutoff date, there are no refunds or transfers unless the reservation can be resold. Travel insurance is available and recommended for overnight trips.

# **DAY TRIPS**

# HISTORIC HOUSES OF WORSHIP

Come join us in our series of seeing the amazing religious heritage of the Greater Cleveland area. (We will visit churches and temples we have not seen previously.) Come see these museum quality worship areas built by Cleveland's ethnic groups. Our planned list is St. Rocco, St. John Episcopal, Immanuel Lutheran, New Life at Calvary Presbyterian and East Mt. Zion Baptist. Plus, we'll enjoy a fabulous homecooked lunch at SOKOLOWSKI'S of Tremont! Registration/refund deadline is April 7, 2019.

Activity Level: Moderate Nay 7

May 7

Resident/Nonresiderit: 569

8:15 a.m. - 5 p.m.

# MILLION DOLLAR QUARTET (HANNA THEATRE)

On December 4, 1956, Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley fatefully found themselves together in a Memphis recording studio. The historic rock 'n' roll jam session that resulted was electrifying. Step back in time to experience this irresistible tale of secrets, celebrations, broken promises and more. After our morning matinee show, we'll have lunch at Windows on the River. Registration/refund deadline is March 14, 2019.

Activity Level: Moderate
May 14
Resident/Nonresider

8:45 a.m. - 3 p.m.



# PRESQUE ISLE CASINO

Located in Erie, Pennsylvania, the Presque Isle Downs Casino features over 2000 of your favorite slot games and progressive jackpots plus table games. Currently, the bonus is \$20 slot per person. Registration/refund deadline is May 11, 2019.

Activity Level: Moderate

June 11 Tuesday

Resident/Nonresident: \$33

# JUNE MYSTERY #3

Not all who wander are LOST! With our highly successful Mystery trip series, we're revisiting #3, last offered in 2011. As with all our Mystery trips, here is the chance to discover a hidden destination that offers unique attractions for a day of surprises with lunch included. Registration/refund deadline is May 21, 2019.

Activity Level: Moderate
June 21
Resident/Nonresident: 383

8 a.m. - 6 p.m.

9 a.m. - 5 p.m.

# HISTORIC AND ETHNIC CLEVELAND - PART 6

We will see The International Women's Air and Space Museum, Gravity Place of 1833, travel through Duck Island to Monroe St. Cemetery, and stop in the historic Hildebrandt meatpacking building to learn about coffee roasting and tasting! Explore the Little Italy of the WEST side in Old Brooklyn before a buffet lunch at the JACK CASINO! After lunch, we'll begin a walking tour, exploring the Halle Brothers' Department store lobby and the area around the Erie St. Cemetery, before we tour the SW Center of Excellence and The Old Arcade. NOTE - this tour does involve walking (but you do not have to do it all.) Registration/refund deadline is June 2, 2019.

Activity Level: Moderate
July 2
Resident/Nonresident \$79

9 a.m. - 6:30 p.m.

# RAVEN'S GLENN WINERY PLUS AMISH COUNTRY THEATER SHOW

Raven's Glenn is located on the banks of the beautiful Tuscarawas River. By combining a classic "wine country" tasting room, an amazing, yet casual, Tuscan style Italian restaurant, and a gift shop filled with unique wine-related items, you have an extraordinary winery experience unique to Raven's Glenn. The Amish Country Theater is a live comedy variety show . . . and their new theater just opened in July of 2018. The show is filled with comedy, music and spontaneous humor. Registration/refund deadline is June 16, 2019.

Activity Level: Moderate
July 16
Resident/Nonresident: \$29

7:45 a.m. - 6 p.m.

# SUMMER MYSTERY #11

Based on the tremendous success of our Mystery Trips, we have another day full of surprises that combine unique areas, sites and attractions. You will need a sense of adventure, a good sense of humor and very comfortable walking shoes. Lunch is included. Registration/refund deadline is July 2, 2019.

Activity Level: Moderate

Bus 1: August 2
Bus 2: August 7
Resident/Nonresident: \$89

7:15 a.m. - 7 p.m. 7:15 a.m. - 7 p.m.

# MY WAY - A SINATRA TRIBUTE AT RABBIT RUN THEATRE

Not a biography; instead, a wonderful musical tribute, featuring talented performers, a finely tuned band and some tidbits of Sinatra facts sprinkled in between the medleys. My Way exclusively covers his songs and if you're a Sinatra fan it will be hard to keep from singing along. Rabbit Run will have a few SING ALONGS of his most memorable tunes during this compilation of the Chairman of the Board! Prior to the evening show, we'll enjoy dinner at Grand River Cellars! Registration/refund deadline is July 21, 2019.

Activity Level: Mild

August 21 Wednesday 4:45 p.m. - 10:45 p.m. Resident/Nonresident: \$83

# CHAUTAUQUA BELLE WITH ATHENAEUM HOTEL

In 1881, the Athenaeum Hotel proudly opened its doors on the grounds of the Chautauqua Institution. A visit to the Athenaeum Hotel is truly a visit back in time. Visitors are inspired by the 200-foot long porch that provides a picturesque view of Chautauqua Lake . . . which we will cruise for 90 minutes aboard the beautiful Chautauqua Belle paddlewheel boat. We will also stop for winetasting at a local winery (this area is known for their wines) and stop at Webb's Candies which sells hand-dipped chocolates. Registration/refund deadline is August 10, 2019.

Activity Level: Moderate
September 10
Resident/Nonresiden

7:45 a.m. - 7:30 p.m.

# LAKE ERIE WINE TRAIL (IN NE PENNSYLVANIA)

Set your sights on wine country as we travel to wineries along The Lake Erie Wine Trail, in the Eastern Lake Erie Basin. We'll start at Arrowhead Winery of North East, PA. Next, we are off to visit Arundel Cellars, which includes the option of BEER tasting! We'll enjoy lunch at the historic Sunset Inn of Erie, PA which offers a great lunch along with wonderful views of Lake Erie and the Presque Isle peninsula. After lunch, we'll visit The South Shore Winery, a must-see, underground stone wine cellar, patterned after European wineries. We'll complete our day at Penn Shore Vineyards, one of the oldest and largest wineries in PA! Registration/refund deadline is August 18, 2019.

Activity Level: Moderate

September 18 Wed Resident/Nonresident: \$83

Wednesday

8:30 a.m. - 6:15 p.m.

# BARBERTON MUM FESTIVAL

Here is your chance to enjoy one of Ohio's most unique and colorful festivals in charming Barberton, Ohio. The actual festival takes place on Saturday and Sunday and draws HUGE crowds, but we have been allowed to bring our bus in on Friday and SNEAK in to see this colorful Fall display. We will start our day taking in a variety of sites and attractions before we arrive at Silver Run Winery of Doylestown for wine sampling. We'll head off for a traditional Barberton Chicken lunch. After lunch, we'll travel to historic Lake Anna Park, the 21-acre park providing a natural setting for this colorful festival. Our local guide will show us the array of 17,000 mums and we'll have time to walk the park, see the blooms and stop at the vendors. Registration/refund deadline is August 27, 2019.

Activity Level: Moderate

September 27 Friday Resident/Nonresident: \$83 8:30 a.m. - 6:15 p.m.

# A VERY MERRY POPS

\*2nd Bus Added

Join us on our annual Mentor holiday tradition and enjoy a wonderful holiday afternoon seeing and hearing The Cleveland POPS Orchestra. The POPS Vocal Chorus will raise their voices along with our Yuletide spirits; and there is always a rousing version of audience participation, so come prepared to sing-along! We have reserved main floor seats at the Palace Theatre. Plus, our trip includes a post-show dinner at Windows on the River. On our way home, we'll view the twinkling lights of Cleveland. Come join us as we get in the spirit for the Holiday season! Registration/refund deadline is October 15, 2019.

Activity Level: Moderate

December 1 Sunday

12:45 p.m. - 7:30 p.m.

\*Please note new date
Resident/Nonresident: \$86

# TARA AT CHRISTMAS PLUS GROVE CITY OUTLETS

Inspired by the greatest movie of all time, Gone with the Wind, Tara is a Greek revival style antebellum mansion. During the holiday season, Tara is lined with thousands of white lights. The dazzling grounds beckon you to enter and enjoy the warmth of the fireplaces and spectacular decorations within the walls of Tara. Grove City Premium Outlets is western Pennsylvania's premiere shopping destination with over 130 of the hottest brand name stores. Shoppers save with discounts off retail price plus Pennsylvania's tax-free status on most clothing and shoes. Registration/refund deadline is November 4, 2019.

Activity Level: Moderate

December 4 Wednesday 9 a.m. - 6:30 p.m.

Resident/Nonresident: \$67



# **OVERNIGHT TRIPS**

# NIAGARA FALLS, NEW YORK PLUS SENECA NIAGARA CASINO

Travel to Niagara Falls, New York and experience the film "Niagara: Legends of Adventure" at the Adventure Theatre. We will also stop at the Made in America Store where everything in the store is made in America ... even the packaging is made in America. Lunch will be included from an all-American food truck. Rooms will be at the Seneca Niagara Casino. All travelers will receive a \$50 slot bonus plus a \$20 food voucher (\$70 total bonus). Deposit of \$150 due by February 13 and is required upon registration. Final payment is due April 11.

Registration/refund deadline is February 13, 2019.

Activity Level: Mild

May 13 - 14 Monday - Tuesday

Resident/Nonresident: \$209 per person double, \$297 per person single,

\$206 per person triple, quad not available

# CAPE COD, HYANNIS & BOSTON

Give yourself a summer to remember with a trip to New England's most famous playground, CAPE COD! We'll travel on day one, with dinner included, before arriving at our hotel in the Syracuse area. We'll head to our Hyannis area hotel on day two, with dinner included. On day three, we'll begin exploring Hyannis with our local guide including a stop at the JFK Museum. The seaside Kennedy Family compound is not open to the public, but we'll have a chance to view the estate, allowing us a peek inside the life of American royalty. After Hyannis, we'll travel to the picturesque village of Sandwich (from 1638) before dinner. Day four will have us taking the ferry to New England's most prominent island, Martha's Vineyard. Our local guide will take us on day five along the outer cape to colorful Provincetown. Dinner will include entertainment. We'll depart our hotel and spend day six in BOSTON! Our local Boston Guide will give us the "All You Can see in ONE day Boston experience" with Quincy Market & Faneuil Hall, Trinity Church, Boston Common and even "CHEERS!" (Where Everybody Knows Your Name!). We'll have dinner at night as we begin our journey home, with another overnight in the Syracuse area! Deposit of \$150 due by February 2 and is required upon registration. Final payment is due April 2. Registration/refund deadline is April 2, 2019.

Activity Level: Moderat

June 2 - 9

Resident/Nonresident: \$849 per person double, \$1125 per person single, \$829 per person triple, \$829 per person quad

SOLD OUT Call to be Put on a Waitlist!

# NASHVILLE, MEMPHIS AND LOUISVILLE

Three great cities in one tour. Nashville features two nights at the Opryland Hotel, the Country Music Hall of Fame, a Luncheon Cruise and the Grand Ole Opry. Memphis features two nights of rooms, Beale Street, Sun Studio Tour, Graceland and the March of the Ducks at the Peabody Hotel. Louisville features one night of rooms, a dinner theater, Churchill Downs, Evan Williams Bourbon Experience and a tour of Louisville Slugger. The package includes eleven total meals. Deposit of \$150 due by April 12 and is required upon registration. Final payment is due June 12. Registration/refund deadline is June 12, 2019.

Activity Level: Moderate

August 12 -17 Monday - Saturday

Resident/Nonresident: \$1234 per person double, \$1649 per person single, \$1119 per person triple, \$1066 per person quad

ALASKA - 10 DAY DENALI EXPLORER

We'll make our way to Vancouver, British Columbia where we'll board our ship to begin our fabulous Alaskan adventure, visiting Ketchikan, Juneau, and Skagway and Anchorage. Our scenic cruise will take in the spectacular sights of Glacier Bay National Park and College Fjord. We depart our cruise in Anchorage, where we'll travel by rail to Denali and stay at the Denali Princess Lodge for our first night on land. We'll have an educational tour of Denali then be off to the Mt McKinley Princess Wilderness Lodge. We will have time to explore Anchorage and additional optional excursions before departing for home. Deposit of \$700 due by March 1 and is required upon registration. Final payment is due May 30, 2019.

Registration/refund deadline is May 30, 2019.

Activity Level: Moderate - Strenuous

September 7 - 17 Saturday - Tuesday

Resident/Nonresident: \$2595 Inside Cabin, \$3475 Oceanview Cabin, \$3875 Balcony Cabin\* \*\*

\*All prices based on double occupancy and based on availability and include insurance.

\*\*Airfare is additional and will be offered.

# THE HEART OF CHICAGO TOUR

Discover the heart and soul of CHICAGO, seeing many of the newer attractions it has to offer. We'll stop at our hotel in Hammond, IN, before heading off to Marshall Field's/Macy's for dinner in their elegant Walnut Room, followed by a tour of this 1890's Flagship store. We'll have time to shop and browse before returning to our hotel. On Thursday, we'll have a customized guided tour of the dynamic downtown seeing everything from movie sites to places Al Capone would know. We'll see Millennium Park and the Magnificent Mile, with time for lunch at the unique French Market! In the afternoon, we'll take in a relaxing cruise seeing the majestic skyline. At night, we'll relive the Roaring 20's with a fun, interactive dinner theatre at "Tommy Gun's Garage" where the waiters and waitresses are Guys and Dolls, and you better know the password to get in! We'll stop in Shipshewana, Indiana, with plenty of time to enjoy their Annual Fall Craft Fair, one of the largest in the Midwest, on our way home.

Final payment is due August 21, 2019. Registration/refund deadline is August 21, 2019.

Activity Level: Moderate

October 2 - 4 Wednesday, - Friday

Resident/Nonresident: \$449 per person double, \$539 per person single, \$429 per person triple or quad

# WASHINGTON DC - A CAPITAL CHRISTMAS

Performances at Ford's Theatre and the National Symphony Orchestra holiday concert at the Kennedy Center for the Performing Arts showcase two Christmas themed evenings. Add downtown accommodations and comprehensive sightseeing with a step on guide to Memorials such as the Lincoln, Vietnam, World War II, Korean and others. A few more highlights will include the Washington National Cathedral, Christmas at Mount Vernon and a tram tour of the Arlington National Cemetery. Also enjoy some upscale dining and we have a memorable getaway to our Nation's Capital!! Deposit of \$150 due by August 12 and is required upon registration. Final payment is due October 12. Registration/refund deadline is October 12, 2019.

Activity Level: Moderate

December 12 - 15 Thursday - Sunday

Resident/Nonresident: \$1229 per person double, \$1509 per person single, \$1099 per person triple, \$1069 per person quad

RESIDENT REGISTRATON BEGINS APRIL 1

NON-RESIDENT REGISTRATON BEGINS APRIL 2

See page 43 for details



# **OUT TO LUNCH BUNCH 2019**

We have selected some great area restaurants for this year's lunch bunch. You can sign up 2 months ahead of the lunch bunch date listed below. You can register for one other person only. Come and enjoy some great food and the camaraderie of your Senior Center friends.

May Shooters on the Water

Tuesday, May 28 Wednesday, May 29

Registration date: March 26 Refund date: May 23

June D'Angelos Ristorante, Twinsburg

Tuesday, June 25, Wednesday, June 26

Registration date: April 30 Refund date: June 20

July Fat Cats Restaurant, Tremont

Tuesday, July 30, Wednesday, July 31

Registration date: May 28 Refund date: July 25

August Bruno's Ristorante, Cleveland

Tuesday, August 27, Wednesday, August 28

Registration date: June 25 Refund date: August 22

# SPECIAL EVENTS

# **JERSEY BEAT**

The Jersey Beat is a Frankie Valli and the Four Seasons tribute band. Take a step back and enjoy some of the most influential music of its time. Register in advance as this show has sold out three years in a row.

Location: Senior Center Great Room

May 3 Friday 7 - 9 p.m.

Resident/Nonresident: \$14

# LINE DANCE PARTY

Line dances led in a party atmosphere. We'll serve light refreshments.

Location: Senior Center Great Room

August 26 Monday 6:30 - 9 p.m.

Resident/Nonresident \$6

# PERFORMING GROUPS - TAKING THEIR SHOW ON THE ROAD

Mentor Senior Center is home to two fantastic performing groups - the Mentor Follies Dancers and the Mentor Music Makers (singing group). Both groups are composed of talented, energetic Mentor Senior Center members. These groups offer inspiring and fun entertainment at a very reasonable cost. To book or join one of the performing groups, call the Senior Center at 440-974-5725.

# REGISTER ONLINE AT:

www.cityofmentor.com

See page 43 for details

# SERVICES and SUPPORT GROUPS for SENIORS

The services below include just a few of the Health and Social Services available at Mentor Senior Center. Call for a more detailed list.

# FACILITATED GROUPS May - August 2019

# **VOICE YOUR VIEWS**

Come listen and learn as we discuss a wide variety of topics selected by the group. Here we all agree to disagree! Enjoy a monthly outing, too. No registration required.

Facilitator: Debbie Muzik

Location: Senior Center Conference Room

Friday Weekly 1:00 - 2:30 p.m.

Resident/Nonresident: Free

# VOICE YOUR VIEWS ON BOOKS

A once-a-month addition to the Voice Your Views discussion group when books chosen by the group are discussed, usually on the first Friday of the month.

Facilitator: Debbie Muzik

Location: Senior Center Conference Room

Friday Monthly May 10, June 7, July 12, Aug 2 2:45-3:45 p.m.

Resident/Nonresident: Free

# DIABETES EMPOWERMENT EDUCATION PROGRAM

This program helps participants take control of their disease and reduce the risk of complications. It empowers people with diabetes and pre-diabetes to take charge of their health. It's fun and interactive, with hands on learning. Workshop meets 2 hours/week for 6 weeks

Facilitator: WRAAA

Location: Senior Center Cardinal Room

May 17- June 21 Friday 9:30 - 11:30 a.m.

Resident/Nonresident: Free

# CHRONIC PAIN SELF-MANAGEMENT PROGRAM

This program helps individuals living with back pain, nerve pain, fibromyalgia and other types of chronic pain to improve their confidence in managing their symptoms and daily activities. Based on the same structure as the Chronic Disease Self-Management Program, workshops meet 2 ½ hours a week for six weeks and are facilitated by trained leaders, one or both of whom live with chronic pain.

Facilitator: WRAAA

Location: Senior Center Cardinal Room

July 12 - August 16 Friday 9:00 - 11:30 a.m.

Resident/Nonresident: Free

# ARE YOU OR SOMEONE YOU KNOW MISSING SILVER SNEAKERS?

Join us for an informational meeting about Medicare Supplement Insurance policies (also known as Medigap Policies), when changes can be made, and how they work. Facilitator: Roy Avery, Medical Mutual; Joe Dombrowski, Silver Sneakers Location: Cardinal Room

 May 6
 Monday
 2:30 - 4 p.m.

 May 15
 Wednesday
 11 - 12:30 pm

Resident/Nonresident: Free

# RIDE LAKETRAN DIAL-A-RIDE TO ANY SENIOR CENTER IN LAKE COUNTY FOR FREE!

Laketran and the Lake County Board of Commissioners are now partnering to provide Lake County Senior Citizens free Laketran Dial-a-Ride transportation to any Senior Center in Lake County. The trips will be paid for by funds from the Lake County Senior Services Levy. You simply need to reside in Lake County and be 60 or older. Call Laketran at 440-354-6100 for more information!



# **SENIOR NUTRITION 101**

These senior-specific nutrition education workshops help to promote healthy eating and provide educational opportunities for older adults along with cooking demonstrations, recipe sharing, and incentives to help older adults make healthier choices. The curriculum focuses on healthy eating on a budget, cooking basics (or simple cooking techniques, such as chopping, for example, to improve dexterity, etc.), incorporating produce and seasonal items as often as possible, and how to eat well to help combat certain diseases that are impacted by food choices. Facilitator: Cleveland Food Bank

Location: Senior Center Stage

Thursdays May 9 - Jun 13 10:00 - 11:00 a.m.

Resident/Nonresident: Free

# CONNECTIONS THROUGH MUSIC

Music is an effective way to activate memories, increase communication, and provide social experiences for persons living with memory loss. This 6-week program is designed to help caregivers learn how to use music at home to help increase socialization and connection with the community for loved ones living with dementia. It's a fun interactive program for caregivers and their loved one with dementia. Registration required by May 10.

Facilitator: RSVP trained volunteers

Location: Senior Center Cardinal Room

Informational Session is May 7 at 10:30 a.m. - Come learn more about this program.

Please register in advance.

Tuesdays May 21 - Jun 25 10:30 - 11:30 a.m.

Resident/Nonresident: Free

# ELDER LAW AND REAL ESTATE PLANNING SEMINAR

"Don't stress! We will review key points to help you plan and prepare for downsizing, moving or relocating." Join us for a delicious free breakfast. Registration deadline is April 24.

Location: Senior Center Cardinal Room

Presenters: Stuart Kahn, Licensed Real Estate Agent, Keller Williams Greater Cleveland.

 $\label{thm:problem} \mbox{Debbie Ribinskas, Licensed Real Estate Agent, Keller Williams Greater Cleveland.}$ 

Karen Brehm, Regional Account Manager, Northstar Title LLC

Susan Priest Richlak, Esq. Law offices of Susan Priest Richlak

April 30 Tuesday 8:30 - 10:30 a.m.

Resident/Nonresident: Free

# SENIOR PRODUCE MARKET

The Mentor Senior Center is teaming up with the Greater Cleveland Foodbank to provide fresh, nutritious produce and other items to Lake County seniors. The Senior Market is available the third Monday of each month. Distribution is from 11:30 am - 12:30 pm and is first come, first served.

Location: Senior Center Great Room

May 20, June 17, July 15 and August 19

### Please bring ID and bags for produce

Participants must certify annual gross household income is at or below \$24,119 for household of 1 or \$32,479 for a household of 2. Income is self-declared; verification is not required.

# ALZHEIMER'S ASSOCIATION CAREGIVER SUPPORT GROUP

This support and discussion group for caregivers covers a variety of topics including signs and symptoms, available resources, help for the caregiver and any topic that the group would like to address. This program is sponsored by the Mentor Senior Center and the Alzheimer's Association. Newcomers are always welcome. Refreshments are served. The group meets on the 2nd and last Thursday of the month.

Location: Senior Center Stage

May 9 and 30, June 13 and 27, July 11 and 25, August 8 and 29

Thursday 1 - 2:30 p.m.

Resident/Nonresident: Free

# PARKINSON'S SUPPORT GROUP

Patients, caregivers, family and friends - all are welcome! Know that you are not alone. Come share and learn from each other. Find support and encouragement. First Tuesday of each month.

Location: Senior Center Cultural Arts Room

May 7, June 4, July 2, August 6

Tuesday 4:15 - 5:15 p.m.

Resident/Nonresident: Free

# VISIONARIES: LOW VISION SUPPORT & DISCUSSION GROUP

If you or someone you know suffers from vision impairment—you're not alone. The monthly meetings are not only informative, but a lot of fun! Meetings are the 4th Wednesday of the month.

Facilitator: Deborah Kogler

Location: Senior Center Cultural Arts Room May 22, June 26, July 24, August 28 Wednesday 2-4 p.m.

Resident/Nonresident: Free

# THE COMPUTER AREA

The computer area is open to seniors during the days and times listed below. Participants have access to the Internet and a printer at a cost of 10 cents per page.

 Monday
 8:15 a.m. - 8:15 p.m.

 Tuesday
 8:15 a.m. - 8:15 p.m.

 Wednesday
 5:00 p.m. - 8:15 p.m.

 Thursday
 8:15 a.m. - 8:15 p.m.

 Friday
 8:15 a.m. - 4:30 p.m.

# LUNCH FIVE DAYS A WEEK AT MENTOR SENIOR CENTER

# Kitchen Coordinator: Mario Tibaldi Monday - Friday, 11:30 a.m. - 12:30 p.m.

Stop by for the best deal in town! Mentor Senior Center's talented lunch staff and volunteers prepare delicious, freshly made entrees, sandwiches, salads, soup, and desserts at discounted prices Monday - Friday. Lunch foods are planned for the enjoyment of seniors of all ages, with some consideration for special diets and medical conditions.

A daily Cook's special features a meat or other high protein dish, vegetable, and usually a starch or bread product at a cost of \$4.50. Desserts range from fruit and custard pies to special homemade treats, and we always have ice cream sundaes. Drinks include coffee or tea, milk, juices, and the ever popular root beer float. The monthly menu is available at the Senior Center front desk, in the monthly newsletter and online at www.cityofmentor.com.

With the expanded schedule, our need for VOLUNTEERS also increases; call us if you would like to join our wonderful group of kitchen volunteers.





# SPECIAL ELDERS PROGRAM

The Special Elders program is a wonderful program offered at the Senior Center to those who are experiencing some issues with aging and require a little extra assistance. It was designed to allow seniors to enjoy good times with friends and the consistent company of other participants.

The Special Elders eat lunch together every weekday at 11:00. (Bring money for lunch.) We play cards and table board games, Bingo on Monday and Wednesday afternoons, and game and activity time is scheduled on Tuesdays. Fridays include shopping trips with Special Elders staff supporting participants throughout the trip. We take part in specially designed chair exercise programs for seniors with some physical challenges Monday through Friday. Facilitated groups geared to the interests of this population including Memory Fitness, Sharing Our Stories and A Story from a Picture are offered on Thursdays. Special events, including movies and monthly celebrations, are held every month. We also have speakers, parties, and special entertainment at various times during the year.

The Special Elders staff does not provide personal care or individual supervision. Participants in Special Elders must be independently mobile. It is funded jointly by federal CDBG funding, the City of Mentor, and Lake County Senior Levy Funding. LakeTran is available to bring senior citizens to and from Mentor Senior Center activities. Please call the center at 440-974-5725 to schedule a time to meet with the Special Elders staff. The staff will provide a tour and review the enrollment form detailing the type of assistance needed.

See the front desk for assistance in registering.

Coordinators: Kay Bull, Vivian Grayson

Location: Senior Center

All Year Monday - Friday 10:30 a.m. - 2:00 p.m.

Resident/Nonresident: \$20 annual registration fee

# FITNESS PROGRAMS

There is a class break June 25 - 29 and August 24 - 31.

# BETTER EVERYDAY: EXERCISE TO FIGHT PARKINSON'S SYMPTOMS

"Better Every Day" is a fitness program designed to empower people with Parkinson's disease by optimizing their physical function and helping delay the progression of symptoms. The classes focus on Parkinson's specific exercises that help fight the symptoms of the disease. No equipment or expertise is necessary; just participate at your own level of ability.

Location: Senior Center Studio

 May - Jun
 Tuesday
 3 - 4 p.m.

 July - Aug
 Tuesday
 3 - 4 p.m.

Resident: \$34/Nonresident: \$43

# CARDIO/STRENGTH/STRETCH

This fun, energetic class will incorporate dance/boxing moves, a variety of strength training exercises each week and stretching for a complete work out. Instructors: Pat Talladino

Location: Senior Center Studio

May - June Wednesday 9 - 9:30 a.m. July - August Wednesday 9 - 9:30 a.m.

Resident: \$17/Nonresident: \$21

# **REGISTER ONLINE AT:**

www.cityofmentor.com

See page 43 for details

# **COUNTRY HEAT**

Step right into this easy-to-follow, completely exhilarating, country dance inspired workout! No complicated moves. No memorizing routines. Just simply follow along to enjoy the low-impact, high energy dance class set to the hottest country hits. There is no class May 27.

Instructor: Pam Benko

Location: Senior Center Studio

May - June Monday 11:00 - 11:45 a.m.
July - August Monday 11:00 - 11:45 a.m.

Resident: \$17/Nonresident: \$21

# LOW IMPACT AEROBICS

This energetic aerobics class is designed for able-bodied seniors, with a small amount of resistance bands and weights. There is no class May 27, July 4. Instructor: Kathy Brown - 11 a.m. Friday; Sharon Benner - 9 a.m. Monday, Tuesday, Thursday, Friday

Location: Senior Center Studio

May - June Monday 9 - 9:45 a.m. July - August Monday 9 - 9:45 a.m. May - June Tuesday 9 - 9:45 a.m. July - August Tuesday 9 - 9:45 a.m. May - June Thursday 9 - 9:45 a.m. Jul y- August Thursday 9 - 9:45 a.m. May - June Friday 9 - 9:45 a.m. July - August Friday 9 - 9:45 a.m. May - June Friday 11:00- 11:45 a.m. July - August Friday 11:00 - 11:45 a.m.

Resident: \$17/Nonresident: \$21

# SILVERSNEAKERS BOOM™ MIND

The best from yoga and Pilates are combined into one fusion class designed to relax your body and mind. The focus is on core muscles, lower-body strength and balance. For intermediate to advanced. Bring a mat. There is no class July 4. Instructor: Denise Molesch

Location: Senior Center Studio

 May - June
 Wednesday
 4 - 4:45 p.m.

 July - August
 Wednesday
 4 - 4:45 p.m.

 May - June
 Thursday
 8 - 8:45 a.m.

 July - August
 Thursday
 8 - 8:45 a.m.

Resident: \$17/Nonresident: \$21/Silver Sneakers Member: Free

# SILVERSNEAKERS BOOM™ MOVE

This fun, dance-inspired workout improves your cardio fitness with easy-to-follow moves set to energizing music. For intermediate to advanced. There is no class July 4. Instructor: Barb Bensi

Location: Senior Center Studio

 May - June
 Tuesday
 6:15 - 7 p.m.

 July - August
 Tuesday
 6:15 - 7 p.m.

 May - June
 Thursday
 6:15 - 7 p.m.

 July - August
 Thursday
 6:15 - 7 p.m.

Resident: \$17/Nonresident: \$21/Silver Sneakers Member: Free

# SILVERSNEAKERS BOOM™ MUSCLE

This class incorporates athletic exercises that boost your overall fitness. Move through muscle-conditioning blocks and activity-specific drills to improve strength and functional skill. For intermediate to advanced. There is no class May 27 or July 4.

Instructor: Pam Benko - Monday; Barb Bensi - Tuesday/Thursday Location: Senior Center Studio

May - June Monday 12 - 12:45 p.m. July - August Monday 12 - 12:45 p.m. Tuesday May - June 7:15 - 8 p.m. July - August Tuesday 7:15 - 8 p.m. May - June Thursday 7:15 - 8 p.m. July - August Thursday 7:15 - 8 p.m.

Resident: \$17/Nonresident: \$21/Silver Sneakers Member: Free



# SILVERSNEAKERS CIRCUIT

Experience standing, low-impact choreography alternated with standing upperbody strength work. This class is suitable for nearly every fitness level, and your instructor can adapt the exercises depending on your skill. There is no class July 4. Instructors: Kathy Brown - Wednesday; Pat Talladino - Thursday

Location: Senior Center Studio

May - Jun	Wednesday	11 - 11:45 a.m.
Jul - Aug	Wednesday	11 - 11:45 a.m.
May - Jun	Thursday	1 - 1:45 p.m.
Jul - Aug	Thursday	1 - 1:45 p.m.

Resident: \$17/Nonresident: \$21/Silver Sneakers Member: Free

# SILVERSNEAKERS CLASSIC

Increase muscle strength and range of movement and improve activities for daily living. You'll have a chair for seated exercises and standing support. Your instructor can modify the exercises for your fitness level.

There is no class May 27. This class is available for Silver Sneakers members only. Instructors: Sharon Benner - Monday & Friday; Pat Talladino - Wednesday Location: Senior Center Studio

May - June	Monday	10 - 10:45 a.m.
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July - August	Monday	10 - 10:45 a.m.
May - June	Tuesday	12 - 12:45 p.m.
July - August	Tuesday	12 - 12:45 p.m.
May - June	Wednesday	10 - 10:45 a.m.
July - August	Wednesday	10 - 10:45 a.m.
May - June	Thursday	12 - 12:45 p.m.
July - August	Thursday	12 - 12:45 p.m.
May - June	Friday	10 - 10:45 a.m.
July - August	Friday	10 - 10:45 a.m.

Resident: \$17/Nonresident: \$21/Silver Sneakers Member: Free

# SILVERSNEAKERS STABILITY

Get stronger and improve your balance through exercises that strengthen the ankle, knee and hip joints, all in a fun and social setting. This class is designed specifically to help prevent falls.

Instructors: Kathy Brown Location: Senior Center Studio

 May - Jun
 Wednesday
 12- 12:45 p.m.

 Jul - Aug
 Wednesday
 12 - 12:45 a.m.

Resident: \$17/Nonresident: \$21/Silver Sneakers Member: Free

# SILVERSNEAKERS YOGA

Move through seated and standing yoga poses designed to increase flexibility, balance, and range of movement. Finish with restorative breathing exercises and final relaxation to promote reduced stress and mental clarity.

Instructor: Pat Talladino Location: Senior Center Studio

 May - Jun
 Wednesday
 8 - 8:45 am

 Jul - Aug
 Wednesday
 8 - 8:45 am

Resident: \$34/Nonresident: \$43/Silver Sneakers Member: Free

# STRETCH AND BALANCE

This class will involve seated and standing exercises with a focus on isolating muscles to improve balance and flexibility. This class will incorporate stretching to increase mobility in muscles and joints. Balance exercises will increase awareness of proper body alignment during movement. There is no class July 4. Instructor: Sharon Benner

Location: Senior Center Studio

May - June 11 - 11:45 a.m. Tuesday July - August Tuesday 11 - 11:45 a.m. May - June Thursday 11 - 11:45 a.m. Thursday July - August 11 - 11:45 a.m. May - June Friday 12 - 12:45 p.m. July - August Friday 12 - 12:45 p.m.

Resident: \$17/Nonresident: \$21

# WATER EXERCISE AT HEISLEY

This water exercise class is designed especially for those 55 and older. The certified instructor provides clear instruction from the pool deck. Class includes a warm up and shallow water exercises including cardio, toning and strength. There is no class May 27 or July 4.

Location: Mentor Heisley Racquet and Fitness Club Pool

May - Jun	Monday	8 - 8:45 a.m.	
Jul - Aug	Monday	8 - 8:45 a.m.	
May - Jun	Tuesday	10:30 - 11:15 a.m.	
Jul - Aug	Tuesday	10:30 - 11:15 a.m.	
May - Jun	Tuesday	2:15 - 3 p.m.	
Jul - Aug	Tuesday	2:15 - 3 p.m.	
May - Jun	Wednesday	8 - 8:45 a.m.	
Jul - Aug	Wednesday	8 - 8:45 a.m.	
May - Jun	Thursday	10:30 - 11:15 a.m.	
Jul - Aug	Thursday	10:30 - 11:15 a.m.	
May - Jun	Thursday	2:15 - 3:00 p.m.	
Jul - Aug	Thursday	2:15 - 3:00 p.m.	
May - Jun	Saturday	12 - 12:45 p.m.	
Jul - Aug	Saturday	12 - 12:45 p.m.	
Pasidant \$24/Napresident \$42			

Resident: \$34/Nonresident: \$43

# WEIGHT TRAINING

This strength class is designed to build muscle strength and bone density. Resistance bands and weights will be used while standing, while seated, and with mats on the floor. There is no class July 4.

Instructors: Sharon Benner Location: Senior Center Studio

 May - Jun
 Tuesday
 10 - 10:45 a.m.

 Jul - Aug
 Tuesday
 10 - 10:45 a.m.

 May - Jun
 Thursday
 10 - 10:45 a.m.

 Jul - Aug
 Thursday
 10 - 10:45 a.m.

Resident: \$17/Nonresident: \$21

# YOGA

Yoga is an ancient system of philosophy and practices. The yoga classes are a mixture of gentle stretches combined with traditional yoga postures. The sense of wellness acquired through practice is caused by easing muscle tension, massaging internal organs, and improving flexibility of the joints. The challenge of this practice lies in the coordination of breath with movement, which encourages quieting and relaxing the mind, focus and balance. Please bring a yoga mat and a firm cushion; wear loose or stretchy clothes. There is no class May 27 July 4, or Aug 24.

Instructors: Judy Churchill - Monday & Thursday; Denise Brown - Saturday Location: Senior Center Studio

Multilevel Yoga for beginners and continuing students

 May - Jun
 Monday
 3 - 4:15 p.m.

 Jul - Aug
 Monday
 3 - 4:15 p.m.

Intermediate Yoga for more advanced students; prerequisite Multilevel yoga or previous yoga experience

 May - Jun
 Thursday
 3:30 - 4:45 p.m.

 Jul - Aug
 Thursday
 3:30 - 4:45 p.m.

Multilevel Yoga for beginners and continuing students

 May - Jun
 Saturday
 9 - 10:15 a.m.

 Jul - Aug
 Saturday
 9 - 10:15 a.m.

Resident: \$40/Nonresident: \$50

# RESIDENT REGISTRATON BEGINS **APRIL 1**

NON-RESIDENT REGISTRATON BEGINS

See page 43 for details

APRIL 2





# **FITNESS CENTER**

We have a wonderful fitness center with a variety of cardiovascular equipment including 5 treadmills, 3 bikes, 2 seated ellipticals, and 3 standing ellipticals. Our Tuff Stuff strength station offers a wide variety of exercises and the Precor stretch trainer offers great stretching options. You must be 55 years or older, a member of the senior center and must take the Fitness Center Orientation Class to utilize the Fitness Center. Fitness Center Hours are Monday - Thursday 7 a.m. to 9:30 p.m., and Friday 7 a.m. to 5 p.m.

# FITNESS CENTER ORIENTATION

Learn how to use the Fitness Center equipment to improve your health and ability to remain independent. Senior Center members who are interested in using our equipment are required to take one of the following courses:

# FITNESS CENTER ORIENTATION - CARDIO

Take advantage of this opportunity to receive customized hands-on experience with our cardio focused gym equipment. This 60-minute class will allow participants to practice basic equipment functions on the treadmill, elliptical, arc trainer, seated ellipticals, and seated bikes. Participants will learn how to operate machines, adjust settings, use heart rate functions, and learn proper form when using the equipment. While on the machines, participants will receive assistance in determining necessary seat or equipment adjustments, and be given a personalized target heart rate goal. This class will finish with each participant receiving a basic customized workout card and feeling comfortable with further individual use of cardio equipment. Location: Fitness Center

Resident/Nonresident: \$10/\$12.50 Silver Sneakers Members: Free one time

# FITNESS CENTER ORIENTATION - STRENGTH

This 60-minute class is designed for individuals who would like to receive basic hands-on assistance with our strength training equipment. Learn how to operate fundamental strength training machines focused on large muscle groups (such as chest, upper back, and hamstrings/quadriceps leg muscles) while using correct form and proper breathing techniques. Participants will receive assistance in determining their specific equipment adjustments and weight settings, and learn how to modify strength training exercises based on individual health needs. If time permits, participants may also receive an introduction to the Precor Stretch Trainer. Following completion of this class, participants will feel comfortable using primary strength training equipment and be able to further their individual workouts. Location: Fitness Center

Resident/Nonresident: \$10/\$12.50

# CERTIFIED PERSONAL FITNESS TRAINING

Improve your fitness by working privately with one of our amazing Certified Personal Trainers who will ensure safe and effective progress! Every step of the way you'll be driven by a passionate personal trainer committed to both your safety and helping you achieve your specific fitness goals. Private one-on-one sessions are offered, along with semi-private instruction if you would prefer to exercise alongside a friend or loved one.

Location: Fitness Center

Resident/Nonresident: 30 min - \$20  $\,$  /  $\,$  60 min - \$40  $\,$ 

(It is MANDATORY for members to take one of the above sessions before using Fitness Center)  $\label{eq:continuous} % \[ \frac{1}{2} \left( \frac{1}{2} \left($ 

RESIDENT REGISTRATON BEGINS **APRIL 1** 

NON-RESIDENT REGISTRATON BEGINS **APRIL 2** 

See page 43 for details

# **PROGRAMS**

# ALL MEDIA PAINTING

All the fundamentals of art will be covered: composition, design, and color. Please bring the media of your choice, paper and reference materials. There is a class break June 27.

Instructor: Jennifer Thiel

Location: Senior Center Cultural Arts Room

May - June Thursday 10 a.m. - 12 p.m.

Resident: \$39/Nonresident: \$49

# AMERICAN SIGN LANGUAGE

Join the American Sign Language Club and expand on what you already know. Learn sentence structure and more about deaf culture. Challenge yourself and continue learning.

Volunteer Instructor: Sharon House Location: Senior Center Lobby

 May - June
 Tuesday
 12 - 1 p.m.

 July - Aug
 Tuesday
 12 - 1 p.m.

Resident: Free

# CREATIVE CERAMICS

Join us for summer projects. Class includes instruction and firing. An \$8 supply fee is included. Greenware fee is payable to the instructor. All levels of students are welcome.

Instructor: Sharon Williams

Location: Senior Center Cultural Arts Room
May - June Wednesday 10 a.m. - 12 p.m.
July - Aug Wednesday 10 a.m. - 12 p.m.
May - June Wednesday 6 - 8 p.m.
July - Aug Wednesday 6 - 8 p.m.

Resident: \$47/Nonresident: \$57

# CRAZY ABOUT GENEALOGY

Are you new to the hobby of genealogy? Has it been a few years since you took a genealogy class or worked on your research? Do you need some encouragement to continue your family history quest? Then this class is perfect for you. Individual instruction in a small group setting will give you the opportunity to work on what interests you and guidance to help you accomplish your goals. Bring your laptop or use one of the classroom computers for your online genealogy research.

Instructor: Loretta Schmucker

Location: Senior Center Conference Room 1

May 2, 9, 16 Thursday 9 a.m. - 11 a.m.

Resident: \$30/Nonresident: \$38





# LINE DANCING

# **Basic Beginner**

This class is to teach you the basics of line dancing, you will learn the steps and terminology, along with different dance rhythms. We will use different genres of music to make this a fun filled class. All you need is a comfy pair of shoes that have a slick bottom and cannot be kicked off while dancing. Please "no slip-on sandals/flip flops" or "high heels" for your safety.

# **Advanced Beginner**

This is for those ready to take line dancing to the next level, you should have completed at least 6 months of a Basic Beginner class, be an experienced dancer that wants to have a refresher course or just like keep it nice and easy. This class will move along a little faster, as most steps were learned in the Basic Beginner class.

#### Intermediate

This class is for those who wish to challenge their dance skills, this class has more dancing and less learning time.

No class June 26 and August 26 and 28.

 $Instructors: Sharen\ McDivitt\ \&\ Tina\ Foster\ -\ Mondays\ and\ Wednesdays$ 

Location: Senior Center Studio

May - June	Monday	5:00 p.m Intermediate
July- Aug	Monday	5:00 p.m Intermediate
May - June	Monday	6:15 p.m Basic Beginner
July - Aug	Monday	6:15 p.m Basic Beginner
May - June	Monday	7:30 p.m Intermediate
July - Aug	Monday	7:30 p.m Intermediate
May - June	Wednesday	5:00 p.m Intermediate
July - Aug	Wednesday	5:00 p.m Intermediate
May - June	Wednesday	6:15 p.m Advanced Beginner
July - Aug	Wednesday	6:15 p.m Advanced Beginner

Resident: \$18/Nonresident: \$23

# PIANO LESSONS

We offer private 30 minute beginner and continuing piano lessons. The lesson plans include a balance of theory, sight reading and repertoire appropriate to the student's level and musical ability. No class June 28.

Instructor: Marge Syroney

Location: Senior Center Stage

May - June Fridays 9-11:30 a.m.

Resident: \$52/Nonresident: \$62

# TUESDAY QUILTERS - A.M. AND P.M. CLASSES

Explore new projects using modern and time-saving methods in a warm, friendly, and self-paced atmosphere. Focus will be on learning color, value, and construction techniques to advance your quilting knowledge. Students should bring material (based upon provided project supply list), sewing machine in good condition, sewing notions, and miscellaneous supplies (rulers, rotary cutters, scissors). An iron and ironing board is provided for your convenience. Morning class is for the confident beginner to intermediate/advanced and the evening class is for the beginner to confident beginner. No class June 25.

Instructor: Teri Bittner

Location: Senior Center Cultural Arts Room

Resident: \$39/Nonresident: \$49

# **REGISTER ONLINE AT:**

www.cityofmentor.com

See page 43 for details

# **Senior Clubs**

For more information on our senior clubs, or for a current schedule, please contact Dave Duricky. Recreation Coordinator at 440-974-5725.

# HIKING CLUB

Come out and get fit with a hiking club on Thursdays at 10:00 a.m, or Mondays at 6:00 p.m. The clubs hike many of the parks in the area.

January - DecemberThursday10 a.m.April - OctoberMonday6 p.m.

# CYCLING CLUB

The Cycling Club was formed to promote cycling as an active and healthy lifestyle for all ages. The club cycles at various locations every Wednesday morning at 10 a.m. Please call club coordinator Arnie Zvejnieks at 440—525-0293 with questions or for complete details.

April - October Wednesday 10 a.m.

# **Ongoing**

# **CHAIR VOLLEYBALL**

Chair volleyball is a physical activity that provides a fun way to be active. Since players are required to remain seated, anyone can enjoy this fun and active variation of volleyball. Regular participation in this activity can increase flexibility and stamina. Join us for open play every Monday, Wednesday and Friday afternoon.

Location: Senior Center Studio

January - December Mon, Wed, Fri 1 - 2:30 p.m.

Resident/Nonresident: Free

# **CORN HOLE**

Come out and enjoy a fun and friendly game of Corn Hole, no experience necessary. We will form teams each evening and enjoy some friendly competition.

Location: Senior Center Cardinal Room/Outdoor Courts

January - December Wednesday 6:30 - 8 p.m.

Resident/Nonresident: Free





# ICE ARENA

# SKATE ON IN PUBLIC SESSION INFORMATION

June 10 - August 7, 2019

# **Open Ice Skating Times - West Rink**

Wednesday 7:00 - 9:00 p.m. Studio Open Friday 2:00 - 4:00 p.m. Studio Open No Open Skate July 5th

# **Admission Rates**

Adults \$6.00 Youth (age 17 & under) \$5.00 Seniors (age 60 & over) \$5.00

# **Rental Skate Rates**

All Skates \$3.00

# **Learn-To-Skate General Information**

Ice Skating Lessons are offered to all ages 3 and up. Lessons are structured for all ages and interest, including recreational skater, hockey and figure skating.

- Children age 3 5 start with the Tot program.
- Children 6 and up start with the Basic program.
- Adults/teens 12 & up start with the Adult Basic program.
- All persons registered in the Learn-to-Skate program receive a punch card for free open skate sessions good during the 7-weeks of lessons.
- Skate rental for lessons is \$1.00
- NO CLASSES THE WEEK OF July 1-5

# TOT LEARN-TO-SKATE

Ages 3-5

Location: Mentor Ice Arena -Studio Rink

Tot 1

June 19 - August 7	Wednesday	6:15 - 6:45 p.m.
June 20 - August 8	Thursday	5:30 - 6:00 p.m.

Tot 2

 June 19 - August 7
 Wednesday
 6:15 - 6:45 p.m.

 June 20 - August 8
 Thursday
 5:30 - 6:00 p.m.

Tot 3

June 19 - August 7 Wednesday 6:15 - 6:45 p.m.

Resident: \$60 / Nonresident: \$75

# **REGISTER ONLINE AT:**

www.cityofmentor.com

See page 43 for details

# BASIC LEARN-TO-SKATE Location: Mentor Ice Arena - Studio Rink

Age 6+

Basic 1		
June 19 - August 7	Wednesday	6:45 - 7:30 p.m.
June 20 - August 8	Thursday	6:45 - 7:30 p.m.
Basic 2		
June 19 - August 7	Wednesday	6:45 - 7:30 p.m.
June 20 - August 8	Thursday	6:45 - 7:30 p.m.
Location: Mentor Ice Are	na - East Arena	
Basic 3		
June 20 - August 8	Thursday	6:00 - 6:45 p.m.
Basic 4		
June 20 - August 8	Thursday	6:00 - 6:45 p.m.
Basic 5		

June 20 - August 8 Thursday 6:00 - 6:45 p.m. Resident: \$70 / Nonresident: \$85

Thursday

# UPPER LEVEL LEARN TO SKATE CLASSES

Location: Mentor Ice Arena - East Rink

Pre-Freestyle: Ages 6 - 18

June 20 - August 8

Basic 6

June 20 - August 8 Thursday 6:00 - 6:45 p.m.

Freestyle: Ages 6 - 18

June 20 - August 8 Thursday 6:00 - 6:45 p.m.

Adult/Teen: Ages 12 +

June 20 - August 8 Thursday 6:00 - 6:45 p.m.

Resident: \$70 / Nonresident: \$85

# **COMPETITION CLASS**

Ages 3 & up

6:00 - 6:45 p.m.

Students will have a group lesson learning moves and establishing a 1minute program to perform at competitions, also parent educational session on how to prepare for a competition. Includes program music. Prerequisite: passed Tot 1 or Basic 1

Location: West Rink

May 29 - July 10 Wednesday 5:00 - 5:45 p.m.

Resident/Non-resident: \$75

Sunshine Competition at Mentor Ice Arena: July 13, 14, 2019

# ADAPTIVE SPECIAL SKATER'S PROGRAM All Age:

This program provides an exciting and beneficial forum of recreation for persons with disabilities. The program is available to youth and adults and instruction is included. Volunteers are on the ice to provide additional assistance. Through this program, students will have an opportunity to compete in Special Olympic events. Classes are 30 minutes each week.

Location: Mentor Ice Arena - West Rink

June 12 - July 24 Wednesday 5:00 - 5:45 p.m.

Resident/Non-resident: \$60



Age 18 & up

# TOT HOCKEY Ages 3-5

Tot Hockey is offered to children age 3-5. Prerequisite: Must have passed Tot 1 to enter TH1. Must pass each level to move on to the next. Equipment required: Approved ice hockey helmet with cage, hockey skates & stick (straight blade). Location: Mentor Ice Arena - Studio Rink

**Tot Hockey 1** 

June 17 - August 5	Monday	5:30 - 6:00 p.m.
Tot Hockey 2		
June 17 - August 5	Monday	5:30 - 6:00 p.m.
Tot Hockey 3		
June 17 - August 5	Monday	5:30 - 6:00 p.m.
Tot Hockey 4		
June 17 - August 5	Monday	5:30 - 6:00 p.m.
Resident: \$60 / Nonresident:	\$75	

# INSTRUCTIONAL HOCKEY

Ages 5-10

Location: Mentor Ice Arena - West

This program is ideal for boys & girls ages 5 - 10 considering ADM Blue or Play Makers Hockey in the future. Prerequisite: Must have passed all 4 levels of Tot Hockey if under age 6 or Basic 1 if older than 6. Equipment required: Approved ice hockey helmet with cage, hockey skates & stick (straight blade), personal protective equipment (this can be of any type, i.e. soccer or rollerblade equipment)

We will offer two 4 week sessions this summer to help accommodate for vacations.

Inst. Hockey 1

June 17 - August 5	Monday	6:05 - 6:50 p.m.
Inst. Hockey 2		
June 17 - August 5	Monday	6:05 - 6:50 p.m.
Inst. Hockey 3		
June 17 - August 5	Monday	6:05 - 6:50 p.m.
Inst Hockey 4		
June 17 - August 5	Monday	6:35 - 7:20 p.m.
Resident: \$70 / Nonresident: \$85		

# ADULT SUMMER HOCKEY LEAGUE

Location: Mentor Ice Arena - West Rink

Full equipment is required including helmets with half shield. Full-face cages are recommended. Games are played on Monday and Wednesday night. Preregistration required Deadline is May 1

June 10 - August 12 Monday & Wednesday evenings

\$130/player

# ADM MITE HOCKEY BLUE DIVISION (HOUSE)

Age 5-8 (as of 12/31/19)

Location: Mentor Ice Arena

Boys and girls participate in an instructional hockey environment. Skaters who have completed a Tot Hockey or Instructional Hockey class may participate in the ADM Mite Hockey Program. Full hockey equipment is required. The season will be divided into two sessions instead of one long season. This program is an in-house recreational program with one month of skills development followed by the formation of teams with practices, followed by scheduled games. Session 1 runs October - December and registration begins in July. Session 2 runs January - March with registration taking place in November. Call the rink at (440) 974-5730 for details.

# TRAVEL HOCKEY (CSHL) Age 8-14 (as of 12/31/19)

Location: Mentor Ice Arena

This travel hockey team plays in the Cleveland Suburban Hockey League (CSHL) which includes 24 cities, with most in the Cleveland area. To try out, players must have completed for at least one year in ADM Mite program or in the Playmakers Program. Depending on the level of play and age division, teams will participate in 2 - 5 tournaments. **Tryouts are in MARCH** with practices and games beginning in September. Teams are on the ice 2-3 times weekly at Mentor and away games are also scheduled. Tournament fees are extra. Call the rink at (440) 974-5730 for details.







# Wildwood Cultural Center Membership

Wildwood Cultural Center offers a unique membership opportunity to area residents interested in supporting the preservation of the center's historical value and the continued development of cultural opportunities through the City of Mentor. The membership dues directly support the Mentor Community Arts Commission.

Membership benefits: receive a 10% discount on all Wildwood sponsored classes, free admission to our special events, as well as newsletters throughout the year. Wildwood members will also receive a onetime 10% discount on all private rentals at Wildwood Cultural Center.

ANNUAL MEMBERSHIP: Please visit our website for fees

Call for further information and registration (440) 974-5735. Support the Cultural Arts, the benefits are endless!

# **Mentor Community Arts Commission**

Mission statement: By making use of the Wildwood Cultural Center and other public venues, bring cultural enrichment to City of Mentor residents by designing and providing programs, events and experiences from time to time, to help make living in Mentor a source of pleasure and inspiration for residents of all ages.

# Wildwood Cultural Center Clubs and Guilds

For more information on any of our clubs please call Wildwood at (440) 974-5735.

# **Basketry Guild**

The Wildwood Basketry Guild was formed to help stimulate an interest in the art of basketry. Anyone is welcome to attend meetings, held the third Thursday of the month from 6-9 p.m.

# **Garden Club**

The Wildwood Garden Club meets the third Wednesday of each month, September through May at Wildwood Cultural Center. Members are active in the planning, planting and maintaining the gardens around the Wildwood mansion. Members also learn and create at seminars and special programs sponsored by the club.

# **Quilters Guild**

The Wildwood Quilters Guild meets the second Tuesday of each month, 7-9 p.m., from September through May (No meeting December - February) at the Wildwood Cultural Center.



# MOTHER SON DANCE

# Friday, May 3, 7-9 p.m.

Location: Wildwood Cultural Center

Mothers and sons - it's your time for fun! This jam-packed event will have you and your son: dancing to DJ Jesse Webb Entertainment, getting your picture taken in a photo booth, playing games, and visiting with the local chapter of Ghost Busters and more! Light snacks included. Boys 3 and up. Sponsored by the Community Arts Commission.

Resident/Non-Resident \$13 per person

# UNVEILED

This art exhibit features local Northeast Ohio artists and displays their talents for all to enjoy. A small reception kicks off the show and allows guests the opportunity to meet and greet with the artists. The three week exhibit is free and open to the public M-F, 8-5 p.m. For more information or to exhibit your artwork, please call the Wildwood Cultural Center at (440) 974-5735. [unveiled] is sponsored by the Community Arts Commission.

# Featured Artist: Stuart Abby

Friday, June 7, 7-8:30 p.m. - Opening Reception
Free and open to the public through Thursday, June 27, M-F, 8-5p.m.
Location: Mentor City Hall - 8500 Civic Center Blvd. Mentor OH 44060

Stuart Abbey is a long-time participant in the annual Wildwood Fine Arts and Wine Festival, He works primarily in watercolor media, with side trips in colored pencil, acrylics, and photography. He often paints on-site or works from photos in his home studio. With a distinctive manner of painting, Stuart's styles range from abstract to Impressionist, depending often on the subject and medium. His paintings are in local private collections in Japan, France, and the United States He has a Bachelor of Science degree in Art Studio in 1960 from Western Reserve University and has studied at the Cleveland Institute of Art and Cleveland State University. Further studies included courses in Maine, New Hampshire, New York, New Mexico, West Virginia and France.

He is a member of the Mentor Community Arts Commission, and the Ohio and National Watercolor Societies.



# MUSIC AT THE MANOR

# Wednesdays, May 15 - June 5, 6:30 - 8:00 p.m.

Location: Wildwood Garden Patio

Enjoy an evening of music in the beautiful surroundings of the Wildwood estate's garden patio. Bring lawn chairs. Refreshments will be available for purchase. In the event of rain, the program will be moved indoors and will be limited. For more information, call Wildwood at



(440) 974-5735. Sponsored by the Community Arts Commission.

May 15 - Brickhouse Blues Band - Blues and more

May 22 - Red Light Roxy - Swing music

May 29 - Haywire - Rockabilly June 5 - Loch Erie - Celtic music

# **RESONANZ OPERA**

Wednesday July 3, 6:30 - 8:00 p.m. Wednesday July 31, 6:30 - 8:00 p.m.



Location: Wildwood Garden Patio
Resonanz Opera offers a Rig Voices p

Resonanz Opera offers a Big Voices program to voices of larger size from all over the country and produces one Act of a Wagnerian opera. Resonanz is centered upon a holistic approach in partnership with Blue Sky Yoga and Wellness, seeking to unify the Mind, Body, Voice connection.

# WILDWOOD FINE ARTS & WINE FESTIVAL

# Saturday, June 15, 10:30 a.m. - 5 p.m.

Location: Wildwood Cultural Center Wildwood will once again welcome the local and regional top artists and skilled craft artisans during the 39th Wildwood Fine Arts and Wine Festival. This outdoor event features gallery-style booths filled with every medium of fine art lining the wooded estate grounds.



This juried art fair the popular event hosts more than 100 artists and craft artisans from 10:30 am to 5 pm. Enjoy a selection of popular wines to sample from Silver Crest Cellars, Ferrante Winery and more! Musical entertainment and food trucks round out the day's festivities. For more information contact Wildwood Cultural Center at (440) 974-5735 or Wintersteller@cityofmentor.com. Sponsored by The City of Mentor's Community Arts Commission.

# LES DELICES: CHARACTERS OF THE DANCE

# Monday, July 22, 1:00 p.m.

Location: Mentor Senior Center Great Room

# Monday, July 22, 6:30 p.m.

Location: Wildwood Cultural Center Garden Patio

Enjoy two free performances by Les Délices. Pronounced Lay day-lease) explores the dramatic potential and emotional resonance of long-forgotten music. Founded by baroque oboist Debra Nagy in 2009, Les Délices has established a reputation for their unique programs that are "thematically concise, richly expressive, and featuring composers few people have heard of." The New York Times added, "Concerts and recordings by Les Délices are journeys of discovery." The group's debut CD was named one of the "Top Ten Early Music Discoveries of 2009" (NPR's Harmonia), and their performances have been called "a beguiling experience" (Cleveland Plain Dealer), "astonishing" (Cleveland Classical.com), and "first class" (Early Music America Magazine). Les Délices presents its own annual four-concert series in Akron, Lakewood, and at Plymouth Church in Shaker Heights, OH, where the group has been Artist in Residence since 2009. Visit www.lesdelices.org for more information. Performance will be held in the Great Room of the Mentor Senior Center and outdoors on the garden patio of the Wildwood Cultural Center. Known for their "astonishing" (ClevelandClassical.com), and "first class" (Early Music America Magazine) performances and ingenious programming, acclaimed Cleveland early music ensemble Les Délices brings Baroque dance music to vivid life. Relax and enjoy the sounds of oboe, violin, viola da gamba, and guitar performing Rebel's brilliant Caractères de la Danse, the earthy, rollicking dances of Boismortier's Ballets de Village, and much more.

For more information, call the Senior Center (440) 974-5735, or Wildwood (440) 974-5735.

# SHAKESPEARE IN THE PARK: MUCH ADO ABOUT NOTHING

# Friday, July 26, 7:00 p.m.,

Location: Civic Center Amphitheatre

Presented by the Cleveland Shakespeare Festival

"A pair of wittily scornful anti-romantics are tricked into love! A pair of blushing sweethearts are tricked out and back in! The Prince is a problem solver. His brother is a vicious cad! And the bumbling town constable is proclaimed a DONKEY! Rollicking good fun for all with wicked humor and malicious intent - classic ingredients for the happiest of endings.

The Cleveland Shakespeare Festival is dedicated to bringing plays of professional quality to audiences in the Greater Cleveland area as a way of encouraging community through theater. By performing out of doors in numerous locations, we reach audience members that would be less likely to travel to a downtown theater or may be uncomfortable in a more traditional theater setting. For more information, please call the Wildwood Cultural Center at (440) 974-5735. Free

# MENTOR OUTDOOR THEATRE AT THE AMP

# Saturday, June 29, 2019, 6:00 - 8:00 p.m.

New family friendly theatre presented by Bright Star Theatre will be sure to bring excitement to the whole family! Bright Star Touring Theatre is celebrating their 16th season and each year they serve nearly 2,000 audiences in schools, theaters, libraries, museums and more across the country. The company performs regularly at the National Theatre in Washington, DC and has gained international attention, having visited Russia and Germany with their productions. Bright Star actors travel with everything they need and can perform in just about any space.

# JACK'S ADVENTURE IN SPACE

#### 6:00 pm

Jack, a young student, puts his imagination to work to take him on an out-of-thisworld adventure through the solar system! Race around the sun with Mercury, skate the icy rings of Saturn, and learn about all of the planets on this fact-filled, fun roller-coaster ride through the solar system. A STEM show unlike any other!

# ONE SMALL STEP

#### 7:15 pm

Few events in human history have captured the imagination quite like the journey that humankind took to the moon! This tale marks the history of flight and space travel from the Wright Brothers at the beaches of Kitty Hawk to the moon and beyond!

# RESIDENT REGISTRATON BEGINS **APRIL 1**

NON-RESIDENT REGISTRATON BEGINS **APRIL 2** 

REGISTER ONLINE AT: www.cityofmentor.com

See page 43 for details



# ART

# MULTI MEDIA ART CLASS

Ages 16+

Enjoy the opportunity to create art in the media of your choice, which includes oil, acrylic, watercolor, pencil, pastel or colored pencil and more! Classes are held in a spacious light filled room with views of the surrounding grounds. Students will receive continuous one on one education in a relaxed setting. All levels of artistic development, from the beginning student to the more mature artist, are welcome. Since classes are taught one on one, students will advance at their own pace. Occasionally, an impromptu demonstration or a lecture on art principles and theories will be presented. Bring your supplies and subject matter to the first class. If you are interested in starting a new project, the instructor can make recommendation on the supplies you will need. Come prepared to learn, experiment, enjoy, and be inspired to create beautiful artwork!

Instructor: Dottie Geisert

Location: Wildwood South Wing

 May 7 - June 25
 Tuesday
 2 - 4 p.m.

 May 8 - June 26
 Wednesday
 2 - 4 p.m.

 July 9 - August 27
 Tuesday
 2 - 4 p.m.

 July 10 - August 28
 Wednesday
 2 - 4 p.m.

Resident: \$70 / Nonresident: \$85

# DRAWING STUDIO

Ages 16+

Learn to use dry medium with confidence - all skill levels are welcome! Beginning students will learn basic drawing instructions including how to use a variety of techniques and subject matter. Supplies for the beginning student should include assorted soft/hard graphite pencils, pencil sharpener, kneaded eraser and 9 x12 drawing paper. More advanced students are welcome to bring in their own projects/subject matter along with their choice of any 'dry' medium - which can include graphite, charcoal, pastels, colored pencils, and the supplies listed above. All students will receive personal guidance and friendly encouragement from instructor. \* No class 5-27.

Instructor: Sandy D'Amico Location Wildwood Blue Room

 May 13 - June 24\*
 Monday
 7 - 9 p.m.

 July 8 - August 12
 Monday
 7 - 9 p.m.

Resident: \$60 / Nonresident: \$72

# WATERCOLOR STUDIO

Ages 16+

All skill levels welcome. Come learn the basics of watercolor. Topics include: mixing and applying colors, various techniques and design elements. Short demonstrations and examples will be offered. Work from your own photos or your imagination. Please bring the following supplies: watercolor paper, assorted brushes, paint palette, container for water, paper towels, graphite pencils, kneaded eraser, masking tape, and drawing board. Paint colors: ultramarine blue, alizarin crimson, gamboge (yellow), permanent rose, burnt and raw sienna, and sap green. Student grade Cotman paints are fine.

Location: Wildwood Craft Room

Instructor: Sandy D'Amico

 May 23 - June 27
 Thursday
 7 - 9 p.m.

 July 18 - August 22
 Thursday
 7 - 9 p.m.

Resident: \$60 / Nonresident: \$72

# **NEW!** CLEVELAND MUSEUM OF ART - ART TO GO

Ages 16+

At this unique series, The Cleveland Museum of Art will educate us on three different topics. We will enjoy learning both visually and tactically - will be able to touch art from the past!

Instructor: The Cleveland Museum of Art

Location: Wildwood Oliver Wing

Cool Knights: Armor from the European Middle Ages and Renaissance

May 8 Wednesday 7 - 8 p.m.

Classical Art: Ancient Greece and Rome

June 12 Wednesday 7 - 8 p.m.

Journey to Asia

July 17 Wednesday 7 - 8 p.m.

Resident: \$10 / Nonresident: \$12

# **NEW!** CHINESE SILK PAINTING

Ages 16+

Learn the ancient art of beautiful silk painting. You will begin the process of planning your delicate composition with a 100% Chinese Silk hoop. After learning the "Serti Technique" you will apply a clear resist. Dye will be added using a sumi-e-brush in watercolor fashion. Unique texturizing effects will be taught providing you the opportunity to create "Art Your Way." Supply fee of \$15. due to instructor on the night of class.

Instructor: Cheryl Palmer, Art Your Way Location: Wildwood Southwing

August 14 Wednesday 6 Resident \$15 / Nonresident \$18

6:30 - 9:00 p.m.

# STAINED GLASS

Come learn how to make stained glass art! The instructor brings tools, glass and her knowledge and you bring yourself and your creativity. Learn how to cut glass and assemble with glass colors you select. No experience necessary; instructor will provide all tools and safety equipment for you to use in class. Be sure to dress comfortably, no sandals or open toed shoes. Not recommended for pregnant women due to the chemicals used

# EASY STAINED GLASS BUTTERFLY

Adults 16+

Invite a beautiful butterfly into your home with this first-time experience with stained glass art. Learn how to make a butterfly sun catcher to grace your sunny window. Material fee of \$15 due to instructor on the first night of class.

Instructor: Vicki Vesel

Location: Wildwood Cultural Center

May 22 - June 5 Wednesday 6:30 - 9:00 p.m.

Resident: \$40 / Nonresident: \$48

# STAINED GLASS MINITRIANGULAR BOX Adults 16+

Make a beautiful stained glass triangular mini box. Learn how to cut glass and assemble a glass box with a hinged lid. Material fee of \$25 due to instructor on the first night of class.

June 12 - 26 Wednesday 6:30 - 9:00 p.m.

Resident: \$40 / Nonresident: \$48

# WOODWORKING

# ADIRONDACK CHAIR MAKING

Ages 16+

Anyone who's ever sat in an Adirondack chair and sunk into the curve of the fanned back knows there's not a more comfortable cushion-less seat out there. Now you have the opportunity to make your very own top-quality Adirondack chair, all skill levels welcome.

Instructor: Don Jedlicka Location: Wildwood Craft

May 30 -June 27 Thursday 6 - 8 p.m.

Resident: \$70 / Nonresident: \$84





# AROMATHERAPY WORKSHOPS

Ages 12+

Life is busy, come to these aromatherapy make and take workshops and unwind. Each workshop includes: an educational overview on how to make, use and take essential oils and why, how, and what the oils can support in those topics and much more! Supply fee of \$10. payable to instructor the night of class. Instructor: Kelley Herman is Certified Aromatherapist and Essential Oils Educator Location: Wildwood Garden Room

**Beginner Essential Oils** 

7-9 p.m. June 11 Tuesday **Summer Solutions Using Essential Oils** June 25 -Tuesday 7-9 p.m. **Gardening with Essential Oils** July 9 Tuesday 7-9 p.m. **Sensory Solutions with Essential Oils** July 23 Tuesday 7-9 p.m. Back to School Using Essential Oils August 6 Tuesday 7-9 p.m. **Healthy Home Using Essential Oils** August 20 Tuesday 7-9 p.m. Resident \$12 / Nonresident \$14

It's Tea Time!

Ages 16+

Come to learn what tea is, how it is produced, the legends, history, health benefits, and traditions surrounding tea. Pat Dennison is of Scottish ancestry and grew up drinking tea. Her passion for tea has led her to pursue a career in the industry. She has taken classes with the Specialty Tea Institute and the World Tea Academy and has achieved Tea Sommelier accreditation. She owned No. 10 Palmer Place Tea Room and now focuses her time and resources to creating her own tea blends, sourcing and distributing tea and tea education. Patricia loves sharing her knowledge and has delivered many 'tea talks.' Each program is unique and includes tea samples.

Instructor: Patricia Dennison Location: Wildwood Garden Room Resident: \$8 / Nonresident \$10

# NATIONAL ICED TEA MONTH!

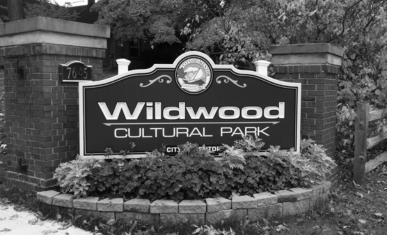
Did you know June is national ice tea month? Nothing is more refreshing than an ice cold glass of iced tea on a summer day, but do you know the proper way of brewing iced tea? There are many misconceptions on how to make iced tea. Patricia Dennison certified tea sommelier will teach you a variety of techniques that will insure that you will make the most flavorful refreshing tea possible.

June 10 Monday 6 - 7:30 p.m.

# TEA IN THE WHITEHOUSE

We all associate tea drinking with Buckingham Palace and the Queen of England, but did you know that our Presidents and First Ladies share a rich tea drinking history as well? Guests will learn the history of tea drinking in the white house while sipping some of our President's favorite teas.

July 15 Monday 6 - 7:30 p.m.



# **DIY: BODY AND BATH**

Ages 13+

Come to this DIY series to personalize your own body and bath items. Each program you learn about, create and take home multiple body and bath items. Material fee \$10 payable to instructor at class.

Instructor: Paula M. Price Location: Wildwood Kitchen Resident \$12/ Nonresident \$14

# RASPBERRY FIZZ BODY WASH & HAND LOTION

Mother's will love this body wash and hand lotion for Mother's Day! Fruity fragrance of ripe raspberries and sparkling fizzy of lemon, lime and ginger. May 6 Monday 6 - 8pm

# SPRINGTIME FRAGRANCE BALM

Apply this springtime fragrance balm to wrists for a light florally perfume. Scented with citrus, peach, rose, jasmine and lily.

May 13 Monday 6-8 pm

# GARDENER'S PUMICE SCRUB

This scrub features luffa and lemon powder for double exfoliating and dirt removal. Gardeners can easily scrub away unwanted dirt after planting and digging in the garden!

May 20 Monday 6 - 8 pm

# BOURBON TOBACCO HAND LOTION (MEN)

This lotion is perfect for men because it soaks in quickly and doesn't leave a greasy feeling. The bourbon tobacco fragrance oil is a masculine fragrance that women love!

June 3 Monday 6 - 8 pm

# COOL MENTHOL FOOT SCRUB

This scrub will exfoliate and soften your feet for any time of the year, renew tired feet after a long hard day. The menthol crystals create a cool, tingling effect that will refresh you all over.

June 10 Monday 6 - 8 pm

# HEEL HELPER LOTION BAR

Everyone needs a little help in the summer or winter with dry, cracked feet. This lotion bar, in an easy to hold container, will help moisturize and soften to help your feet look and feel their best!

June 17 Monday 6 - 8 pm

# PEDICURE FOOT SOAK

This pampering pedicure foot soak will feel wonderful after a long day of working or after an action packed weekend.

June 24 Monday 6 - 8 pm

# GOAT MILK & HONEY HAND CREAM

Patchouli, plumeria and sweet orange scented lotion paired with goat milk & honey lotion base create a wonderful and unique smelling lotion.

July 22 Monday 6 - 8 pm

# BLACKBERRY TEA SALT SCRUB

Pink Sea Salt is mined from the ancient sea deposits in the Himalayan Mountains and is one of the purest of salts. These salts along with the moisturizing properties of hazelnut and triglyceride oils, make this a luxurious skin pampering experience!

August 5 Monday 6 - 8 pm

# BLACK RASPBERRY VANILLA BODY WASH

This shower gel leaves your skin feeling fresh and totally clean, with no filmy residue and a revitalizing scent of black raspberries with a touch of vanilla.

August 12 Monday 6 - 8 pm



# **COOKING**

# IN THE KITCHEN WITH JUDI STRAUSS

Ages 16+

Judi's classes are a great way to learn new cooking techniques, taste new recipes and experience cooking in a fun environment. Each class will include plenty of tastings with recipes to take home. Come 'cook up' some new recipes with Judi! Each class has a food fee (see class description) payable in cash to instructor the night of class. Instructor: Judi Strauss

Location: Wildwood Kitchen

Resident: \$14 / Nonresident: \$17 per class

# **COOKING WITH HERBS**

Cooking with herbs (and spices) can enhance even the simplest of foods. It can also be a way to reduce the use of salt in cooking. In this class you'll learn the basics of cooking with herbs, both fresh and dried. Buying, preserving and storing herbs will be discussed as well as extending their shelf life. There will be a cooking demo and plenty of food to taste and recipes to take home. Instructor's cookbook will also be available. Food fee \$8.00

7 - 9 p.m.

May 21 Tuesday

**VEGETARIAN COOKING** 

Watching your cholesterol? Looking for an alternative to meat and potatoes? In this class you will learn the basics of eating meatless meals including 'protein pairing' and how to make food the family will enjoy, too. Whether you are already a vegetarian or just want a change of pace this class will give you a lot of information and plenty of good food. Food fee \$8.00

lune 11 7 - 9 p.m. Tuesday

# SALADS

Salads can be side dishes or main dishes, and nothing guite matches a properly tossed salad. Still, salads can be so much more than lettuce. In class you'll learn how to make salads of all types and you'll learn how to make salad dressings, too. There will be plenty to taste in class and recipes to take home. Food Fee \$8.00. June 11 Tuesday 7 - 9 p.m.

# JAM AND JELLIES

Making homemade jams and jellies can be very rewarding and fun. You'll learn the basics of jams, jellies, preserves, conserves, and marmalades. There will be food to sample in class and everyone will have a jar of preserves to take home. Food fee \$9.00

June 25 Tuesday 7 - 9 p.m.

# **COOKING WITH LEAFY GREENS**

Salads can be side dishes or main dishes and nothing guite matches a properly tossed salad. Still, salads can be so much more than lettuce. In class you'll learn how to make salads of all types and you'll learn how to make salad dressings, too. Food fee \$8.00

July 2 Tuesday 7 - 9 p.m.

# CANNING 101

Canning, when done correctly, is a safe and relatively easy way to preserve food for later use. This class is all about learning the newest rules of canning. You will learn when to use a water bath and when a pressure canner is needed. We'll discuss what foods are the easiest to can and even the foods that no one should can at home. We'll also do some tasting in class of home canned foods. Food fee \$8.00 August 20 Tuesday 7 - 9 p.m.

# **REGISTER ONLINE AT:**

www.cityofmentor.com

See page 43 for details

# PARANORMAL

# PARANORMAL INVESTIGATION AT WILDWOOD CULTURAL CENTER

Come to hear about the ghosts of Lake County and then look for some too! You will explore Wildwood inside and out. Cathi Webber, "The Ghost Lady", is know as a local "ghost expert" due to her interest in haunted locations and information regarding the paranormal in downtown Willoughby. She uses her natural born storytelling ability to keep your experience enjoyable as well as extremely interesting. Bring a flashlight.

7:30-9:30 pm June 19 Wednesday July 25 Thursday 7:30-9:30 pm

Resident \$15 / Nonresident \$18

# **LADIES NIGHT OUT**

Adult 21+

It's ladies night at Wildwood! This once a month program is loaded with fun for you and your gal-pals! Come and enjoy a new topic each month. We supply the space, snacks, and activity - you bring your BFF's! Participants are welcome to responsibly bring their beverage of choice.

Location: Wildwood South Wing Resident: \$15 / Nonresident: \$18

# SUMMER SCARF PAINTING

Come to create a designer looking cotton summer scarf! You will be amazed at the lovely color blending's you can create with these simple tools!

Instructor: Linda Wintersteller

Mav 9 Thursday 7 - 9 p.m.

# STRING ART FIREWORKS

"Show your 'Pride in the USA' by creating your own 4th of July wood 6x6 block string art design. Enjoy making your bursting fireworks composition by first painting your wood block, then placing and tapping in your nails, and finishing by learning the technique to knot and string colorful twine in unique patterns!" \*Please bring a hammer.

Instructor: Cheryl Palmer, Art Your Way

June 13 Thursday 7 - 9 p.m.

# **BEACH BAG BONANZA!**

Enjoy your trip to the beach with your personalize canvas beach bag! Using wooden block stamps and a wide variety of colors you will have the best bag at the beach!

Instructor: Linda Wintersteller

Thursday 7 - 9 p.m. July 11

# GLASS PLATE FLOWER GARDEN ART

Liven up your yard with this whimsical piece of art! You will create this one of a kind flower that can grow anywhere (even if you do not have a green thumb)! Instructor: Linda Wintersteller

August 8 Thursday 7 - 9 p.m.





# **FAMILY**

# **NEW!** PARENT CHILD MAKERS NIGHTS

Wildwood is offering a new series of specially designed programs for one child and one adult. You and your child can: enjoy a Tea, learn Blacksmithing, be a part of the "Kindness Rock Project", create body and bath products and enjoy yoga together. Choose a program below for special child parent bonding time!

#### DESSERT TEA AND ETIQUETTE Ages 6+ with adult

Would you like the confidence to dine out with your children knowing that they will use proper manners? Join us for sweets & tea while learning about table setting, use of the napkin and utensils, table manners, Tea Time protocol & more. Please notify us of any dietary restrictions. Supply fee \$10 due to instructor at time of class. Registration is for one adult and one child. Additional children \$8 each.

Instructor: Pat Dennison Location: Wildwood Garden Room

May 13 Monday 6:00 - 7:30 p.m

Resident \$ 9/ Nonresident \$11

# COOKIES AND CANVAS - THE TREE OF LIFE

Ages 5+ with adult

You and your little one will make a masterpiece together! With guidance, the two of you will paint one canvas and create your version of The Tree of Life by Gustav Klimt. Registration is for one adult and one child.

Instructor: Linda Wintersteller Location: Wildwood Craft Room June 18 Tuesday

7:00 - 8:30 p.m. Resident \$15 / Nonresident \$18

BLACKSMITHING: FORGING HOOKS

Ages 9 + with adult

Bring your child and the two of you will forge a hook together. Choose between one of two decorative hook styles to forge. Parents/adult will handle the hot metal. Each pair walks away with one hook. \*Rain Date July 27.

Instructor: The Urban Forge Location: Wildwood Park

June 22 Saturday 10:00 am - 12:00 p.m. June 22 Saturday 1:00 - 3:00 p.m.

Resident \$82 / Nonresident \$98

**ROCK PAINTING** Ages 5+ with adult

Join the "Kindness Rock Project" working together to creatively design/paint/seal/ label 4-6 rocks you both can scatter this summer throughout Lake County OR wherever you may vacation. Track your rocks to see where they may travel. (ALL supplies included - may bring your own rocks too! Registration is for one adult and one child. Additional children \$8 each.

Instructor: Cheryl Palmer, Art Your Way

Location: Wildwood Patio

July 23 Tuesday 6:30 - 8:30 p.m.

Resident \$15 / Nonresident \$18

PARENT CHILD YOGA Ages 4 + with adult

Child yoga teaches children ways to be mindful and how to connect to their bodies and minds using child-appropriate poses and movements. Yoga helps children learn how to build concentration, increases their self-esteem, and allows them to participate in a healthy nonjudgmental physical activity—plus it's fun and relaxing! Registration is per person.

Instructor: Kate Nagy, M.Ed., LPC, Certified Family and Child Yoga Instructor Location: Wildwood Southwing

August 6-27 Tuesday 7:00 - 9:00 p.m.

Resident: \$22 / Nonresident: \$26

FIREFLY FUN All ages

Enjoy a summer evening with our blinking buddies - the fireflies! We will hike the grounds looking for the best spot for these unique creatures and possibly catch some too! Make a fire fly craft and learn fascinating facts about these 'flash-ing'

Instructor: Linda Wintersteller Location: Wildwood Patio

Monday 7:30 - 9:00 p.m. June 24

Resident \$3/ Nonresident \$4

FULL MOON FUN

All ages

Did you know the July full moon is called the strawberry moon? Come to learn why and explore the wild woods at Wildwood! Enjoying family time with a hike, activities a family craft and more! Bring a flashlight.

Instructor: Linda Wintersteller Location: Wildwood Park

July 17 Wednesday 7:30 - 9:00 p.m.

Resident: \$3/ Nonresident: \$4

**GOURMET S'MORES AND HIKE** 

All ages

National S'more Day is coming! Try out various combinations of chocolates and crackers to elevate your s'more to new heights. Work up an appetite with a short hike and learn some s'more history too! Supplies provided.

Instructor: Linda Wintersteller Location: Wildwood Fire Pit

August 15

Thursday 6:30 - 8:30 p.m.

Resident \$5/ Nonresident \$6

**DIY: BODY AND BATH** 

Ages 8+ with adult

Come to this DIY series to personalize your own body and bath items. Each program you learn about, create and take-home multiple body and bath items. Registration is for one adult and one child. Supply fee \$10 per class payable to instructor.

Location: Wildwood Kitchen Instructor: Paula M. Price Resident \$12/ Nonresident \$14

# FIRECRACKER BATH BOMB

Kids will love making this star shaped bath bombs, packed with Cocoa Popz that will crackle and pop like fireworks during bath time fun time! Monday

LIBERTY LIP BALM

This American Flay striped lip balms are fun to make packed in a fun push up stick flavored with Apple

Sweetened Flavor Oil or Watermelon Sweetened Flavor Oil.

CANDY SWIRL LOLLIPOP SOAP
Tweens will love these soapy lollipops! Scented in apple, raspberry and pineapple! Smelling good enough to want to eat!

July 15 Monday 6 - 8 pm

JOLLY JELLY SOAP SHOTS

This project creates the perfect "shower shot". Pop one out of the container, lather up on a washcloth or luffa and shower/bathe away! 6 - 8 pm

August 19 Monday

SOAP DOUGH

Soap Dough is a fun way for the kids of all ages to get creative in the bath or shower! Use the moldable dough to create soapy creations that can be played

with and used as soap.

August 26 Monday 6 - 8 pm



# **YOUTH**

# WOODWORKING: BUILD YOUR OWN GAMES!

Ages 10-14

At this specialized woodworking class, students will build their own Mini Cornhole Boards, Jump-a-Peg, and Block! Here they will become acquainted with woodworking - importance of safety, wood species, and hand & power tools will be emphasized. The instructor will introduce and demonstrate a selection of power tools, then assist each child in using hand tools to create their project. Safety glasses will be provided. Supply fee included in registration, corn hole bags not included.

Instructor: Don Jedlicka

Location: Wildwood Craft Room

June 4 - 25 Tuesday 2 - 3:30 p.m.

Resident: \$55 / Nonresident: \$66

ART FOR FUN! Ages 10-14

At the first class draw what you love. Then based off what students love to draw, Janie will help young artists fine tune their skills. We will explore or revisit different mediums such as color pencil, pastels, water color and acrylics. The last 2 sessions are dedicated to creating a final work of art. Students can choose mixed media or a canvas. This class is for artists to grow and explore but most importantly to have fun creating! \$10 supply fee payable to instructor the first class.

Instructor: Janie Walland

Location: Wildwood Gardens Room

May 30 - June 27 Thursday 6 - 7 p.m.

Resident: \$40 / Nonresident: \$48

# THE BUDDING ARTIST

Ages 6-11

Come each month to learn about a new artist or art style through activities, movement, and of course art! Each week you will take home a master piece of your own! Dress accordingly, as participants will be using various art media each week.

Instructor: Linda Wintersteller Location: Wildwood South Wing Resident: \$6 /Nonresident: \$8

# ALEXANDER CALDER - ABSTRACT MOBILES

This American sculptor is best known for his innovative mobiles that embrace chance in their aesthetic and his monumental public sculptures.

May 16 Thursday 4 - 5 p.m.

# GUSTAV KLIMT - THE TREE OF LIFE

Gustav Klimt was an Austrian symbolist painter and one of the most prominent members of the Vienna Secession movement. Klimt is noted for his paintings, murals, sketches, and other objets d'art.

June 20 Thursday 4 - 5 p.m.

# PIET MONDRIAAN - COMPOSITION II IN RED, BLUE, AND YELLOW

Pieter Cornelis Mondriaan, was a Dutch painter and theoretician He is known for being one of the pioneers of 20th century abstract art.

July 18 Thursday 4 - 5 p.m.

# HENRI ROUSSEAU - JUNGLE LANDSCAPES

Henri Julien Félix Rousseau was a French post-impressionist painter and a toll and tax collector known for his Naïve style art.

August 22 Thursday 4 - 5 p.m.

# FAIRIES AND GNOMES!

Ages 5-11

Visit Come visit Wildwood's enchanting Fairy Garden and to learn about fairies and gnomes! At each of these programs you will enjoy making a special craft, hearing a special story, learn through movement and activities, and have a snack!

Fairy or gnome attire encouraged! Resident: \$6 / Nonresident: \$7

Instructor: Mary Haskell, Children's Naturalist, Children's Librarian

Location: Wildwood Gardens Room

**Summer Fairies** 

June 10 Monday 1:30 - 3 p.m.

**Gnomes of Summer!** 

June 24 Monday 1:30 - 3 p.m.

# **DOLL TEA PARTY**

Ages 5-11

It's tea time at Wildwood! At this Tea your little one will enjoy tea and a snack, make a tea time craft, listen to a story all while showing off their best manners! Bring along your favorite doll to join in the festivities!

Instructor: Mary Haskell, Children's Naturalist, Children's Librarian

Location: Wildwood Garden Room

June 5 Wednesday 1:30 - 3 p.m.

Resident: \$6 /Nonresident: \$7

# MUSIC

# PRIVATE PIANO LESSONS

Ages 7- Adult

Teens and adult beginners will learn fundamentals regarding hand position, fingering, note time values, clefs, playing simple songs, reading notes on staffs, etc. Students who have studied piano previously receive coaching to enhance their musical/technical skills. Former piano students are asked to bring some music to first lesson so instructor can determine skill level. Lesson availability; Tuesday, 6 to 9 pm, 30 minutes increments. To schedule a lesson Call Wildwood (440) 974-5735.

Instructor: Marge Syroney Location: Wildwood Front Room

Resident: \$18 / Nonresident: \$22 per lesson

# PRIVATE GUITAR LESSONS

Ages 9 - Adult

Learning the guitar can be a great lifelong pastime! Pick up your guitar and come to learn the basics of this popular instrument. Learn how to play uncomplicated chords, melodies and strumming techniques faster than you thought possible! Bring your acoustic or electric guitar to this lesson. Lesson availability: Wednesdays 5 to 9 pm, 45 minutes. To schedule a lesson Call Wildwood (440) 974-5735.

Instructor: Bob Pattison, Guitar Instructor for 30 years

Location: Wildwood Collacott Room Resident: \$18 / Nonresident: \$22 per lesson

# RESIDENT REGISTRATON BEGINS **APRIL 1**

NON-RESIDENT REGISTRATON BEGINS **APRIL 2** 

**REGISTER ONLINE AT:** 

www.cityofmentor.com

See page 43 for details



# **COOKING CLASSES FOR KIDS** Ages 8-12 Leave the mess with us while your kids get with lots of hands-on cooking

experience in our kitchen instead of yours! Each class features plenty of food to sample and recipes to take home. Remember to bring take home containers and dress for a mess! Food fee of \$6 payable on day of camp.

Instructor: Judi Strauss Location: Wildwood Kitchen

Resident: \$14 / Nonresident: \$17 per class

# **COOKING BREAKFAST**

Since it is the most important meal of the day, shouldn't we know, at an early age, how to make it? In class your child will learn to make many common breakfast foods, and some uncommon ones as well. There will be hands on learning and dishes to sample. Who knows? You might even get breakfast in bed! July 15 Monday 1 - 3 p.m.

# SALADS

Salads can be much more than just lettuce and dressing. They can also be fun ways to get children to eat more fruit and vegetables. In class we'll make several different salads and we'll learn the basics of making many different types of salads.

July 16 1 - 3 p.m. Tuesday

# PIECE A PIZZA

Here is a chance for your child to get hands on experience making pizza from scratch including a tasty crust and terrific toppings. Your child will also get instruction on making Mexican pizza, pizza bagels and more. July 17 Wednesday 1 - 3 p.m.

# COOKING WITH TORTILLAS

They are one of the most versatile foods around yet many of us only use tortillas in Mexican cooking. In this class your child will get to make pizzas, roll-ups and even blintzes out of tortillas. There will be plenty of hands-on fun. July 18 Thursday 1 - 3 p.m.

# FRUIT BOWL

Fruit is one of nature's most perfect foods. Chock full of vitamins, minerals, and fiber. While most children like to eat fruit, studies show American children are not eating enough fruit. In class, your child will get hands on experience with new and different fruit recipes.

July 22

# PLAY WITH YOUR FOOD

This class is about creativity and imagination. It is also about having fun. In class your child will learn to make foods that are mini craft projects, a little odd, but still tasty. From marshmallow bunnies to kitty litter cake (don't ask) your child will have a hands-on experience that makes cooking really fun.

Tuesday

ICE CREAM, YOU SCREAM: This class will give your child a chance to make all sorts of frozen treats. From ice cream and sorbets to ice cream sandwiches and sundae sauces we will do them all You will certainly enjoy the recipes they bring home and they will love the frosty treats they make in class.

July 24 Wednesday 1 - 3 p.m.

# **CUPCAKES**

Cupcakes are loved by young and old and can be the right dessert for casual and formal events alike. In class, your child will get recipes for a variety of cupcakes and frostings with a chance to bake and decorate cupcakes.

July 25 Thursday





# **Sports Organizations**Athletic leagues listed here begin registration during the early spring months

Athletic leagues listed here begin registration during the early spring months and are Mentor based organizations that serve Mentor residents, youth and adults. The City does not run these organizations. This is a community information list only. Please visit or contact the organization directly for specific information about the league or sport.

# **SWIMMING**

Mentor Swim Team - Suburban Swim League Boys & Girls age 15 and under www.mentormarlins.com info@mentormarlins.com

# SOCCER

Mentor Soccer Club Boys and Girls Recreation Teams ages 5-18 Boys and Girls Travel teams ages 8-14 www.mentorsoccerclub.com jamel30@sbcglobal.net

# BASEBALL/SOFTBALL

Mentor Baseball
T-Ball age 4 & 5 coed
Youth Baseball age 6-17 coed
Adult Baseball age 18 coed
Registration: December - March
www.mentorbaseball.com

# Mentor Girls Softball

T-Ball age 4-6 coed Softball age 7-19 girls Fast Pitch Softball age 10 - 18 Registration: January-March www.mentorgirlssoftball.org

# **Mentor Softball Association**

Co-Ed Slow-pitch Softball Youth Divisions ages 4-17 l Adult Dvisions ages 18 and up Online Registration: January - April www.mentorsoftballassociation.com

# Mentor Men's Sunday Softball

Nick Laudato, Commissioner (440) 856-3639 nick@theprobatepro.com

# Fall Baseball

Howie Briggs, Commissioner (440) 287-6682 Fallbaseball.net

Additional sports organizations can be found at www.cityofmentor.com

# **Rent a Picnic Pavilions**

The City of Mentor has six picnic pavilions available for rental. Reserve a pavilion for your group by obtaining a permit from the Recreation Department during regular business hours. Reservations are made in two time blocks, 9 a.m. to 3 p.m. OR 4 p.m. to 10 p.m. You may reserve for the entire day by renting both time blocks and doubling the fee. Civic Center and Presidents Park pavilions cannot be reserved. They may be used on a first-come, first-served basis.

To receive the Mentor resident rate, proof of residency, including a current utility bill and photo ID, must be presented at the time of rental. Alcoholic beverages

# **Mentor Dog Park**

The Mentor Dog Park is open daily, dawn to dusk. Enjoy the expanded, fenced grass areas and the friendly atmosphere for both dogs and people.

are not permitted in our parks or pavilions. Seating capacities: Walsh (100),

Garfield (96), Morton (36), Call (440) 974-5720 for information.



# CONNECT | SHARE | GET INVOLVED

Check out all the exciting ways to stay connected with the City of Mentor & Parks & Recreation. Whether you're at home or on the go, you can keep up with the city's latest news, events and information.

*Like us on Facebook* Mentor Parks & Recreation

Follow us on Twitter

@MentorRec

**City News e-newsletter signup** cityofmentor.com

**Connect 2 MentorRec e-news** cityofmentor.com/play

All the latest city news Mentor Channel 12



# **Registration**4 easy ways to register

# **Online Registration**

New Registration Software Is Here!

Mentor Parks & Recreation has a new registration software system. We're most excited to provide you with a new, easy to use Customer Portal which will allow for fast, safe and secure online registration and a view of your registration history. Be sure to call our office at 440-974-5720, the Ice Arena at 440 974-5730, Wildwood Cultural Center at 440-974-5735 or The Senior center at 440-974-5725 to set up your new account.

# Phone-In /Drop-Off

Cash, Check, Visa/Mastercard, Discover accepted

Recreation Main Office: Monday - Friday, 8 a.m. - 5 p.m.

(440) 974-5720

Senior Center: Monday - Friday, 8 a.m. - 7 p.m.

(440) 974-5725

Ice Arena: Monday - Friday, 10 a.m. - 7 p.m.

(440) 974-5730

Wildwood Cultural Center Monday - Friday, 9 a.m. - 5 p.m.

(440) 974-5735

# Mail-In

Mentor Recreation Department, 8500 Civic Center Blvd., Mentor, Ohio 44060. Mail-in registration form is online at www.cityofmentor.com. Don't forget to include check or charge information.

# **Confirmations and Cancellations**

A receipt and/or course confirmation will be emailed to you following registration. If a course is canceled by the City of Mentor, you will be notified by phone or email. If the City cancels a course, we welcome you to transfer to another class within the same season, or receive a full refund. It takes two to three weeks to process a refund check. Credit card payees will receive credit on their account within a few days.

# **Course Refunds**

Please choose your classes carefully. Once you have registered for a course, there will be no full refunds unless the City of Mentor cancels a class. There is a \$10 administrative fee for classes canceled by the customer up to 24 hours before the class begins. Participants may transfer the full course amount to another trip/ class/program within the same season to avoid the administrative fee. Students assume risk of change in personal affairs or health.

# **Camp Refunds**

If for some reason you must cancel out of a camp, there will be an administrative fee of \$10 for each camp you withdraw from.

# Senior Center Registration

Senior Center membership is required to participate in Senior Center activities including classes, activities and programs. Non-senior adults may register for programs at the Mentor Senior Center. Please contact the center for details.



This brochure is printed on recycled paper with soy-based ink.

# Senior Center Trip Refunds

Please choose your trips carefully. Once you have registered for a trip there will be no full refunds unless the Senior Center cancels the trip. An administrative fee of \$10 for trips canceled by the customer. Trip refunds, less the administrative fee, will be available until the date specified. Participants may transfer the full trip amount to another trip/class/program within the same season to avoid the administrative fee. Participants assume risk of change in personal circumstances or health. After the cutoff date, there are no refunds unless the reservation can be resold.

# **People with Disabilities**

We encourage persons with disabilities to participate in all programs offered by the Parks & Recreation Department. Please notify us in advance if special arrangements should be arranged in order to make participation possible. TDD available.

# Wildwood Members

Current Wildwood Members will receive a 10% discount off the regularly charged resident fee on all programs offered at Wildwood Cultural Center.

# **Mentor Residency**

Mentor Residents live within the corporate limits of the City of Mentor. Proof of residency is a current utility bill with both name and address on it along with photo identification. Not all 44060 zip codes are Mentor resident addresses. Mentor School District and the City of Mentor corporate limits are not the same. Mentor residents receive priority in registration and discounted fees.

# **Inclement Weather Cancellations**

We make every attempt to hold classes when scheduled. Contact the Recreation Department at (440) 974-5720 before 5 p.m. to inquire concerning inclement weather. Email blasts and twitter posts are also used to inform the public of changes in course schedules. Classes taught in any of the Mentor Schools' buildings are canceled whenever the Mentor Schools are closed. In case of "Act of God" cancellations, the Recreation Dept. reserves the right to terminate any class/activity that results in less than the scheduled number of sessions, without issuing a refund.

# Photo Policy

We often take photos of our programs, special events, camps and general activities. These photos are used exclusively by the City of Mentor and may appear in any of our publications, both electronic and print, and our website. If you wish not to be photographed, please tell the photographer.



City of Mentor
Department of Parks,
Recreation & Public Facilities

8500 Civic Center Boulevard Mentor, Ohio 44060 PRSRT STD ECRWSS U.S. Postage PAID Permit #161 Mentor, Ohio

# **POSTAL CUSTOMER**



# **FREE** ONLINE REGISTRATION AVAILABLE 24/7 *www.cityofmentor.com*



